

## Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES \* ESOTERICISM \* ARCANA \* CREATIVE THOUGHT \* PHILOSOPHIC TRENDS

Volume 19 - "What is your element?" - Fall 2021

What's Your Perspective?



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## What's Your Perspective?

#### Don't judge a book by its cover, rather, by what you uncover.

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Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact <u>editor.discerningminds@gmail.com</u> with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. **Only original** articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

Content sections are:

*The Human Condition* – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, personal meta-musings.

A Matter of Spirit – Esotericism, Higher Mind, Karma/Dharma, miracles, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

*Body Temple* – Alternative health, holistics, ancient and new healing, mind methods, auras.

*Phenomena Files* – Paranormal, extranormal, ultra-normal and unexplained experiences, Parapsychology, cryptids, UFOs, curses.

*Arcanus Obscurum* – Ancient theories, Nature, magical arts, crystals, symbology, shamanism, hermetics, alchemy, visions, Kamea, divination, secret societies, brotherhoods, angels and daemons, obscure deities.

*Sacred Sciences* – Metaphysical, Mastership, Astrology, Cosmobiology, channeling, Numerology, Palmistry, Runes, prophecy, pendulum, crystals, animal totems, OBE, Qabalah, Tarot, quantum, psychism, codes and cyphers, conspiracy theories, meta-history, alternative paths.

*Creative Musings* – Original artwork, poetry, prose, fantasy tales, stories with morals or messages.

*Odd-vant Guarde* – Atypical, curious, paradox, eccentric or uncanny chronicles and yarns. Quirkology.

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The Human Condition

You can make heaven out of hell, or hell out of heaven. The choice is yours.



Section Managing Editor – Dr. Daria Novicki

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## **Of Human Nature**

By Ali "Zephyr" Nizen

Get into the creepy corners and clear out your mind –

You fully know that there are things you need to leave behind –

People, places, bad decisions merely bog you down –

It's time you stopped being everybody's clown.

Dig out all the muck and mire thought has given you –

Shed light in the darkest cracks as you renew –

Old demons will rise and try to coax you back –

Bad habits looking comfortable pull you in with tact –

Turn around, look away, and push them off your track.

A New Life is in store for you today -

It beckons you to hasten in before you have to pay –

For old sins hold you down and grasp your soul to slay –

Shed that skin and move quickly from the shadows –

Step into clarity and the promise of the Future's green meadow.

# Jeepers Creepers

By Thomas Carroll

If asked, most psychologists will tell you what an individual deems creepy largely depends upon the response to the ambiguity of the threat. The state of creepiness has been associated with "feeling scared, nervous, anxious or worried", "awkward or uncomfortable", "vulnerable or violated." Accordingly if someone, something or a location feels too creepy to and is setting off a fight or flight alarm you should really step away from the person or place. Guts have never been known to lie and every once in a while you should judge a book by its cover.

#### **Creepy physical traits -**

Now to be fair, the listed can be due to certain medical conditions, genetics and hygiene however this is the most agreed upon.

- bulging eyes
- long fingers, boney fingers
- o pasty skin
- o greasy hair
- o dark eye bags
- dirty or weird clothes
- lips licking
- o gross deformities

Several years ago, Psychologytoday.com recruited volunteers to fill out an online survey through Facebook, and ended up with a sample of 1,341 individuals (1,029 females, 312 males) ranging in age from 18 to 77 with a mean age of 28.97. Continued ...

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*The study confirmed the following:* 

- Perceived creepy people are more likely to be males than females.
- Females are more likely to perceive sexual threat from creepy people.
- Occupations do differ in level of perceived creepiness. Clowns, taxidermists, sex-shop owners, and funeral directors were at the top of the list.
- Unpredictability is an important component of perceived creepiness.
- A variety of non-normative physical characteristics and nonverbal behaviors contribute to • perceptions of creepiness.
- Participants did not believe that most creepy people realize they are creepy, nor did they believe that creepy people necessarily have bad intentions. However, they also believed that creepy people could not change.

The most frequently mentioned creepy hobbies involved collecting things, such as dolls, insects, or body parts such as teeth. Bones or fingernails were considered especially creepy; the second most frequently mentioned creepy hobby involved some variation of "watching," such as taking pictures of people, watching children, pornography, and even bird watching and Big Brother politicians.

#### **Creepy places** –

Some places have "bad energy", a feeling that something is "off" or giving you the creeps. These creepy places can be abandoned or haunted houses, the sites of burial grounds or scenes of murder or battles. But even trails in well-trekked forests and National Parks have been known to give hikers these vibes. Your body reacts for involuntary, primeval reasons - your pulse quickens, the hairs on the back of your neck stand on end, you feel uncomfortable. These feelings are often stronger walking with a small child or with a loved partner.



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In creepy locations you may automatically fall into a state of hypervigilance which helps keep you safe from human or animal harm. Do remember that there are natural and supernatural circumstances that may be at play:

- Negative energy caused by an event murders, wartime battles
- Meteorological changes can cause sudden unease in both animals and humans
- Influence of the lunar cycle the light from the moon and its impact on circadian rhythms
- There has been some research done, most notably by Vic Tandy, that found that there is a certain range of sub-audible frequencies around 19Hz that can provoke feelings of fear and unease in humans. In his case, he was in his lab when he started to feel distinctly "not alone" and even believed he saw something like a spirit. This phenomenon is known as Infrasound.
- Supernatural elements e.g. ghosts or portals/other dimensions
- Carbon monoxide has been known to impact the senses in closed spaces

#### Creepy items -

Yes items can also give you the creeps. While some folks love old items (the more antique the better) they give some people the creeps. I know one woman who will allow no antiques into her home unless they were "in the family."

Our winners are:

- o Dolls and mannequins. (These head the list)
- Spiders and spider webs
- o Clowns
- Ventriloquist dummies
- Faceless paintings
- Deep water

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Whatever creeps you out – get the hell out of Dodge unless you feel it is so irrational you want to so the work to overcome it. So how brave are you?

https://www.today.com

https://www.psychologytoday.com/us/blog/out-the-ooze/201505/how-we-decide-whos-creepy

https://www.strangeoutdoors.com/questions-answers/weird-vibes-in-the-wilderness

https://www.ranker.com

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## Stranger Things

By Mystagogue

Did you ever recall a memory from childhood that was very strange but could not put your finger on the source? Has it persistently popped into your mind over the years? Was it a dream or a vision? Was it fanciful imagination or a sign from another world? In both of the experiences I had the memories are quite vivid and detailed and in both cases the sequences were cut short like someone turning off a switch. To this day I don't know if that shutting down was intentional on my part or the part of something else.

In the first experience I was about 5 years old. At that time the family lived in a three story apartment house on quiet a street. Each floor of the building had its own porch and I used to like sitting on the front steps looking up at the sky and surrounding scenery. It was a sunny day in general but if I looked high enough into the sky I saw some busy clouds floating past the sun revealing more light as new clouds rolled in to obscure the view. I remember looking up and seeing the clouds totally depart and then a gigantic pair or what looked like black angel wings appear in front of the sun and begin to descend downward towards me. There was no body to it animal or human ... just wings. Theses enormous wings were flapping slowing moving closer. I wasn't afraid just mesmerized as I watch those wings descend. Then, that was it – the whole scene just stopped. I can still remember it with great clarity and have never been able to qualify it. If it was imagination, I doubt I would have conjured up black wings as my religious conditioning up to that point would have led me to create white wings if this was an angel. Whenever this image would pop up in later years I engaged my reasoning skills to try and figure it out. Had a large crow flown into my line of vision and I was sky gazing, some of it obscured by the sun? Was it some sort of cloud formation that my brain reasoned were wings? Was it and omen? Was it a message? Was I hallucinating (which would be unlikely for a 5 year old)? Was is a special vision meant just for me? What in blazes was that thing? I never found out and at this point I am not sure that I want to find out. I should add that others in the metaphysical community have been able to figure it out either.

Continued ...

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The second experience happened when I was about 9 years old. The younger age baseball leagues used to schedule games down at the local high school field which had a brand new baseball diamond that was built in the field next to the school. Behind that was the football field. Kids who didn't want to watch the game used to play up on the football field which involved a lot of running around. Again, this event was totally cut short at a particular point so I have no idea if something ensued afterwards. I did not know the other kids who were from the surrounding neighborhood but all kids have an uncanny knack to get along with one another despite that fact. We were walking up the field towards the goal posts when a liquid silver cigar shaped object appeared above us. It had no windows or visuals and made not a single sound. It was moving slowly. We all stopped to look. It halted in midair and hovered and my impression was that it was not that far above us. And that was it. The whole thing was cut short. Was it a dream or vision? Was is a UFO? Were we abducted? I was not aware that anyone else by the baseball diamond had seen it so was it just interested in this group of kids. I never got an answer to this one either.

Were these episodes merely glimpses into budding psychic abilities? I like to think they were.

### THE HUMANS

By Matt Haig

Humans, as a rule, don't like mad people unless they are good at painting, and only then once they are dead. But the definition of mad, on Earth, seems to be very unclear and inconsistent. What is perfectly sane in one era turns out to be insane in another. The earliest humans walked around naked with no problem. Certain humans, in humid rainforests mainly, still do so. So, we must conclude that madness is sometimes a question of time, and sometimes of postcode.

Basically, the key rule is, if you want to appear sane on Earth you have to be in the right place, wearing the right clothes, saying the right things, and only stepping on the right kind of grass.

To experience beauty on Earth, you needed to experience pain and to know mortality. That is why so much that is beautiful on this planet has to do with time passing and the Earth turning. Which might also explain why to look at such natural beauty was to also feel sadness and a craving for a life unlived.

Freaks

By Dr. Dave

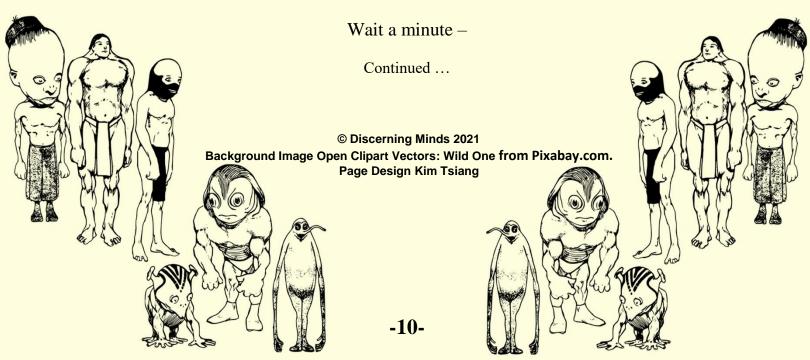
"We're freaks, that's all. Those two bastards got us nice and early and made us into freaks with freakish standards, that's all. We're the tattooed lady, and we're never going to have a minute's peace, the rest of our lives, until everybody else is tattooed, too." — J.D. Salinger

"Are you sincere? Are you yourself? Are you as you look? You don't have a mask on your face? You speak what you think? Then you are real, then you are not fake!" — Mehmet Murat ildan

Are you a freak? If you are fake you are. If you listen to fake, you are as well.

The human race has become very adept over time in hiding or disguising fake agendas. That's correct: 'fake agendas' because a human being can't literally be 'fake' but their modus operandi based in ego needs certainly can and are fake AND destructive. Fake news for example which has been causing major disruptions and even destruction is generated by fake people for ego purposes of power and control. So you can spend a good deal of time perusing psychology books looking for those dark motivations and the reasons for them or you can simply use your own discernment buoyed by a few very obvious human personality traits.

The most blatant sign is someone who is constantly looking for attention - the proverbial 'show off'. Depending upon degree of severity this can qualify as what is known as Histrionic personality disorder or HPD. Someone with histrionic personality disorder wants to be the center of attention in any group of people at all times, and they feel uncomfortable when they are not. The pattern is generally long standing. People with histrionic personality disorder will crave novelty, stimulation, and excitement and have a tendency to become bored with their usual routine. These individuals are often intolerant of, or frustrated by, situations that involve delayed gratification, and their actions are often directed at obtaining immediate satisfaction. At first this may all seem rather amusing but it gets old rather quickly. Fakes will also generally try very hard to get people to like them, however this does not apply to ALL people but rather to people they respect.



Can't that statement be true of most people? Surely to get ahead in business a person would sure want their boss to like them so they could get ahead. The answer is yes but, the difference is the office buddy you thought my be a work ally will have no trouble stepping on you and might go as far to lie and ruin your reputation in achieving his or her goal. Aren't all work environments dog eat dog you ask? Perhaps but you will also notice that in most cases the dog eater falls almost as quickly as he has risen. It might take a while or happen rather quickly. All of this applies to social situations as well. The Universe is funny like that.

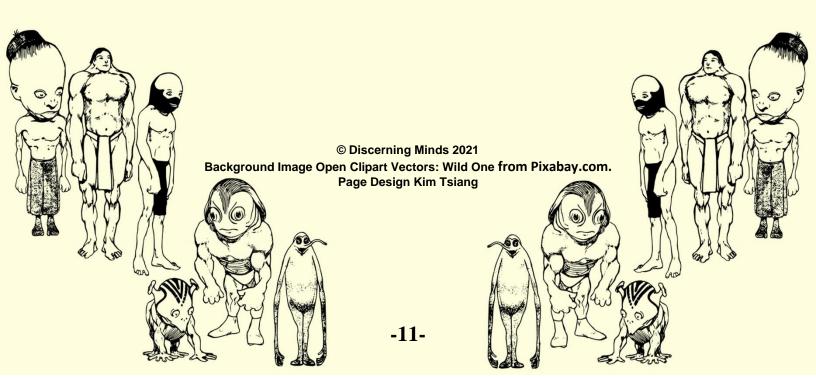
You might also notice that fakes are only "nice" when they have a hidden agenda and want something. This will become apparent when they try to draw others into gossip. They can spin a whale of a tale and be very persuasive. Once they have captivated your attention to their soap opera you can also expect to hear criticism of others and situations as they close the net on what used to be your good judgment. They will have you thinking they are the best thing to come along since the Hershey Bar and anyone else involved is dog meat. If you drink that Kool-Aid in very short order you will notice the fake not keeping any commitments or promises. Why should they honor that? After all you took it in hook, line and sinker.

Freaks - the Master Fakers.

Remember:

"When you see the genuine, you don't deal with the fakes anymore." - Nima davani

Drop the sideshow.





AUTHOR BIOGRAPHIES



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#### THE HUMAN CONDITION

#### Aly 'Zephyr' Nizen (Of Human Nature, pg. 2)

Aly 'Zephyr' Nizen is a registered nurse who hails from the northeast USA. On the weekends she teaches Yoga classes for adults and children. She is known for her patience and skill which combines several different disciplines that she filters into an understandable western view based upon the mental and spiritual level of her students. In her free time, she allows her muse to guide her as she pens what she refers to as 'human observation shorts.'

#### Thomas Carroll (Jeepers Creepers, pg.3)

Thomas is a Hermeticist who enjoys studying old manuscripts and books on ancient arts and sciences when he can find them. He is also into antiques and their restoration and the histories connected to family heirlooms. He also enjoys some sailing and classic car restoration. Thomas has walked many magical paths, which if nothing else, taught him the necessity of balance in all endeavors. You can visit Thomas on the <u>www.lightforcenetwork.com</u> website where he is an administrator.

#### Mystagogue (Stranger Things, pg. 7)

Mystagogue is a Light Force Network member in good standing. She wishes to remain anonymous until the day the two mysteries depicted in her article are solved.

#### Matt Haig (The Humans, pg.9)

Matt Haig is an English novelist and journalist. He has written both fiction and non-fiction for children and adults, often in the speculative fiction genre. Quote is from Goodreads.com

#### Dr. Dave (Freaks, pg.10)

Dr. David A. Calo is a retired psychologist living (undercover) in northeastern Connecticut. Having specialized in abnormal psychology and the criminal mind, and aside from private practice, David spent a good many years in an advisory capacity to the penal system in various states across the country. In retirement David enjoys fly fishing (which he considers meditation) and hiking. Dr. Dave is a member in good standing and frequent visitor on the Light Force Network.

A Matter Of Spirit

## Goodness is something chosen. When a man cannot choose he ceases to be a man.

Section Managing Editor – John "Salaam" Solis © Discerning Minds 2021 QUOTE: Anthony Burgess @ Goodreads.com Image by nexusplexus from 123rf.com, Cover Design: Kim Tsiang "Pity the nation that is full of beliefs and empty of religion.

Pity the nation that wears a cloth it does not weave and eats a bread it does not harvest.

Pity the nation that acclaims the bully as hero, and that deems the glittering conqueror bountiful.

Pity a nation that despises a passion in its dream, yet submits in its awakening.

Pity the nation that raises not its voice save when it walks in a funeral, boasts not except among its ruins, and will rebel not save when its neck is laid between the sword and the block.

