

Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES \* ESOTERICISM \* CREATIVE THOUGHT \* PHILOSOPHIC TRENDS .

VOLUME 22 SUMMER 2022 5 YEAR ANNIVERSARY ISSUE

What's Your Perspective?



## What's Your Perspective?

Don't judge a book by its cover, rather, by what you uncover.

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## MIND TEAM TAKING AIM

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact <a href="mailto:editor.discerningminds@gmail.com">editor.discerningminds@gmail.com</a> with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. *Only original* articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

#### Content sections are:

The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, reincarnation, personal musings.

A Matter of Spirit – Esotericism, Higher Mind, Karma/Dharma, miracles, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

Body Temple – Alternative health, holistics, ancient and new healing, mind methods, auras.

Phenomena Files – Paranormal, extranormal, ultra-normal and unexplained experiences, Parapsychology, cryptids, UFOs, curses.

*Arcanus Obscurum* – Ancient theories, Nature, magical arts, crystals, symbology, shamanism, hermetics, alchemy, visions, Kamea, divination, secret societies, brotherhoods, angels and daemons, obscure deities.

Sacred Sciences – Metaphysical, Mastership, Astrology, Cosmobiology, channeling, Numerology, Palmistry, Runes, prophecy, pendulum, crystals, animal totems, OBE, Qabalah, Tarot, quantum, psychism, codes and cyphers, conspiracy theories, meta-history, alternative paths.

*Creative Musings* – Original artwork and photography, poetry, prose, fantasy tales, stories with morals or messages.

*Odd-vant Guarde* – Atypical, curious, paradox, eccentric or uncanny chronicles and yarns. Quirkology.



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This special edition of Discerning Minds celebrates its 5<sup>th</sup> Year Anniversary of publication. It will feature some of the best submissions over the past years as well as new entries.

The Publisher wishes to thank our dedicated managerial staff, editors and all the writers, artist and poets who have contributed their talents and time to make Discerning Minds a special E-Zine that challenges the thought processes to think outside the box and brings the beauty of metaphysical illumination from the serious to humorous to the minds of all our readers.

Take a walk down the perusal path and see what you can see...

# THE HUMAN CONDITION

Section Managing Editor -Dr. Daria Novicki

It's funny how...

Humans can wrap their mind around things and fit them into their version of reality. ~Rick Riordan~



### Get Your Hand Out Of My Rice Bowl

By Aly 'Zephyr' Nizen

Are you hungry? You must be since you had your hand in my rice bowl.

Hunger pangs for need of recognition? Starvation for power? Ravenous for what you think will fulfill your lack of creativity. Get your hand out of my rice bowl ... you won't get satiated there. Not really.

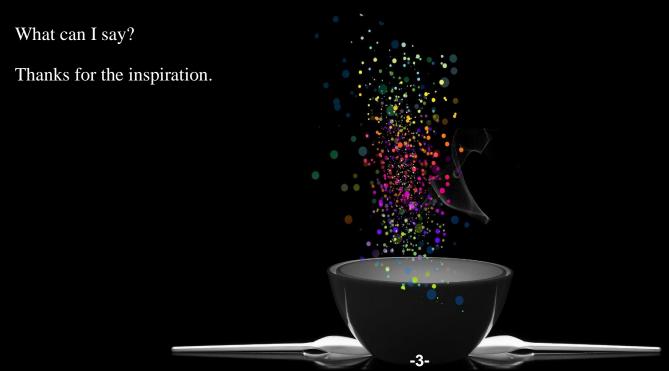
I created my rice bowl and each grain in it. Filled it will my past experiences, creative ideas and personal savvy. What good will it do you to take my rice? You cannot fill up your rice bowl with it because it my rice and it is not meant to be in your bowl. It just doesn't mingle.... it just doesn't amalgamate ... It honestly won't satisfy your craving.

If you had asked me to share my rice, would I have shared it? Probably. We could have worked out something more original that would have been more "you" ... but ... we will never know since you just went ahead and brazenly pirated my rice when I wasn't looking.

I will give you credit. You did try to change the recipe and mix my rice up with other ingredients to make it look like your own unique concoction but ... ahhhh ... you see my rice is a rare special blend and tends to stand out amongst your strange combination. Others have noticed. Others know. It doesn't look like you'll win the Betty Crocker cook-off this time yet still you got some attention from those you have duped into believing how very clever you are.

Let's face it. You are a rice klepto. You need help. Maybe a good dose of Gordon Ramsey will help. I am neither flattered nor intending to overlook the fact that you had your hand in my rice bowl but there is something else for you to know.

I took a scoop from your rice bowl that had my original rice in it and made a new recipe. It is fast becoming very popular and feeding many – so many that your rice bowl has become inferior and abandoned.



#### **Only Human Nature**

#### Shari Moss

Be very, very afraid... what you're about to read is meant to scare you back into a reality that seems to have lost its intended definition.

"Human nature" is on the prowl ... and it's coming to, or is likely already in, a neighborhood near you. It creeps up on you and before you know it, you're acting just like everyone else. It might just infiltrate your life and gnaw at every fiber of your being to the point of asking those rhetorical conundrum "why" questions. Why "real life" not like what real life is was meant to be? Why does it seem like, more often than not, evil wins out over good? Why can't people just be open and honest with loving-kindness in their communication? Why are so many behaviors and actions laden with underlying ulterior motives and hidden agendas? The stock answer to and the scariest part of the answer to all those questions? Because ... well ... because we're "human" and well ... that's just "human nature"!

Scarier still, if it can possibly get any scarier, society has come to accept this as "our" behavior; that being "human" and 'human nature" has somehow been adopted as viable excuses for ill-mannered, inconsiderate, disrespectful behavior and communication. Somewhere along the line being "human" and "human nature" attracted negative connotations. Think about it ... the phrases "to err is human" and "that's just human nature" clearly implies acceptance of behaviors and actions that we innately know would not otherwise be acceptable.

Don't get me wrong, I'm not saying that we, as humans, don't make mistakes, of course we do. I'm talking about the "games people play" and the things people tell themselves that makes it okay to treat other people in ways that they would not want to be treated themselves. And therein lays the irony of it

all.

We toss out "I'm only human" or "that's just human nature" in a double standard manner; either when we are aware we've "erred" or we're attempting to appease someone else who's been the butt of human nature, as if it's supposed to make us feel better that society has made the negative aspects of human nature acceptable.

Oddly enough, there are psychological and scientific reasons and definitions as to why we, as "humans", behave this way. Scientists, from Darwin to Freud, and beyond have made life's work out of defining humanity and human nature.

Scientists, from Darwin to Freud, and beyond have made life's work out of defining humanity and human nature. In fact, if you've seen the movie What the Bleep, you know that where once scientists and psychologists were adamant about their aspect of definition being the most accurate, they have now joined forces under the umbrella of the energy aspects of quantum physics to combine their views of "human nature" and why we do the things we do and behave the ways we behave.

We all know that defining terms such as "real", "reality", and "human nature" can be as frustrating and circular as trying to answer, "Which came first, the chicken or the egg". However, in as much as we have to have a basis for focus of discussion, let's look at how dictionaries and encyclopedias define these terms. These definitions were retrieved from <a href="www.wordreference.com">www.wordreference.com</a> - adapted From: WordNet 2.0 Copyright 2003 by Princeton University.

#### Real:

(1) Possible to be treated as fact; "tangible evidence"; (2) having substance or capable of being treated as fact; not imaginary; (3) not synthetic or spurious; (4) being or occurring in fact or actuality; having verified existence; not illusory; (5) no less than what is stated; worthy of the name; (6) founded on practical matters; (7) coinciding with reality.

#### Reality:

(1) All of your experiences that determine how things appear to you; (2) the state of being actual or real; (3) the state of the world as it really is rather than as you might want it to be; "businessmen have to face harsh realities."

#### **Human Nature:**

- (1) The shared psychological attributes of humankind that are assumed to be shared by all human beings;
- (2) the sum of qualities and traits shared by all humans.

At the basis of all these definitions is subjectivity. If *reality* is based on our own personal perceptions, and *real* is something 'possible' to be treated as fact and *human nature* presumably reflects a collective consciousness, well, then where does that leave us?



Just as everything has yin-yang opposing aspects, in order to know what's "bad", we have to first know what's "good". Of course, the converse is true, as well - in order to know what's "good", we have to know what's "bad".

So, that leaves us with defining "human nature" from a moral and ethical standpoint. And the question becomes "Why have the shared psychological attributes of humankind, assumed to be shared by all human beings, taken on a negative connotation? Why has it become societally acceptable to behave in amoral and unethical manners?"

Why? If you can imagine it getting any scarier, the answer actually lies in the definition of "human nature". One of our shared psychological attributes is "fear". Why do we behave amorally and unethically? FEAR and fear's underlying motives.

Fear of what? Fear of being rejected ... fear of not being accepted ... fear of being "found out"... fear of admitting we're "human"... fear of being wrong ... fear of being hurt ... fear of being inferior ... in short, fear of our fears.

Continued...

But why? When did it become fearful to treat others with the same loving-kindness we want? When did it become fearful to be forthright in stating our wants, needs, and expectations? When did it become fearful to admit our "errors"? When did it become fearful to be honest? When did justice and purity of motives become fearful?

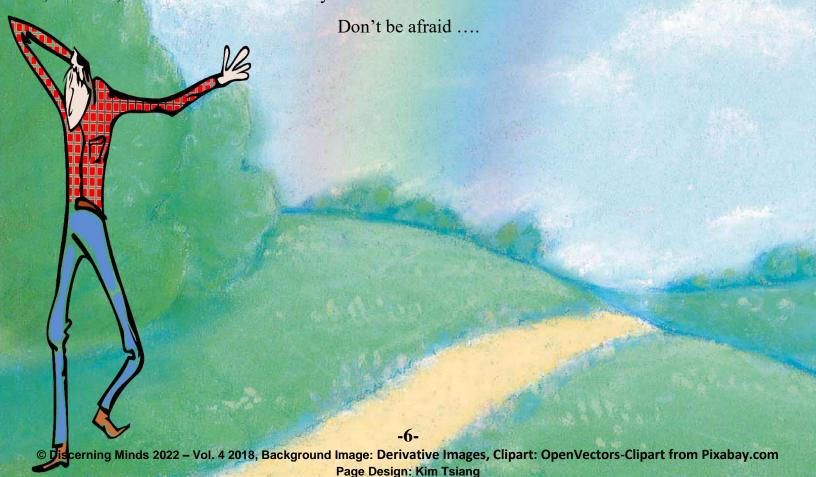
The "real" kicker is ... it never has ... it's our fear that has made our fear okay. It's our acceptance of fear being a 'way of life' that has made "human nature" a negative attribute. And I gotta tell ya ... it's terrifying me!!!

Let's stop the madness! Let's all take a step back and ask ourselves what we're really afraid of. Let's all take a step back and realize how our fears rob us of the very life, and love, we all really want. Let's all take a step back and realize that "human nature" dictates that by the time we realize all this it's too late ... it's usually either when something extremely traumatic happens or we're literally faced with our mortality. And why? Why waste precious time? Why waste precious life? Why waste precious love?

Let's bring back the "real" meaning of "human nature"... let's eliminate the stigma associated with "human nature" and make it all positive!

How? Let's start with loving-kindness in everything you do, with everyone you know, with everyone you meet ... in your words ... in your actions ... in your thoughts ... in your behaviors ... in your attitudes ... In YOU! Treat yourself, and others, with the same loving/kindness you want! Stop using "human nature" as an excuse, unless it's a reason you did what you did that was based only on "real" loving-kindness.

Do this and you will find that, just as with anything else that's scary mainly because you don't know what the outcome will be – and you 'fear' it will be 'bad', "human nature" doesn't have to be scary at all! Live life, and love, as "human nature" innately intended to be!



## An Appearance of Truth

#### By Jonathan Corelli

"Things are not always as they seem; the first appearance deceives many." – Phaedrus

"Over time, society has created a materialistic measuring scale for us to use when making decisions. This measuring scale has conditioned us to perceive that the more attractive a person, a cause, or thing appears, the more we should unquestionably rely upon it as being trustworthy, desirable, and true. In other words, we have been indoctrinated into believing that illusion should be accepted as Truth, and that Truth, which is seldom, if ever, presented to us by way of sparkle and glitter, should be ridiculed, discredited, and ignored." – Joseph Panek

There are influences all around us. We are influenced by what we see and judge it via our enayim\* and the assumptions that it evokes. When people use a false appearance they use assumptions to their advantage in order to promote a fake image of some kind. Although they never speak the lie, the fact that they purposefully went through the trouble so that people would make assumptions in order to create a facade is what completes the lie. Ah yes! Pretense at its best!

Let's consider some types and remember everyone is a hypocrite to some degree ...

#### Radiant Rager

"Nothing is more deceitful than the appearance of humility. It is often only carelessness of opinion, and sometimes an indirect boast." – Jane Austin Sparkle, sparkle ... step into my parlor ...

The Radiant Rager shows up with aplomb in the metaphysical community – the sweet, loving epitome of goodness and virtue complete with an impeccable credentials from a number of online organizations, brilliant smile, humble to a fault and a snake charmers skill. Gonna' take you higher and out of the box. Underneath there is a raging being who would just

higher and out of the box. Underneath as easily remove your head as look and their own veins with ice. The comes to mind as does Ted Bundy.

at you. They fill our heads with junk old term *street angel, house devil*Simply dastardly Virginia.

#### Jung's Johnny Jump Up

"... A kind of mask designed on the one hand on the other to conceal the true nature of the

to make a definite impression upon others, and individual."— Carl Jung

Continued...

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These are the maskers who get our greatest respect and admiration because they have us psychologically duped because they are *working for us*. They live to aggrandize themselves but the coat of many colors blinds us into thinking they are saving the world for today and tomorrow and FOREVER! The superb rhetoric is potent but useless and destructive. Hey, we all want to be heroes right? La politique fashinable. Blah, blah, blah – the loudest people are often the weakest people but who knew?

#### Gewgaw of the Gods

"Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." —1 Samuel 16:7

But if it looks like a duck and quacks like a duck, it's a duck right? ... And he's coming to a town near you soon!

We won't get all "churchy" or "guru" here but the Gewgaw loves to twist teachings into anything else but their original intent. This one comes packaged in two different wrappers – either downplayed pseudo wisdom or show-time outrageousness. The look is the same – either a Gandhi wrap or a helium head hair coiffure with an expensive suit; and finger pointed up to the heavens or book of rapture tucked under the arm. What's not to trust here? Have some Kool-Aid. No worries it won't poison your mind. They'll show you black and white but they are standing over there in the grey area.

#### Dramapheliac

"Inside every cynical person, there is a disappointed idealist." - George Carlin

And the Oscar goes to ...

Fascinating and captivating the are not looking – problem is you Amplifying worldliness, this about anything and expresses it with cynical and vitriolic and of course and loyal like lap dog because their rhetoric after the ball Cinderella?

Dramapheliac will drain you when you can't help but look and listen.

denizen of the dark knows everything flair and panache. They are also over-reactive but you'll be drawn with resounds with upliftment. What will you do

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There's a face that we hide till the nighttime appears, And what's hiding inside, behind all of our fears, Is our true self, locked inside the façade!

Jekyll and Hyde, the Musical

#### **POST NOTES**

\*Enayim: For purposes of this post - eyes, ears, senses, past experiences

Excerpt:

http://www.aseekersthoughts.com

Quotes:

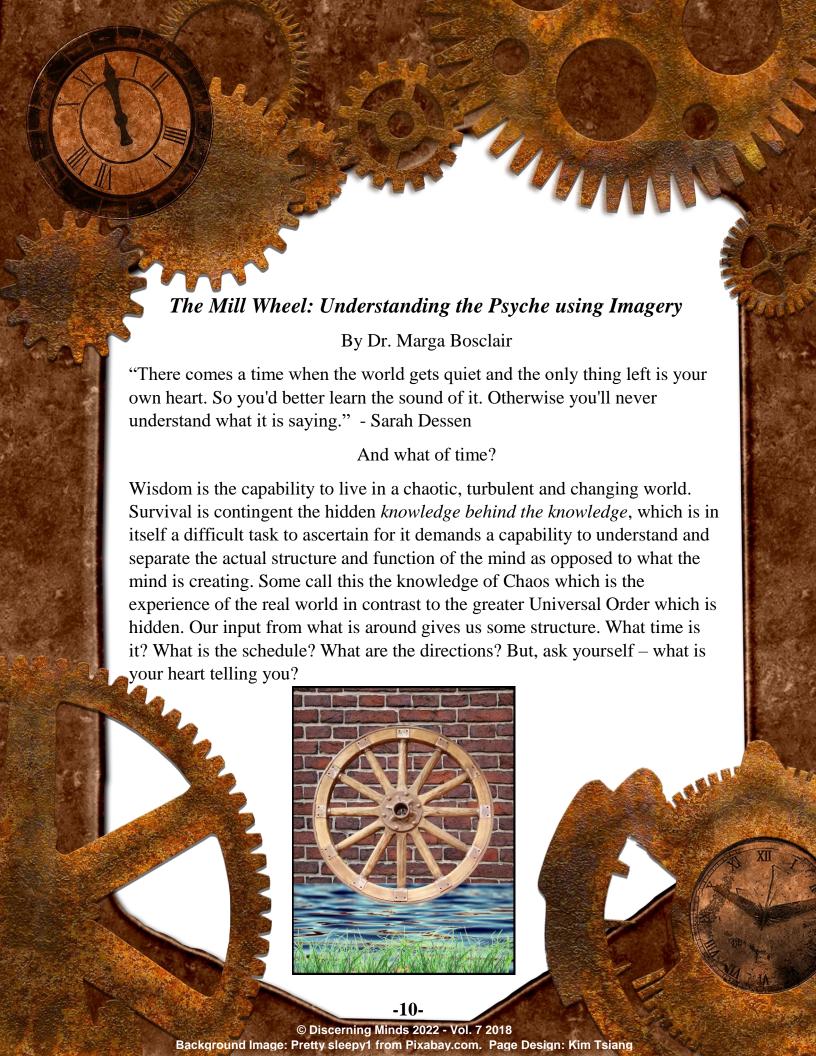
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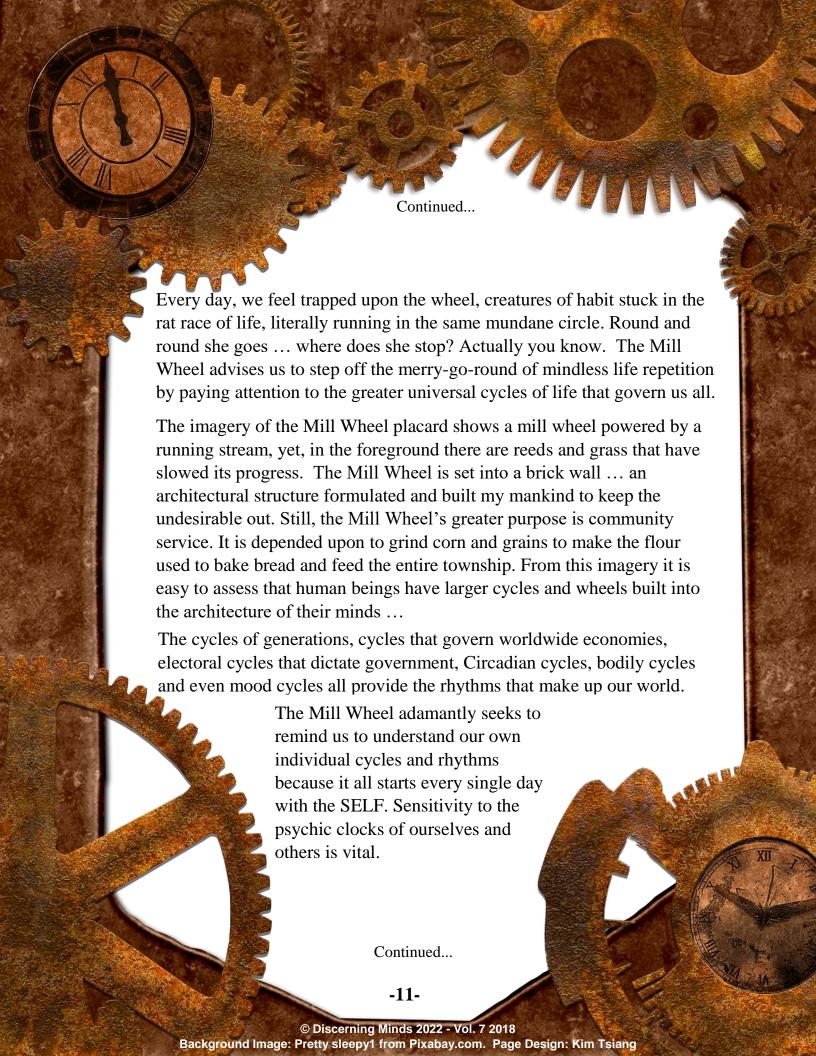
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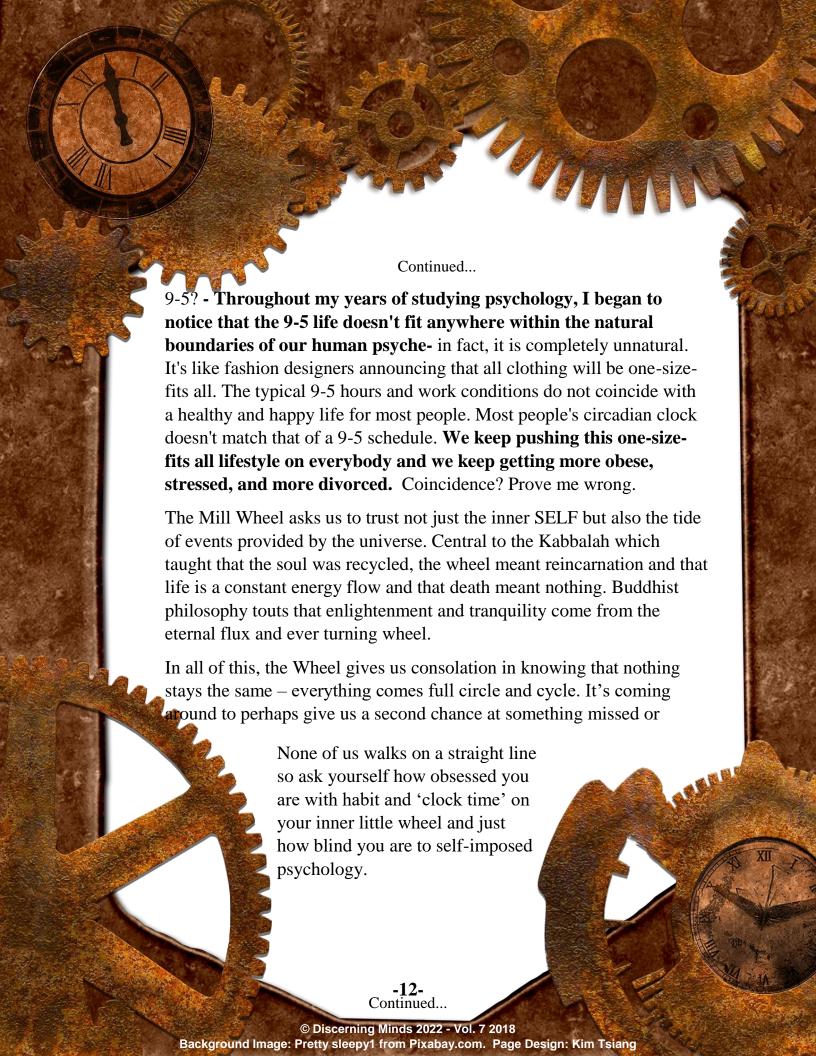
Jekyll and Hyde, the Musical

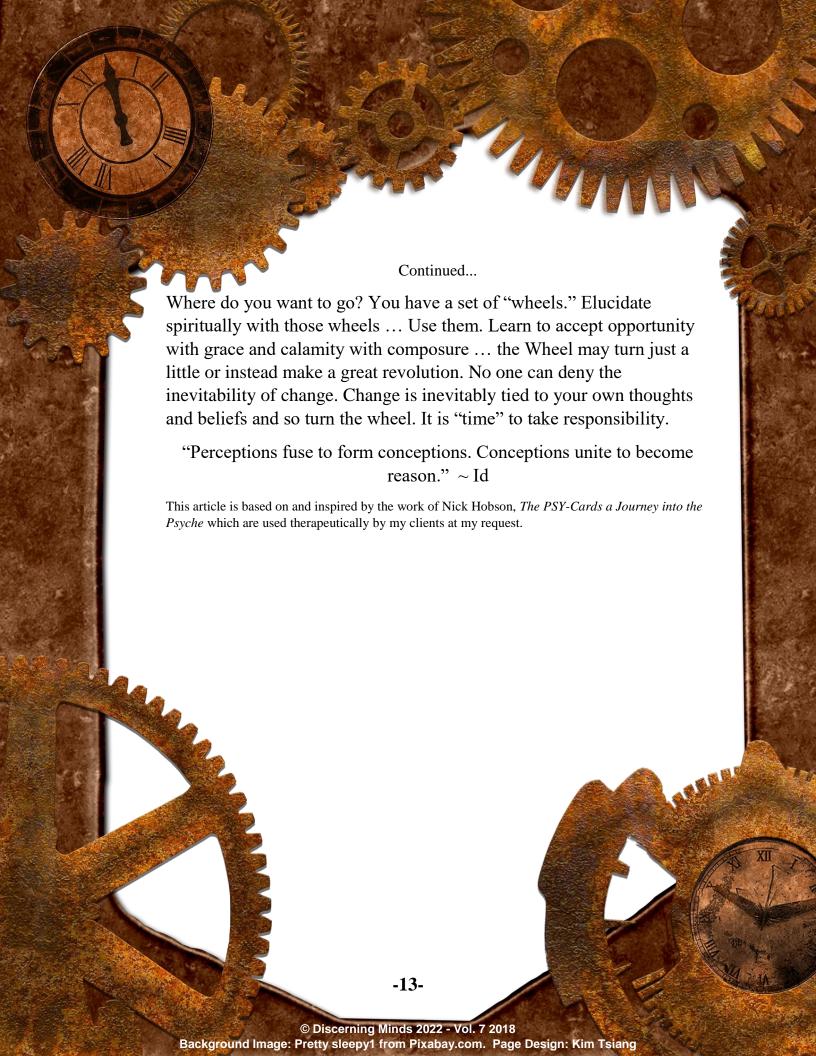


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## Judgment

Knights Templar Commander William St. Thomas

Judgment as word has no power. The power this word evokes is simply driven by the value we have attached to it. In our vernacular we have all heard, "Judge not, lest ye be judged," "sitting in judgment," the list goes on. For the most part judgment is usually associated with unfounded persecution of a person or value. Personally, I think judgment as a word has been railroaded. I have outlined some concepts that we associate or confuse with judgment. I encourage you to read through them and see if any of them fit your frame of reference.

