What's Your Perspective?
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Don’t judge a book by its cover, rather, by what you uncover.

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Content sections are:

*The Human Condition* – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, reincarnation, personal musings.

*A Matter of Spirit* – Esotericism, Higher Mind, Karma/Dharma, miracles, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

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*Odd-vant Guarde* – Atypical, curious, paradox, eccentric or uncanny chronicles and yarns. Quirkology.
The Human Condition

Animals live in the natural world and humans live in the unnatural world.
“All right,” said Susan. "I'm not stupid. You're saying humans need... fantasies to make life bearable."

REALLY? AS IF IT WAS SOME KIND OF PINK PILL? NO. HUMANS NEED FANTASY TO BE HUMAN. TO BE THE PLACE WHERE THE FALLING ANGEL MEETS THE RISING APE.

"Tooth fairies? Hogfathers? Little—"

YES. AS PRACTICE. YOU HAVE TO START OUT LEARNING TO BELIEVE THE LITTLE LIES.

"So we can believe the big ones?"

YES. JUSTICE. MERCY. DUTY. THAT SORT OF THING.

"They're not the same at all!"

YOU THINK SO? THEN TAKE THE UNIVERSE AND GRIND IT DOWN TO THE FINEST POWDER AND SIEVE IT THROUGH THE FINEST SIEVE AND THEN SHOW ME ONE ATOM OF JUSTICE, ONE MOLECULE OF MERCY. AND YET—Death waved a hand. AND YET YOU ACT AS IF THERE IS SOME IDEAL ORDER IN THE WORLD, AS IF THERE IS SOME...SOME RIGHTNESS IN THE UNIVERSE BY WHICH IT MAY BE JUDGED.

"Yes, but people have got to believe that, or what's the point—"

**MY POINT EXACTLY.**
“I’m going to tell you something. Promise you won’t tell anyone?”

In 1984, George Orwell said, “If you want to keep a secret, you must also hide it from yourself.” That is exactly what people do. We hide secrets by making them unconscious. We make them unconscious by piling thought after thought on top of the secret.

One of the biggest reasons people keep secrets is fear of judgment.

If no one knows our embarrassing or even dastardly deeds they cannot judge us. They will not know we have broken the rules therefore there is only one way to please everyone, and that is to keep secrets about the rules we break. That way people think we followed their rules and don’t judge us.

We are not born with a sense of right and wrong; it is a man-made invention. We borrow it from adults and authority figures in our life. We don’t realize as children that right and wrong is subjective. We don’t realize that judges are often wrong. Right and wrong separates us, and as innocent children we cannot understand separation. We have to learn it. Sadly, people go out of their way to teach it to us.

We fear judgment so much, that we allow it to take our power, our authenticity, and our freedom. But we can let our self-judgment go; and then we can recognize that the judgment of others came from their beliefs, their opinions, and their self-serving rules.

Within the word belief is the word lie. Are beliefs the lies we tell ourselves? Do we uphold them because they make us feel comfortable or worthy? There is after all a big difference between judgment and discernment. If our discernment is functioning well do we even anything remotely like judgment?

In truth, when man projected his judgment on others and started making others the keepers of his fate, he took a long, hard fall. But when we turn our eye inward, and we start to discern our thoughts, the actions all start to make sense. We see the intention that drove us to do what we do. We find our inner goodness. We slowly return to innocence and curiosity. We are still obedient, but not to others with stupid beliefs and rules and judgments; we obey our heart. That realization puts us back on the path to oneness, where separate doesn’t exist. Secrets become unnecessary.
See the sun, feel its light
By Mikey Pierog

To me the best teacher that was, the sun that shines.
It might sound silly, but come on get with the times.
Every organic action has a part in us that plays,
Food isn't the only fuel, there are energies and rays.
That charge our cells and bodily functions.
Their purpose is more than our mislead assumptions
The sun burns its pupils and scars their sight.
You can avoid it all your life, but you can't escape the light.
Stars will commence your initiation.
Rises you higher than this societal damnation.
Squinting eyes, the bright beauties are a tease.
What is natural? The birds and the bees?
The stars have been shining before nature came to fruition.
Ancient energies were the fuel to life's persisting mission.
It gave this world so much, lend a glimpse of appreciation.
And know it's better to be sunlit then to miss illumination.
I can believe things that are true and things that aren't true and I can believe things where nobody knows if they're true or not.

I can believe in Santa Claus and the Easter Bunny and the Beatles and Marilyn Monroe and Elvis and Mister Ed. Listen - I believe that people are perfectible, that knowledge is infinite, that the world is run by secret banking cartels and is visited by aliens on a regular basis, nice ones that look like wrinkled lemurs and bad ones who mutilate cattle and want our water and our women.

I believe that the future sucks and I believe that the future rocks and I believe that one day White Buffalo Woman is going to come back and kick everyone's ass. I believe that all men are just overgrown boys with deep problems communicating and that the decline in good sex in America is coincident with the decline in drive-in movie theaters from state to state.

I believe that all politicians are unprincipled crooks and I still believe that they are better than the alternative. I believe that California is going to sink into the sea when the big one comes, while Florida is going to dissolve into madness and alligators and toxic waste.

I believe that antibacterial soap is destroying our resistance to dirt and disease so that one day we'll all be wiped out by the common cold like Martians in War of the Worlds.

I believe that the greatest poets of the last century were Edith Sitwell and Don Marquis, that jade is dried dragon sperm, and that thousands of years ago in a former life I was a one-armed Siberian shaman.

I believe that mankind's destiny lies in the stars. I believe that candy really did taste better when I was a kid, that it's aerodynamically impossible for a bumble bee to fly, that light is a wave and a particle, that there's a cat in a box somewhere who's alive and dead at the same time (although if they don't ever open the box to feed it it'll eventually just be two different kinds of dead), and that there are stars in the universe billions of years older than the universe itself.
I believe in a personal god who cares about me and worries and oversees everything I do. I believe in an impersonal god who set the universe in motion and went off to hang with her girlfriends and doesn't even know that I'm alive. I believe in an empty and godless universe of causal chaos, background noise, and sheer blind luck.

I believe that anyone who says sex is overrated just hasn't done it properly. I believe that anyone who claims to know what's going on will lie about the little things too.

I believe in absolute honesty and sensible social lies. I believe in a woman's right to choose, a baby's right to live, that while all human life is sacred there's nothing wrong with the death penalty if you can trust the legal system implicitly, and that no one but a moron would ever trust the legal system.

I believe that life is a game that life is a cruel joke, and that life is what happens when you're alive and that you might as well lie back and enjoy it.
Reincarnation and the General

By Waden Jensen

Considered one of the most successful combat generals in U.S history, George Patton was the first officer assigned to the Tank Corps in WWI. During WWII, he helped lead the Allies to victory in the invasion of Sicily, and was instrumental to the liberation of Germany from the Nazis. He died on December 21, 1945 in Heidelberg, Germany.

It is no secret that Patton believed in reincarnation. Patton claimed he had seen combat many times before in previous lives, including as a Roman legionnaire and as part of the 14th-century army of John the Blind of Bohemia. Before the 1943 invasion of Sicily, British General Harold Alexander told Patton, “You know, George, you would have made a great marshal for Napoleon if you had lived in the 19th century.” Patton replied, “But I did.” The general believed that after he died he would return to once again lead armies into battle.

The best expression of his past lives appears in a lengthy poem written in 1922. Titled, "Through a Glass Darkly," Patton demonstrates a powerful belief in God and alludes to earlier lives, the first of which may have been as a caveman. He even suggests that while Christ was on the cross he may have been the Roman soldier who thrust a spear in his side.

"Through a Glass, Darkly"

General George S. Patton, Jr.

Through the travail of the ages,
Midst the pomp and toil of war,
I have fought and strove and perished
Countless times upon this star.

In the form of many people
in all panoplies of time
I have seen the luring vision
Of the Victory Maid, sublime.

I have battled for fresh mammoth,
I have warred for pastures new,
I have listed to the whispers
When the race trek instinct grew.

I have known the call to battle
in each changeless changing shape
from the high souled voice of conscience
to the beastly lust for rape.

Continued...
I have sinned and I have suffered,
Played the hero and the knave;
Fought for belly, shame, or country,
And for each have found a grave.

I cannot name my battles
for the visions are not clear,
Yet, I see the twisted faces
and I feel the rending spear.

Perhaps I stabbed our Savior
in His sacred helpless side.
Yet, I've called His name in blessing
when after times I died.

In the dimness of the shadows
Where we hairy heathens warred,
I can taste in thought the lifeblood;
We used teeth before the sword.

While in later clearer vision
I can sense the coppery sweat,
Feel the pikes grow wet and slippery
When our Phalanx, Cyrus met.

Hear the rattle of the harness
Where the Persian darts bounced clear,
See their chariots wheel in panic
From the Hoplite's leveled spear.

See the goal grow monthly longer,
reaching for the walls of Tyre.
Hear the crash of tons of granite,
Smell the quenchless eastern fire.

Still more clearly as a Roman,
Can I see the Legion close,
As our third rank moved in forward
And the short sword found our foes.

Once again I feel the anguish
of that blistering treeless plain
When the Parthian showered death bolts,
and our discipline was in vain.

Continued...
I remember all the suffering of those arrows in my neck. Yet, I stabbed a grinning savage as I died upon my back.

Once again I smell the heat sparks when my Flemish plate gave way and the lance ripped through my entrails As on Crecy's field I lay.

In the windless, blinding stillness of the glittering tropic sea I can see the bubbles rising where we set the captives free.

Midst the spume of half a tempest I have heard the bulwarks go when the crashing, point blank round shot Sent destruction to our foe.

I have fought with gun and cutlass on the red and slippery deck with all Hell aflame within me and a rope around my neck.

And still later as a General Have I galloped with Murat when we laughed at death and numbers trusting in the Emperor's Star.

Till at last our star faded, and we shouted to our doom where the sunken road of Ohein closed us in its quivering gloom.

So but now with Tanks a'clatter Have I waddled on the foe Belching death at twenty paces, By the star shell's ghastly glow.

So as through a glass, and darkly The age long strife I see Where I fought in many guises, Many names, but always me.
And I see not in my blindness
What the objects were I wrought,
But as God rules o'er our bickerings
It was through His will I fought.

So forever in the future,
Shall I battle as of yore,
Dying to be born a fighter,
But to die again, once more.

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The Human Condition

Terry Pratchett Quote (Hogfathers, pg. 2)

Sir Terence David John Pratchett OBE was an English humorist, satirist, and author of fantasy novels, especially comical works. He is best known for his Discworld series of 41 novels. Pratchett's first novel, The Carpet People, was published in 1971. Pratchett, with more than 85 million books sold worldwide in 37 languages, was the UK's best-selling author of the 1990s. He was appointed Officer of the Order of the British Empire (OBE) in 1998 and was knighted for services to literature in the 2009 New Year Honours. In 2001 he won the annual Carnegie Medal for The Amazing Maurice and his Educated Rodents, the first Discworld book marketed for children. He received the World Fantasy Award for Life Achievement in 2010.

Shani ‘Secret’ Wallis (Do You Want to Know a Secret? pg. 3)

Shani Wallis is a freelance writer and artist and considers herself a true young American living a good life in the mid-west USA. She volunteers her time to charity organizations, local soup kitchens and troubled teen organizations in her area where she teaches art. She likes being single and the inherent freedom to travel where she pleases that comes along with that status. She enjoys the challenges of metaphysics and is currently enrolled in a metaphysical courses.

Mikey Pierog (See the Sun, feel its Light, pg. 4)

Mikey hails from Canada. He says: “Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them.” Mikey is an administrator and Manager on https://www.lightforcenetwork.com/.

Neil Gaiman QUOTE (I Believe from American Gods, pg.5)


Waden Jensen (Reincarnation and the General, pg. 7)

Waden is a retired businessman and full time metaphysician. In his free time he enjoys carpentry and fishing and has recently taken up painting.
All I have seen teaches me to trust the Creator for all I have not seen.
Great Spirit Prayer

Oh, Great Spirit,
Whose voice I hear in the winds
and whose breath gives life to all the world.
Hear me! I need your strength and wisdom.
Let me walk in beauty, and make my eyes
ever hold the red and purple sunset.
Make my hands respect the things you have made
and my ears sharp to hear your voice.
Make me wise so that I may understand
the things you have taught my people.
Let me learn the lessons you have hidden
in every leaf and rock.

Help me remain calm and strong in the
face of all that comes towards me.
Help me find compassion without
empathy overwhelming me.
I seek strength, not to be greater than my brother,
but to fight my greatest enemy: myself.
Make me always ready to come to you
with clean hands and straight eyes.
So when life fades, as the fading sunset,
my spirit may come to you without shame.

- Translated by Lakota Sioux Chief Yellow Lark in 1887
When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest or afraid? Do we owe an apology? Have we kept something to ourselves which should be discussed with another person at once? Were we kind and loving toward all? What could we have done better? Were we thinking of ourselves most of the time? Or were we thinking of what we could do for others, of what we could pack into the stream of life? But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God’s forgiveness. We inquire what corrective measures should be taken. On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest or self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don’t struggle. We are often surprised how the right answers come after we have tried this for a while. What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind. Being still inexperienced and having just made conscious contact with God, it is not probable that we are going to be inspired at all times. We might pay for this presumption in all sorts of absurd actions and ideas. Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it.

We usually conclude the period of meditation with a prayer that we be shown all through the day what our next step is to be, that we be given whatever we need to take care of such problems. We ask especially for freedom from self-will, and are careful to make no request for ourselves only. We may ask for ourselves, however, if others will be helped. We are careful never to pray for our own selfish ends. Many of us have wasted a lot of time doing that and it doesn’t work. You can easily see why.
The Benefit of Physical Incarnation

By Matt Sharpe

Many times when speaking to people, I have found that they are almost completely unaware of what a blessing their physical life actually is, regardless of the amount of hardship they may face. From this I gained the idea to write on the subject, to point out some of the benefits that people may not realize are available. This way an individual can begin taking full advantage of these opportunities.

Often it is said that life is a blessing, and people may repeat that over and over, but never really gain any degree of understanding as to the reality and full meaning of that statement, the freedoms that living humans possess that the more subtle forms of those who have already translated do not have access to.

In the first place, there is the fact that Soul, the Eternal and True Self, wears many lesser forms in these lower planes. In Eckankar we name five, but in reality there can often be thousands, and in some ways, far more. In descending order each of us is Soul, having a mental form (the Etheric, or intuitive form is the same form as the Mental Body), the Causal form, which is the lowest level of the Mental and corresponds with memory, then the Astral body which is the emotional, and finally the Physical body. Soul operates all of these forms, at varying states of consciousness at the various levels they exist. The limited consciousness we have while in the human state is but a sliver of the true whole available to us, which necessitates the steady learning, experience and climbing up through these various states until reaching the awareness of Soul.

