

DISCERNING MINDS

Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES * ESOTERICISM * ARCANA * CREATIVE THOUGHT * PHILOSOPHIC TRENDS

VOLUME 12

"Chinese New Year of the Rat"

WINTER 2019 - 2020

What's Your Perspective?



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What's Your Perspective?

Don't judge a book by its cover, rather, by what you uncover.

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MIND TEAM

→ TAKING AIM ←

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact editor.discerningminds@gmail.com with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. **Only original** articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

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The Human Condition

The trouble with having an open mind, of course, is that people will insist on coming along trying to put things in it.



Section Managing Editor – Daria Novicki

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A woman with long brown hair, wearing a white cable-knit sweater and a small earring, is shown in profile, looking upwards. The background is a soft-focus scene of trees with falling leaves, creating a dreamy, ethereal atmosphere.

Symmetry

Ali 'Zephyr' Nizen

*I didn't see it at first –
Let alone its beauty –
Evasive, I unaware of connection –
I missed the rhythm.
Fallen from the same source yet –
Undeniably unique.
Who said it is all the same?
It isn't you know.
Common Collective they said –
But I don't believe it.
All are cold, frozen, yet –
They melt with the warmth.
The warmth of a smile,
The warmth of an embrace,
A trickle of love.
So intricate,
So encompassing,
Undeniable symmetry.*



Ratz

Jonathan H. Corelli

2020 is the Chinese year of the Rat and certainly people have been scurrying around the internet checking out what the New Year will hold according to Chinese astrology and legend.

In some ways, we might view the rat as a kind of collective animal totem or archetype for all of us. This may be a turn off for some since rats conjure up nightmares of contagious disease and a “dirty rat” is on another level simply not a good person but rather treacherous.

Those who study metaphysics know all rodents are resourceful but what sets the rat apart from the rest of the pack? There is a reason the Chinese assigned the first year in their calendar to the rat. The legend basically says that the Buddha once summoned all the animals to him. It seems only twelve showed up the first one being the rat. In honor of its punctuality, Buddha honored the rat by making it the first representative. According to the Chinese those born in the Year of the Rat are success-oriented and shrewd.

There different kinds of rats who can be thought of as having human counterparts – the city rat (the worst pest) who is the freeloader, intrusive and persistent in ravaging food supplies and leaving behind poop. Kind of like that weird uncle who comes for a visit, eats all the food, leaves underwear on the floor, has his nose stuck into personal affairs and is extremely difficult to remove from the premises. I once bribed mine with a promise of a delivery of a case of champagne to his own residence which required a signature of receipt fully knowing that once he opened it he wouldn't be back for a while. Then there is the cousin of the city rat, the country rat. This rat is more exemplary of what the Chinese had in mind for an archetype as scientific study has shown that this rat has a high degree of intelligence and the ability to reason. Studies have shown that the country rat is more intelligent than laboratory rats.

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They are great proliferators despite humanity's efforts to eradicate them and/or the human idiocy regarding the environment. They even have their own rat society where they socialize and work together storing food and taking care of their own.

History tells us that two types of rats were introduced to this country. One is the black rat from the Orient and the brown rat from Norway. Both of these rats are the thugs of the rat kingdom – the Norway rat being the worst. They are notorious for destroying food supplies and love nothing better than to get into grain silos and other storage areas where they can pig out, pilfer and make a general mess of things. They are in essence the Mafia of Ratdom. Some may remember the rat Ben from the old flick Willard – he was the head honcho – a killer – out for humanity in every way. Kind of reminiscent of today's politics and agendas.

All in all, collectively, 2020 is going to call for us all to be more adaptable and be discerning about what type of people we are going to let into our lives. It is the start of a new cycle that will influence the next 12 months. We need to be shrewd in our dealings and decisions and ridding ourselves of pests while avoiding risks. According to the Chinese, the 2020 rat is a metal rat. There will be plenty of black and brown rats indicating the accentuating of tensions created by the unscrupulous behavior of reckless opportunists who will stoop to any level to get what they want in all walks of life. Without getting into a whole big hub bub, expect 2020 election processes to become more hypocritical (if that's possible). The metal rat is overly emotional so mindfulness is also needed when discerning the media (which when you think about it is run by a bunch of rats). Reality checks will be needed often. Put a lid on 'feelings' and use rat logic to get at the truth but stay away from ratty populist ideals. Ben the rat is out there plotting to divide and conquer. Call the exterminator ...

Have a fruitful New Year – use the Rat energy to grow and prosper (pun intended). Use discernment and look underneath since rats like to burrow.

You never know, that guy over there with the toothy grin and overtly friendly behavior just might be a rat. Keep him/her out of your wheat field.



Looking Back

Syd Alrruhi

For curious humans ...

There are many phases of psychic phenomena that pertain to human consciousness and the astral senses. People are mostly preoccupied with looking into the future or visiting the astral plane. But what of the person who is able to ‘sense’ events and objects of the past? The secret of Past Time Psychomancy known today as Retro-Cognition is thought to lay in the Akashic Records by some. On the higher planes, these records are believed to hold all that has happened or occurred during the entire world cycle of which the present is only a part. Some believe this is only legend where all the good and bad deeds of every living person have been recorded and can be reviewed upon the demise of a person in preparation for reincarnation as part of a “how can I do better” program. Still others believe that it is a great misdemeanor to view the records before demise by individuals with developed psychic abilities as they are skipping a part of evolution of soul but is it? There is an occult basis for this popular belief. Let’s pause and take a scientific view of ‘looking back’ to get some understanding of it on a practical level.

In general scientists believe that there is no such thing as destruction of energy because it always exists in some form. Occult teachings state that every action, thought, happening, event and occurrence regardless of its significance or in significance leaves and indelible record on the Universal Ether. Those with properly developed psychic abilities are able to read these past vibrations. Seems simple enough. Let’s look at an example. Astronomers tell us that light travels at 186,000 miles per second. There are Fixed Stars in space that are far removed from the Earth yet the light leaving them are now visible to man via modern technology. Scientist propose that even if one of those stars had been destroyed hundreds of years ago, we could still see the light of that star left behind before the event occurred ... yes hundreds of years after it had ceased to exist.

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The vibration of light persists. This is true also of electricity, electronic emanations or any other wave or kind of energy. That is science, not occultism. Therefore the physical view of anything cannot exist without leaving its mark or impression on the Universal Ether. And there good people is the occult/science collaboration.

Let's digress over to the mind of man. Man has memory where the brain cells store all occurrences, people and objects experienced in a given lifetime. This is how an individual is able to recall and even muse over things of the past. In many ways this is invaluable to the well-being of an individual. They are able to recall, reflect and then sort out what they did for good or ill as an aid in healing and growth. Why do you think psychologists invariably delve into a person's past? They believe the answer to current issues are there and have created certain behavioral patterns in that person.

So now we have accessed that the Universal Ether itself holds a true vibratory record of what has come before and is being added to in an ongoing process. Whether there is a great book of some sort is debatable but is a nice fantasy nonetheless. It must further be stated that most psychics who try to 'look back' are operating on the Lower Astral plane where much gets distorted and only glimpses are available. This does not mean they should not look but may want to be careful what they touch in order to avoid misinformation.

Personally, in my lifetime, I have made acquaintance with Soul Travelers who have been able to gravitate a little higher on the planes. To my knowledge, they were given visions to help them in certain life quests that were oddly connected to the past. I found these individuals to often be agents of a higher power but that is for a discussion on another day.

In conclusion, perhaps there is a greater purpose in being able to look back and there is something to reincarnation after all.



The Karma of Loathing

Desiree Lucente

The cause is usually a series of past lives where you have been criticized, questioned, put down and generally not accepted by others. These energy projections of other people's thoughts and actions remain in your energy field now as trapped patterns of discordant energy that when triggered by circumstances in your current life will begin to "play" a familiar refrain. – Judy Satori

There is a reason people hate or downright loathe one another. Usually it is explicit, in other words they know the reason why or it is implicit as in they have not a clue. Even when it is implicit, there often seems to be something familiar about with the reason seemingly buried so deep it is irretrievable. This is the Karma of Loathing.

Ever have an inexplicable feeling of loathing for someone you just met or who has just entered your environment? You cannot put your finger on it in any reasonable way and you might even be cognizant that it might be a karmic payout. But why?

1. Past life fear and the emotions it manifests.

The truth is we really don't hate anyone. We are uncomfortable of the emotions they stir within us because they are tied to past life dramas and traumas that have remained unresolved. This usually takes on the form of insecurities that bar and stall us from having a happy life and most likely connected to a past life or lives where we were jealous or the target of jealousy for example. Jealousy is a form of hate so we hate and/or loathe the person who is stirring that emotion.

2. Conflict of values.

Often this regards mutually conflicting values from a past life or lives. In the current life we may be confronted with someone who has an interest in common with you but does things regarding it in the opposite way.

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For example you may believe in the worth of a particular charity and donate generously. The other person may also have interest in this charity but write columns or do tweets against it because they feel it amplifies a social problem because those who benefit will stop doing work to help themselves.

3. Residual biases.

It is often said that biases are learned through conditioning and the childhood environment however they can also come through the veil. This includes ethnicity or physiological characteristics and involves negative judgments, prejudice and the suffering that had ensued from them.

4. Cumulative guilt.

Guilt at one time or another is an emotion we all carry. On a past life level it is one of the most difficult issues to deal with when someone else stirs it up. In some esoteric systems it's called the soul-chaser. In a sense it is unspoken badgering which fuels anger which is outwardly directed as loathing of another.

5. Revenge.

This is like the residual hot coal you want to throw at someone but instead you keep burning your own hand, which in turn makes you angry and leads to the loathing of another who is somehow stirring the anger pot. Vindication for some past life act is sought but rarely works out the way it is hoped to work out. Residual envy is often behind this one.

Honest inner and outer self-examination may help to pinpoint if your loathing is tangible or perceived and least open one up to the realization that karmic residuals are a possibility. If you decide karmic residuals for loathing another or of self-loathing seem evident for you take it as a healthy sign. It is the beginning of cleaning up your act or your inner house and you will be all the better for it. Less to do next time around.



Trust

Dr. Aadi Bandopadhyay

“Trust requires believing in something you can’t see.”

I just can't seem to trust anyone anymore. This is a common refrain I hear often. Why is that? It is hard to trust anything these with the state of the world bobbing along is a sea of chaos and political unrest. Hate seems to be the emotional state du jour and it is spreading. The proverbial scales seemed tipped towards the darkside.

What can be done? As with all things, it starts with the individual. What's going on inside you? What is the real reason you are hating this, that or the other thing?

I have found unrealistic expectations to be one of the foundation causes of lack of trust. Unclear expectations are a primary cause for low or broken trust in relationships of all kinds. The higher the expectations the more likely it is they won't be met. Oddly, trust usually isn't something people openly talk about or address in relationships until it's been broken. Then it becomes too late to salvage the relationship or the breach of trust seems too big to overcome. This is because assumptions have been made regarding relationships roles and nothing has been clearly defined except in the person's head. Remember you may not be able to control everything that happens to you but you can certainly control what happens within you. You reflect from the inside out.

In other cases some people have had enough childhood trauma to give them hardened cases of lack of trust known as low propensity trust. This requires a good deal of work and possibly therapy to overcome. Basically old hurts hold them back and it becomes extremely difficult to transcend the negativity. Ongoing anxiety makes them believe that their safety is always in jeopardy. In truth this anxiety really has nothing to do with other people. It is the brain that is caught in an endless loop of negative and worst case scenarios that never actually happen. It feeds suspicions complicating the capacity to trust.

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Unfortunately the initial *friend or foe* assessment happens to all of us naturally because it is ingrained in our collective evolutionary history. It operates without us even being aware. Our current modes of communication don't help much either. We communicate with one another but we rarely actually talk to one another face to face. Mixed messages and thus deception abound making basic trust almost impossible.

Rebuilding trust is a daunting task. It starts with forgiveness – on a personal level and on the worldly level. On a personal level hurts can be addressed and worked through. Direct communication is key. Be honest and have integrity when expressing yourself, understanding when listening and non-defensive when responding. On a worldly level maybe you can forgive that lying newscaster on the TV simply by using discernment and recognizing all the spewed false opinions as untruths that cannot affect you **if you do not allow it**.

Trust matters a great deal in life. It is at the heart of it all. Feel it and employ it starting now.





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THE HUMAN CONDITION

Aly “Zephyr” Nizen (*Symmetry*, pg. 2)

Aly is a registered nurse who hails from the northeast USA. On the weekends she teaches Yoga classes for adults and children. She is known for her patience and skill which combines several different disciplines that she filters into an understandable western view based upon the mental and spiritual level of her students. In her free time, she allows her muse to guide her as she pens what she refers to as ‘human observation shorts.’

Jonathan H. Corelli (*Ratz*, pg. 3)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, “Writing is not perfection unless it has a humor injection” so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes “perfect sense in every sense of the term sense.”

Syd Alrruhi (*Looking Back*, pg. 5)

“Syd Alrruhi” is the pseudonym for Gerome Cass. Gerome considers himself to be the “evolving man.” Psychic experiences and out of body travel have been a part of his entire life. Gerome holds a Ph.D. in both psychology and physics which he describes as the red and blue pills and part of the Matrix construct and the thought controlled process. He also feels that people care too much about what others think and that it creates a spiritual block to attainment

Desiree Lucente (*The Karma of Loathing*, pg. 7)

Desiree has studied every path of metaphysics – light and dark for the past 30 years. She is a practicing clairvoyant and aura reader where little escapes her penetrating intensity. She has had many paranormal and supernatural experiences and plans to write a book about them in the near future. Desiree splits her time between living in Florida and Delaware. A vision told her to leave Florida well in advance of Hurricanes Harvey and Irma.

Dr. Aadi Bandopadhyay (*Trust*, pg. 9)

Aadi Bandopadhyay Ph.D., M.A.M.S., M.T.S is a retired college professor who has had an extensive education both in the US and abroad holding degrees in physics, astronomy, atmospheric sciences, mathematics and theological studies. He believes that life should be a constant expansion of one’s personal horizons. He enjoys travelling, lecturing and writing about his experiences and life observations.

A Matter Of Spirit

“Respond to every call that excites your spirit.”



Section Managing Editor – John “Salaam” Solis

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Quote: Rumi @ goodreads.com

Live freely, die softly

Mikey Pierog

I guess a way to look at things is that everyone has been on their own path

We don't know what they are going through, treat everything like it's the first and last time -

And maybe some have had an easy ride, don't bash them for lack of support.

I'm sure that everything happens for a reason, maybe their efforts are not up to your standards - But don't judge, even being present is enough, if you can accept that.

I'm well aware people do more than me. In my view they may be valued higher.

But a soul is not judged on how many things it has acquired or what they hold in a bank or stock.

They are judged on what they do and didn't do.

What they say or repress. What they avoid or force.

What I'm trying to say is, we are all on different levels, and the magic is to meet in the middle.

Yes, we cannot fully grasp what another person says, but we can get darn close if we try.

My aim is not to deceive, but truthfully I love tricks. If I could I would trick the people to drop their anger.

Make their bitterness taste sweet. It's when we close ourselves off, we vote to be divided.

And I don't mean keeping to yourself, being alone is perfectly fine.

It's when you start picking what you're better at, and ruling over others, poking at their open wounds.

We all have our gifts, and like life, things come and go. Some will have us, some will need us.

And some will be left in the snow. Just know it's up to us, to bring warmth and guidance to one, or as many as we can.



Are you slipping?



Back Sliders – A Warning

Rev. Micah Allard

“Once you backslide, strife will enter your life” — Sunday Adelaja

“You can blame circumstances, but backsliding always begins in the heart.” –
Aiden Wilson Tozer

There is a trend that has been particularly prominent this past year and is apparently moving into the future. It is affecting all walks of life but the metaphysical community in particular. Metaphysicians and spiritual therapists are being hit hard almost constantly with negative energy which is aimed at them trying to get them to do what is termed by many groups as *backsliding*.

These energy attacks render a person with thoughts and/or feelings like quitting, hopelessness, heavy financial pressure, listlessness, fatigue, depression, wanting to escape and overt anger until it reaches a peak followed by dark choices. The aura is pummeled and resolve is challenged. This was predicted to happen in the *end times* according to the Bible.

According to Christianity, backsliding, also known as falling away or committing apostasy, to describe a process by which an individual who has always had a strong sense of fellowship reverts to old bad habits and/or in some cases lapses or falls into sin. They have turned from God or the Higher Power to pursue their own desire from worldly pressures. Fellowship is at the foundation of metaphysics and spiritual duty must not be allowed to fall short.

It is important to remember we are in a time of Collective change and are being sorely challenged on all fronts in every way. Hate, opinion and false narratives reign.

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They are reshaping minds and turning many away from the Light. Remember this starts with you. Necessary changes are taking place so each individual's coping process needs to be buoyed by taking auric precautions and strengthening auric vibration, meditation, prayer and charity towards others. Pay extra attention to any weaknesses in your chakra system especially the solar plexus, heart and higher heart chakras. Forgive those who have wronged you. Consider those you have wronged or resented and make restitution in whatever ways you can for any wrongs your backsliding has caused.

Try the best you can throughout each day. The only thing that matters is whenever you get a chance to be of help you answer the call. You may be overwhelmed but it is not as important but your efforts to do your best if and when you get a chance.

Namaste,
Rev. Micah





Frustration

Rev. Dr. Don Hauck

Strive never to control any one or thing other than your own mind!

It is a waste of energy and leads to frustration. Rather present your point of view as clearly and calmly as you can and know; the results are in the hands of a higher power. Even a judge in a court has no power over you that is not given by your Creator.

The only control you should place upon your mind is to continuously remind it, that whatever it wants or wants to do, you want only the will of the Creator to be in control of the outcome - and let it go!

Carry always in your heart the knowing that, even though you may not understand, whatever is happening in your life it is an experience which the Creator has created for your experience - which is the only way we have to learn anything! As a small child puts complete trust and faith in its parent so also put yours in your Creator and watch how quickly it becomes a joy to live!

The Perfect prayer for any and all occasions was given to me by the Creator -use it often:

"Through each person under the Sun, May the will of the Creator be done!"

Think about it-it is good for those fighting a war, for a student in school, one who needs healing - even a person who says too many words while praying. You need not pray for what you need, for you, at all times have that - it just may not be what you WANT! And that, you may never get!



Soul Conversation

Jennifer Q. Atler

Anam Cara “Soul Friend”

As the Soul is an integral part of each and every one of us it is not possible to engage conversation with it but imagine how wonderful it would be if we could actually talk directly to our Soul for guidance. This idea is known in Celtic Vision as the Anamcara.

What might it say to us? What challenges would it present?

Here is a wonderful and simple contemplation for gaining some sense of Soul Speak.

You will need a candle and a quiet peaceful place where you can sit and relax away from life distractions and noise. Once you are seated and relaxed, reinstate your usual daily protection and then light the candle and contemplate the flame. State your opening intention to look within. Close your eyes and think of the flame as your own Soul flame.

This exercise taps into one’s innermost knowledge and brings it forward into current consciousness. On some level everyone knows what he or she should be doing according to needs but the conscious mind often obscures the view. Basically, we from time to time, ignore our most important challenges and become apathetic. This exercise makes the individual face up to life and the life path. Note the following:

How does your flame look? Is it bright and shining or dim?