Pity the nation whose statesman is a fox, whose philosopher is a juggler, and whose art is the art of patching and mimicking

Pity the nation that welcomes its new ruler with trumpeting, and farewells him with hooting, only to welcome another with trumpeting again"

Pity the nation whose sages are dumb with years and whose strongmen are yet in the cradle.

Pity the nation divided into fragments, each fragment deeming itself a nation."



## SPIRITUAL WARFARE

Various Prayers of Defense from Around the World Compiled by Holyman Preter

#### **Prayer of Command - Christian**

In His name and by the power of His Cross and Blood, I ask Jesus to bind any evil spirits, forces and powers of the earth, air, fire, or water, of the netherworld and the satanic forces of nature. By the power of the Holy Spirit and by His authority, I ask Jesus Christ to break any curses, hexes, or spells and send them back to where they came from, if it be His Holy Will. I beseech Thee Lord Jesus to protect us by pouring Thy Precious Blood on us (my family, etc.), which Thou hast shed for us and I ask Thee to command that any departing spirits leave quietly, without disturbance, and go straight to Thy Cross to dispose of as Thou sees fit. I ask Thee to bind any demonic interaction, interplay or communications. I place *N. (person, place or thing)* under the protection of the Blood of Jesus Christ which He shed for us. Amen.

#### Prayer of Protection against Djinn - Islam

"I seek refuge in Allah from Satan the outcast. Allah! There is none worthy of worship but he, the ever-living, the one who sustains and protects all that exists. Neither slumber nor sleep overtakes him. To him belongs whatever is in the heavens and whatever is on the Earth. Who is he that can intercede with him except with his permission? He knows what happens to them in this world, and what will happen to them in the hereafter. And they will never encompass anything of his knowledge except that which he wills. His throne extends over the heavens and the Earth, and he feels no fatigue in guarding and preserving them. And he is the Most High, the Most Great."



#### **Special Prayer for Protection at Night - Hebrew**

In the name of Adonai the God of Israel: May the angel Michael be at my right, and the angel Gabriel be at my left; and in front of me the angel Uriel, and behind me the angel Raphael... and above my head the *Sh'khinah* (Divine Presence).

Continued ...

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#### **Prayer to Ogun for protection – African**

Orisha, protector, God of fights for an ideal! Bless me, give me strength, faith, and hope.

Lord Ogun, the god of wars and demands, deliver me from impediments and my enemies.

Universal Prayer for Protection – Metaphysical

Protect me (us) from death Protect me (us) from sickness Protect me (us) from litigation Protect me (us) from loss Protect me from the hands of ....(add anything else you want to be protected from)

I pray that for long life, good physical, spiritual and mental health I pray for a cool head and coolness in the world I pray for fortitude I pray for resiliency I pray for clarity I pray for courage I pray for a self-love

#### https://www.stmichaelmonroe.com https://www.thenotsoinnocentsabroad.com https://www.jewishvirtuallibrary.org https://yourprayernow.com/

https://mijente.net



# Negative Entities

#### Their True Nature and Means of Eradication

By Matt Sharpe

Negative entities, Demons, psychic vampires are some various terms used by many to describe the very same sort of creature, and unmistakably these fall into two definite categories of differing intensity. The first are self- created, caused by a malignancy in one's own thought and/or emotional patterns, and these to be sure, can and do take on a life of their own after their creation. These are also the most multiple sort and will often be taken over as slaves at some point by actual living entities who would fall into the second category of entity, actual living " demons ". With both categories there are a certain number of specific traits that can be identified, and I often refer to these as types. Anger, deception, sexual, as well as financial are some major categories, but in following the passions of the mind one identifies them more specifically: Anger, Attachment, Lust, Vanity and Greed.

There are also some general states of appearance that the various types of these creatures will have, the self- created types usually exhibiting being made of shadow. For Anger they are generally very tall and large, great wide shoulders, those considered to be of a form of deception (Vanity) will almost always be very small and oval shaped. Lust entities, usually identified as sex demons (of whichever sex) are not only without gender, but they are also very skinny, bony, having a slimy brown and greenish appearance, and quite possibly a stench as well, often smelling of rotting flesh. Of course these are the entities often identified as either Incubi or Succubi, after donning the appearance of an attractive human as well as a great amount of apparent sex appeal, all of which is illusory. It must also be noted that these sorts of entities are often the door openers, appealing to very basic human senses and thus serve to get the doors to an individual's space opened to the negative influence, after which a great many others will pour in to take advantage of the opened food source. It must also be noted that an apparent type is not the limitation it may appear to be, or not necessarily, a demon of any particular sort can be counted on to use attachment for example, as its weapon of choice, and potentially many others too, so as to keep themselves clawed into the personality and to form a habitual connection on the part of the victim. These "riders "like to latch onto the host not only to feed, but also to influence them directly by whispering directly into the mind in a voice that SEEMS very familiar but isn't.

Continued ...

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This method can be used to change habitual patterns from what once may have been overall rather harmless, to one that is far more negative, and this is always the intent. The victim's welfare is never a primary concern to a feeder and it will always suffer ultimately. It has been said that the devil's greatest accomplishment was too make people believe that he didn't exist. This statement was originally written by Charles Baudelaire in 1864, and can certainly be applied to negative entities on a widespread level. Those who are actually carrying riders are generally among the last to believe such a thing possible, however, this isn't always the case either; there are a number of circumstances where a misguided one has actually invited or sought out an entity and asked it to join with them or to ride, believing that this would provide them with great power. The selling of the Soul to Legba at the crossroads is a form of this action, however it isn't at all actually Legba that is encountered there. While a popular figure in Haitian Voudoun, the source of this story is in Yoruba culture in Africa, where this trickster is known as Eshu, he who speaks all languages including the cosmic tongue. There is no one better to relay a message to the Gods of that culture, but he is known to be playful and very tricky. Also it is he who keeps the crossroads, known as the meeting place between the world of the living and the dead, and notably being this cosmic messenger, can easily be related to, and in fact is the same as Thoth, Hermes and Amun, known as Hermes Trismegistus, however at this point there is a divergence of knowledge as Hermes Trismegistus actually imprisoned the Souls of demons in statuary as a means of removing them as riders, and the fact that there are many who consider taking on a demon rider as a positive thing. It is not under any circumstances a positive, despite the fact that these entities would love nothing more than that people believe this. In some cases magic is used to hook a Soul and subdue it to a demon's controls, sex magic being one very specific action of this sort that despite beliefs, actually has no action that does NOT involve negative entities. In the very same way t can be stated as factual that in absolutely no cases, can Infidelity within a marriage be considered to NOT involve lustful entities that are feeding on the human weaknesses and desires available to them. Persons who use anger as a form of attacking or empowering themselves over others are involved in the very same action, although of a slightly different flavor. A person that financially manipulates another for the purpose of control, or theft, or profits etc. is engaged in the same behavior and is being influenced, used, and even fed upon by such entities.

In any and every case, a true inspection of an individual's motivations for thoughts, words, and actions will reveal when there are entities at play. When such actions are revealed a very strict diet of detachment is in most cases required to solve it.

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A dumping, throwing away, or burning of any photographs, hand written messages or letters, or personal possessions of the offending person must be gotten rid of, and there can be no attachment to any of these items, nor to the person or situations concerned, and very often survival will be a matter of these requirements being followed.

When eradication of an entity's influence is undertaken, there will always be an attempt by it to fight this and prevent that happening, and they will often utilize attachment to make the heart cry out to save what once was, what had become habitual, but this must in every case be resisted and defeated. It is recommended to ask your God or Gods (and Goddesses) for aid in successfully doing this. Whichever religious or spiritual purview you subscribe to, there is a means for accomplishing this. Seek it out and perform the requirements correctly and faithfully.

There are several layers to the various ways and means entities can use to manipulate a person. The various entities can exist on supra-physical layers, as well as the various other planes of existence all the way up to the highest/deepest of the mental layers which is the highest area they can exist at, limited to existence only within the dualistic states, but not beyond them, for there lies the True Heaven, as well as the first manifestation of the Godhead. The literal Creator God or what is often named Source. All forms of Egyptian Hermetism and Alchemy end here, and while this is NOT the end of the worlds of consciousness, this is the highest level they are able to attain, and in many cases they cannot even do that very well. Much too much attention is placed on the duality, when beyond that is always the actual goal. By placing one's attention on the One God a person who is dealing with negative entities can seek and ask for help that is entirely above and beyond the entity's abilities to falsify, thus true discernment may occur.

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How is true possession to be distinguished from fraud or the symptoms of disease? The Church prescribes four tests - the language test, the test of preternatural physical strength, the test of levitation and the test of clairvoyance and prevision. If a person can on occasion understand, or better still, speak a language, of which, in his normal state, he is completely ignorant; if he can manifest the physical miracle of levitation or perform unaccountable feats of strength, and if he can correctly predict the future or describe events taking place at a distance - then that person may be presumed to be possessed by devils. Alternatively, he may be presumed to be the recipient of extraordinary graces; for in many instances divine and infernal miracles are, most unhappily, identical.



The levitation of saintly ecstatic is distinguishable from the levitation of ecstatics demoniacs only in virtue of the moral antecedents and consequences of the event.

These moral antecedents and consequences are often hard to assess, and it has sometimes happened that even the holiest persons have been suspected of producing their ESP phenomena and their PK effects by diabolic means.

Aldous Huxley

#### MAGIC IS FOR AMATEURS By Matt Sharpe

Magic, or magick, is a practice that has many users and followers, originating within many varying sources, cultures, and time periods around the world. It makes an appearance in a number of ways, some of which are not always so apparent to the outsider who may be less able to discern the intent and purpose of a thing being directed at them or their area of concern. Shamanism is a spiritual practice that predates almost every specific religion on the planet, and this being the case, is in some ways the point of origin for what becomes magic, however, it would be inaccurate to say that shamans themselves, or their way of spirituality is the actual source of this. In a large number of cases, it is other folks who believe they are emulating the way of the shaman, who actually practice magical spells or incantations, mistakenly believing that this is what shamans do, even to the point of considering themselves to be actual shamans after paying for a class out of a book, as opposed to spending personal time in the company of one. The idea of a "magic word" did in fact originate with shamans and their awareness of the fact that reality and life itself sprang from Sound or Spirit. From this they learned that uttering commands for specific purposes which could vary from the tribe's need for food or water, to protection from predatory wild animals or malevolent non-physical entities. They learned that uttering commands could have certain effects upon forces of nature, or other beings in the world.

Many times when magic is referred to, it is broken down into a dual nature, of white and black-magic, positive and negative magic. The truth of the matter is that both are basically very much the same thing, regardless of name, an attempt to subvert the forces of nature to an individual's personal will or desire. In many cases this is done without asking or consulting the individual(s) it is being directed at, resulting in a flat denial of free will. Denying another a choice in things they are involved in, is a form of control, or enslavement, regardless of the supposed reason behind it. Every time it results in an attempt to exercise one's will over both nature, and other beings, it matters not whether it is called black or white, neither actually allow God to have ITS will in things. For this reason it can hardly be considered otherwise than an egotistical attempt at power, and this is why although magic can work, at the end of its cycle, the practitioner will inevitably find it extremely costly. Such is karma.



Many mystical paths speak of the goal of the mystic as being that achievement of dropping all notions of the self so as to realize the true Self, and then beyond that achieving the realization of God. Every type of magic craft that exists, exists with the purpose of manipulation the environment or other persons within one's environment, and for this reason, exposes itself as the dichotomy of spirituality rather than an actual degree of spirituality, and this one fact alone also exposes the fact that magic is, itself, a thing of the lower planes of existence, having nothing to do with God, or any of the highest states of consciousness or being. The mystic surrenders his own will to the will of God, allowing IT to lead him through the challenges of life successfully, as well as to learn every step along the way. Magic, being an art of egotistical exercise, is unable to provide the same level of learning and experience. One simply cannot use a dualistic tool to bring one's Self to the realm beyond duality. That would be trying to use a three foot step-ladder to reach a thing on a shelf that is sitting fifteen feet high. An exercise in total futility.

When an individual is unwilling to surrender their complete affairs to Divine Being, always desiring to instead, control things themselves, this shows not only a lack or complete inability to trust, but also that this person's relation to the Divine is begun with, and based upon, falsehood. A relationship based on lies is not one that is honest or one that has any ability to last, and if it is unable to last within the constraints of time, a feature of the lower planes, then it can obviously not even approach the non-dual world of the Absolute, and is therefore faulty. And in such a case, the human individual is always to blame, not God (by whatever name). This is the specific reason i often say "Magic is for amateurs." Not only is its use based entirely on the desire of ego for power, such an individual has yet to learn the right way to address or approach the Divine Being, not to mention putting in the time practicing methods that work as well as discernment so as to distinguish between true or false representations of, or true messages from, the Godhead.



Often, those who are using magic find it nearly impossible to honestly admit they had done anything wrongful in any way regarding anyone else. This lack of honesty and personal responsibility is an unfortunate side-effect of doing a thing for a less than honest reason, and one who is unable to honestly and in a detached manner regard their own choices and doings, is unlikely to admit them later. In a majority of cases they view it as impossible for them to ever do anything that is wrong or creates "bad" karma. This is a trait so many share.

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Yet the situation always balances the same way, and that makes things hard for the magician, as their karma teaches them not to interfere with Life by insisting on imposing with their will on other people and the situations they are in. Regardless of the type of magic, it is always and egotistical pursuit of power, and those who claim otherwise are merely making excuses in their laziness to accomplish anything themselves, by their own mental and physical efforts. It is a simple affair of doing the work, and there is no substitute for that.

It matters not which type or method of magic one uses, all are the same in that they refuse to surrender the ego and its desires. For this reason, none are a profitable action to take, regardless of circumstance. Many times a person uses the excuse of mysticism and expansion of awareness or state of consciousness for the use of magic. What they either don't know or refuse to believe is that the only way to expand one's state of consciousness is by the act of paying karma for using it, and by the severity of the karma, they eventually learn, the hardest of ways, that it is a useless pursuit that cannot offer any degree of lasting benefit. Some use the excuse "I am what I am, and I won't allow you to change me!" and this again is mere ego, asserting its right to exist, even if at the cost of another's free will or happiness. Some use magic to break a couple up and cause a divorce, all in the hopes of bringing one of those people into a relationship with themselves, but this never works out that way. Most often such a one finds that they are literally shunned by the one they had hoped to draw to them self. I have personally witnessed people insisting that someone is sending demons at them or trying to other wise attack them, when in reality it is simply the karma they created for themselves, coming to collect on the debt, and it simply cannot be stopped from collecting. Karmic law does indeed have Lords that govern it, and beyond that it is very much an automatic function, a law of the lower worlds, and belief in it' existence is not needed, nor is it required, it will work the way it does regardless of any human's opinion of it, belief, or lack thereof.

When it comes to spirituality, or any other thing, there are always groups who will endlessly attempt to circumvent the rules of the thing, so as to arrive at a successful end without the usual hardship that others had paid for results before. This is why they are referred to as amateurs, and also for the fact that it simply does not work out. Results may occur, but regardless it creates karma that always comes due.

When such an amateur attempts to throw a spell at any spiritually realized Soul that has surrendered their will to the Divine, so as to act as ITS instrument, these attacks are naturally repelled and very easily. Then they always return to the point of origin, tenfold. This brings us to the truly realized Soul, what we might call the "professional" only because one of these never seeks the quick and easy way out. They have the capacity, experience, and understanding to literally do the work that needs to be done to repel such a thing, and to them, it is hardly work at all, such is its simplicity. All the while this Soul remains utterly detached from the results, not particularly caring what course they might take, only that the attacks be repelled and taken away from themselves or others who are being attacked in this way. This lack of a need to control factors, and willingness to surrender the entire affair to the highest power, is exactly what allows one to turn the course of magic attacks and provide protection to other intended victims that ask for it. In every case, the Absolute's will is the only will that determines the course or outcome of things.

Time and time again, another often used excuse can be seen. This is the so-called requirement to balance light and dark. Implying that the dark has some imagined right to exist, as long as it is balanced with the light, and this is completely ridiculous. Balance is a very necessary thing as it is nigh impossible for one in the human body to attain one-hundred percent perfection, however, this is not the same as allowing a fifty percent of darkness or wickedness. Those that utilize this particular train of thought will always come into hardship due to them because of it. In every case, the individual truly chooses those unpleasant realities for themselves through some action, or intent that they alone chose to have. Truthful intent or motivation for a thought, word, or action is specifically what determines what sort of karma will be due because of it. The Absolute cannot be fooled, IT knows the truth of every situation and the true motivation for every choice made in all of the worlds. And ITS karmic law addresses the truth in a very direct manner, therefore, the only way to be free of the more harsh forms of karma, is to not utilize a negative reason or intention in one's choices, thoughts, words and actions. There is absolutely no truth to the idea that a balance of light and dark will lead one beyond the duality of them, that is a state that is completely beyond duality, and there simply is no dark whatsoever at those levels.

One does well if they are able to discern truthfully what is dark, and what is simply something being returned to them by the Divine Will, in recompense for a previous choice they, themselves made.