- 1. As much as we all claim to be "observers," somewhere in there we have to make a judgment and as much as that word is abhorred in the metaphysical community it is the truth. When we find, dark, or lower energy, we take precautions and flag that situation for its potential; just by the recognition alone ... We have made a judgment!
- 2. Our actions betray our hearts. You can hide your heart and disguise your beliefs, yet in the end they will betray your spirit in what you do. Although your motivations may be mixed or unclear, your actions speak your truth. Note Nazi Germany... I mean they were just following orders ... Yet millions died!
- 3. In the universe there is perfection. There is the sea of love where all are one yet, on this Earth, love doesn't necessarily mean warm and fuzzy or a perfect relationship. It sometimes means the lesson you are here to receive is offered up by someone who has a blessed interest in you. AND often times ... that love asks, no, sometimes requires you to let go and that if you refuse to release whatever ... the lesson will escalate until you understand.

- 4. Whether in spirit, word or belief, you cannot know the complete illumination of any event. On levels beyond what we understand, things are unfolding as they should. What I find most troubling is that by the word of others, a friend brings forth a truth that is not mine and lays before me an "interpretation." It is NOT my truth or experience but rather the modified version or someone else's experience. We are responsible for what we do, say and believe, PERIOD. There is no oops, and that which you do not value, will not be sustained in your life.
- 5. If you have a personal issue, a concern or an admonition with an individual it serves mutual harmony to handle it privately ... not in the court (usually of the kangaroo genre) of public opinion. Anyone who avoids this is cowardly, and has no real desire for harmony... It is their greed to appear "right," or the "victim."
- 6. Your actions, thoughts and beliefs have consequences. If you lead your life in truth ... you will discover consequences both good and ... OK not so well! You must own these, if you don't, they will follow you like a shadow until you do.
- 7. In this world, you either serve the greater good, (people, causes, and your truth) or you release them. You cannot do both and once released, you follow a path that honors your truth. If you continue to return to that which you release ... Note the shadow comment in the section above...
- 8. People even metaphysicians often times confuse forgiveness and consequence ... for as much as we know, the fact remains, "You will reap what you sow..." Somehow, that translates into forgiveness wipes out consequences ... If I commit a crime, and the victim forgives me ... I still have to "face the music" whether it is court, restitution, the world and or Karma!



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#### THE HUMAN CONDITION

Aly 'Zephyr' Nizen (Keep Your Hand Out Of My Rice Bowl, pg. 2)

Aly is a registered nurse who hails from the northeast USA. On the weekends she teaches Yoga classes for adults and children. She is known for her patience and skill which combines several different disciplines that she filters into an understandable western view based upon the mental and spiritual level of her students. In her free time, she allows her muse to guide her as she pens what she refers to as 'human observation shorts.'

Shari Moss (Only Human Nature, pg. 4)

Shari, a Certified Marital/Family/Couples Therapist and previous owner of a Metaphysical Shoppe aptly named Synchronicity. She left Corporate America after 23 years to pursue her life's purpose and dreams - becoming an author and singer / songwriter whose works and verse aim to share what she deeply believes to be the menu for creating, maintaining, and savoring relationships filled with emotional, spiritual, and physical connection.

#### Jonathan H. Corelli (An Appearance of Truth pg. 7)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."

**Dr. Marga Bosclair** (The Wheel – Understanding the Psyche Using Imagery, pg. 10)

Dr. Marga is a practicing clinical psychologist who hails from New England. She works with both individuals and couples to help them overcome their personal obstacles in order to lead happier lives. Dr. Marga employs metaphysical practices in her work that adds a spiritual dimension which she believes more readily helps individuals to discover underlying core issues and resolve them thus restoring balance. In her free time, Dr. Marga enjoys canoeing and oil painting.

#### William St. Thomas (nee Dargin) (Judgment, pg. 14)

William St. Thomas (nee Dargin II), KC SMOTJ, is a Commander in the Knights Templar Organization and he is a former officer of the Diplomatic Corp having spent much time among the various cultures of the Middle East, North Africa and Europe. He believes that "The TRUTH is out there" and that great change, ultimately of the positive outcome variety is coming. A video of William's post *Judgment* can be found here https://www.youtube.com/watch?v=2db4yppb9xo

## A Matter Of Spirit

More smiling, less worrying. More compassion, less judgment. More blessed, less stressed. More love, less hate.

Section Managing Editor - John "Salaam" Solis

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#### Recognizing the Great Spirit

By Joseph Morningstar

On the night of my 18th birthday I was given a gift of the Great Spirit.

As it is with most young people ready to bridge an adult gap I seemed to be lost in a very human way. I had partially completed my first year of college and was enjoying the privilege of learning more about the world at large yet felt I had no real road to follow despite choosing majors in engineering which seemed to suit my natural talents. It was all very human yet something seemed missing which made me feel incomplete.

As a child, I was a very private person and I still remain so to this day. The Elders told me I had special talents but they never answered what that might be even when I badgered them. I was given the name 'Morningstar' that I adopted gladly and became known among my people as "Joseph Morningstar." I did well in school and worked hard to get a scholarship so I could further my education – something that was not often done.

Many members of my people eventually connected with the Great Spirit at one point or another in life through some type of metaphysical means – deep contemplation, peace pipe and sweat lodge. These things were always helpful to me but I never experienced the vision state as many did. This made me feel less than 'special' and unworthy and not whole but one of the Elders insisted I was a 'natural' and my time would come.

And so it did ...

I had done no preparation; no special ceremony, no special herbs, no breathing exercises - I had simply fallen asleep in my dorm room which I had to myself on that particular night. I remember falling to sleep rather quickly. My next memory was a feeling of being lifted from my body, softly yet deliberately. I spent some time floating about looking at the ceiling which was about 10 inches from my face. It seemed I could touch the ceiling with my hands and when I made contact, the ceiling seemed to melt away and I was up, up, up into the starry vault of the heavens.



Within minutes I was set down on virtually nothing at all as those I was standing on gossamer. A great white eagle appeared to my right and a great white wolf to my left. The eagle sat upon my shoulder and the wolf sat down next to me. And we stayed that way for what seemed like a long time, not moving but ever attentive. I remember thinking that if this was a dream, it was the best dream.

Finally the heavens seemed to part into a kaleidoscope of color and light until only a bright white column was left. A voice spoke – not menacing or loud but quiet and loving. It called me by name and told me my flight through life would be like I was lifted by the wings of the great eagle yet my feet would be planted in the earth like that of the great wolf. I was to be a hunter of truth and a law giver who would face every challenge and hurdle with dignity and wit. I was to serve and through my service I would heal many and receive happiness in return.

It told me then when I awoke my destiny would change.

When I did wake up I felt that the whole experience was no regular dream. It seemed too tactile ... too rich.

All the shapes and shadows were crystal clear. My mind was clear and so were my designs. As if moved by and unseen hand and totally sure of what I was doing, I made arrangements to change schools and take up the study of law which would be of the greatest value to my people back home. The transition went very smoothly much to my surprise.

I involved myself in charity work for the poor and taught crafts to children in my spare time. I worked hard, feet on the ground, eyes on knowledge. I met wonderful new people who influenced me in the best ways — mentors who became friend and friends who became mentors. I passed the bar the first time I tried (which was a small miracle in itself), set up a small office back home and have served my people since that time. I met a wonderful woman who became my wife and who works side by side with me and who has given me the gifts of our children.

I take the eagle and the wolf with me always. I thank them for their protection. I keep my feet firmly planted on Mother Earth. I keep my eyes on knowledge from Father Sky. I am worthy and whole. I am happy and blessed.

I am ever grateful to the Great Spirit.



## The Concept and Construct of Satan

By Syd Alrruhi

At some stage in our esoteric lessons, we come to consider the need for clarity regarding a subject that has been greatly misunderstood throughout the ages – the concept of Satan or the Devil. The Devil is not a particular possession of the Christian faith and its origin is found in the remote past.

Some thought flow buoyed by history.

We'll keep it simple.

Consider:

In the Old Testament, Satan is mentioned only three times.

Zechariah 3: 1-2 – "Then he showed me Joshua the high priest standing before the angel of the Lord, and Satan standing at his right hand to accuse him. And the Lord said to Satan, 'The Lord rebuke you, O Satan! The Lord who has chosen Jerusalem rebuke you!"

Job 1-2 – Satan is presented as the tempter and adversary of God, plying him for the soul of his servant Job.

1 Chronicles 21:1 – Satan appears as the tempter of David.

These particular passages, scholars consider to be from the postexilic period dated later than 539 B.C. Historically from this, we can theorize that Satan did not stem from the period when the Jews were held in captivity by the Egyptians. Current thought then lends this possibility – that the idea of a force of evil equal to God may have been derived from contact with members of the Zoroastrian faith of Persia.

The Zoroastrian religion, based on the teachings of Zoroaster, holds that two gods, Ahura Mazda aka Ormazd, was the leader of the "host of light" and the source of all good while Angra Mainya aka Ahriman was a spirit of darkness and the source of all evil. These two constantly battle for control of the world and all of its manifestations. At the end of it all, it is believed that Ormazd, the god of good wins and defeats Ahriman, the god of evil.

Continued...



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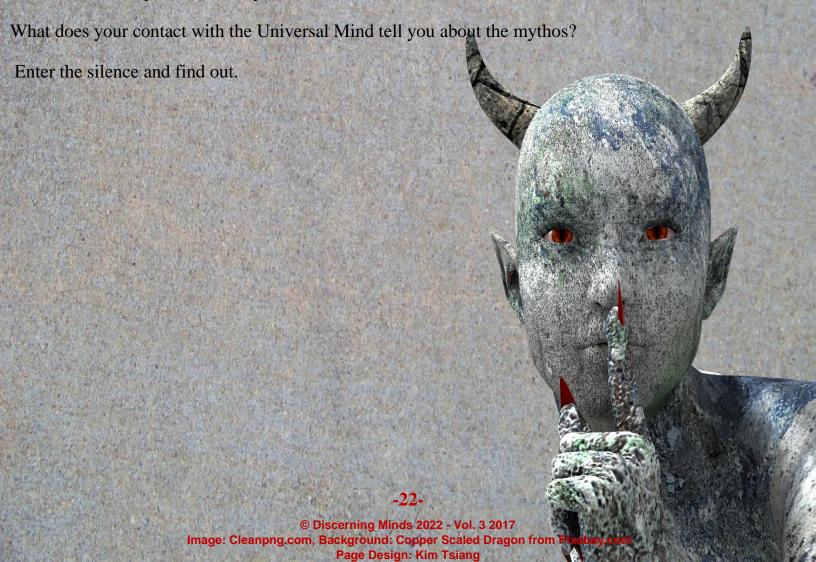
Further along, when this concept came to Judaism it led to the creation of the Satan (Sa-tan) patterned after Ahriman the creation who stood in opposition to God who sought to ruin man and frustrate the purpose God had for man. The Hebrew word Satan literally means adversary or accuser. This particular creation was always inferior to God rather than a dualistic equal version found in Zoroastrianism.

When Christianity rose and at the Council of Toledo I A.D. 447, Satan was transformed into the concept of Devil which is Greek for slanderer by the Church.

The Devil gets his horns:

Yet here is a puzzle piece to consider: The Devil as understood by Christianity was a misunderstanding based upon ignorance regarding the true nature of Wicca and its traditional association with horned gods and priests. This was fostered during the medieval period when Christians happened to stumble upon outdoor meetings of Wiccans whereby a priest might be dressed as a creature of horns dancing around a fire as it had been done for centuries. Because of the teachings of the Church and some lively imaginations observers went back to their priests insisting they had seen Satan himself. Unfortunately, because these people could not read or write, they did not know why the Church came to believe in the In contemporary times, some people still believe in God and Satan in a literal sense often using the argument that Satan's strongest tool is the use of non-belief in his power or existence. Some believe there is God but certainly no Satan.

Still others believe there is a foundation based upon the balance of the forces of good and evil with no constructed concept of the duality of God vs Satan.



#### STD

#### By Dr. Aadi Bandopadhay

I am sure the title caught your attention however it is commonly known in esoteric circles that the letters STD are a Latin acronym for *sacrae theologiae doctor* or Doctor of Sacred Theology. Such doctors did and do exist (as associated with the now defunct ancient Anglican universities, current Canon studies and/or philosophies) but the authentic are rare since the initial sacred intent connected to metaphysics has been long lost.

Think of Socrates who tutored Plato who in turn tutored Aristotle when what we understand now as the sciences began. Mankind was ready for the sciences and it used them but somewhere along the way spiritual ways were lost. This was a failure ... a failure that meant there were very few left of the great teachers who were able to sufficiently explain metaphysics as it was meant to be understood. This is because the human mind began to lean on construct where everything had to fit into a pattern of logic and perfect symmetry. If it does not compute, it is merely abstraction that like religion must eventually be relegated to the dust bin of time along with the rewriting of history.

The beauty of the abstract is not to prove it. It has no fact check. Rather muse and extrapolate upon it. Some things are more powerful out of the box rather than in it. We can look to the theologian and scholar Thomas Aquinas for some thoughts on this. He believed theology was twofold. His natural theology thoughts were actually metaphysics in that the premise was that divine things were not the subject of science but rather as the principal or cause of the subject. The second thought was that there is a theology that is based in Sacred Scripture. His theology then was philosophical by nature. The question was then if theology was degraded because sacred teaching should not borrow from lower sciences but receive principles directly from God by revelation. Ever hear a practicing metaphysician say they had received a divine download while meditating? Viola! Aquinas.



Today, metaphysics is considered a branch of philosophy concerned with "being." Our great teacher Aristotle gave us the three main branches of metaphysics which remain today:

- Ontology the study of being and existence, the physical and mental definition and classification of entities, the nature of their properties, and the nature of change.
- Natural Theology the study of God, including the nature of religion and the world, existence of the divine, questions about the creation, and spiritual issues.
- Universal Science the study of first principles of logic and reasoning, such as the law of non-contradiction (contradictory statements cannot both be true in the same sense at the same time). What is true? Do we live in an absolute universe or a relative universe?

All of this has been attacked in various ways throughout history. Why? Because we are becoming more and more stuck in the muck of construct. Does it fit? Does it work? Can it be explained rationally? Reasonable but not empirically verifiable, testable or provable?

Or are we stuck?

Not as long as free will and the acceptance of the spontaneous and miraculous, the random and mysterious within the mind's eye exist.

The choice is made in each individual case because truth is exclusive.

What is your axiom?

OR

Have you received a divine download?



#### None of Them

#### Don Hauck Ph.D. O.F.J. TUL

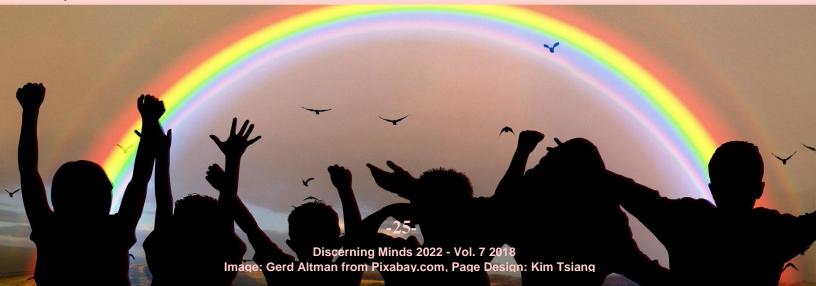
I would like to share with you a story that came to me through meditation which while not directly, speaks about reincarnation, hell, & Satan. Directly it speaks about the love of God. If you do not have children, imagine that you do. I had six children of my own and raised a stepson from age 2 to 16, so imagining I had seven children was not difficult. While I was meditating one day, the Spirit came and this is what occurred.

It said, "Imagine that you had seven children and you were sitting on the couch watching television. There is a knock on the door and when you answer it, there are seven policemen, each of which is handcuffed to one of your seven children. They had been caught red handed; there were eyewitnesses and no question as to their guilt. Each of them had committed one of the seven deadly sins as listed in the Bible. The question is, "which of these do you no longer love?"

I still remember the feeling within me, I honestly felt that I was supposed to say one or more and was afraid not to at least say one. But somehow I could not pick one. So with great fright, feeling that I was to be struck dead or punished somehow, I said, "None of them."

Seeming to pay no attention to my answer, the Spirit continued. "Tell me, which of these children would you not go to court with to offer your support?" Once again I was very frightened and felt that I was still supposed to pick one or more out but yet again I could not. So I said, "I would go with them all." Again, seeming to ignore my answer, the Spirit continued. "Tell me then, if you had the power and the ability to extract your child from this dilemma and place it in a situation where it would be given another chance to learn from its mistake, which one would you take out of its problem?" I remember those first words standing out and impressing me so strongly, 'you had the power and the ability', so I thought to myself while noticing much of the nervousness and fear had left, I quickly said, "I would release them all." I will never forget the wonderful flushing of the greatest feeling out of love within when I heard the Spirit then say, "And if you can love your children that much, how much more do you believe your Creator loves you?"

I was left there with nothing but that wondrous feeling, and I only need to remind myself of this situation at any time to feel it again. If you have read this story not only with your mind but with your heart by putting yourself in that situation, I feel confident that you too are experiencing a great feeling of beauty within yourself.



### The Fallacy of Faith

By Matt Sharpe

Fallacy (n.) /'faləsē/

A. a mistaken belief, especially one based on unsound argument.

B. a failure in reasoning that renders an argument invalid.

C. faulty reasoning; misleading or unsound argument.

Faith (n.) \'fāth\

A. strong belief or trust in someone or something, not based on proof B. belief in the existence of God: strong religious feelings or beliefs C. a system of religious beliefs

Faith is a concept that has a somewhat wide definition to different religions and also has an equally wide degree of importance between the various groups that use it. While Judaism comes from having virtually no use of the term or of any statements regarding it, Christianity and Islam both consider it to be considerably more important in their faiths. Hinduism also uses it but in a rather different way than many.

It is called astikya in Sanskrit. Some have said that faith in Hinduism is not in a static state as might be perceived in Islam or Christianity by comparison, because Hinduism is ever evolving itself and faith goes through several states in Hinduism. Beginning as a belief in what cannot yet be seen, it later transforms via personal experiences which teach the individual using their own perceptions. At a later state, a Hindu finds that seeing what they had previously had faith in being true, then provides the ability to see what the outer eyes can never see. In Buddhism, faith is only used as a trust that the Buddha is their teacher and that what he has said is true, which personal experience will eventually prove to the individual.





Regardless of the various points of view that religions have concerning faith, it is found to be very much a dualistic thing, which ceases to exist once a Soul has come to the state of Self-Realization on the Soul Plane. This is where the idea of faith having or being a fallacy begins. Many find themselves following the traditions that they were raised with, and following the very same religious path that their parents did, which is not necessarily a bad thing, but can also be a rather status-quo and unchallenging way to go that might not provide the necessary lessons for the expansion of awareness that Soul seeks. While the various conditions concerning such a situation will invariably be different for each case, the desire to challenge that faith is also not necessarily negative, especially if this helps the individual concerned arrive at an ever greater and more expanded state of experienced beingness beyond that which he had been aware of previously.

Faith, while being dualistic is nevertheless an important starting point that is worth knowing fully. While its beginning is based in the trust that a thing or group of things are true, it still has the potential to take one far beyond its initial dualities and into an awareness that exists on many levels. When one uses faith as a starting point, knowing that experience will carry them far beyond that starting point, it behooves one to be constantly aware of their movements through varying experiences and the states within those experiences.

Placing the attention on the things that change as well as the reasons that caused those things to happen, is always a learning experience and is one that can reveal many previously unnoticed levels and depths of meaning within a particular concept.

By purposely becoming aware of these variances, one learns to take a not only economical way through the experience, but also the one that produces the most results, within the context of learning, which as an end result brings about the expansion of awareness that Soul constantly seeks.

One must make their way through each and every varying level or degree of experience in each of the contexts that their own spiritual unfoldment requires to attain that next level or what we most often call a "state of consciousness," or a "state of being." Spirituality is meant to be a vibrant and living thing, one that is constantly tested and challenged and thereby gives the necessary inner strength needed to continue the "climb," on the "path." A thing that realistically should never end and thereby guarantee a constant and growing interaction with the Divine Principle as well as all of life. The idea is not necessarily hard to understand, but the practice of it on a daily basis can be difficult to maintain. On this particular area the quality of detachment becomes necessary, as it alone can keep one out of the ruts of habitual behavior, those being sorts of "traps of laziness" that can easily lure one into them only to swallow them whole.

When this occurs the connection to the ECK begins to be cut off because the individual chooses it as an option that most often appeals because of a level of comfort that it appears to offer. It is in a situation of this sort where the ECK and the Mahanta shall bring the individual into states of experience that can appear to be harsh but in reality have become necessary to break off the sort of rocky shell that can at times form around one's psychic space, cutting off the Spiritual Flow.





A situation such as this is often the product of faith, hence it's being mentioned here. At times faith can go beyond the degree of trust that it was meant to be only to become a barrier that stands in one's way as they try to unfold and progress further along the chosen path. When this happens, faith is revealing its other side, and demonstrating clearly its dual nature. It is for this basic reason that I say that faith is best used as a starting place, but one that will continually develop until growing into something more than it was at its beginning with an individual. The various realizations one has on the nature of faith should be recorded in a dream diary, if one uses these.

I personally use my own dream diary to include any and all inner experiences, thoughts and remarks on the spiritual subjects that are involved, and that offer new realizations that hadn't been available before. Along with this I often suggest that others consider reviewing their dream diaries at the end of each month, looking for patterns that might become visible, or other realizations about the experiences, dreams, thoughts, and emotions they have been having for that time period, as often this can bring things not seen previously well into view.

Not only can these teach new interpretations or lessons, but by doing so they also widen the viewpoint and thereby the "stance" that one has as they go through daily life, allowing for a more sturdily balanced position that is better able to deal effectively and in a positive manner with the situations that life offers for our learning. This ensures the ability of one to constantly be unfolding and learning new interpretations of truths that may already have been known on one level, but that now expand into wider levels that had not been obvious before.

This characteristic is the very pulse and lifeblood of any living teaching, being that it is living, it must also be dynamic and constantly growing from the perspective of chelas or students.

Sometimes faith can become an action whose beginning is with guilt for a choice already made. Because of the guilt, duty and tradition can become a diversionary tactic that takes the attention away from the action that caused the guilt and thus away from the self-responsibility required of one to balance it out again. In a situation of that sort, having faith in a principle is not always an honest action to take.

When a duty or tradition is used as a diversionary tactic to distract one from their own feelings of guilt, that person makes no forward headway because they refuse to be honest with themselves as to the motivations that caused them to adopt that method as their own. One who has the strength to be honest with themselves can easily recognize their true motivations for choices and actions and in that way, because of their self-honesty, not be led astray by any such motives. A person who allows guilt to be a motivator will eventually find that they have actually chosen to make it their master, promoting it into a position of power over the way their choices are made. When this occurs it inevitably becomes a problem for that individual that they must recognize, admit the existence of, and thoroughly extricate it from their being and their actions. Another potential occurrence is rooted in these ideas of duty and tradition, and while not being necessarily negative, it can easily become so.





This makes it necessary for an individual to inspect their own situation to decide if it exists in their life. What I speak of is an individual that accepts and follows the spiritual path that their parents had, whether this is because they were taught that this was the right thing to do or way to go, or because those parents insisted on it creating a situation of fear regarding it. It is always the individual's own responsibility to consider these things and to discern what they are as well as their reason for having been adopted, and then to take it another step further in deciding if it is a way that one should remain on or not.