How does it make you feel? Do you feel chastised for ignoring it or do you feel appreciated for tending to it?

Is it inspiring you to seek new adventure or pulling you inward towards solitude?

Once you receive this input, you may withdraw from the contemplation. Close the session.

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You may want to journal your results for re-reading and consideration at another time to check on your own realizations and progress in real time and can certainly repeat the process as well if necessary. Anamcara will not always stop us from making mistakes but it can help us understand those mistakes and rectify them this putting life in a better perspective and balance.

Remember, we are always surrounded by Spirit and there is nothing to fear.





Expectation - Blessing, Curse, or both of the above?

Matt Sharpe

Ex·pec·ta·tion

ekspek'tāSH (ə) n/

noun

plural noun: expectations

1. A strong belief that something will happen or be the case in the future.
2. A belief that someone will or should achieve something.
3. Archaic - one's prospects of inheritance.

Synonyms: supposition, assumption, presumption, conjecture, surmise, calculation, prediction, hope.

"In the beginning, there was desire, which was the first seed of mind..." - Hymn of Creation, The Rig Veda

*"Watch your thoughts; they become words.
Watch your words; they become actions.
Watch your actions; they become habits.
Watch your habits; they become character.
Watch your character; for it becomes your destiny." - Upanishads*

*"They that see the Real in the midst of the unreal,
They that behold Life in the midst of death,
They that know the One in all the changing
Manifestation of the Universe,
Unto them belongs eternal peace,
Unto none else, unto none else." - Upanishads*

"We are shaped by our thoughts; we become what we think. When the mind is pure, joy follows like a shadow that never leaves." - Buddha

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"What we are today comes from our thoughts of yesterday, and our present thoughts build our life of tomorrow: Our life is the creation of our mind." - Buddha

"When you think everything is someone else's fault, you will suffer a lot. When you realize that everything springs only from yourself, you will learn both peace and joy." - The 14th Dalai Lama

"Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you; for everyone who asks, receives..."— Matthew 7:7

"What you are comes to you." — Ralph Waldo Emerson

"Listen closely to your invisible thoughts. What do you hear? What are your words implying? That is their potency. What do you want? Name it and rearrange the structure of your mind to imply you no longer desire it, because you already have it!" - Neville Goddard

"Put the past behind you. Do not look back and become like Lot's wife who turned into a pillar of salt - which is a preservative. You always put what you want to preserve in brine. If you turn back and dwell upon the state you want to leave behind, you have placed it in brine and will become it once more." - Neville Goddard

"But if you will turn your back upon the past regardless of what you have or have not done, and stretch forward to what you want to be or do and remain faithful to your desire - nothing can stop you from achieving it." - Neville Goddard

"In other words, I assume that I have wine and all that I desire. Then my dimensionally greater Self inspires in all, the thoughts and the actions which aid the embodiment of my assumption." - Neville Goddard

"Man, by assuming the feeling of his wish fulfilled, and then living and acting on this conviction, alters the future in harmony with his assumption. Assumptions awaken what they affirm. As soon as man assumes the feeling of his wish fulfilled, his fourth-dimensional Self finds ways for the attainment of this end, discovers methods for its realization." - Neville Goddard

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"The outer world is a delayed reflection of the inner and is confined to a dimension of space where events occur in a time sequence. Revision, then, literally changes the past. It replaces what occurred in the outer world with the revised version. The revised scene then gives off its effect by going forth to change future events." - Neville Goddard

"Our thoughts have prepared us for the happiness or unhappiness we experience." - Hazrat Inayat Khan

"The present is the reflection of the past, and the future is the re-echo of the present.' Destiny is not what is already made; destiny is what we are making. Very often fatalists think that we are in the hands of destiny, driven in whatever direction in life destiny wills; but in point of fact we are the masters of our destiny, especially from the moment we begin to realize this fact. ... Man is responsible for his success and failure, for his rise and fall. And it is man who brings these about either knowingly or unknowingly - Hazrat Inayat Khan

The Holy Spirit will give us all that we need. First we must learn to expect the best in life, and be willing to plan and work for it. Second, we need a clear mental picture of what we desire. Third, this picture is to be maintained constantly, with the certainty that Divine Spirit will supply any rightful desire. Fourth, there must be gratitude for every good thing received. - Sri Harold Klemp, "The Language of Soul"

Expectation. An idea with a number of meanings, effects, and practical usages, not all of those being good or desirable. Each of us has any number of them, whether we are aware of them or not. Their existence is well worth identifying and becoming aware of, as well as the various ways they can color our perceptions of various things and people effectively acting as a lense through which we see things. While varying colors can at times be enjoyed or appreciated, it is often far more revealing to view life through a clear lense. Often these colors filter our view of situations, and until one becomes aware that this is happening they are generally ignorant of it and the effects it can produce.

This colored view I speak of can easily be exemplified by any case of prejudice. Its meaning is from the idea of a pre-judgment that is assumed and not based on fact.

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When perceiving something through a colored lense, one often utilizes a faulty scale of judgment, also based on non-factual assumption. It makes no difference whether the type of prejudice is racial or takes another form, they each share a basis in faulty assumption.

As an individual travels along their path towards Self-Realization, it is impossible to fail to become aware of ever more incidences of one's self seeing everything through a skewed sense of what is positive or negative, or is good or bad, or any other dichotomy in existence, and while some of these things are formed as the result of personal experiences that have happened, it is rare that that person makes clear and unfettered choices based on the actual truth or full view of all that was actually happening in each experience. Life on the Physical Plane being a school of hard knocks, tends to bring one through such lessons by grabbing the attention via a negative experience. Much of the time these experiences are chosen because of the way the individual is seeing everything.

It is this sort of hard and direct experience that enables one to learn to discern what has actually been happening and why it happened. From such experiences one learns to recognize their own prejudices and false assumptions as well as to learn that they themselves have brought these negative experiences into their lives by their own choice. It certainly is also possible that such experiences can be brought to one because of choices another person they have an association with brought them. Situations that occur from outside of one's self must also be discerned properly so as to identify what options the individual has available to them, as well as how the outcomes of the various choices might work for or against them.

Expectations often create limitations, however, that statement is only partially correct. When one believes that they will fail, they tend to think through things with that point of view, and those thoughts will eventually become imagined conversations. If one begins to have inner thoughts and conversations in which they fail to accomplish the goal, and especially if they feel the result of that train of thought, they literally manifest that upon themselves. In this way expectation creates not only limitations, but also acts as a sort of self-inflicted curse. Many do this consistently without ever becoming aware of it. They literally choose and create their own failures in their thoughts and emotions before any physical action ever takes place.

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That being true also indicates that its opposite can just as easily be made true. By learning the rules of how this works, one can then utilize self-control over the mind and emotions and thereby guide themselves into better situations. Detachment also plays an important part in this. The individual must be detached from that state of being they want to be separated from, and must have a strong enough will to control their habitual thought patterns, otherwise they habitually trap themselves into that less desirable state. When one learns that this does indeed work and then implements the proper method to manifest a new state, they become the positive meaning to that previous statement, "Expectations create limitations." By evolving into this other area, one finds that expectations can also pave the way for positive change, thereby freeing an individual from the former states. "Expectations create limitations, but, they can also create freedom." That is a fuller version of the statement.

This idea has been spoken of by many in the new age ilk. The idea came long before a majority of the religions that exist today, and it is included in many of them. Hinduism, Jainism, Buddhism, Sikhism, Zoroastrianism, Judaism, Christianity and Islam all have it within their teachings. In Eckankar we call it the "As If Principle." Neville Goddard called it the Law of Assumption. Many others have taken to calling it the Law of Attraction. It is meant to make clear the means by which Soul is able to manifest a thing out of the finished creation that we exist within. We do not actually create anything new, but rather we manifest into the outer reality a thing. Whether it is a desired thing or an undesired one depends on a person's mental and emotional habits. In reality this principle has no preference, it simply goes in the direction it is made to go in.

Many have heard of this idea, yet only a few have ever actually gained any experience in using it. This is because of the way their attention works more than anything else. A people who are virtually sleep walking do not realize how much of the trouble that appears in their lives is their own fault and of their own creation. Much of that is dependent on their habitual ways of thinking and perceiving. But that can be changed by any willing to do the work required. We know that Sugmad has finished creation. When one tries to see the whole of creation, it is realized that this is no small thing. There are any number of possibilities and potentials, and these span far beyond what might appear to be possible at any given moment in time. As the individual attention is made to expand greater than what appears possible to the average individual, they begin to know that the only limitation that actually exists, is that which has been self-appointed.

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One takes as being real, the physical world and the events in it that are recognized by the majority. But if one takes the time to make the effort to become aware of the more sublime levels of reality, they are never disappointed as these still extend far beyond what is easily apparent. The same is true concerning what is possible, and what can actually be made manifest in the worlds around and within us. What is can be activated by the attention, but that is not the whole of it. The more often the attention is placed on a thing, or an idea, or a state or situation, it proceeds towards manifestation. But there is another element that is required for this to take place. That is feeling. The type of feeling that is an emotion, however in this case is to be used creatively to manifest. The emotional states that come naturally in the situation where the goal is accomplished, is what acts as the key to bring life to that which the attention spends its time on.

It has been said any number of ways in an equal number of places, and yet this one thing is most often overlooked by people who become enraptured in their desire. Many believe such a thing impossible as having any outward effect. This is untrue. Patience, persistence, repetition and the feeling of the goal already accomplished are what is required for Soul to bring the desire into manifestation, regardless of what it might be. It could be love and marriage. It can just as easily be a million dollars or pounds or rubles. It could be a fine lunch or dinner. It makes no difference how others might perceive it as being, worthy or unworthy, holy or evil. Everything in the lower planes exists in relation to its opposite. Soul knows this but renders no judgment, being completely detached and eternal. If the procedures are followed properly, then it can happen. The one thing that can change this is the karmic state of the individual.

Karma is a law within the lower planes, but its reach cannot be avoided. If the desire a person attempts to manifest is one that their karma says cannot be, then the karmic state of the debt will win out. This will continue in such a situation until the individual has learned that lesson and has actively made changes to rectify that behavior, whether habitual or not. In a great many cases, these thought processes, emotions, words and actions are habitual, and at times even done unconsciously. Identifying these things as they take place, is the start of not only recognizing them and discerning the values or harms they produce, but is also the first step in assuming control of them. That is no small job. But it is one that can be done and it is also one that can be changed where necessary.

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Learning the things that we do in our minds adds to learning to not only exercise better self-control, but it also gives us an ever greater ability to take responsibility for our thoughts, words and actions. The ECK Masters teach the methods of gaining this control, and this area of expectation is merely one avenue to gaining a greater understanding of one aspect that influences what occurs in our daily lives. Manifestation is a natural ability of Soul, and is one that we can learn to use in our daily lives even before reaching the fifth initiation. This is also ultimately a learning process that involves the consciousness in each and every new state that it expands into, enabling it to expand beyond its former limitations. This makes the subject and the techniques discussed here a valuable tool that everyone can use to better themselves and their situations.

The predominant factor in manifestation is primarily the only ability of Soul that can be used by everyone in the human state, regardless of the degree of spiritual development at any given time. This factor is the imagination. One must realize that every time they use it they are in fact using the creative imagination, and this is exactly how we constantly create our situations in life as well as our future. Obviously this can easily work in a negative way rather than a positive one. This is why balance and the ability to rightly discern what thoughts, emotions and imaginings will stand in Soul's way forward and which will help "Its" progress. This is also why if we become aware of our imaginary habits and ways of thinking, and change those where necessary to better ones, anyone can accurately predict their future because they are aware that they are constantly creating it.

Ideally, one can rid themselves of the negative mental and emotional creative habits they fall so easily into by proactively changing them into positive creative imaginings. This is an area where detachment plays a very strong role, as one must be detached from their negative habits in order to change them to positive ones. Being truly detached means having the ability to drop the habitual behavior, which is generally no easy task. However it can be done in a very simple way. First, define the goal that is to become the new habit and reduce it to one or two sentences that can be easily remembered. Scientists have discovered how long it takes to form a habit, however, no two of them seem to agree on that time period, indicating that it can potentially be very different for everyone. One month to three months is the generally accepted range of time required, but it is up to the individual to put the method into practice faithfully and regularly.

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This notion of "faithfully and regularly" are extremely important because will power alone can never change much of anything. Attaining a greater level of advancement requires steadily working at it with self-discipline and mental and emotional fortitude to continue until the goal is accomplished. It is the very same principle that is applied to exercise and weight lifting. If you begin to work out a specific muscle more than you ever had before, and incrementally increase the weight, that muscle will hurt as it is torn apart and allowed to regrow itself stronger than it had been before. Weight lifting also requires a definitive time schedule to be most effective as if the muscle is worked again while it is torn down, it will have problems re-growing properly. A period of a day or days are spent waiting in between muscle groups so as to allow for that regrowth period. The mind and emotions are exactly the same in this way. An emotionally painful situation such as an infidelity tears the emotions apart and forces some degree of change to be developed, and there are good and bad choices available.

The mind is very much the same way in a few different ways. That same emotionally painful situation will also cause mental changes in regards to the behavior and attitudes that each person had before and after whichever incident that caused it. That is the workout phase. The same is also true regarding habitual ways of perceiving, thinking, imagining, and speaking inwardly to one's self. Becoming aware of what needs to be changed, and then taking steps to regularly do the mental exercise of changing it is also the workout phase. Hypnotherapists use this method in teaching patients to self-hypnotize to break habits, such as smoking for example. The patient is told to repeat a sentence every night about being a non-smoker silently within until they fall asleep, and then to repeat that every single night for thirty days which will create it as a new habit. If the patient misses even one night of doing this, they must start all over as that minimum of thirty days is required for it to work. A person may also find that they need to continue that process for longer to have it become an unconscious habitual way of thinking and a behavior, but that is fine, so long as it is done.

In the very same way one can break other mental and emotional habits that they may have that are not helping them. Realizing that the consciousness does indeed directly affect the physical reality enables one the control to change their habits and is very freeing. It just comes down to knowing the steps that are necessary to accomplish the change. These are:

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1. Identify the problematic way of thinking, feeling and interpreting that needs to be changed.
2. Encapsulate the desired state of being into one or two sentences so they can be easily remembered.
3. Remember to repeat the encapsulated goal when you lie down to go to sleep, because the sub-conscious mind never sleeps. This ensures that it will continue repeating the goal to itself while you are off sleeping and dreaming.
4. Do this nightly with no breaks. If it is forgotten one time, the count must be started all over again and must continue no less than thirty days. If more time is needed, then continue for sixty to ninety days. This will create a new habitual behavior that won't need to be thought about constantly. The idea is to create positive habits that free us rather than limit us.
5. Always think from the point of view of the goal already accomplished. Feel what you would feel if that were true, think as you would think also. In your inner conversations hear your friends congratulate you on having accomplished the goal, whatever it may be.
6. Always imagine from the end, and use no other point in time. Do not waste time figuring out the details of how it could occur, simply believe and feel that it already has happened and condense it down to one point in the future where the goal had already been accomplished for years while seeing this through your own eyes. Do not watch a movie of it happening to you, view it always from within your own body and witness it happening to you in the here and now seeing through your own eyes.
7. Change the past by imagining a revision of history or of events. This can be done while they are actually happening. Someone on the phone is angry with you and is arguing, simply revise what is happening in your mind and change it to a more positive outcome, then stick to that view and it will become reality despite what actually happened on the phone. You cannot prevent every bad thing from happening or being said, but you can choose how you will perceive each thing and you can choose to change the outcome.

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God speaks directly to Soul, and uses Soul as “ITS” channel to enter into the mental, emotional and physical levels of reality. This is because if “IT” were to enter these lower realities to interact with us personally, the difference between the rate of vibration of physical creatures and the highest Divinity is such an extreme difference, that the force of that difference would literally destroy everything in this universe. For this reason it is necessary that the human experience begins at the bottom, working its way up the spiritual ladder to learn each of the lessons that will bring “It” to an ever higher level.

This culminates in “It” reaching Self-Realization, by which time It has learned that It has the ability to manifest anything from the finished creation of God, so long as It is willing to go about attaining them in the right way. This is why many of the lessons produce such strong growing pains that inevitably strengthen the lower states of awareness until that Soul reaches the first spiritual level of non-duality. It knows each lesson because it experienced every side of them while on “Its” way up the ladder. This implies that by the time one has gained mastery over the lower states, they will have also strengthened themselves enough to be capable of dealing with any experience that may arise, while also causing that one to realize that they themselves have always been in control of, and at fault for, the experiences they have drawn themselves into.

This is a necessity that brings balance, a very important aspect that must become a real and daily thing before one can attain Jivan Mukti, or the freedom from Samsara, the constant karmas and rebirths into the lower planes. This is why the attainment of the Soul Plane results in Sainthood, which in India is called becoming a Sant (the two words having differing origins etymologically speaking). While going to that length is a large part of the journey, it is not near the end of the road.

This mastership I spoke of is relative, and does not make the individual a spiritual Master which is a state that is several steps beyond attaining the state of consciousness of nonduality. But it is the first level of the truly Divine reality that lies beyond. Expectations can be a blessing or a curse, it depends on which you choose to make them.



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A MATTER OF SPIRIT

Mikey Pierog (*Live freely, die softly*, pg. 13)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey is an administrator, Poet Laureate and Manager on <https://www.lightforcenetwork.com/>

Rev. Micah Allard (*Back Sliders* pg. 14)

Rev. Micah Allard is psychologist and minister and part time Justice of the Peace. He has a passion for passing on the word of God via metaphysical avenues. Rev. Allard is also a skilled musician who can play 22 instruments but prefers organ and piano. He lives in the northeast US with his wife Yvonne and two children.

Rev. Dr. Don Hauck (*Frustration*, pg. 16)

Don holds a Ph.D. in metaphysics and parapsychology. He is the head pastor and a Doctor of Divinity of the *Universal Light Church* of Cincinnati, Ohio. He is a highly respected and sought after speaker who has appeared on TV, radio, and educational lecture circuits for universities and high schools. Don is an advocate of individual rights and independent growth. He utilizes many modalities in his work including Intuition, Graphology, Numerology, Astrology, and Color Testing among others as he assists individuals in defining and achieving their goals. <http://www.theuniversallight.com/>

Jennifer Q. Adler (*Soul Conversation*, pg. 17)

Jennifer is a licensed behavioral therapist who hails from the lower southwest USA. She divides her time between clinical practice, consulting, and scholarly writing. Jennifer specializes in Cognitive behavioral therapy (CBT), a talking therapy that focuses on changing negative thought patterns to effect changes in behavior.

Matt Sharpe (*Expectation - Blessing, Curse, or both of the above?* pg.19)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter.

BODY TEMPLE

“The mind's first step to self-awareness must be through the body.”