Often one will claim some code of honor has been broken as karma comes to collect its due, all the while forgetting they broke this same perceived code themselves to begin with. It is notable that honor is purely a mental creation, the definitions of which vary from individual to individual, and is a thing that is not important to, and has no effect upon, the Soul or the Godhead. They are never troubled by such lower concepts nor do they concern themselves in any way with the concept. Rather, they are only concerned with Truth, a thing not so often recognized, and much more difficult to live by as a standard, than the average person would ever believe. The fact that honor can take either side within a dualism, demonstrates very clearly that this is true. One can keep and value an honor to the negative just as easily as to any positive, and a dual thing cannot a thing of the non-dual reality.

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#### A MATTER OF SPIRIT

#### Kahlil Gibran Quote (pg. 14, Quote from the Garden of the Prophet, Goodreads.com)

Kahlil Gibran was a Lebanese-American artist, poet, and writer. Born in the town of Bsharri in modern-day Lebanon (then part of Ottoman Mount Lebanon), as a young man he emigrated with his family to the United States where he studied art and began his literary career. In the Arab world, Gibran is regarded as a literary and political rebel. His romantic style was at the heart of a renaissance in modern Arabic literature, especially prose poetry, breaking away from the classical school. In Lebanon, he is still celebrated as a literary hero.

#### 'Holyman Preter' Pawalajie (Spiritual Warfare, pg. 15)

Although he belongs to a secret Brotherhood, Preter considers himself more of a spiritual investigator which he feels canvases more of the supernatural realms and everything from ghosts to demons to angels. He has total dedication to God, the great creator and believes part of his path is to discern and fight evil in all forms. Preter lives in the US but travels to his birthplace Poland often.

#### Matt Sharpe (Negative Entities AND Magic is for Amateurs, pgs17 and 21)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter. He is a lead administrator and teacher on the Light Force Network.

#### Aldous Huxley Quote (pg. 25, Quote from the Devils of Loudun, Goodreads.com)

Aldous Leonard Huxley was an English writer and one of the most prominent members of the famous Huxley family. He spent the latter part of his life in the United States, living in Los Angeles from 1937 until his death in 1963. Best known for his novels and wide-ranging output of essays, he also published short stories, poetry, travel writing, and film stories and scripts. Through his novels and essays Huxley functioned as an examiner and sometimes critic of social mores, norms and ideals. Huxley was a humanist but was also interested towards the end of his life in spiritual subjects such as parapsychology and philosophical mysticism. By the end of his life, he was widely acknowledged as one of the pre-eminent intellectuals of his time.

# **BODY TEMPLE**

"Health is a state of complete harmony of the body, mind and spirit. When one is free from physical disabilities and mental distractions, the gates of the soul open."

Section Managing Editor – Lynda Lidel Harley

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Quote: B.K.S. Iyengar from ombodyhealth.com

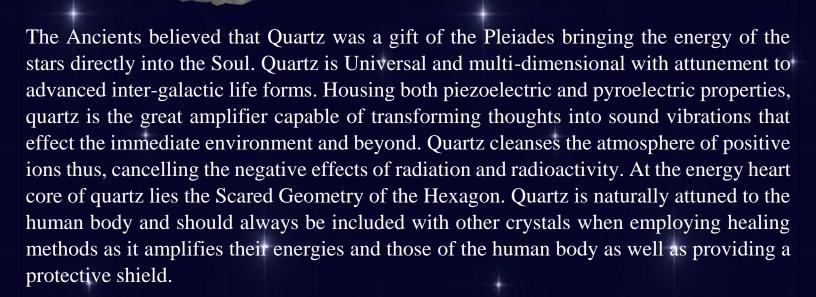
The human body resonates at the same frequency as Mother Earth. So instead of only focusing on trying to save the earth, which operates in congruence to our vibrations, I think it is more important to be one with each other.

If you really want to remedy the earth, we have to mend mankind. And to unite mankind, we heal the Earth. That is the only way.

Mother Earth will exist with or without us. Yet if she is sick, it is because mankind is sick and separated. And if our vibrations are bad, she reacts to it, as do all living creatures.



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**\_EIADIAN HEALING** 

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# Positive Body Talk for Healing

By Li Huan Shaugnessey

"Once you start communicating with your body, things become very easy. The body need not be forced, it can be persuaded. One need not to fight with the body – that's ugly, violent, aggressive, and any sort of conflict is going to create more and more tension. So you need to be in conflict – let comfort be the rule." – Osho

Do you ever talk to your body? Did you know that doing do is a powerful healing tool?

There are literally hundreds of articles, many including testimonials about 'body speak' for healing yet, the message and process bear repeating.

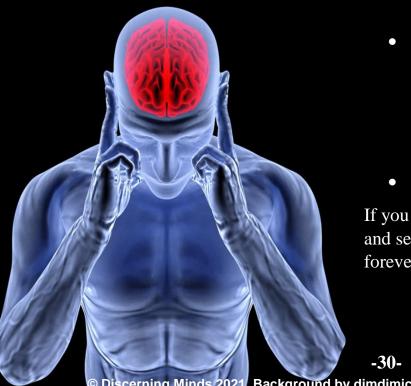
As a registered nurse for over 40 years who has worked in hospitals, clinics and therapy rehabs I have seen this little formula work time and time again in instances such as serious post-surgery therapies to a simple cut on the finger and just about any kind of hurting.

Pain can be physical or mental. Both can be addressed.

It is true that pain starts in the brain. It is constructed there. This does not mean that pain you are feeling is any less real. If we get physically injured it hurts, but the nature of that hurt comes from the brain. In cases of chronic pain, the brain literally perpetuates it. It is general knowledge that pain is actually a warning system to protect us from harm. When we are injured, the peripheral nervous system sends signals to the brain, which then decides how much danger there is. If it decides the signals are worth paying attention to, the pain volume is cranked up until the problem is resolved.

So how do we chat with the brain and the body for relief? Let's look at this "mindful" exercise:

• Tell your brain you wish to address the body part that is hurting and ask it to pass the message on.



- Tell your body to help send away pain from the brain.
- Tell the brain and the body part that you love them and that you know they can heal the issue and that it is not the nature of the body or the brain to harbor the pain. It is time to get rid of it and when it is gone tell the brain and the body not to bring it back.
- Don't forget to say thank you.

If you think this is all pie in the sky give it an honest try and see that it can work. It will change your outlook forever and help you manage better.

# COMPENDIUM OF ASTRO PHSYICALITY

Medical Astrology is a complicated venue that demand a union of medicine and astrology. It should not be attempted half-heartedly by the novice and should only be practiced by a qualified medical doctor who is also a qualified astrologer with experience and expertise. Yet in varying degrees, some of the tools of medical astrology are available to those who are interested. Here are some possible particulars for the Zodiac signs in general...

#### **ARIES**

Bones: Cranium, face

Muscles: Frontales, occipitals, attolens, deprimens, articularum, zygomaticus, temporalis, buccinators Arteries: Temporal, internal carotids

Veins: Cepahlic

#### CELL SALT: Kali Phosphoricum

RULERSHIP AND FUNCTION: Aries rules the head in general and specifically the motor centers of the brain and the circulation of blood through the skull.

POSSIBLE DISFUNCTION: Inflammation of the brain that may cause delirium, frenzy, vertigo, dizziness, sharp head pains, headaches, baldness.

REFLEX DISFUNCTION BY POLARITY: Sluggish or clogged kidneys, skin ailments, toxemia (Libra). Also by adverse action to other Cardinal signs: Headaches and digestive disturbances (Cancer), sluggish gallbladder (Capricorn).

#### <u>TAURUS</u>

Bones: Cervical vertebrae

Muscles: Sternohyoid, mastoid, trapezius, sternnomastoids, esophagus, stylopharingaeus, splenius and complexus, longus, scalenus, biventres cervicis and spinals cervicis Arteries: External carotids and basilar artery Veins: Occipitals, jugulars, veins of thyroid gland

CELL SALT: Natrum Sulphuricum

Continued...

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RULERSHIP AND FUNCTION: Taurus rules the adenoids, tonsils and larynx but its main function shared with the planet Mercury is the thyroid gland.

POSSIBLE DYSFUNCTION: Hyperthyroidism - tenseness, inability to relax, heart palpitations, weight decrease, heat intolerance, excessive sweating, increased bowel activity. Hypothyroidism - obesity dry skin, brittle hair, low blood pressure, slow pulse, depressed muscular activity.

REFLEX DISFUNCTION BY POLARITY: Colon toxemia (Scorpio).

#### **GEMINI**

Bones: Clavicle, scapula, humerus, radius, ulna, carpal and metacarpal bones, upper ribs Muscles: Deltoid, biceps, supinator radii, subclavians, triceps, serratus anticus minor, pectoralis, palmaris

Arteries: Subcalvans, brachial, right and left bronchials, intercostals, radials, ulnars Veins: Pulmonary, basilica, subclavians, azygos, vein of thymus and mediastium CELL SALT: Kali Muriaticum

RULERSHIP AND FUNCTION: Gemini rules the hands, arms and shoulders with the exception of the sternum and breastbone, the central nervous system, tubes of the body (eustachian, fallopian, lungs, trachea, ureter, and urethra).

POSSIBLE DYSFUNCTION: Pulmonary problems –bronchitis, pleurisy, hyperventilation, asthma.

REFLEX DISFUNTION BY POLARITY: Lung disorders and hemorrhaging, arterial ailments (Sagittarius).

#### CANCER

Bones: Sternum, ensiform cartilage and part of the ribs Muscles: Diaphragm and intercostals Arteries: Axillary, diaphragmatic, posterior mediastines and esophagian Veins: Diaphragmatic, gastric, gastropiploic, mammary CELL SALT: Calcarea Fluorica

Continued...

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RULERSHIP AND FUNCTION: Cancer rules a wide array of functions such as the coverings of the brain, lung and heart membranes, sinus cavities, eyeballs, bone marrow, face cheeks and glycogen stored in the liver. Its primary rulership is of the stomach and digestive processes therein. Peristaltic action.

POSSIBLE DYSFUNCTION: Anemia, digestive ailments, gastric mucus, flatulence, dipsomania, craving for alcoholic beverages.

REFLEX DYSFUNCTION BY POLARITY: Low hydrochloric acid levels in stomach, bloating, croup in babies, tumors or cysts in breast region (Capricorn).

LEO

Bones: Dorsal Vertebrae Muscles: Longissimus and latissmus dorsi, transversalis, diaphragm, heart muscles Arteries: Aorta, anterior and posterior coronary Veins: Vena cava and coronaries CELL SALT: Magnesia Phosphorica

RULERSHIP AND FUNCTION: Leo rules the heart. Vertebrae that protect the spinal cord.

POSSIBLE DYSFUNCTION: Heart problems, fainting, convulsions, back pain, aortic disease, aneurysms, hypertrophy, angina, pericarditis, endocarditis, sunstroke, muscular rheumatism of the back, scarlet fever, rheumatic fever

REFLEX DYSFUNCTION BY POLARITY: Back ailments, arrhythmia, and sudden attacks of angina pectoris (Aquarius).

#### VIRGO

Bones: NONE Muscles: Obliquus, transversalis of abdomen, rectus pyramidalis Arteries: Gastric, superior and inferior mesenteries Veins: Portal, hepatics, umbilical, intestinal CELL SALT: Kali Sulphuricum

Continued...

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#### LIBRA

Bones: Lumbar vertebrae Muscles: Quadratus, lumborum, sacrolumbars Arteries: Suprarenal, renal, lumbar Veins: Renal. Lumbar CELL SALT: Natrum Phosphoricum

RULERSHIP AND FUNCTION: Libra rules the kidneys, basal metabolism.

POSSIBLE DYSFUNCTION: All kidney diseases and disorders, blood disorders, edema, adrenal gland stress, susceptibility to colds and sinus problems, skin rashes and drying.

REFLEX DYSFUNCTION BY POLARITY: Inflamed kidneys, acidosis (Aries).

#### **SCORPIO**

Bones: Tuberosity of ischium, brim of pelvis, symphysis pubis Muscles: Cremasters, sphincter, levatores, penis, clitoris, sphincter of bladder Arteries: Internal Iliac Veins: Spermatic, mesenteric, colic, hemorrhoidal CELL SALT: Calcarea Sulphurica

RULERSHIP AND FUNCTION: Scorpio rules the reproductive system, the prostate gland and the functioning of the colon.

POSSIBLE DYSFUNCTION: Constipation, hemorrhoids, bladder infections, diseases of the reproductive system and generative organs, hernia aneurysms, menstrual hemorrhaging, urinary disorders, colon spasm, back disorders.

REFLEX DYSFUNCTION BY POLARITY: Venereal disease, weakness of bladder, vaginal passage problems, problems with ovaries, venereal ulcers in throat region (Taurus).

#### **SAGITTARIUS**

Bones: Ilium, femur, coccygeal, sacral Muscles: Iliopsoas, iliacus, pectineus, sartoris, rectus, quadriceps extensor, gluteus Arteries: External iliac, femoral, sacral Veins: Vena sacra, iliacs, great saphenous CELL SALT: Silicea

RULERSHIP AND FUNCTION: Sagittarius rules the thighs and sciatica nerve.

POSSIBLE DYSFUNCTION: Paralysis to coccyx, gout, tumors and cysts of thigh and hip areas.

REFLEX DYSFUNCTION BY POLARITY: Nervousness, expiratory dysfunction of the lungs (Gemini).

#### **CAPRICORN**

Bones: Patella Muscles: Patellar ligament, popliteus Arteries: Iliac, popliteal Veins: Poplitea, exterior saphenous CELL SALT: Calcarea Phosphorica

RULERSHIP AND FUNCTION: Capricorn rules the process of the gallbladder and the knees.

POSSIBLE DYSFUNCTION: Arthritis, heartburn (from poorly functioning gallbladder), bouts of diarrhea and constipation, psoriasis.

REFLEX DYSFUNCTION BY POLARITY: Skin eruptions, problems with synovial fluid of joints (Cancer).

#### <u>AQUARIUS</u>

Bones: Tibia, fibula, inner and outer ankles Muscles: Tibialis anticus, peronaeus tertius, Achilles tendon, gastrocnemius, soleus Arteries: Tibial Veins: Internal saphenous CELL SALT: Natrum Muriaticum

Continued ...

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RULERSHIP AND FUNCTION: Aquarius rules the calves and ankles, oxygenation of the body, blood circulation, spinal cord, and rods of the eyes.

POSSIBLE DYSFUNCTION: Poor circulation, ailments affecting coordination of muscles, nerves and the brain, varicose veins, cataracts, glaucoma, weak ankles, cramping of legs, lumbago, spinal curvature.

REFELX DYSFUNCTION BY POLARITY: Stroke, lumbar disorder, blood disorders connected to the colon (Leo).

#### **PISCES**

Bones: Tarsus, metatarsus, phalanges Muscles: Short extensor of toes, short flexor of toes, abductors of great and little toes, short flexor or great toe and accessory flexor toes Arteries: Internal and external plantars, tarsal, metatarsal Veins: All veins of feet CELL SALT: Ferrum Phosphate

RULERSHIP AND FUNCTION: Lymph gland system, bodily mucous, feet.

POSSIBLE DYSFUNCTION: All lymphatic problem, swollen glands, susceptibility to colds, poor circulation, childhood problems, fatigue, hypo-functioning thymus gland, bunion and all foot ailments, cirrhosis of liver.

REFLEX DYSFUNCTION BY POLARITY: Weak lungs, poor resistance to viruses, and coldness of extremities, nervousness and paranoia.

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"I've learned that for every condition in our lives, there's a need for it. Otherwise, we wouldn't have it. The symptom is only an outer effect. We must go within to dissolve the mental cause. This is why willpower and discipline don't work. They're only battling the outer effect. It's like cutting down the weed instead of getting the root out. So before you begin the New Thought Pattern affirmations, work on the willingness to release the need for the cigarettes, the headache, the excess weight, or whatever. When the need is gone, the outer effect must die. No plant can live if the root is cut away. The mental thought patterns that cause the most dis-ease in the body are criticism, anger, resentment, and guilt. For instance, criticism indulged in long enough will often lead to dis-eases such as arthritis. Anger turns into things that boil, burn, and infect the body. Resentment long held festers and eats away at the self and ultimately can lead to tumors and cancer. Guilt always seeks punishment and leads to pain. It's so much easier to release these negative thinking patterns from our minds when we're healthy than to try to dig them out when we're in a state of panic and under the threat of the surgeon's knife."



AUTHOR BIOGRAPHIES



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#### **BODY TEMPLE**

#### Suzy Kassem Quote (Quote from Rise up and Salute the Sun, pg. 28)

Suzy Kassem is an American writer, poet, philosopher, and multi-faceted artist of Egyptian origin. The granddaughter of a well-known sage in 19th century Cairo, mysticism and wisdom run through her blood just as the water of the Nile flows through her veins.