Depending on what one has done, experienced, studied, and or developed through in a Physical incarnation, once the physical life comes to an end that individual can often become very limited by comparison to any average living human, because if they have not developed and expanded their state of consciousness at all, they will exit the Physical body and be thereby limited to the Astral form, which can only travel through time and space within its own area or plane, but having said that, there is a bit of room to descend to a degree back to the Physical plane, just not to the degree they possessed formerly, and only being able to be seen or heard by those with a generally greater degree of awareness, a psychic awareness.

The same conditions apply to the other inner bodies, the Causal is only able to operate within its own frame of reference and or vibration, that being the Causal plane, and while it can go lower to a certain extent, conditions for the beings on the Astral plane appear very much as they do here on earth, trying to look within, it isn’t always so easy for every individual to be aware of the finer realm of being. And again there are those there who have a more expanded state of being that would also be considered psychic when compared to the masses of that plane.

Likewise the Mental body is limited in the same way, and is equally limited from moving any higher, which is to say, beyond the Etheric plane, that of direct intuition, without having a teacher who is able to give them the experience needed to develop that area of their awareness. The ultimate goal being to develop awareness beyond the lower states of duality and to develop into a true Self-Realization, the point of view of Soul.

Continued...
So, knowing the usual limitations of the inner forms, we now come to the explanation of how the Physical form is able to give one any greater degree of freedom, and make no mistake, it certainly requires a bit of work.

In the Physical form one has the option of investigating and studying the various spiritual paths and religions that have come into being over the centuries, and while these seem to be greatly varied, and indeed are to one extent or another, but of course the source of them all is one and the same. Where each has gone or developed after the founding can in some cases cause a degree of limitation to come into being, but the Spiritual Current does always exist, so it becomes a matter of one investigating until they find one that works for them, and this is a more recent development as in the past, in many cultures and time periods, religious or spiritual freedom was not necessarily given to or guaranteed for all. And it must be said that every religion is valid and serves a purpose to a particular state of consciousness that its members happen to be in according to their spiritual development to that point.

When one begins their way on a path that has a strong and direct way of inner experience and guidance, the stages of awareness can be explored and developed, and this of course, is what enables one to expand. This ability is perhaps the greatest and most important factor in a spiritual path, because when developing, one can expand themselves in such a way that their state of consciousness continually climbs through the differing levels and planes, using them as a sort of ladder. It is, because of this factor, that achieving a state of balance is so necessary. This applies not only to experiences or habits that one might take in the physical realm, but equally to all of the inner states on the various lower planes, and overall an utter balance between the inner life and the outer life.

Along with this comes the re-balancing of the karmic state, in most cases beginning with a speed up of the burn off rate of the karma, and this can seem to be very harsh, depending on the karma in need of working through, however, if time and effort are spent in achieving it this is found to be well worth the effort required. In this way a living human has an opportunity that not all spirits within have available that of course depending on the choices that individual makes.

The absolute surest way is to take tutelage under a bona fide Living Master who is able to work with the student inwardly, and also take their karmic state and arrange it into a workable pattern so as to burn it off completely, thereby ensuring an expansion of consciousness. A true Master will act as a channel for the Spiritual Force that descends from the Godhead ITSELF, in Eckankar we know this as the Voice of God, the Audible Life Stream, and the ECK. IT descends all the way to the outer edge of the lowest vibratory realm before returning back to ITS point of origin, and it is this returning "wave" that Soul can catch and ride back to its point of origin.

A great many of the folks wandering about the earth have absolutely no clue of this, and for that reason have not discovered the way of returning home, but this same way has been discovered by every Shaman or Saint that has ever lived, regardless of time, location or culture. So the benefits of having a physical incarnation can become very apparent, as compared to one that has never discovered this active principle of being freed from Samsara, and hasn't ever discovered the way of traversing this road.

Continued...
One such as that, upon death, will "ascend" from the dead Physical form in their Astral body, but as I stated before, might be a bit trapped or limited in the areas they are able to roam. Of course it is worth mentioning, that these Souls are not necessarily cut off from the instruction and learning, but they are at a bit of a disadvantage for having not discovered it while living on the Physical plane, and will often have no choice but to earn the right by their inward learning, to be again re-born into the Physical life so as to discover the way home while living in the Physical. The primary necessity is to re-discover the awareness as Soul, but to do the work from the worm's eye point of view, from the very lowest level and to work back up towards the conscious Realization of God.

The Physical has definite attributes associated with it that are beneficial to a much quicker rise through the planes than is usually possible if the journey is begun without physical embodiment. For this reason, many times the Souls that die, leave the Physical incarnation and immediately see what they couldn't just moments before, and often they scream, cry and protest because they had forgotten that they even could go to earth and make a much quicker progress through the varying states of experience that are necessary.

Other benefits that one may include in this are not only the aforementioned burn off of karma, but also going through the various emotional states and problems that some may have, as well as a whole host of issues in the varying areas of the mental states and the things to be found within the sub-conscious mind, until one lets go the chains that had previously held them tight to various problems and non-pleasantries, until they reach true Self-Realization, become a Saint or Sant, upon which the real adventure and terms of service truly begin. At this stage one has a degree of freedom that could hardly have been conceived of before, they become literally a Law unto themselves, as well as a true chela, and servant, of all Life. But this is merely the true starting place, the beginning of awareness beyond duality and illusion.

One factor that often goes unmentioned is the fact that the Physical self literally makes the choices. The import of this statement cannot be stressed enough, for while we go through life with varying emotional and mental states that at times can drive us to decisions, thoughts, words and actions that can be extreme and unwarranted, our inner selves on the various planes must abide by them. This is an utter requirement as it is always the human self that has the ability to make choices from its "blind" state of being. It is this that tends to ultimately strengthen the individual as they progress. Often, in the case of less positive decisions, those inner selves can become quite angered with the human self, to the point where the Astral self will come along and literally swat the Physical self for having made such a rash and unwise decision, as well as for not seeing the outcome one is required to live through, due to that choice. And it never fails when this is the case, the human self becomes aware of just how bad of a mistake it was as the payment for it comes due. And this makes the purpose of this method considerably more obvious. The "hard-knocks" tend to make the learning be accelerated, as well as the "stretching", or expansion of the awareness. So often the human self isn't the quickest in achieving the understanding of situations, and will make choices that he will later come to regret. Whenever the Astral self is forced into a karmic state that it knows better than to choose, it might try to communicate that fact to the outer self. This is largely due to an individual not having awareness on both levels, not being aware that he possesses other aspects of awareness at varying inner levels that can express a difference of opinion on the matter at hand. In many cases, the individual doesn't realize that it is actually their own fault.

Continued...
What I speak of is karmic, and the lesson of it must be learned directly by him. This happens for no reason other than that that individual literally chose to make such an experience necessary for their development and the unfoldment of their consciousness.

When physically embodied, the Soul can make the fastest and most direct procession through expanding states of consciousness, without having to be limited in any way. The only limitation possible, is that one places upon themselves. Spiritual growth is often a painful process, but if one is willing to have the necessary patience and perseverance to see it through, they will always come out on the other side of those painful steps of growth. And upon looking back, will not regret the steps taken in the least, as it is those that have created the new state of awareness and brought it into being.
Nanak and God
By Rev. Micah Allard

Guru Nanak was the first of the ten Sikh gurus and the founder of Sikhism. The birthday of Guru Nanak is observed as ‘Guru Nanak Gurpurab’ across the globe. He is considered as one of the august religious thinkers ever. He travelled around to spread the message that there is only one God. He is accredited with setting up a distinctive social, political and spiritual platform based on virtue, equality, goodness and love. The following are some of his most beautiful sentiments:

"There is but One God, His name is Truth, He is the Creator, He fears none, he is without hate, He never dies, He is beyond the cycle of births and death, He is self-illuminated, He is realized by the kindness of the True Guru. He was True in the beginning, He was True when the ages commenced and has ever been True, He is also True now."

“He who has no faith in himself can never have faith in God.”

“Speak only that which will bring you honor.”

“Realization of Truth is higher than all else. Higher still is truthful living.”

“Truth is the highest virtue, but higher still is truthful living.”

“Conquer your mind and conquer the world.”

“As fragrance abides in the flower. As reflection is within the mirror, so does your Lord abide within you - why search for him without?”

“There is one God who dwells in every one of Gods creations and constitutes the eternal truth.”

“Even Kings and emperors with heaps of wealth and vast dominion cannot compare with an ant filled with the love of God.”

“Wherever the Protector of all keeps me, there is heaven.”

“Those who conquer their minds are beings of renunciation and detachment. They are beings of renunciation and detachment they are lovingly focused on the True One, they realize and understand themselves.”

“Before becoming a Muslim, a Hindu, a Sikh or a Christian, let’s become a Human first.”
Prayer for Love

Thank You, Creator of the Universe for the gift of Life you have given me,
Thank You for giving me everything that I have ever needed,
Thank You for the opportunity to experience this beautiful body and this wonderful mind,
Thank You for living inside me with all Your Love and Your pure and boundless Spirit,
with Your warm and radiating Light.
Thank You for using my words, for using my eyes, for using my heart to share your love wherever I go.
I love You just the way you are and because I am your creation, I love myself just the way I am.
Help me to keep the Love and the Peace in my Heart and to make that Love a new way of life, that I may live in Love the rest of my life.

Amen.
A MATTER OF SPIRIT

Lakota Sioux Chief Yellow Lark (Great Spirit Prayer, pg. 13)
This prayer is in the public domain and was translated by Lakota Sioux Chief Yellow Lark in 1887.

Bill Wilson (Review, pg. 14)
William Griffith Wilson (November 26, 1895 – January 24, 1971), also known as Bill Wilson or Bill W., was the co-founder of Alcoholics Anonymous (AA). Wilson has often been described as having loved being the center of attention, but after the AA principle of anonymity had become established, he refused an honorary degree from Yale University and refused to allow his picture, even from the back, on the cover of Time. Wilson’s persistence, his ability to take and use good ideas, and his entrepreneurial flair are revealed in his pioneering escape from an alcoholic "death sentence," his central role in the development of a program of spiritual growth, and his leadership in creating and building AA, "an independent, entrepreneurial, maddeningly democratic, non-profit organization.

Matt Sharpe (The Benefit of Physical Incarnation, pg. 15)
Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter. He is a lead administrator and teacher on the Light Force Network.

Rev. Mike Allard (Nanak and God, Quotes, pg.19)
Rev. Micah Allard is psychologist and minister and part time Justice of the Peace. He has a passion for passing on the word of God via metaphysical avenues. Rev. Allard is also a skilled musician who can play 22 instruments but prefers organ and piano. He lives in the northeast US with his wife Yvonne and two children.

Don Miguel Luiz Quote (Prayer for Love, pg. 20)
Miguel Ángel Ruiz Macías, better known as Don Miguel Ruiz, is a Mexican author of Toltec spiritualist and neoshamanistic texts. His work is best-received among members of the New Thought movement that focuses on ancient teachings as a means to achieve spiritual enlightenment. Quote is from the Four Agreements.
You are a source of Spirit...
You are a source of Power.
The Brain Keeps Score

The brain-disease model overlooks four fundamental truths:

(1) Our capacity to destroy one another is matched by our capacity to heal one another. Restoring relationships and community is central to restoring well-being.

(2) Language gives us the power to change ourselves and others by communicating our experiences, helping us to define what we know, and finding a common sense of meaning.

(3) We have the ability to regulate our own physiology, including some of the so-called involuntary functions of the body and brain, through such basic activities as breathing, moving, and touching.

(4) We can change social conditions to create environments in which children and adults can feel safe and where they can thrive.

When we ignore these quintessential dimensions of humanity, we deprive people of ways to heal from trauma and restore their autonomy.

Being a patient, rather than a participant in one’s healing process, separates suffering people from their community and alienates them from an inner sense of self.
There are varying opinions about associations to the Archangel particularly when it comes to healing. Archangelic associations may vary according to religious beliefs or spiritual traditions. Here are the ones I have found useful over the years in my healing practices in conjunction with the Seven Rays and crystals.

All living things contain potential to be fulfilled during its life cycle and beyond. Esoteric studies such as the Theosophic study of the Seven Rays literally has Archangels in charge of Divine Law as jurisdicted by each Ray. It is important to include the Rays as they hold jurisdiction over everything on earth as designated by God or The Divine Power and meanings are those of the Earthly jurisdiction.

Let’s first look at the endocrine system. The most important glands of the endocrine system (which is basically the engine that runs the human body) and their connection to the chakras are:

- Pituitary - spirituality – Crown Chakra - *(Sahasrara)*
- Pineal - intuition – Brow Chakra *(Ajna)*
- Thyroid - communication – Throat Chakra *(Vishuddha)*
- Thymus - love – Heart Chakra *(Anahata)*
- Pancreas - power – Solar Plexus Chakra - *(Manipura)*
- Ovaries/Testes – sexuality – Sacral Chakra *(Swadhisthana)*
- Adrenals – survival – Root Chakra *(Muladhara)*

**Whose assistance should you seek?**

**ROOT CHAKRA**

Archangel Gabriel

4th Ray Divine Ray

Crystals: hematite, ruby, red jasper

The 4th Ray of Harmony through Conflict carries out legislation of INFLUENCES, CONTROL OF LIGHT and the WATERS OF LIFE.

Continued...
Gabriel is the patron angel representing communications and is known as the messenger angel of God. This archangelic energy can also help to clear any energetic blocks that are in the way of receiving their spiritual gifts and guidance. In other words, the light gets to the root of the problem.

**SACRAL CHAKRA**

Archangel Zadkiel

7th Divine Ray

Crystals: carnelian, moonstone

The 7th Ray of Ceremonial Order carries out legislation of REVELATION, ORDERS of ANGELS and MAGNETIC OCCURRENCES.

Zadkiel is the Archangel of Freedom, Joy and Mercy. He assist one with emotional healing and clearing negative energies from our lives. Archangel Zadkiel can help one to heal painful past memories, remove old grudges, and to release feelings of anger or victimhood. Zadkiel helps one to release negative energies that no longer serve their highest good. Zadkiel helps us cultivate forgiveness for self and others.

**SOLAR PLEXUS CHAKRA**

Archangel Uriel

6th Divine Ray

Crystals: yellow calcite, citrine

The 6th Ray of Devotion carries out legislation of PURPOSE, ZEALOUS READYING and QUIETING DESIRE.

Uriel is known as “the fire of God,” can help to bring one intellectual information, practical solutions, and creative insight. Uriel is also considered the archangelic energy that helps avert, heal or recover in the aftermath of natural events on earth, such as earthquake, floods, fires, hurricanes, tornados, and other natural disasters, as well as earth changes. Uriel can assist one in their life lessons and spiritual growth, assisting with problem solving and also helping us to make informed decisions with clarity, as well as bringing the gifts of spiritual awareness and understanding.

**HEART CHAKRA**

Archangel Raphael

3rd Divine Ray

Crystals: green aventurine

Continued...
The 3rd Ray of Active Intelligence carries out legislation of PROTECTION, ENLIGHTENMENT and SOUL APPOINTMENTS.