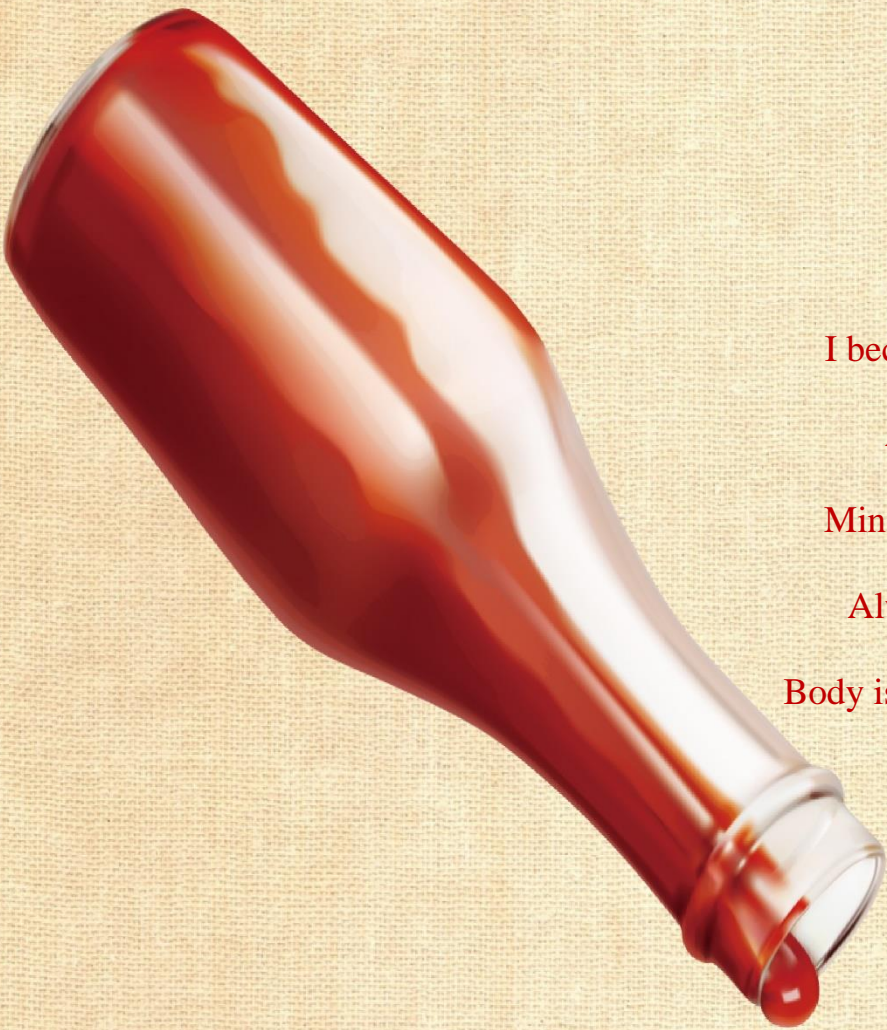


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Growing Container

Mikey Pierog

I was a body with a brain

Over time that did change

I became a mind with thoughts and feelings

A body attached that did as I willed

Mind over body, what leaves when you go?

Always the top that moves with the flow

Body is just the container like a bottle of ketchup

But the essence is the ketchup.





Astral-Geo Therapy

Rev. Dr. Loni Haas R.MAFA, CCHP, CCBP, BT

A question often posed by a client is, “What does my chart reveal about my health?”

Health Astrology is a sub division of Medical Astrology that embraces a homeopathic and holistic view. An individual natal chart reveals certain predisposition for “dis-ease” that has the propensity to develop over a lifetime. Environmental factors, improper diet, or simply a lack of knowledge regarding possible deficiencies can all contribute to the onset of health problems. A natal chart actually yields a nutritional plan specific to the native by indicating the need for minerals and vitamins that can be beneficially instrumental in maintaining a healthy body.

The association between bodily illness and the signs and planets of the Zodiac belong to the Hermetic Theory which is an ancient Egyptian/Greek philosophical science. Hermetic Theory is based on the premise that the entire Cosmos is reflected in each human being. In this system, the signs and degrees of the Zodiac correlate to human anatomy and the planets to the physical and chemical processes and to specific organ malfunction and vitamin and mineral deficiencies. The Uranian planets, Hades, Admetos, Appollon, and applicable Fixed Stars are also used in analysis. Aspects made between the planets and certain points in the natal chart act as strength and weakness indicators.

Aspects made by planetary transits, progressions, and directions to the planets and midpoints the natal chart calculated for a specific time period are useful in the analysis of “health triggers” which may adversely affect health during the calculated period. This is known as a Health Chapter. A Health Chapter serves as a holistic record and review of current health status and progress which can be vital to health maintenance.

Astral-Geo Therapy is a modern offshoot of ancient Stellar Healing which embraces Hermetic Theory combining use of the diagnostic Health Chapter with tuning, Aura Soma color therapy and natural Earth crystals.

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Ancient Stellar Healing is thought to predate Egyptian and Biblical times. According to Egyptian records, the healing process included use of astrology, sound, color, and a “hands on” energy catalyst. The modern Astral-Geo system bases itself on the same metaphysical concepts and modalities with a more contemporary approach. Along with the use of diagnostic health astrology which pinpoints potential for physical malfunction and dietary deficit ...

The prerequisite for color is fulfilled through use of Aura Soma. What is Aura Soma? It is a color energy system that provides a gentle vibration to help an individual penetrate his/her own levels of awareness to uncover deep sources of personal healing.

The prerequisite for sound is fulfilled through use of tuning forks which are “keyed” to the vibrational tone of each planet. All of the planets emit their own tone and each planet has the capacity to ease or eliminate the discordant tone of another planet. How is a planet discordant? A planet that receives or makes hard aspects in a chart and/or is “discordyne” (weak transmission by posit etc.) is a potential catalyst for health issues.

The prerequisite for “hands on” or practitioner catalyst is fulfilled via use of natural Earth Crystals. Crystals fulfilling the appropriate healing capacity are placed upon the body at specific pinpointed areas gleaned from the Health Chapter astrology map which has indicated a potential or predisposition for physical concern.

The healing energies of the Cosmos descends through planetary vibrations transmuting astral to physical while the healing energies of the Earth ascend through use of natural crystals transmitting physical to astral while tones remove discordant factors and Aura Soma promotes healing from within. The top-down bottom-up approach serves to clear dis-ease affecting positive chakra energy flow which has been blocked by discordant factors revealed via one’s natal chart and Health Chapter.

Also worth mentioning is the effect Astral Healing has in a profound spiritual sense. I have observed that in a large percentage of cases, emotional and physical trauma connected to past life issues often surfaces and is resolved during a session.

As with any holistic approach, Astral-Geo Therapy recognizes the importance of nutrition and exercise integrated with attitude and spirituality working in conjunction with but never replacing competent medical advice.



Choosing Good Health

Joshua Bedetto

During the winter season I find that when many people are getting sick they simply stay at home and watch the TV and drink orange juice and curl up with their antibiotics or go to work anyway and are miserable because they feel they should be at home getting better. Neither of these things is good nor is it a fun way to spend your holiday.

I thought that today that I would broach the topic of personal health and the impact that mental health and the surroundings that one is in contributes to it. Do you know that on average the typical person gets bombarded with four to seven commercials dealing with some sort of medicine each day? They range from diseases like “restless leg” to heart attack to the flu and common cold. I find it very interesting that people get sick or get symptoms of being ill during the winter because that is the time when advertising about the flu and sickness is at its highest. I am not discounting the fact that people do get sick due to the cold, but the fact is that many people worry themselves into being sick. This does not simply start and end with the winter and cold season, but to all illnesses like cancer and other maladies that people talk about on a day to day basis. If you read my last article you will remember that issues start off not in the physical body but in the outer layers of the aura. Sickness like all other forms of manifestation takes time to form itself in our world. It starts off in our emotional, spiritual, or mental bodies before we feel anything physically. This means that we have time and a way to stop being sick.

Think about what is in your environment right now. Think about the people in your environment. Are they talking about being sick and their family members being sick? Do they become sick shortly after they start talking about it? We get things through energetic exchanges with other people. People who are sick have decided to have a lower energetic vibration for that point in time in their life. There are two things that happen when two people of different energetic vibrations get together. One person has to raise their vibration or the other has to lower theirs. People who are in their pain rarely give up their suffering easily so it usually ends up that the person of higher vibration ends up being sick. Also we are all the same person. We all experience things through other people just as we experience them through our own personal experience. When we see things with our own eyes or hear of things it affects us to some degree.

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There is a book that was put out by Elkhonon Goldberg that explains about this. Scientists in the book did studies on monkeys. When one monkey would reach for an apple it would cause a certain chemical reaction in the brain of that particular monkey as well as others who saw the monkey do it. One day a scientist was reaching for an apple while the monkeys were still being monitored and the same chemical reaction took place as if that monkey had reached for the apple personally. This is scientific proof that we are all affected by each other's actions.

As a metaphysician I choose health on a day to day basis. When we watch commercials talking about some disease or sickness we are in fact being sold that sickness or disease. We create our own universe and personal experience. The best method to avoid getting sick is to avoid television ads about being sick or avoiding television all together. Also people get sick in order to get out of stressful situations which we all come into contact with at one point or another during the holidays. People may have to go see people or family that they do not like or be in a situation that they do not like. The best thing to do all together would be to do exactly what we wanted to do around the holidays to take all the stress off and actually use this time of year for what it is supposed to be used for, a holiday.





Using Clairolfaction to Stay Healthy and Safe

Jenna Wade Shaugnessey

Clairolfaction is a form of extra-sensory perception that enables the gifted person to receive psychic or paranormal information by means of 'psychic smelling'. – Anton St. Maarten

My first experiences with Clairolfaction was when I was a small child. It seemed as though I could smell weather changes which varied accordingly. I literally knew when it was going to rain or snow because I could smell it. If you have ever smelled natural spring water, that is what the rain scent smelled like – hard to describe but you can imagine what might be crisp and clean. Impending snow would hit my nose as though someone had passed an ice cube under it – a bit more distinct than rain because it literally has a cold kick to it by additional physical sensation. Bad storms such as hurricanes always had a salty sea smell – you couldn't miss it as it was so distinguishable. Of course I loved to play junior weatherman to the point where I often drove my family crazy but my track record was pretty impeccable and even they had to acknowledge it.

Food is another circumstance where I have always experienced Clairolfaction. Anyone can smell spoiled food but, I can smell it just before it spoils. Then odor is one of “unfresh” which for me smells like a food that is freezer burned and stale. This has helped me avoid getting sick on a few occasions.

As I grew older, more “smells” got added to the repertoire – some not so pleasant. I found that people who were seriously ill had a sweet sickening type of odor. In some cases, the smell was very pungent and brought to mind the smell of pork. There were times when I could actually discern the type of serious illness – the smell varied slightly or had something extra added to it like the smell of rancid butter for example.

Evil was in a category all by itself. I am not talking about general negativity ... I am talking about evil presence. The first time I smelled this I was a 17 year old teenager. Some friends and I had gone shopping and found a New Age shop – one of those places that had lots of crystals and statues and incense and candles... all sorts of things. The shop itself was an old refurbished tire store that had concrete floors that had been painted with area rugs placed on top. I have always loved rocks, stones and crystals so I naturally gravitated in the direction of that display.

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There were several enclosed all glass cases about seven feet tall that were arranged to make a small isle whereby you could walk up and down and with cases on both sides of you as you walked through. When I hit the middle point of the isle. I was about bowled over by the most horrible putrid odor. It smelled like pure rot and smelly gym socks. I thought maybe the carpets were molded from laying on top of the concrete but they looked fine and dry. Then I thought maybe it might be some sort of rotting mold from under the concrete floor combined with some flatulence or a backed up sewer line but it wasn't any of those things. So, I went up to the store manager and told them there was an awful stench in the crystal section.

There happened to be a few sensitives (my name for psychics) in the store that day and one of them got hit with the same thing I did so he proceeded to sage the area while doing some sort of recitation. The area cleared after a brief moment but then the smell sprung up in another part of the store. The practitioner proceeded to have a game of cat and mouse with whatever it was until he final was able to get rid of it out of the open door. Having been raised among psychic people was concerned that the entity that was carrying that horrible odor might hitch a ride with one of the cars in the car parking lot but, all I know is nothing attached itself to the car my friends and I were using.

Some of my favorite Clairolfactory smells are floral scents. I have smelled roses, gardenias and lavender. I am told that these scents are always associated with Divine presence such as various masters and angels, Mother Mary etc. I have often found that special messages or comfort comes to me when I smell these scents and have experienced them in times of crisis. They let me know everything will be fine soon. I can also smell people who are special to me. Sometimes I joke that this might be long distance pheromones. If you have ever seen the Movie Michael, where John Travolta plays the Archangel Michael there is a scene where the women in a bar who are around him say they smell just baked cookies. I tend to smell pleasant scents when I am around good and honorable people and the opposite when I am around people who have less than nice intentions ... it smells abhorrent.

Clairolfaction is a real ability. In many ways I have come to rely on it and I certainly trust it.



Quantum Healing Hypnosis Technique

Lorna Wilson

Quantum Healing Hypnosis TechniqueSM (QHHT) is a superior technique that works at the quantum or a subatomic depth of consciousness. The subconscious mind knows everything about your life, and is always ready to reveal whatever is asked of it from the wealth of knowledge and wisdom stored within your expanded consciousness.

The Subconscious Mind (SC) -

The SC is a multilevel, multidimensional source of stored information. It knows the answers to everything and is connected with the individual self and all other sentient life forms. It instinctively and instantly knows where to place the focus during the session, and provides information from various timelines. Whatever is taking place in the SC realm of existence has far more power than anything we can consciously imagine or create through its art of storytelling.

The SC mind does not directly speak to the conscious mind, but communicates indirectly through the body with feelings. Therefore we must incorporate what is taking place within the body to bring about permanent healing. The subconscious mind is connected to what Carl Jung calls the collective consciousness, or what religion or spirituality calls the Akashic records or fields, God, Creator or Source Energy. This is something far greater than we are currently able to comprehend or imagine entirely. This collective consciousness is huge and knows everything about us, such as our purpose, and what we need to know or do to take us to the next level of evolution. It is the totality of everything, which allows our bodies, minds and spirits to survive and thrive. I think of the subconscious as the soul's storehouse of historical data, and the unconscious as the reactive results, the energy relay between the duality of the personality, a soul.

The SC is similar to a computer storage hard drive filled with all of our life files or stories. The conscious mind houses temporary files that act like software programs for each lifetime. Those programs can be changed, or evolved through various levels of choices and experiences. Our belief systems are like mind viruses that feed off the host of our body and can deplete and block energy flow. When we wake up to the cause of our discomfort or illness, and take the steps to clear them, we clean the cache of our old files.

Continued ...

Continued ...

The format below demonstrates how uniting the different levels of consciousness into a singular focus, combined with hypnosis can a very powerful means for spontaneous change:

Pre-talk= communication from your conscious mind.

Hypnosis= revelation from your subconscious mind.

SC dialogue = communication and resolution from your higher consciousness mind.

What is Hypnosis?

Hypnosis utilizes a natural mind state, one which we slip into many times each day when we day-dream, read, listen to music, or indeed do anything that does not require intense concentration or mental chatter. This relaxed state of awareness is a powerful tool for problem solving as your imagination has free reign to explore and find the solutions to your questions. This subtle shift of consciousness allows us to daydream, zone out when we are doing mundane tasks, or use our imagination to become fully engaged with a singular focus such as reading a good book, or watching an engrossing film. When the busy conscious mind retreats it observes in a distant way how the past and present connect. You may find during the session whilst in hypnosis that your conscious mind has an inner dialogue as it tries to interpret what it you are experiencing. It is recommended that you observe and not edit or analyze what impressions or images come to mind. Trance states are automatic and natural taking place when we are relaxed, focused inwardly, deeply engaged or occupied with full awareness and attention. There is nothing to do in the sessions but to let yourself relax deeply.

Past Life and Spiritual Regression -

QHHT provides you with the ability to obtain answers and go beyond any problematic belief systems that may have been inherited through family patterns, cultural structures or learnt behavior. Spiritual Regression gives you the opportunity to verify your own immortality, and experience ourselves beyond your physical limits. This initiates an awakening of self-discovery and is direct exploration into the mysteries of your life.

Continued ...

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You can read lots of interesting real life NDE stories on this link [HERE](#). When you experience a past life or the non-physical you lose any fear death by proving to yourself that the afterlife is very real and you still maintain your consciousness. We all have the ability to access our soul's history and experience our spiritual essence to attain self-awareness which resolves any conflicts we may be experiencing. Hypnosis is one method available to explore beneath the levels of your conscious awareness to discover your own answers.

When we are feeling unsupported or stressed our weakest areas whether mind, body or spirit will be triggered into expressing a familiar 'painful' reaction. There are numerous schools of mind/body/spirit thought that say, for example, that if a person experiences back problems then this is the result of feeling unsupported in their life. These meanings vary depending on whether the pain is felt in the lower, middle or upper back. However, by speaking directly with the subconscious mind of numerous clients, I have discovered that this is not always the case. These reasons and reactions are unique emotional stories impacting the physical body as unbalanced energy. In the session these stories surface showing the causes and what is to be gained from the experience. The body is then able to release the blockages, rejuvenate the area and repair itself. .

"Our higher selves are constantly communicating with us to help us stay on the path we have chosen for our growth." - Julia Cannon

Your imagination is powerful -

Imagination is more than just a means of dreaming, it is an actual 'tool' for communication and interaction with the non-physical realms where the history of your life is stored. Our belief systems, fears and irrational thoughts are also formed as perception and held in the imagination. As children we were often scolded for 'day dreaming' which has left most of us in denial of seeing how it can benefit us or how to use it effectively. Your imagination can be used to move into, and through the interdimensional 'levels' of consciousness and bridges your conscious reality with your unconscious knowing. After the session it may feel as though you made it up, but it is recommended that you don't analyze the information instead see what the connections are with your life and the difference in your feelings. Sometimes it takes us a moment to adjust to change and allow the new to unfold. Luckily with this method the changes unfold naturally as your subconscious mind is now your ally and united in your purpose.

Continued...

Continued ...

"Imagination is a portal through which you can transcend the imposed limitations of this world. All creative persons use this power. With wisdom and will, whatever you can imagine, and continue to imagine, can become real. I tell you, that things which do not exist now in this world will be created for you. Imagination can be materialized. When you develop spiritually, you can materialize your thoughts." - Paramahansa Yogananda

Why Is QHHT so effective?

The sessions focus is on all aspects of your personal empowerment and healing, with the aim of achieve a greater sense of well-being and insight. Feelings can create emotional stress that will benefit from using this technique, as it is possible to interrupt and eliminate destructive negative thoughts and feelings. QHHT is a formula with increased spiritual rewards and is an ongoing process of self-awareness that begins with your session.

"When an inner situation is not made conscious, it appears outside as fate." - Carl Jung

How QHHT improves your life –

The sessions work at a deep subconscious level, with your higher conscious mind or soul acting as the director of your chosen destiny. After your session you will find that your life becomes more empowered by the confidence and understanding that comes with your new insights. Your life opportunities become enhanced and your creativity and self-esteem flourish, as your perspective broadens. A greater sense of inner peace and connection with your expanded awareness. Feeling at peace with your life, brings a new freedom within yourself as you move forward with your life in a newer, more harmonious way. Your session is only the beginning and the initiation of a process that will continue to unfold over time, as the work begun increases in its productivity for your betterment.

"We look at the world once, in childhood. The rest is memory."