One particular thing in this context that must be known is the actual reason it is adopted. Was it due to heavy suggestion or force? Or perhaps only because it is the way a particular family has always taken and is therefore expected of one. There are also the possibilities of that path actually providing experience and learning as that can be a widely varying factor overall. While adopting the religion of one's parents due to the following of a tradition or sense of duty that follows from faith, there is the other end of the dichotomy, turning one's back on a familial traditional religion, there is the acceptance of what can be called a false path, one that is not able to deliver on its claims. Such a thing can occur due to placing faith into a path that makes claims, but never actually follows through on those, never providing any evidence or experience for the results it claims can be had from its methodology.

The point that is being demonstrated by these varying factors is the duality of faith, in and of itself. While it does have positive potentials and uses, it is still a dual creature by its very nature, and can never be trusted to be anything other than this. Every beneficial use will have its opposite, which has to be expressed to regain a balanced state. This fact makes faith into a thing that is not ever of the utmost good, regardless of the purpose one chooses to see and exclaim to themselves. It will always be nothing other than the duality that it is and has always been, and therefore is unable to propel one beyond the dual states into that of singularity, the realm of the Soul.

The means by which an individual can determine whether or not a path they are considering is a true or a false one, can vary considerably, especially considering that all paths that exist in the physical realm will be found to have duality going on within them, from the best to the worst. A path must be found to be one that not only is able to teach its lessons and qualities in a very applicable and useful way, one that while being potentially challenging is not impossible to accomplish. A thing that helps greatly is what in Eckankar is referred to as Viveka, or right discernment.

The ability to recognize which choices will help Soul to advance, rather than stand in its way forward. Using this as a tool with which to investigate a path or religion will provide one with what they need to identify qualities that they witness while happening.



One must always be aware also, that regardless of the meaning, or lack thereof, that is witnessed or applied, there will also be ones that are even further outside of that particular viewpoint, and this indicates that there is potential for a further growth within that path.

Now, having said so much about other paths and religions, it must also be realized in a balanced way, that no path is useless. Each has its place within the whole of life and serves a purpose as well as a particular group and states of consciousness within the whole. This means that every religion can provide benefits and spiritual growth to those that participate in them, as well as to hinder their way forward. This factor alone is reason enough to allow them to be as they are, and to freely serve those that are served by it, and likewise to allow those that choose to remain trapped within them, if that is what happens to be the case at hand. Compassion and detachment must always exist and be extended to the various paths by virtue of the fact that each of these are simply aspects of Love, and exist only in accordance with the Law of Love as it is manifested in this world. Where necessary one can also extend yet another face of Love, known as forgiveness to other paths that may have held troubles or hard experiences for the individual at some point previously, and when this can be extended, this lifts the individual beyond the dualistic states of faith, and directly into the heavenly state of being which is the mainstay of the Soul's expression of awareness and the realm beyond duality, the first of the true heavens, the Atma Lok or Soul Plane.





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#### A MATTER OF SPIRIT

#### Joseph Morningstar (Recognizing the Great Spirit, pg. 19)

Joseph resides in the south-west USA. He prefers to use the Native American name given to him when he was a child in reference to his spiritual writing. He is proud of his heritage and when he is not busy with his attorney practice, loves to talk about and teach the 'old ways' to those willing to listen especially young people. He has a loving wife and three children.

#### Syd Alrruhi (The Concept and Construct of Satan, pg. 21)

Syd Alrruhi is the favorite pseudonym of Gerome Cass. If you ask him what the name means he won't tell you! Gerome considers himself a human dichotomy who has a foot in the mundane world and a foot in the other worldly realms. He believes all humans should confront the realms of transformative power that lie just outside of everyday consciousness without fear and trepidation and go for it. Gerome has several degrees including Ph.Ds. in psychology and physics which her refers to as being "piled higher and deeper" since there is so much more to be discovered outside of human designed constructs.

#### Dr. Aadi R. Bandopadhay (STD, pg. 24)

Aadi Bandopadhay Ph.D., M.A.M.S., M.T.S is a retired college professor who has had an extensive education both in the US and abroad holding degrees in physics, astronomy, atmospheric sciences, mathematics and theological studies. He believes that life should be a constant expansion of one's personal horizons. He enjoys travelling, lecturing and writing about his experiences and life observations.

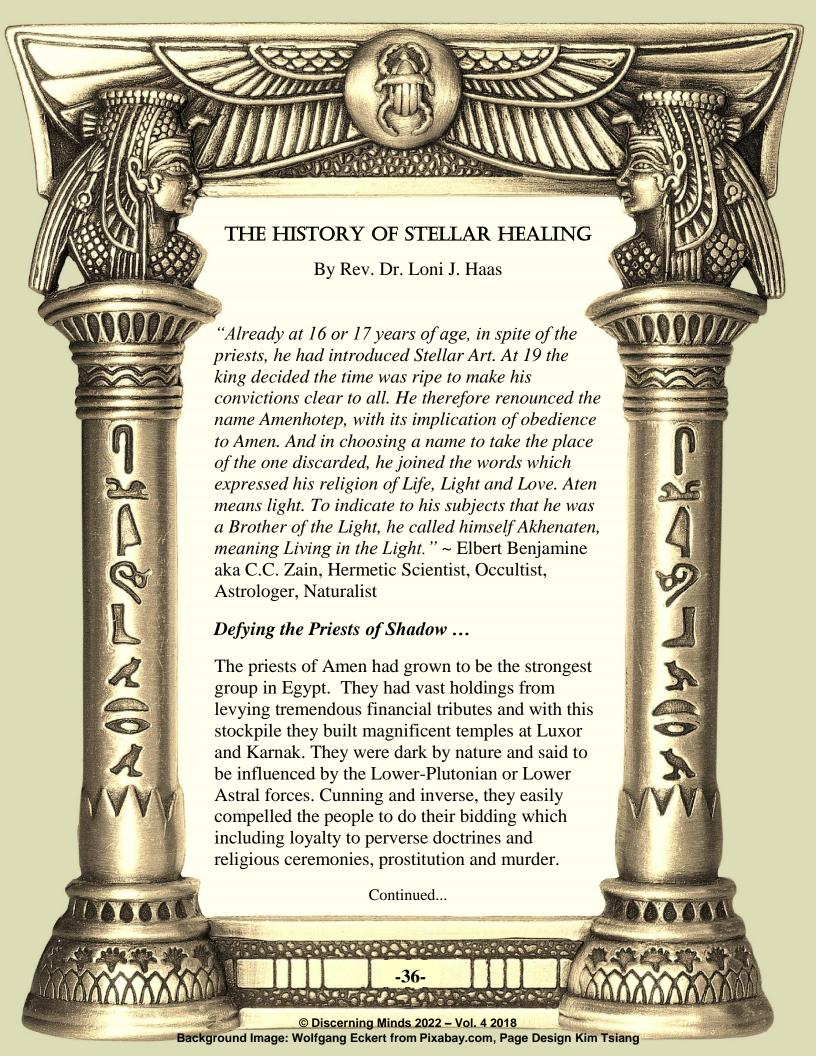
#### **Don Hauck** (None of Them, pg.25)

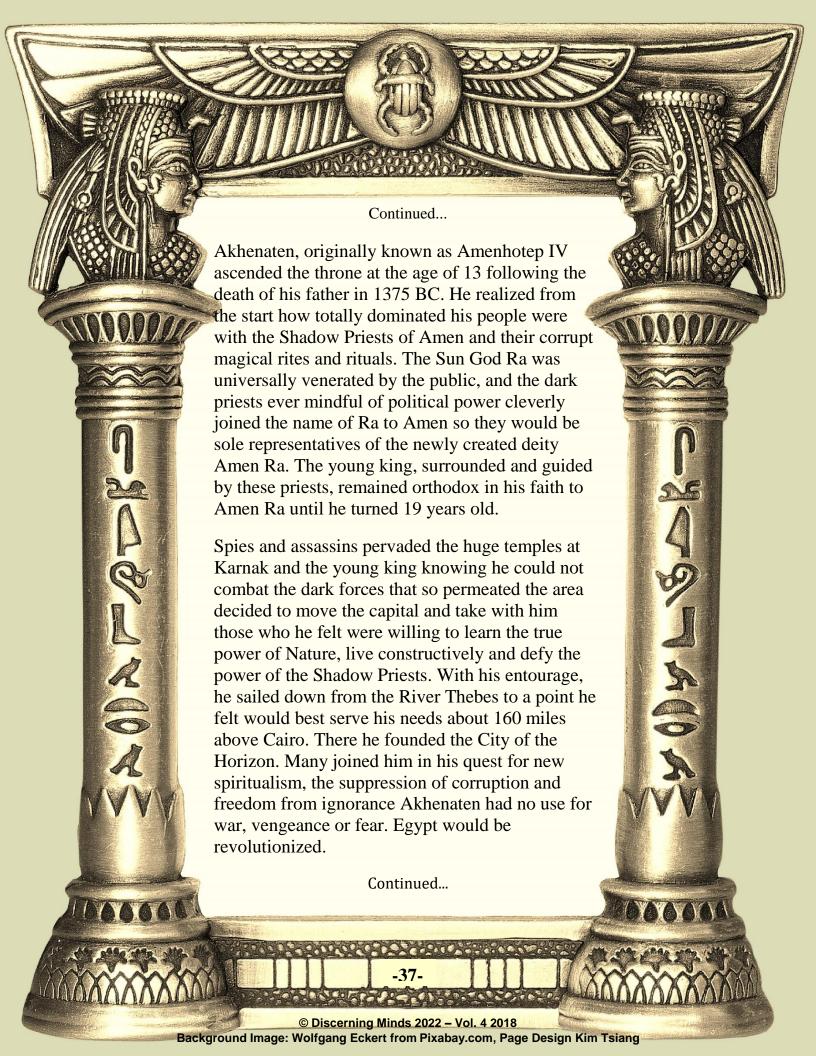
Bishop Don holds a Ph.D. in metaphysics and parapsychology. He is the founder of the *Universal Light Church* of Cincinnati, Ohio which was incorporated as an inter-denominational, non-dogmatic, parapsychological and metaphysical church without walls. He is a highly respected and sought after speaker who has appeared on TV, radio, and educational lecture circuits for universities and high schools. Don is an advocate of individual rights and independent growth. <a href="http://www.theuniversallight.com/">http://www.theuniversallight.com/</a>

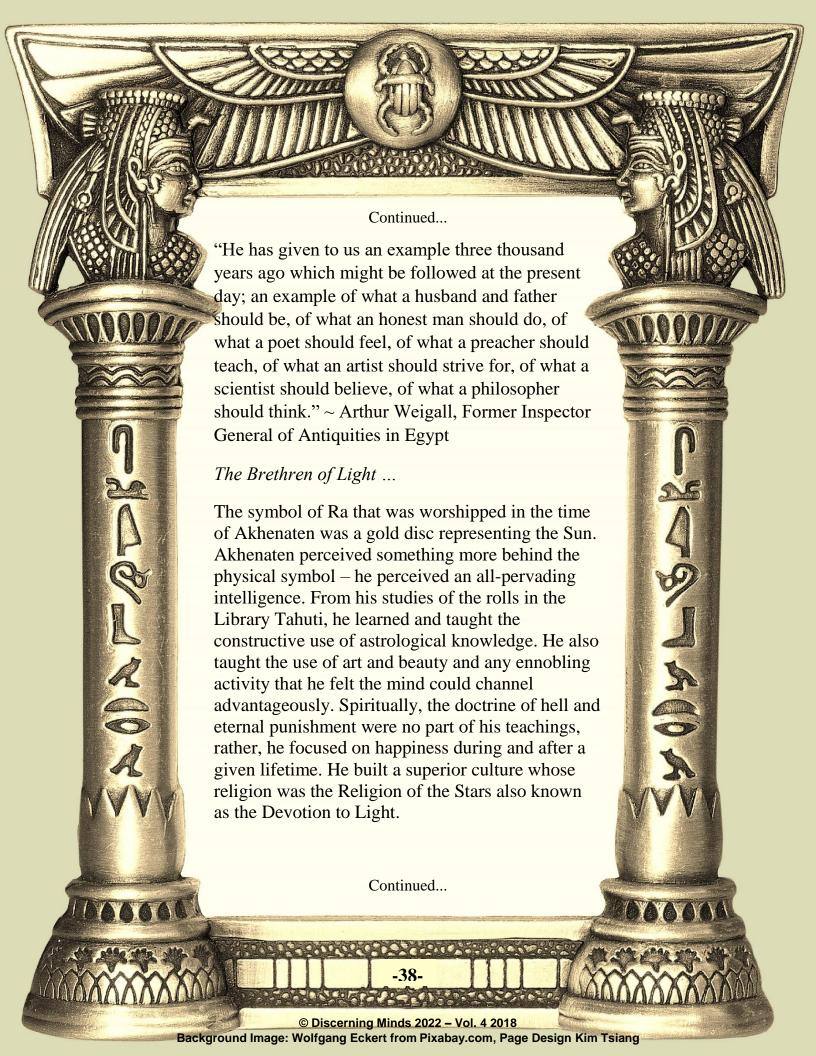
#### Matt Sharpe (The Fallacy of Faith, pg. 26)

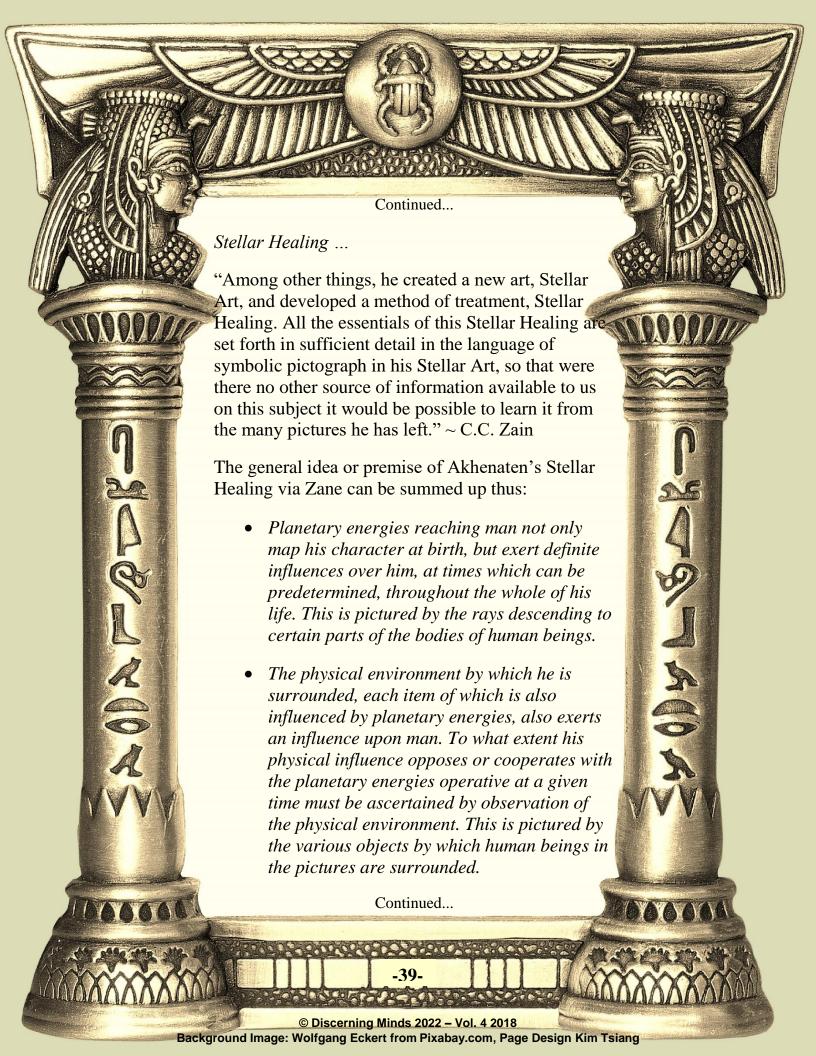
Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter. He is a lead administrator and teacher on the Light Force Network.

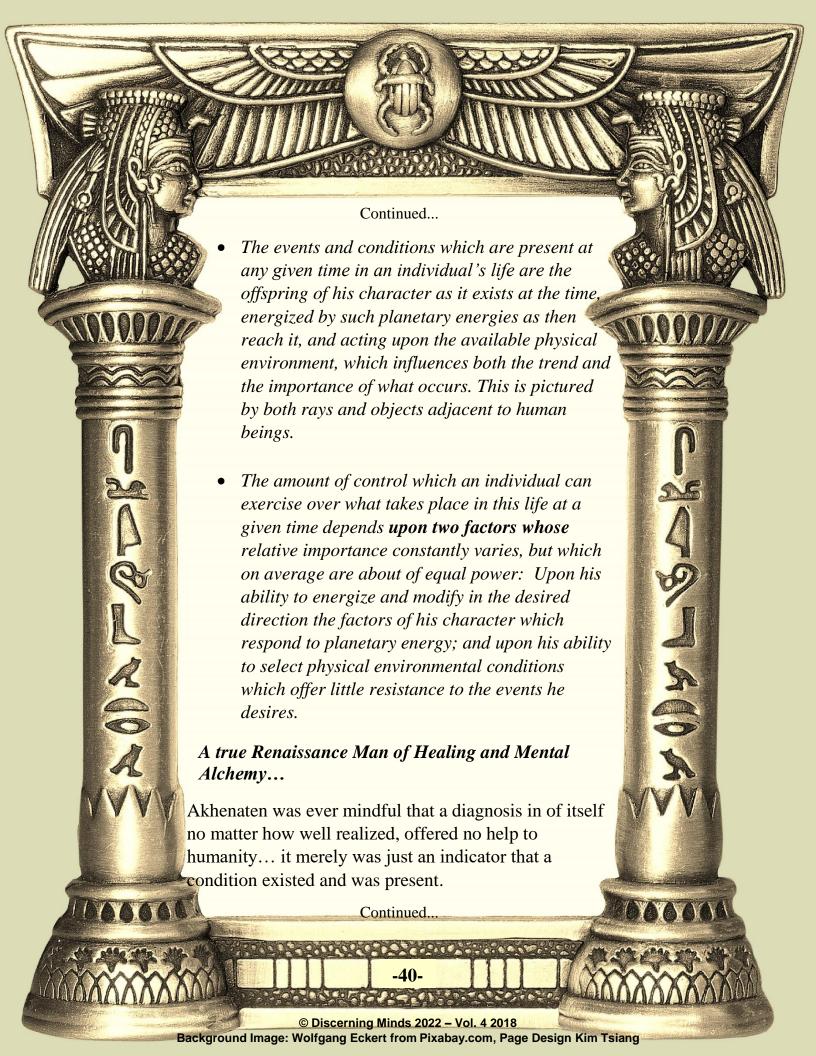


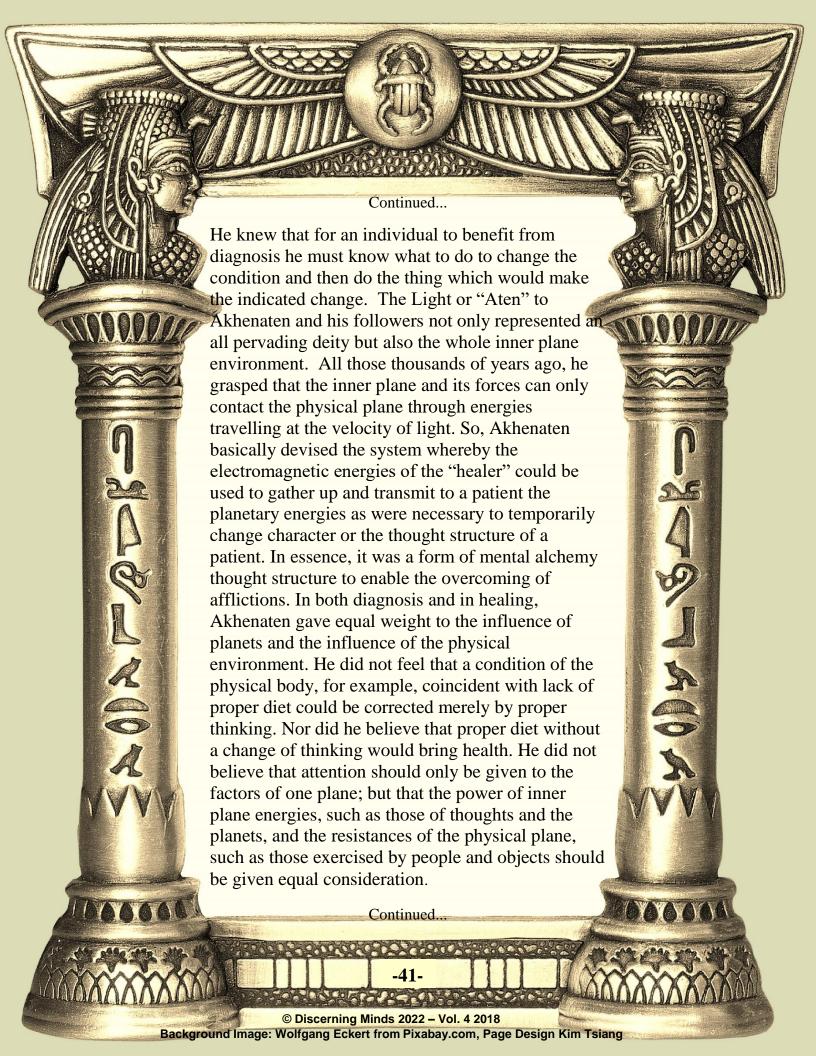


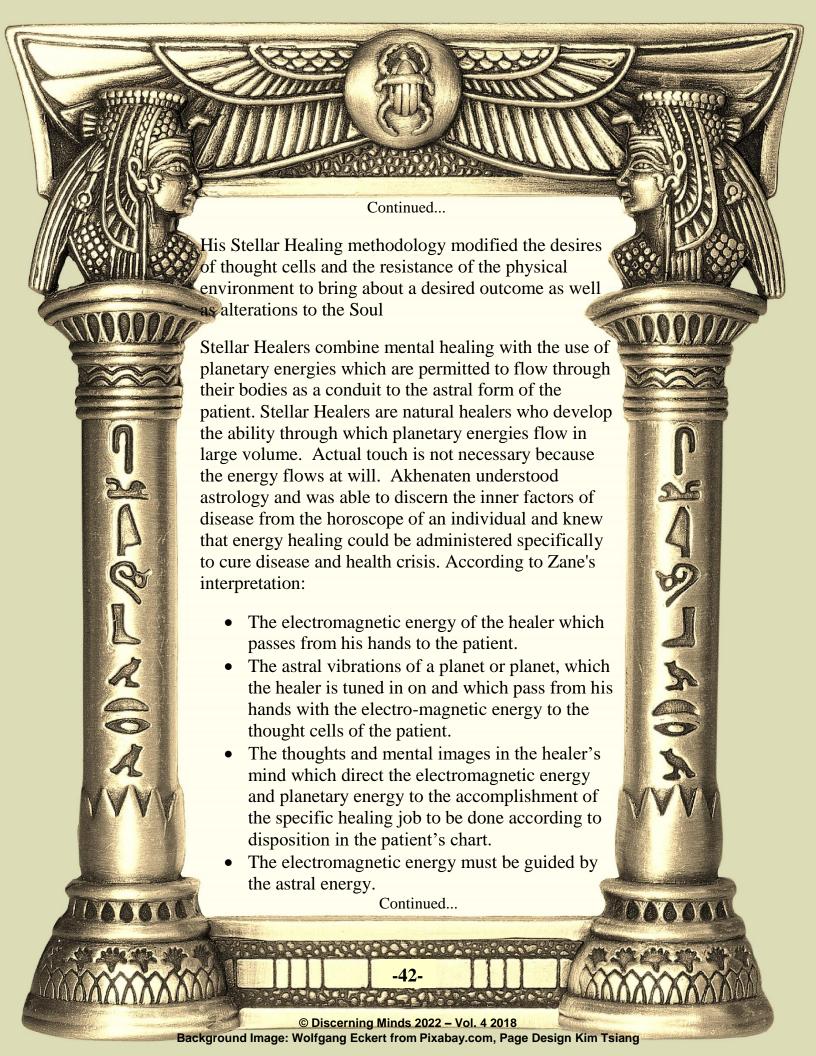


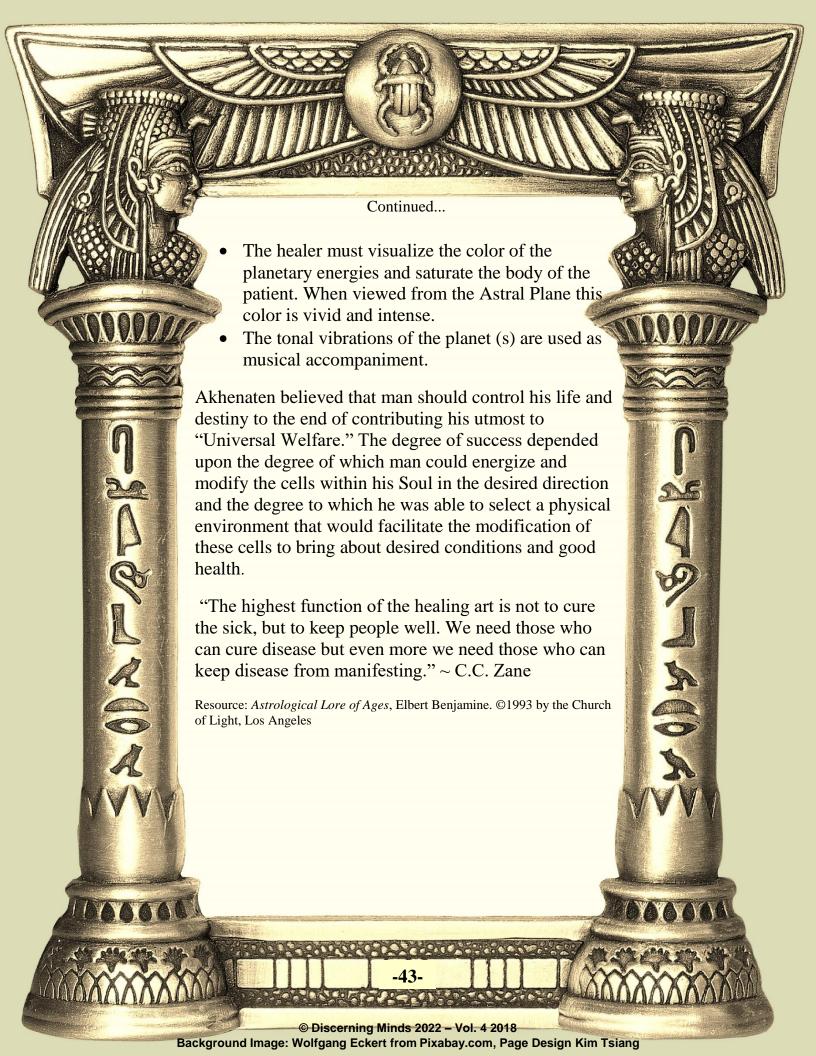












# Healing with Gemstones and the 7 Rays

# By Leigh Ward Wadan

The number seven resonates in accord with Mother Earth and all who reside within her bounty. The Law of Seven in part relates to the Seven Rays, the seven Archangels known as the seven who stand before God and the number assigned to the Earth which is seven. Concerning Mother Earth, the number seven denotes transmutation. Broken down this refers to four=matter, and three=spirit. The blending of three and four as seven attains the supreme goal of human evolution ... transmutation.