Raphael represents physical and emotional healing. Raphael can assist with helping to heal injuries and illnesses. Raphael's energy can also help reducing or healing addictions or harmful cravings. Raphael can help one with restoring and maintaining balance, harmony and peace. This energy can also help to clear away fears, as well as physical and emotional stresses that may be affecting health.

THROAT CHAKRA
Archangel Michael
1st Divine Ray
Crystals: aqua aura, blue calcite, blue aventurine

The 1st Ray of Will and Purpose carries out the legislation of CAUSE, MAGISTRATION and POWER.

Archangel Michael is known as the most powerful angel of protection and a patron angel of righteousness, mercy and justice. Archangel Michael can be called upon during situations where one might feel afraid, confused or concerned for their physical or spiritual safety or well-being while releasing any negative energies and to release spirit attachments.

BROW CHAKRA
Archangel Chamuel
5th Divine Ray
Crystals: sugilite, lapis lazuli

The 5th Ray of Concrete Knowledge and Science carries out legislation of DISCOVERY and LABORS.

Archangel Chamuel is the Archangel of Love and Harmonious relationships. Chamuel brings the energies of all-knowing vision, assisting one is seeing the interconnectedness between all things. Summoning this energy can also help with finding or restoring important parts of one's life, and also repairing relationships and healing misunderstandings or conflicts with others. Self-esteem repair is also carried out.

CROWN CHAKRA
Archangel Jophiel
2nd Divine Ray
Crystals: amethyst, clear quartz

Continued...
The 2nd Ray of Love and Wisdom carries out legislation of INSTRUCTION, MASTERSHIP and DIVINE AFFAIRS.

Jophiel can support one in keeping their thoughts positive and focused on creating and manifesting beauty. Archangel Jophiel brings wisdom and inspiration. Jophiel can also help one to tame the negative ego, to heal any conflicting energy or chaos one may be experiencing, and to assist in bringing organization into one's environment, or in a particular life situation.

Recovery Prayer for a Friend

Come Holy Spirit, come and fill my friend with healing power. As they convalesce, entwine their days with rest, with hope, with gentle joy and restoration hour by hour.

Come Holy Spirit, come and touch my friend with grace and love. As they find new strength, uplift each moment fresh with rising faith and bright new vision, from above.

Come Holy Spirit, come and bless my friend with joy and health as they wait in prayer, hold them close and safe, within your embrace and riches bright with kingdom wealth.


https://www.lords-prayer-words.com/topics/speedy_recovery_prayer.html
The gut is the seat of all feeling. Polluting the gut not only cripples your immune system, but also destroys your sense of empathy, the ability to identify with other humans. Bad bacteria in the gut creates neurological issues. Autism can be cured by detoxifying the bellies of young children. People who think that feelings come from the heart are wrong. The gut is where you feel the loss of a loved one first. It's where you feel pain and a heavy bulk of your emotions. It's the central base of your entire immune system. If your gut is loaded with negative bacteria, it affects your mind. Your heart is the seat of your conscience. If your mind is corrupted, it affects your conscience. The heart is the Sun. The gut is the Moon. The pineal gland is Neptune, and your brain and nervous system (5 senses) are Mercury. What affects the moon or sun affects the entire universe within. So, if you poison the gut, it affects your entire nervous system, your sense of reasoning, and your senses.
Green in your gut is a good thing! If you are a “juicer” try out these green recipes for enhanced health and better digestion. Correct your PH, cleanse out toxins, boost your immune system and stay hydrated.

**AWESOME ALPHALFA**

Addressing your blood PH and keeping your body more alkaline is a good way to cut down on inflammation.

You will need:

- 100g organic alfalfa sprouts
- 250g organic spinach
- 2 organic cucumbers
- 200ml filtered water

Pop the ingredients into your blender and give it a go! This is a good remedy for your gut if you have had an acidic meal.

**CUCUMBER CLEAN-UP**

You will need:

- 2 organic cucumbers
- 200g alfalfa sprouts
- 1 spoon of chia seeds (to garnish)
- A handful of Swiss chard
- 3 mint leaves
- 1 apple
- 200ml filtered water

Blend the harder fruits first then the rest on puree. This is a good diuretic and toxin detox.

**BOOSTER BOMB**

You will need:

- Half an organic pineapple
- 250ml filtered water
- 250g organic spinach
- 2 organic cucumbers
- Ice

(Cut the pineapple small chunks)

Continued...
If your blender has an ice setting, you can give this juice a frothy refreshing texture. This combo has pain relieving and anti-inflammatory properties, aiding digestion, easing sore throats and warding off colds.

**HYDRATING HALO**

You will need:

- 1 packet organic celery
- 1 whole medium size organic cucumber
- Touch of lemon
- 2 heaped tablespoons Dulse seaweed flakes
- 250ml filtered water

Chop it all up and blend away! This one will give your skin a healthy glow. It’s loaded with vitamin A, B, C, K, niacin and folate, which aid the production of collagen.

**GREEN GODDESS**

You will need:

- 2 green apples halved
- 4 stalks of celery (remove leaves)
- 1 cucumber
- 6 leaves of kale
- ½ a lemon peeled
- 1 inch piece of fresh ginger

This is the perfect ‘everything’ drink. If you like your drinks sweeter just add more apple.
Today, more and more people are making the “life force” mind/body/spiritual connection and the integral part of this connection is the balancing of the chakras. In simplest terms, the chakras are spinning wheels of conscious energy within the body. They are rotating vortexes where energy enters and exits. They are thought to have different diameters depending upon how much energy is going in and out at a particular time. There are many chakras within and without the body. For purposes of this article the Seven Primary Major Chakras will be addressed. It should be noted thought that each of the Seven Primary Major Chakras projects energy out to up to 50 Minor Chakras. These Seven Chakras also have Etheric counterparts within the body known as Tan Tien. There are also Secondary Major Chakras, Tertiary Minor Chakras, Quarternary, and Quinternary Chakras. Most of these are engaged during acupuncture and accupressure treatments. The chakras also carry physical body associations.

By increasing awareness of the spiritual connection to your body you can identify unresolved issues that could be creating physical health issues. The goal of course is to have all Seven Chakras in alignment which can be achieved through balancing.

ROOT (Pelvic floor) – Lower back pain, sciatica, hemorrhoids, constipation, obesity and other weight problems. Psychological – frustration, rage, fear and depression.

Continued...

- SOLAR PLEXUS (between Navel and Chest) – Food allergies, digestive disorders, diabetes, gallstones, arthritis, ulcers, liver disorders and eating disorders. Psychological – feelings of weakness or loss, anxiety, guilt and doubt.

- HEART (center of Chest) - Heart conditions, lung problems, asthma, allergies, fatigue, breast cancer, bronchitis, pneumonia and thymus gland issues and auto-immune response. Psychological – loss, grief, anguish and worthlessness.

- THROAT (center of Neck) - Thyroid conditions, sore throats, loss of voice such as in laryngitis, mouth ulcers, teeth and gum conditions, headaches and ear infections. Psychological – repression, lack of inspiration and inability to honor intuition and psychic receptivity.

- BROW (between the Brows) - Pituitary gland issues, endocrine gland disorders, brain tumors, blindness and deafness. Psychological – obsession, insanity and unwillingness to learn from others and/or failure to acknowledge “inner” wisdom.

- CROWN (top of the Head and upward) - Pineal, Endocrine and Nervous System disorders, chronic exhaustion and paralysis. Psychological – depression, lack or courage and ethics and inability to trust life.

A word about the HIGHER HEART CHAKRA:
The Higher Heart Chakra is known as the Jade Chakra. It is located near the Thymus gland. It concerns Thoracic Vertebrae T1 to T3, Ribs, Esophagus, Trachea, Lungs, Thymus, Lymphatic System, and Nervous System.

When it is out of balance –

- You compromise your own truth.
- You are unable to ‘heart’ communicate
- You have a disregard to others and your own health.
- You feel 'defenseless'.
- You have allergies.
- You frequently catch viruses.
- You may have a low immune system and are under nourished.
- You need to get your head and your heart to agree.
BODY TEMPLE

Bessel van der Kolk Quote *(The Grain Keeps Score, pg. 23)*

Bessel van der Kolk is a psychiatrist, author, researcher and educator based in Boston, USA. Since the 1970s his research has been in the area of post-traumatic stress. He is the author of The New York Times best seller, *The Body Keeps the Score*. Quote is from Goodreads.com

Li Shaugnessey *(Archangel Healing Associations, pg.24)*

Li is a retired registered nurse with over 30 years’ experience in that field having performed everything from surgical OR duty to assistance in clinical trials. She has worked an equal amount of time in the field metaphysics as a natural energy healer. She is married and lives happily with her spouse Tim in AZ.

Suzy Kassem Quote *(The Gut is the Seat of All Feelings, pg.28)*

Suzy Kassem is an American writer, poet, philosopher, and multi-faceted artist of Egyptian origin. The granddaughter of a well-known sage in 19th century Cairo, mysticism and wisdom run through her blood just as the water of the Nile flows through her veins. Quote is from Goodreads.com

Leigh Ward Wadan *(Turn Your Gut Green, pg. 29)*

Leigh considers herself a “new scientist” and does not consider crystal healing a pseudoscience by any measure. She has a MA in geology from Rani Durgavati University in India. She has been an alternative energy healer for 30 years. Fifteen years ago she became interested in Galactic Healing and became acquainted with the Seven Rays and Angelic Healing. She has also done extensive research into the effects of color on the human body and psyche and is all about healthy diets.

Lake Farmer Ph.D. *(Fixing What Ails You, pg.31)*

Dr. Farmer has a Ph.D. in psychology having spent many years working in clinical situations. She is also a seasoned metaphysician who believes in paradigm shifts and the tremendous effect they can have on the human psyche. As a therapist, teacher and healer, she works as a catalyst for change and possibility. She spends her time lecturing in various states and is currently writing her memoirs.
PHENOMENA FILES

We are each our own devil and... ...we make this world our hell.

Section Managing Editor – John Halbrook PSI
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Long ago there was a little boy who lived in the wood with his father and his sister. One night, the three of them were out collecting firewood when they heard a low, delicate whimper. The father realized it was an injured animal and ordered the children to fetch water from the lake, whilst he followed the sound. Hours past but the father did not return. The children became fearful for their father’s safety and in their moment of fright, they disobeyed their father in order to find him.

And find him they did. However, he was no longer the man he once was. Both his eyes were slit through their centre, oozing blood down the paleness of his face. His neck had been torn open. The entirety of his midsection was split but nothing, not one, single organ, seemed to be left within. Each limb still remained, however they had been dragged, with some exceptional force, in the opposite direction to which they were designed.

The children screamed and ran, though the image of their father’s mangled corpse seemed to chase after them. They slept. Within the whisper of the wind came the sweet tune of a woman’s song. The little girl awoke to the feeling of happiness, security and motherly love that the song carried with it. She needed to find the woman it had come from. Leaving her brother, she took off into the wood to try and find the singer.

The little boy quickly entered into a spit of panic when he found his sister missing. He didn’t know whether he should call out for her, look for her or wait. But waiting could mean the worst, he thought, and so he took off into the woods after her. He had searched everywhere, every dark corner and decrepit tree, before reaching the lake. The moon reflected off its black surface, which drew his attention to something bobbing within the ripples.

It was a leg. When he caught sight of the foot, the boy fell to his knees. He recognized the shoe. It was his sister’s shoe; his sister’s leg. Soon enough, the other body parts came drifting to join the leg, forming a rough manifestation of what was once his sister’s living body. Firstly, there was a head facing down in the water, then arms seemingly blue under the moonlight, and lastly a torso coated in her favorite dress. He felt sick, lost, terrified to his very core.

Continued...
Just as thoughts of never being whole again began to pain his chest, the boy heard the snapping of a twig behind him. He dared to turn around but all he found was a small, black-furred wolf. The wolf approached him timidly, whining deep in its throat to say to the boy that he too was lonely and afraid. The boy put out his hand for the wolf to join him and they sat together. Perhaps he would be OK. Perhaps all that had happened had led to this; something new. He rustled the fur of his new friend, starting with its back then its ear before going under its snout.

His hand touched something wet and sticky. He drew it from the wolf to get a better look, only to find a crimson substance now clinging to his small hands. Blood. The wolf turned on the boy as its eyes became a pale blue before thwack! He tore the boy’s face from his head…"
In the field of Astrology, the occult or water houses 4, 8 and 12 refer to the cycle of life, death and rebirth and they also refer to barriers that are broken down when human specters or entities enter the plane of the living. The 4th house concerns the circumstances surrounding death, the 8th house concerns the actual demise, and the 12th house concerns circumstances regarding a soul’s afterlife other dimensional experience. When a soul or spirit does not pass through the Gate of Death in the 8th house and onward towards either a pleasant or hostile afterlife, it remains earthbound and chooses a location or several locations to occupy. This is when problems can occur and some professional paranormal help is needed. Paranormal investigators, researchers, and demonologists fall under the rulership of the 8th house but individuals who are gifted in helping spirits “move on” fall under the rulership of the 12th house. Paranormal counselors who help families or individuals with any crisis concerning a haunting in the home fall under the rulership of the 4th house. Often times, these people are “naturals” when dealing with trauma concerning all facets of death. During a paranormal event the 8th and 12th houses are often triggered simultaneously. An example of this is as séance that goes awry or a poltergeist attack.

Para-info you cannot do without...

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Is there truly an energetic essence that is released when we die? Is this a photo of the Soul in flight? This old black and white photo was taken in 1907 by French neurologist Hippolyte Baraduc. The photo is of his dying wife as she gave her three final gasps of life. Baraduc harbored a fascination for psychic research and believed he had caught his wife’s spiritual energy on film. He called it “vital current.”

In winter of 1998, a small group of college aged students gathered together at the home of a friend who lived nearby. When they arrived at the friend’s home, they found him to be acting rather strangely and extremely nervous bordering on manic. He told them he had been experimenting with spells and decided to see if could conjure up “something from the other side.” He claimed that the experiment worked and that he had actually videotaped a “devil” which made its entrance from the closet in his bedroom. The friends were skeptical until they viewed the video which despite the fact that it had been filmed in the darkened bedroom, clearly showed a satyr like being with horns and cloven hooves emerge from the closet and then disappear. To this day they believe the video while “unexplained” to be absolutely authentic and very scary having left a profound psychological effect on their friend.

Later that spring, the same group of young people decided to visit a local graveyard after midnight. Their visit got out of hand and while “chugging a few brews” they began challenging spirits to come out and play. One young man took a dare from one of the group and decided to lie down on one of the graves. Nothing unusual seemed to happen until the next day when the young man began experiencing strange occurrences in his bedroom in the middle of the night which constituted poltergeist activity. Books and personal objects flew off a dresser while the young man lie frozen in bed praying for relief. The activity diminished and ceased after a week.

(Names have been eliminated per request for anonymity.)

Who ya’ gonna’ call? The media is full of shows and entertainment involving the paranormal encompassing everything from real life situations to legends. In a nutshell everything supernatural has become rather chic. These para-tales whether they are televised or retold to us by friends and relatives based upon their personal experiences engage and enthrall us and for the most part scare the daylights out of us.