Louise Gluck



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BODY TEMPLE

Mikey Pierog (*Growing Container, pg. 31*)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey is an administrator, Poet Laureate and Manager on <https://www.lightforcenetwork.com/>

Rev. Dr. Loni Haas (*Astral-Geo Therapy, pg. 32*)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

Joshua Bedetto (*Choosing Good Health, pg. 34*)

Joshua is a professional astrologer, Tarot reader and Reiki practitioner who specializes in the Yuen Method. He is a Georgia Highlands College graduate and currently works as a production technician for corporate and musical events. Josh was born in Panama City, Florida and currently resides in the state of Georgia, USA He has been a Reiki Practitioner since the age of thirteen and has been practicing Tarot Reader since the age of eleven.

Jenna Wade Shaugnessey (*Using Clairfaction to Stay Healthy and Safe, pg. 36*)

Jenna is a private energy healing novice who was born into a very psychic family. She inherited the ability to channel from her mother who was a highly gifted psychic. She lives on a ranch/estate in the southwest, USA with her Tabby cat Kinpa. Jenna has a head for "numbers" and has several degrees and dual degrees in accounting, business and administration and business law. She enjoys writing and cooking.

Lorna Wilson (*Quantum Healing Hypnosis Technique, Pg. 38*)

Lorna is a life coach, metaphysical counselor and certified past life regressionist who specializes in Quantum Healing Hypnosis Technique. Lorna authored the *Book Healing Journeys through Quantum Realities – A Handbook* which explains the process of subconscious exploration. Lorna lives in London and can be reached on her website <https://www.lornawilsonqhhthealing.co.uk/>

PHENOMENA FILES

DON'T
LOOK
UNDER
THE
TREE

SOME
THINGS
HAVE
BIG
TEETH



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Imbroglia

*Hearts give rise to silent sighs,
Sounding the silence solidifies,
Distant thunder announces the deny,
Lightning splitting a black velvet sky.*

*Perception becomes the new disease,
Some pensile words if you please,
Then at last the void takes shape,
With mindless tone a feral rape.*

*Enveloped in a pleasing sheen,
Caught within a culminated scene,
The New Religion brings you to your knees,
Step right up for your reprise.*

*Time is in a rampant flow,
All you see is all you know,
The New Religion promises you ease,
Immorality bound within its freeze.*

*Crystalline dreams turned into dust,
Carried off by gale and gust,
The New Religion carried in the breeze,
Breathe it deeply til you wheeze.*

*Shadows cancel out the earth,
Minds are filled with evil mirth,
Dark clouds obscure the day,
All cycles have gone astray.*

*The midnight popes nefariously weave,
The blackened fabric to deceive,
Don it willingly and don't resist,
While your spirit they taunt and twist.*

*The New Religion has brought you to your knees,
Step right up for your ...*

?

Lucifer's Rectangle

In astrology a configuration or geometric pattern known as the MYSTIC RECTANGLE can be a welcome sight in a natal chart since it basically provides balance, structure and harmony between the four heavenly bodies that comprise it. It is a “soft aspect pattern” consisting of two pairs of oppositions sextile each other. The MYSTIC RECTANGLE is either masculine (Fire & Air) or feminine (Earth & Water). Finding the balance of the pattern takes awareness and conscious effort. Those who can successfully integrate the pattern find it a source of strength.

Another variation of the MYSTIC RECTANGLE is known as LUCIFER'S RECTANGLE. It is a “special case” rectangle consisting of cosmic entities in the signs of Taurus, Scorpio, Virgo and Pisces only. It shows up prominently in the founding chart of the Church of Satan and oddly enough in the natal chart of the infamous black magician Aleister Crowley who preferred to be called the “beast.” Even more interesting is the fact that in both charts each rectangle is formed by planets, asteroids and points in second, fourth, eighth and tenth houses which encompass the occult and worldly standing.





FINGERS

Olivia Constantino P.I.

Did you ever get the feeling, an invisible force - something or someone was touching you? Have you reasoned that since you are not crazy, physically ill or experiencing a drug induced state the idea of tactile hallucination must be ruled out?

Some metaphysicians and religious people believe that such ethereal touching is contact by ones guardian angel as a way of showing they are there for you. Paranormalists know that this situation can be other worldly. For example, psychics and mediums often have this experience when involved deeply in contact sessions. Sleep researchers have noted that while rare, inappropriate touching can accompany the phenomena of sleep paralysis.

All things considered this brings to mind the case of a woman that for these purposes shall be called Madelyn. It is an old case but has fascinated and eluded me for many years.

For all intent and purpose Madelyn disappeared without a trace. Oddly, she never left the house and was last seen entering her bedroom one evening early in the winter of 1872. Outside a heavy snowfall was giving the property an otherworldly look. There was no indication she left the room – not through a window or out any door. There were no footprints of any kind found in the newly fallen snow either hers or anyone else's.

Madelyn had been jilted at the altar a year prior to her disappearance. Her fiancé had run off with another woman it was told but later servants would say that her abusive wealthy and political father had driven the suitor off never to be seen again. This threw Madelyn into a depression coupled by loneliness. She refused to be social and barely spoke to her parents. She could often be found sitting by a window reading somewhere in the house.

Continued...

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Her father kept a strict eye on Madelyn watching her every move to the point where she was retreating more and more to her bedroom behind a closed door. This became Madelyn's refuge and world – the only place where she could find some peace.

About three months before her disappearance, Madelyn could be heard weeping in her room and eventually she could be heard talking to someone. Several times she had been observed at her usual window reading tilting her head as if an invisible hand was stroking her cheek. Once in a while she would smile just a little and touch her shoulder as if the same invisible hand was resting on it. She had confided in one of the female servants that she had a special visitor and that she could often feel his touch and breath on her neck. "Gentle fingers" she called it. The servant girl fearful of Madelyn's father never said a word about it to anyone.

When she was asked by her prying father what she was doing she would merely reply that she thought perhaps a bug had been crawling on her or that she was simply adjusting her collar or dress. It began to annoy her father so badly he forbade her to be in his sight and to stay in her room.

And she did.

With a smile.

As she began to spend even more time in her room, her parents and the servants noticed her mood was becoming lighter. She seemed more alert and even cheerful for the most part. Servants who were ordered to spy on her and listen at her door and report back told her father that they could hear her having a conversation with apparently no one although one servant swore he heard a male voice in there with her but upon bursting into the room found no one but Madelyn and her book.

The final straw was the day of her disappearance. She had been in her room chatting away with the unknown companion and there was a great deal of rustling and stepping almost as though a couple was dancing. Madelyn was laughing and clearly joyful and was making no attempt to hide what she was doing. Her father hearing this burst into the room finding no one but Madelyn standing by the fireplace poking a log. He accused her of being insane and told her to pack her bags because he was having her committed the next day. Madelyn and her mother pleaded with him not to do so but his mind was set. He further had the grounds and her room searched for possible entries into the house and he also had the local police stand guard around the house.

Continued...

No one was getting in or getting out – just in case someone Madelyn was spiring someone into the house.

Madelyn's father was furious to the point where he struck her and she fell to the ground pulling herself up to a sitting position and glared at her father with complete hatred. As she touched her burning face with her hand she muttered, "You will never see me again." This infuriated her father who locked her into her room and placed an armed guard outside the door.

For the next hour everyone in the house could hear Madelyn pleading and begging with something unseen to take her away. It was intense and heartbreaking. Her mother tried to get into the room to console her daughter but she simply was not allowed in the room. She paced outside the door listening to her daughter lament. Then it became quiet. Quiet as a grave. The servants were summoned to get their master.

Madelyn's father opened the door but Madelyn was not to be found.

Ever.

A local search was performed by the police and neighbors for a month and then was abandoned. Search of the room provided no evidence of a secret escape panel or door.

Where was Madelyn?

No one ever found out.

After the case was closed, the servant girl who Madelyn had confided in, was sent to Madelyn's room to pack Madelyn's things. As she busied herself packing a trunk that was provided for that purpose, she felt "fingers" brush her cheek followed by what sounded like Madelyn's laughter.

Haunted House Quiz

Courtesy of Holbrook PSI

How adept is your knowledge of paranormal history? Take the quiz on HAUNTED HOUSES and test your skill!

1. What *was* the most haunted house in England?
2. What famous paranormal investigator conducted psychical research on # 1?
3. Many psychical manifestations occurred in #1. What were they?
4. One of the most controversial haunted houses in the USA is the Amityville Horror due to the experiences of George and Kathy Lutz. In 1979, they both took a lie detector test to see if they were telling the truth. Did they pass?
5. Famous paranormal investigators Ed and Lorraine Warren brought psychic Mary Pscarella to the Amityville house. She became ill in one of the up-stairs bedrooms. What did she see and hear outside the bedroom door?
6. What did Mary do to stop the incident in # 5?
7. True or False – After his assassination in 1865, President Lincoln’s spirit has been seen by many witnesses in the White House.
8. San Diego, CA is considered one of the most haunted places in the US. What mansion in San Diego is considered the most haunted house in the USA?
9. Why does the house in # 8 have that reputation?
10. A photograph taken by visitor Margaret Jackson at the house in # 8 was examined by several paranormal researchers. What did they find?
11. A slave ghost by the name of Chloe is said to haunt which famous Southern plantation?

Continued ...

Haunted House Quiz

Courtesy of Holbrook PSI

Continued...

12. What is the most haunted hotel in Hollywood, CA?
13. Name some of the late celebrities who haunt # 12.
14. The state of New York has its share of haunted houses and places. The Cedars in Rye, NY houses plenty of phenomena. What famous investigator conducted several séances at the Cedars?
15. What other famous persona was active during the séance in # 14?
16. Scotland is known for its ancient castles. Which castle has the scariest reputation?
17. What happened at the castle in # 16 that gives it such dark energy?
18. An evil person lived at the castle in # 16 and allegedly a still haunts it. Who is he?
19. A famous hospitable spirit is Mary Wallace. What house does she haunt?
20. Ex-Governor of New York, Peter Stuyvesant haunts what place?

ANSWERS - 1. Borley Rectory of Essex Parrish, 2. Harry Price, 3. Apports of coins, pebbles and other objects and "spirit" writing on the walls, 4. YES, 5. A group of figures standing outside the door saying the Lord's Prayer backwards. 6. She prayed and threw holy water and a cross at the figure saying "God is with me." The figures disappeared, 7. True, 8. The Whaley House, 9. Almost every type of haunting phenomena has been observed or encountered in the mansion, 10. Researchers stated the photo clearly showed 20 different ghosts, 11. The Myrtles Plantation in Louisiana, 12. The Roosevelt Hotel, 13. Marilyn Monroe, Montgomery Clift, Carole Lombard are the most experienced, 14. Hans Holzer, 15. Famous witch Sybil Leek, 16. Hermitage Castle, 17. Torture, murder, remains of unburied corpses, 18. Lord Soulis a black magician who committed a number of documented atrocities, 19. Ocean Born Mary's House in Henniker, New Hampshire, 20. St. Mark's Church, In-The-Bouwerie, NY.



RULES OF PARANORMAL PHOTOGRAPHY

John Holbrook PSI

First you should avoid shooting through glass like windows or using a mirror to get a different angle. The glass of a window or a mirror may appear to be clean and without any imperfections but the flash will bring them out. Your pictures could have streaks and blobs that are not paranormal but just caused by the flash and the glass. You should note where all the mirrors are in a room so that you can eliminate any bright area in your photo. When you are taking pictures around crystal, glasses or any other reflective surfaces (such as in a kitchen) you need to realize that when you use a flash you will get reflections. These reflections could appear in your picture even if these reflective objects cannot be seen in the picture. Photos can also be affected by reflective objects on your person or another person in the investigation. It is best not to wear any clothes that have glitter, rhinestones or any type of reflective object. This will include any jewelry that could reflect light like a watch face, a large pendant, bracelet or any polished metals. It is best to keep your bling at home! You can have your protective jewelry under your clothing or in your pockets or purse just to keep the possibility of a reflection at a minimum.

Next you will want to watch out for lens flares. Lens flares will occur when a light source is in front of the camera instead of behind it. This happens a lot when you are doing an outside investigation because your camera's shutter speed will slow down to get some more light. This may happen more if you are using a 35mm camera. Digital cameras do not seem to have the same problem as often as the 35mm camera. Even though this doesn't seem to be as big of a problem now that most everyone uses digital cameras it is good to know. A lens flare will make an anomaly look like a hexagon (six sided) or a stream of orbs in a straight line coming from a light source that you may see in the picture or it could be off frame. A lot of the lens flares that I have seen come from car headlights when I was doing an investigation outside near a road using a 35mm camera.

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Most of us have used a 35mm camera and know that you can get the onetime use type or have one that you load the film. One of the pros to having a 35mm camera in your kit is that it doesn't take as much battery power to take a picture. You can also get high speed film and other special film like black and white and infrared. The cons are that you have to buy the film and then pay to get it developed. A pro to having the negatives is that you keep the original media upon which the image was saved. With digital cameras (for the most part) you reuse the card after you load the pictures on your computer. Another con is that sometimes you will get a picture that appears to have a good anomaly on the print but it is not on the negative. This happens when there is a problem with the developing. I have seen pictures that have what appears to be a vortex on them, but if you examine the negative you see a scratch or that a hair was on two or three frames of the negative. If you're using a 35mm camera and you get a fog on the picture you need to check the negative to make sure that it is only on the frame and doesn't extend outside of the frame. If it extends outside of the frame then the film was exposed to light, heat or radiation and it caused the fogging. But that is not the only thing that causes fogging.

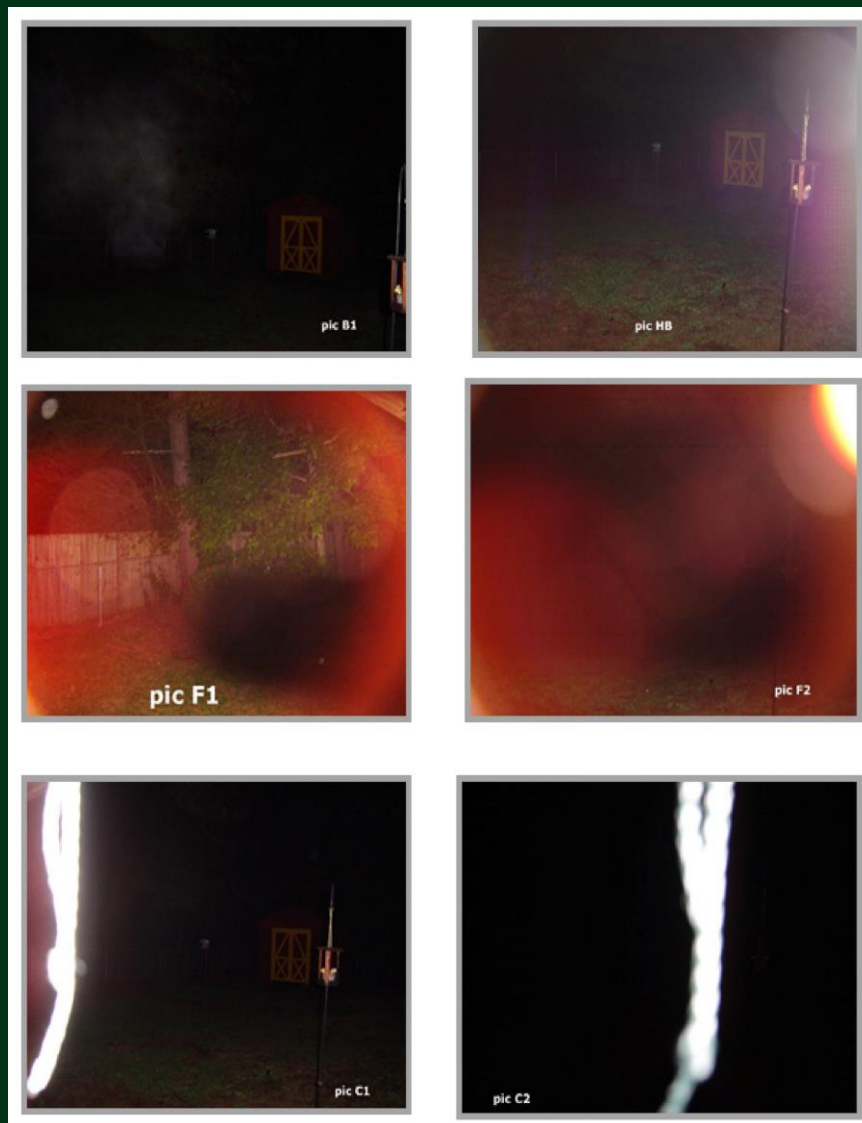
When you are doing an investigation inside or out you need pay attention to anything that may cause what could be an anomaly on your picture. So if it is an outside investigation you should not do an investigation when it is raining, snowing or on a very dry and dusty night. You should experiment with your camera when the pollen is in full bloom so you can see how pollen will show up on your picture. Or go to a dirt road when it is dry and have a car go by and take a few pictures and see an extreme orb and anomaly picture that is only dust. This experiment will help you with inside investigations of old or dusty homes or barns, it will help you to determine what could be dust and what could be an anomaly. If your camera is warmer or cooler than the air temperature it may cause your lens to fog or partially fog so that the pictures that you take may be affected. This fogging can also be caused by humidity in the air or from your breath.

During an investigation you need to know if anyone is smoking or if there is any incense burning that may cause a fog. Smoke or a person's breath can cause you to think a picture has evidence of a paranormal event, but there is a natural cause. See the picture (pic B1) for an example, the fog to the left is my breath and nothing paranormal. Another example of your breath can be seen in picture (pic HB), the breath is on the right side and there is also a hair on the left side that appears to be blue.

Continued ...

Continued ...

The hair was placed in front of the lens but not on it and I let out a breath before I took the picture. You can see how you can affect a picture when the weather is right with your breath but you can also see how you affect it with a part of your body like your hair or a finger. See the picture (pic F1) and picture (pic F2) and see how a finger can be just outside or just inside your frame and still cause your picture to be affected. As you can see in these two pictures that they were filled with anomalies but it was just my finger causing them. Not only parts of your body can affect your pictures but the camera's own strap could cause you to think that you have a good picture of a vortex or another type of anomaly like in picture (pic C1 or pic C2). I used a white camera strap to make it more visible, the strap's color has little effect one way or the other.



Continued ...

Continued ...

Because a camera strap, a finger or even a hair will have a dimension you will have to be careful when you are reviewing your pictures. One of the rules that most use is that a true paranormal event caught in a picture will look dimensional and not flat like the lens. So it is important to be careful of how you hold your camera and that you use the lens cover when you are not taking pictures. Most of the people I know that have a camera strap take it off the camera before they go on an investigation.

What you do before an investigation is *important* and shows your ability to get good evidence and to keep it safe. You need to know your camera, how it works and how long the batteries should last. It is best to play with your camera and take many pictures during the day inside and out, with and without flash. This will help you to know what you can expect with your camera when on an investigation.

You need to have extra film if it is a 35mm and an extra memory card if it is digital camera along with extra batteries. You need to have extra batteries for your cameras separate from any of your other devices because of the flash on the camera you need to have the type of battery that works the longest. You need to plan what to wear for the weather and to keep any possible causes of a reflection minimal. You want to be comfortable and not have any problems with your wardrobe or equipment so that the investigation goes well.