#### Star Logic Astrodynamics (Pleiadian Healing, pg. 29 AND Compendium of Astro Physicality, pg.31)

*Pleiadian Healing* and *Compendium of Astro Physicality* have been published courtesy of Star Logic Astrodynamics cosmobiological service currently privately owned and operated.

#### Li Huan Shaugnessey (Positive Body Talk for Healing, pg.30)

Li is a retired registered nurse with over 30 years' experience in that field having performed everything from surgical OR duty to assistance in clinical trials. She has worked an equal amount of time in the field metaphysics as a natural energy healer. She is married and lives happily with her spouse Tim in AZ.

#### Louise Hay Quote (Quote from Heal Your Body, pg. 37)

Louise Lynn Hay (October 8, 1926 – August 30, 2017) was an American motivational author and the founder of Hay House. She authored several New Thought self-help books. In 1976, Hay wrote her first book, *Heal Your Body*, which began as a small pamphlet containing a list of different bodily ailments and their "probable" metaphysical causes. This pamphlet was later enlarged and extended into her book *You Can Heal Your Life*, published in 1984. In February 2008, it was fourth on the New York Times paperback advice bestsellers list. In addition to running her publishing company, Hay ran a charitable organization called the Hay Foundation, which she founded in 1985.

# PHENOMENA FILES

"Beware the dark pool at the bottom of our hearts. In its icy, black depths dwell strange and twisted creatures it is best not to disturb."

> Section Managing Editor – John Holbrook PSI © Discerning Minds 2021 Background Imagery: sarah5 from 123rf.com, Cover Design: Kim Tsiang

> > QUOTE: Sue Grafton @ Goodreads.com

Last night I had the dream again. Except it's not a dream I know because when it comes for me, I'm still awake.

There's my desk. The map on the wall. The Stuffed animals I don't play with anymore but don't want to hurt Dad's feelings by sticking in the closet I might be in bed. I might be just standing there, looking for a missing sock. Then I'm gone.

It doesn't just show me something this time, it takes me from here to THERE> standing on the bank of a river of fire. A thousand wasps in my head. Fighting and dying inside my skull, their bodies piling up against the backs of me eyes. Stinging and stinging.

Dad's voice. Somewhere across the river. Calling my name. I've never heard him sound like that before. He's so frightened he can't hide it, even though he tries (he ALWAYS tries).

The dead boy floats by.

Facedown. So I wait for his head to pop up, show the holes where his eye used to be, say something with his blue lips. One of the terrible things it might make him do. But he just passes like a chunk of wood. I've never been here before, but I know it's real. The river is the line between this place and the Other Place. And I'm on the wrong side. There's a dark forest behind me but that's not what it is. I try to get to where Dad is. My toes touch the river and it sings with pain. Then there's arms pulling me back. Dragging me into the trees. They feel like a man's arms but it's not a man that sticks its fingers into my mouth. Nails that scratch the back of my throat. Skin that tastes like dirt. But just before that, before I'm back in my room with my missing sock in my hand, I realize I've been calling out to Dad just like he's been calling out to me. Telling him the same thing the whole time. Not words from my mouth through the air, but from my heart through the earth, so only the two of us could hear it.

FIND ME...

## Shades and Shells

By Norman 'Paranorman' Justice

What are we really looking at when we see a ghost?

In a more scientific view, according to Brian A. Schill of the American Society of Paranormal Research and Investigation, "When a person dies the bioelectric energy is released from the body into the local environment where it may perform one of two actions. The unconscious energy may dissipate into the local environment and there will essentially be no manifestation thereafter or it may, through covalent bonding, remain in the local environment and attach itself to a certain place or object that the person was attached to in life or any place that has an electron deficit (this is the theory behind 'repeat' hauntings). The energy may, upon rapid release from the physical body (such as in accidental death, tragic situations, or rapid release etc.) coagulate within the local environment over a short period of time, maybe only a couple of minutes or so, and amass to such a degree that the greater portion that was originally in the body has now become selfaware outside of the body."<sup>1</sup>

In theosophical terms a genuine ghost is a 'kama-rupic shade' which has a strong attachment to the physical plane. The strong physically-based desires, impulses, and appetites of these shades keep them bound to physical spheres which are congenial to them.

• •

They pose a real danger to the psychological health of the living because they are 'soulless' as the higher soul qualities of the departed person have moved on to more spiritual inner realms of being. Also, they are infilled with energies of a depraved and ignoble type. They comprise embodied emotions whose energies are heavy and dense. Their bonds of attraction to the physical world slow down the dissipation process of the 'kama-rupa' in the lower reaches of the astral world. There are numerous examples of ghosts showing up in photographs as they are dense enough to record on film in the proper light whereas we cannot see them when the picture is taken. – Andrew Rooke <sup>2</sup>

#### Excerpts from: The Astral Body by A.E. Powell

When the astral life of a person is over, he dies on the astral plane and leaves behind him his disintegrating astral body, precisely as when he dies physically he leaves behind him a decaying physical corpse.

In most cases the higher ego is unable to withdraw from his lower principles the whole of his manasic (mental) principle: consequently, a portion of his lower mental matter remains entangled with the astral corpse. The portion of mental matter this remaining behind consists of the grosser kinds of each sub-plane, which the astral body has succeeded in wrenching from the mental body.

The astral corpse, known as a Shade, is an entity which is not in any sense the real individual at all: nevertheless it bears his exact personal appearance, possesses his memory, and all his little idiosyncrasies. It may therefore very readily be mistaken for him, as indeed it frequently is at *séances*. It is not conscious of any act of impersonation, for as far as its intellect goes it must necessarily suppose itself to be the individual: it is in reality merely a soulless bundle of all his lowest qualities.

The length of life of a shade varies according to the amount of the lower mental matter which animates it: but as this is steadily fading out, its intellect is a diminishing quantity, though it may possess a great deal of a certain sort of animal cunning, and even quite towards the end of its career it is still able to communicate by borrowing temporary intelligence from the medium.

From its very nature it is exceedingly liable to be swayed by all kinds of evil influences, and, being separated from its higher ego, it has nothing in its constitution capable of responding to good ones. It therefore lends itself readily to various minor purposes of some of the baser sort of black magicians. The mental matter it possesses gradually disintegrates and returns to general matter of its own plane.

3. *The Shell.*-A shell is a man's astral corpse in the later stages of its disintegration, every particle of mind having left it. It is consequently without any sort of consciousness or intelligence, and drifts passively about upon the astral currents. Even yet it may be galvanized for a few moments into a ghastly burlesque of life if it happens to come within reach of a medium's aura. Under such circumstances it will still exactly resemble its departed personality in appearance and may even reproduce to some extent his familiar expressions or handwriting. Continued...

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It has also the quality of being still blindly responsive to such vibrations, usually of the lowest order, as were frequently set up in it during its last stage of existence as a shade.

4. *The Vitalized Shell.*-This entity is not, strictly speaking, human: nevertheless, it is classified here because its outer vesture, the passive, senseless shell, was once an appanage of humanity. Such life, intelligence, desire, and will as it may possess are those of the artificial elemental animating it, this elemental being itself a creation of man's evil thought.<sup>3</sup>

Virtually all cultures have believed in the ability of ghosts of the dead to return to the world of the living in either a benevolent or malevolent manner at one time or another.

What do you believe?

1 Real Ghosts, Restless Spirits and Haunted Places, Brad Steiger, pgs.  $\{X\} - \{X\}$ 

2 <u>http://www.theosophydownunder.org</u>

### Phantom Writers and Strange Imagings

Courtesy of Holbrook PSI and the 8th Gate

Strange scribbling that appears on walls and floors, pictures and faces imbedded in stone and tile... phantoms use any means possible to display their messages and presence. Here are some fascinating quips...

- Probably the earliest known form of phantom writing is found in Daniel of the Old Testament with reference to the fate of King Belshazzar and his kingdom and Daniel's interpretation of the writing. It states, "At that moment the fingers of a man's hand came forth and were writing in front of the lampstand upon the plaster of the wall of the palace of the king."
- In May of 1985, Ken Webster of Dodleston Chester, UK began receiving messages on his computer from a 16<sup>th</sup> century man who called himself Tomas Harden. While this could be explained as a prank, the handwriting that appeared on the floor that accompanied these messages is not so easily explained. ↓



On December 7, 1939 in Owensville, Indiana huge letters stating "Remember Pearl Harbor" were painted on the sidewalk outside of a public elementary school by an unidentified hand. Of course no one knew what this meant until two years later to the exact day when The US Pacific Fleet at Pearl Harbor, Hawaii was attacked by the Japanese.

Until its total destruction by fire in 1939 and concluding demolition in 1944, Borley Rectory was considered the most haunted house in England. Much information is available about Borley Rectory including the 2000 recorded paranormal events that occurred when the rectory was under the investigation (1929 – 1938) by Dr. Harry Price supernatural investigator bar none of his day. Much of the activity seemed to surround Marianne Foyster wife of Reverend Lionel Foyster and their adopted daughter Adelaide. Among the events were ghostly scribbles would appear on the walls as messages apparently left for Marianne. Some of these were allegedly reported as materializing right in front of the eyes of some of Price's team investigators. Those that were legible read, "Marianne, please get help... light mass prayers." Although in 2000 an exposé titled *We Faked the Ghosts of Borley Rectory* by Louis Mayerling reported that Price had been fooled by the Foysters who were in on the prank, some serious phenomena that cannot be explained remain. ↓

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In 1967 a phantom post card correspondent began to plague the then British parliamentary candidate Tevor Silverwood with messages posted from different areas all around the world. The messages always referred to personal information about Silverwood right down to what he had for breakfast on any particular morning to the color of the socks he wore on any particular day and even his daily television viewing habits. After ten years of harassment, Silverwood made a statement to the press complaining about the phantom to which the phantom promptly replied, "Don't be naughty." The omniscient author was never found or identified.

In August 1971 in the village of Bélmez, Spain human faces began to simultaneously appear on the floor tiles of the kitchen of one of the village homes. Despite every scientific test and attempts to wipe out the faces which included ripping up the tiles and replacing the floor with concrete, the faces continued to appear in the kitchen and in other areas of the cottage. After the appearance of a fourth face the cottage was sealed. Ultra-sensitive microphones were placed in the cottage which picked up strange speaking languages and agonizing moans. Shortly thereafter, the faces disappeared as quickly as they had appeared. A section of the floor which had been cut away revealed the remains of a medieval cemetery thought to be connected to witchcraft and it is believed that this was the contributing factor of the phenomena. The story of the Faces of Bélmez is available on DVD via the old *One Step Beyond* series hosted by John Newland or on Youtube. ↓



Tidbit information sources: Real Ghosts, Restless Spirits, and Haunted Places by Brad Steiger. Strange but True by Thomas Slemen

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## PARANORMAL Q & A

## From The Files of Holbrook PSI

#### **TOPICS:**

### Ouija Board, Animal Spirits and Paranormal Investigation Shows

QUERY: Hello Rev. John (Holbrook, PSI). My name is Colin and I'm 19 years old. If enjoy watching TV shows about the supernatural and paranormal that involve real investigations. What I want to know is just how real this stuff is? I wonder if sometimes they make stuff up or doctor up the video. What do you think? I would also like to know about animal spirits. Can a deceased pet still hang around a home? If so, can they ever be mean or evil? Thanks!

RESPONSE: Thank you Colin for your question. First off this will be my opinion and the way I see what you are asking. TV shows are for entertainment and to make money. Now does that mean everything is fake? No. When the first shows came out they were more like a real investigation. They looked at the history of a site and did interviews before there was any on site investigations. But this did not make for good TV, so you don't see it much anymore. Taking the investigation slow and with a professional attitude seems to have gone away also. They also cut out the walk through investigation where they get the base line on certain readings and looking for anything that would cause false evidence. What in their opinion makes for good TV is scares and startles of the investigators. Personal experience is not as good as evidence caught on film or audio. If they catch something on camera but you have no personal experience is still better than just a personal experience. One good thing did come out of the money that has been put in to making an investigation more interesting for the viewer is the technology that has been adapted and invented to use in an investigation. New types of video cameras, thermal cameras, new full spectrum lights and cameras have been used in investigations with some interesting results. With all these new tools they do not have to doctor up the video they just have to give their interpretation of the evidence. So in my opinion, on most of the TV shows that are out there, they are entertaining and it is cool to see some equipment that I can't afford being used. But if you want to do an investigation try to not be like you see on TV for your best results.

Now for the other question you had "Can a deceased pet still hang around a home? If so, can they ever be mean or evil?" Just like the above question this is my opinion on the question you asked. Let start by saying that I believe that the spirit of a loved pet could still be around you. If you love the pet and the pet loves you, there is an attachment that may be more in the spiritual world than the physical world. So I feel that the spirit of a loved pet may come in from time to time for a visit.

Continued.

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There is an old saying that goes something like this "if there are no dog's in heaven I don't want to go." Now with that said, the key word in all of that was loved. I do not think that they will come back mean or evil. This is just with pets not to include wild animals like a ghost wolf or bear because these are not your loved pet that shared your space and love.

If your pet that has passed on to the spirit realm and comes back to visit you and acts mean or evil it is probably not your pet. There are other entities that may mimic your pet to cause you distress and feed off those emotions. This is not a pet cemetery situation where when your pet visits you after passes on to the spirit realm it comes back evil. Your pet should be just the same loving pet it was in life. If this occurs you will need to get rid of this entity before it becomes an issue. Most of the stories that I have read have the pet coming in to visit in a time of need, to comfort the owner and just to let the owner know that they are okay.

We may not see those that have passed on to the spirit realm all the time, but that does not mean that our loved ones are not still around us in our hours of need.

I hope that this helped to answer your questions.

QUERY: Dear Rev. John Holbrook, PSI - I like to read books about real paranormal investigations. One thing I have never been able to find out is how to properly get rid of an Ouija Board. The only thing I could find was that if you have already used a board, you should not burn it because it only destroys the oracle and not any portal that has been opened. My questions are:

1. How do you close a portal?

2. How do you properly dispose of the Ouija Board?

Thank-you for your time. Jamison R., OR

RESPONSE: Thank you Jamison for your question. To start off again, this is just my opinion on the question and this is my best understanding of the question asked. Let us first look at what a portal is

Webster has *Portal definition* as – "door, entrance; especially: a grand or imposing one." So we are talking about a door or entrance to the spirit realm that was opened by the use of the Ouija Board. The tool that was used is the Ouija Board and this is just the tool and cannot open the portal by itself. There are many different tools that are used to open portals besides the Ouija Board. There has to be at least one person involved in the opening of the portal. The more people involved in opening of the portal the more energy is used to open that portal.

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There could have been a portal already nearby unknown to the people until the tool was used. The portal may stay attached to the tool, the place that is was opened or even to one of the persons that used the tool to open the portal. So if a portal has been opened and needs to be closed you first need to know if it is attached to the tool, place or person. I will start with how to close a portal attached to the tool and not a person or place. The way to close a portal will depend on your own personal spiritual beliefs. Your beliefs have more power to you than using something that may go against your beliefs. Some Reiki users believe that they can close portals using intent and the energy and chakras associated with Reiki.

Some of the other Asian spiritual beliefs have chants and talisman that they use to cleans an area where a portal may be. I believe that the user of the belief has to have good intent and confidence in that their belief can close the portal. There are several things that could be useful no matter your spiritual belief like intent, burning sage and using the higher power of your belief. For me personally I do ask for the Angels for help in closing a portal while burning sage. Within your beliefs you can find strength and help in closing a portal. Now if it is attached to a person you may have to use their spiritual beliefs to help them to close a portal that is attached to them. You will not be able to close it if they do not want you to close it. If it attached to a place you will have to be the owner of the place, you have to have the right to close the portal. Some have opened portals in locations that no one has the right to close the portal. This can cause issues that takes multipliable tries and ways to close the portal and may not ever close the portal completely. This may be why some areas in the wild have portal that can cause the area to be issues with spiritual entities. If the portal did have an entity come through you will have to try and get rid of the entity also. To banish the entity or get rid of it you will do the same as above but your intent will be to banish the entity and not to close a portal. Make sure that you do all the above from the light or good and do not antagonize the entity with your words. Stay true to your belief and be confident in that you will succeed with the spiritual help from your beliefs.

The second part of your question was "How do you properly dispose of the Ouija Board?" As will all spiritual tools once you have closed any portal or any attachment it may have there is several ways that you can dispose of it. You can seal it off. This will require that you cleanse it first. Here again it will depend on your spiritual beliefs.

Here again it will depend on your spiritual beliefs. Burning sage or using holy water if it fits with your spiritual beliefs will cleanse the tool. If the tool has been cleansed and any portals or attachment closed you can burn the tool if it is burnable. Burn it during the day and do it with good intent and that the fire cleanse our world of this tool. You can bury the tool after it has been cleansed and sealed. If you are not burning it you will want to seal it so that it cannot be used. This again will again be specific to your belief, for me I may paint a cross on it or cover it in paint and then paint a cross on it.