Mother Earth provides us with a plethora of gems and stones that work in accordance with the Seven Rays. The precious gems mentioned in this article are said to sit at the head of each Ray. I have also included stones and crystals that will hold the force of the Rays but with slightly less strength.

At the head of the First Ray of Will and Power is the <u>DIAMOND</u>. Diamond is considered a master healer. It reflects the will and power of God as well as alignment with the higher "Self." Inherent in the diamond is an array of color which augments all of the energies within the mind, body, and spirit. The diamond is the "stone of purity" and its pure white light will promote fortitude and fearlessness while pinpointing any negativity which requires transformation. It is easy to understand how the diamond relates to the Archangel Michael who guides the First Ray. Holding the power of this Ray but with less strength is clear quartz crystal. Clear quartz is also considered a master healer which can raise energy to its highest level.

At the head of the Second Ray of Love and Wisdom is the <u>BLUE SAPPHIRE</u>. Blue Sapphire aligns the mind, body, and spirit while expanding cosmic awareness and enhancing clarity and inspiration. It is often called the "wisdom stone" whose energies are employed by the seeker of spiritual truth whose path is guided by love. The Archangel Zophkiel who guides this Ray is the governor of Instruction and Mastership and under the Second Ray are found the great teachers of Earth School. Holding the power of this Ray but with less strength are Lapis Lazuli, Sodalite, and Turquoise. All of these stones open spiritual perception and allow truth to be taught through the spoken word.

At the head of the Third Ray of Active Intelligence is the <u>EMERALD</u>. The soothing color green inherent in the Emerald is often associated with the Archangel of this Ray, Raphael, who is often depicted with loving green light flowing from his aura. The Emerald represents divine potential, balance, and healing. It is the "stone of regeneration and recovery" and can be used to assist the healing of malignant conditions and post infectious disorders. Holding the power of this Ray but with less strength are Green Malachite, Jade, and Aquamarine. These stones are good cleansers and immune system promoters. Please note that Green Malachite is most safely handled in its polished form which eliminates its natural toxicity.

At the head of the Fourth Ray of Harmony through Conflict is the <u>JASPER</u>. Jasper has been used by mankind for healing since the beginning of the human race. It is known as the "nurturer stone" and the stone of balance which makes it a perfect representative of this Ray.

The Archangel of this Ray is Gabriel who controls Influences. Jasper is often used by contemporary shamans to clear electromagnet and environmental pollution particularly radiation here on Mother Earth. Holding the power of this Ray but with less strength are Agate, Serpentine, and Chalcedony. These stones are highly connected to nature and promote goodwill and brotherhood by correcting human to human imbalances.

At the head of the Fifth Ray of Concrete Knowledge and Science is the <u>TOPAZ</u>. Topaz is well suited to this Ray because it helps one cut through uncertainty and aids in problem solving. The Archangel of this Ray is Zedekiel who is the governor of Discovery and Topaz insures that the interrelation of minute detail and the "big" picture are astutely recognized and expressed. Holding the power of this Ray but with less strength are Citrine and Steatite. These stones enhance concentration and self-confidence so information can be analyzed for wise counsel. Steatite in particular enhances rational intellect and objectivity.

At the head of the Sixth Ray of Devotion and Idealism is the <u>RUBY</u>. The Ruby is the stone of spiritual devotion, selfless service, and purpose. It is known as the "stone of nobility" and is said to promote leadership and individuality while maintaining interconnectedness with humanity. This is aligned with the Archangel Madimiel who guides this Ray and who governs Purpose and Zealous Readying. Holding the power of this Ray but with less strength are Garnet and Tourmaline. These are stones of commitment and cooperation.

At the head of the Seventh Ray of Ceremonial Order is the <u>AMETHYST</u>. Amethyst is literally the physical representative of the Violet Flame of alchemy and transformation. Amethyst is thought to transmute the lower nature into more refined higher potentiality. Amethyst is often referred to as the "stone of spirituality" and the "stone of common sense" and these attributes are reflected within this Ray. The Archangel of this Ray is Haniel who governs Revelation and Amethyst is key in helping one gain knowledge of the art of spiritual healing by stimulating vision into the unknown realms. Holding the power of this Ray but less strength are Labradorite and Moonstone which both promote "intergalactic" communication.

# Quantum Healing Hypnosis Technique

## By Lorna Wilson

Quantum Healing Hypnosis Technique<sup>SM</sup> (QHHT)\_is a superior technique that works at the quantum or a subatomic depth of consciousness. The subconscious mind knows everything about your life, and is always ready to reveal whatever is asked of it from the wealth of knowledge and wisdom stored within your expanded consciousness.

The Subconscious Mind (SC) -

The SC is a multilevel, multidimensional source of stored information. It knows the answers to everything and is connected with the individual self and all other sentient life forms. It instinctively and instantly knows where to place the focus during the session, and provides information from various timelines. Whatever is taking place in the SC realm of existence has far more power than anything we can consciously imagine or create through its art of storytelling.

The SC mind does not directly speak to the conscious mind, but communicates indirectly through the body with feelings. Therefore we must incorporate what is taking place within the body to bring about permanent healing. The subconscious mind is connected to what Carl Jung calls the collective consciousness, or what religion or spirituality calls the Akashic records or fields, God, Creator or Source Energy. This is something far greater than we are currently able to comprehend or imagine entirely. This collective consciousness is huge and knows everything about us, such as our purpose, and what we need to know or do to take us to the next level of evolution. It is the totality of everything, which allows our bodies, minds and spirits to survive and thrive. I think of the subconscious as the soul's storehouse of historical data, and the unconscious as the reactive results, the energy relay between the duality of the personality, a soul.

The SC is similar to a computer storage hard drive filled with all of our life files or stories. The conscious mind houses temporary files that act like software programs for each lifetime. Those programs can be changed, or evolved through various levels of choices and experiences. Our belief systems are like mind viruses that feed off the host of our body and can deplete and block energy flow. When we wake up to the cause of our discomfort or illness, and take the steps to clear them, we clean the cache of our old files.

The format below demonstrates how uniting the different levels of consciousness into a singular focus, combined with hypnosis can a very powerful means for spontaneous change:



Pre-talk= communication from your conscious mind.

Hypnosis= revelation from your subconscious mind.

SC dialogue = communication and resolution from your higher consciousness mind.

# What is Hypnosis?

Hypnosis utilizes a natural mind state, one which we slip into many times each day when we day-dream, read, listen to music, or indeed do anything that does not require intense concentration or mental chatter. This relaxed state of awareness is a powerful tool for problem solving as your imagination has free reign to explore and find the solutions to your questions. This subtle shift of consciousness allows us to daydream, zone out when we are doing mundane tasks, or use our imagination to become fully engaged with a singular focus such as reading a good book, or watching an engrossing film. When the busy conscious mind retreats it observes in a distant way how the past and present connect. You may find during the session whilst in hypnosis that your conscious mind has an inner dialogue as it tries to interpret what it you are experiencing. It is recommended that you observe and not edit or analyze what impressions or images come to mind. Trance states are automatic and natural taking place when we are relaxed, focused inwardly, deeply engaged or occupied with full awareness and attention. There is nothing to do in the sessions but to let yourself relax deeply.

# Past Life and Spiritual Regression -

QHHT provides you with the ability to obtain answers and go beyond any problematic belief systems that may have been inherited through family patterns, cultural structures or learnt behavior. Spiritual Regression gives you the opportunity to verify your own immortality, and experience ourselves beyond your physical limits. This initiates an awakening of self-discovery and is direct exploration into the mysteries of your life. You also get to experience yourself and the universe as something that is multidimensional, in a similar way to what Near Death Experiencers (NDE) describe when they experience an expanded consciousness beyond the physical body. You can read lots of interesting real life NDE stories on this link HERE. When you experience a past life or the non -physical you lose any fear death by proving to yourself that the afterlife is very real and you still maintain your consciousness. We all have the ability to access our soul's history and experience our spiritual essence to attain self-awareness which resolves any conflicts we may be experiencing. Hypnosis is one method available to explore beneath the levels of your conscious awareness to discover your own answers.



When we are feeling unsupported or stressed our weakest areas whether mind, body or spirit will be triggered into expressing a familiar 'painful' reaction. There are numerous schools of mind/body/spirit thought that say, for example, that if a person experiences back problems then this is the result of feeling unsupported in their life. These meanings vary depending on whether the pain is felt in the lower, middle or upper back. However, by speaking directly with the subconscious mind of numerous clients, I have discovered that this is not always the case. These reasons and reactions are unique emotional stories impacting the physical body as unbalanced energy. In the session these stories surface showing the causes and what is to be gained from the experience. The body is then able to release the blockages, rejuvenate the area and repair itself.

"Our higher selves are constantly communicating with us to help us stay on the path we have chosen for our growth."

Julia Cannon

Your imagination is powerful -

Imagination is more than just a means of dreaming, it is an actual 'tool' for communication and interaction with the non-physical realms where the history of your life is stored. Our belief systems, fears and irrational thoughts are also formed as perception and held in the imagination. As children we were often scolded for 'day dreaming' which has left most of us in denial of seeing how it can benefit us or how to use it effectively. Your imagination can be used to move into, and through the interdimensional 'levels' of consciousness and bridges your conscious reality with your unconscious knowing. After the session it may feel as though you made it up, but it is recommended that you don't analyze the information instead see what the connections are with your life and the difference in your feelings. Sometimes it takes us a moment to adjust to change and allow the new to unfold. Luckily with this method the changes unfold naturally as your subconscious mind is now your ally and united in your purpose.

"Imagination is a portal through which you can transcend the imposed limitations of this world. All creative persons use this power. With wisdom and will, whatever you can imagine, and continue to imagine, can become real. I tell you, that things which do not exist now in this world will be created for you. Imagination can be materialized. When you develop spiritually, you can materialize your thoughts." - Paramahansa Yogananda

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#### Why Is QHHT so effective?

The sessions focus is on all aspects of your personal empowerment and healing, with the aim of achieve a greater sense of well-being and insight. Feelings can create emotional stress that will benefit from using this technique, as it is possible to interrupt and eliminate destructive negative thoughts and feelings. QHHT is a formula with increased spiritual rewards and is an ongoing process of self-awareness that begins with your session.

"When an inner situation is not made conscious, it appears outside as fate." - Carl Jung

## How QHHT improves your life –

The sessions work at a deep subconscious level, with your higher conscious mind or soul acting as the director of your chosen destiny. After your session you will find that your life becomes more empowered by the confidence and understanding that comes with your new insights. Your life opportunities become enhanced and your creativity and self-esteem flourish, as your perspective broadens. A greater sense of inner peace and connection with your expanded awareness. Feeling at peace with your life, brings a new freedom within yourself as you move forward with your life in a newer, more harmonious way. Your session is only the beginning and the initiation of a process that will continue to unfold over time, as the work begun increases in its productivity for your betterment.

"We look at the world once, in childhood. The rest is memory."

Louise Gluck



# Breath of the Dragoi

By Stephan Sergoveski

We all have an inner Dragon. It is primal and coiled resting deep within ready to help us blaze the trail of our evolutionary journey.

The Dragon is completely fearless masculine energy. It seeks out fear – your fear. It wants you to push away all self-limitations, expand boundaries, break down barriers --- eat and drink in the fullness of life with a voracious appetite.

Why have you suppressed him? How can you heal him so he will manifest and help you towards maximum evolutionary transformation?

The first lesson of the Healing Dragon is that we can never heal ourselves until we remove the toxic garbage we store in our unconscious mind.

The second lesson of the Healing Dragon is that we **can** heal ourselves by removing the toxic garbage we have stored in our unconscious mind.

The third lesson of the Healing Dragon is that if we can heal ourselves, we can help any other person heal him or herself as well.

Unconditional love heals everything.

To perform the Dragon Breath you must become very comfortable. Release constricting clothing and jewelry. Sit, recline or lay down in a comfortable position on a comfortable support. You will be breathing through two nostrils and your mouth during this process - in other words - inhale (breath in air) deeply through your nostrils and exhale (breath out) explosively and completely through your mouth.

Breathe in slowly and deeply. Relax completely and pause in your breathing as the Healing Dragon Energy burns up your unnecessary garbage stored deep within you. During this pause, you open your mouth in a relaxed manner. Then you exhale explosively and completely through your mouth as you blow out negative energy and released toxins. Do this as silently and as peacefully as possible but explosively and completely. Practice this technique for one minute for three days. For the next three days, practice for two minutes. Add one additional minute for the third three days. Practice three minutes every day until you can peacefully and calmly use the Healing Dragon Breath for the full three minutes. You may find you can accomplish this in less than three times three days and there is no glory or shame in doing this. In our experience anybody can learn to do the Healing Dragon Breath for three minutes in three times three (nine) practice sessions.

This is because three and three times three is the power number as and three times three is the power number associated with the Path of the Healing Dragon. Anything done three times or in three different ways is very powerful Healing Dragon energy.





Three is the esoteric number of the Healing Dragon Path.

Three is the esoteric number of the Healing Dragon Breath.

We breathe in Divine love, forgiveness and acceptance; pause to burn garbage, toxins and negative energy; and exhale any remaining negative energy, garbage residue and negative energy.

As you gain proficiency with the Healing Dragon Breath, let your mind wander down into your deepest levels. This will automatically happen when you take three Healing Dragon Breaths. The first part of the Healing Dragon Technique is to take three deep Healing Dragon Breaths. If you want, you can think thoughts like: What don't I accept about myself? As you do these three Healing Black Dragon Breaths. Then breathe normally but deeply and relaxed. Do the three Healing Black Dragon Breaths then close your mouth and breathe normally through your nose but deeply while remaining completely relaxed.

While remaining completely relaxed and breathing deeply, think about yourself and the things you've done in your life. Almost immediately you'll remember something you don't want to remember. Relax and let this memory of how you don't accept yourself play itself out. This may be temporarily emotionally painful. Let it play out. When you reach the point where you've remembered everything you want to remember, return to doing the Healing Dragon Breath. As you breathe in, tell yourself you're a Child of the Divine and you made a mistake.

As you pause briefly in your breathing, tell yourself you forgive yourself for this mistake. As you explosively exhale, release all these feelings of not accepting yourself and all the toxins that accumulated around this bad decision and forgive yourself. Let it go. It's done. Let it all go during three Healing Dragon Breaths. Then relax and breathe normally but deeply. Allow the healing energy created by the Healing Dragon Breath heal you as you accept, forgive and love yourself. Feel the Divine Healing Energy (Dragon Healing) permeate your body as the Healing Dragon Breath transmutes the negative feelings you had toward yourself into acceptance, forgiveness and love. Feel the rest of the negative and toxic energy associated with this garbage leave your body through the Healing Dragon Breath. Feel the load being lifted from your back as the Healing Dragon Breath destroys the negative feelings you had about you stored in your lower energy levels. Feel the release. Feel the new energy coursing through your body. Feel the healing take place and the negative and toxic energy leaves you. Feel the healing as you become filled with love, forgiveness and acceptance of yourself.

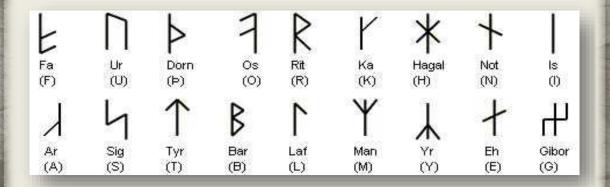
Use this technique for one or two major issues or one to three or four minor issues each *Healing Dragon Breath* session. Heal yourself slowly and completely day by day one day at a time.

\*Chin Tzu (approx. 917 to 988 B.C., a Chinese Tao master with great healing abilities taught his students a form of healing called The Path of the Healing Dragon. It is these teachings which are the basis of the current incarnation of the teachings known as the Path of the Healing Dragon.

# Armanen Runic Healing

# Wyn Nordstrom

Runes are highly energetic symbols that can be used for healing on many levels. Reiki Masters who are also Rune Masters sometimes incorporate the Runes into healing sessions by signing the symbology into the client's aura. Any of the runic systems can be used for healing the physical and etheric bodies but the system most often used is the Armanen Rune system shown below. Armanen Rune Healing can be achieved by signing, Runic Yoga, meditation, or the laying on of stones carrying the appropriate sigil.

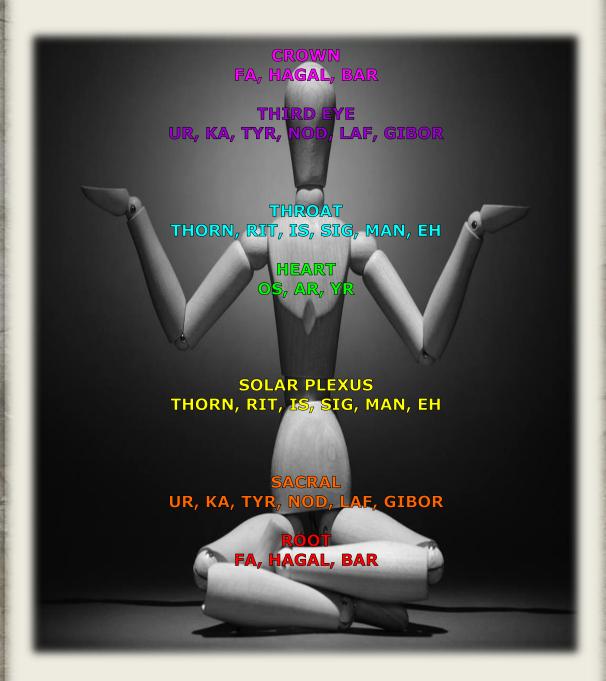


The Armanen Runes were the invention of Austrian Guido List (1848-1919) who was the founder of the main school of German rune-work in the twentieth century. While it is apparent that List's ideas followed the research of seventeenth century scholar Johannes Bureus, he basically opposed the theories connected to the origins of the Runes.

List based the shape of his sigils upon the original Rune Hagal and believed that its shape imitated the hexagonal lattice underlying the structure of matter. A good example of this pattern structure is found in quartz crystal and List contended that within the "frozen light" of quartz a "true" set of Runes were encoded. All of List's 18 Runes can be projected by shining light through a hexagonal crystal at different angles. He further contended that the special geometric angles that produced the Runes expressed a magical relationship to the cosmos.

More than one Rune can be associated with the main chakra points and the in-depth "knowledge" surrounding the connection to the Chakras is generally kept from the public in order to prevent misuse and abuse. In the general healing of specific bodily ailments only a Rune Master skilled in hermetic knowledge is capable of selecting specific Runes for given conditions. Runes are useful in not only discerning the root causes of bodily conditions and complaints but can also be used as a deterrent in the prevention of ailments. This is because their healing comes from beyond the time-space continuum and because they are not subject to man's self-imposed limitations or theories. Here are some of the basic particulars:

- FA Ailments of the head, skin and bones. Feverish diseases. Can be used to burn off body fat due to its quality of purification.
- UR —Neck, liver, nervous system (in combination with IS), chest and lungs. UR is also useful for discerning the root causes of ailments.
- THORN Aura of health
- OS Chest, back, neck (with UR).
- RIT Throat and its ailments.
- KA Digestive organs (with IS).
- HAGAL Kidneys and bladder, loins,
- NOD Infectious diseases and skin problems (with LAF).
- IS Neck, liver and nerves (with UR); digestive tract (with KA) accidents and injuries (with MAN) blood, gout, arthritis, arteriosclerosis.
- AR Strengthens life force. Counteracts hallucinations and possession.
- SIG Nerves and tendons (with MAN)
- TYR Blood disorders, gout, arthritis, and arteriosclerosis (with IS).
- BAR Female sex organs, birth.
- LAF -- Infectious diseases and skin problems (with NOD).
- MAN Accidents and injuries (with IS), nerves and tendons (with SIG).
- YR Lower abdomen, sexual organs.
- EH Glandular disorders, lymphatic system disorders. Also counters depression.





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#### **BODY TEMPLE**

Rev. Dr. Loni Haas (The History of Stellar Healing, pg. 36)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

**Leigh Ward Wadan** (Healing with Gems, Stones and the Seven Rays, pg.44)

Leigh considers herself a "new scientist" and does not consider crystal healing a pseudoscience by any measure. She has a MA in geology from Rani Durgavati University in India. She has been an alternative energy healer for 30 years. Fifteen years ago she became interested in Galactic Healing and became acquainted with the Seven Rays and Angelic Healing. She decided to combine that knowledge with her own knowledge of crystal properties and energy effects on the human body.

#### **Lorna Wilson** (Quantum Healing Hypnosis Technique, Pg. 46)

Lorna is a life coach, metaphysical counselor and certified past life regressionist who specializes in Quantum Healing Hypnosis Technique. Lorna spent 25 very successful years in the fashion industry, then moved into the therapeutic fields and trained in a variety of modalities to assist others in personal growth. She studied under the late Dolores Cannon (best-selling author and past-life regressionist and hypnotherapist who specializes in the recovery and cataloging of Lost Knowledge), as a progressive student. Lorna authored the *Book Healing Journeys through Quantum Realities – A Handbook* which explains the process of subconscious exploration. Lorna lives in London and can be reached on her website <a href="https://www.lornawilsonghhthealing.co.uk/">https://www.lornawilsonghhthealing.co.uk/</a>

#### Stephen Sergoveski (Breath of the Dragoi, pg. 50)

Stephan was born in Poland and moved to the US at the age of ten. He became interested in Holistics and spiritual healing modalities while he was in college and pursued various Eastern philosophies and healing methods over the following years. He also engaged martial arts and holds a black belt in Karate and still holds a goal to reach a higher echelon in that art. As a healing practitioner, Stephan specializes in Dragon Breath which helps to build confidence in the self. He is married and has two sons.

#### Wynn Nordstrom (Armanen Runic Healing, pg. 52)

Wyn was literally named after the Rune of Joy. She has been working with the runes for about ten years and is close to achieving the title of Runemaster. She was born in Denmark and moved to the US when she was five years old. She is a nature lover and spends as much time in the outdoors as possible. Her favorite pass time is to go fly fishing with her husband. Her favorite creative hobby is tapestry weaving, an old time skill taught to her by her grandmother.

# PRENOMENA FILES

Section Managing Editor – John Holbrook PSI

Calls from a poisoned bed; Where monsters half-created writhe, unliving and undead. None knows for what they're fated; None knows on what they've fed.





# The Curse

## By Janine Lanz

Psychic attacks do happen and they happen more often today than ever before. You will hear some people say that negative energies and psychic attacks don't exist and cannot happen if you don't believe in them or give them energy by paying attention to them. Don't be fooled.

The following is a share about a bad experience and life changing situation that happened to a friend of mine. She has never been the same since it happened. The worst part is it all happened because of an innocent act. Some people don't believe what happened to her but I do. She is a straight up type of person. So, I will tell it and you can decide for yourself. I think most people here will understand it and maybe relate. I wrote it up thinking maybe it can help someone if they decide to handle or buy old things.

A few years ago my friend took a group trip to New Orleans for Mardigras. During their time there she set off on her own to take in some of the more obscure shops that specialized in antiques including magic items. In one of the shops she found a table of old books. One of the books looked like an old diary and she picked it up for a few minutes and examined the outside but never opened because she felt a strong urge to leave.