Continued...
There are real ghost hunters, researchers, psychics and demonologists out there doing real work. But just how dangerous can some of these real life situations play out once we depart from the glamour and hype of television and why are we so attracted to those things that go bump in the night?

In Shadow World – True Encounters with Beings from the Darkside, paranormal author and investigator Brad Steiger says, “Accounts of ghostly manifestations, regardless of how terrifying they may be, demonstrate that life exists in more than one dimension of reality… and that there is some aspect of the human mind-body-soul construct that survives physical death.” ¹ Another consideration is that human beings are ever seeking proof that good can conquer evil in certain paranormal situations that occur. But – just how safe is it to cross the boundaries of the shadowy realms in such situations? Are those individuals who are brave enough to confront the Darkside protected from physical and mental harm?

What about other circumstances such as a séance where many things can go awry? Just how protected are those who are participating in the communion with the dead? In the early 1940’s a stage magician by the name of Johnny Reno was in the process of conducting a séance with a small group of several friends. Johnny was known to be quite psychic and no one was really sure just how much he dabbled with the dark side. All participants sat around the table holding hands firmly. The lights were quite dim when the proceedings began but there was enough light that the two participants holding Johnny’s hands could see and feel his hands clasping their hands. As soon as Johnny began calling in the spirits the group all heard a loud slap and those close to Johnny saw his head get whipped to one side. The séance was immediately stopped and the lights turned on by one of the participants who was not holding Johnny’s hands. A large red handprint was clearly visible on Johnny’s face. To this day there remains no explanation except that “something was very angry.” The situation was most disconcerting to those in attendance since all of them knew that a human spirit is not capable of causing great harm. Entities of a different make-up however are quite a different story.
If you are going to look into a UFO based event or sighting you must discern how is it different from a supernatural event. For the most part, UFO sightings are a one-time deal, not a recurring type of event. Some areas do have more sightings than other areas, but they will be somewhat different. You will be looking at a much larger area for your evidence. The sky is a large area to watch all at one time by yourself. You may go to a site that has had many UFO sightings over several days and see nothing because you were looking in the wrong part of the sky.

A large part of paranormal investigations are the interviews with witnesses of the events. The same is true for the UFO investigation with the witness being a key figure in your fact gathering. You will have to play the role of a skeptic to make sure that you do not lead your witness to give you what you want to hear. You will have to ask questions that are not leading in any way. Then you can take the time and note the area of the sky where the event occurred and check to see if there are any natural reasons for what was witnessed. To do this astrology and astronomy will play a big role in UFO investigations. Astronomy is used to see if there were any visible planets in the sky at the time of the eye witness report. Astrology is used to see if there were any energetic indicators for a UFO based event. You will also talk to other people in the area to see about possible aircraft flight patterns. You will have to check with any local airfields to see if they had any flights in or out on the dates and times in question. If there is any physical evidence to gather, make sure that you use the proper evidence gathering technique to do so. This includes a witness to the gathering and tagging process and to the sealing all the evidence containers in a way that they cannot be tampered with. Physical evidence can be a hard thing to get analyzed due to the nature of the cost and difficulty in accessing the equipment. Even if you get physical evidence and have all your ducks in a row I think that until a UFO lands and we have communications with the occupants the scientific community will still not acknowledge that any of this exists. Just like supernatural events, until the scientists experience events personally they will shoot holes in all the work. Thanks to the media and cinema none of us are strangers to what else might be out there. Unidentified flying objects have intrigued the human race for decades and what exactly constitutes an authentic case of extraterrestrial contact has undergone much scrutiny. Generally, the best UFO photos usually turn out to be clever hoaxes. Conversely, what usually constitutes well documented UFOs are blurs on under or over exposed film.
When it comes to other-worldly encounters there are four signatures of varying magnitude:

A CLOSE ENCOUNTER OF THE FIRST KIND – Observation of phenomena without physical interaction between the phenomena and the environment and/or viewer. Common sightings include nocturnal lights which are strange lights seen at a distance in the night sky. Objects express variations of light and color and sudden changes of speed and direction. Daylight discs include objects that are seen against a daytime sky. Varying shapes such as cigar shaped, egg shaped, spherical, and oval are common. R-Vs or radar visuals are distant UFOs that have been recorded simultaneously on radar and from other visual sources in good agreement.

This photo was taken by pro photographer Jason Kravitz of Brussels, Belgium while he visiting Amsterdam. Currently, the object on the right has eluded explanation. It is a good example of a daylight disc and a Close Encounter of the First Kind.

The next set of photos by Jason were taken of a dark early morning sky (1:00 am) in Stockholm, Sweden and show nocturnal lights.

A CLOSE ENCOUNTER OF THE SECOND KIND – Similar to the FIRST KIND but with additional physical evidence such as scorched earth flattened vegetation, frightened animals, and the sudden electrical failure of equipment that begins to work again once the UFO has disappeared.

A CLOSE ENCOUNTER OF THE THIRD KIND – The observation of “occupants” in or around the UFO. A Third Encounter of interest that broke the news in 1964 was that of New Mexico policeman Lonnie Zamora.

On April 24, 1964 at 5:50 pm, Zamora was alone in his car giving chase to a speeding motorist. Suddenly he saw a blue and orange flame in the sky. Thinking that a nearby dynamite shack had blown up, Zamora stopped the chase and headed in the direction of where he believed the flame had come down. He forced his car up over a ridge and saw a shiny object about 200 yards ahead of him.
Continued...

Further inspection revealed two humanoid figures about four feet tall in what appeared to be white coveralls. Apparently Zamora’s appearance startled them and they retreated into their vehicle and began to rise up to the level of his car on the ridge. Zamora ran on and dived for shelter then watched as the vehicle accelerated, cleared a mountain top and then disappeared.

The only thing left of the UFO visit was burning brush where it had stood and four separate burned depressions in the ground. When engineer W. T. Powers investigated the site, he estimated that the force needed to produce the holes would have been equivalent to a ton per hole. The Zamora case is considered one of the best authenticated cases on record.

Photo of one of the depressions left by the UFO.

Continued...
A CLOSE ENCOUNTER OF THE FORTH KIND – Intelligent one-on-one contact with UFO occupants and/or aliens. There are three types regarding this encounter.

Type A constitutes encounters that are remembered by the witness. There are no memory blocks or time lapses. Type B constitutes personal visitations (usually in the bedroom). The witness will claim to have been fully awake but there are breaks and distortion of reality where bits and pieces of information are missing. Type C constitutes experiences that happen between 10:00 pm and midnight often involving more than one person driving in a car at the designated hour.

Abduction occurs and there is no memory of the event. Often the abductees undergo drastic life changes before memory of the event returns.

One of the most famous alien abduction cases is that of Betty and Barney Hill (left). Betty’s star map allegedly dictated to her by the alien abductors proved to be an uncannily accurate rendering of Zeta Reticuli.

Copy of Betty’s original drawing.
There has been serious study of the UFO phenomena since 1947 and it seems to date we are no closer to a solution. Research into UFO’s and other psi incidences has come up with a possible explanation for the reason behind such experiences. Using a spectrum scale to demonstrate the different phases of consciousness ranging from objective through subjective reality and everything that lies in between, some researchers postulate that experiences such as Close Encounters, Out-Of-Body Experience, timeslips and pre-cognitive visions occur during what is called “QUASI-CONSCIOUSNESS.” It is important to note that in the case of UFO’s, if alien intelligence does exist it is not likely to use primitive technology to reach us but rather some form of consciousness… alien consciousness making contact by way of the human mind.

The QUASI-CONSCIOUSNESS phase lies in the upper half of the spectrum scale between objective reality and subjective reality. It is believed that the objective and subjective reality extremes are subject to interference from the other parts of the spectrum. For example, an objective factor such as a loud noise can affect a sleeper by making an appearance in another form during a dream. In lucid dreaming, the dreamer is aware that he is dreaming and maintains some degree of control of the dream imagery that has been produced by the loud noise from the objective environment. During QUASI-CONSCIOUSNESS however, rather than the objective information coming in from the outside manipulating the subjective dream reality, the reverse occurs and the subjective information manipulates what is experienced as objective reality. In some research circles this is known as the “OZ Factor.” Enter Quantum Physics where reality is based upon what one’s consciousness decides it should be! Remember, what we all perceive of the outside world is based largely upon what our brains interpret from incoming signals so each individual who has an OZ experience will shape images to fit personal concepts of aliens or whatever the experience dictates.

In the cases of UFO/alien contact, the witness often emerges feeling confused mainly about the length of time the encounter lasted. Is the loss or lapse of time a result of the OZ factor? It is reasonable to consider that some degree of the OZ Factor such as memory loss and time lapse is at play.
In fact, memories retrieved during hypnosis sessions more than often reflect that some type of a message transfer has taken place during the lost time period. In a majority of cases, the witness is not aware of such a transfer when it actually takes place because it is beyond his/her normal conscious awareness.

All of this leads one to question what is the most important factor of UFO/alien contact – is it the actual contact/abduction OR the transference of a message?
From the Interview Files of Holbrook PSI

Section Manager’s Note: John Holbrook, an Atlanta based paranormal expert, has been involved in paranormal investigation for over twenty years. His experiences with the supernatural have been numerous and varied dating back to his early childhood. Even though John prefers a scientific approach to investigation his dealings with energies and entities have often times been far from pleasant. The following is an account of some of John’s personal experiences:

“In the first few years I started out conducting paranormal investigations I had some experiences that shaped my theories and beliefs. The first one was linked to a location that had always held my interest. It was near my house (about 8 miles) and it was an old cemetery that was called the Witch’s Graveyard. From my understanding it was called this because of a couple of graves on the outside of the cemetery that were believed to be the graves of witches. There were also graves of slaves on the outside of the cemetery all buried in unconsecrated ground. The cemetery had a well-defined boundary and had not been used in many years at the time I was investigating during the late 70s early 80s.

During one of my visits to the cemetery I planned to take a friend to see what she thought about the area. My friend had begged me to take her the next time I went to the cemetery so I finally relented. Unknown to me until the day of the trip, she invited two additional people that I had never met. My friend had an understanding that anytime one is dealing with the supernatural all involved need to be in the right frame of mind and properly protected. So I drove the four of us to the cemetery on a Saturday afternoon in my S10 Blazer and we parked on a road that was across the railroad tracks from the cemetery. We spent three or four hours at the location split into teams - I and my friend together and the other two people together. We did not have any experiences at the cemetery except for an uneasy feeling when we were leaving.

The experiences did not start until we were all in my vehicle. The first thing that happened was as we closed the last door of the Blazer the door of the glove box fell off. It did not open - it just fell straight down for no reason. It was not broken and was easily put back in its place. I thought that someone may have been messing with my vehicle so I got out and checked the tracks around the vehicle and could only find our tracks.

Continued...
I got back in the Blazer and had a hard time getting it to start. It would not crank even though I had at least a half a tank of gas and the starter was working correctly. Before the battery started to get weak, the car finally did crank and ran like there was no problem at all. I took everyone home without turning off the engine until I got home just in case there was some other problem. I checked my Blazer thoroughly from top to bottom and did not find anything that was wrong with it that would cause it not to start. I also opened the door and slammed it several times trying to get the glove box door to fall off again with no success.

The next day, I took my film to get it developed at the local photo booth. My friend called me up every day until I got my pictures back. She was sure that I had captured something on film because she was having weird dreams. She also told me that her friends had called her to tell her that they were having strange issues with their own car, I had not captured anything on the pictures that I had taken but after talking to my friend I knew that something was up with one or both of her friends. My friend said that her friend’s car issue had stopped but that there other issues she wanted me to check on with her. As we arrived at her friend’s house I did not have a good feeling about it and after I was inside I knew why.

The inside of the house ‘felt’ to me as belonging to someone who practiced dark arts or witchcraft. I did not draw this judgment based upon the books they had or all the different occult items they had all over the house but from the lack of anything that would be considered ‘light.’ The only thing that I could see in the house that was light was the walls and they were more a gray. All the candles that I saw were black or red and the upholstery and curtains were dark tones. It was a very dark and gloomy house and the dark feeling I had when I was outside the house was getting worse. We only stayed thirty minutes or so before we left which was none too soon for me.

My friend talked with them several times on the phone and they continued to have different problems, but I was not sure if it was residual from the graveyard visit or because of the energy in their house. I did have other friends that had visited the Witch’s Graveyard without me who had no car problems or any other issues. I never knew for sure if the problems I had with my car were because of something that was trying to cause a problem from the graveyard site or if it was being generated by these two people that I did not know. The fact is that when I and my friend went to the site we protected ourselves and were not trying to conjure anything up. we were just taking pictures and respected the graves.
I am to this day not sure about the intentions of the two other people on the site. This experience back in my early days taught me on a small scale that things can go wrong on an investigation and that they can have a residual effect.
H.P. Lovecraft’s most iconic monster, Cthulhu, is an immortal god-like being whose origin and powers are far beyond human understanding.

Cthulhu is the great-grandson of the greatest evil in all of the Universe, though he himself is not evil. Cthulhu transcends morality. He is instead the priest of the dormant Old Gods, who can only return upon the proper alignment of the stars. Cthulhu is described as a composite of an “octopus, a dragon, and a human caricature…. A pulpy, tentacled head surmounted a grotesque and scaly body with rudimentary wings.”

He is described as a god who slumbers in the sea, with humanity living in constant fear that he’ll awaken.

Cthulhu was born on the planet Vhoorl, located in the 23rd nebula. He traveled to the star Zoth where he spawned his offspring. Along with his children and the Star Spawn of Cthulhu, Cthulhu travelled to Saturn and then to Earth. They landed on a continent in the Pacific Ocean and built the city R'lyeh. Cthulhu received resistance from the Elder Things who also lived on the planet. They waged war for the planet Earth until a truce was made. Cthulhu then went into a deep hibernation within R'lyeh. Humanity then evolved on Earth and Cthulhu communicated with several through dreams, resulting in the Cult of Cthulhu. Disaster then struck R'lyeh, sinking it into the ocean. R'lyeh has risen from the ocean for brief amounts of time. However, it is fated that R'lyeh will rise from the ocean permanently and Cthulhu will retake the world.
PHENOMENA FILES

Quote: S. R. Crawford *(Bloodstained Betrayal, pg. 35)*

S. R. Crawford is a young author in her early twenties. At only eighteen years of age, she published her first novel, to later re-release it as a Remastered version - Ash Born. Her fantasy series, The Eternity Series, was the start of her author journey. This series features a horde of powerful characters on opposing sides of an immortal world war, whilst going through other struggles in their day to day lives. The first two are available for purchase. Alongside her love for fantasy writing, and other worlds, S. R. Crawford is now branching out into Young Adult fiction with very real themes that are close to her heart - mental illness, hardships and existentialism. Quote found at Goodreads.com – Public Domain.