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Or put it in a box that you have done this to, in the box you put the tool and some salt then bury it during the day and maybe plant some flowers there also. Some people have after they have cleansed the tool will have it on display. Not to be used but sealed behind glass usually with other tools that have been cleansed. They will usually have items of their spiritual belief sealing the tool from causing any problems. If you have cleansed the tool and don't use it again you can dispose of it just about any way you want as long as you stay true to your spiritual beliefs.

I hope that I have answered your question. Good Luck!



## PARAMORMAL ENCYCLOPEDIA





People are mostly familiar with the term *Dark Side* from popular movies like *Star Wars* where evil entities seek to take over and recruit others over to their evil agenda for total control. To an extent this is true. But what exactly is the Dark Side?

It is a segment of the Spirit World inhabited by beings who have rejected God/The Divine and the Humanitarian Laws of the Universe. They are insidiously evil entities who foster negativity in every way possible in order to try to stamp out the Light. They are psychopathic narcissists who believe they are superior to all else and who need someone else to blame. The Higher Power did not create these entities but He did create entities with freewill and in turn some of them turned away from the Creator and used that freewill to pursue lives unencumbered by responsibility to anyone or anything. It is the true path of total escapism.

The Dark Siders exist in both spirit and human form. In the human form, they look no different than anyone else and can be a family member, a spouse, neighbor, co-worker or even a trusted friend. In the spirit form, their negative energy can affect everything from our mental health to electrical devices. They enjoy starting trouble amongst others then simply walking away and watching the chaos. They have no conscience or remorse and love to take all the credit and none of the blame for things that happen and if confronted will use self-justification as a response.

The Dark siders literally hate the rest of humanity yet they are undeniably drawn to it. This is mainly because they desire to extinguish the Light that surrounds humanity. Darkness cannot exist where there is Light therefore it must be blotted out. Without humanity to soil and stain they would have no flattering reflection to gaze at because to them we are nothing but emotion riddled stupid mirrors here to support their super egos. They completely enjoy it when Light siders who are spiritually responsible try to reform them and empathize with them because it is a way for the Darkside to gain control. The specialty tactic here is to cause as much emotional turbulence, self-doubt and depression as possible in order to dim the Light.

The catch is Dark siders can never be reformed.



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#### **PHENOMENA FILES**

#### Quote: Andrew Pyper (The Demonologist, pg. 40)

Andrew Pyper is the author of ten novels, including the forthcoming THE RESIDENCE (September 2020). Among his previous books, THE DEMONOLOGIST won the International Thriller Writers award for Best Hardcover Novel and was selected for the Globe and Mail's Best 100 Books of 2013 and Amazon's 20 Best Books of 2013. LOST GIRLS won the Arthur Ellis Award and was a New York Times Notable Book of the Year. Three of Pyper's novels, including THE RESIDENCE, are in active development for television or feature film. He lives in Toronto. Visit andrewpyper.com .Quote found at Goodreads.com – Public Domain.

#### Norman 'Paranorman' Justice (Shades and Shells, pg.41)

Norman is a veteran paranormal investigator with over 30 years' experience in the field. In the real world, he is a happily retired business man living in New England with his wife Lynne. He still participates in local investigations and mentors paranormal fledglings on a one to one basis. Norman is a long time member of and contributor to the Light Force Network website.

#### John Holbrook PSI in Collaboration with the 8<sup>th</sup> Gate (Phantom Writers and Strange Imagings, pg. 44)

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#### Holbrook PSI Q & A (From the files of Holbrook PSI, pg.47)

John Holbrook has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

#### PARAPEDIA (The Dark Side, pg.51)

*The Dark Side* has been published with the explicit permission of the *PARAPEDIA Paranormal and Occult Encyclopedia.* The PARAPEDIA is a compilation of historic and contemporary occult articles by various paranormal investigators and researchers. This article has been presented at the request of Holbrook PSI.

# ARCANUS OBSCURUM

#### Section Managing Editors: Eliana Rosini Mascolo and Marco X. Mascolo

© Discerning Minds 2021 Background Imagery: Ed Zilch from Pixabay.com, Cover Design: Kim Tsiang QUOTE: @ Goodreads.com "WE ROSE AND OUR WONGS ARE FLAME.

we rose and our food os aor.

WE ROSE AND WE ARE HEAT AND WE ARE LOCHT, AND WE ARE DARK AND WE ARE BRIGHT, AND WE LOCK THE WOND WOTH OUR THOUSAND FOERY TONGUES.

WE ROSE FROM THE WOZARD-NATION'S WRECK."





Courtesy of Niamh Ardgall

What are the Runes?

In contemporary thought, the Runes are ancient alphabet - as set of sigils that helped ancient peoples communicate. The word Rune means secret or mystery and this is because ancient people relied upon for their daily needs as you will see as you learn the ancient meanings along with the contemporary view.

As far as we know from archeological evidence the Runes have been in existence for 2200 years. I would ask you to use indulgence with this fact because as you know archeologists are learning more and more about the fact that civilization is a good deal older than we currently think it is. The Runes can be found everywhere... in nature (tree branches and bark); architecture (timber framed buildings, roof, gables), art (stained glass), literature (they appear frequently in The Lord of the Rings; Jules Verne used Icelandic Runes for story elements in Journey to the Center of the Earth); tattoos, and sometimes by happenstance. When I moved into this house, I noticed some cuts in the concrete at the top of my driveway that form a perfect Rune Ehwaz which also happen to be the main Rune for my zodiac sign of Aries. Interestingly one of the meanings for this Rune is "a new dwelling place; a bettering of a situation and improvement."

There are many different sets of Runes and an explanation of these will be found in your handbook. The variance of Runes is due to the introduction of cultural influence as the Runes began to infiltrate the belief systems of separate cultural groups. In ancient tribal circles or clans the Rune Caster or Rune master stood out from the crowd by their startling form of dress. They were often feared by other tribal of clan members. Very often Rune Casters were women who held a high political rank.

The anonymous 13<sup>th</sup> century author of the Saga of Eric the Red wrote of a female Rune Caster:

"She wore a cloak set with stones along the hem. Around her neck and covering her head she wore a hood lined with white cat skins. In one hand, she carried a staff with a knob on the end and at her belt, holding together her long dress, hung a charm pouch."



Rune stones have been found in many places around the world and in the USA. The famous Runestone found in the USA is the Kensington Runestone which has come to be known as Minnesota's Da Vinci Mystery. The Kensington Runestone was found by a farmer named Olaf Ohman in 1898 on his arm. He discovered it while trying to uproot a tree stump. Since its discovery, The Kensington Runestone has been the subject of great controversy and scientific study. Initially it was considered a fraud but recent studies have shown it to be quite the opposite. Pass out handouts. The stone is dated 1362 and speaks about a Norse expedition. Go over handout. Other USA locations for Runestones are Ohio, Maine and Oklahoma although all of these have been considered fakes.

The Germanic Elder Futhark is the easiest set of Runes to understand. This is also the set that is most often seen for sale in runic merchandise. The origin of the Futhark remains a mystery among scholars but, based on archeological evidence, it has been generally accepted that the Elder Futhark is derived from an Etruscan Alphabet known as North Italic that is original to central Italy. Please refer to The Trail of World Alphabets page. How did the Runes infiltrate all these cultures? They were carried from place to place by traders, adventurers, warriors, and even eventually by Anglo-Saxon missionaries.

These Runes on an esoteric level are believed to be the gift of Odin, ruler of the Norse deities. Refer to poem. There are 24 Runes to this set divided into three sets of 8 Runes each known as "attir" or "aetts." Each attir is under the rulership of a Norse God.

A Rune in its upright position is called a runestave. Reversed or inverted Runes are called murkstaves. A student of the Runes is called a runester. You never ask the Runes a question. A query is always presented as an issue. For example, Mary wants to know how her romantic relationship with John will work out. She would not ask, "Does John love me?" She would state, "My issue is my relationship with John."

Because the Universe was created with balance or a system of polarities, we will be discussing the Runes with polarity through explanation of their equal opposite meanings and qualities. I prefer to think of runic readings as a mode of self-improvement but as a mode of certain forms of divination they are extremely powerful and should be treated with respect. Want to know if there are Runic symbols on Stonehenge? Well some movies want you to think so and there are in fact carvings on the henges but they are of ancient axes, daggers, and on one face a goddess figure.



The Norse gods had dynasties and they all rule certain Runes.

Tyr's Aett: Tyr and Zisa his consort. Tyr is the sky father and the god of order and justice. He is also a battle god. Both are the gods of law and justice.

FEHU- loss/gain "F"

URUZ - endings/ beginnings "U"

THURISAZ - mundane/spiritual/daemon "TH"

ANSUZ - consciousness/unconsciousness "A"

RAIDO - objectivity/ subjectivity "R"

KANO - clarity/ambiguity "C" "K"

GEBO - giving/receiving "G"

WUNJO - harmony/discord "W"

Hagal's Aett: Ruled by Heimdall and Mordgud. Heimdall is the guardian of the rainbow v=bridge between Earth and heaven. Mordgud guards the bridge leading down into the underworld.

HAGALAZ - revolution/convention "H"

NAUTHIZ - necessity/possibility "N"

ISA - freeze/thaw "I'

JERA - reward/penalty "J"

EIHWAZ – patience/intolerance "E" as in EO (Peoria)

PERTH – receptiveness/blockage "P"

ALGIZ – defense/offense "X" "Z"

SOLWELU (typo) - wholeness/shallowness "S"

Freyr's Aett: Ruled by Freyr and Freya, the lord and lady. They rule plants, forest, animals, sexuality, fertility and magic.



TEIWAZ – courage/fear "T" BERKANA – growth/stagnation "B" EHWAZ – progress/limitation "E" as in egg (Ed) MANNAZ - self/others "M" LAGUZ – ebb/flow "L" INGUZ – fruitfulness/fruitlessness "NG" DAGAZ – ascension/fall "D" OTHILA – sacrifice/self-indulgence "O"

#### ODIN – Karma/Dharma

It should be noted that the Rune Odin was added in during the 1970s and is not part of the original aetts.

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## Druid elements by Niamh Ardgall

The Druidic Elements according to Druid Revival Lore are a set of three elements that first appeared in Iolo Morganwg's writings.

| Element           | <u>Nwyfre</u><br>The Force | <u>Gwyar</u><br>Flow | <u>Calas</u><br>Form |
|-------------------|----------------------------|----------------------|----------------------|
| Symbol            | Sky                        | Water                | Stone                |
| Color             | White                      | Blue                 | Green                |
| Kindred           | Gods                       | Ancestors            | Spirits              |
| Hallow            | Fire                       | Well                 | Tree                 |
| Circle            | Ceugant                    | Gwynfydd             | Abred                |
| Level of Being    | Spirit                     | Energy               | Matter               |
| Level of World    | Overworld                  | Underworld           | Midworld             |
| Realm of Midworld | Sky                        | Sea                  | Land                 |
| Part of Self      | Mind                       | Life                 | Body                 |
| Part of Time      | Future                     | Present              | Past                 |
| Station of Sun    | Summer                     | Spring/Fall          | Winter               |
| Station of Moon   | Full                       | Half                 | New                  |
| Druid Tool        | Wand                       | Cauldron             | Crane Baį            |
| Branch of Druidry | Druíd                      | Bard                 | Ovate                |

"Nwyfre, Gwyar, and Calas make poor guides to physics or chemistry, to be sure. Their usefulness lies elsewhere. Like other traditional elemental systems, the three Druid elements make sense of patterns throughout the universe of our experience. Tools for thinking, their power lies in their ability to point the mind toward insights and sidestep common mistakes."- John Michael Greer -59 -

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## THE LAWS OF MAGIC

Presented by Angela 'Hecate' Abayez

#### Excerpted and quoted from Authentic Thaumaturgy by P.E.I Bonewits

The Laws of Magic are not legislative laws, but, like those of physics or musical harmony, are actually fairly practical observations that have been accumulated over thousands of years. These laws describe the way magic seems to behave.

#### The LAW OF KNOWLEDGE

This is probably the most widely used law, and probably encompasses all the others in some way. The basis of this law is that understanding brings control. The more that is known about a subject, the easier it is to exercise control over it. Knowledge is power.

#### The LAW OF SELF-KNOWLEDGE

An obvious derivative of the LAW OF KNOWLEDGE, this law carries additional connotations, as a mage who does not have knowledge of himself does not have knowledge (and therefore control) of his own magic. This law is one of the reasons "evil" mages are very rare—a dedication to "evil for evil's sake" is usually due to a lack of introspection and awareness of oneself. It is difficult to do harm to others when you understand fully what that kind of harm would do to you. Know thyself.

#### The LAW OF CAUSE AND EFFECT

A simple scientific understanding—if exactly the same actions are done under exactly the same conditions, they will be associated with exactly the same results. Magicians have at least as much belief in cause and effect as modern physicists do, they just realize that a good ritual, like a good theatrical performance or a good bread recipe, isn't always predictable. In truth, a spell involves so many variables, that controlling or even understanding them all is impossible. The key to magical success is learning which variables are the most important, and how to keep them constant. Control over the variables is icing on the cake.

#### The LAW OF SYNCHRONICITY

Two or more events happening at the same time are likely to have more in common than the merely temporal. Very few events ever happen in isolation from other events. There is no such thing as a mere coincidence.

#### The LAW OF ASSOCIATION

If any two pattern have elements in common, the patterns interact "through" those common elements, and control of one pattern facilitates control of the other(s) depending (among other factors) upon the number of common elements involved. This is a very important law, up there with the LAW OF KNOWLEDGE.

#### The LAW OF SIMILARITY

Having an accurate physical or mental representation of something facilitates control over it. This one is fairly obvious in its usage—having a model, picture, or other representation of your target (like a voodoo doll) gives you power to effect the target. Look alikes are alike.

#### The LAW OF CONTAGION

Objects or beings in physical contact with each other continue to interact after separation. Everyone you have ever touched has a magical link with you, though it is probably pretty weak unless the contact was intense and/or prolonged or repeated frequently. Magical power is contagious. Naturally, having a part of someone's body (nails, hair, spit, etc.) gives the best contagion link.

#### The LAW OF NAMES

Knowing the complete and *true* name of an object, being, or process gives one complete control over it. This works because a name is a definition (yes, even "Harold", "Marie", "Kunte", and "Jasmine" were at one time) as well as a contagion link, and an association (if you call something the same name over and over, that name becomes associated with the thing). This also works, because knowing the complete and true name of something or someone means that you have achieved a complete understanding of its or their nature.





This is why, in most pre-industrial cultures, people are given "secret names", as well as "public names", and why the sharing of a secret name is such an act of trust—because the secret name is considered to be very close to, if not identical with, the person's true name.

#### The LAW OF WORDS OF POWER

There exist certain words that are able to alter the internal and external realities of those uttering them, and the power may rest in the very sounds of the words as much as their meanings. Many of such words are names, though the meanings may have been lost or forgotten. Very many magical tools require words to be inscribed upon them and/or said over them during their construction and/or use.

#### The LAW OF PERSONIFICATION

Any phenomenon may be considered to be alive and to have a personality—that is, to "be" an entity or being. Anything can be a person. Most weather mages personify the winds and the clouds, for example, and thus find focusing their magic on the atmosphere much easier to do.

#### The LAW OF INVOCATION

It is possible to establish internal communication with entities from either inside or outside oneself, said entities seeming to be inside of oneself during the communication process.

#### The LAW OF EVOCATION

It is possible to establish external communication with entities from either inside or outside oneself, said entities seeming to be outside oneself during the communication process.

#### The LAW OF IDENTIFICATION

It is possible through maximum association between elements of oneself and those of another being to actually become that being, to the point of sharing its knowledge and wielding its power. This is the law that controls most lengthy or permanent possession phenomena.

#### The LAW OF PERSONAL UNIVERSES

Every sentient being lives in and quite possibly creates a unique universe which can never be 100% identical to that lived in by another. So called "reality" is in fact a matter of consensus opinions. This law is nowhere near as obvious as the other laws in its applications, but if you can figure some out, you can use it.

#### The LAW OF INFINITE UNIVERSES

The total number of universes into which all possible combinations of existing phenomena could be organized is infinite. Anything is possible, though some things are more probable than others. You might consider this to refer to the "alternate probability worlds" of science fiction, but it also has a much wider application.

#### The LAW OF PRAGMATISM

If a pattern of belief or behavior enables a being to survive and to accomplish chosen goals, then that belief or behavior is "true" or "real" or "sensible". If it works, it's true. Another rather obscure law, but it does have some very useful applications.

#### The LAW OF TRUE FALSEHOODS

It is possible for a concept or act to violate the truth patterns of a given personal universe and still be "true", provided that it "works" in a specific situation. If it's a paradox, it's still probably true. This law is basically useless, except to justify use of the above three laws without screwing things up in your version of the real world.