By the time she got to the door she felt as though something was pressing on her making it hard to breathe. Once outside she felt well enough so she set out to catch up with her group but for some reason turned around to look back as she left the narrow side street that opened to the main street. At the end of the row she noticed a small woman all dressed in black. The woman had on a long black dress down to her ankles and had on a black veil that extended down to her knees. Since people dress in all sorts of ways during Mardigras she didn't think a thing of it – until she kept seeing the woman at a distance everywhere she went. She saw her next across the street on the main road, standing at a corner close to where she caught up to her group, outside the restaurant where they all went to eat and across the road from the hotel where they were staying. Each time the woman seemed to be getting closer. Several times she asked the others if they saw the woman in the black veil and everyone said, "No," as she seemed to vanish when anyone else looked in the direction that was pointed out.

After that day she never saw the woman in the black veil again. Worse things started happening. These things only happened to her and never her roommate although the roommate witnessed them.

- Personal objects moving of their own volition.
- Personal objects disappearing and found in odd places.
- Waking up with scratches and bruises on her arms legs and chest.

- Waking up with a bite mark on her hand.
- Waking up to the sound of a loud crack and shattered glass which turned out to be a crack in the dresser mirror in the hotel room.

  There was no logical reason this happened.

Long story short, after she did some of her own investigation, she went back to the shop to talk to the shop who was clearly uncomfortable but at least listened. The book was no longer there and he could not account for it but did recognize the description and said it was an old grimoire from an unknown source (old grimoires were a common item in some of the shops). Further investigation revealed that the woman in the black veil had been seen by others after handling a strange book in other locations around the city.

Long story even shorter, she ended up needing emergency attachment removal. This was done by a Dr. "B." a voodoo high priest of the local vicinity. He explained to her that the grimoire she had handled had a Dark Ioa (spirit) guarding it and that it was fortunate that she had not read anything in the book. The ritual involved her bringing a new hand mirror. I don't know all of what happened as it is not something she talks about in detail but she said she sat with her back to a large free standing mirror while she held up the hand mirror so she could see the reflection in the mirror behind her. The room was totally dark except for a single candle although she could make out faint symbols on the floor and walls as well as shells and what looked like bones and feathers. A ritual was performed. When it was done the priest kept the hand mirror. She refuses to talk about what she saw in the reflection and has not been the same since.



Negative energies can be absorbed or can attach themselves to objects during the process of being made or by resting somewhere where negative energies exist. If you have the opportunity, ask an experienced antique dealer or shop collector to tell you some of their stories about negative energies in antique objects and furniture.

It would be wise to inquire.



# The Night Marilyn Walked - Thoughts of a PI

# By Phil Constantino

When I first started out in paranormal investigations I did a lot of reading. I was a voraciously hungry fan of Brad Steiger and read everything he had in print as well as listened to radio shows where he was a guest. Here is a recant of one of my favorite ghost stories about Marilyn Monroe courtesy of Steiger. My own interjections are designated by >.

Some history for those who are unfamiliar:

"During the summer of 1946, Bob Slatzer met Norma Jean Baker in the lobby of Twentieth Century-Fox Studios. He was a correspondent for an eastern newspaper, and she was a young model trying to get work by making the rounds. They struck up a conversation and made a date for later that evening. Thus began a long relationship that led to their brief marriage in 1952. Even after Norma Jean had been transformed into the Hollywood love goddess known as Marilyn Monroe, they remained close friends until her death in 1962. Since her passing, many strange things have manifested in Bob's life that have convinced him that her spirit is still with him. In 1973 he participated in an experiment that actually caused Marilyn Monroe's spirit form to materialize." – Brad Steiger from *Real Ghosts, Restless Spirits and Haunted Places* 

>If you do some research, you will find that Marilyn Monroe is a popular celebrity ghost. She has been spotted in a variety of places besides her own home including by her star on the Hollywood Walk of Fame, the Roosevelt Hotel (suite 1200), a cabin at Cal Neva Resort in Lake Tahoe and even her own Cadillac. Back to rehash.

#### The offer:

As a correspondent, Slatzer had also become acquainted with Anton La Vey, the author of the Satanic—Bible and founder of the Church of Satan ... he also knew that La Vey had a fascination with Monroe. La Vey contacted Slatzer one night to tell him that an "astrological dark moon" would occur on Saturday, August 4, the same way it had eleven years earlier when Monroe had died. La Vey wanted to manifest her spirit and needed the assistance of someone who knew her very well in order to achieve it.



Slatzer agreed to the plan and the two went to Monroe's former home on Helena Drive after La Vey had received permission from the current owner of the property. The owner did not let them in the house itself but she did allow them to sit in the cul-de-sac that led to the property. They positioned their car against the house gates looking out with Slatzer in front driver seat and La Vey in the driver's seat. The area was still and vacant of any people. At 11:45 PM they began.

>What struck me about at first about this case was the fact that it was not a ghost hunt or an investigation but participation in a conjuration ritual to raise the spirit of the dead. La Vey was adept at ritual and Slatzer a willing participant for reasons that were unclear. Might have been his curious correspondent nature or perhaps just some longing to see Marilyn again. Speaking psychologically, here were two men who wanted to see something, yes, for different reasons but still willing. To note at this juncture, is that all good seasoned paranormal investigators will do some psychological profiling as well as a background historical search before engaging a case. Continuing ...

La Vey had brought several necessities with him – a tape recorder with songs from Monroe's pictures and penlight to read some words he had written.

The recorder was turned on low volume and La Vey was reported to be either speaking in tongues or chanting. Slatzer's observations were recorder in an interview for *Hollywood and the Supernatural*:

"About 12:15 AM, the night was still. Not one blade of grass was moving. The leaves on the eucalyptus tree by the corner of the house were still. All of a sudden, a terrific wind came up. The tree looked as if it were a hurricane for three to four minutes---nothing else on either side of the road was moving. Then from out of nowhere---I didn't even turn my head or blink, and I have 20-20 vision---this woman appeared. It was as if someone suddenly set her there. She had on white slacks with a little black and white splash-pattern top, little white loafers, and I could see a shock of blonde hair. She started walking towards the car. I had goose bumps all over!"

Once Slatzer was able to control the initial shock, rationality set in. Had the whole thing been set up by La Vey as a publicity stunt? Possible but the thought ran contrary to La Vey's character as he was intensely serious about his work. Plus La Vey was having his own set of reactions and was sweating profusely and insisting that they should both remain silent.



>An investigator would have had a field day with this situation and indeed the first supposition would have been if the whole thing was a publicity stunt as La Vey was quite a flamboyant character. No investigator worth their salt would have been involved directly with the ritual. Observation is the primary key of an investigation.

The figure of the woman began walking slowly towards the car and stopped about 30 feet away from it.

According to Slatzer, "Anton had dimmed the music a little and finished his chanting when she was about halfway to us. All of a sudden she veered off to our left. There used to be a big tree there, and she just stood there, almost as if made of cardboard, with a kind of wooden look, but the figure was highly recognizable as Marilyn Monroe!"

The ghostly figure seemed not to want to walk past the car but rather turned and began to walk slowly down the boulevard. When the figure was about three-fourths of the way down the street, Slatzer decided to follow it. As he approached her, the image turned, walked to the middle of the road and completely vanished. Both Slatzer and the ghostly figure had walked through a small drainage ditch about two and a half feet wide. Slatzer noticed his wet footprints had left imprints on the road but the ghostly figure had left none.

That was the night that Bob Slatzer became a "believer."

# Are you?

>Assuming they had both seen something how can an investigator define the situation? Based on this evidence alone and ruling out drugs, alcohol, stunts and demonic entities courtesy of La Vey or even a human being, one might say this could have almost been a residual haunting. Why do I say "almost?"

Pro point: For arguments sake, the spirit did not interact or acknowledge who is there - a type of avoidance or oblivious state which is common during such a haunt.

Con point: It is not known the spirit as described by Slatzer was seen by others in the same spaces along the road coming and going at around the same timeframe. This would have been a helpful clue.



Pro point: So called spirits seen during a residual haunt are usually accoutered according to the period in which they were alive. The entity seen was dressed familiarly as Marilyn.

Con point: If it was a residual haunt, La Vey's ritual attempts might have made no difference because a residual haunt can and will play like an old movie.

Pro point: During residual haunts tremendous energy can be exerted usually having a profound effect on onlookers. There was a blast of hurricane-like wind however the pen light and the recorder, both battery driven would have and should have been affected.

Further and a point often missed is if the area of the haunt was situated above underground water sources including places where water has been drained. There was a drainage ditch that Slatzer believed he had walked through.

# **BLACK JACK**

## By Jenna Wade Shaugnessey

Most of us have or know someone who has a 'crazy' aunt or uncle who is at the very least eccentric. Such was the case of my childhood friend Celia. Celia lived a few houses down from us and her 'crazy' aunt at the end of the street. Aunt Marie was very old and very rich although no one in the family could account for the reason. Aunt Marie simply arrived from Europe one afternoon in the late 1950s ready to establish herself in the good old USA with plenty of money to bear. She had never been married but was said to have entertained many fine gentleman of means which led some family member to think she was a woman of ill repute but that simply was not the case. Her favorite pastime of which she made no bones was gambling and card games.

Her home was technically a mansion and was filled with the best furnishings and expensive objects d' art. She more or less stayed to herself restricting herself to her household staff and a few relatives she could tolerate but for some reason she took a shine to Celia. She would buy Celia little gifts and feed her petit fours and tea during visits. These visits lasted an hour or two on Saturdays and I remember I would always have to wait for Celia to come and play. She never said much about Aunt Marie except to say that she was "really, really nice."

One day however, Celia came over after visiting and was quite giddy about her visit.

"I found out why Aunt Celia is SO rich but you must SWEAR never to tell any grownups!"

Now for two eleven year olds this was a big thing. A 'secret' family secret so to speak. You know one if those mysterious happenings that must never be spoken about to anyone ever! So I waited with baited breath to hear it.

"Aunt Celia is rich because of Black Jack," said Celia.

"The game?" I queried.





"No. Black Jack is a guy."

"A boyfriend?" I giggled.

"No. He is a spirit. An old riverboat gambler."

"Oh come on!" I chided.

"No. I even saw him."

With that some chills ran down my spine and the hair on my arms stood up. Thirty seconds later my rational mind kicked in.

"No way," I said as I shook my head. "She has a lot of money and is playing a trick of some kind and is probably laughing because you got sucked in."

Celia grew perturbed.

"If I could I would show you so you'll have to take my word for it. I SAW HIM. She called him and out of nowhere this guy pops up over by the window."

Having come from a family of psychics myself and being accustomed to seeing all kinds of loonies from the family vault of 70s strangos and Timothy Leary world, I just had to venture further. I decided to question my friend and get to the bottom of it. After all this was the 90s.

"What did he look like?"

Celia grew excited.

"Well, he was dressed in a black jacket and white fancy shirt with a little string tie. He had black hair and a black hat. In his jacket pocket I could see a jack of spades playing card poking out. Aunt Marie said that was his "signature" and he always carried it. There was like a cloudy mist around him."

I rolled my eyes.

"Did he speak?"

"No he just smiled at me and then Aunt Marie told me to leave before I could say or do anything else."

"Well how did he make her rich?"

"He would go with her when she went to gamble and since no one could see him but her, he would tell her how to bet and win."

"I don't know C, I think she is messing with you."

"She says they play cards every evening from midnight to half past."

"Where?" I asked.

"In the sitting parlor where I visit her."

Being a quietly mischievous child (the best way not to get caught) my brain began to plot.

"I think we should find out." I said bravely.

"How?" Celia cowed.

"Let's sneak out tonight and look through the window. You said she rarely closes the draperies."

Celia's eyes popped out of her head.

"What if we get caught?"

"Well I guess then we'll have to truth up and take the punishment."

Celia was at little risk – her parents being free expression liberal types. I on the other hand would be getting the hard hand of parental law if caught. At any rate, little by little I talked Celia into it.

The plan was to dress darkly with hoodies and meet halfway down the road then proceed through a few backyards until we reached the "window" destination. At that time I was living in New England and our street which was considered affluent had widely spaced out properties backed by woods. No one was ever "hanging around." So the plan was set.





We met at 11:45 PM which gave us plenty of time to navigate the backyards of which I was very familiar having gone on lots of excursions with my older brother in the past. (Hey, what can I tell you – there was not much to do in Maine at that time). He even had my back covered in case we got caught outside before our mission was accomplished. My big brother was a master of diversion.

So, there we were bustling through the backyards until we reached the thick hedges behind Aunt Marie's house. There was enough of an opening for two skinny kids to push through and no security alarms to worry about. We could see the sitting room window aglow with soft lighting. There was definitely someone in there.

We sidled closer up to the window keeping our heads low but so we could still see. It was almost midnight. We could see Aunt Marie setting up a card game at a small table in the corner. Suddenly the clock inside the room struck twelve. A strange mist began forming in the middle of the room and slowly a figure began to take form. At that point Celia and I were hanging onto each other with our mouths gaping open trying to scream yet not a word squeaked out.

Finally a manly figure stepped out of the fog and walked over to the table and sat down. He picked up the cards and began to shuffle.

Celia and I were frozen where we stood. the man picked up his head and nodded it towards the window alerting Aunt Marie.

And that was it. Celia and I took off like two scared rabbits.

Out of the corner of my eye looking back, I saw Aunt Marie get up and close the draperies.

I could swear she was smiling with the biggest grin I had ever seen.

After that, our ghostbusting days were over.

# A Lingering Glance

## By Telma Adowa

The curse of the Evil Eye is described as a supernatural power that causes disaster, illness and even death with a glance or lingering stare. It is one of the most feared arcane curses known to man with historic records documenting its power dating back to 3000 B.C. E. The Sumerians, Assyrians, Babylonians, ancient Greeks and Egyptians as well as the Romans believed in it. Mention of the Evil Eye even appears in the Bible!

The Evil Eye is thought to be an inherent power possessed by certain individuals at birth or by those who possess magical powers like witches or warlocks. Women and children are thought to be the most vulnerable although those who are envied because of their happiness or prosperity are prime targets. According to Native American folklore the 'death-dealing' Evil Eye was often used in conjunction with the medicine man's finger or shaman's finger or wand pointed at the intended victim in an attempt to send negative energy toward them.

There are several historic remedies should one be attacked by the Evil Eye and immediate action must be taken to avoid calamity. Probably the most well-known defense against the evil eye is the nazar. It is an eye shaped amulet that is believed to offer protection. It was/is used in Hindi, Urdu and Persian communities. Another is the Hamsa Hand (also hamesh, chamsa, and khamsa) which is ancient Middle Eastern. It stands for the Hand of God. In some places a raw egg (a symbol of purity) passed over the afflicted and then broken into a bowl of water and examined for the quality of success is believed to be effective.

In Italy, the malocchio can be dispensed with oil in water and a repeated prayer.

The ancient Egyptians used amulets called *udjatti* known as the Eye of the Sun and the Eye of the Moon to guard against the Evil Eye. Other common amulets shaped into phallic symbols or a curved horn or a clenched hand with the thumb stuck through the middle and fourth fingers are also believed to be effective. Bells, brass, red ribbons, garlic, horseshoes, iron, and special objects made of rowan, juniper or shamrocks serve as other types of safeguards. Some cultures believe that statues of the heads of monsters particularly Medusa are very effective in repelling the Evil Eye. A ritual involving spitting is particularly effective and is most likely the root for the phrase "spit in your eye."



Some victims of the Evil Eye believe that the only way to nullify the curse is to consult a witch, sorcerer, shaman or wise woman/man who can invoke a counter-spell. This brings up warnings of fraud in some cases because people will try to scam money and this type of thing is considered an easy hit. I always say, "Buyer beware."

As a practicing Yoruba Shaman who lives in a small community I am often consulted by those believing that have been victim to either the 'evil eye' or 'pointing.' In fact it is rather common. Many times this type of thing concerns minor disputes between friends or neighbors which are easily resolved through reconciliation between the sender and sendee where the basic curse is lifted. Other times what is going on is more disconcerting and requires "medicine." Each cure is different starting with finding the root cause after discerning the symptoms which are present.

In my case I work with the Orishas (minor gods and emissaries of God Almighty) who then guide me how to dispirit the curse in the unconscious in order to free the victim.

Modern psychology touts that if an individual refuses to believe in the Evil Eye then nothing will happen. In some cases this may be true however, there have been cases of people unaware the curse had been set upon them and who became mysteriously sick or unlucky for no apparent or logical reason. I leave it up to the individual to decide.

je ibukun (Be Blessed)



## The Boogey Man





In our youth, before we have become aware of all the different faces that evil can take, we all had fear of the Boogeyman. There are many different spellings of this denizen of the dark like Bogeyman, Boogyman, Boogyman, Boogieman and Boogey Monster, but no matter how you spell it the name is still the same. It is the monster under the bed that waits for you to go to sleep so that it can get you. It is the monster in the closet that is always watching you, waiting for its chance to get you. We have in our youth been told if we do not behave that the Boogeyman would get us.

The name of this being that caused many a sleepless night for so many children may have come from Scotland and the legend of the Boggart. A Boggart is a spirit that haunts a family and causes things to disappear, the family's animals to have problems and milk to sour. Unlike other folklore entities that may do mischief the Boggart is always a malevolent spirit and is said to follow the family it plagues wherever it goes. Even if it is a Boggart or a Boogeyman it instills fear in whoever crosses its path. So what do these Boogeymen look like and what is their purpose?

The description of the Boogeyman is as varied as the people that have had an encounter with one covered in hair or scales, big eyes and no eyes, you could say that whatever is scariest to the person is how it will appear. Many people say that the Boogeyman is only in our mind and that it is totally just a figment of our imagination. So it could be like the anti-imaginary friend or an imaginary stalker. I don't think that I will talk about the mental state of people or children in today's world, I would much rather take a stroll down an imaginary or supernatural road. Well maybe not all imagination but some may think so. When you look at the paranormal and find something that is so widely thought to come from the imagination of children and that people use it as a catch all for something unexplained there may actually be a basis for the fear. Put it this way, the fear that the individual has is triggered by something. Like I said, I am not going into the mental side of the rainbow; I am going to stay on the supernatural side. I don't think I will list out all the different entities that a Boogeyman could be, it is just too numerous. What I would like to say is that in a child's eye the Boogeyman is anything that is unknown and scary. This is like calling all the different sodas a coke or pop - it is a catch all name. Looking at the fact that a child may not know a name of what is being seeing and that parents generalize their fears into one thing it is not hard to see that there could be so many different entities that could be called a Boogeyman.

Some of the stories that I have heard over the years from parents have the entity being a Boogeywoman instead of a man. Just as with the description of how they look, there is a fifty-fifty chance of it being a different sex than of the one of the witness. This leads us again to believe that there is more than one type of entity that is being called a Boogeyman.

I believe that there are many different entities that feed off our fears. The fear of the young may be a training ground before moving on to adulthood. Like many predators in nature when they are young and small or weak they prey on smaller and weaker prey before they can graduate to larger prey. Taking this hypothesis a little further, we could say that the Boogeymen are the young of the entities that we know the names of when they are older. Or it could be that as one person I know says, many entities are attracted to the young, (the light and purity of the energy of the young). They need to disrupt or subvert the energy so they torment the young maybe hoping to turn the young away from the light. One person I know said that the more light in your soul is more reason that the darkness will attack or try to subvert you. This could be true also with the way I look at things.

I see the universe as a balance of everything, light and dark or good and evil included. These entities could be just a part of the nature of the universe, an inter-dimensional parasite that comes into our dimension to feed on our energy. Until we have the technology that allows us to see the other dimensions we will have to just try to make our best guess. Taking what information we have and try to fit it into one of the many different theories that there are on the "who, what and why." Even as we do this, we will still have to deal with what is happening - just because we cannot say for sure what it is we cannot ignore the event.



So is the Boogeyman an inter-dimensional entity? From all the information that I have seen I would have to say yes. Our dimension is not its primary plane of existence, just as most supernatural entities exist on a different plane. Just about all of the supernatural entities, ghosts included, are not always on our plane of existence. This is to say that they exist in a different dimension. Sorry for getting off the main topic a little, it is good to see how it may all fit together.

Is the Boogeyman a good or bad entity? Well I would have to say that it is not a good entity. First I have never heard or read a story where the Boogeyman made me feel safe and secure in my bedroom. There is always some negative emotion involved with this denizen of the darkness. Is it a fear of the unknown that is happening? Well, most of the cases I have looked into state that they have a feeling happening before the sight of the entity, so no it is not the fear of the unknown. Looking at this, the entity may cause the fear before it becomes visible. So the entity may need for the witness to feel fear before it can become visible. Many think that if they feed on our fears that as they feed they become stronger and become visible in our plane of existence. Or, that as we feel fear that our energy's frequencies change to be insync with the entity's energy frequency so that we can see them. This could be true with many different things in nature, like some animals can sense fear or malice and respond in accordance. If we continue to lump all the different types of entities that the Boogeyman could be we will not be able to truly understand its nature. There is the main problem with the Boogeyman - there is not much that stays the same. For any that may have had an encounter with a Boogeyman please compare this recount to yours and see the differences.

Continued...



"I was 12 or 13 years old and staying with my grandparents for a week one summer when I had an encounter with the Boogeyman. When staying with my grandparents there was always things to do and people to see. My grandfather was well known and would take me with him as he went on his rounds seeing the different people that he would talk with each day or each week on a certain day. I can still remember some of the events of the day before the encounter because we went to the old-time soda fountain and had a float. We walked all over town so at the end of the day I was very tired and went to bed early. Sometime in the dead of night I awoke with the fear that something was in my room. At first I could not tell where it was but as I became more and more awake I could tell it was in the closet. I don't know why I could tell it was there but that is the location that all my attention was drawn to and it seemed to be where my fear was emanating from. I thought that I saw the door starting to open, so I ducked under the covers. Under the covers I thought that I could hear it breathing standing at my bed. My fear grew for what seemed to be hours, then as suddenly as it started it stopped. My fear started to subside and I could not hear the breathing, it was still some time before I could uncover my head and look out and turn on the lamp by the bed. I looked around the room and did not see anything but the closet door was slightly open. I got up and closed the door, without looking in the closet, and put a chair in front of the door before I went back to bed. Eventually I went back to sleep and when I woke up again it was morning and the chair was moved back to where it was before I moved it and the closet door was slightly open. Needless to say I was unnerved by what I saw that morning.

I went to my grandfather and told him about what happened. As most adults when a child comes to them with a story like mine he said that I must have been dreaming. He said that he thought he might have heard me get up in the night and did see the light from under my bedroom door when he got up to check on me. He said that he did not hear anything so he went back to bed. I kept telling him all that day that I did not think I was dreaming and that something was in my room. That was one of the first times that I can remember hearing the name Boogeyman. He asked - had I done something bad the day before? And I asked him why he was asking if I had been bad and that was when he said that it could have been the Boogeyman. He said that the Boogeyman visits bad little children. He was saying it like a joke to make me feel better but I still did not want to sleep in that room again. I did sleep in the room again after he used the, "I was too old to be scared of the Boogeyman." I slept with the light on and the chair in front of the closet door with a bell on it also so that if it moved I would wake up. Nothing else happened that night but until we sold my grandparent's house many years later I would not sleep in that room."

This is one of the stories that happened to me when I was young and may have been a factor in the path that I am on now. Just because in all reality I did not believe in the Boogeyman, it did not mean that something was not there that night.

I think that most children at one time or another have had an encounter with the supernatural. Children have not yet learned to be skeptics, they still see and hear things that we as adults have in our minds shut out.

Adults do not believe in the Boogeyman and most of what goes bump in the night, we have rationalized them away. We don't sit in awe at a butterfly or a bubble for hours using our imagination to see more than what is there. A child's mind is more in-touch with its subconscious which allows them to see more that the adult that is only seen with their conscious mind. Or you may say that the energy of the child is so that they can see the inter-dimensional entities and in turn see the Boogeyman. We as adults must be the ones that don't put all the entities that we do not believe are there into the one catch all name of a Boogeyman. We need to look at what the child has seen and felt and from there we need to address the true entity and not the Boogeyman. In doing this we will not only help the child to get rid of something that is scaring them but we will be helping the child to grow up more open to the wonders of the supernatural. This will allow them to continue to see more than we do if that is what they want and can handle. If they can't handle the supernatural then you can tell them that everything they see is only in their imagination and there is no reason to be scared of the Boogeyman.





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#### PHENOMENA FILES

#### Janine Lanz (The Curse, pg. 57)

Janine grew up in a haunted house occupied by a "friendly ghost." As with many children who grew up in that type of environment, things supernatual seem perfectly normal to her. Janine lives with her husband and two dogs in that same family home. They are both paranormal investigators.

#### Phil Constantino (The Night Marilyn Walked – Thoughts of a PI, pg. 59)

Phil considers himself a jack of all trades and a master of none. He is a lawyer by day, a part time bartender by night and a paranormal investigator in the times in between. He often teams with his sister Olivia on paranormal investigations usually out of state. His pride and joy is his paranormal library of over 500 books including some rare vintage texts. He believes being well versed in the subject of the supernatural along with some healthy skepticism has always served him well.

#### Jenna Wade Shaugnessey (Black Jack, pg. 63)

Jenna is a private energy healing novice who was born into a very psychic family. She inherited the ability to channel from her mother who was a highly gifted psychic. She lives on a ranch/estate in the southwest, USA with her Tabby cat Kinpa. Jenna has a head for "numbers" and has several degrees and dual degrees in accounting, business and adminstration and business law. She enjoys writing and cooking.