John Holbrook & Rev. Dr. Loni Haas *(Spooks, pg. 37)*

This article is the result of the collaborative efforts of John Holbrook a veteran paranormal investigator and veteran astrologer Loni Haas. Loni is a part of the PSI team whose job is to cast event charts of upcoming investigations and also astro-psychological profiles of those involved in the event. The information is useful to the investigative team.

The Eleventh Gate featuring John Holbrook, PSI *(Encounters pg. 40)*

This article has been published with permission courtesy of the Eleventh Gate which specializes in UFO phenomena and theory via the Galaxy Express and John Holbrook, PSI.

John Holbrook, PSI *(The Witch’s Graveyard, pg. 48)*

John has been a paranormal investigator for over 35 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. His friends tend to think of him as the “earth bound Michael” because he is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of a matter.

PARAPEDIA *(Cthulhu, pg. 51)*

*Cthulhu* has been published with the explicit permission of the *PARAPEDIA Paranormal and Occult Encyclopedia*. The PARAPEDIA is a compilation of historic and contemporary occult articles by various paranormal investigators and researchers. This article has been presented at the request of Holbrook PSI.
Arcanus Obscurum

“Music is the strongest form of magic.”
None can use black magic without straining the soul to the uttermost—and staining it into the bargain. None can inflict suffering without enduring the same. None can send death by spells and sorcery without walking on the brink of death’s own abyss, aye, and dripping his own blood into it. The forces black magic evokes are like two-edged poisoned swords with grips studded with scorpion stings. Only a strong man, leather-handed, in whom hate and evil are very powerful, can wield them, and he only for a space.
Tips for Talismans
By Ann ‘Hecate’ Abeyez

It should always be remembered that when making a talisman, you are co-creating.

“The highest frequency is the creative intelligence of the universe or a Supreme God. This is where all ideas in the universe are born. These divine ideas filter down to the next level where they become an impulse toward a particular direction. At this level, the ancients noted that parts of God divided into specializations. For example, one specialization would be ‘a creator’ and another ‘a destroyer’. The ancients named these divine specializations archangels. If God's idea were to create dogs, then the archangel would map out the details of what would make up a dog and its evolutionary destiny.” – Nick Farrell

“As a focus, it serves to control your feelings to lead you to the right thoughts. It serves to focus your thoughts to lead you to perform the actions you need to take. It focuses your actions, creating important new habits. It is through these new habits that your desired destiny is achieved. As an amplifier, a talisman brings you the ability to join with the power and energy of the Universal Life Force and the Life Force of this planet. This power and energy serve to multiply your own individual efforts. A talisman is, in a way, similar to a flashlight.” – Hank Mason

Rituals for consecration and charging can be simple or complex depending upon individual choice. Often times simply burning a color coordinated candle at a particular time of day works just as well as full magical ceremonies.

Here is an example:

The best time to charge your talisman is when the moon in waxing. Bathe and change into clean clothes before charging your talisman.

Place your talisman an altar you have created (this can be as simple as a table draped in a tablecloth in a quiet undisturbed area. Stand in front of it, and thank the universal life force for protecting and guiding you. After this, recite a poem that you enjoy. Naturally, it should be serious in nature. You might choose to write a poem especially for this ritual.

Continued...
Once you have finished reciting the poem, stare at your talisman for thirty seconds, and then speak to it. Here are the words I use:

“I empower and consecrate you for (whatever purpose the talisman is designed to perform). I imbue you with all the powers of the universe to enable you to carry out your task, and I thank you in advance for all the energy, power, and comfort that you offer to me. “

Gaze at the talisman for another thirty seconds, and then say "thank you" to it. Spread your arms out wide and look upwards, while saying "thank you" again.

Leave the talisman on the altar for as long as possible. Leave the room quietly, and ensure that the room is not used for at least several hours.

Your talisman is now ready for use. It will serve you faithfully, and the properties you imbued into it will last forever. This is not always desirable and, once your goal has been achieved, you will need to deactivate the talisman. Most of the time, you will be able to do this by destroying the talisman, after thanking it sincerely for helping you. If the talisman can be burned, you can create a small ritual using a candle. Light the candle and stand in front of it holding the talisman in your cupped hands. Acknowledge the archangels in the four cardinal directions by bowing to them, starting in the east, and following with the south, west, and north. Thank the talisman for everything it has done; hold it high in the air for a few moments, and then burn it in the candle flame.

Obviously, you will not be able to do this if the talisman cannot be burned. However, you can still thank it, break it, and then bury it in the ground. If the talisman is made of a valuable substance, such as gold or silver, you can remove the talismanic influences by formally thanking it for three days in a row. – Richard Webster
“There are two Paths to the Innermost: the Way of the Mystic, which is the way of devotion and meditation, a solitary and subjective path; and the way of the occultist, which is the way of the intellect, of concentration, and of trained will; upon this path the co-operation of fellow workers is required, firstly for the exchange of knowledge, and secondly because ritual magic plays an important part in this work, and for this the assistance of several is needed in most of the greater operations.

The mystic derives his knowledge through the direct communion of his higher self with the Higher Powers; to him the wisdom of the occultist is foolishness, for his mind does not work in that way; but, on the other hand, to a more intellectual and extrovert type, the method of the mystic is impossible until long training has enabled him to transcend the planes of form.

We must therefore recognize these two distinct types among those who seek the Way of Initiation, and remember that there is a path for each.”
PREPARATION... PROBATION... INITIATION...

By Rifkin the Historian

In ancient times, a candidate who desired admission to the Mysteries was first subjected to a series of tests to prove worthiness. Each was required to learn the four Sacred Isms:

"To Will" means the initiate was determined to change his mind and thought processes in order to find prosperity and despite any circumstances that might prevent him from doing so.

Studies would be continued until success was achieved.

"To Know" means the initiate selected teachers who had the Keys to Wisdom. How were they sure they elected the right teacher? By exposure to the lectures and exercises and how these things made them feel about themselves.

"To Dare" means the initiate possessed the courage to study things that were not generally known. Those things permanently changed the thinking process.

"To Be Silent" means that all of the above were heard as a whisper to the initiate and the initiate alone.

As a candidate participates in a ritual, it is a drama or play based on themes derived from and directed out of the Universal Mind. Since the initiate emerges from his studies with knowledge unobtainable elsewhere, it is a gnosis.

Continued...
In the Egyptian mysteries, each candidate was required to read the following confession before Maat, Goddess of Truth. From the Original Papyrus Translation which still rests in the British Museum:

The Credo:
I have not done evil to mankind.
I have not committed theft, murder, nor robbed with violence.
I have not made light the bushel.

I have not uttered falsehood or vile words.
I have not lost my temper and become angry.
I have invaded no man's land.
I have not pried into matters to make mischief.
I have not made my speech to burn with anger.
I have not made myself deaf unto the words of right and truth.
I have not made another person weep.
I have not multiplied by my speech beyond what should be said.
I have not exalted my speech.
I have not increased my wealth save through my own possessions.
I have not uttered curses against that which belongeth to the DIVINE and is with me.

Continued...
I Am Pure.

My purity is the purity of the Divinity of the Holy Temple.

Therefore let not evil befall me either in this land or in this Hall of Maat, because I know the names of the gods who are therein.

Oracle Tools – Do They Speak To The Inner You?

By Mahaji

Whether it’s Tarot, I Ching, a Pendulum or your own personal 8-Ball… Why does it work?

There are literally hundreds of Tarot and Oracle Cards on the market today with just as many themes and creative illustration. There are just as many opinions as to the origin of the first Tarot that are born from ancient Egyptian magick to exotic gypsies who came from India.

The truth is no one really knows how or where the Tarot originated. These enigmatic messenger cards always seem to correctly pinpoint issues of one’s life in an uncanny way. They appeal to our sense of excitement for the unknown yet affect us on the most basic of psychological levels.

This sample reading uses the Golden Triad Layout which consists of a six card spread and can be used for most questions. The spread and the cards are from the ARCANUS COLLECTION created by Star Logic Astrodynamics.

QUESTION: I’m becoming very deeply involved with my current love interest. Do we have a future of commitment or marriage?

This query was posed by a young lady we shall call Mary. She had been dating a young man for nine months and she relates that all seems to be going well yet she can’t quite put her finger on why she has doubts. This is disturbing to her because she has become very involved with the young man on all levels and is looking for some direction. She feels a break at this time would be very difficult and that it would be hard to extricate herself from the relationship if necessary.

(1) QUERENT: The Venus and Earth ruled GAIA card is Mary’s signature card and represents herself quite well in that she is feeling very ready for a full relationship that could involve commitment. Her feet are firmly planted on the ground and she is open emotionally and physically.

Continued...
Continued...
Changing and enhancing one’s appearance is also indicative of this card and when asked Mary states that she has in fact undergone a “make-over” to be more appealing sexually.

(2) QUESTED: The Aquarian and Air ruled STAR card represents the young man. It appears reversed in the spread so it indicates some problems. While it seems he is a “kindred” spirit he is hard to pin down. His emotions run hot and cold which is confusing because at times he is highly passionate and at other times cold and aloof. This is a person who needs his space from time to time and Mary should not stifle him or try to control the direction of the relationship. She also needs to know that she needs to appeal to him on an intellectual level as well as the physical level.

(3) SITUATION: The Moon and Water ruled DIVINER card relays that the relationship has strong sexual undercurrents and Mary needs to be careful that fantasy is not superseding reality. There is karma connected to this card indicating a joint destiny that has been laid down in previous lifetimes. Spiritual as well as sexual love needs to be developed so the relationship can blossom into something long term. Smothering is simply out of the question! Mary is advised to stop focusing on an “outcome.”

(4) DIFFICULTIES: The Pisces and Water ruled LUNA card is another warning of fantasy overriding reality. Mary needs to assess her partner in a more discerning fashion looking for signs of unreliability and deception. She also needs to avoid any issues of co-dependency.

Another facet of this card is hidden habits such as drug dependency. Mary is positive that her young man is not drug or alcohol dependent. Another possibility is hidden enemies. Mary confided that several of her friends have been trying to get her to stop dating the young man but she feels the reason is jealousy.

(5) OUTCOME: The Taurus and Earth ruled MONK card relayed that some unwelcome changes could take place and that Mary should remain committed to her SELF only at the current time. A crisis was likely to occur that would require rethinking along less conventional lines. Continued...
Continued...

Any break that occurred should be viewed as “necessary” because the status quo was very likely to change. Commitment or marriage would need to be put on the back burner and spontaneity brought to the forefront. It would be out with the old and in with the new. Mary would have to learn not to question any changes but rather to go with the flow.

(6) FUTURE: The Jupiter and Fire and Water ruled FORTUNE card indicates unexpected surprises. Two days after her reading, Mary found out that one of her friends was coming on sexually to her young man which was a shock. That friendship has been broken and Mary feels it is for the best.

This card always speaks of expansion. When Mary was asked if she and the young man were planning a trip she was quite surprised and said, “YES!” The trip will be a good thing and Mary is advised that both of them should open up to new people and places to avoid restlessness in the partnership. It is also advised that they do not move in together for the time being as one of both of them could become interested in dating other people OR that one or both of them may be pulled away from the relationship due to unexpected external circumstances. This card actually shows that the relationship is quite positive. It will only grow if both people are free within the relationship at the current time. Mary was understandably upset by this card and the MONK card but became less so when it was explained to her that this card also had karmic implications concerning “cause and effect.” Both cards indicated necessary change but did not necessarily signal negativity. If she could accept possible change within the relationship and put aside all of her focus on an “outcome” things might bode well. Several months later Mary called to say that her young man left the USA for a job abroad with plenty of travelling from place to place. At the time of the call they had been separated for seven months. Both had decided to date others but kept in strong communication. Mary was delighted to report that her young man would be permanently positioned in London and that he had asked her to join him overseas. It seems he discovered that he could not live without her!

So what is really going on here? Are Oracle readers capable of tapping into the Divine or are they just good psychologists with plenty of people savvy and common sense? Why is it that a person can have a Tarot reading from one person and then have an independent astrological or numerological reader from another person and the same information and advice will come forth?
ARCANUS OBSCURUM

Fritz Leiber QUOTE (Swords and Deviltry, pg. 54)

Fritz Reuter Leiber Jr. was an American writer of fantasy, horror, and science fiction. He was also a poet, actor in theater and films, playwright, and chess expert. With writers such as Robert E. Howard and Michael Moorcock, Leiber is one of the fathers of sword and sorcery and coined the term.

Alva Lennox (Tips for Talismans, pg.55)

Alva is a retired primary education teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it’s been a long time coming.

Dion Fortune QUOTE (Esoteric Orders and Their Work and the Training and Work of the Initiate, pg. 57)

Dion Fortune (born Violet Mary Firth, 6 December 1890 – 6 January 1946) was a British occultist, ceremonial magician, novelist and author. She was a co-founder of the Fraternity of the Inner Light, an occult organization that promoted philosophies which she claimed had been taught to her by spiritual entities known as the Ascended Masters. A prolific writer, she produced a large number of articles and books on her occult ideas and also authored seven novels, several of which expound occult themes.

Rifkin the Historian (Preparation, Probation, Initiation, pg.58)

Marcus Rifkin is known as ‘The Historian’ a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat “Rifkin’s Unknown Surprise.”

Mahaji (Oracle Cards – Do They Speak to the Inner You? pg. 61)

Mahaji is known as the Cosmic Mother and prefers to remain anonymous as she believes the words relayed are more important than the person relaying them.
SACRED SCIENCES

The sacred truth of science is that there are no sacred truths -

Section Managing Editor – Anne Drake Sydney
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Background Imagery: Image by Aleem Khan from Pixabay.com, Cover Design: Kim Tsiang
QUOTE: Carl Sagan @ Quotefancy.com
A human being is a part of the whole called by us universe, a part limited in time and space. He experiences himself, his thoughts and feeling as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.
The Residual Effect of Uranus

Courtesy of Star Logic Astrodynamics

“Where will You Experience Additional Need for Change?”

All planets have effect in the astrological houses they occupy and by their angular connection to other planets and points elsewhere in a chart. Their energetic influence is also felt in the house or houses they rule according to their home sign and the house polarity (opposite). Uranus however, being the rogue that it is, has additional influence in other houses of the natal chart that can be calculated using a simple arcane mathematical formula based on the number 14. This is known as the Cyclic Event House.

**WHY THE NUMBER 14?**

**U R A N U S**

3\(+\)9\(+\)1\(+\)5\(+\)3\(+\)1 = 22

Time for some mathematical ingenuity (which of course is Uranian ruled)! In numerology, the word Uranus adds up to the number 22. The number 22 represents the “Master Builder” and the energy encompasses practical idealism, practical genius, creation of the future, power on all levels, mastery of the material, philanthropy, universality, international direction, and service to mankind. When the number 22 is broken down into its aliquot divisors 1, 2, and 11 the aliquot sum (1+2+11) is 14. The number 14 is the ratio (4 with the cosmic unit 10) of Cyclic Law which refers to maintaining and working out the nature of life. 14 therefore is the Cosmic Essence of Uranus.