#### The LAW OF SYNTHESIS

The synthesis of two or more "opposing" patterns of data will produce a new pattern that will be truer than either of the first two were. That is, it will be applicable to more levels of reality, and this new pattern may not be a compromise, but may be something rather new indeed.

#### The LAW OF POLARITY

Any pattern of data can be split into (at least) two "opposing" characteristics, and each will contain the essence of the other within itself.

Continued...

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#### The LAW OF OPPOSITES

A sub-law of POLARITY. The "opposite" of a pattern contains information about that pattern, by providing information on what the pattern is not. Thus, control over a pattern's opposite (or close to its opposite) facilitates control over the pattern itself. (Note that this one I alone take the blame for, as it is my own extension of POLARITY and SIMILARITY)

#### The LAW OF DYNAMIC BALANCE

To survive, let alone to become powerful, one must keep every aspect of one's universe in a state of dynamic balance with every other aspect. Extremism is dangerous, as the extreme being becomes so associated with the extreme aspect, that they lose the ability to avoid that aspect at all. This is another reason "evil" mages are rare, as continuous association with pain or death will cause a mage pain or death, ending the mage's ability to continue actively with "evil". This is also why "good" mages, especially healers, tend to live a long time.

#### The LAW OF PERVERSITY

Sometimes known as Murphy's Law. If anything can go wrong, it will, and in the most annoying manner possible. Magical associations sometimes operate in the reverse of what was desired, and meaningful coincidences are just as likely to be unpleasant as pleasant. Even if nothing can go wrong, some element of the universe may change so that things will go wrong anyway. Whether we like it or not, the gods (or fates, or what have you) do have a sense of humor. Emotionally healthy mages have less problems with this law than others do, as the mage's own subconscious mind is probably a major perpetrator of this law.

#### The LAW OF UNITY

Every phenomena in existence is linked directly or indirectly to every other one, past, present, or future. Perceived separations between phenomena are based on incomplete sensing and/or understanding.

## Etheric Tools for Protection

By Alva 'Wise Woman' Lennox

Everyone should wrap themselves in protection daily regardless of their station in life. Not all of us deal with psychic attacks or attacks by entities but we do deal with negative life situations and ill-wishing people and 'users' who try to drain us.

Here are some protective measures any individual can take:

#### **Column of Mirrors**

Picture yourself in a circle or colonnade of mirrors surrounding you including over your head and under your feet facing away from you. Any negativity will be repelled and deflected away from you. Dark entities will go out of their way to avoid you.

#### White Light Bubble

If you are Christian or inclined to believe in the Holy Spirit this is the way to go. Simply envision a bubble made of the white transparent light of the Holy Spirit in which you are encased.

#### The Sword of Gold

Picture a sword of gleaming solid gold enhanced by sparkling jewels and hold the sword in front of your body so the hilt forms a cross in front of your brow chakra. The sword should be the length of your body. It serves as a deflection of the cowardice of the Dark Side and also nasty humans.

#### **Gossamer** Net

Imagine a fisherman's net make of spun gold and silver gossamer with Divine White Light shining thru it. Drape it over your head and entire body. If you encounter any dark entities drape another net over them. This will to neutralize any projected negativity.

#### **Worry Beads**

This mode of protection is a blend of the sacred prayer beads used by Catholics. Greeks and Tibetans. Either buy or make a circle of beads, four or five inches in circumference. The beads should be of natural materials with wood being the best choice. Keep the circlet by your bed and every night go around the circle one bead at a time and assign each different bead with a worry you accumulated from the day. When you are done. Put the beads in a container of sand and leave next to your bed. The sand absorbs the worries and neutralizes them. Why do this? Simple, negativity is drawn to those who a burdened by emotional debris and worries.

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#### **ARCANUS OBSCURUM**

#### Amal El-Mohtar Quote (Djinn, pg. 54)

Amal El-Mohtar is a Canadian poet and writer of speculative fiction. She has published short fiction, poetry, essays and reviews, and has edited the fantastic poetry quarterly magazine Goblin Fruit since 2006. This quote is from The *Djinn falls in Love and Other Stories* and was found on Goodreads.com.

#### Niamh Ardgall (Some Runic History, pg.55)

Niamh Ardgall is a Druid and wishes to remain anonymous as "the writing which conveys the message is more important than the writer."

#### Niamh Ardgall Presentation, Quote by John Michael Greer, (Druid Elements, pg. 59)

John Michael Greer is a highly respected writer, blogger, and independent scholar who has written more than 70 books, including *The Long Descent*, *Circles of Power*, and the award-winning *New Encyclopedia of the Occult*. An initiate in a variety of Hermetic, Masonic, and Druidic lineages, he served for twelve years as Grand Archdruid of the Ancient Order of Druids in America. He lives in Rhode Island.

#### P.E.I. Bonewits Quoted Excerpt (The Laws of Magic, pg.60)

**Phillip Emmons Isaac Bonewits** (October 1, 1949 – August 12, 2010) was an American Neo-Druid who published a number of books on the subject of Neopaganism and Magic He was a public speaker, liturgist, singer and songwriter, and founder of the Neopagan organizations <u>Ár nDraíocht Féin</u> and the Aquarian Anti-Defamation League. Born in Royal Oaks, Michigan, Bonewits had been heavily involved in occultism since the 1960s. The excerpt is from *Authentic Thaumaturgy*.

#### Alva 'Wise Woman' Lennox (Etheric Tools for Protection, pg.65)

Alva is a retired primary education teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it's been a long time coming.

## SACRED SCIENCES

"THE KNOWLEDGE OF ALL THINGS IS POSSIBLE."

#### Section Managing Editor – Anne Drake Sydney

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## Don't Just...

Don't just learn, experience. Don't just read, absorb. Don't just change, transform. Don't just relate, advocate. Don't just promise, prove. Don't just criticize, encourage. Don't just think, ponder. Don't just take, give. Don't just see, feel. Don't just dream, do. Don't just hear, listen. Don't just talk, act. Don't just tell, show. Don't just exist, live.

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Nyx at Night

# The Dark Aspect of the Universe

By Rev. Dr. Loni Haas

The night has teeth and it has claws ... and I have found them.

Born of primal Chaos, the Greek goddess Nyx soared across the sky each night. As each day approached its close, she drew a black veil across the sky and flew free in the heavens trailed by a retinue of stars. Nyx was one of the most ancient of goddesses and it was said that even Zeus held her in awe, fearing to do anything to displease her. Nyx is part of the Shadow World and only seen in glimpses.

Beneath the cerulean skies of ancient Greece, a proud race of dreamers sang the chronicles of their gods. The statues they raised for worship and remembrance idealized the human form and glorified the spirit of man. In magnificent stone amphitheaters they praised their gods in ritual dance and through human voice, measured choruses echoed across time. Their great deities controlled all the great rhythms and hazards of the Universe – the moonrise, sunset, tide, rain and all the mundane facets of life itself. All things emanated from the will of the Great Immortals.

It is easy to consider and conceive that the cosmos is divided into a variety of deific domains but, the natural tendency is to lean towards the concept that the act of giving form to the origin of the Universe began with two domains Light and Dark or if preferred Objective and Abstract. To the ancient Greeks, the Light/Objective would be the domain of Gaea and the rest of the deific pantheon as we now know them and have experienced them throughout the history of time via all the various worldly religions, mythologies and philosophies.

The Dark/Abstract had fewer deities and other lesser forces such as angeloi and daemones.

Consider for a moment that the Universe is eternal and like the gods in it, does not change in the way we think of and equate with the meaning of change. There is no premise of time in the Universe ... all is but an essential instantaneous moment. Yet something is destined to happen – the gods stir and move and things happen that never happened before for suddenly there is a need for "time" and the emptying of space. This was the moment at the dawn of creation that Nyx spread her great black wings and made it so.



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The great epic poet Hesiod tells us that it all began with Chaos. Chaos is translated not as uncontrolled and unpredictable activity, but as a great chasm, that is, a great still emptiness, from which the first gods were born ... Gaea, the foundation of all that is and abode of all life, Eros, the beautiful, who draws all things together, Erebus, the darkness and Nyx, the goddess of the night. In ancient Greece and in modern times, Nyx is rarely the focus of cults but is often an influence behind them. In these contemporary times, there are those who feel they heed her call and consider themselves advocates and supplicants of Nyx.

Nyx mated with Erebus (the darkness) to bring forth children. But unlike the children of Gaea and Ouranos, these children were not divine perfection but rather abstract negations. Darkly fecund, Nyx gave birth to a host of terrors – Eris (Strife), Moros (doom) the Keres (murder, slaughter, carnage), the Hesperides (keepers of the treasures of the gods), the Morai (fate), Apate (deceit), Philotes (lies), Geras (old age), Limos (hunger) Momus (blame, cynicism and criticism), Hypnos (Sleep), the Oneiroi (Hynos) collection of dream/nightmare masters, Morpheus, Icelus, Phobetor, Phatasos) and Thanatos (Death) and a great many others that balance out the forces brought into being by Gaea and her son/mate Ouranos.

The Hellenic system has concepts of good and evil, but not in the same absolutes as more duotheistic or so-called monotheistic religions. The dark side of the universe is not evil. The dark and light aspects of the universe can be viewed more as primordial *- the seen* and *the unseen*, creation and destruction, objective and abstract. The dark aspect of the universe is that which negates, in a complimentary and necessary way, that which the light aspect produces. If the light aspect creates, the dark destroys. If the light aspect is life the dark is death. But this is all far too simple, for within the dark there are creative aspects just as within the light there are destructive aspects.

This undoubtedly leads us to the concept of primitive fundamental balance.

Nyx is the ultimate goddess of the dark aspected universe yet she is clearly distinct because she is not intimately involved with life as the other Olympian gods who make their presence known in all things human. Nyx represents death, the great night, a condition which is viewed as negative and greatly feared. She works her terrible power of entropy, the force of destruction and dissolution that is part of all things, upon the entire cosmos eventually bringing the chaotic energy of being back to the stillness of nonbeing.

Nothing in the cosmos is eternal except the energy that was its foundation at the beginning.



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The Universe is not in its natural state. The gods continue to disturb it as the two great forces Light and Dark, Objective and Abstract. The children of Gaea stir the pot and the children of Nyx still it. They seek each other out – the order and the chaos not to nullify one another but to come to a stalemate and equilibrium. Things must be destroyed so new things can come to be. Nyx and her children are not only destroyers but bringers of new potential and unending possibilities.

Nyx should not be thought of as a goddess of chaos, but rather a balancer, for the energies of the universe cannot all become cosmically subsumed into the solid matter of Gaea, nor can they be allowed to all be gathered to the center by Eros. Matter is formed, and it must be unformed so that it returns to an energetic form reforming into matter again. Combining and recombining to form newer and more complex materials.

The gods moved and stirred, and they saw that what was made by that stirring was good ...

## Orpheus Hymn to Night--

NIGHT, parent goddess, source of sweet repose, From whom at first both Gods and men arose, Hear, blessed Venus, deck'd with starry light,

In sleep's deep silence dwelling Ebon night! Dreams and soft case attend thy dusky train, Pleas'd with the length'ned gloom and *feaftful* strain. Dissolving anxious care, the friend of Mirth, With darkling coursers riding round the earth. Goddess of phantoms and of shadowy play, Whose drowsy pow'r divides the nat'ral day: By Fate's decree you constant send the light To deepest hell, remote from mortal sight For dire Necessity which nought withstands, Invests the world with adamantine bands. Be present, Goddess, to thy suppliant's pray'r,

In 1997, the International Astronomical Union approved the name Nyx for a mons (mountain/peak) feature on the planet Venus. Nyx Mons is located at 30° north latitude and 48.5° longitude on the Venusian surface. Its diameter is 875 km. On June 21, 2006, they renamed one of Pluto's recently discovered moons (S/2005 P 2) to Nix, in honor of Nyx. The name was spelled with an "i" instead of a "y", to avoid conflict with the asteroid 3908 Nyx.





Quench the sun? Hell it's been done. Out in space the bizarre darkness you should fear. Harvesting the energy til it's barren and clear. Many natural wonders have been erased to black. Unable to stop abominations once they've tasted the crack. Feeding for more and grabbing anything close. Using any resources to sustain its next dose. Boötes void, the abyss gazes back. Learn from mistakes, or be the next snack...

Boötes void is a region in space where it's unnaturally black over a wide area. Normally scientists or astronomers would think it would be lit up with more galaxies



"...the idea of the earth as a geometric shape goes back in history at least to the Pythagorean School of thinking in ancient Greece. Its famous adherent, Plato, wrote that 'the earth, viewed from above, resembles a ball sewn from twelve pieces of skin."

~Christopher Bird~

The Twelve Devil's Graveyards

Derrick 'Mad Scientist' Sonodon

## **GRIDDING THE EARTH**

Plato recognized the pattern of grids. He devised a theory regarding his belief that the earth's basic structure evolved from a simple geometric shape to more complex geometric shapes associated each shape with one of the elements, earth, fire, air, ether, and water. The earth's energy grid from the inception of its evolutionary course, has evolved through each of these shapes to what it is today. Each shape when superimposed, one upon the other, creates a kind of all-encompassing energy field that is the basis of holding earth all together. The planetary energy grid operates through certain geometrical patterns that follow a specific symmetry. The grids meet at various intersecting points forming a matrix. These grid points can be found at some of the strongest power places on the planet. These shapes became known as the platonic solids and they are cube, tetrahedron, octahedron, dodecahedron and icosahedron.

The same vibrating aether energy that shapes the atom also shapes the planets, the stars and all the rest of the universe in the very same way. The Platonic energy fields at the quantum level should therefore also be found at the macroscopic scale of our own planet Earth. The scale of the wavelengths may be different but the ratio of the interfering aether wavelengths are the same, the ratio is inherently fixed by the geometry of the Platonic solids. Another way of saying the same thing is that atoms, planets and stars are interconnected by the fractal patterns of the Platonic solids. The Platonic solids also create an energy matrix around the Earth that scientists now call the **Earth Grid**.

The Earth grid has been studied at length and it shows many amazing facts since it perfectly outlines the shapes of the continents, mountain ridges, tectonic cracks in the Earth's crust, ridges at the bottom of the oceans, places of volcanoes, ocean current patterns. All of these geological effects and many more can be mapped onto the Earth grid. The grid pattern of the Earth is attributed to the torsion waves that rush into the Earth. Although torsion waves are very subtle, collectively they become very strong and are able to create real geological effects that are discernible in our Earth's crust.

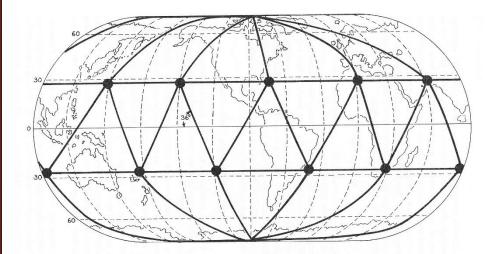


In 1968, Sanderson introduced the concept of the ''vile vortex''. Vile vortices are supposed to be ''anomalic regions'' regularly distributed on Earth where disproportionately many strange phenomena occur, such as disappearances, UFO sightings, or poltergeist activity. –Wikipedia Continued...

## THE TWELVE DEVIL'S GRAVEYARDS

Many scientists have worked on the Earth grid model, but the first one was Ivan P. Sanderson. Sanderson was and eminent naturalist and scientist who had never taken any active interest in the "occult" not because he actively disbelieved in it but because as he stated, "I have only one life to lead ... and I've been far too busy trying to catch up with the more pragmatic facts of it." Never-theless, Sanderson ended up with a lifetime full of personal and worldly paradoxes that he felt very inclined to study.

Sanderson found what he calls the twelve 'Devil's Graveyards.' These Graveyards exist around the world and are geometrically spaced from one another. They are triangular areas where physical anomalies have been reported such as the mysterious disappearances of ships and airplanes for no apparent reason. The most famous of them is the Bermuda triangle and the second best known is the Devil's Sea east of Japan. There have been many reports of time and space dilation that were accompanied by loss of compass, altimeters, artificial horizon, loss of radio contact and other strange phenomena that many airplane pilots experienced while flying over the Bermuda triangle. There have been reports of planes that after arrival seemed to have traveled through a different time zone since all watches on board were late by exactly the same time! Sanderson noticed that there are five 'Devil's Graveyards' in the Northern Hemisphere, five in the Southern Hemisphere and two at the poles, twelve in total forming the exact vertices of the icosahedron.



Continued...



Are these vortices real? The only data Sanderson offers as concrete evidence are reports by professional fliers, which he claims are backed by official records, of planes arriving impossibly early and other such time anomalies. He presents no specific (a.k.a., verifiable) examples of such incidences, but states that they occur frequently in some of the twelve vortices. – Penny Chavers

Continued...