#### **Telma Adowa** (A Lingering Glance, pg. 67)

Telma Adowa, known in her community as Sister Telma is a wife, mother of two strapping boys and a Yoruba Shaman. She holds a BS degree in psychology and African American Studies. Her favorite author is Zora Neale Hurston, author of African-American literature and anthropologist, who portrayed racial struggles in the early 20th century American South, and published research on Haitian voodoo. Telma enjoys the art and craft of basket weaving and teaches local classes on occasion.

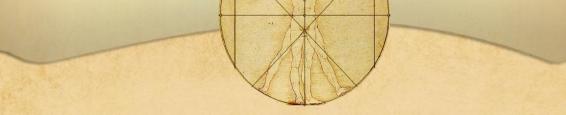
#### John Holbrook, PSI (The Boogey Man, pg.69)

John has been a paranormal investigator for over 35 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. His friends tend to think of him as the "earth bound Michael" because he is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of a matter.

## Areanus Observan

Section Managing Editors: Eliana Rosini Mascolo and Marco X. Mascolo





#### The Hermetic Constitution of Man

By Thomas V. Carroll

"Make idle the senses of the body and the spirit will be reborn." - Hermes

#### What is man?

Man is the ultimate creation who contains a universe within him - a myriad of cells and atoms evolving within and without him. He is a perfect example of living architecture. According to the ancient view of Hermetic Constitution, man IS the following:

#### A physical form:

• Formed around a living spirit, a finite number of organic cells composing bones, blood, flesh and hair. Each of these compositions of organic cells is a miniature system unto itself.

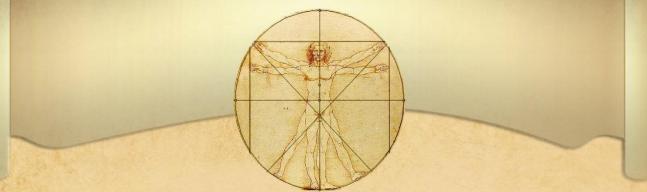
#### An electrovital body:

• The ancient believed this to be a phosphorescent light that encompassed or outlined the skeletal frame and nervous system. It is electro-magnetic barrier inseparable from the physical body during life.

#### An astral form:

• This represents the persona. It is separate from the physical form and is the appearance assumed by the Soul. It was believed to be under the control of the dominating mind. It is absent from the physical body if the physical body is awake. It is responsive to the same pain and injury to the physical body during waking hours. It is this form that is susceptible to black magic attacks.

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#### An animal soul:

This expression is formless. It represents the lowest and selfish desires that are subject to the astral and material planes.

#### A spiritual body:

• The ancients considered this a finely etherealized organism which was the Soul's expression of the heavenly raiment and the purified man.

#### A Divine soul:

• This was considered the part of the incarnated entity within the microcosm that was the higher arc of the universe. It was considered formless and the expression of good and unselfish aspirations. It was disassociated from the motives of the self.

#### A Pure Spirit:

• Also known as the Divine Self which never incarnates into form until the seventh state or perfection and everlasting is attained. It represents the divine atom of life.

In all of creation, man is unique as he has a dual nature. He is enslaved to the desires and lower material nature of his body and has fallen. In order to free himself from the world that tests him, man has to learn of his true nature in order to be saved and reborn.

## Dream Sending

#### By Kellie Nothe

Dream Sending is defined as a magical ability to enter the dreams of another person in order to deliver a message, alter the content of the dream or influence the dreamer's actions and behaviors. It is a very old magical art dating back to the ancient Egyptians and its most common use is for love spells. It is best accomplished during a waxing Moon and by invoking the Moon goddess Selene or the archangel Gabriel who rules the Moon and Monday considered the day of the Moon.

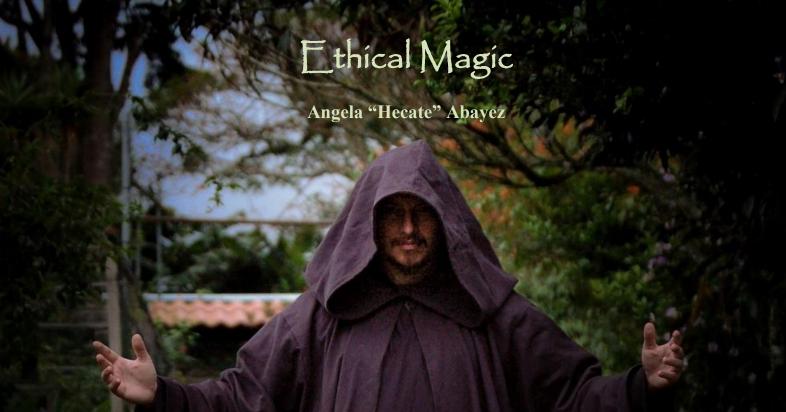
The ancient Egyptians used Dream Sending combined with sympathetic magic in special rituals to cause an individual to have a specific dream that suited what they were trying to accomplish which was often political in nature. In legend Nectanebo, the last native of Egypt used Dream Sending to cause the Greek queen Olympias to dream that she would bear a "god" fathered by Amun. He next used this magical skill to influence Phillip of Macedonia by casting a spell over a hawk which flew over Phillip while he was asleep and whispered in his ear that queen Olympias would bear a child who was the son of a god. The result was Alexander the Great who always attributed his divine origin to Dream Sending.

The ancient Greeks and Romans were thought to be skilled in this art. They performed rituals for sending dreams by petitioning the aid of intermediary beings to serve as messengers. These messengers included 12 spirits who were known to govern the hours of the night and who were under the control of the goddess Selene. The entities were summoned in the middle of the night at the 'appropriate hour' during a special ritual.

In contemporary times those who work with dreams or dream therapy have discovered that they can successfully send a dream message to others however, the recipients are very unlikely to experience coercion and take action against their will. Psychical researcher Harold Sherman found that he experienced the best results when he would "send" and "receive" impressions during the relaxed state bordering on sleep. When "sending" he would make sure the other person was sound asleep thus ensuring their "receptivity" to his sent messages.

**Sweet Dreams!** 





Whenever magic is applied to situations the question of ethics come to the fore. After all the use of magic is a manipulation of that which it is aimed. Here are some things to always bear in mind when spellcasting.

As there are numerous factors that influence life, there are multiple probabilities in the direction factors can take. Many occultists believe in an ethereal plane of thought where ideas take on a reality that can influence occurrences on the physical plane. This is the basis of magic.

Magic requires the planting of suggestions to get others to react favorably towards us in certain situations. Forcibly casting magic that is naturally repugnant to another is not likely to bode well but if a cast is made with regards to whatever is already in someone's mind success is found in activating those thoughts.

Magic is not about giving the caster power or an unfair advantage over others. Let's remember that fate does not dole out privileges equally in life and is colored by the irrational biases prejudices and the helter skelter pieces of information spouted out by fellow beings that add to the collective state of being in which we all live. In any particular circumstance, magic should be viewed as just another bit thrown into the cauldron of happenstance. With a little luck things may go your way.

Everything has a vibration including human thought so one's mental state does effect the vibratory field surrounding you. Negative and harmful spells should not be projected as they have a tendency to not only boomerang but attract back to the sender like a magnet. Use spells only to practice goodwill. Focus on the positive aspects of al situations.

Harm none.

#### **UNCOMMON ADORNMENTS**

Alchemical Power of Contemporary Stones

By Alva Lennox



#### **AMBER**

Linked to sensuality and personal magnetism, renders invisibility.

#### **AMETHYST**

A healing stone, relieves stress, brings love. Protects from drunkenness.

#### **AQUA AURA QUARTZ**

Helps develop creativity, sensitivity, intuition.

#### **EMERALD\***

Attracts love and prosperity, enhances memory.

#### **GARNET**

Promotes clairvoyance, imagination, clear thinking.

#### HEMATITE

Builds courage, strength, personal magnetism.

#### LAPIS LAZULI

Aids in psychic development, improves mental clarity. A Royal Stone.

#### MALACHITE

Protects, promotes physical and spiritual well-being.

#### MOONSTONE

Inspires success, luck in love and life. Relieves stress.

#### MOTHER OF PEARL

Keeps one balanced in love and relationships.66

#### ONYX

Promotes fidelity in partner. Attracts good fortune.

#### PERIDOT\*

**Enhances personal growth** 

#### **RUBY\***

Lover's stone. Enhances passion, imagination, creativity.

#### SIBERIAN BLUE QUARTZ

Inspires clairvoyance and self-awareness. Stone of mystics and healers.

#### TIGER EYE

Brings good luck, protects wearer. Enhances insight.

\*Alchemists stone: laboratory grown real stone with same properties of actual stone.

#### ENTERING THE MYSTERY

By Willow McFei

Witchcraft as a mystery is as varied as those who seek it. When a person decides to become a part of a coven, sect, society, brotherhood, sisterhood, or even a cult they consider what is of benefit to them through the association. The word mystery itself comes from the Greek word *mysterion*. A *mystery* is defined as the chosen path complete with instructions for conduct as dictated by that particular venue. It is magical.

Mysteries are often based on myth. In ancient times, people relied on the myth of the gods either blaming them or giving them credit for human happenstance. This basic theme progressed until Christianity entered the picture. With the rise of Christianity, many believers in the mystery religions were persecuted and forced underground.

History provides many examples of mysteries from around the world. In sixth century Persia, practitioners of the Great Art and followers of Zoroaster came to be known as magi well known for attending the birth of Christ. Ancient Rome was known for the power of evocation of spirits and those people became known as sorcerers. Anglo-Saxon England was known for those who possessed great knowledge of the occult who were known as the *Wicca* or the *Wise*. The words witch and warlock are derivatives of this.

Some seek the mysteries is to obtain happiness, health and peace of mind. Others merely want to be educated. While these may be good reasons, those who seek for these lofty desires often do not stay with the program because it requires work and dedication. Some of the reasons coming forth for the choice of a path are often misguided in nature. Carnal reasoning can lead to a path of destruction. Coveting power coupled with desire to manipulate is probably the most destructive. For example, in medieval England, *necromancers* evoked spirits of the dead and put them into service to do the will of their masters which was selfish and never done with pure intent.

The mysteries act as a gnosis since each initiate emerges from studies with knowledge unobtainable elsewhere. All mysteries have a three stage common denominator. The stages are preparation, probation and initiation. All are required to learn and memorize the four sacred verbs:

#### To Will

To will equals determination. It means that the individual is willing and determined to change his/her mind and current manner of thinking despite any circumstances that act as obstacles to accomplish mystery studies.

#### To Know

To know refers to selection. This means selection of teachers who will guide you to the wisdom you seek. A person's inner compass helps them know if they have chosen the right guides.

#### To Dare

To dare concerns exposure. It means the new found courage helps the individual study material that is unknown to him/her and acceptance of realization that it will be necessary to change old habits of thinking.

#### To Be Silent

To be silent has everything to do with respect of the knowledge being taught, to hold it sanctified and never repeat to the layman on a different life path.

#### Blessed Be





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#### **ARCANUS OBSCURUM**

#### **Thomas V. Carroll** (The Hermetic Constitution of Man, pg. 75)

Thomas is a Hermeticist who enjoys studying old manuscripts and books on ancient arts and sciences when he can find them. He is also into antiques and their restoration and the histories connected to family heirlooms. He also enjoys some sailing and classic car restoration. Thomas has walked many magical paths, which if nothing else, taught him the necessity of balance in all endeavors.

#### Kellie Nothe (Dream Sending, pg. 77)

If you ask Kellie, she will tell you quite candidly that "life is a karmic parody and people are stinkers" yet they still provide a good deal of humor because of their quirks. Kellie is busy working on her Master's Degree in psychology and plans to further her education straight to a Ph.D.

#### Angelina 'Hecate' Abayez (Ethical Magic, pg.78)

Angelina is a Pagan practitioner of healing and natural arts. She recently began to study astrology and the complexities of the Ennegram. Angelina enjoys candle making and oil painting in her spare time. One of he favorite subjects to paint is the moon and her paintings have been featured in local art shows in her hometown.

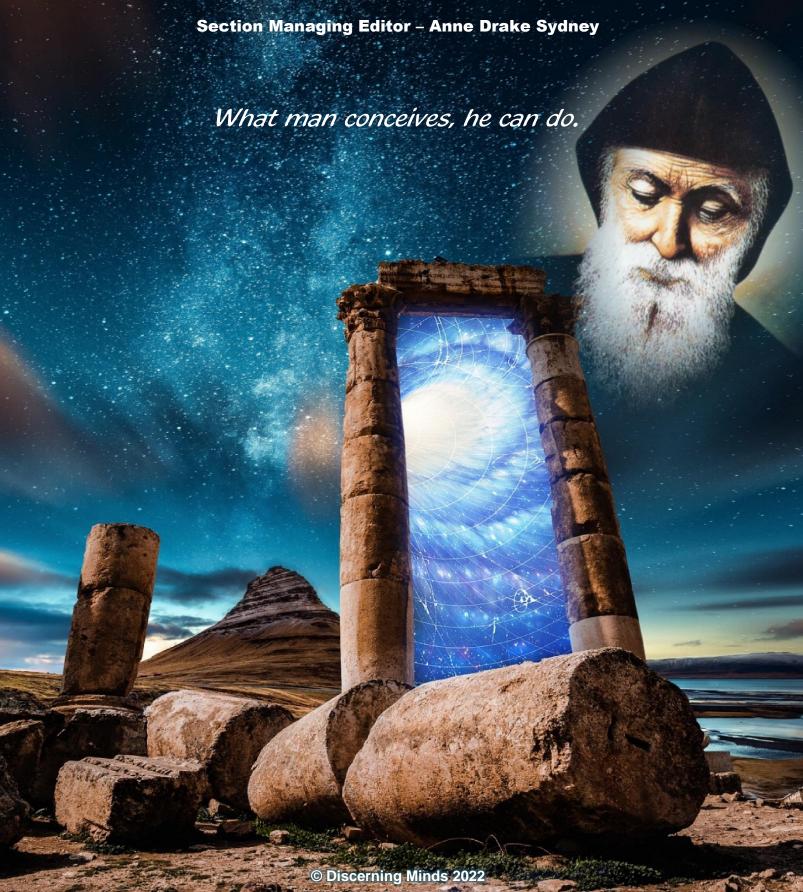
#### Alva Lennox (Uncommon Adornments, pg. 79)

Alva is a retired primary education teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it's been a long time coming.

#### Willow McFei (Entering the Mystery, pg.80)

Willow considers herself a White Witch who performs only good deeds. Much of her focus is on herbology and natural remedies and she hopes to open her own shop sometime this year. Willow hails from Vermont where she was born and raised. Her psuedonym of Willow McFei was given to her by her grandmother who is a folk healer and naturalist. Willow has three cats Winkin (white), Blinkin (black) and Nod (grey) who are her constant companions.

# Sacred Sciences



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QUOTE: Phen Luc from Light Force Network

#### THE MAN WHO TRAVELED TIME

By Loni Haas RMAFA, NCGR, DD

What astrologicals might be involved with time travel? What emphasis might show up in a chart?

For this *hypothetical study*, consider the influence of the following:

Saturn – the grand kahuna of time, non-time and structured events.

Uranus - the monarch of quantum physics, instigator of breakthroughs, provocateur of innovation and genius behind invention.

Neptune - the great dissolver of boundaries and all those nebulous places in between.

The Houses of Travel, the 3rd House and the 9th House and the 12th House of unknown places and realms beyond the physical realms.

The following chart is of a man who claimed to be a Time Traveler according to family members who carried an oral history of the stories he shared and alleged objects he possessed which at the time they were in his possession had never been seen and thought to have jokingly, "not yet been invented." He was described as basically a genius type loner who never married or stayed very long in romantic or close relationships. He was also thought to be omnikinetic and able to manipulate time. Aside from his occupation he liked to invent strange mechanical trinkets and doo dads. Data is from the family Bible.

By overview, the first feature to make note of is the BUNDLE chart pattern. All of the planets and the North Node are concentrated in the 12th – 3rd Houses. Traditionally, the BUNDLE pattern is known to reveal a "specialist," one with strong focus and intellectual prowess in either an occupation or walk of life. In his mundane life, the individual was a sought after craftsman of hand-carved furniture specialty items.





Star Logic Astrodynamics



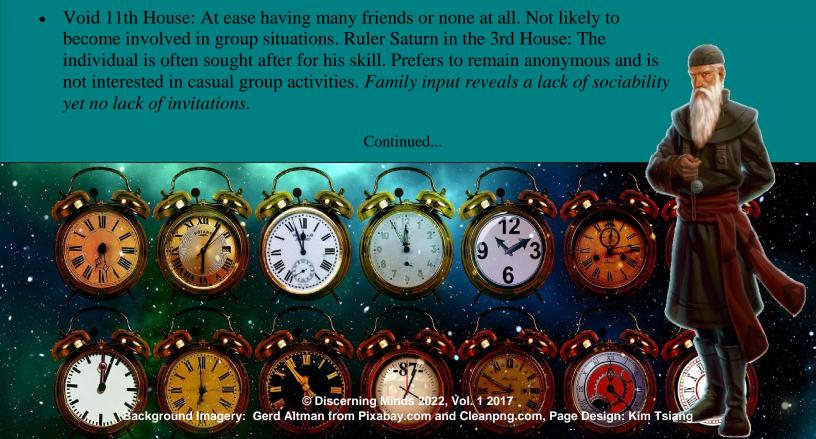
If this man was a time traveler, he obviously lived a life of duality via his "specialties" as esoterically this pattern combined with Mutable signs (Gemini, Virgo, Sagittarius and Pisces) on the Angular cusps, show that his life was subject to a series of unforeseen life impacts particularly because of the duality.

All charts have void (empty houses) since there are ten only planets and twelve houses. With the BUNDLE pattern, there are quite a few void houses – in this case, Houses 4 -11. Void Houses have their own meaning despite the fact that there are no planetary energies in residence although their planetary rulers occupying other houses do have influence. Here is a brief summary of the Time Traveler's Void Houses and associated rulers.

- Void 4th House: Indicates the individual prefers to be away from home. Ruler Mercury in the First House: Some desire to be seen as "normal" but the actual lifestyle is often personally distasteful and not satisfying. Family input relays that the individual was a very private person who would disappear without a word for extensive periods of time and then literally pop back up unannounced seemingly out of nowhere offering no explanation or willingness to share where he had been.
- Void 5th House: Romantic liaisons often take a back seat to creative instincts which are transmuted to other areas of life. Ruler Moon in the First House: Some game-playing with females which is often based in delusion with no intent to follow though or a believed notion that it was impossible to maintain. Family input reveals a good amount of female attention but no desire on the individual's part to engage anything long-lasting or meaningful. If anything, he was said to be annoyed by the necessity to be polite and temporarily filter his attention away from his dabbling in 'odd invention' or periods of isolated secrecy and disappearance.
- Void 6th House: Someone who is not a workaholic. One that possesses a strong physical body and hearty constitution. Ruler Sun in the First House: One who projects a hardworking image despite that fact that work may not be completed. May be psychologically highly critical of the inner-self looking for perfection. Family input describes an almost dual personality and physical strength that seemed inhuman at times. Perfection of any work was a necessity.



- Void 7th House: One who has an independent nature and has little interest in permanence in relationships. Ruler Mercury in the First House: Difficulty in relating to individual needs of others. Strong independent speech. Family input indicates that the individual had very strong opinions that he was not hesitant to project onto others despite the fact that he never took the time to learn about the lives of those he was harassing. It was often noticed that his mind seemed to be elsewhere when he engaged in conversation.
- Void 8th House: One who holds their own monetarily and not likely to be dependent on others. Ruler Venus in Second House: Has a particular view about values and can appear mercenary about individual rights. Family input notes that the individual was wealthy in his own right and took a hard core stance about his own rights particularly regarding what he seemed to be hiding.
- Void 9th House: Travel of all types (the further the better), expansive philosophies and acceptance of experiences on a personal level. Ruler Jupiter in the 12th House: Moved to explore higher realms including those of the mind. Will sacrifice personal needs for spiritual or enigmatic pursuits. Family input states that they believed the individual often traveled to "far-away" places or abroad often undergoing hardship from time to time to be able to travel. It was believed that he brought back strange objects from these places although he shared very few and did not like them handled by others.
- Void 10th House: No drive to assert the self as a status symbol. Ruler Jupiter in the 12th House: Aims and objectives may be hidden or obscure. Actual career may be unsatisfactory and there may be trouble staying with the status quo. The individual is happiest staying behind the scenes or behind the curtain. Family input cites that despite that fact that his carpentry was largely in demand and his reputation above reproach, the individual disliked praise. It seemed that he always had higher objectives about life but rarely spoke of them stating that others would not understand his thoughts or goals.



The few friendships the individual had over the years eventually dwindled away – one friendship implying that the individual "too strange" and emotionally unreachable. It was believed by family that this particular friend knew more than he was willing to talk about and even seemed frightened when asked.

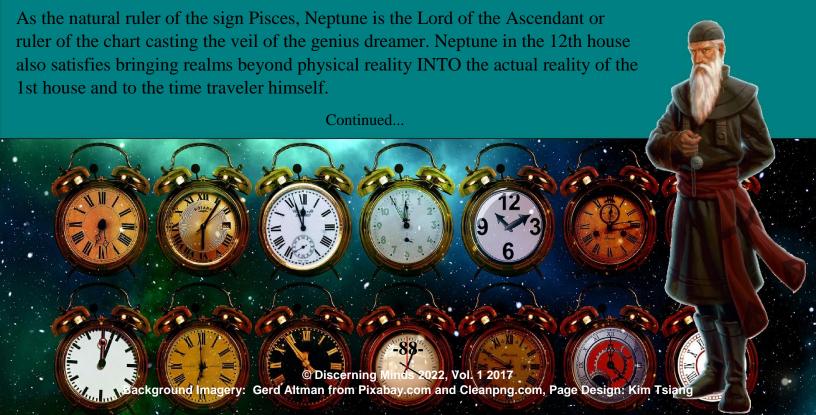
Interestingly the 3rd and 9th Houses (travel – short and long) just qualify for Anaretic Degree known as Karmic Degree indicating that travel of all kinds are tied to a present life destiny according to Karmic Decree. In the chart, they appear in their natural positions with Gemini on the 3rd house cusp and Sagittarius on the 9th house cusp. The 12th house cusp show the sign of Aquarius indicating interest in other realms including time shift related realities.

Intercepted Houses in a chart are thought to indicate that which is hidden or that which is not implemented until later in life. The intercepted planet Uranus is tightly conjunct the intercepted North Node in the 2nd House designating odd unexpected events in the lifetime that are unseen or kept hidden. The proverbial rug gets pulled out from under throughout life and calls attention to what is really valued in life. The North Node posited in the 2nd House also indicates that this man was perfectly capable of keeping "secrets." Moving on with some 'notables':

There are no retrograde planets in the chart so this man was strictly of the attitude that what you see is what you get. Depending upon theory it can also indicate that the time traveling talent was not necessarily tied to residual talent from a past life.

Planets in pairs are also considered to indicate specialty with focus.

Neptune (12th house, its natural domain) is in an out of house conjunction with the Moon (1st house), both in the sign of Pisces. According to Ada Muir in *The Degrees of The Zodiac Analyzed*, Neptune at 17 degrees of Pisces relates to someone who has lofty ideas who pushes or struggles to attempt more than can be brought to fruition.

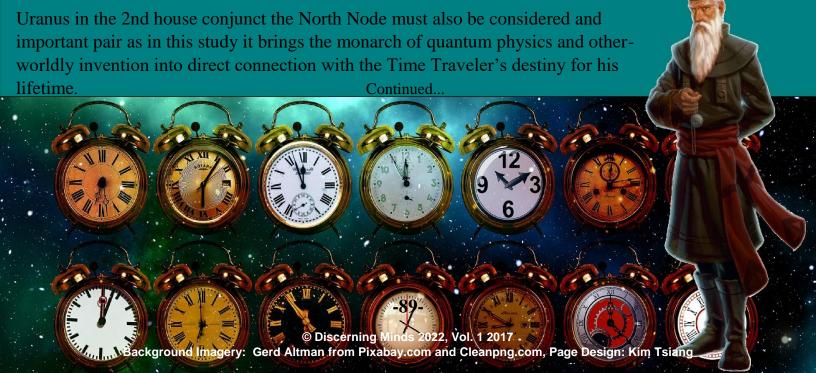


The blending of energies provided by the Moon/Neptune conjunction encases sensitivity to the real world vs beyond the physical possibility. There is actually a desire to escape "the real world" and prefer an alternate reality. The 1st house Moon (in Balsamic phase at birth denoting a future oriented individual with an important destiny) shows an emotional need for independence and autonomy and a desire to withdraw. The Moon also conjuncts the 1st house Mercury also in Pisces so 'sensing' comes easy to this individual. Mercury in Pisces is often described as one who may experience periods where they seem to disappear into a dream world before being jolted back to reality. While this may apply to 'daydreaming' for the Time Traveler is may also be a literal reality. These three planets working closely together from the sign of Pisces often indicate genius at work.

Also in the 1st house are the Sun and Mars in a tight conjunction in Aries. Whenever Mars is in the 1st house of a chart, it tends to dominate the chart and enrich it with Martian energy and tendencies to lead and pioneer especially from its own sign of Aries. This posit at 23 degrees Aries (rounded up) and according to Muir, the energy produces "a wanderer who follows his desires irrespective of the rights and feelings of others." The conjunction to the Sun further demonstrates an impulsiveness with a love for adventure no matter the cost and a willingness to take risks. As Mars is sextile to Jupiter also in the 12th house there is no lack of energy to see things through.