The Ancients understood that by the age of fourteen, the astral body of a man was fully developed and installed. He was now ready to grow into life on all levels. According to the ancient Kabbalah, the number 14 indicated “advancement” so the age of fourteen represented a time for new and untried adventure and exploration. Personal strength would begin to undergo the tests of adult life and for every adversity successfully conquered new greatness of being could be achieved. On the Karmic level, the number 14 represents the addressing of lifetimes where personal human freedom was abused. Current life lessons are based upon individual Karmic Debts which are paid through ever-changing circumstances and unexpected occurrences. How Uranian indeed!

Continued...
Now for some ASTRO MATHEMATICS! To find out the Cyclic Event House in a natal chart where Uranus has an additional and/or residual karmic effect, subtract the number of the House where Uranus resides from the number 14. The result is the number of another House where Uranus has a residual effect. The only exceptions are the 1st and 7th Houses...

If natal Uranus resides in House 1: $14 - 1 = 13; 14 - 13 = 1$. The effect remains in House 1. The projection of self, personality, appearance and vitality are affected.

If natal Uranus resides in House 2: $14 - 2 = 12$. The effect is felt in House 12. Psychic ability, deep psychology, karmic duty and secrets are affected.

If natal Uranus resides in House 3: $14 - 3 = 11$. The effect is felt in House 11. Hopes, aspirations, associations and motivation for cause are affected.

If natal Uranus resides in House 4: $14 - 4 = 10$. The effect is felt in the 10th House. Worldly status, authority, popularity and achievement are affected.

If natal Uranus resides in the 5th House: $14 - 5 = 9$. The effect is felt in the 9th House. Consciousness, abstract thought, personal philosophy and the spirit of adventure are affected.

If natal Uranus resides in the 6th House: $14 - 6 = 8$. The effect is felt in the 8th House. Support systems, mortality, occult faculties and sexual orientation are affected.

If natal Uranus resides in the 7th House: $14 - 7 = 7$. The effect remains in the 7th House. Public dealings, individuality, capacity to love and social consciousness are affected.

If natal Uranus resides in the 8th House: $14 - 8 = 6$. The effect is felt in the 6th House. Service & work, craftsmanship, health & hygiene & nutrition and civil standing are affected.

If natal Uranus resides in the 9th House: $14 - 9 = 5$. The effect is felt in the 5th House. Capacity for fun & recreation, creative self-expression, passion and sensuality are affected.

If natal Uranus resides in the 10th House: $14 - 10 = 4$. The effect is felt in the 4th House. Psychological foundations, the environment, domesticity, private matters and patriotism are affected.

If natal Uranus resides in the 11th House: $14 - 11 = 3$. The effect is felt in the 3rd House. Intellect & mental processes, adaptability, method of communication, physical dexterity and speech are affected.

Continued...
If natal Uranus resides in the 12th House: 14-12=2. The effect is felt in the 2nd House. Self-worth & values, capacity to give and receive, earning power, security and issues surrounding loss and gain of all kinds (physical, mental, emotional and spiritual) are affected.

Please note: If your natal Uranus happens to be retrograde there are strong karmic implications connected to its house posit, polarity house (opposite house), the house in the chart it rules or co-rules by interception (Aquarius House cusp [co-ruled by Saturn the Lord of Karma] or Aquarius intercepted in a house) and especially the Cyclic Event House.

If your Cyclic Event House is the…

1st HOUSE: (Natal Uranus in the 1st House) - There is determination and obstinacy about finding one’s own path. It does others little good to try to tell you what to do. Personal freedom is very important and there is often a desire to be different just for the sake of being different and the identity is shaped from experience rather than the “cookie cutter” molds of being someone’s spouse, child or sibling. Karmically you are working out how to adhere or NOT to adhere to conventional/traditional forms of behavior and have very little use for anything or anyone that is phony or stuffy. Your capacity for leadership on some level is being challenged in this lifetime and you may unconsciously bring about or trigger events that test your mettle in this regard. Learn how to trust your intuition and intellect because these are superior gifts you have been honing for many lifetimes.

2nd HOUSE: (natal Uranus in the 12th House) - A re-structuring or de-structuring of your personal values and security system is the name of the game. You may develop and employ an unusual way of supporting yourself financially and view money as merely a means to an end or for the freedom it can buy you. You may also take risks with money and investments some of which will pay off handsomely and some that can lead to the poor house. Karmically you are engaging in the battle between your conscious and unconscious desires including the urge to break free from “past” attachments of the material and relationship kind. Some of this will concern unpaid debts from past lifetimes SO “do not a lender or borrower be” in this lifetime. Past life acquaintances that show up in this lifetime may tend to be people who scorn your values or life style now.

3rd HOUSE: (natal Uranus in the 11th House) – The mundane environment is viewed from a different perspective than most people. Effort is put forth to grasp the “whole view” of life while understanding in depth people, situations and events that color it. You may be known to others as the “answer person” who can solve issues where others don’t have a clue.

Continued...
There is a great restlessness to be constantly on the go in order to explore and taste all that life has to offer and this is because you probably felt “different” from others in your immediate environment. Karmically you are trying to readjust your thinking regarding traditional education mostly because the system bores you.

This can lead you to jumping around from school to school or course to course. The idea is not to know a “little about many trivial things” but rather “a lot about one or two important things.” You also need to curb jumping to conclusions and changing your opinions at the drop of a hat. There is a highly innate intellectual bend to this influence and you might find that you prefer the company of intellectuals who stimulate your mind and perhaps offer educational advancement.

4th HOUSE: (natal Uranus in the 10th House) – Did your ever feel like you were born into a family where you didn’t belong? This signature often indicates issues of alienation from the root of origin that encourages an individual to strike out and form their own identity free from what seems like the shackles of tradition. A search is often conducted to find the right “fit” spiritually and emotionally. Sometimes “extended” family is created or the individual feels more at home with friends. Karmically you are breaking from past lifetimes of stringent tradition and need to recognize that there is more out there to explore. There is an underlying unconventionality about you that will surface even if it is later in life (usually after the Uranus Opposition life cycle). In some cases, humanitarian activities become of great interest in the latter years.

5th HOUSE: (natal Uranus in the 9th House) – Creative self-expression and individuality are prime concerns. You might be interested in odd pastimes, hobbies or other modes of recreation that others find very strange or down right weird. Love affairs and romance will take the same trend and run highly unconventional, erratic and short-lived. There will be plenty of experience to glean in that department. This is the house of procreation and children and should you decide to have children do not view them as extensions of yourself expecting them to fulfill some creative dream you have not been able to attain. They may be the creation of your body but they are not the creation of your mind. Karmically you are working on antisocial behavior and unhealthy forms of excitement and pleasure (of the rowdy kind) from past lives. You might also carry the seed of artistic creativity particularly musical ability that can be taken to new levels in this lifetime via the media such as radio/podcasts or television.

6th HOUSE: (natal Uranus in the 8th House) – This position relates to the mind/body/environment connection. What kind of daily reality to you create for yourself and how does it affect you mentally and physically? There is a good deal of psychology connected to this placement where responsibility connected to the kind of reality being created is examined closely.

Continued...
Others are not responsible for what happens in life… you are! This includes physical and emotional imbalances that are created as a result of stress from not being able to face life and the worldly environment with truth and balance. The area of work comes under the gun as well. A boring job will simply not suffice.

Freedom to use your particular brand of craftsmanship without boundaries is very important but not always possible so there may be plenty of job hopping. This in turn can lead to stress over security so it is important that any job be stimulating and allow you to approach it from your own angle. Karmically you are working on inhibitions that wreaked plenty of havoc on your body in past lives leaving you with repressed anger and resentment. Oddly this residual in the current lifetime can show up as various allergies… those little annoying reminders of past life trauma.

7th HOUSE: (natal Uranus in the 7th House) – Typically astrologers have a field day when Uranus is connected to the 7th House because it generally signifies plenty of upheaval in personal relationships including multiple divorces, marriages, unorthodox couplings and social upheaval. This is because most with this signature will engage a commitment for security reasons and then find that they feel too stifled by a lack of space and freedom. Even the more “homebody” types will be influenced by this energy because they will choose a partner who is very worldly and through who they will work the energy out. It becomes very necessary if such a relationships are going to last that each person employ awareness and jointly create an atmosphere that is honest and open without taking differences personally. Karmically you are seeking relationships that fulfill qualities that are lacking in yourself. These relationships can certainly offer you new vistas however they are not likely to be stable or long-lasting. What is learned from this varied social interaction is priceless but also costly. Some interactions can even bring about lawsuits and unforeseen factors caused by Uranian energies can make public dealings difficult and exciting at the same time.

8th HOUSE: (natal Uranus in the 6th House) – How do you like your sex? Ecstatic passionate love underlined by jealousy, obsession and occasional rage? This placement frees up inhibitions of the instinctual kind and you might expose yourself to “primal” situations and people by your own design and desires. Uranus being its unpredictable self on the other hand can just as easily bring forth a nature that inhumanly cold and detached. Sometimes matters of life and death can become morbid fascinations or seem like that to others who are observing your lack of fear to probe beneath the surfaces of taboo. This is a very psychic connection and telepathy can be evident but not easily controlled to the point where etheric downloads of information can be downright frightening. On the karmic level you are working on issues of human support which was untrustworthy in past lives. This included personal relationships as well as business relationships which affected your material wealth and emotional security.
On several levels you are learning how to accept change which is the true “given” and certainty of life.

9th HOUSE: (natal Uranus in the 5th House) – Are you a Truth seeker? This is a Universal placement that calls for the constant questing for a meaningful set of beliefs that can adequately shape one’s personal philosophy.

“There must be more out there” becomes the motto. Some astrologers believe this signature to be tapped into the Divine Universal Mind complete with remarkable spiritual downloads and insight and even clairvoyance. The question is what does one do with this information? Is it used for the personal self as an arm chair philosopher or channeled into humanitarian deeds like the Peace Corp? Karmically you are working on progressing your education for what you learn in this lifetime adds to the knowledge of your Collective Generation. You may meet “Old Souls” who appear as foreigners in this lifetime from whom you can learn a great deal. You might also be “aware” of past lifetimes or experience the memories with great detail.

10th HOUSE: (natal Uranus in the 4th House) – This is the signature of the innovative and extraordinary and you might have strong desires to bring something new and progressive to society and your own life. Your career will most likely be subject to many changes and ups and downs for the simple reason that you are never satisfied with the status quo. You might also be attracted to a line of work or a pastime where what you do benefits the largest number of people. You want and need to be seen and heard in the best possible light.

Karmically you are trying to overcome lifetimes where you had a serious lack of direction probably because you were too complacent and/or conservative about life. Now you seem to exert an almost overpowering drive towards ambition and prominence desiring to bring something innovative to the fore. This will require great balance because there will be tendencies towards rebellion against authority figures.

11th HOUSE: (natal Uranus in the 3rd House) – The search for kindred souls is important in this lifetime and there will be tendencies to seek out those of “like mind” in an effort of common goal. Group process is healthy for you as long as you don’t lose your identity within the group and focus upon catalysts for change for the good of all. Your personal mode of communication becomes your best or worst tool so decide when and where is the best time to play devil’s advocate with others. Balance leadership with working as part of the group. You have many wonderful things to say and ideas to put forth but no one likes a bully. Karmically you are working on selfishness and the need to more purely altruistic. Some of this will be tested through your friendships or lack of them in this lifetime. Remember that dealings with others who are important to us requires objectivity. You cannot make or keep friendships without objectivity. Another issue for you concerns approval. Past lifetimes may have been fraught with irresponsibility or impracticality that was frowned upon by peers. Remember that irresponsibility is by-product of selfishness and no one wants a friendship with someone who exhibits this behavior. You must get along with others in order to succeed.

Continued...
12th HOUSE: (natal Uranus in the 2nd House) – Tremendous psychic insight into the Collective and the Current is available from this placement. There is an uncanny innate understanding of the psychology of others and you might find that people are often seeking your advice.

There is a tendency to be a loner and the independent freedom loving energy of Uranus is not in great evidence with this signature and there could be a strong desire to get things progressing but it will take place more behind the scenes or behind the throne rather than in a more aggressive leadership position. You might also be interested in charity work of some kind. The mind is a wide open channel with susceptibility to any negativity in the atmosphere with this placement so it is also possible that obsessive complexes could be evident. Karmically as a Master of the Unconscious, you are seeking a higher spiritual identity but need to allow your intuition to develop naturally rather than pursuing unhealthy forms of mediumship or other psychic venues. You are also doing some soul repair by learning to overcome lifetimes of skepticism because you felt that regardless of the circumstances you always “knew best.”
Humankind and the Weather...

The weather has been observed, measured and analyzed since the first human realized it had a bigger effect on life than just about anything else. Even though we believe that nothing in the Universe happens haphazardly and that there is a cause and effect pattern to all phenomena, no forecaster has been able to gain significant insight into the mysteries of the Universe to predict the weather with total accuracy.

Did you know that our weather forecasts come from a secret formula devised by the founder of the Old Farmer’s Almanac, Robert B. Thomas in 1792? Of course state of the art technology has enhanced the original formula since then. And just like everything else engaged by humans, the weather also has its own set of phobias. See if any apply to you – it may not be as crazy as it sounds.

**FEAR OF:**
- Clouds
- Cold
- Dampness
- Daylight
- Extreme cold, frost, ice
- Floods
- Fog
- Heat
- Hurricanes, Tornados
- Lightning, Thunder

**PHOBIA:**
- Nephophobia
- Chelmatophobia
- Hygrophobia
- Heliophobia
- Cryophobia
- Antiopohobia
- Homichlophobia
- Thermophobia
- Lilapsophobia
- Astraphobia

Continued...
Northern, Southern Lights
Rain
Snow
Thunder
Wind

Auroraphobia
Ombrophobia
Chionophobia
Ceraunophobia
Ancraophobia

Side note: Studying meteorological history is a good way to understand the weather and the best way to take the edge off fear of current weather challenges and global warming. Chances are you will find out that many weather conditions have happened before and obviously we all survived. After all – you can’t fool Mother Nature.
...he asked, "Where are you today, right now?"

Eagerly, I started talking about myself. However, I noticed that I was still being sidetracked from getting answers to my questions. Still, I told him about my distant and recent past and about my inexplicable depressions. He listened patiently and intently, as if he had all the time in the world, until I finished several hours later.

"Very well," he said. "But you still have not answered my question about where you are."

"Yes I did, remember? I told you how I got to where I am today: by hard work."

"Where are you?"

"What do you mean, where am I?"

"Where ARE you?" he repeated softly.

"I'm here."

"Where is here?"

"In this office, in this gas station!" I was getting impatient with this game.

"Where is this gas station?"

"In Berkeley?"

"Where is Berkeley?"

"In California?"

"Where is California?"

"In the United States?"

"On a landmass, one of the continents in the Western Hemisphere. Socrates, I..."

"Where are the continents?"

I sighed. "On the earth. Are we done yet?"

"Where is the earth?"

"In the solar system, third planet from the sun. The sun is a small star in the Milky Way galaxy, all right?"