The Devil's Graveyards are all situated on the vertices of the icosahedron of the Earth grid. In these places abnormal aether vortexes can occur during rare interplanetary alignments taking place within our Solar System.

| Vortices in the Tropic of Cancer          | Vortices in the Tropic of<br>Capricorn |
|---|--|
| Mohenjo Daro, site of the Rama Empire     | The Zimbabwe Megaliths                 |
|   | Wharton Basin, the site of the         |
| The Devil's Sea (Dragon's Triangle)       | Wallaby Fracture Zone                  |
| Hamakulia, near Hawaii, the scene of high |  |
| volcanic activity                         | The edge of the Hebrides Trench        |
| The Bermuda Triangle                      | near the Fiji Islands                  |
|   | Easter Island Colossi                  |
| The Algerian megalithic ruins             | The South Atlantic Anomaly             |
| The North Pole                            | The South Pole                         |

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| volcanic activity                         | The edge of the Hebrides Trench        |
| The Bermuda Triangle                      | near the Fiji Islands                  |
|   | Easter Island Colossi                  |
| The Algerian megalithic ruins             | The South Atlantic Anomaly             |
| The North Pole                            | The South Pole                         |

As with all things there is a balance so there are also positive vortices around the world.

## Himalayas/China (31.72N/103.2E):

Tibet, in the Himalaya Mountains, has always been viewed as a focus of meditative energy. Tibet it is actually west of the Vortex at 32N/103E in Chengtu, China. It is interesting to note that the China Pyramids lie just northeast.

Continued...



Scientists are still not exactly sure how these vile vortices work or why they happen. What we do know is that they are areas in which strange, possibly even paranormal phenomena, disappearances, and disturbing tales seem to commonly take place. The Bermuda Triangle, for example, is probably the best known one and there have been stories of glowing water, spinning compasses, and even possible alien abductions for hundreds of years now. The other areas may not be as popular, but many of them have similar stories. – Laura Allen

Continued...

## Egypt (32N/31E):

The sphinx and the pyramids have always been a focus of energy attention and we now understand that the pyramid shape focuses energy and enhances things in a good way. Was the original intention of building the pyramids to focus vortex energy?

## Findhorn, Scotland (58N/4.8W):

Scotland has always been a focus of research on the Celtic Druids and Sacred Geometry. Ley Lines that converge on in this area have been studied at great length. Findhorn itself appears to be the actual center of the Vortex. Sites of interest include the Callendish Megaliths, Maes Howe, Ring of Bodgar and Loch Ness

## Kiev, in Ukraine (of the former Soviet Union) (51.6N/31.2E):

Kiev has been a major Religious Site for the Eastern Orthodox Church. The Vortex is just North of Kiev and South of Gomel (near Chernobyl). Hrushiv (S.W. of Vortex) has been the site for two apparitions of the Virgin Mary (1914 & 1987). The 1987 apparition was one year to the minute after the Chernobyl nuclear accident.

## Buffalo Lake, Alberta, Canada (52.6N/112.8W):

In Alberta, Canada, Buffalo Lake is considered by Indians to be a major concentration of Medicine Wheels.

## Hudson Bay (58.3N/76.8E):

Hudson Bay, in Canada, is the source of the Magnetic North Pole. The Chubb meteor crater, Ugansk Bay, and an Eskimo Art complex are also present here.

## Midway Island (30N/175.2E):

Midway Island is considered a focus of energy and is still under observation.

"Hope because the universe hears you."
Hope because the universe works for you.
Hope because the universe speaks to you.
Hope because the universe will finish what it began in you."

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## SACRED SCIENCES

## Roy T. Bennett Quote (The Light in the Heart, pg.68)

Roy T. Bennett is the author of The Light in the Heart. He loves sharing positive thoughts and creative insight that has helped countless people to live a successful and fulfilling life. He hopes that his writing will help you become what you are capable of becoming.

## Rev. Dr. Loni Haas (Nyx at Night, pg. 69)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

### Mikey Pierog (Boötes Void, pg. 72)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey is an administrator and Manager on <a href="https://www.lightforcenetwork.com/">https://www.lightforcenetwork.com/</a>.

### Derrick 'Mad Scientist' Sonodon (The Twelve Devil's Graveyards, pg. 73)

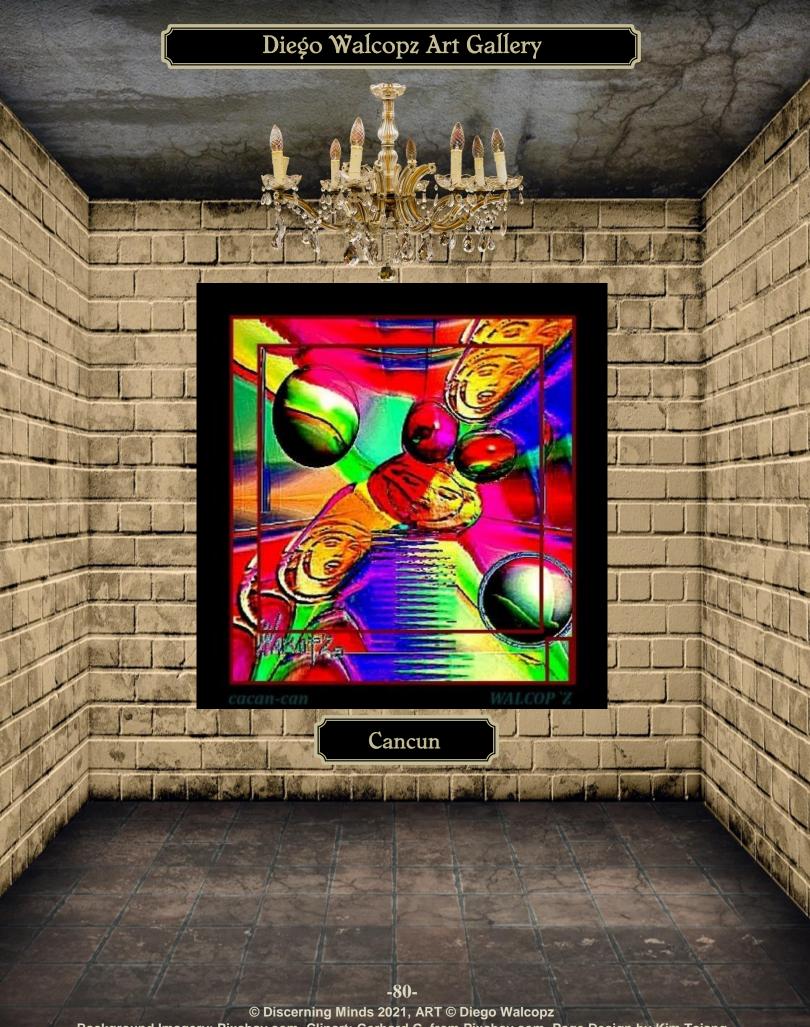
Derrick 'Mad Scientist' Sonodon is a senior in college in the mid-west majoring in Geology. A private person, Derrick prefers to tell no further tales about himself.

## Drishta Babalani Quote (Wordions, pg. 77)

Born in the temple city of Ujjain, MP, India, Drishti Bablani is a Singaporean who has her roots from Adipur, Kutch, and Gujarat, India. Her keen interest in Poetry was planted at her alma mater Mount Carmel High School. Armed with a Bachelor's degree in Engineering, Instrumentation and Control (L.D.Engineering, Ahmedabad) and a Post Graduate Diploma in Management from TIMS, she today is a successful Banking IT professional. An avid reader, a lover of words, a behavioral psychology enthusiast and an expressive writer– Drishti is a strong believer in the immense power a beautifully crafted stream of words carry, and how these words can influence thought.



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## Debbie Hanna Art Gallery

# Gathering Sacred Knowledge

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## Debbie Hanna Art Gallery

## Raven Medicine Woman

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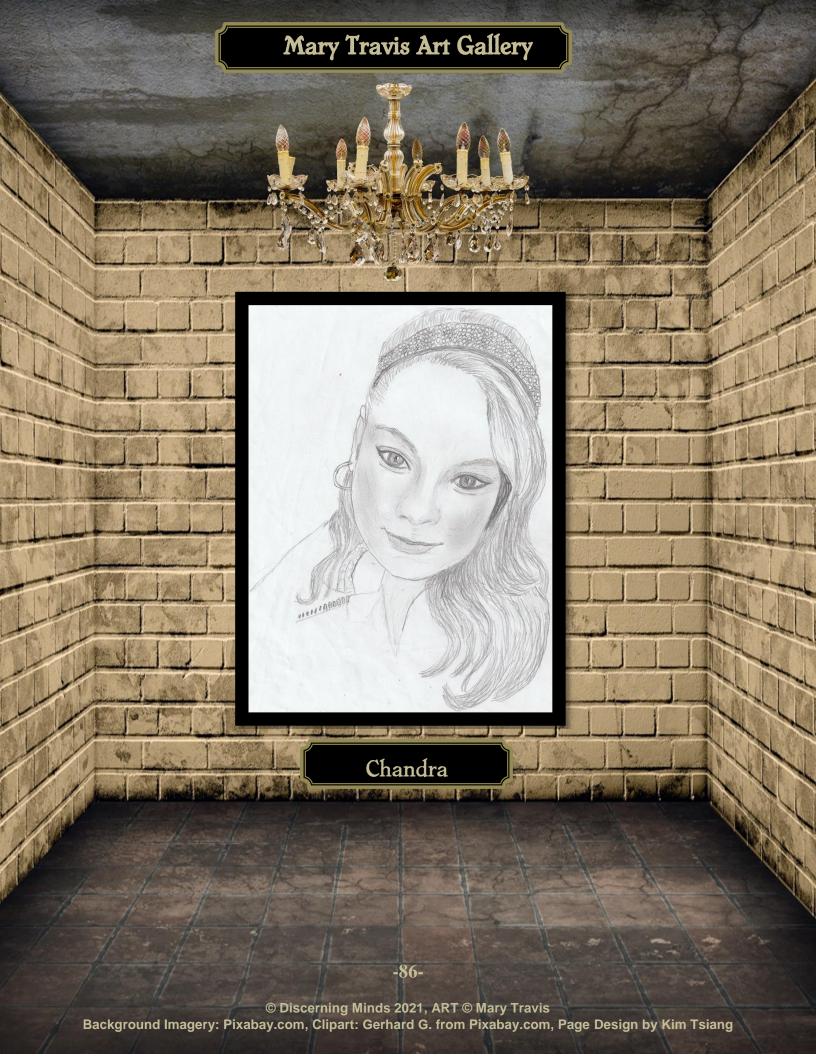
# Debbie Hanna Art Gallery

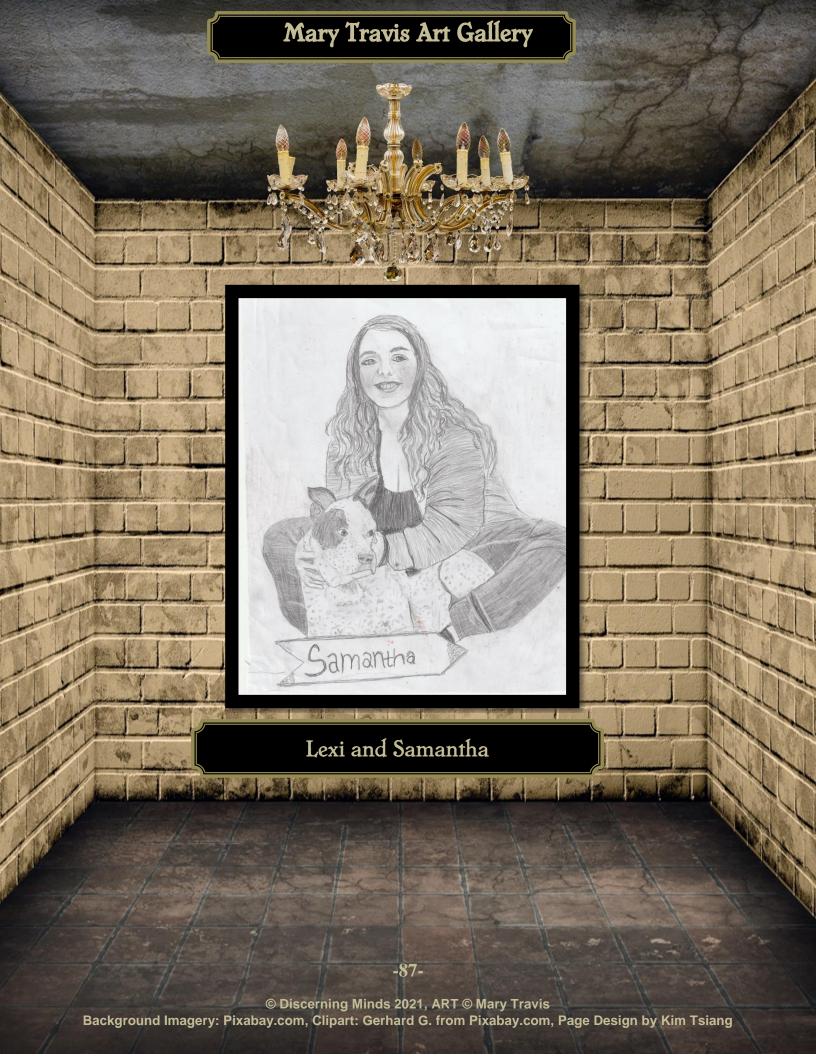


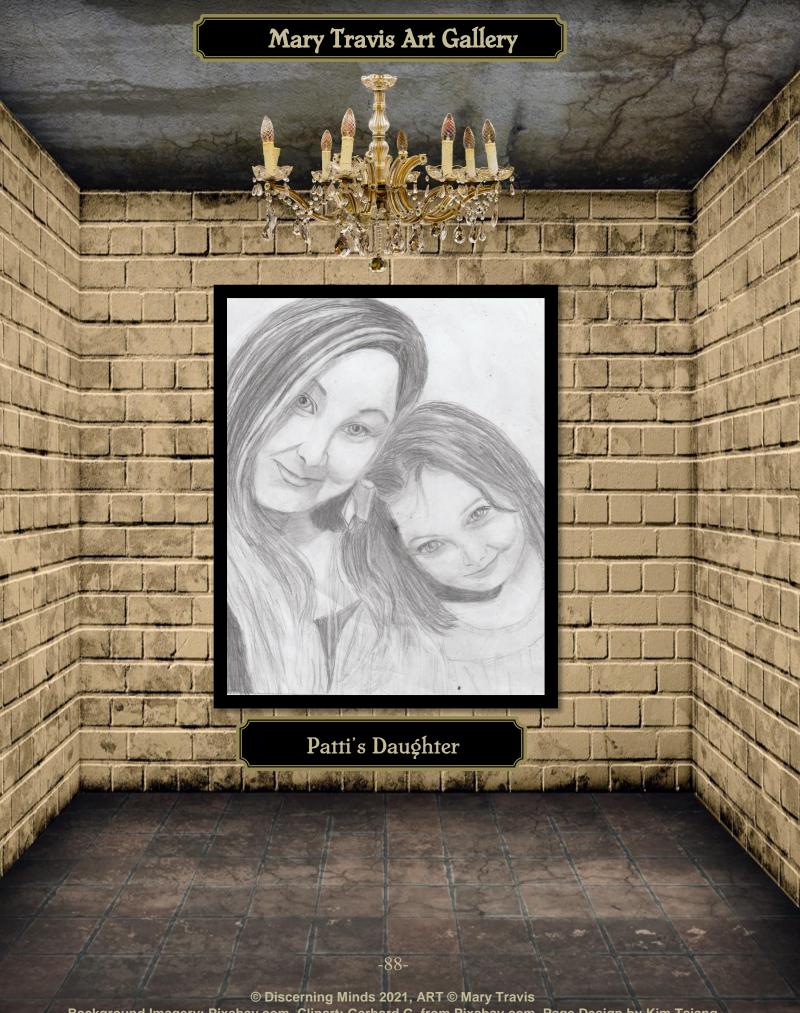
Sara's Past Life

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## Alchemycal Prosetry Guild

## Partir eu do Mar "That I may depart from the Sea"

Crested fingers caress the trodden strand Like an Olde Mother giving comfort to a babe. The tide has risen and carried from memory The dark secrets of the Sea. Footfalls upon the sands of foreign shores, Busy ports teeming with life and lust. Spoils divided amongst sweat and wine-The sanguine contest ended by saber and cutlass. The victor's only excess to lay a bloodied brow Upon a supple breast and weep and rest Until the Sea beckons... Manifold journeys across an endless expanse, Every breath heaving in rhythm with the swell. Leather muscles adorned with diamond spray, Salt on every lip, "Dios" on every tongue. Ocean titans in vain display engage the volley, Timbers corrupted and torn by cannon blast. In camaraderie they waste and fall-Those souls maligned of Poseidon. The borrowed time of men Consumed hungrily by the watery abyss And yet the Sea beckons. The surf summons ancient seasons to this shore. Mariner's wisdom spent in the waves. From the jetty the Sky and Sea become as one, a muted view like so many spilled water colors. The ship glides into the harbor, its sails exultant, Rays of the Sun dancing on her, crimson and gold. I look out to the horizon from her proud deck-Eager to partake of the quest like those before me. That I may depart the Sea Comes only at the hands of Fate. For still the Sea beckons...