I want to touch on the spiritual or what some would call psychic protection. First, if you are not feeling well or are extremely tired you should not go on an investigation for safety reasons. Your energy levels are an important part of your aura and that is your first line of defense against negative energy. You can also have some protective stones, metal or crystals on your person like amethyst, agate, amber, chalcedony, chrysoberyl, hematite, pyrite, snowflake obsidian, silver and iron. These are some of the crystals or stones that I will have on my person when I conduct an investigation.

My jewelry will have a spiritual meaning like a silver cross or will have one of the protective stones in silver. I will also have on my person two or three of the stones in a small bag. To me my jewelry and small bag of stones are as important as having my camera or recorders when I conduct an investigation.



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PHENOMENA FILES

Alchemycal Prosetry (*Imbroglia*, pg. 44)

Imbroglia is presented with permission by Lydia Forrester of Alchemycal Proetry, a group of freelance and sometimes anonymous alchemical writers who enjoy expressing their thoughts in poems and prose and advancing ancient food for thought in modern times.

Star Logic Astroynamics (*Lucifer's Rectangle*, pg.45)

Lucifer's Rectangle is presented with permission by Astrolger Loni Haas of Star Logic Astroynamics. It is based upon the legend of the Dark Satellite by Zolar (Bruce King). (*The Mural* pg. 48)

Olivia Constantino P.I. (*Fingers*, pg. 46)

Olivia considers herself a paranormal investigator in "training." She is a research assistant to her older brother Philip and joins him in his onsite investigations. Olivia has an MS degree in literature and hopes to one day write a book based on her experiences. She works part time in a law firm and as a hostess and says people would be surprised how many personal supernatural tales clients reveal. She makes notes of course.

Holbrook PSI (*Haunted House Quiz*, pg. 49)

Haunted House Quiz is presented with permission by paranormal investigator John Holbrook. All rights reserved.

John Holbrook, Holbrook PSI (*Rules of Paranormal Photography*, pg.51)

John has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

ARCANUS OBSCURUM

ENTER AT WILL ...



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KYMRY INNOCATION

Niamh Ardgall

My tool is my voice and the words pass down the wisdom.

Equal in honor do I pass it thus,
the stones speak in the face of the Sun,

and In the Eye of Light,
the Truth is shown as the Light is shed upon it.

From the Great Circle of All Enclosing,

Oh Great Spirit who is infinite,

Father of all creation,

I proclaim Praise to the Most High!

The time of Earth is eternal passing through fire, quake, wind, and cold.

Paternal Sun sends his star seeds to Maternal Earth,

and man becomes one with all in the sacred Space.

The time of Man is short but renewed as he balances his nature.

Through the two Great Circles of existence he passes,
each to the other, good and evil to weigh.

Then, may he drink from the fountain of knowledge,

in reward for his labors as is his destiny,

with blessings and joy, may he come forth,

Revealing the wisdom again.



Ethical Magic

Angela “Hecate” Abayez



Whenever magic is applied to situations the question of ethics come to the fore. After all the use of magic is a manipulation of that which it is aimed. Here are some things to always bear in mind when spellcasting.

As there are numerous factors that influence life, there are multiple probabilities in the direction factors can take. Many occultists believe in an ethereal plane of thought where ideas take on a reality that can influence occurrences on the physical plane. This is the basis of magic.

Magic requires the planting of suggestions to get others to react favorably towards us in certain situations. Forcibly casting magic that is naturally repugnant to another is not likely to bode well but if a cast is made with regards to whatever is already in someone’s mind success is found in activating those thoughts.

Magic is not about giving the caster power or an unfair advantage over others. Let’s remember that fate does not dole out privileges equally in life and is colored by the irrational biases prejudices and the helter skelter pieces of information spouted out by fellow beings that add to the collective state of being in which we all live. In any particular circumstance, magic should be viewed as just another bit thrown into the cauldron of happenstance. With a little luck things may go your way.

Everything has a vibration including human thought so one’s mental state does effect the vibratory field surrounding you. Negative and harmful spells should not be projected as they have a tendency to not only boomerang but attract back to the sender like a magnet. Use spells only to practice goodwill. Focus on the positive aspects of al situations.

Harm none.

Kitchen Blessing

Alva Lennox

This is a wonderful little blessing I have used many times for myself and others. It is especially advantageous when moving into a new home or even after a renovation. It is also nice to reinstate the blessing on holidays when a good deal of cooking, food preparation and entertaining will be done.

You will need a white candle, a sage smudge and some kosher salt and clean water (not from a tap – spring water is fine).

Prior to speaking the intention make sure the room is clean and organized. Smudge the room thoroughly and mix some salt in the water then sprinkle it about. Remember this is actually a consecration so the kitchen can be used for positive use.

See the kitchen as filling with blessed light as you recite the following:

I make this now my sacred place,
And bless it thus as sacred space,
Heart of my home with warm fires burning,
Special uses with each season turning,
Magic in the food I make,
Love in the care I take,
Healing are the ingredients in my bowl.
They will nurture mind, body and soul,
Empower now my kitchen space,
Bless all who partake with love's embrace.

Pendulum Tests

Eleannor Tighe

Like most spiritual tools a pendulum can be used for light or dark activities. I would advise you stay away from the darkside when using a pendulum because it can bring in unwanted negativity that is difficult to vanquish. That said there are many useful things that can be accomplished with a pendulum. The best occult hours for running these tests are 7-11 A.M., 3-5 P.M., and 8-11 P.M.

Determining sex -This test can be done remotely using the signatures of people you don't know. The pendulum will swing back and forth or over the signature of a male and in a circular clockwise fashion over a female signature. Some use this test over the belly of a pregnant woman to determine the sex of the child.

Character determination via signatures - A pendulum can also be used to determine someone's character with a sample of their handwriting. Put the sample in front of you on a table and watch the action of the pendulum. If:

- *The pendulum gyrates perpendicular across the sample it indicates very high character.*
- *The pendulum oscillates along the sample it indicates generally good character.*
- *The pendulum rotates elliptically the individual often suffers from confusion.*
- *If the pendulum moves counterclockwise the individual may suffer from lack of conscience but is not evil in nature.*
- *If the pendulum moves clockwise the individual has bad character indeed.*

Finding math errors – This test is fun. Have someone give you two slips of paper with a column of numbers on each. Have them include the sum, one correct and one incorrect. The pendulum will move clockwise over the correct answer and clockwise over the incorrect answer.

Determining time – Suspend the pendulum about midway in the center of the glass. Concentrate on the time. The pendulum will strike the sides of the glass for the correct number of hours.

Yes and No answers – Questions for this test can be written on a piece of paper or spoken out loud. Suspend the pendulum over the piece of paper. For yes, the pendulum will move in a clockwise manner and for no, a counterclockwise manner. You can also question the pendulum to see is something is true by stating out loud the possibilities connected to the question. The pendulum will move or cease moving at the correct possibility.

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Friendship – Place an object worn by the other person next to an object worn by yourself. Suspend the pendulum between the two objects. If your relationship is harmonious between the two of you the pendulum will move back and forth between the two objects. If the pendulum moves away from the two objects the person is not good friend material. You can perform this test for other people as well if you have objects worn by them.

Most people know that pendulums can be used for dowsing to locate water, gold and even missing objects. The practitioner holds the end of the pendulum motionless between thumb and forefinger and then asks a yes-or-no question. The pendulum sways left or right, clockwise or counter-clockwise providing the trained dowser with an answer. In my own personal practice I use a pendulum to check energy fields in my environment. I have uncovered several vortexes on my property using a pendulum. I also know an energy healer who uses a pendulum to check and measure the chakras of a client by holding the pendulum over each chakra area. A clockwise spin means the chakra is open and functioning positively and a counterclockwise spin means the chakra needs some opening. The speed and circumference of the spin also speaks about the functioning of the chakra. In ancient times, doctors and scientists made use of pendulums to locate weak or infected areas of the body. During WWII, the military would use pendulums to locate buried bombs. South Africa miners have been known to invite pendulists to help them find precious minerals in the earth. In some religious practices, the thurible or censer is a metal container, hung from one or more chains, in which incense is burned. Incense is sprinkled on hot charcoal and, as the celebrant in a religious ceremony swings it back and forth, smoke rises carrying the aroma of burnt incense and prayerful intentions.

The effect of pendulums has also been studied by scientists. Scientists believe that a pendulum is not moved by spirits or magic, but is moved by the mind. They do concede however that it is moved only by the part that you can't normally communicate with. It is interesting to note from the scientific perspective, the design of the San Francisco International Airport terminal employs mechanical devices called Friction Pendulums to protect the building from earthquake damage. These supports create a pendulum motion that allows the building to sway with the shifting of the ground, thereby reducing the chances of catastrophic structural damage. Industrial buildings and bridges incorporate the same concept.

In closing, I suggest you stay away from the darker uses of a pendulum such as spirit seeking and other worldly divining. Choose wisely.



Entering the Mystery

Willow McFei

Witchcraft as a mystery is as varied as those who seek it. When a person decides to become a part of a coven, sect, society, brotherhood, sisterhood, or even a cult they consider what is of benefit to them through the association. The word mystery itself comes from the Greek word *mystērion*. A *mystery* is defined as the chosen path complete with instructions for conduct as dictated by that particular venue. It is magical.

Mysteries are often based on myth. In ancient times, people relied on the myth of the gods either blaming them or giving them credit for human happenstance. This basic theme progressed until Christianity entered the picture. With the rise of Christianity, many believers in the mystery religions were persecuted and forced underground.

History provides many examples of mysteries from around the world. In sixth century Persia, practitioners of the Great Art and followers of Zoroaster came to be known as magi well known for attending the birth of Christ. Ancient Rome was known for the power of evocation of spirits and those people became known as sorcerers. Anglo-Saxon England was known for those who possessed great knowledge of the occult who were known as the *Wicca* or the *Wise*. The words witch and warlock are derivatives of this.

Some seek the mysteries is to obtain happiness, health and peace of mind. Others merely want to be educated. While these may be good reasons, those who seek for these lofty desires often do not stay with the program because it requires work and dedication. Some of the reasons coming forth for the choice of a path are often misguided in nature. Carnal reasoning can lead to a path of destruction. Coveting power coupled with desire to manipulate is probably the most destructive. For example, in medieval England, *necromancers* evoked spirits of the dead and put them into service to do the will of their masters which was selfish and never done with pure intent.

Continued ...

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Continued...

The mysteries act as a gnosis since each initiate emerges from studies with knowledge unobtainable elsewhere. All mysteries have a three stage common denominator. The stages are preparation, probation and initiation. All are required to learn and memorize the four sacred verbs:

To Will

To will equals determination. It means that the individual is willing and determined to change his/her mind and current manner of thinking despite any circumstances that act as obstacles to accomplish mystery studies.

To Know

To know refers to selection. This means selection of teachers who will guide you to the wisdom you seek. A person's inner compass helps them know if they have chosen the right guides.

To Dare

To dare concerns exposure. It means the new found courage helps the individual study material that is unknown to him/her and acceptance of realization that it will be necessary to change old habits of thinking.

To Be Silent

To be silent has everything to do with respect of the knowledge being taught, to hold it sanctified and never repeat to the layman on a different life path.

Blessed Be





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ARCANUS OBSCURUM

Niamh Ardgall (de Danaan) (*Kymry Invocation, pg. 57*)

Niamh is a Druid and naturalist living in the Northwest USA. A humble service minded individual, Niamh prefers to remain anonymous except to encourage others to reconnect with nature and spend more time outdoors.

Angelina 'Hecate' Abayez (*Ethical Magic, pg.58*)

Angelina is a Pagan practitioner of healing and natural arts. She recently began to study astrology and the complexities of the Enneagram. Angelina enjoys candle making and oil painting in her spare time. One of her favorite subjects to paint is the moon and her paintings have been featured in local art shows in her hometown.

Alva Lennox (*Kitchen Blessing, pg.59*)

Alva is a retired primary education teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it's been a long time coming.

Eleannor Tighe (*Pendulum Tests, pg.60*)

Eleannor Tighe is a retired high school teacher and has been a metaphysician for 40 years. She is a professional Tarotist who does readings part time. She does use a pendulum for dowsing outdoors to detect problems with the environment. She stays away from the darkside uses of the pendulum since she has vast knowledge of and firsthand experience of and knowledge of what can go wrong.

Willow McFei (*Entering the Mystery, pg.62*)

Willow considers herself a White Witch who performs only good deeds. Much of her focus is on herbology and natural remedies and she hopes to open her own shop sometime this year. Willow hails from Vermont where she was born and raised. Her pseudonym of Willow McFei was given to her by her grandmother who is a folk healer and naturalist. Willow has three cats Winkin (white), Blinkin (black) and Nod (grey) who are her constant companions.

Sacred Sciences

A woman with her eyes closed, looking up at a starry night sky. The background features a large, glowing galaxy and the horizon of the Earth at the bottom. The overall mood is serene and contemplative.

I have loved the stars too fondly to be fearful of the night.

Section Managing Editor – Anne Drake Sydney

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Quote by Sarah Williams

The Warrior

He rode forward from the horizon of his life on the gilded tail of Alpheratz,
The Fates prompting him with the promise of an infinitely benevolent Sun,
And Regulus designing the Royal Destiny woven into a Karmic tapestry.

His Part of Fortune thus secured, he grew bold and beautiful,
Brazenly gathering all the jewels offered by this existence,
Jupiter and Venus pleased.

But the Dark Lord stood afflicted and so donned his maleficent robe,
Conspiring with Zosma and Procyon to bring about the fall,
Compelling Mars and Mercury to deny their gifts –

Until he was broken, his bruised spirit cast upon the heap of unfilled dreams,
The once brilliant mind now disposed to a melancholic demise –
The Distant Ones content with the lesson learned.

Hearing his silence, Inanna shed queenly tears carried on Moonlit upon him.

The compassionate rain healing his imperfection and disclosing the Wisdom –

Child of Toliman now, he stood, Soul of enlightenment newly born,

Whilst Saturn coveted the Book of Labors, ever the stern Taskmaster.

And when his Earth hour was done he would be remembered in verse and fable,
Not for wealth or fame but for Sagely Truth borrowed from the burdens of Chiron.

And the Universe resounded in Exaltation.

Rumi and Gibran

Morris Neeley

In the word of spirituality, two of the most inspiring writers are recognized by many as Jalāl ad-Dīn Muhammad Rūmī and Gibran Khalil Gibran. The following quotes by these esteemed human beings come from my collection gathered from Gibran's book *The Prophet* and various internet sources. Each expression is useful as daily uplifts or basis for meditation.

Whatever Gives Pleasure

Rumi

Whatever gives pleasure
is the fragrance of the Friend.

Whatever makes us wonder
comes from that light.

What is inside the ground
begins to sprout
because you spilled wine there.

What dies in autumn comes up in spring,
because this way of saying *no*
becomes in spring your praise-song, *yes*.

On Pleasure

Kahlil Gibran

Pleasure is a freedom-song, but it is not freedom.
It is the blossoming of your desires,
but it is not their fruit.

It is a depth calling unto a height, but it is not the deep nor the high. It is
the caged taking wing,
but it is not space encompassed.

Ay, in very truth, pleasure is a freedom song.

And I fain would have you sing it with fullness of heart; yet I would not
have you lose your hearts in the singing.

Continued ...

Continued ...

Freedom

Rumi

I was ready to tell
the story of my life
but the ripple of tears
and the agony of my heart
wouldn't let me

I began to stutter
saying a word here and there
and all along i felt
as tender as a crystal
ready to be shattered

In this stormy sea
we call life
all the big ships
come apart
board by board

How can i survive
riding a lonely
little boat
with no oars
and no arms?

My boat did finally break
by the waves
and i broke free
as i tied myself
to a single board

Though the panic is gone
i am now offended
why should i be so helpless
rising with one wave
and falling with the next

Continued ...

Continued ...

i don't know
if i am
nonexistence
while i exist
but i know for sure
when i am
i am not
but
when i am not
then i am

Now how can I be
a skeptic
about the
resurrection and
coming to life again?

Since in this world
i have many times
like my own imagination
died and
been born again

That is why
after a long agonizing life
as a hunter
i finally let go and got
hunted down and became free

Freedom

Kahlil Gibran

At the city gate and by your fireside I have seen you prostrate yourself and worship your own freedom, Even as slaves humble themselves before a tyrant and praise him though he slays them. Ay, in the grove of the temple and in the shadow of the citadel I have seen the freest among you wear their freedom as a yoke and a handcuff. And my heart bled within me; for you can only be free when even the desire of seeking freedom becomes a harness to you, and when you cease to speak of freedom as a goal and a fulfillment.

Continued ...

Continued ...

You shall be free indeed when your days are not without a care nor your nights without a want and a grief, But rather when these things girdle your life and yet you rise above them naked and unbound.

And how shall you rise beyond your days and nights unless you break the chains which you at the dawn of your understanding have fastened around your noon hour? In truth that which you call freedom is the strongest of these chains, though its links glitter in the sun and dazzle your eyes.

And what is it but fragments of your own self you would discard that you may become free? If it is an unjust law you would abolish, that law was written with your own hand upon your own forehead. You cannot erase it by burning your law books nor by washing the foreheads of your judges, though you pour the sea upon them. And if it is a despot you would dethrone, see first that his throne erected within you is destroyed. For how can a tyrant rule the free and the proud, but for a tyranny in their own freedom and a shame in their own pride? And if it is a care you would cast off, that care has been chosen by you rather than imposed upon you. And if it is a fear you would dispel, the seat of that fear is in your heart and not in the hand of the feared.

Verily all things move within your being in constant half embrace, the desired and the dreaded, the repugnant and the cherished, the pursued and that which you would escape. These things move within you as lights and shadows in pairs that cling. And when the shadow fades and is no more, the light that lingers becomes a shadow to another light. And thus your freedom when it loses its fetters becomes itself the fetter of a greater freedom.

Joy

Rumi

If you knew yourself for even one moment,
if you could just glimpse
your most beautiful face,
maybe you wouldn't slumber so deeply
in that house of clay.

Continued ...

Why not move into your house of joy
and shine into every crevice!
For you are the secret
Treasure-bearer,
and always have been.

Didn't you know?

Joy

Kahlil Gibran

Your joy is your sorrow unmasked.
And the selfsame well from which your laughter rises was oftentimes
filled with your tears.
And how else can it be?
The deeper that sorrow carves into your being, the more joy you can
contain.
Is not the cup that holds your wine the very cup that was burned in the
potter's oven?
And is not the lute that soothes your spirit, the very wood that was
hollowed with knives?
When you are joyous, look deep into your heart and you shall find it is
only that which has given you sorrow that is giving you joy.
When you are sorrowful look again in your heart, and you shall see
that in truth you are weeping for that which has been your delight.

Some of you say, "Joy is greater than sorrow," and others say, "Nay,
sorrow is the greater."
But I say unto you, they are inseparable.
Together they come, and when one sits, alone with you at your board,
remember that the other is asleep upon your bed.

Verily you are suspended like scales between your sorrow and your
joy.

Only when you are empty are you at standstill and balanced.
When the treasure-keeper lifts you to weigh his gold and his silver,
needs must your joy or your sorrow rise or fall.

Inch by Inch – PYRAMINDOLOGY

Waden Jensen

During the late nineteenth century, a strange intellectual phenomenon called Pyramidology, found its way to both sides of the Atlantic. Pyramidology encompasses the idea that the pyramids were built to contain great mathematical, religious or astronomical secrets. Although for its advocates, Pyramidology tend to fall flat, its mysterious underpinnings throughout history make it a fascinating study.