"Where is the Milky Way?"

"Oh, brother", I sighed impatiently, rolling my eyes. "In the universe." I sat back and crossed my arms with finality.

"And where," Socrates smiled, "is the universe?"

"The universe is well, there are theories about how it's shaped..."

"That's not what I asked. Where is it?"

"I don't know - how can I answer that?"

"That is the point. You cannot answer it, and you never will. There is no knowing about it. You are ignorant of where the universe is, and thus, where you are. In fact, you have no knowledge of where anything is or of WHAT anything is or how it came to be. Life is a mystery.

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Look again at that dot. That's here. That's home. That's us. On it everyone you love, everyone you know, everyone you ever heard of, every human being who ever was, lived out their lives. The aggregate of our joy and suffering, thousands of confident religions, ideologies, and economic doctrines, every hunter and forager, every hero and coward, every creator and destroyer of civilization, every king and peasant, every young couple in love, every mother and father, hopeful child, inventor and explorer, every teacher of morals, every corrupt politician, every "superstar," every "supreme leader," every saint and sinner in the history of our species lived there-on a mote of dust suspended in a sunbeam.

The Earth is a very small stage in a vast cosmic arena. Think of the endless cruelties visited by the inhabitants of one corner of this pixel on the scarcely distinguishable inhabitants of some other corner, how frequent their misunderstandings, how eager they are to kill one another, how fervent their hatreds. Think of the rivers of blood spilled by all those generals and emperors so that, in glory and triumph, they could become the momentary masters of a fraction of a dot.

Our posturings, our imagined self-importance, the delusion that we have some privileged position in the Universe, are challenged by this point of pale light. Our planet is a lonely speck in the great enveloping cosmic dark. In our obscurity, in all this vastness, there is no hint that help will come from elsewhere to save us from ourselves.

The Earth is the only world known so far to harbor life. There is nowhere else, at least in the near future, to which our species could migrate. Visit, yes. Settle, not yet. Like it or not, for the moment the Earth is where we make our stand.

It has been said that astronomy is a humbling and character-building experience. There is perhaps no better demonstration of the folly of human conceits than this distant image of our tiny world. To me, it underscores our responsibility to deal more kindly with one another, and to preserve and cherish the pale blue dot, the only home we've ever known.
AUTHOR BIOGRAPHIES

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SACRED SCIENCES

Albert Einstein Quote *(Part of the Universe, pg.67)*

Albert Einstein was a German-born theoretical physicist, widely acknowledged to be one of the greatest and most influential physicists of all time. Einstein is best known for developing the theory of relativity, but he also made important contributions to the development of the theory of quantum mechanics. The quote is from Goodreads.com

Star Logic Astrodynamics *(The Residual Effect of Uranus, pg. 68)*

This article is from the research files of Star Logic Astrodynamics and professional astrologer Loni Haas. It has been published with permission.

Odd Universe Encyclopedia *(Weather Phobias, pg. 75)*

Odd Universe Encyclopedia addresses topics based on ‘things you might need to know’. The article on Weather Phobias was published with permission.

Dan Millman Quote *(He asked, pg. 77)*

Dan Millman is a former world champion athlete, university coach, martial arts instructor, and college professor. After an intensive, twenty-year spiritual quest, Dan's teaching found its form as the Peaceful Warrior's Way, expressed fully in his books and lectures. His work continues to evolve over time, to meet the needs of a changing world. The quote is from Goodreads.com

Carl Sagan Quote *(Blue Dot, pg. 78)*

Carl Sagan, also known as “the astronomer of the people”, was an American astronomer, astrophysicist, author and researcher. He made crucial contributions in popularizing astronomy to the public. He authored over 600 scientific papers and wrote several books about astronomy and natural sciences. He also gained worldwide fame for narrating and writing the popular 1980 television series “Cosmos: A Personal Voyage”. The quote is from Goodreads.com.
“A true artist takes no notice whatsoever of the public. The public to him are non-existent.”
Eddie Milburn Art Gallery

“Evil Within”
Eddie Milburn Art Gallery
“Lakers Drive in Murals”
Tendai Makufa Art Gallery
“Free and Fair Elections”
Tendai Makufa Art Gallery

“Great Africa”
Lyn Jenner Art Gallery

“"You Can’t See Me”"
Lyn Jenner Art Gallery
“Phoenix Rising”
Jeannie Toppi Art Gallery
“My Green Apple”
Jeannie Toppi Art Gallery
“Fairy Party”
Brenda Wiley Art Gallery

Custom Decoupage Basket
Floral Arrangement

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CREATIVE MUSINGS

Eddie Milburn (Art Gallery, pgs. 81-83)

Airbrushing is my passion, my dream, and now my only income. I lead my family and show my two sons that with God and hard work, anything is possible. Be able to adapt, and never setting limits is what makes my journey successful. My dream is to take care of my family by only using my art. I pride myself in being a 100% freehand airbrush artist. I have lots left to learn, but I’m excited to see what’s next!! To me, as an artist, making a positive impact is what life is for... I get to do that each and every day! I truly love what I do.

Tendai Makufa (Art Gallery, pgs. 84-86)

I am an Artist Tendai Makufa from Zimbabwe. I trained Fine Art at the National Gallery of Zimbabwe for 4 years and I have exhibits in a number of exhibitions around the world. I have won awards for my art including Creative Artis International Group of Art India Gold Award Artist, Art and Craft Show Art Competition 2022 Special Award, Image and Art Painting Best Painting of the Day, Association of World Artists International Group of Art India Artist of the World, and Art India Artist of the World, to name a few. If you got a chance you can check my Facebook page as well: https://www.facebook.com/tendai.makufa

Lyn Jenner (Art Gallery, pgs. 87-89)

Phoenix Rising is about me coming out of a really dark time. Menopause drags you to hell and back mentally, it twists emotions that you never had before. This is about coming out of that and rising above it

Unnamed was never named so I call it "Unnamed". I'd never choose piece this myself, I don't like the bubble finish, it's too clean. I received a sarcastic comment about thinking about bubbles and have disliked the image ever since, but many have loved it.

You Can't See Me, is all about feeling the pressure of people wanting you to do. They peck and peck until you can't cope any more. You just want to hide yourself from the world and not be seen. I felt battered and used and so very tired. It's like when people forget to actually see the human, they just see someone as a wife, you're only wanted for what you can do for someone.

I guess my art is cathartic.

My artwork can be found at www.darkskydesign.co.uk and Instagram @darksky_design

Original images are at width 4500pixels so good to print on canvas/card/ gloss or t-shirts.
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Continued …

Jeannie Toppi (Art Gallery, pgs. 90-92)

I started creating Fairies 30 or so years ago…absolutely loved creating each and every one. They each had their own little personalities. I am very proud of the fact they went International to Costa Rica, England, and to France. The 3 Fairies were all commissioned pieces. The one on the left was for a musician…hence her hair is from a cassette tape of the Beatles music. The center Fairy was for a Birthday gift for a teenager, and the last Fairy was commissioned and shipped to Costa Rica. I do not create them anymore, as arthritis in my hands makes it pretty much impossible.

As for my other artwork, I have only been doing it for over a year plus and loving every minute of it. I use graphite, charcoal, pastels and acrylic. I want to do it all!! It feels at 76, I have come home and doing something that gives me the greatest pleasure.

https://www.facebook.com/search/top?q=fairies%20by%20dragonfly
www.facebook.com

Brenda Wiley (Art Gallery, pgs. 93-95)

I am a mother of a 13 year old daughter. I homeschool her and enjoy being part of the learning process for her. She and I both love being creative and making things. I love doing decoupage. It is fun to plan the colors and the arrangements, and make baskets and vases decorated with decoupage. I have made floral arrangements with decoupaged vases and baskets for friends, relatives and the church community friends for any occasions and people love getting them.

My daughter and I make all of our cards we send for occasions. Nothing is better than to receive a hand crafted card. Anyone can buy a card, cards made with the receiver in mind that is decorated and memorable are nice to receive. Adding personal touches to a greeting card is always welcomed and appreciated.
THERE'S A LITTLE MAN IN MY HEAD
AND I WISH HE'D FIND ANOTHER HOME
THERE'S A LITTLE MAN IN MY HEAD
AND NOW I'LL NEVER BE ALONE
Time is weird. That much is obvious.

Sometimes I think everything happens at once, which is anything but obvious and even weirder.

I feel sorry for people who brag about 'living in the moment'; they're like people who come into the cinema after the film has started or people who drink Diet Coke—they're missing out on the best part.

I think time is like the dial on a radio. Most people like to settle on a station with a clear signal and no interference. But that doesn't mean you can't listen to two or even three stations at the same time; it doesn't mean synchrony is impossible.

Until quite recently, people believed it was impossible for a universe to fit inside two atoms, but it fits. Why dismiss the idea that on time's radio you can listen to the entire history of humanity simultaneously?
"Nietzsche said that mystics never practiced the kind of ruthless honestly, or skepticism, which he dared," wrote Robert Anton Wilson. "He would have to withdraw that condemnation in the case of Phil Dick." I must agree. No single human has wrestled with the Mystical more honestly, efficiently, and usefully, as sci-fi author Philip K. Dick.

You know the long list of reality-bending movies made from PKD's works; Blade Runner, Total Recall, and The Adjustment Bureau are my personal favorites. Later, the Matrix films would use his themes to great effect, as would the television series Lost, wherein Benjamin Linus owns a copy of PKD's masterpiece VALIS. When John Locke imprisons Ben in his own house on the Island, he gives him VALIS to reread, because "you may have missed something." Indeed, it is easy to do so, because the novel contains more possibilities than actualities, much like the mystical experiences that led PKD to write it.

It was all triggered by a tooth ache, as the wiki entry on PKD explains:

On February 20, 1974, Dick was recovering from the effects of sodium pentothal administered for the extraction of an impacted wisdom tooth. Answering the door to receive delivery of extra analgesic, he noticed that the delivery woman was wearing a pendant with a symbol that he called the "vesicle piscis." This name seems to have been based on his conflation of two related symbols, the ichthys (two intersecting arcs delineating a fish in profile) that early Christians used as a secret symbol, and the vesica piscis. After the delivery woman's departure, Dick began experiencing strange visions which he referred to as "2-3-74," shorthand for February–March 1974. He described the initial visions as laser beams and geometric patterns, and, occasionally, brief pictures of Jesus and of ancient Rome. As the visions increased in length and frequency, Dick claimed he began to live a double life, one as himself, "Philip K. Dick", and one as "Thomas", a Christian persecuted by Romans in the 1st century A.D. He referred to the "transcendently rational mind" as "Zebra", "God" and "VALIS."

Robert Anton Wilson illuminates things further in the third volume of his Cosmic Trigger series:

After the tooth extraction, Phil began to have unique perceptions. All the usual masks collapsed, and he saw hundreds, thousands of alternate reality tunnels. “The entire universe blew up in his face,” as he wrote in a novel.
At the beginning, when Phil fell into the whirlpool he called “orthogonal time” - defined as “real” time, at right angles to our spurious linear time - he experienced events in ancient Rome and modern America almost simultaneously, and he had great difficulty in remembering whether the tyrant who misruled that segment of Hell had the name Nero or Nixon… and Phil thought he had begun to remember a past life as the apostle Thomas, a Gnostic mystic.

As the experience broadened and deepened, Phil found the Thomas theory inadequate to explain the multi-dimensional new world order he now perceived. He considered the possibility that Soviet parapsychologists had attained “mental telepathy” with extraterrestrials, and he, somehow, had gotten into the interstellar infobahn by accident. Later, Phil began to perceive and/or conceive the experiences in terms of three-eyed aliens from Sirius trying to help humanity escape the Empire and the Empire’s Black Iron Prison.

“The Empire never ended” - an urgently meaningful message to Phil - sums up this aspect of the Experience. On one literalistic level, it means that the Roman Empire never fell; it still governs the world, but it has inserted nearly 2000 years of “false memories” into our brains to keep us from remembering that we live in the Messianic Age when all miracles have become daily possibilities. The Black Iron Prison became Phil’s metaphor, or masque, for the 2000 years of delusion we have suffered in linear time, while our orthogonal selves still live in “real time” - Eternity.

Later, Phil attributed his experiences alternately to “Zebra” and “VALIS”. Zebra denotes an intelligence so huge that, insect fashion, remains invisible, because we normally see it as the environment - the whole entire environment.

We see here in this plot level construction PKD trying to deal with all the angles of his download and coming up with partial answers only, no “truth” other than the fact that it happened. In the book VALIS we find many of his experiences transferred entirely to the character of Horselover Fat, PKD’s alter ego:

In March 1974 at the time he had encountered God (more properly Zebra), he had experienced vivid dreams about the three-eyed people - he had told me that. They manifested themselves as cyborg entities: wrapped up in glass bubbles staggering under masses of technological gear. An odd aspect cropped up that puzzled both Fat and me; sometimes in these vision-like dreams, Soviet technicians could be seen, hurrying to repair malfunctions of the sophisticated technological communications apparatus enclosing the three-eyed people.

Who can say?
First eight hours of graphic information is fired at you from sources unknown, taking the form of lurid phosphene activity in eighty colors arranged like modern abstract paintings; then you dream about three-eyed people in glass bubbles and electronic gear; then your apartment fills up with St. Elmo's Fire plasmatic energy which appears to be alive and to think; your animals die; you are overcome by a different personality who thinks in Greek; you dream about Russians; and finally you get a couple of Soviet letters within a three-day period, which you were told were coming. But the total impression isn't bad because some of the information saves your son's life.

And that is the real kicker- PKD did in fact receive information about a rare undetected illness that his son had, which VALIS warned him of in time to save the boy's life. There is also the business of the "Thomas" persona feeding him Greek words he did not know, and yes, dreams of Russians followed by mysterious letters from the Soviet Union arriving just as prophesized. "Who can say?" indeed. What happened breaks the rules of so many reality models, none of them offering satisfactory explanations, it makes one want to give up and yet- VALIS helped the boy, so it could not "just" be PKD's colorful madness. Was it info beamed in from above? Yes. But from where, exactly? For poor Phil, there would be no easy answers, only very hard theories. His first attempt to deal with this rotating mandala of high weirdness came in the form of a novel called Radio Free Albemuth, wherein it is all dealt with in a rather elegant sci-fi way. Here are the key passages where he breaks it all down:

I had become plugged into an intergalactic communications network, operating on a telepathic basis. There I sat, and there overhead twinkled and glowed the star Albemuth, and from its network came an infinitude of messages, in assorted unknown tongues. What had happened was that the AI operator of Albemuth’s station, an artificial intelligence unit, had raised me at some prior time and was holding the contact open. Therefore information reached me from the communications network whether I liked it or not. It was the voice of the AI unit which I saw in dreams as the “Roman sibyl.” In point of fact it was not the Roman sibyl, not at all, and not really a woman; it was a totally synthetic entity…Beyond the AI voice lay Valis himself, the ultimate constituent link to the universe-wide communications network, which to the ancients would be the same as God. These realizations came to me not as speculation or even as logical deduction, but as insights presented to me by the sympathetic AI operator at work at my station. She was making me aware of that which man has ceased to understand: his role and place in the system of things. I saw on the inner screen of my mind an inferior agency creeping into our world, combating the wisdom of God; I saw it take over this planet with its own dreary plans and will, supplanting the benign will of God…or Valis, as I still preferred to call him. Over the ages God had played a great game for the relief of this planet, but lifting the siege had still not been accomplished. Earth was still an unlit button on the exchange board of the intergalactic communications network.
The book is very good, filled with wondrous tidbits of speculation, but ultimately becomes mired in the obsession with the Black Iron Prison:

Rather than me being back in the ancient world, Rome had revealed itself as the underlying reality of our present-day world. My memory had become elongated, stretching out over a span of two thousand years, but what it encountered was a dreadful sameness: Rome lay spread out everywhere across the ages. What a giant entity it was, to extend that far in time. There lay no relief from it either in the past or the present, although in a sense I experienced no past, just a continual present of vast immensity.