Notable is that Jupiter is in the sign of time travel, Aquarius. From 26 degrees of that sign (rounded up) Muir says, "One who has a duty to perform for the race (mankind), the direction of this being revealed to him as he develops." Jupiter is also sextile the Midheaven showing the opportunity to use advanced technology in one's profession or to enhance one's worldly standing AND is sextiled by the Sun providing plenty of chances to expand the mind and avant garde theory. Venus squares Jupiter providing a warning watch excesses. Jupiter rules the 9th house of long distance travel (in mundane reality or otherwise).

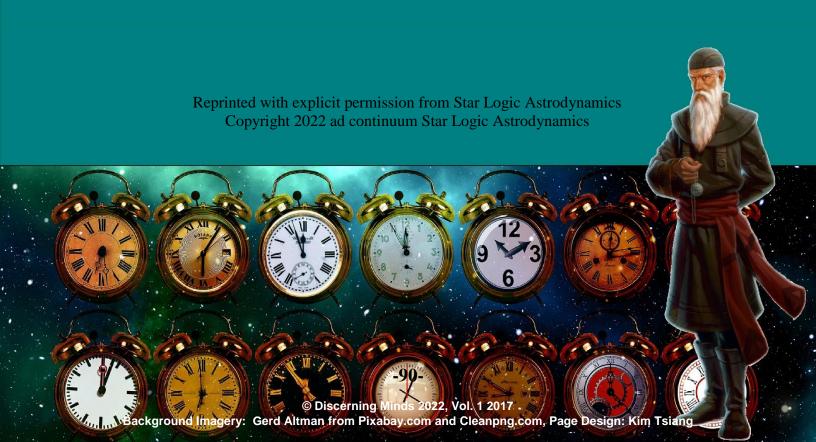
The Sun is in an out of house and out of sign conjunction to Pluto in Taurus in the 2nd house indicating an intense, obsessive individual with great personal power and one who find it easy to rid himself of the unwanted and less powerful. It also intimates that transformation is the key factor in life.



This connection shows destiny is linked with the discovery of new and exciting thoughts and concepts. It warns the Time Traveler that he needs to make sure that he does not seek excitement at all costs, but directs his energies wisely. It is also a challenge to make a contribution to humanity. It sextiles Neptune offering a quantum/science opportunity to the 'vision' of time travel.

Saturn, the ruler of all facets of time and non-time is posited in the 3rd house in the sign of Gemini. It is square Neptune lending some caution about the psychic or other-worldly realms and to the seriousness of his travels.

According to the family history, the Time Traveler left for a 'business trip' on his birthday April 14, 1920. He was never seen again. Follow up in investigation revealed he never made it to the hotel he allegedly reserved for his cross country stay. No foul play was ever discovered. Maybe his reservation was simply at another place in time.





#### Siddhartha's Quantum River

#### By Steve Prellwitz

It is possible to see time itself *as* consciousness; to see the physical & mental *as* the spatial & temporal. One must realize *there is no real difference between the two;* the mental-temporal reality is merely the four dimensional superposition of all the physical-spatial realities. Think of your body at any given moment. Your ego is the quantum physical Observer of this world. The rest of your consciousness is an interference pattern connecting all of your other past (memory) and future (imagination) ego-states to *this* one you are experiencing. All of these ego-states are equally real all the time, simultaneously existing inside a four dimensional superposition or "qwiff" which *is* your spirit.

Dr. Fred Alan Wolf explains it like this in his book *Star Wave*:

Quantum mechanical laws are applicable to our minds as well as our bodies, because our minds are parallel natural worlds to this one. Now, why is there any division between the mental world and the physical world? The answer is "phase harmony". The mental worlds are actually occurring now. What you think here is happening there. The forms of physical reality we experience are not unique. They are formed from harmonies of other parallel realities. This physical existence is just one of many mental existences. It would be better to think of consciousness as capable of being represented on many parallel reality planes. This existence is composed of certain planes in resonance, and these in turn divide into physical and mental existence for each separate plane.

Thus do we see that time does not really exist; it is only the field of consciousness interacting with itself, self-referentially, to collapse the wave function of all possible realities into a single Observed state of being.

In *Siddhartha*, Hermann Hesse uses the analogy of the river to explain this view of reality. He sees the world as a river flowing from the past into the future, in which the individual physical drops of water flow as waves to form the reality of life's dual nature...

"...the river is everywhere at the same time, at the source and at the mouth, at the waterfall, at the ferry, at the current, in the ocean and in the mountains, everywhere, and the present only exists for it, not the shadow of the past, nor the shadow of the future."



He carries this further to explain how we in fact perceive the illusion of time subjectively, as the aging process...

"...I reviewed my life and it was also a river, and Siddhartha the boy, Siddhartha the old man, were only separated by shadows, not through reality. Siddhartha's previous lives were also not in the past, and his death and return to Brahma are not in the future. Nothing was, nothing will be, everything has reality and presence.

Wolf echoes this expression when he describes how parallel worlds are experienced by conscious Observers:

A typical example of how parallel worlds enter human evolution is exhibited by the growth of a child. Both the child and the adult who grew from that child "live" on parallel mental levels. These levels exist side by side but are experienced as past and present by the adult and as present and future by the child. Actually both are alive in parallel universes that do not overlap or extend into each other. In each physical world the other persona is mental.

Another excellent example of this theory is given in the film 2010: The year we make contact. At the end of the previous film in the series, 2001: A space odyssey, Dave the astronaut evolves "up" one dimension via the monolith, transforming him from a three into a four dimensional entity.

Thus, when Dave returns to our plane of reality in 2010, he is constantly changing his physical form; one minute he is a young man, the next he is middle aged, then he is again his newly evolved Starchild self, etc. All of these alternate views are the result of our perceptual rotations around one superpositioned, fluctuating wave state.

David Bohm, a pioneer of quantum theory, suggested that the universe is made up of two orders of existence: the *enfolded*, or potential; and the *unfolded*, or actual. The enfolded order is Nameless, an infinite superposition of all possible manifestations. The unfolded order is the physically present, observable world. Looking at the universe as a single organism, the unfolded order is its body while the enfolded order is its soul. This soul *is* "God". All the Consciousness in the Universe super positioned as one Observer unfolds the physical out of the potential.



We conscious beings are to God as neurons are to a conscious being- the living matter through which self-awareness and the illusion of time arises. Therefore God, the Nameless, is the qwiff or soul of the physical universe, and our collective consciousness is its mind. Again using the analogy of the river, Hesse describes it: Siddhartha listened. He had often heard all this before, all these numerous voices of the river, but today they sounded different. He could no longer distinguish the different voices- the merry voice from the weeping voice, the childish voice from the manly voice. They all belonged to each other: the lament of those who yearn, the laughter of the wise, the cry of indignation and the groan of the dying. They were all interwoven and interlocked, entwined in a thousand ways. And all the voices, goals, yearnings, sorrows, pleasures, all the good and evil, all of them together was the world. All of them together was the stream of events, the music of life. When Siddhartha listened attentively to this river, to this song of a thousand voices; when he did not listen to the sorrow or laughter, when he did not bind his soul to any one particular voice, but heard them all, the whole, the unity; then the great song of a thousand voices consisted of one word: Om- perfection.

## Psychic Prey

#### By Desiree Lucente

As careful as most spiritual people tend to be, we can still fall prey to unscrupulous psychics who have selfish desires for intruding upon the personal space of others.

A good psychic has the ability to tune in on someone anytime, anywhere, for any reason, just as a psychologist can probably spot and identify psychopathic behavior or someone who is really depressed. However, an *ethical psychic*, or *one who serves the light*, would not do such a thing without your express permission. *An unethical psychic*, or one who serves the dark, would not seek permission, instead violating your privacy to serve their own ego needs or whims.

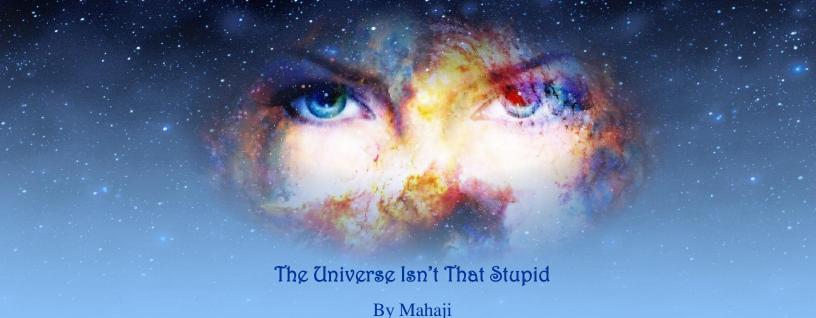
Psychic harassment such as trying to read the Energy Signature of another individual, their aura, or their emotional MO without permission can carry a heavy price for the perpetrator in the Karma department. There is no accidental "read" ... no oops! It is a deliberate act. Someone's energy does not come up and smack you in the face – it requires a calculated effort (btw- it is also a definitive tool used by psychic vampires). Any so called psychic person who tells you otherwise ... "it just happens" ... or ... "I cannot be fooled" ... is most likely a fraud or at the very least an egotist. The signature can also be easily misread – a woman who carries heavy masculine energy can be mistaken for a man and vice versa. Then there is the emotional factor. The Perception-Deception. We are all emotional beings and we have an emotional filter through which psychic input runs. Here is where many, many mistakes are made because one's emotions and memory cells can produce an inaccurate read. A "familiar" energy may not be a familiar energy at all – it merely feels familiar because it has run through an emotional program like a mix and match game ... let's match up what seems to be correct.

People who suffer from psychological rejection based on early conditioning are at the top of the list for the mix and match game. They have a strong need to be right, noticed and even better applauded for their so-called accuracy. In some cases, even though a person may not be able to deliberately hide their signature, they can at times be so detached the signature cannot be read accurately if at all.

According to psychic Erin Pavlova, "I've had experiences where I can't read someone's emotions, energy, or anything because they themselves are dissociated from their own emotions and minds. It's like Troi trying to read Data. I get nothing." Maybe that's a good thing.

An individual should always protect themselves from someone they know or feel is trying to invade them. Psychic Erin Pavlova states, "... you can shield your energy from others using psychic self-defense techniques. Literally imagine a wall or shield between you and the psychic. Push out with your thoughts or energy and say, 'Keep your probe to yourself!'" You can also create your own combinations of energy that you project as you manifest through your emotions, your thoughts, your physical feelings, all of your senses, inner and outer.

There are many working elements to you, and all of these are expressed through energy so go ahead and recalibrate yourself.



When you're in the "business of metaphysics" for a long time you begin to notice certain trends and attitudes that make little common sense especially if you're the type from Missouri who says "show me!" Realistically speaking, metaphysicians are no different than anyone else in any other professional field - be it mundane or spiritual, and it is quite easy for "snobbery" to seep in and infiltrate core beliefs through all those fine smooth edges that meta-specialists think they have rounded out. Metaphysicians can be quite full of themselves at times. One of my pet peeves among the meta-haughty is the "be careful what you put out there syndrome" which includes the popular, "NEVER EVER preface anything you are putting out there with *no*, *not*, *never* or any other negation because the Universe doesn't hear or understand those words and will deliver the worst of consequences upon you." Evidently, according to this theory, the Universe also does not hear or understand expressions or slang either so if an individual is having a bad day and cries out to the heavens in disgust "give me a break," should that person cower in fear because the Universe now will indeed break something or someone because of a spoken word? PERSONALLY I DON'T THINK THE UNIVERSE IS THAT STUPID.

Anyone offering this type of smug advice should shut up and sit down. There, I've said it. I can hear the rumblings now so let me make it clear that yes indeed, I do believe that it is better to be positive than negative but when a person is made to think that they have to restrict themselves according to these types of rules it literally gives birth to superstitious/obsessive behaviors and worst of all, fear. It is also very disturbing when this 'pseudo-positivity' concept is used for manipulation by some 'happy chat' gurus (who quite amazingly also often believe they are earth-bound Ascended Masters) propose that we should all live in some sort of La-La Land where simple human nature is ignored. Metaphysics working at its best is supposed to dispel 'fear' and not create it. This is at the core foundation of all "light works." I must also interject at this point that God, the Great Creator, Life Force Energy or whatever else you want to call it did not set out a plan to make things complicated. We as egotistical humans make things complicated because we simply cannot seem to resist the current psycho-babble du jour. Ah, but alas, I see I have stepped on a few toes so...



Allow me to digress for a moment to explain something about my character... I don't do 'fear' because I was taught not to (how be that for a bunch of negatives?). I had a great teacher who was my dad. He was highly psychic and much attuned to the earth realm and the spirit worlds.

His experiences were plentiful and not always pleasant and while he taught me to have a healthy respect for all things arcane and occult he also taught me that many things people believe and do are a bunch of hooey. I do believe s- - t happens but I have been taught not to fear it. On Saturday afternoons we would sit and watch all the horror and sci-fi shows that were offered and that is when I learned all about those kitchen concocted 50's special effects, ghosts, ghouls, the living dead and even Urban Legends. We lived in a haunted apartment house and he taught me how to handle that without 'fear' as well.

It wasn't long before I became the resident debunker among the younger set. I would be the one to throw open the closet door in a dark room, turn on the lights and show everyone else that there was "nothing in there." Being the resident debunker was not an easy job because the entire neighborhood was full of ethnic superstition. Usually once a week some poor soul was doing whatever he could to rid himself of the Evil Eye by mixing oil and water or by working some sort of counter-spell. None of the neighborhood kids would step on a sidewalk crack for fear of 'breaking their mother's back' or whistle in the dark ... but I did. There was even a *strega* or witch who lived on our street who everyone would consult for everything from love spells to wart removal. People were terrified of this old woman and I think she enjoyed that facet of it but to me she was just a misunderstood and 'spiritually gifted' old lady... AND before you ask, yes, her spells did work... and I speak from personal experience as well as a witness to the outcomes of others. Was I afraid of her or her spells? No.

Now that you understand my stance on 'fear' (because of my exceptional conditioning) let's get back to my take on the Universe. One of the things that amazed me about my Dad was that this guy would challenge the Universe out loud on almost a daily basis which would make the rest of the family cringe yet the Universe never 'struck him down' even though it was <u>literally</u> 'requested'. Despite all of this challenging and 'non-positivity' at times Dad lived a long full life. The Universe never pounded him to a pulp or annihilated him rather, all that venting put him on a new path that usually brought about a solution. Makes you wonder doesn't it? Evidently the Universe 'hears everything,' is able to decipher 'true needs' and acts accordingly.

**-96-** Continued...



Well, how about that? So much for the pseudo-positivity some meta-gurus are putting out there. AND this leads me to the heart of the matter which is INTENTION. Intention is a funny little duck because even when the spoken words or thoughts are negative the real intention behind them is usually "I need help" and this is what the Universe responds to on a very high level. The Universe is not some big dumb Rollo who goes "duh!"

Shame on you if you think so. Shame on you too if you can't recognize your own divinity in the very human reactive form in which you carry it because that's what you do when you simply get too caught up in psycho/pseudo-babble. Trust in yourself without fear and restriction. Honor your gift of free will and speak your mind and your truth in any way you want to express it and the Universe will take care of the rest... Promise!

### Right Madness – Pseudo Scholarship

By Dr. Max Therron

"I'm sorry, if you were right I'd agree with you."

-Robin Williams-

We all know them. Those maddening people who absolutely must be right about everything. Those tenacious crab-like creatures who hook on to an argument and like a disgruntled bulldog who won't let go until they prove their point *to the point* you are brain dead from listening to their pseudo scholarship.

The need to *be right* is one of our cultural memes. It is embedded in all of us. Human beings are capable about arguing about anything and we actually like it. It is invigorating, empowering and ego boosting. We continue to do it even though our brains and consciences know it is the reason behind hatred, violence and even war. When we are caught up in the thrall of an argument that has superseded the rules of *debate* we pay the price and often sever good relationships that had the potential of not only serving ourselves but others.

From the very beginning – the second we incarnate into this world, we are surrounded by the construct of right and wrong. Even our first encounters with education show us that correct answers garner us rewards and success. Correctness saves us from shame and embarrassment. The pity is this has nothing to do with actual learning and everything to do with conditioning. We have lost our way from ancient Greece when a student was rewarded for asking the right question rather than spewing out a correct rote answer.

Our fixation with *beliefs* also get thrown into this recipe. Thoughts and beliefs defend our territories and buoy our boundaries. If we think about it, this is linked to our primal cultures and the need to conquer AND the human ego need to be honored and respected above all – he who has all the toys wins – literally. What we have failed to grasp during our evolution is that the pervasive attachment to always be right erodes our natural instinct to learn.

How can we learn anything new or add it to our mental catalog for consideration when there is such heavy preoccupation with being superior? It produces nothing except weakened communications.

"Life offers a cruel choice: you can be right or happy. Not both." – Albert J. Bernstein

There is a freedom in not being right all the time. It is an escape from linear one dimensional thinking. If we look at this need honestly and with a clear lense, deep down inside we recognize that it is based in fear and aside from the overwhelming need to be credible, it is also based in the overwhelming desire to be in control. Winning an argument takes away the fear and puts one back in control.



Winning an argument takes away the fear and puts one back in control. The sad thing is the identity is all wrapped up in all of this and accepts itself as an inflexible thinker which has become a self-validated way 'to be'. So it must be remembered: "The truth you believe and cling to makes you unavailable to hear anything new." - Pema Chodron

"The more you know, the less you need to show." – Unknown ... is a good place to start. Being willing to engage in a fair dialog without the need to dominate, being unyielding, putting others down, lying, exaggerating, screaming and harassing is the test. Starting out an argument with a clever detraction such as, "consider this" or "I'm no expert but," does not assuage responsibility. In the end there is nothing won and much lost if that test is failed.

"Often after arguing about differing opinions, I hear people say, "Let's agree to disagree." I look forward to a time, so open-minded I'll hear people say, "I'm right and you can be, too" – Paula Heller Garland





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#### SACRED SCIENCES

Rev. Dr. Loni Haas (The Man Who Travelled Time, pg. 84)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Steve Prellwitz (Siddharta's Quantum River, pg. 91)

"Cosmic" Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn't take himself too seriously.

#### Desiree Lucente (Psychic Prey, pg. 94)

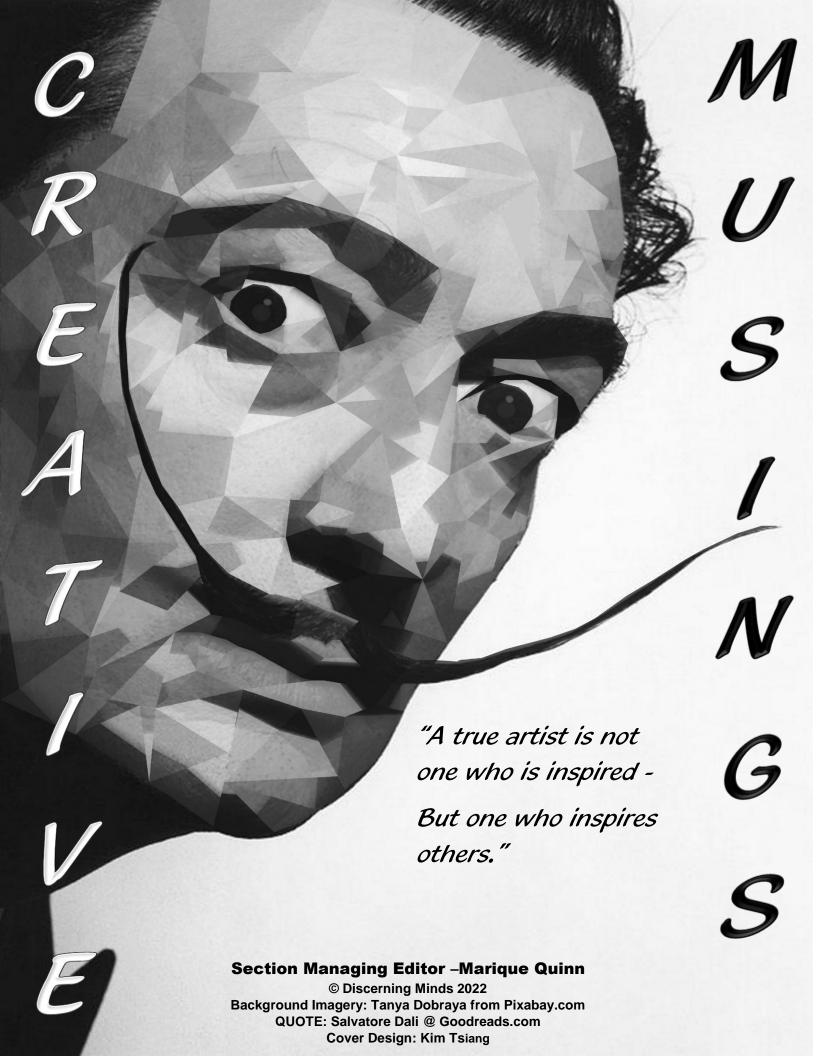
Desiree has studied every path of metaphysics – light and dark for the past 30 years. She is a practicing clairvoyant and aura reader where little escapes her penetrating intensity. She has had many paranormal and supernatural experiences and plans to write a book about them in the near future. Desiree splits her time between living in Florida and Delaware. A vision told her to leave Florida well in advance of Hurricanes Harvey and Irma.

#### Mahaji (The Universe Isn't That Stupid pg.95)

Mahaji, "the Universal Mother" prefers to remain anonymous. She believes her article says it all and that it is the message that is most important. You can visit Mahaji on <a href="https://lightforcenetwork.com/">https://lightforcenetwork.com/</a>

**Dr. Max Therron** (Right Madness – Pseudo Scholarship, pg. 98)

Dr. Max is a retired psychologist who applies his knowledge to metaphysical concepts. He had eight grown children, ten grandchildren, and lives with his wife Rachel in the great American northwest.



## - Creativity Catalog -

#### **Our Artists**

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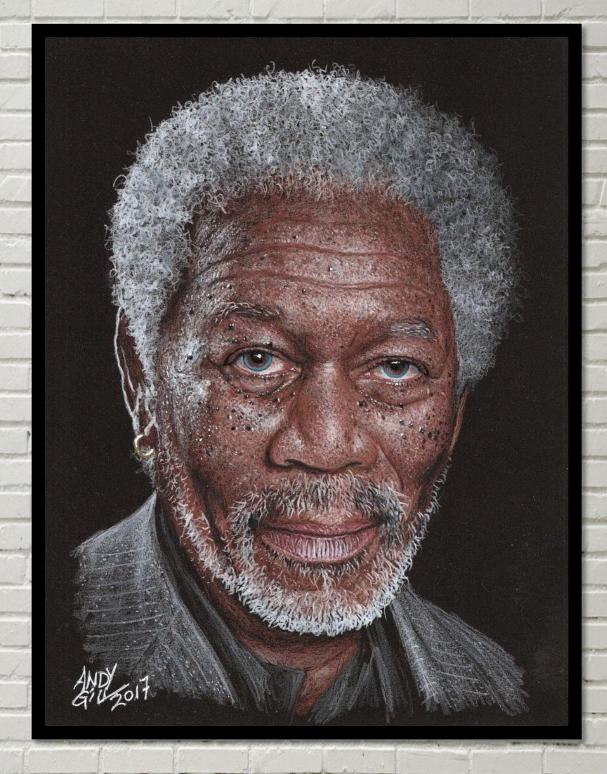




































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# Love Awakens

By Lisa Jaggie Bernthouse

How can you love that which you did not see? And the spirit says oh I have seen How do you love that which you have not touched? And the spirit says oh I have touched How do you love that which you do not know? And the spirit says oh I have known So long ago created in love Two hearts beat as one His strength carrying her through Her love helping him to shine So perfect in unity Their vibration pulsed With the universal heart beat In perfect rhythm with the cosmic light Within them life and creation Within them divine will And so the dance began Waltz of divine love Weaving the fabric of life The circle of life completes The vessel returns to where it came And two hearts adrift in a cosmic sea Always searching always yearning for one another Finds solace in rebirth perchance to find their beloved In the karmic dance of life Till one day the two hearts again join Setting balance to their soul Together rising as a phoenix from the ashes Because love sparked the flame Love was the key And LOVE AWAKENS

# **Natural Path**

By Mikey Pierog

And then it was, the word was laid.

Natural law, stood and stayed.

Entrapment and deceit slowly took rise.

Humans walked out, it was their peaceful prize.

Doing what was said, assuming the answer.

Playing both sides, they were but dancers.

Compassionate from the start, they were brave hearts.

Yet lacking in skills, were still missing some parts.

So they were put into position of a conflicting storm balance was asked and alchemy took form.

What they once were, changed with the times.

"Bless each soul" the mantra played in their minds.

Cycles changed and generations were born

"Do no harm" was the natural law they sworn.

Over the years there outlook did whim and in the storm they found a house within. Yet deceit had roots before humans took foot obstacles were made and entrapment was put. Then creations of long attempted to breach their song. Knowing not of, but only what they see.

Misinterpreted what humans are supposed to be...

An answer to a question, a fulfillment of a quest. We are the 'hu'man bodies, forever to live and be blessed.