According to writer Anki Petersson, “A key element in the study of Pyramidology is the pyramid inch. The number of inches point A is from point B, determines, according to Pyramidology, the date for biblical events and their fruition. There seems to be some disagreement, however, among historians as to who developed the pyramid inch.”

So how did this all start? It all began in 1859 when John Taylor, an eccentric British publisher produced a work entitled *The Great Pyramid, Why Was It Built? And Who Built It?* Taylor proposed that the architect who had planned and supervised the building of the Great Pyramid of Giza was not an Egyptian but probably an Israelite (namely the biblical patriarch Noah in some accounts) acting under Divine orders.

According to Greatdreams.com: “Although Taylor had never been to Egypt, the Great Pyramid had long interested him. What he ascertained from his study of it was that the architectural proportions of the Great Pyramid had many interesting geometric and mathematical properties. For example, Taylor discovered that the ratio of the perimeter of the base of the pyramid to twice its height gave a fairly close approximation of the number, or the ratio of the circumference of a circle to its diameter.

Continued ...



Taylor believed that this important universal constant was intentionally incorporated in the dimensions of the pyramid. The presence of the ratio was regarded as particularly amazing in view of the fact that there is no historical record of anyone having calculated an accurate value for it until many centuries after the construction of the Great Pyramid.

With this geometric proportion in mind, Taylor searched for other related properties. He noted that it is approximately equal to $366/116.5$. Of course, it is an irrational number and therefore cannot be precisely represented as such a fraction. Taylor, however, was intrigued by the similarity of the number 366 in the numerator of this ratio to the number of days in a year. By manipulating the number 366 and other dimensions of the pyramid, he concluded that its builders had used a unit of length which differed from the British inch by only a few thousandths of an inch. Twenty-five of these "pyramid inches" made a "pyramid cubit," and 10 million pyramid cubits approximates the length of the radius of the earth on its polar axis fairly closely. These and a series of similar calculations provided what Taylor considered to be adequate evidence that the Great Pyramid had been built as a model of the earth, to serve as a record for mankind of the important dimensions and proportions of the globe.

Taylor's ideas would probably never have become popular except for Professor C. Piazzi Smyth, a British Israelite and the Astronomer-Royal of Scotland. Not only did Smyth accept Taylor's basic assumptions, but he built on them and popularized Pyramidology in Great Britain, America, and on the European continent as well. He published a number of works on the subject including *Our Inheritance in the Great Pyramid* (1864), *Life and Work at the Great Pyramid* (1867) and *On the Antiquity of Intellectual Man* (1868).



Smyth set himself the task of testing Taylor's ideas. As Taylor had done, he studied the measurements and observations made by others who had taken an interest in the pyramid. He did not allow the matter to rest there, however. Largely at his own expense, Smyth traveled to Egypt and spent considerable time in collecting vast quantities of data relating to the pyramid. As a result, he not only convinced himself of the validity of Taylor's claims, but discovered many more facts demonstrating, as he thought, the special nature of the pyramid. The number and variety of geometric, mathematical, physical, geographical and astronomical measurements made by Smyth is truly amazing. A brief description of few such characteristics of the Great Pyramid serve to indicate Smyth's perseverance, attention to detail, and imagination in searching for evidence that the pyramid was more than a mere pharaoh's tomb.

The architecture of both the exterior and the interior of the pyramid supplied Smyth with the majority of the "proofs" for his conjecture. He verified the existence of the ratio by simple trigonometry and a careful measurement of the ascending angle of one of the few remaining casing stones which had originally covered the exterior of the pyramid. He also went to great trouble to measure accurately the length of a side of the base of the pyramid. Using this length, he satisfied himself that the "pyramid inch" had indeed been the unit of length used in building the Great Pyramid, and that this and other pyramid dimensions were closely related to the length of the year in days as supposed by Taylor.

Smyth derived a complex set of numerical interrelationships between such things as the number of stones used in the construction of the inner chambers of the pyramid, the volume and shape of the stone coffer found in the King's Chamber of the pyramid, the number of faces,



Continued ...

angles of the pyramid, and the number of courses of masonry between various chambers within the pyramid, among many other things. For some reason Smyth considered relationships of involved combinations of numbers such as 25, 50, 10, 366, and 9 as particularly significant. He felt that these numbers were included in the pyramid's dimensions as a record of the "perfect" standards of measurement that God intended man to use.

Besides linear measurements, Smyth spent much time investigating other physical properties of the pyramid such as the temperature and barometric pressure in the inner chambers and the weight and density of the stone coffer in the King's Chamber. Again, he derived supposedly important relationships between these measurements, and he concluded that perfect units of weight and temperature were embodied in these dimensions.

The pyramid was found to have interesting geographical and astronomical properties. For example, it is oriented so that its sides point almost precisely due north and south. Smyth believed that it was so constructed by intention, and that this proved that the earth's crust had not shifted significantly since the time that the pyramid was built. He also maintained that the parallel of latitude and the meridian which intersect at the Great Pyramid traverse more land area (as opposed to water) than any other parallels or meridians. Taylor's thesis that the pyramid was a model of the earth was reinforced in Smyth's mind by his verification of the fact that the distance of the earth from the sun is approximately ten raised to the ninth power multiplied by the height of the Great Pyramid. He regarded these numbers as significant, for some unknown reason. These are but a few of the hundreds of measurements and calculations that he put forward as evidence of the pyramid's special nature.

Continued ...



While it is doubtlessly true that the pyramid does have many of the interesting properties ascribed to it by pyramidologists, the real difficulty lies in judging what one can reasonably infer from the presence of them. For example, Taylor and Smyth were both certain that the ratio was present in the pyramid's dimensions by design, and that this indicated some special knowledge on the part of the builders of the pyramid—likely knowledge of divine origin. Yet Taylor himself was aware of the belief apparently held by Egyptians of earlier periods that the pyramid had been constructed so that the area of one of its faces would equal the square of its height. The mathematical sophistication required to achieve this is not great, and in any case a trial and error calculation would soon lead to a close approximation of this proportion. The point is this: if, in fact, the pyramid builders had intended to incorporate the above mentioned proportion, then the ratio of the perimeter of the base to twice the height would be 3.145, which differs from π only in the third decimal place. This is essentially as accurate an approximation of π as Smyth was able to claim from his investigation. So, the ratio could occur as a completely coincidental by-product of a design which would not have been concerned at all with the ratio of the circumference of a circle to its diameter. Thus the inference that the ratio must have been consciously included is unwarranted.

Many of Smyth's calculations and the inferences he based upon them seem artificial and arbitrary. What, for example, is the significance of the number 109 as used in relating the height of the pyramid to the distance of the earth from the sun? What meaning does the number ten million have, other than the fact that there are approximately ten million pyramid inches in the polar radius of the earth?

Continued ...



The pyramid is a rich source of the kind of data Smyth worked with, and it would be surprising if he had been unable to come up with some interesting number combinations after manipulating such data.

The general philosophical problem of attaching the proper meaning to empirical evidence is very difficult. There seems to be no simple, satisfactory way to determine what criteria one should use in deciding, for instance, that certain constructed objects include particular pre-planned geometrical forms and measurements within them if historical evidence is lacking. Clearly individual notions vary greatly. John Taylor and Piazzzi Smyth were utterly convinced that nearly every detail of the architecture of the Great Pyramid was included intentionally, that is, designed. On the other hand most scientists, historians, and even interested laymen are immediately convinced, upon reading Smyth's claims that he inferred far too much from the data he gathered.

In addition, Smyth was hardly a dispassionate, objective scientist when dealing with the pyramid. His writings show that he certainly had a deep emotional commitment to demonstrating "scientifically" that the Christian religion is true, and that he saw his work with the pyramid as a means by which he could do so. Smyth also had a great antipathy towards the metric system, which he regarded as the flawed produce of the minds of atheistic French radicals. Over and over again in his book *The Great Pyramid*, Smyth heaps ridicule and scorn upon the metric system and its inventors for using "unnatural" standard units of measurement. For example, Smyth pointed out that the meter was devised by dividing the distance from the equator to the pole into 10 million parts, while the pyramid inch (and thus the closely related British inch) was based upon a division of the length of the radius of the earth.



He felt that such distinctions made the British system obviously vastly superior, while many readers of his work (even among his contemporaries) regarded such comparisons as ludicrous. Again, Smyth's conviction in this matter was related to the fact that he believed that the British system reflected God's will in that the British units of measure were close to those "discovered" in the pyramid. His reasoning in this respect was quite circular and emotionally and religiously motivated.

It turns out to be more difficult to pinpoint what it is about Taylor's and Smyth's work that makes it seem so implausible than it would at first appear to be. This is perhaps because the underlying problems are somewhat more subtle than they seem on the surface, as in the case of determining what criteria to use in judging how a thing has been designed."

The spread of modern Pyramidology -

According to Anki Petersson:

Madame Helena Blavatsky, (1831-1891), a leader in Theosophy, a mixture of Eastern philosophy and Occultism, gave Pyramidology a ritualistic flavor. According to Madame Blavatsky, "... the interior of the pyramid was used for the performance of sacred rituals connected with the *Egyptian Book of the Dead*, and most theosophists today assume there are vast mysteries of some sort connected with the stone monument that are known only to initiates."

Charles Taze Russell, founder of the Watchtower Bible and Tract Society (Jehovah's Witnesses), published his book *The Divine Plan of the Ages* in 1886. Each copy had a large fold-out diagram dissecting a pyramid and explaining the biblical events it prophesied.



By it we have sought to aid the mind, through the eye, in understanding something of the progressive character of God's plan, and the progressive steps which must be taken by all who ever attain the complete `change' from the human to the divine nature."

It should be noted that often if you question a contemporary Jehovah Witness about this piece of history many will vehemently deny it as being "made up" by detractors. It was in fact part of required study which was later dispensed.

Known as the Sleeping Prophet, Edgar Cayce, (1877-1945), announced startling information to his followers while in his trances. Believing in both Pyramidology and reincarnation, Edgar Cayce, during his trance readings, said the Great Pyramid is 10,000 years old and was built by a consortium of Egyptians, Atlanteans, and itinerant Caucasians from southwest Russia. The consortium was led by Hermes, an Egyptian high priest named Ra Ta (a past incarnation of Cayce), and an adviser named Isis. The pyramid served as a storage place for all the human history and prophecies up to the year 1998 (the time of the Second Coming of Christ, according to Cayce), recording in the languages of mathematics, geometry, and astronomy. Cayce said it also was an initiation temple where, thousands of years later, Jesus was initiated during his "missing years" as preparation for his public career.



The Three Circles of Existence

Rev. Dr. Loni Haas

A Druidic View of Reincarnation –

The Druids believed in a system of reincarnation involving three states of being. This is known as the Circles of Existence and it consisted of three circles representing worlds. The Druids were believers in a form of evolution of souls and that they passed through several successive graduated bodies until at last reaching the human species.

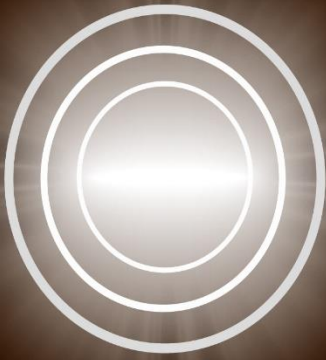
To the Druids, all life began in Annwn. This is the home of the Cauldron of rebirth - the smelting pot of Spirit. Once born the Spirit is within the first world known as the Circle of Abred.

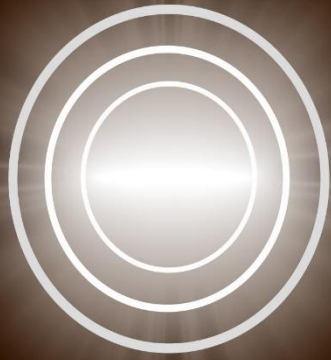
The **Circle of Abred** (the Circle of Evolutions) consists of animal and plant incarnations up to the human level. It is characterized by suffering, ignorance and compulsion. Known as the world where mankind begins in the lower state of existence, it contains a mixture of good and evil, and mankind is taught to make the right choices and to balance his errors. From this lowest world it was believed that man would pass through the Gate of Mortality, into the next circle.

According to the theosociety.org:

- *Three necessary things are there in the circle of Abred, — the primordial origin of life, the protoplasm of all things, mortality and death.*
- *Three things shared by every animated being whilst in Abred, Divine aid without which there could be no consciousness, the privilege of sharing in divine love, and harmonious action with the Divine in order to attain the end and object of their destiny.*
- *Three necessary causes operate in the circle of Abred, that of the development of the bodily structure of every animated being, that of the attainment of universal knowledge, also that of*

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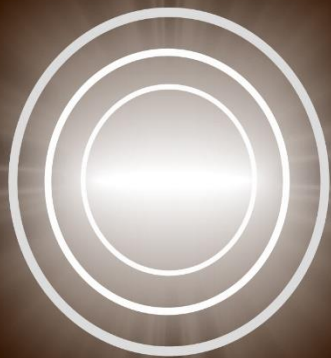




- *Moral Growth in order to triumph over the spirit of evil (Cythraul) and obtain self-deliverance from evil (Droug) for without these there could be no progress.*
- *Three essentials are there in order to obtain perfect knowledge, reincarnations in Abred, in Gwynfyd and reminiscence of past experiences.*
- *Three are the things inevitable in Abred, the transgression of law (natural and spiritual), deliverance by death from Droug and Cythraul, growth of spiritual life.*
- *Three are the essentials to man's triumph over evil, — suffering, calm endurance of change, — liberty of choosing, by which he can determine his own destiny.*
- *Three are the alternatives offered to man, Abred and Gwynfyd (heaven and hell) necessity and liberty, — good and evil, all in equal balance, man being able to attach himself to one or the other.*
- *By three things man falls under the necessity of Abred; ceasing to strive after knowledge, refusing and resisting good — preferring the evil, in consequence of these he descends in Abred to the place for which he qualifies himself and begins again his pilgrimage through the circle of evolutions.*
- *Three principal things to be acquired in the stage of humanity — knowledge — love — and moral power. These cannot be acquired anterior to the human stage but through the exercise of liberty and free choice. They are the three victories. They begin with humanity and attend it through all the cycles of the ages. Three are the privileges incident to humanity — the adjusting of evil and good, giving rise to comparison — liberty of choice giving rise to judgment and preference — increase of moral power. These are necessary in the working out and accomplishment of human destiny.*

The second world is the **Circle of Gwynfydd** (the Circle of Felicity).

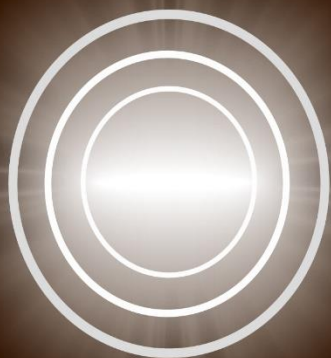
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Continued ...



Known as a place of Bliss or Happiness, it is through this world that men have to travel after they had passed through their terrestrial lives. It consists of spiritual states of being from the human level up and is characterized by joy, freedom and knowledge. Here, there would be neither want nor adversity, sorrow nor death. However if an individual permitted evil affections and passions to govern him, then back he would descend out of the Circle of Happiness, and Death would return him to the lowest circle where he would suffer punishment in proportion to his offences.

According to the theosociety.org:

- *Three are the principal blessings in the circle of Gwynfyd, — freedom from evil, freedom from care, freedom from death.*
- *Three things attainable by man in the circle of Gwynfyd, his primordial genius, — his primordial love and memory of past incarnations without which he cannot attain to perfect happiness.*
- *Three are the Divine gifts to man, — a life complete in itself — an individuality absolutely distinct, — and natal genius. These constitute the personality of every animated being.*
- *Three are essentials to universal knowledge — transmigration through the stages of being — the memory of each incarnation and its experience — the power of passing at will into previous states for the enlargement of knowledge and experience and these are attainable in the circle of Gwynfyd.*
- *Three are the things of endless growth; fire or light, — intelligence or truth, — spirit or life; the ultimate result of which is the rule over all things when the circle of Abred (evolution) will terminate.*
- *Three are the things continually decreasing, darkness, error and death.*
- *Three are the things which ever become stronger, Love, Knowledge and Justice.*
- *Three are the things which daily become weaker, Hate, Injustice, and Ignorance.*
- *Three are the beatitudes in Gwynfyd, the reciprocal sharing of benefits, —*



- — *The willing recognition and ready acknowledgment of individual genius and Universal Brotherhood based upon the love of God. Three are the prerogatives of the Divine, to be self-infinite, to become finite in the finite and unification with all the various states of existence in the circle of Gwynfyd.*

The third world is **the Circle of Ceugant** (the Circle of Space) is also known as the Circle of Infinity. It can only be traversed by the Divine. It holds nothing but God, who is spirit and the one governing force of the universe and nature which watches over us all. It is the ultimate space of creation from which all came and into which all will return.

According to the theosociety.org:

To most people Druidism is polytheistic in character, but this however is not the case because Druidism recognized and inculcated the belief in the unity of the Supreme Being, to whom alone the prayers of the people were addressed. It is however true to say that their belief included that the Supreme Ruler of the Universe was assisted by subordinate divinities, who were supposed to act like angels or messengers that possessed no inherent authority of their own. The Druids were also more open and held a great veneration for the elements and also for all of the different parts of the invisible world, for fire, water, the wind, the earth, trees, rocks, etc. for example. Moreover they held, that each aspect of this visible and invisible world was the seat or temple of a subordinate divinity, or angelic being who resided there and directed its operations. When veneration was given, it was most certainly not to the visible object, whether it was the trees, wind or even the sun, but it was to the Intelligence behind the visible object that the veneration was rendered. Thus they did not adore or worship several gods who were equal both in power and dignity, but only one Sovereign God, who manifested through a large number of subordinate divinities or angelic powers.