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## **CREATIVE MUSINGS**

## Diego Walcopz (Art Gallery, pgs. 80-82)

Diego Walcopz was born in Armenia, Colombia and started painting at age 13. He studied painting at the National University. He has had many exhibitions both in Colombia and in Canada, USA, and Europe. He studied communication sciences. He has published a book of poetry. He taught philosophy in a Colombian university and has had many spiritually transformative experiences including OBEs, NDE.

## Debbie Hanna (Art Gallery, pgs. 83-85)

I have been painting since childhood and professionally for about 40 years. My love of Painting, Spirit and my ability to see energies all came together and now I do personal Spirit Guide, Power Animal, Higher Self, Angels and whatever else shows up in the painting. I also teach Art classes in studio or online via zoom. Paintings and prints available. Contact info Debs Sacred Images on Facebook https://www.facebook.com/DebbieHannaArt

Debs Sacred Images on Facebook <u>https://www.facebook.com/DebbieHannaArt</u> Debhanna331@gmail. Com 208-844-0840

Mary Travis (Art Gallery, pgs. 86-88)

I started doing portrait sketches when I was about 8. I was a very sickly child so spent a lot of time bedbound. When I told my mother how desperately bored I was she gave me a pad of sketch paper and some art pencils and told me to draw. The first thing I drew was my mother and it came out pretty good. I have been doing portrait sketches ever since. I do pencil portraits from photos I am given to draw. I made a lot of money while in college doing peoples boyfriends from the people in my dorm. I also do shell crafting by commission. My artwork can be found at <a href="https://travistype.wixsite.com/website">https://travistype.wixsite.com/website</a> Also on Facebook <a href="https://travistype.wixsite.com/website">https://travistype.wixsite.com/website</a>

To contact me about a commission contact me at travistype@hotmail.com or call me at 941-883-6557 or IM me on Facebook.

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Continued ...

## Renata Baillie (Doll Shoppe, pgs. 89-90)

I was born and raised in Hungary but I have been living in the United States for the past 20 years. I am a self-taught sculptor, silicone caster and silicone artist. I focus on hyperrealism in movement, paint and special effects artistry during the creation of my dolls. I sculpt my dolls from clay then mold them, cast them into silicone finally finish them with paint and micro root their hair, eyelashes and other special effects to push the boundaries of realism. All of my dolls are unique and "life like" not only visually but also the way they feel to the touch and their movement reflects a real life infant's movements. I can be reached at:

https://www.facebook.com/Precious-Creations-103505614772215/

PreciousCreations@ gmail.com

### Alchemycal Prosetry Guild (Partir o do Mar, pg. 91)

*Partir o do Mar* reflects the past life remembrance of a Portuguese sailor who spent his life on the sea traveling from port to port and never settling down to life on land. It has been presented with permission by its author, Loni Haas, a retired professional astrologer and behavioral therapist living in Atlanta, GA. It is currently archived in Alchemycal Prosetry.

# Odd Vant Guarde

But if You're gonna dine with them cannibals -

Sooner or later, darling, You're gonna get eaten ...

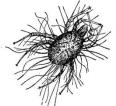
> Section Managing Editor – Oscar "Trashman" Corelli © Discerning Minds 2021 Background image: Peggy und Marco Lachmann-Anke from Pixabay.com, Page Design Kim Tsiang Quote: Nick Cave @ Goodreads.com



If I had a world of my own, everything would be nonsense. Nothing would be what it is, because everything would be what it isn't. And contrary wise, what is, it wouldn't be. And what it wouldn't be, it would. You see?"

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# The Itsy Bitsy Spider



By Rifkin the Historian

Here is a weird tale that waxes a wee bit Frankenstein and defies explanation...

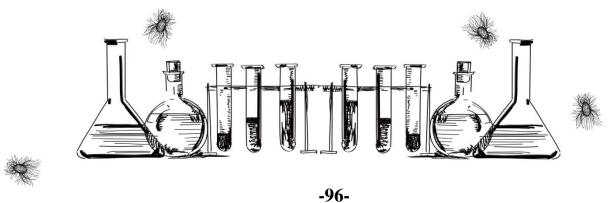
In 1807, in an isolated area somewhere in a western section of England, a gentleman scholar by the name of Andrew Crosse began a series of strange experiment involving electricity. It all started when he visited a cave known for its prolific growth of crystals in order to discover the process by which the crystals had formed. Crosse's hypothesis was that the crystals which lined the roof of the cave were a result of some type of upward electric attraction. He was soon back in his manor house laboratory growing his own crystals and eventually produced about 200 different varieties. Most of these crystals were similar to those found in nature but others defied anything known to be created by nature or through the artistry of man.

In 1837, Crosse began a new experiment to see if he could form "glass crystals". He used ground flint and potassium chloride dissolved in hydrochloric acid to form a fluid which was to be allowed to dry slowly through a porous "electrified" stone. Two weeks into the experiment, he noticed some strange white filament like projections located at the center of the stone. Twelve days later, a weird insect standing erect in the same location was observed. Two days following this observation, Crosse was amazed to find several of these little creatures moving their limbs and freeing themselves from the host stone. In a very short time, nearly 100 insects appeared on the stone. They were a very peculiar sight with bristles and no discernable shell.

The insects were identified as an odd form of acari or more specifically, mites. The big question that remained was how they got there. Crosse covered all the bases first suspicious that the little creatures may have been in the water base of the solution before he started the experiment or that perhaps the eggs of a passing insect may have fallen into his apparatus and that the ovum was then hatched due to the electric charge. It also crossed his mind that he might have created the insects himself. This was very disconcerting to Crosse so he decided to run the experiment again.

This time, under stringent and sterile controlled conditions, Crosse set up seven glass cylinders each with a different chemical solution. All of the cylinders were sealed and each was subject to electrical current. After a few months, the strange acari appeared in all but two of the cylinders.

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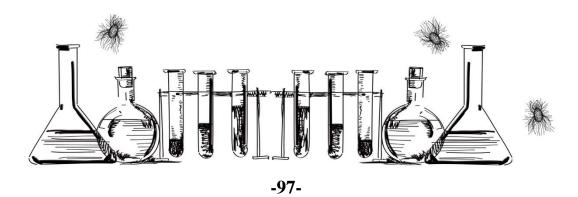
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Even though the experiment was a success, Crosse was very dismayed and frightened because he felt that the appearance of the creatures despite the controlled conditions meant that he had actually created life. He decided to seek out a rational explanation

Unfortunately, no explanation was forthcoming. A scientist by the name of W. H. Weeks and the rather infamous physicist, Michael Faraday repeated Crosse's experiment with the same results. It is it believed that several others repeated the experiment successfully and that it was eventually suggested that the new species be dubbed Acari Crossli. Crosse was heartily supported by the scientific community but when he published his findings he was completely ridiculed by the public and accused of arrogance and blasphemy by the clergy. He was quickly and irrevocably outcast by all and literally labeled a devil man. The ongoing and never ending controversy that ensued was so bitter and damaging that Crosse retired in seclusion. He continued to study electricity but restricted his experimentation to the purification of seawater and the preservation of food using "electrified water."

The mystery surrounding Crosse's Critters remains unsolved to date. Any records of the exact methods he used have been lost over the years. It is interesting to note that there is some evidence that Mary Shelly, the author of *Frankenstein*, actually attended one of Crosse's lectures on electrical experimentation during the earlier days before Crosse's world crashed around him. The astrologers and astrology buffs in our audience might be interested to know that Crosse was a Gemini born on June 17, 1784. He was considered a child prodigy and became a skilled practical joker by the age of twelve. It is too bad that in the end, Nature had the last laugh.





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I am the interpretation of the prophet I am the artist in the coffin I am the brave flag stained with blood I am the wounds overcome I am the dream refusing to sleep I am the bare-breasted voice of liberty I am the comic the insult and the laugh I am the right the middle and the left I am the poached eggs in the sky I am the Parisian streets at night I am the dance that swings till dawn I am the grass on the greener lawn I am the respectful neighbour and the graceful man I am the encouraging smile and the helping hand I am the straight back and the lifted chin I am the tender heart and the will to win I am the rainbow in rain I am the human who won't die in vain I am Athena of Greek mythology I am the religion that praises equality I am the woman of stealth and affection I am the man of value and compassion I am the wild horse ploughing through I am the shoulder to lean onto I am the Muslim the Jew and the Christian I am the Dane the French and the Palestinian I am the straight the square and the round I am the white the black and the brown I am the free speech and the free press I am the freedom to express I will die for my right to be all the above here mentioned And should threat encounter I'll pull my pencil.

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# Is There a Dark Brotherhood?

By Syd Alrruhi

In some esoteric circles it is believed that there is indeed an insidious Dark Brotherhood. Why wouldn't this be true? If we believe that there exists balance in the Universe then certainly all would not in reality be a bed of roses. Once in while a thorn must stick us all in the derriere. In my realm walking experiences I have seen essences of both light and dark with entities to boot – the lower astral polarity of which we all tend to believe as if our sanity relies on the 'good' defeating the 'evil'.

How can we equate this in mundane earth terms? Consider the following: They came from all walks of life ... those strange European practitioners, who said theirs was an acquired and forbidden knowledge learned in a school presumed to be in Spain. No one knew exactly where the school was but speculation placed it at Toledo or Salamanca. The term of course was five to seven years during which time no one ever saw the students until they re-emerged haggard and grim faced. The headmaster was unseen and unheard; yet, all knew who he was – the only stipulation for entry – a "certain agreement."

The school could only be reached through a cavern accessed by winding staircases, by which they were led far into the Earth – sealed away from sunlight, sealed away from the outside world by heavy and impenetrable iron doors. Except for their own murmurings, they schooled in silence. Sustenance appeared by an unseen hand that catered sparsely to their bodily needs. No monetary fee was ever charged. They saw no schoolmaster or instructor. They heard no responses to their queries. The answers they sought and asked for each night in their evening contemplations appeared at dawn as letters that seemed illuminated on faded parchment pages or upon the cavern walls. No servants attended them.

Once "graduated" and re-entered into the world, they appeared to have no conscience or any need to show responsibility for their actions. Easily taking all the credit when things went well, they just as easily cast blame on others when it did not. Self-justification was their first and only response to criticism. Now let's consider a rehash from the old tome of *Ancient and Forbidden Knowledge* which provides an explanation to satisfy an earth mind.

Continued...



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In the nineteenth and early twentieth centuries, organized magical lodges serving the powers of evil were formed. Known as the Brothers of the Shadow or Black Lodges, these organizations were said to be in opposition to the forces of spiritual evolution and to the Masters and the Great White Lodge. In the Hermetic Brotherhood of Luxor and traditions descending from it, the Black Lodges were associated with a Mysterious Dark Orb and its sinister hierarchy.

The Dark Orb was said to be the place where souls that failed to make contact with their higher selves and so gain immortality, sink gradually into oblivion. It lies by location in the shadow of the Earth in space. There has been much earnest and studious thought given to what the Orb is or was. Some believe it to be tied to the Egyptian conception of spiritual fall and some believe it to be the Lost Orb of the Grecian mysteries while others insist it is the Moon in its connotation of the 8<sup>th</sup> sphere of death and dissolution. Yet there is another explanation. During the Golden and Silver Ages of the Earth's evolution, the Dark Orb was in the aphelion of its orbit. Its influence was scarcely felt but was minutely recognized as "animal force" and underdeveloped good. During the Copper and Iron Ages the orb gradually approached Earth and its dark shadows started to become perceptible yet remained bewildering. Around 1881 it passed its perihelion point and began to recede yet its dark clouds were not completely lifted from mankind's mental horizon, as it remains today - a disturbing factor of our planet's mental equilibrium.

The orb is said to possess a complete organization of its own. It is governed by defined laws the nature of which is exhibited in the lower animal nature manifested in mankind. The sphere is inhabited by numerous races of spiritual beings neither elemental nor elementary possessing high intellect and cunning. Originating from a dark center in the Astral Realm, "the dark council" of magical hierophants creates the Grand Delusion. They are the producers of human suffering and misery and the procurers of lies, deceit, fraud and religious and spiritual imposture. All these things are constantly reformulated to suit the temper of human times. Its influence is subtle psychological poison projected into the dimensional mental matrix of the human race; the occult current penetrating the inner recesses of the mind and accosting the Soul until finally in the heart of man is found an evil sliver of self-interest. The matter of energy distribution is inversive and used to distort and corrupt every arcane truth into theological dogma always with just enough "error" and doubt to make it acceptable to the logic of the human mind.

Continued...



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Continued...

*The favored targeted prey is always those who are half informed of nature's mysteries. The old proverb* ... *"A little knowledge is a dangerous thing," aptly applies here.* 

Its greatest accomplishment was and is the distortion of theologies, belief systems and metaphysics throughout the world at large through the doctrines of reincarnation and karma and the afterlife which have been twisted. Not all of this was successful because there are certain natural absolutes that cannot be corrupted by the dark magic. Man alone possesses the elements of both life and death. The laws of life have been fully elucidated and the Soul obeys them. There is nothing to fear even though we all are experiencing these influences today via politics and world governments. It is necessary for the balance to be restored.

Pleasant Dreams and Realm Walking!



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# Lunarcy

By Thomas Selinas Crosse

There's a Man in the Moon and he's made of green cheese – And if you lose something he'll snatch it with ease – For everyone knows all things lost end up on the Moon – Never to be returned anytime soon – So as you gaze at the lunar light – Lock up your goods and keep them out of sight!

There are many strange and humorous superstitions connected to the Moon. Here are some of the most amusing...

A form of madness known as being "moonstruck" will occur if you sleep under the light of the Moon.

A great cure for warts is to wash your hands in a metal basin by Moonlight.

Blowing nine times on a wart during a Full Moon will make it go away.

A good time to cut your hair is when the Moon is waxing. It is especially beneficial if the waxing Moon is in the sign of Leo or Aquarius. Make sure the day is not Friday.

It is considered very unlucky to point at the Moon.

If you make a wish while looking at a New Moon your wish will come true by the end of the year.

It is bad luck to bury a body or dig a grave during a New Moon.

It is lucky to see a Crescent Moon over your left shoulder or a New Moon over your right shoulder.

Two Full Moons (the second occurrence known as a Blue Moon) in the same month means the following month will have severe weather.

Being married during a Full Moon is very fortuitious.

Continued...

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Continued...

- Children born under a Full Moon grow to be very strong.
- Women who stare at a Full Moon or lay down under its light will become pregnant and give birth to a monster (most likely a werewolf).
- Never try to commit robbery on the third day of a Full Moon you'll fail!
- Looking the Moon through glass or through tree limbs is bad luck.
- Lovers who cross the Moon line together will never marry.
- If you carry silver coins in your pocket and turn them over during the light of a New Moon you'll never want for anything.
  - The Full Moon is the best time for curing illness.
  - All lost items that remain unfound are stored on the Moon.



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## **ODD VANT GUARDE**

### Lewis Carroll (QUOTE: (A World of My Own, pg. 95)

The Reverend Charles Lutwidge Dodgson, better known by the pen name Lewis Carroll, was an English author, mathematician, logician, Anglican clergyman and photographer. His most famous writings are *Alice's Adventures in Wonderland* and its sequel *Through the Looking-Glass* as well as the poems "The Hunting of the Snark" and "Jabberwocky", all considered to be within the genre of literary nonsense. Oxford scholar, Church of England Deacon, University Lecturer in Mathematics and Logic, academic author of learned theses, gifted pioneer of portrait photography, colorful writer of imaginative genius and yet a shy and pedantic man, Lewis Carroll stands pre-eminent in the pantheon of inventive literary geniuses. Quote is from Goodreads.com.

## Rifkin the Historian (The Itsy Bitsy Spider, pg. 96)

Marcus Rifkin is known as 'The Historian' a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat "Rifkin's Unknown Surprise."

### Mie Hansson (QUOTE: Where Pain Thrives, pg.98)

Mie Hansson, born in Denmark in 1990 is a poet, artist and publishing director who is best known for the poetry collection 'Where Pain Thrives'. Her poetry has appeared in literary journals such as 'Ariadne's Thread', 'Dalston Speaks' and 'Miracle Works'. In September 2017, a new paperback edition and audio version of 'Where Pain Thrives' was released to a wider audience. The Quote is from Goodreads.com.

### Syd Alrruhi (Is There a Dark Brotherhood? pg. 99)

"Syd Alrruhi" is the pseudonym for Gerome Cass. Gerome considers himself to be the "evolving man." Psychic experiences and out of body travel have been a part of his entire life. Gerome holds a Ph.D. in both psychology and physics which he describes as the red and blue pills and part of the Matrix construct and the thought controlled process. He also feels that people care too much about what others think and that it creates a spiritual block to attainment.

### Thomas Selinas-Crosse (Lunarcy, pg. 102

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the <u>www.lightforcenetwork.com</u> where he serves as a proficient.