Everything in Radio Free Albemuth is written in extreme caricature; America is morphed into a fascist dictatorship ruled by an alternate reality Nixon named Ferris F Fremont, who turns out to be an agent of the KGB and so on...the government shoots down the VALIS satellite and kills all the revolutionaries who have been used by the Albemuth aliens to try and overthrow the Empire on Earth. Bummer. You can see why PKD's publisher canned the book and did not release it until long after his death in 1982.

In VALIS, which was written right after Radio Free Albemuth, PKD changes the plot level architecture, focusing more on the theory that secret Christians have been implanted with "plasmate" souls from Sirius and are now returning to Earth after the rediscovery of the Gnostic Gospels among the Nag Hammadi codices. This story takes place more or less in our "real" world of the mid-1970s, and the fall of Nixon is attributed without any real explanation to the reemergence of the Sirian intelligence:

For two thousand years the single rational element in our world had slumbered. In 1945 it woke up, came out of its dormant seed state and began to grow. It grew within himself, and presumably within other humans, and it grew outside, in the macro-world. He could not estimate its vastness, as I have said. When something begins to devour the world, a serious matter is taking place. If the devouring entity is evil or insane, the situation is not merely serious; it is grim. But Fat viewed the process the other way around. He viewed it exactly as Plato had viewed it in his own cosmology: the rational mind (noo's) persuades the irrational (chance, blind determinism, Ananke), into cosmos.

This process had been interrupted by the Empire.

"The Empire never ended." Until now; until August 1974 when the Empire suffered a crippling, perhaps terminal, blow, at the hands- so to speak-of the immortal plasmate, now restored to active form and using humans as its physical agents. Horselover Fat was one of those agents. He was, so to speak, the hands of the plasmate, reaching out to injure the Empire. Out of this, Fat deduced that he had a mission, that the plasmate's invasion of him represented its intention to employ him for its benign purposes.
What I like so much about the plasmate theory is that it turns the VALIS plot level narrative away from the hardline Conspiracy concerns and towards a new theory of time itself. He repeatedly quotes the mysterious line from Wagner's *Parsifal* opera, "You see, my son, here time changes into space", and comes up with some stunning revelations about our true four dimensional nature:

First you change time into space and then you walk through it, but as Parsifal realized, he was not moving at all; he stood still and the landscape changed; it underwent a metamorphosis. For a while he must have experienced a double exposure, a superimposition, as Fat did. This is the dream-time, which exists now, not in the past, the place where the heroes and gods dwell and their deeds take place.

The single most striking realization that Fat had come to was his concept of the universe as irrational and governed by an irrational mind, the creator deity. If the universe were taken to be rational, not irrational, then something breaking into it might seem irrational, since it would not belong. But Fat, having reversed everything, saw the rational breaking into the irrational. The immortal plasmate had invaded our world and the plasmate was totally rational, whereas our world is not. This structure forms the basis of Fat's world-view. It is the bottom line.

Someone is playing a board game with time, someone we can't see. It is not God. That is an archaic name given to this entity by societies in the past, and by people now who're locked into anachronistic thinking. We need a new term, but what we are dealing with is not new.

Horselover Fat is able to travel through time, travel back thousands of years. The three-eyed people probably live in the far future; they are our descendants, highly-evolved. And it is probably their technology which permitted Fat to do his time traveling. In point of fact, Fat's master personality may not lie in the past but ahead of us, but it expressed itself outside of him in the form of Zebra. I am saying that the St. Elmo's fire which Fat recognized as alive and sentient probably abreacted back to this time-period and is one of our own children.

On some level Fat guessed the truth; he had encountered his past selves and his future selves -- two future selves; an early-on one, the three-eyed people, and then Zebra, who is discorporate.

Time somehow got abolished for him, and the recapitulation of selves along the linear time-axis caused the multitude of selves to laminate together into a common entity. Out of the lamination of selves, Zebra, which is supra or trans-temporal, came into existence: pure energy, pure living information.

Continued...
Immortal, benign, intelligent and helpful. The essence of the rational human being. In the center of an irrational universe governed by an irrational Mind stands rational man, Horselover Fat being just one example. The in-breaking deity that Fat encountered in 1974 was himself.

And so, having personally experienced so much of what PKD did, I find comfort in his lack of any one "answer" other than the revelation of a state of being that is fully four dimensional and thus "more true" than our usual biological view of meat puppets inside the spurious temporal Matrix of the Black Iron Prison. From my re-readings of VALIS and his Orthogonal Time model, I came to formulate my own personal proverb of revelation:

"We are not 3D subjects trapped in linear time; we are 4D objects composed of hyper time."

I close now with Robert Anton Wilson's final words on his own personal version of the VALIS experience...

As for me, after working with the ideas that my experiences resulted from telepathic assistance by real adepts on Earth, or similar adepts on Sirius, or from my own Poetic Imagination (as Blake called this faculty) I now tell people that I currently attribute it all to the pookah, a six foot white rabbit with supernatural powers well-known in County Kerry. I like that model because I don’t think anybody exists damn fool enough to take it literally…
BLAP

By Mikey Pierog

Emotionally overwhelmed the pressure inside
Make you burst the tears that cried -
This wasn't the place where I applied
   I knew of better days then this
Where I am now I would overlook amiss
Where is the button to stop this exist?
   The answer was found at the start
   I never wanted to be in this part
Just cut me out, out from your heart
So I can drift and create my own art
   That which is mine is all for you
Because I stopped at this orange hue
   Because past it I wish you knew
That there is nothing not in this zoo
   I broke my cage so take me out
You weren't the one that I thought about
You saw me and just saw all the doubt
Lucky we change but sometimes too late
Am I still here because of this fate?
What is my mission if I have one at all?
   Is it to breaks the sinners’ wall?
I just want to stop this stop this now
   But if only, only, only, I knew how.
By Jonathan Corelli

I saw Cthulhu the other day. He was hanging around our government leaders in Washington, DC. Since he has the ability to communicate with individuals who are particularly creative or arguably predisposed to suffer from bouts of insanity it is a perfect fit. Cthulhu is known for driving men to the brink of insanity so that he may rise again. Of course he didn’t have to do that in DC as most there are already insane but they did captured his attention and now he desires to finish the job. He was enjoying himself amidst the chaos and power grabs that continue to go on and was tickled pink by the distress suffered by the people because of the insane policies that have the people in a tight grip of fear and depression. Squeezing people in his mighty far-reaching claws of despair is his specialty. What’s that you say? You don’t know who Cthulhu is? Let me enlighten you...

He is a fictional indestructible and all powerful beast ‘alien god’ created by writer H.P. Lovecraft. He’s a top notch 4 star monster who has been used in stories by other authors such as Robert Bloch, Stephen King, Neil Gaiman and Alan Moore. In addition to metafiction, the mythos inspired music (much of it instrumental), horror movies, and, perhaps most notably, games, including board games, card games, tabletop role-playing games, and video and online games. Not surprising since he knows how to promote himself with the human race.

Cthulhu is characterized as the priest or leader of the Old Ones, a species that came to Earth from the stars before human life arose. Cthulhu is immortal and has great strength and can endure great amounts of damage and can only be killed by the omnipotent power (which by the way, the human race has almost completely turned their backs on). The Old Ones went dormant, and their city slipped under Earth’s crust beneath the Pacific Ocean. They communicated with humans by telepathy, and, in hidden corners of the world, uncivilized people remembered and worshipped Cthulhu in rites described as loathsome. When conditions are right, the city will rise, and, with the help of the eternal Cthulhu cult, Cthulhu will awaken and again rule the world.

And since he is already here, what will Cthulhu do?
Nothing good.
Nothing short of disastrous.
It’s all as easy as licking salt off a pretzel to Cthulhu.

Continued...
What does Cthulhu know about the human race and how it is governed by fools that oddly enough they have placed in positions of power?

Humans have always been duped by the promise of “progress.” Moving towards a better life – a Utopia. It is rarely viable in reality, but the way politicians present it and schools indoctrinate from an early age it is do-able. You will get whatever you want for “free” AND you won’t have to work or participate except when you are told to perform government tasks and end up living in wall to wall government provided housing consisting of two rooms and a bathroom (that’s the deluxe model only granted to those who have achieved incredibly crazy beyond the norm – the rest get a tent). Government will give you everything including a food ration and the uniform on your back and the Cthulhu tattoo on your forehead that you wear with pride because you “belong” and now have the life you wanted. If you become ill, the government will decide if you get care of if it is more feasible to let you die and deliver your body to the local Soylent Green Factory. Remember Soylent Green? The favored term associated with it is “free”.

IT IS people. People will be food. Enjoy your dinner. Enjoy the monotony. You bought and paid for it with your freedom and it wasn’t a cheap price.


“That’s not fair!”

Sure it is – everyone is the “same.” In a liberal society everyone is the same. No distinctions. Except of course for Cthulhu and his crony beasts and a few humans who are beyond the pale of evil who sit at the top and call themselves the government. Your government. What you chose just a short time ago and you will do what you’re told. No choices. Period. Life as you knew it is gone.

Now you may ask – Am I crazy for penning this diatribe? Let’s face it – it is a bit out there.

Your answer:

Cthulhu made me do it.

He’s here.

He’s coming for you next to take you to the Dark Side.
Astrology provides the answers to many questions both mundane and arcane and astrologers and laypeople can turn to astrology to unravel many mysteries. There is an astrological ruler for anything and everything that exists including all of those things that go “bump in the night.” Take a look at the planetary entities that rule some of our scariest concepts and creepiest beings but try to scare yourself silly!

**PLUTO – The Unholy & the Undead**

Pluto leads the astro-pack as far as occult nasties are concerned and is considered the Occult Grand Malefic. As the ruler of the underworld/land of the dead, Lucifer and monsters, Pluto governs vampires, devils, demons, ghouls, zombies, and all varieties of evil incarnate like the Jinn from the movie *Wishmaster*... and let’s not forget *Damian* the son of Satan himself. Demonologists and those who study and/or practice black occultism are under the influence of Pluto as well as possessed people and/or innate objects (like the demon possessed dolls Chuckie and Annabelle of movie fame). Pluto also rules brimstone, catacombs, coffins, corpses, death-rays, and places of death such as guillotines, gallows, and morgues and of course and most obviously life after death.
NEPTUNE – Apparitions & Ghosts & Witches & Warlocks

Now you see em’ and now you don’t! Or did you really see anything at all? Was it a premonition, vision or ghostly encounter? Neptune operates at its nebulous and enigmatic best when referenced in the occult. Neptune governs ghosts, specters, apparitions and haunting in general as well as witches and warlocks and evil magicians. It also governs witches, warlocks, the black brotherhood and the illusions of the spells they cast. Further, Neptune is traditionally linked with fortune telling and the gypsies who are masters of that craft as well as black magicians, mediums and those who conduct séances. Holy water which is used to dispense many evils and provide protection falls under the jurisdiction of Neptune and conversely, so do poisonous potions.

URANUS – Extraterrestrials & Exorcists & Freaks of Nature

The occult is the place where Uranus gets to act its most freakish as the Grand Poohbah of the occult ruling everything and anything that comes from outer space including aliens, extraterrestrial micro/macro-organisms and any other-worldly engineered abnormalities. Here on Earth it has a field day with any and all biologically engineered freaks as depicted with such concepts as the gill-man in the movie *Creature from the Black Lagoon*. Uranus also rules exorcists who attempt to save the damned. Curses also fall under its rule along with etheric manipulation and that which constitutes the sacrilegious like the irreverent use of the Ouija board.

SATURN – Mummies & Cadavers & Gargoyles

In astrology, Saturn is known as the Great Malefic and before the discovery of the other outer planets Uranus, Neptune and Pluto, anything and everything evil was attributed to its rule. Along with mummies, cadavers and gargoyles, Saturn also governs entities such as the Frankenstein monster who was “constructed” of corpses as well as the hangman and places such as morgues, mortuaries and in general ALL places of horror. Saturn also has an affinity for the pyramids and the embalmers who made the dead ready for their journey to the afterlife.

MARS – Werewolves & Poltergeists & Gremlins

Mars is traditionally recognized as the Lesser Malefic of astrology and in the occult realm this instigator has a grand time of making life miserable by tormenting unsuspecting human. Mars rules all noisy, mischievous and mean spirits and entities including poltergeists, gremlins and goblins. It also has a great affinity for werewolves and anything else scary that uses cunning and strategy to hunt, kill, maim and torture like Jack the Ripper. Mars rules all places of danger especially areas of carnage and burnt ground. Mars also has a fondness for gravediggers and assassins as well as executioners and pyromaniacs.
MERCURY – Doppelgangers & Psychotics & Mimics

As usual Mercury likes to double up on anything – doppelgangers, psychotics with dual deranged personalities, changelings and mimics. Mercury has an affinity for demented killers who like to strangle or suffocate their victims or those who excel at rhetoric like Hannibal Lector in the movie *Silence of the Lambs* or the creepy dead twins *in The Shining*. Mercury also seems to have a hand in possessions where a human spirit is fighting a demonic for occupation.

Sleep well – but wait a minute – what’s that? It just crawled out of your computer!!!
ODD VANT GUARDE

Marcelo Figueras QUOTE *(Time is Weird from Kamchatka, pg. 99)*

Marcelo Figueras (born 1962 in Buenos Aires, Argentina) is a writer and a screenwriter.

Steve Prellwitz *(VALIS and Orthogonal Time pg. 100)*

“Cosmic” Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn’t take himself too seriously.

Mikey Pierog *(BLAP, pg.106)*

Mikey hails from Canada. He says: “Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them.” Mikey is an administrator and Manager on https://www.lightforcenetwork.com.

Jonathan Corelli *(Summoning Cthulhu, pg. 107)*

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, “Writing is not perfection unless it has a humor injection” so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes “perfect sense in every sense of the term sense.”

Star Logic Astrodynamics *(Horrorstrology, pg. 109)*

This article has been updated and published with permission of *Star Logic Astrodynamics* and *The Galaxy Express.*