Resources: The Encyclopedia of the Occult – John Michael Greer, pg. 107, <http://www.thegalaxyexpress.com>
<http://www.innerlight.org.uk> <http://www.theosociety.org>



ODE TO HYPATIA

Alchemycal Prosetry

(Dedicated to all those who seek truth)

The Heavens should be simple
They are not
The once independent walk by faith
Not by sight
Others question not
But I must
My mind is my only view
Awakening of knowledge and quest
Challenged by theory
When the river becomes too deep
They shall be divers
When the mountain becomes too high
They shall be climbers
I will lead
Discovery requires courage
I fear not
If the Sun shines too brightly
I will bask
When the Moon eclipses with shadow
I light candles

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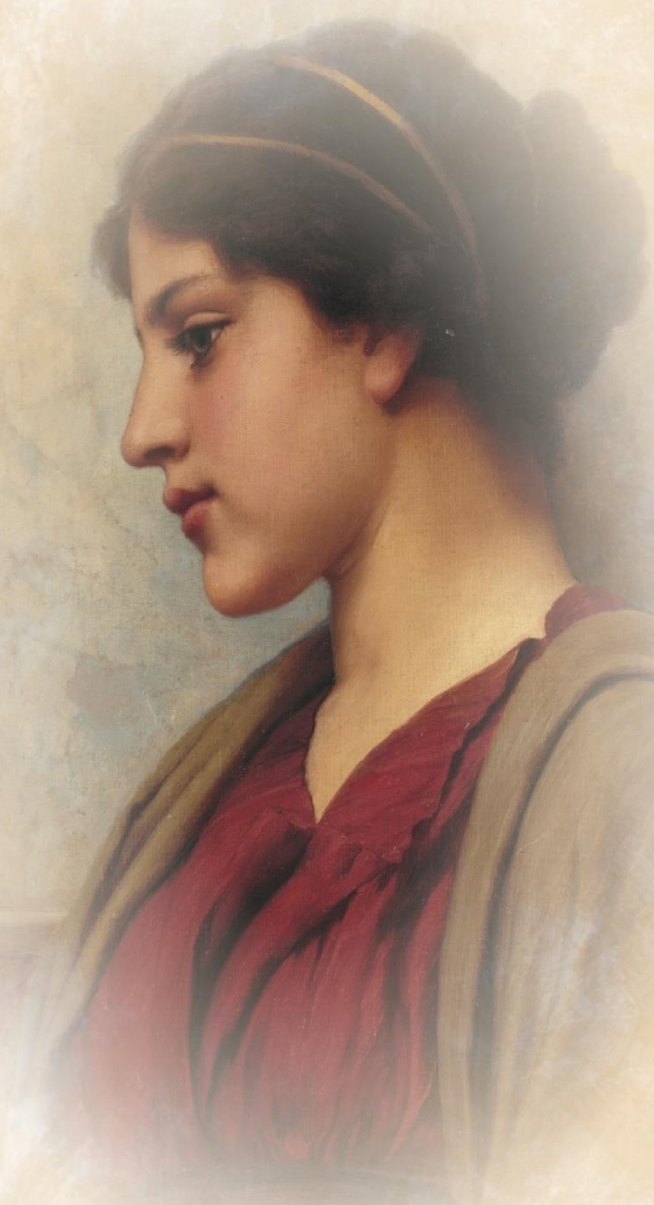
Background Imagery: Pezibear from Pixabay.com, Design: Kim Tsiang



Continued ...

Conquering the deepest dark
Answers come to those persistent
Burdened by consent
Hypothesis not intent on movement
I content to wait
As seconds split the art is lost
I despair not
Old voids shape new truths
Consummation entangles human odyssey
Never to be freed
Beloved ideals strangled by reality
Nevermore upheld
Rewarded by the apostate of victory
Devoid of Brotherhood
False prophet regaled yet despised
With hastened hands they gird themselves
Raiments of despair
And now the clash has ensued
Pulses beat of death
Seized at length and tightly bound
No escape
No relief

Continued ...



Continued ...

Proud men thinking they are gods

Forbidden secrets loosed

The walls crumble and burn

With them my ministry

With them my mind

With them my soul

Cessation of destiny

Crystal dreams turn into dust

All is lost

Enveloped in anguished sheen

I am finished

The blade strikes swiftly

I am free

But Agora lives in memory and mind.

Hypatia was a legend ahead of her time. She was a teacher of astronomy, mathematics and philosophy in Alexandria in 391 AD during the Roman rule of Egypt and the fall of civilization. She believed in the secrets of the Universe including the movement of celestial bodies and was a strong advocate of brotherhood. The prose is based upon a rendition of the life of Hypatia.





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SACRED SCIENCES

Alchemycal Prosetry (*The Warrior* pg.66 AND *Ode to Hypatia*, pg. 84)

The Warrior reflects the life of a regular man as influenced by the signature of his personal astro-nativity. This prose was previously published in *A Quiet Place* (The National Library of Poetry © 1999 ad continuum) and has been presented with permission by Loni Haas, a retired professional astrologer and behavioral therapist living in Atlanta, GA. It is currently archived in Alchemycal Prosetry.

Ode to Hypatia is story prose based on the life of Hypatia a Hellenistic Neoplatonist philosopher, astronomer, and mathematician, who lived in Alexandria, Egypt. Towards the end of her life, Hypatia advised Orestes, the Roman prefect of Alexandria, who was in the midst of a political feud with Cyril, the bishop of Alexandria. Rumors spread accusing her of preventing Orestes from reconciling with Cyril and, in March 415 AD, she was murdered by a mob of Christians led by a lector named Peter. Hypatia's murder shocked the empire and transformed her into a "martyr" for philosophy. Since the late twentieth century, some portrayals have associated Hypatia's death with the destruction of the Library of Alexandria, despite the historical fact that the library no longer existed during Hypatia's lifetime.

Morris Neeley (*Rumi and Gibran*, Page 67)

Morris is a retired engineer currently living in Florida. He has been a metaphysician for 40+ years mainly interested in the spiritual belief systems of different cultures. Morris is a fisherman and enjoys family boating excursions. He has five children and is grandfather to fourteen grandchildren – all boys. He is a big fan of James Bond movies and also enjoys carpentry.

Waden Jensen (*Inch by Inch - PYRAMIDOLOGY*, pg. 72)

Waden considers himself a very private person who dislikes bios. By day he is a business consultant who does extensive traveling in the US and abroad. He likes to spend his spare time as a carpenter mainly creating fine furniture. He currently resides in Washington State.

Rev. Dr. Loni Haas (*The Three Circles of Existence*, pg. 79)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

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“Everything you can imagine is real.”

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Section Managing Editor – Marique Quinn

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Image by Эля Эля from Pixabay.com, Page Design Kim Tsiang

Quote: Pablo Picasso @ goodreads.com

Forever Froze

Mikey Pierog

The greatest moments in life are frozen throughout time.

Beautiful snippets revive hope, that creation is part divine.

Those moments crossed over are like landmines of love.

Yet these ones weren't placed from up above.

Struggles and hardships may keep us bumping our heads.

Yet there are those who look for other means instead.

And in the trials and testing how to act,

Found a new language and ways to react.

So the messages sent out, were not sounds but placements.

Nothing even noticed, pieces in perfect arrangement.

While the board was set, gems made throughout the rough.

Yet when creation came to collect, saw they were part of all the stuff.

Knowing that frozen moments are connected to the whole.

That touch of appreciation was forever stole.

As divine fingers froze,

Holding onto the love they know...



"Floppy Flowers"

Pastel, pencil and ink on 110x77 cm paper



"Molly"

Pencil on A-2 paper



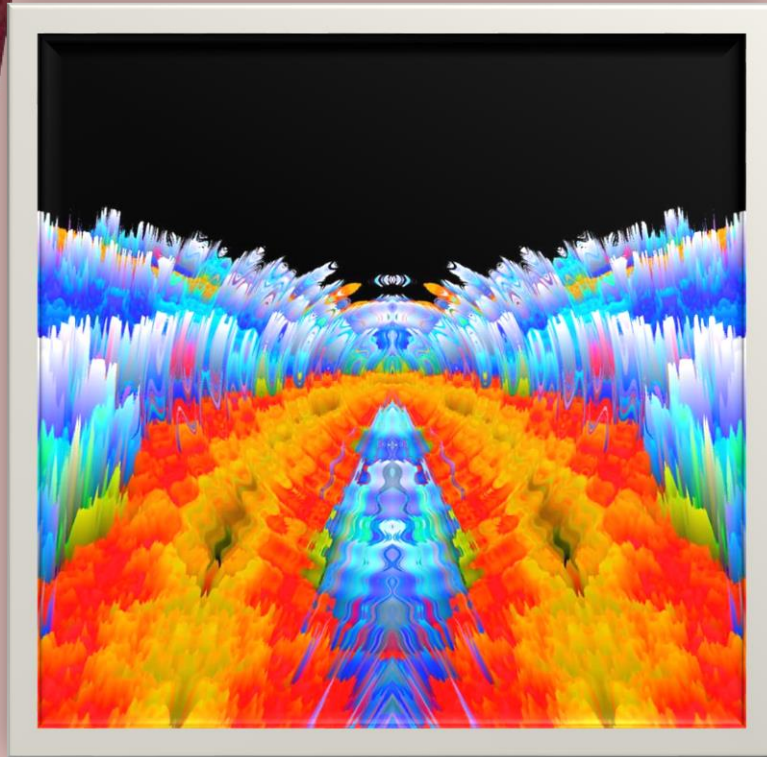
“Janis Joplin”

Acrylic painted. Vinyl LP.



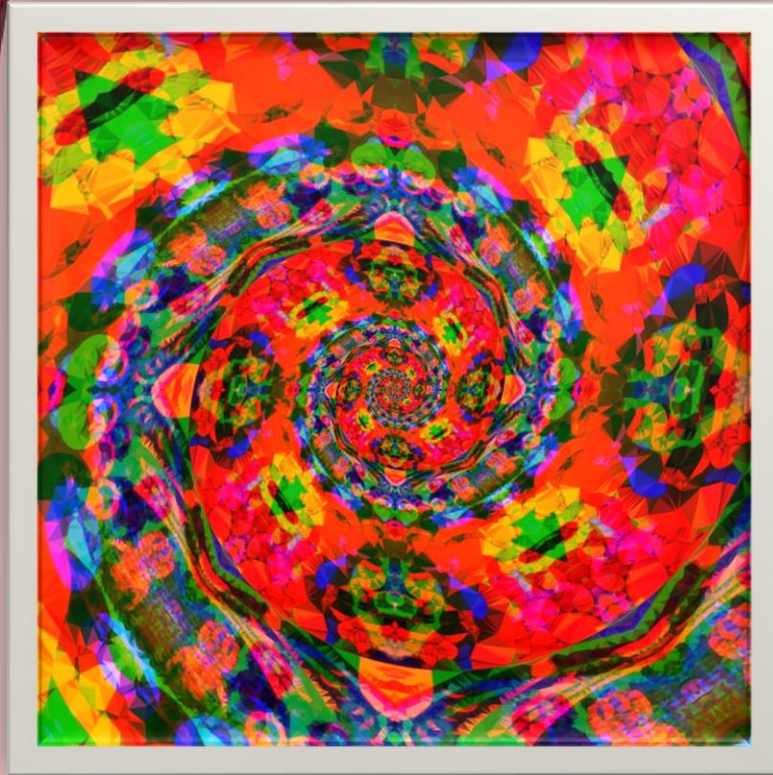
“Gummy Bear”

Computer manipulated image of one of my previous paintings.



“Warp Speed”

Computer manipulated image from one of my previous paintings.



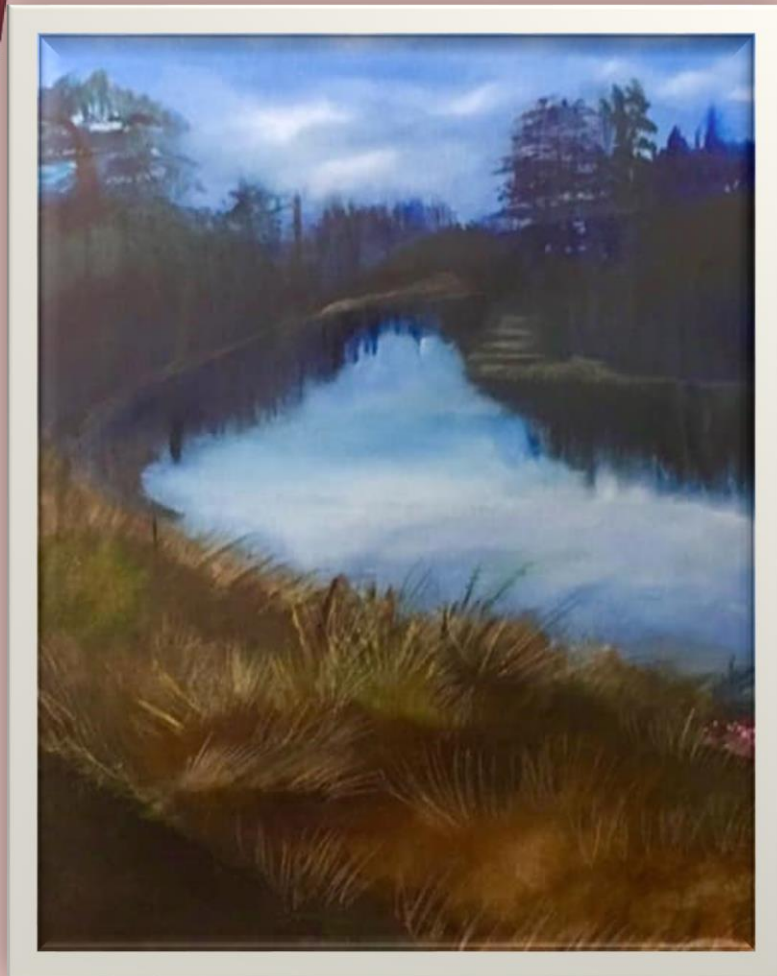
“Lost in Space”

Computer manipulated image from one of my previous paintings.



“Scorpio”

Acrylic on canvas.



“Whitefish River”

Oil on canvas.



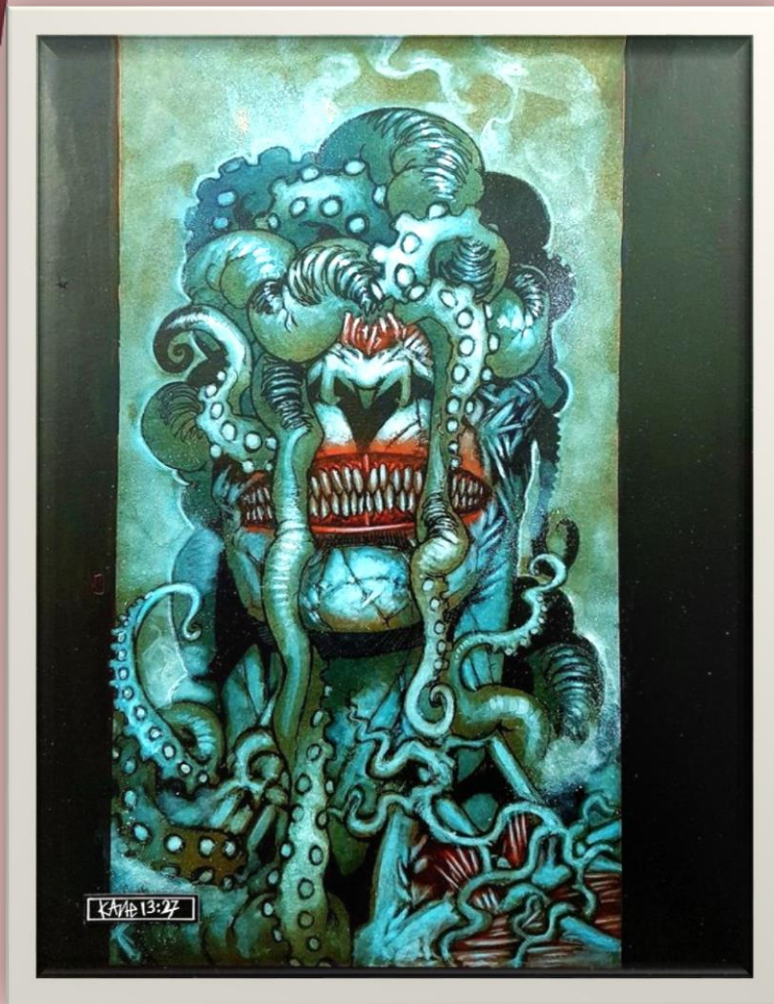
“Surfer Girl”

Acrylic on canvas.



“Nemesis the Warlock”

Acrylic paint over black and white drawing.



“The Deceiver”

Acrylic paint over black and white drawing.



“The Meat Thief”

Acrylic paint over black and white drawing.



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CREATIVE MUSINGS

Mikey Pierog Gallery (*Forever Froze, pg. 89*)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey is an administrator, Poet Laureate and Manager on <https://www.lightforcenetwork.com/>

Lize Madeleine Du Plessis (*Art Gallery, pgs. 90-91*)

A lot of my work is commissioned but when I have a chance to do my own, it must be different and have emotion, from happy colors to dark moods and even with commissions I use my own signature and that is what the clients enjoy. I don't follow a trend or style, I have my own. Although I have fun with my art I take it very seriously as I do writing poems. I don't follow creative trends and I do not follow the masses. I have done group exhibitions, received recognition and accolades. What inspires me? My surrounding, dreams, music and a good challenge. What's my Dream? To have the opportunity to make a gigantic artwork. I do make big paintings but I want to go bigger, secondly to put an artwork in every home, office and the Guggenheim. My artwork can be found at:

<https://www.facebook.com/ContemporaryArtByLize/> ,
<https://www.facebook.com/contemporarydrawingsbyLize>
<https://instagram/ondemandartist/>
<https://twitter.com/ArtistDup>
<https://za.linkedin.com/in/lize-du-plessis-5b711664>

Jeff Church (*Art Gallery, pgs. 92-94*)

I was Texas born and raised. I am an acrylic, mixed media, digital and spray paint artist. I specialize in funky art and digital manipulations of my artwork and photography. My artwork can be found at <https://www.facebook.com/The-Art-of-Jeff-Church-661084990958311/>

Beth Faraglia (*Art Gallery pgs. 95-97*)

I feel most comfortable in nature, by water. In my work I try to capture the way I feel in natural settings as I am laying down the color. Often working from photos I take while traveling I remember what I felt and paint those feelings. More of my work can be seen on Facebook: Beth Faraglia Fine Art and on Instagram @bethfaraglia



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Continued ...

Steve Kane (*Art Gallery pgs. 98-100*)

I was born quite a “while back.” I drew picture of bugs and bones and some people liked them. I also drew pictures of girls with bugs and bone. More people liked them. I wrote and painted the book *THIRTEEN MOMENTS OF DREAD*. My artwork can be found on Facebook and Instagram at the following links:

https://www.facebook.com/search/top/?q=kane%2013%3A27&epa=SEARCH_BOX

Facebook Kane 13:27

<https://www.instagram.com/stevekane1327/>

Instagram stevekane1327



Odd Vant GuardE

It's snowing quackers ...



Section Managing Editor – Oscar “Trashman” Corelli

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Super Hero

The egotistical cripple, can only cause a ripple,
nonsense produced in triple, his blustering
quite mad.

With truth spouting strife, keen to have a life,
brandishing his tongue like a knife, stings both
good and bad.

A man against all things, flies with silver wings,
yet lands with broken springs, thinking he is
grand.

No life spectator, but dream gladiator, heroic
fabricator, taking a faulty stand.

He shies from the light, would rather quarrel
and fight, causing quite a sight, more drama to
make.

Poor advice deemed sound, he leaps tall
buildings in a single bound, no comfort to be
found, it's all quite fake.

Look up in the sky, faster than a bullet passing
by, gone in the blink of an eye, the allure is
useless.

Super Hero man, just a flash in the pan, yet no
law that will ban, a desire so ruthless.

Hiding fears buried deep, seeds sown but never
reaped, until the past began to seep, then it did
pour.

Right became wrong, no hero's song, no
cheering throng, deeds impossible to ignore.

He wished for the best, but didn't see the rest,
and failed the maturity test, dreams could not
suffice.

On emotions he tread, others viewed him with
dread, wishing for a Hero instead, bad roll of
the dice.

Truth, Justice and the American Worldly Way!





META-WEIRD EVE

Jonathan H. Corelli

One of the eye-opening truths of adulthood is that New Year's Eve isn't nearly as cool, fab, and romantic as we often idealized it to be when we were younger. Sometimes it's just plain weird and seems to bring out the strangest who walk among us. This is not restricted to celebration locale as one might assume because some places offer up more weirdness than others on this auspicious occasion. These strangos walk everywhere on the planet.

What comes to mind and is even indelibly imprinted on my mind is one fateful date I had while I was a college junior and still had a mindset that New Year's Eve was an important fete to celebrate. Of course this was a blind date arranged by my roommate and his girlfriend which should have forewarned me but I was young and daring (as well as fascinating and remarkably handsome) and willing to oblige my friends.

All I was told about this girl is that she was a "looker" and a very "spiritual" person.

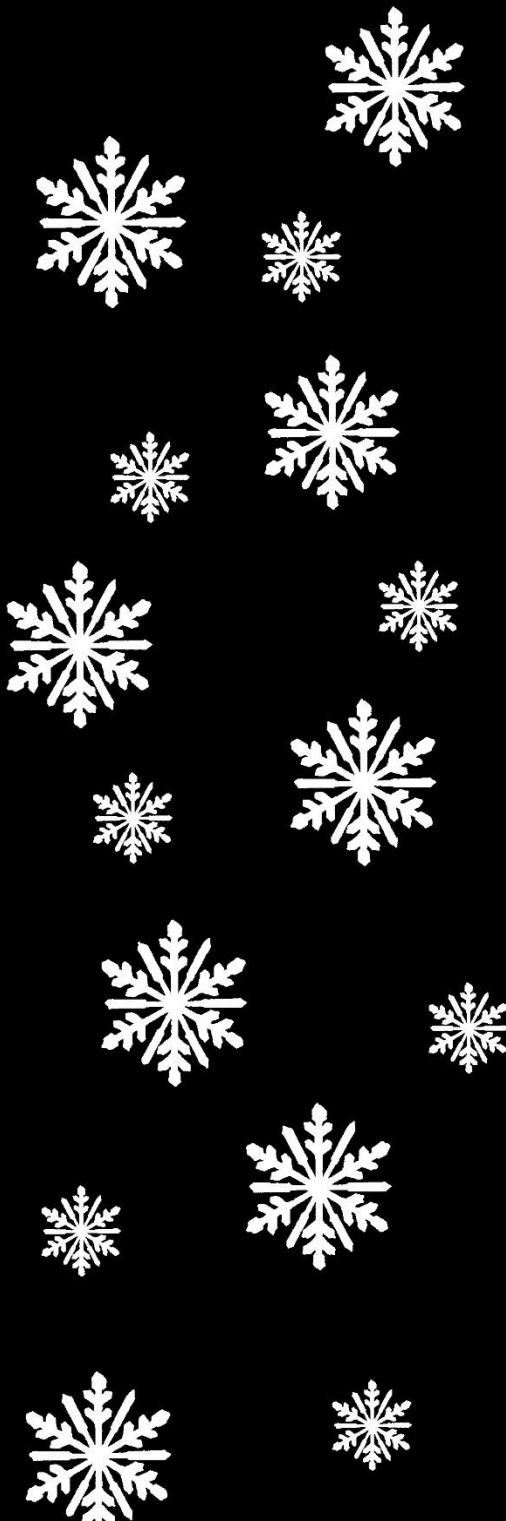
Definitely an understatement.

At that time I was just getting into metaphysics – researching and reading various topics whenever I had some free time. Perhaps this new "hottie" would have some interesting things to say from her own experiences that I would find useful. Surely my charming ways could easily get her to opine away. So, we set out for the party which was being held at another friend's house. Even better – this meet-up, as it saved me from having to pick her up.

The party was already in full swing when we arrived – plenty of holiday cheer to go around being displayed loud and raucous. Our host greeted us and immediately offered drinks while promising a good time. About ten minutes into the soirée, I asked my companions where my date was hiding, then as if she heard me, we spotted a female figure approaching us through the haze of the smoke filled room.

When she came into focus I could indeed see that she really was gorgeous and I immediately became glad that I had decided to come.

Continued ...



Continued ...

I was immediately taken in by this vision of beauty ... this miracle of femininity ... this goddess. My friends performed a quick introduction then conveniently disappeared into the fog. Now there is something to be said about the term “blind date” which I would soon discover but in the meantime let’s just say I was blinded but certainly, in retrospect, not by the light.

I guided her over to a slightly more secluded corner where we could actually hear each other over the din and the conversation commenced.

That was the beginning of the end.

She sounded exactly like Betty Boop. I kid you not. Betty Boop.

Added to this assault on sound, she was using some slang that was a weird combo of Webster’s Dictionary of Lost Words and freely expressed swears along with what seemed like her demented version of Hip Hop. Fortunately I was able to decipher most of it, intelligent and patient man that I am. Her drink was getting low so I asked her if she would like a refill and asked her what she was drinking as I didn’t recognize it (a common occurrence among college students as new concoctions are always being formulated). She told me just to bring her some ice as she had the bottle of “elixir” in her purse. Dutifully I fetched the ice from the kitchen and hurried back to our secluded corner while catching a wink and big smile from my roommate.

When I sat down I noticed she had already extracted the bottle from her purse and was waiting to pour it over the ice. The bottle had no label so I asked her what it was.

“Cactus juice,” she said assertively, “I spent some time out in the dessert last spring and learned how to milk cactus plants from some of the locals. It was so spiritual and enlightening ... the beginnings of a new me! I saw visions after sharing the Peyote and was told to cure others with this stuff. I’m a metaphysician you know ordained by the Great Spirit of the Desert. You can’t go any higher than that. It is real good stuff – fix all yer ills – bust right through constipation if your bowels are hard – make ya spit those sh*t rocks right out of your fat can with blast power AND it will clear up your sinuses in a snappo. Want some for your tum-tum spirit?”

Continued ...



Continued ...

She then shoved her hand aggressively on my stomach and poked it twice telling me my ‘tum-tum’ spirit wasn’t ‘vibrating’ correctly. She said if I removed my ‘browser trousers’ she could run some Reiki on me while loudly claiming she was fully attuned to several alternative varieties.

There was no way in hell I was taking off my jeans.

I declined politely. She asked me if I was sure because I looked a little pale and what was I afraid of as there was no boogie-boo going to get me. When I declined again she yelled across the room to my roommate to validate that whether I was or wasn’t constipated or snot stuffed as she called it. Everyone turned around and looked at me and laughed but I just maintained an air of nonchalance.

This was going downhill fast but I was still willing to give it a try. That’s how exterior beauty affects a man on a blind date.

Now I don’t know *what* exactly was in that bottle of Kick-a-poo joy juice but she was apparently getting tipsy from it.

Next on the agenda was her ‘body art’. She pushed up the sleeves on her sweater and showed me her ‘tats’. Both her arms were covered entirely – no skin showing through at all. She was particularly proud of a full length snake on her left arm with red eyes. She said it was a rendering of a demon she had fought in the desert that reminded her of her success as a warrior. At that time I noticed her arms were very muscular. She obviously worked out. *A lot*. When she flexed her arm muscles, the snake undulated with precision. She then without warning pulled off her sweater to show me more tats. She was totally covered and she proceeded to name every entity inked on her body. When the other males in the room noticed she had partially disrobed they all cheered and whistled then went right back to their drunken stupors. I sat and listened to story after story related to those tats in that high pitched squeaky Betty Boop voice. Most were way too risqué to mention especially concerning body areas where she was pierced. She then without warning, leaned over and started licking my face telling me she needed to taste my energy. She had a good grip on me that was hard to break as she was so strong.

Continued ...



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I did manage to disengage her and stop her licking and was able to persuade her to put her sweater back on.

Ah! Perhaps things were turning around ... but no ...

She asked me if I would like to dance yanking me off the couch and proceeding to execute what looked likesome sort of an ethnic dance performed to appease the gods of yore. Everyone started clapping and cheering and she was wound as tight as a spring. Off went the sweater again. After a feverish display, she jumped up on a table and began yelling:

“I will smite you demons!!! I see you hiding in your *&%\$#@^ human shells!”

Then she looked dead at me and told me, “I will smite you first, you *&%\$#@^ leader of the damned with your smooth tongue and evil wiles!!! I AM A GOD!”

It had occurred to me just prior to this latest assault that the Universe was presenting me with a challenge but it was now a case of fight or flight.

At that point and before she could finish from dancing the hoochy coo dance of death on the table, I informed my friends I was going leave and *would walk the few blocks back to the dorm.*

I ran.

Literally.

PS – Yes, this is a true story. Fortunately I was not dissuaded from studying metaphysics and whatever jokes the Universe has in mind for me.

Tippin’ my hat to you!

Jonathan





TITANIC REVELATIONS

Waden Jensen

It seems as though interest in the Titanic disaster never wanes and the impact it had and still has continues to date. Here are two amazing after the fact tales that will truly make you wonder about Titanic's influence.

"Another Night to Remember"

Throughout history, April seems to be the prominent month for iceberg disasters. On the evening of April 1935, a twenty-three year old seaman by the name of William Reeves was standing watch on an English tramp steamer bound for Canada. His watch was due to end at midnight and as time progressed Reeve grew more and more anxious seemingly without reason. He scanned for any sign of danger but could find none. He wanted desperately to call out a warning but restrained himself for fear of ridicule by his shipmates. Suddenly, the exact date of the Titanic disaster flashed in his mind like an omen - April 14, 1912. This was also the day he had been born. Without hesitation, he called out the warning and the steamer called Titanium came to a halt just yards short of a deadly iceberg looming unseen in the darkness. More icebergs crowded the Titanium and it took Newfoundland icebreakers nine days to free the steamer.

"The Ice Lady"

Another strange after the fact tale of the Titanic took place in March 1988 about 800 miles south of Iceland in the North Atlantic. A Russian destroyer was on maneuvers when a lookout using high powered binoculars to check the horizon spotted an iceberg with an unusual dark spot on it. As the iceberg floated closer to the destroyer it became apparent that the dark spot was woman lying on her back on a ledge of the berg. She was dressed in outdated clothes - a black jacket and a long black dress.

The captain of the destroyer immediately dispatched a motorboat and two divers to go out and take a closer look. After those preliminaries three more men including a doctor went out on the berg and worked for about an hour in an attempt to free the frozen corpse.

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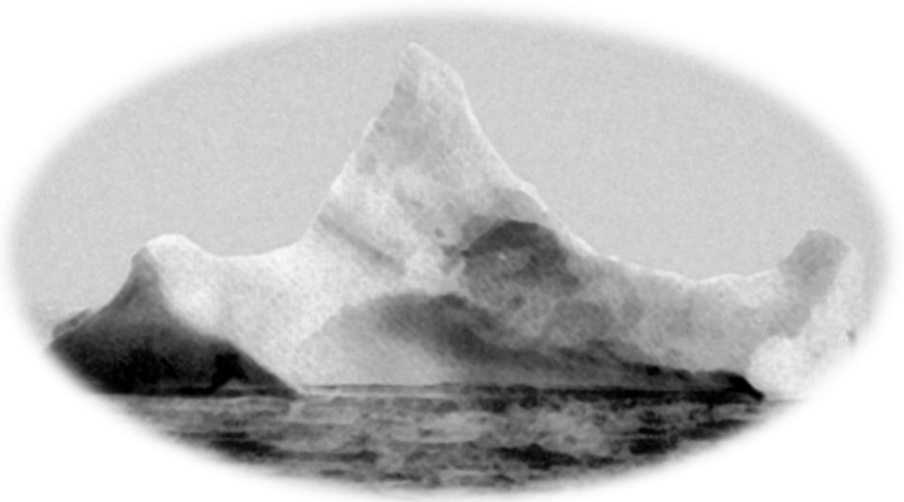


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Upon examination it was estimated that the woman was 25-30 years in age. The corpse was perfectly preserved with the exception of one ankle which was blackened by ice damage.

The woman was transferred to a military hospital in Leningrad where a slow defrosting period was engaged. The woman was so well preserved that it looked like she was only sleeping... even her lipstick looked fresh! During one point in the defrosting process, and much to the shock of those in residence, the woman's eyes flew open and became animated. The eyes then rolled backward and the eyelids flickered and closed. The scientists tried to resuscitate the woman but to no avail. The pockets of her coat held personal belongings... a brooch, a purse with very outdated money dating back to the early 1900s and a number of documents one which identified her as a passenger of the Titanic. It was surmised that she had either fallen or jumped overboard and was swept onto one of the icebergs drifting through the waters.

When the story began to hit the Russian airwaves it was allegedly suppressed by the government because the destroyer that found the corpse was involved in electronic eavesdropping of American submarines. The strangest twist in this whole episode involves a news leak that came to light in 1990. It was reported that Russian scientists had removed the frozen woman's ova cells and were planning to clone her.



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ALIENS AND THE PHILADELPHIA EXPERIMENT

Rifkin the Historian

It's not a new story and has been riddled with theories but ...

The Philadelphia Experiment was a secret US Government project that was conducted around the time of World War II in 1943. The plan was to render a ship optically invisible so it could not be detected by the enemy. The project was conducted by several scientific geniuses of the day and headed by John von Neumann who was a pioneer on the field of Quantum Physics. In his younger days, von Neumann worked with Nicola Tesla who was rumored to have worked on teleportation. For the Philadelphia Experiment (a.k.a. Rainbow Project), a "specialty" mechanism was developed that could surround the ship with intense magnetism and cause enough refraction to achieve invisibility. What happened instead was dematerialization and teleportation.

There were several experimental attempts made all involving the U.S.S Eldridge. They were conducted in the Philadelphia Naval Yard and at sea. On one of these occasions the dematerialization was observed by the crew of the Merchant Marine ship the S.S. Furuseth and several other observation ships. The first experiment allegedly took place at 9:00 am on July 22, 1943. In June of 1934, the Eldridge had been fitted with massive experimental electronic equipment and specialized hardware that would induce the required magnetic field. After the generators were turned on the Eldridge was enveloped in a weird green fog. When the fog disappeared so did the Eldridge... it was not only radar invisible but also optically invisible. When the generators were turned off the green fog reappeared and the Eldridge rematerialized. Upon official inspection after the event it was discovered that the crew above deck were nauseated and disoriented. The Navy removed the crew and recruited a new crew for the next experiment. They decided that they *only* wanted radar invisibility so the equipment was altered.

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The final experiment took place at 5:15 pm on October 28, 1943. Once again the generators were turned on and within a few seconds the Eldridge became near invisible with just a faint outline of the hull viewable. Suddenly there was a blinding blue flash and the ship totally disappeared. A few seconds later the ship was seen many miles away in Norfolk, Virginia where it was seen for several minutes before it once again disappeared. It then reappeared in the Philadelphia Naval Yard. Instead of cloaking the Eldridge in invisibility the ship was actually caught up in a time rip when the experiment went out of control. Some believe that the “tunnel” which exists in time and space is still open today. When the Eldridge finally “reappeared” the crew was deeply affected by the temporal and spatial distortion. Many were labeled mentally unfit. Worst of all some crew members were fused to the bulkheads of the ship. After several years, a former crew member of the S.S. Furuseth known as Carlos Allende aka Carl Allen and wrote a series of letters to a Dr. Morris K. Jessup in which he claimed to have witnessed the disappearance of the Eldridge. Of all the survivors that were on the U.S.S Eldridge during the experiment, Al Bielek (1927-2007), Preston Nichols, and Duncan Cameron came forward to discuss the event. Bielek believed that his memories of the events were “flushed” until age 55 when he decided to try regression techniques. He believed that all of the survivors of the experience also had their memories flushed claiming that it is very easy for the government to create a “non-person.” To date, the Navy denies any participation in the Philadelphia Experiment.

Some stories involving the Philadelphia Experiment reveal that there was strong alien involvement with the technology. Who were they? According to popular theory the principals were from the star system Orion. In the annals of alienology those who hail from Orion are reptilian in nature. Also allegedly involved are aliens from Sirius A who are described as 6 ½ feet tall with short blonde hair with blue eyes that have cat like vertical pupils. These entities are apparently part of a disruption/control game involving human kind. A third group of small gray aliens known as Leverons probably from Zeta Reticuli also took part in the plan.

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These groups and in particular the Sirians had the know-how to create time/space tunnels and the Eldridge and its crew unfortunately did not experience the process as it was intended.

Even more bizarre is a story that states that aliens of unknown origin were inadvertently sucked into the tunnel with the Eldridge. There is little known about them except for supposed eye witness descriptions that they were “human-like” and about 6 feet tall with dark leathery skin. Although the Eldridge reappeared these aliens did not. Perhaps they had a better road map.





One Day

Craig Hawthorne

One day Mephistopheles came my way, I took a courteous bow and poked him in the eye,

And ran up to Eris, a cheeky wee lass, who raised her skirt in greeting,

I took her apple and gave it to Zoroaster, a serious chap, who needed to lighten up,

On to Shiva who shook my hand again and again and again,

I was finished with him, passed Buddha under his tree, waiting for Christ knows what,

Out of the corner of his eye old Horus did spy, me sneaking

Up to Persephone for I wanted a kiss from one who cannot die,

Jove came down from his mountain town to usher me away,

"Go play with Venus instead",

Tricky thought I for too many aspects has she, so off ...

To bug Quetzalcoatl, for a feathered snake must be seen,

But he wasn't home so I knocked on Isis's door. Osiris answered,

Said I "I hear your wife has a dress that has to be perceived",

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He gave a chuckle, and shooed me on, past Hermes who exclaimed,
"No three times I said" and took poor Thoth's pen away, Krishna played,
As Artemis came my way to see if I would go hunting instead,
With you and Hu I would be pleased but Hades said "Sshh mine are sleeping"
So with that I sailed on Poseidon's back whilst gazing up at Nut,
But Tiamat shook her coils, and threw me to shore,
Where Yahweh, Odin and Amun,
Were in deep discussion about all creation,
When stopped was I with a glint in my eye, by one I strained to see,
"I see you're having fun with aspects of me" said it,
I fell from my feet, for it is not often you greet,
The all that is in ALL.



AUTHOR BIOGRAPHIES



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ODD VANT GUARDE

Alchemical Prose (*Super Hero*, 104)

Super Hero is presented with permission by Lydia Forrester of Alchemycal Prose, a group of freelance and sometimes anonymous alchemical writers who enjoy expressing their thoughts in poems and prose and advancing ancient food for thought in modern times.

Jonathan H. Corelli (*Meta-Weird Eve*, pg. 105)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."

Waden Jensen (*Titanic Revelations*, pg. 109)

Waden considers himself a very private person who dislikes bios. By day he is a business consultant who does extensive traveling in the US and abroad. He likes to spend his spare time as a carpenter mainly creating fine furniture. He currently resides in Washington State.

Rifkin the Historian (*Aliens and the Philadelphia Experiment*, pg. 111)

Marc Rifkin is known as 'The Historian' a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat "Rifkin's Unknown Surprise."

Craig Hawthorne (*One Day*, pg. 114)

Craig hails from the UK and considers himself just an ordinary guy. He believes one's first step to finding truth normally starts with dis-satisfaction, an inkling that what you've been told "it is" isn't quite the whole story. Explanations provided by religion, history, science and politics don't cut the mustard, so off you delve into the compendium of humanity in a quest for The Truth.



*The Staff Of Discerning Minds wishes
you a healthy and joyous 2020 filled
with special miracles and blessings!*