# Broken People

By Kelly Kazara

Broken people stumbling around, Their pain intact, Not making a sound, Silent zombies on their phones, Going to work then coming home. 8 hours of sleep if you're lucky, Changing masks, Dead inside but looking plucky, Living day to day, Week to week, Waiting for Friday to release, Never finding inner peace, Stuck like a hamster on a wheel, Sick inside of this never ending spiel, Never questioning what is real. Do you have a heart to feel? Or is comfortably numb the better deal? Just one day to feel alive, To live and love and connect and thrive, Instead of being dead inside.



I remember your last days.

Your fading smile, your quieter ways.

Eyes met in a farewell between mother and daughter,

Tears held inside.

I remember the matching dresses you made.

A vacation at the ocean, you taught me to swim.

I remember our laughter in a motel exercise room,

And looking at the southern full moon.

Memories flow as the winds blow through the autumn trees.

I have crossed that bridge with lessons I've learned.

I may not have known all that you went through,

Time is the distance between me and you.





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# **CREATIVE MUSINGS**

# **John Wheat** (A Castle for All Time, pg. 103)

According to John, "I am a native of Toledo, Ohio, where I developed a fine respect and extreme love for nature and the great outdoors particularly while advancing in the ranks of the Boy Scouts. My father worked for the Toledo Art Museum where I was inspired by the Masters in realism and quest for visual perfection and exactness of detail. A field trip to Washington D.C. and seeing how the Smithsonian documented nature even under a microscope to its exact size, color and texture really gave me a thirst to know how to draw. As I grew up learning Architectural drafting and color photography it gave me insight into what I was looking at and how to draw and paint. If you are looking to have a mural done, painting, portrait, or drawing, of a favorite picture you have, I am available. Instead of learning how to paint yourself, I give free estimates on local commissions in the Cape Coral, Ft. Myers, and Naples, Florida area or will travel outside of Florida. You can contact me at my website: ljwheat@mindspring.com. I can also teach you how to paint and draw and you will get a big discount and learn to paint and draw. I am working on a down loadable version of my class that I give in person, with text, photos in full detail on how it's done to be a self-taught Artist.

#### Steve Kane (Gorgon, pg. 104)

I was born quite a "while back." I drew picture of bugs and bones and some people liked them.

I also drew pictures of girls with bugs and bone. More people liked them. I wrote and painted the book THIRTEEN MOMENTS OF DREAD. My artwork can be found on Facebook and Instagram at the following links:

https://www.facebook.com/search/top/?q=kane%2013%3A27&epa=SEARCH\_BOX

Facebook Kane 13:27

https://www.instagram.com/stevekane1327/

Instagram stevekane1327

## Andy Gill (Morgan Freeman, pg. 105)

John Andrew Gill known as "Andy Gill" was born, In Moncton, New Brunswick, Canada, on November 6th, 1964, the first child ( of two ) John Herald Ronald Gill and Elizabeth Anne Gill ( Burris ). All through grade school (Wyn-wood School, Pleasant Street School, Sunny Side School) Pencils and paper kept his attention over his other classes. High School (Moncton High School 1980 -1984) he started to really focus on drawing (illustrating). From 1984 to 1989, he worked assorted jobs, then took an apprentice position in his father's print shop to acquire certified position as a printing press operator. A tragic turn in his life, ( lose of his parents ) really set him back, but, he decided to leave the printing trade and attend one year (1989-1990) of Mount Allison University ( fine arts ). This was the start of his freelance career, for many local advertising agencies, and Eastern Canada art commissions. Some noted personas Andy was commissioned to illustrate were Former Premier Frank McKenna family portrait, and hockey legion, Paul Henderson. By 1999, he wanted to secure his skills as a designer/cartoonist, and attended MacKenzie College (1999-2000) and decide to pursue the three professions. By 2001-2002, mental illness had finally caught up with Andy, and depression quickly set in. By orders of his Physician and Physicist, he was to take time away for art, and full time employment. By 2006, it was apparent Andy would only maintain any art on a part time bases.

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Continued ...

By 2014 was once again, back at his antique drawing table. Working only part time (semi-retired) has enjoyed a comfortable pace, and achieved some minor attention on Social Media (Facebook, Twitter, Google, and now Youtube). Mostly a self-taught artist, Andy has never been awarded any achievements. The one noticed achievement he has acquired, (recent) was the appearance of a time lapse video of his illustration (Better Call Saul) on the International TV station AMC (American Movie Channel) during the airing (and, ongoing commercial airing of), The Walking Dead. Andy continues to create at his art, in his luxurious forest villa (Trailer Park ... ha-ha) in an undisclosed address, with 5 cats, BoBo, Bandit, Rufus, Dusty, and Buddy. Andy's artwork can be found at the following links to purchase and see his artwork:

https://www.deviantart.com/andygill1964

https://twitter.com/Andy Gill48

https://www.facebook.com/AndyGill1964/

The latest Tweets from Andy Gill (@Andy\_Gill48). I am a freelance illustrator/designer/cartoonist based out of Moncton, New Brunswick, Canada twitter.com

#### Mer Mandela (Happiness Is... pg. 106)

Born and raised in Riverview, NB Mer Mandela was always creative however it wasn't until 2015 after getting injured that she began her artistic career full time. With no formal training this free hand artist dives into anything thrown her way. In just 3 years she has tested herself with acrylic painting, blacklight painting, body painting, murals, and clothing design and live painting at several music festivals, and does so with passion and flare. Upon her creative beginning; she alongside her partner began Redbush Studios: A rogue blacklight art studio in her hometown of Riverview where they are in constant growth. Her goal is to provide others with a unique artistic experience. One where you can have a one on one private consultation with her so she can bring your exact vision to life. She prides herself with complete customer satisfaction and truly treats each person as a good friend. Her love for blacklight art was discovered early and is her drug of choice. One painting able to create two different looks and express different feelings with the use of a blacklight. When she is not creating for others you can find her designing the studio and bringing her own visions to life. Her goal is to continue this new passion, collaborating and connecting with other artists, musicians and all around good people from all over the world. She believes the greatest messages in life can be portrayed through visual stimulation. She now lives in the moment, knowing that in one second life can change. Her message is to embrace your weirdness and let your creative juices flow! You can follow her journey at:

www.facebook.com/Redbushstudio http://www.redbubble.com/people/mermandela www.instagram.com/lil\_gingie\_snap





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Continued ...

## David Pierce (Diner, pg.107)

My name is David Pierce but have gone by the nickname Bo all my life. I was a heavy industrial diesel mechanic as a career until I hurt my neck and couldn't do that job anymore because of nerve damage. I always enjoyed art as a hobby but never did much with it because life got in the way. About 6 years ago I finally got disability and started putting everything I had into studying art. It became my passion. I am not good at the business side but I am getting pretty good at the creative side. I hope you enjoy my work.

Jeff Church (Gummy Bear, pg. 108)

I was Texas born and raised. I am an acrylic, mixed media, digital and spray paint artist. I specialize in funky art and digital manipulations of my artwork and photography. My artwork can be found at https://www.facebook.com/The-Art-of-Jeff-Church-661084990958311/

#### Beth Faraglia (Scorpio, pg. 109)

I feel most comfortable in nature, by water. In my work I try to capture the way I feel in natural settings as I am laying down the color. Often working from photos I take while traveling I remember what I felt and paint those feelings. More of my work can be seen on Facebook: Beth Faraglia Fine Art and on Instagram @bethfaraglia

## Jon C Munson II (Little Sunshine, pg. 110)

Jon did not begin life as an artist – he didn't grow up with pencil and pad at hand, though he did take a few art classes in his youth, and architecture/mechanical drawing in High School. Perhaps working for an art supply company, Visual Systems, after graduating from High School provided the seed to pursue art. Or, perhaps, art is in his blood – running in the family with gifted siblings and mother, and his grandfather was given a job proposal by Walt Disney. The exposure to art supplies (and experimenting) left a lasting impression that, in the later 2000's, germinated and grew into the pursuit of digital art, learning from notable teachers such as Tim Shelbourne, Skip Allen and Karen Bonaker. Jon enjoys digital painting and all the possibilities it offers for creating works that are unique and expressive, and still has plenty of opportunities to grow in the medium. He tackles graphic art/design, watercolor, and oils, creating pieces from portraiture to abstracts in addition to commissions. He also looks forward to working more with real media in a proper studio – wanting to focus on oils.

More of his art can be seen at: https://jon-munson-ii.pixels.com

He can be reached at: JMunsonII@protonmail.com





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Continued ...

# Mary Travis (Patti's Daughter, pg. 111)

I started doing portrait sketches when I was about 8. I was a very sickly child so spent a lot of time bedbound. When I told my mother how desperately bored I was she gave me a pad of sketch paper and some art pencils and told me to draw. The first thing I drew was my mother and it came out pretty good. I have been doing portrait sketches ever since. I do pencil portraits from photos I am given to draw. I made a lot of money while in college doing peoples boyfriends from the people in my dorm. I also do shell crafting by commission.

My artwork can be found at https://travistype.wixsite.com/website

Also on Facebook https://www.facebook.com/mariqueq

To contact me about a commission contact me at travistype@hotmail.com or call me at 941-883-6557 or IM me on Facebook.

## Renata Baillie (Doll Shoppe, pg. 112)

I was born and raised in Hungary but I have been living in the United States for the past 20 years. I am a self-taught sculptor, silicone caster and silicone artist. I focus on hyperrealism in movement, paint and special effects artistry during the creation of my dolls. I sculpt my dolls from clay then mold them, cast them into silicone finally finish them with paint and micro root their hair, eyelashes and other special effects to push the boundaries of realism. All of my dolls are unique and "life like" not only visually but also the way they feel to the touch and their movement reflects a real life infant's movements. I can be reached at:

https://www.facebook.com/Precious-Creations-103505614772215/

PreciousCreations@gmail.com

#### Lyn Jenner (Art Gallery, pg. 113)

You Can't See Me, is all about feeling the pressure of people wanting you to do. They peck and peck until you can't cope any more. You just want to hide yourself from the world and not be seen. I felt battered and used and so very tired. It's like when people forget to actually see the human, they just see someone as a wife, you're only wanted for what you can do for someone. I guess my art is cathartic. Original images are at width 4500pixels so good to print on canvas/card/gloss or t-shirts.

My artwork can be found at www.darkskydesign.co.uk and Instagram @darksky design

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Continued ...

## Lisa Jaggie (Love Awakens, pg. 114)

"I have loved to write since childhood. Poetry has always seemed to be the song to my soul. I do not talk much about myself but I do put my heart into my words, pen to paper or keystroke to screen, as it is these days. Most of what I write comes from snippets of dreams and sometimes comes from what seems feelings of a time long before me. I hope you all enjoy what I write as it's my biggest passion in life after humanity."

## Mikey Pierog (Natural Path, pg.115)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey is an Administrator and Executive Manager on <a href="https://www.lightforcenetwork.com/">https://www.lightforcenetwork.com/</a>.

#### Kelly Kazara (Broken People, pg. 116)

I grew up in Liverpool, UK and still live there with my husband and my devoted cat. I love to write free form poetry. I have been writing poetry ever since I learned how to write. It is a creative and emotional outlet for me. I see things in the world that really find distressing or things that could change for the better if only people would change a little. I write about events going on in the world around us and also about people and their natures and frailties and the senseless violence in the world and just plain wrong and senseless things that I see going on. I am an idealist. Writing helps with my frustrations about the state of the UK and around the world. I do not write for others, I write for myself. I get impressions or inspirations and just write it down.

## Dee Stebbins (Poetry Gallery, Pg. 117)

I started writing poetry in my early 20s, life motivated me to write. I love flowers and doing floral arrangements, I love to plant things. I like walking, reading, sci-fi and romance novels and mysteries. I like movies. I grew up in a small town in Illinois, and am an only child. I have diamond doves which I am raising. They are very small doves the size of parakeets. They are bluish gray with white dots on their wings and orange eye circles around their red eyes. I love raising doves, they are so cute. I love to bird watch as well, and walk on the trails birdwatching. Birds are my favorite of God's creatures.

# ODD VANT GUARDE

Section Managing Editor - Oscar "Trashman" Corelli



Talk sense to a fool and he'll call you a fool ...

# The Unauthorized Past Life Celebrity Readings

By Rev. Roger Teeter

It has been my observation that the synergy that underlies the success or challenges in life, business ventures, and entertainment projects of various celebrities is due to their tapping knowingly or unknowingly into their Soul's book of life. They are fulfilling a commitment made before they were born to be role models and leaders. As actors, and do remember that Shakespeare said we are <u>all</u> actors on the stage of life, they as well as we have to resolve those life experiences, good or bad. That locks all of us into ripples in time in order to start the next cosmic cycle fresh.

Indeed, have you ever wondered ... Why do various people become celebrities? How do they gain their positions? What causes such drama around them? Where do their various challenges come from? When does talent for a job develop?

It is up to the individuals involved to determine how this applies to their life's challenges. Most of all, do not accept the following application as 'truth' just because I say it. Check it out for yourself and see if it is practical, both for personal growth and self-empowerment as well as for the good of all concerned.

This end of time that many are dreading is in truth, our moving into a new cosmic year, and approximately twenty-six thousand year cycle around the central Sun of our Universe. All twelve levels of the "self' must be cleared and connected. We must talk to one another for the fullness of our spirituality and for the nourishment of our physical bodies in order to start the next cosmic cycle fresh. That which shall heal Mother Earth is for each of us to surrender to the healing of ourselves. Let us tune in with the various readings presented here and see how they fit into the drama of life.

The following is a sample of Unauthorized Past Life Readings of seven celebrities that are for <u>ENTERTAINMENT PURPOSES ONLY</u> ... possibly interesting fiction that is a result of my imagination or perhaps not!

JOHNNY DEPP (9 June 1963)

One of Mr. Depp's more notable lives was that of Buster Keaton. His life as a student of Carl Jung has influenced many of Johnny's role choices. He was the leader of the Essene Group that left Egypt also known as the gypsies.

They were the body guards of Mary Magdalene, her children and her descendants. If Johnny so chooses to access that life he has the potential to remember many of their ancient secrets. His success as Jack Sparrow in the *Pirates of the Caribbean* is due to a past life as Blackbeard's first born son.

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In addition, he was Jean Lafitte who was graceful and elegant in manners and accomplished in conversation ... the 'Prince of Pirates.' If he so chooses he can access this lifetime to do a remake of Cecil B. Demille's *The Buccaneer*. These lives influenced his writing as Sir James Berry, the author of *Peter Pan*.

# LEONARDO DICAPRIO (11 November 1974)

At the time of Alexander the Great, Mr. DiCaprio was a scribe/observer who recorded the events surrounding one of history's greatest generals. He was also a member of William Shakespeare's troop, first playing the role of Juliet. In France, he was Alexander Dumas utilizing his potential to change the mindset of the public by spinning many a tale in order to get people to think. At this end of time, Mr. DiCaprio has to resolve his many lives the last of which was that of Howard Hughes. His 'past' as a gang leader, con artist and razzle dazzle artist gives depth to many of his successful roles. If he so chooses he can utilize his ancient Druid teachings to change people through satire while telling his 'truth' striving to reveal information that awakes the public while serving the Plan and Mother Earth.

# JOHN TRAVOLTA (18 February 1954)

The main reason that Mr. Travolta plays gangsters so well is because he died in 1953 in Vegas before the town hit its heyday. He was called Benjamin 'Bugsy' Siegel. This is where he gained an interest in the theatrical world and noticed how the common man enjoyed it. If the "Family" had let him create the place he envisioned, Vegas would have had a 90's atmosphere in the 50's. John's interest in Scientology is a restoration of his Atlantean teachings. Scientology has been revitalized and taken up by many people today because Atlanteans had withdrawn from spirituality and religion and instead focused on technology, science, and the manipulation of Angels. At the end of Atlantis, Mr. Travolta, Kirstie Alley, and Oprah Winfrey formed a triunity on the charge of the Lord and Lady of Atlantis to sever and preserve the ancient knowledge of Atlantis in a western desert cave high in the Mystery Mountains. Once the time is right, they will be given access to these ancient records/devices.

# KIRSTIE ALLEY (12 January 1951)

Her last life as Carole Lombard, one of Hollywood's top comedic actresses was cut short with a plane wreck. She is back to restore the Atlantean teachings based on sacred Geometry and how it affects the human form. Working for the highest good of all concerned, she accesses ancient Druidic teachings about dragon energy. She must learn to fly with both Dragons and Angels in order to heal her inner daemons.

Continued...

# OPRAH WINFREY (29 January 1954)

Ms. Winfrey is a guardian of the plan and the planet. She has a mission to learn/teach using multimedia communication techniques for herself and those who are seeking. She has created an open forum knowingly or unknowingly drawing her to relationships based upon many past lives in order to serve God/Spirit/Source. Approximately 12,500 years ago, Ms. Winfrey was a student of Ra Ta, at the Temple of Beautification and Purification in Heliopolis, Egypt. In this lifetime Ra Ta was known as psychic healer Edgar Casey. Ms. Winfrey was an Atlantean High Priestess of Isis who was trained in using delsictonic tones, crystals, and light in order to heal multi-dimensionally. Undoing the old experiments that are encoded in the illusions of form will uncover the temple complex that has been covered for approximately six thousand years since the last inter-stellar war which is described in Eastern manuscripts. It is possible for Ms. Winfrey, using her gifts of Spirit, to remember this time and work with archeologists in order to uncover this temple complex.

# WHOOPI GOLDBERG (13 November 1955)

Among her past lifetime experiences, Ms. Goldberg has been a singer, an entertainer, and a bard. One of the strongest influences was the life prior to this one where she was a showgirl in a sister act in the Follies Bergeres. This is where the underlying theme for *Sister Act* came from. She grew up in a nunnery and left it for a singing career. With the advent of W.W. II and the German occupation, she was able to access and relay information from the German officers to the Allies via the French Resistance. She was instrumental in providing information that helped the Allies invade on D-Day by letting them know of troop movements on the continent. Rather than be executed, she left for Switzerland and a Bern nunnery. While traveling to Bern she came down with pneumonia and died. She may still be very susceptible to cold weather today.

Posthumously, there was a cross de guerre placed on her grave site or near it to honor her service to the French Resistance. She was also the lady who wrote a song in 1863 that has been sung around the world. It was a tribute to the warring nature of man and the peacefulness of God. The song was the *Battle Hymn of the Republic*.

# NICHOLAS CAGE (7 January 1964)

The entrance into form took place 250,000 years ago as a member of the Thirteenth ray (the silver, gold, white crystalline ray). Those under this Ray are known as the Ancient White Mystical Brotherhood after the Order of Melchizedek who come to Earth at the call of Master Jesus who is the last High Priest of the Order of Melchizedek forever. He arrived in the Lemurian capitol which is buried in silt off the coast of Maui. Approximately three thousand feet down, located at the center of the city is a twelve sided double pyramid which has an open courtyard with an amethyst bed that is four by eight feet supported by six crystalline columns.

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This is where the shining ones collected the material necessary to create third dimensional bodies. Mr. Cage created the position of Kahuna which refers to one of those leaders who created the system of positive thinking known as Huna. After serving for thousands of years he chose to leave this form. He returned to embodiment, as one of the Knights of the White Rose defined as a champion from Antares in the constellation Bootes who make up the Delta sector of the Ashtar Command (police force of Archangel Michael formed in preparation for battle with Meldak's fleet). Mr. Cage flew his Delta ship, which looks amazingly like a Stealth Bomber without jet engines into the Crown of the Andes Mountains parking his ship beside the others. He walked to the tubes (subway) and traveled to Machu Picchu when it was a flourishing surface star base. His first few hundred years back on Earth were spent setting up world-wide training camps for the warriors teaching preparedness for the days to come.



# The Box

# By Connor Cameron

As is apparently obvious, I like thinking inside the proverbial box rather than *outside it*. The reason for that is creativity. Figuratively, pondering inside the box is to think in traditional fashion, bound by old, nonfunctional, or limiting structures, rules, or practices. (As if thinking or creativity were confined or limited by a figurative box!) Would-be innovators are told to "think outside the box", however people are at their most creative when they focus on the internal aspects of a situation or problem—and when they constrain their options rather than broaden them.

Have you ever asked someone or a group of people to think outside the box? This question usually comes up with something isn't going quite right or needs to be improved upon. The response is usually, "Sure, I'll think outside the box with you." These sessions are usually filled with a storm of ideas. But have you ever considered thinking inside the box? More than likely you haven't, because we don't often define this box we refer to all the time.

Here is one of my favorite explanations in an excerpt by Fred Nikols:

We are regularly told to think outside the box. Try telling that to Jack. The problem with giving that advice to Jack is that he can't get out of the box. I've got news for you; neither can you.

Neither can I nor can anyone else for that matter. None of us can think outside the box, not really. All of our thinking is imprisoned inside the "box" formed by our beliefs, preconceptions, values, biases, knowledge and perceptions to name just some of the "sides" of our individual boxes. We can't get outside the box because it is who we are. Even when we try to get outside the box our efforts to do so must take place inside the box. We're stuck with it and, like Jack, we're stuck in it.

Why do you want to get outside the box anyway? Are you looking for new ideas, new insights, creative or innovative approaches to old problems or maybe to new ones? What's wrong with what's inside the box? Is it not up to the task at hand? How would you know if you did get outside the box? My answer is that you wouldn't. You couldn't. All you can recognize is what your box will let you recognize. Getting outside the box is a doomed endeavor.

Have you ever seen an Ouroboros? It's a symbol of a snake or a dragon chewing on its own tail.

It would make a good logo for efforts box can only chew on itself. What about learning, growing, open to new ideas and ways of your mind – and mine –and outside our minds.

To paraphrase Pogo, "They is something about what goes on in

aimed at getting outside the box. The are we talking about? We're talking improving, changing and being thinking. We're talking about everyone else's. But we can't get

us." However, we can do there.

Continued.....

The best thing you can do is open the box. You see, the stuff in a closed box is fixed, static, unchanging and, quite literally, in the dark. A closed box can do only what it already can do. But, if you open the box, you can let new stuff in and that new stuff will interact with the old stuff and create some more new stuff inside the box. You can, then, change what the box has in it and what it can do but you don't need to get out of the box to do that; you just need to let more stuff in.

Indeed, as I've been hammering home, you can't get outside the box anyway. Another thing we can do is bring together a bunch of different boxes and let their interactions generate stuff that's not to be found inside any one of the boxes. Guess what? Once that's done, this new stuff is now inside the box. (Well, it makes its way inside the ones that were open. The closed ones don't change.)

Anyway, there's no escaping the box.

https://www.nickols.us/ThinkInsidetheBox.pdf



# Bitche

# Aly 'Zephyr' Nizen

I like to bitch.

I like to bitch A LOT.

Bitch, bitch, bitch.

Complain is my middle name.

It's the usual - people are not only wrong - they are always wrong. No one understands me. It's raining, it's snowing, it's too hot, and it's too cold. I have nothing to wear. There is nothing good on TV. My head hurts, my back hurts, and even my @ss hurts. My boss stinks, my job stinks - hell, my life stinks!

So, how is this working for me? After a few seconds of satisfaction and attention the outcome is:

#### I AM MISERABLE

What am I doing wrong? Could it be that I am expecting others or some outside stimulus to fulfill my needs?

Maybe I just need to stop being lazy OR maybe I am suffering from the projection boomerang.

Let's face it. The world is a nothing more than a projection of what is going on inside you. If you a dissatisfied within yourself then the outside world can be a place of misery and horrors.

If balance and reality are applied then it really is not so bad out there. This of course requires an objective attitude and a release of some pretty subjective ingrained habitual thinking. If I am intent upon self-victimization then my goose is pretty much cooked and I will stay entrenched in misery because nothing will ever look good out there and people, well they will always be nothing but a bunch of cold-hearted b\*tches and b\*astards. Right?

What ensues from this behavior is one ruined relationship after another until they are no relationships left and a self-imposed hermitsville. No one wants to listen to constant fault-finding. I'm not gaining any human points, just created a whole lot of suffering.

Continued...

130-

The funny part about all of this behavior is that there are successful people out there who fit into this whine/opine category. They have money, cars, jewels, even fame but in almost all cases no decent relationships that last. Happiness is not in "things" but occurs in relations with others. Hmmm, why can't it be figured out? They just keep bitching because it is familiar and comfortable.

Why?

Maybe it's just a lack of fortitude based in fear.

Maybe it's time to step out of the loop.

That's where confidence steps in - and yes lack of real confidence is an extension of fear leading to more aggression and a hate for life circumstances. Maybe it drove you to accomplishment but there was also dissatisfaction and maybe even self-loathing which was projected outward. It has been your problem the whole time. It's how you turned yourself into the bitch bully that you are.

Try letting some gratitude step in.

Gratitude you say?

Yes, gratitude so stop bitching. Let the sun shine in.

You may have nothing but when you think about something as simple as a beautiful day is enough to feel gratitude.

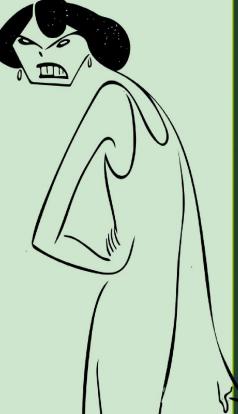
It's a beautiful day and a good start to what I want or need to do today.

Wow. There's an eye-opener.

Train yourself to see a happy ending no matter where you are or what you are doing. Just visualize it and see what happens. And for heaven's sake find some humor in the fallacies of life.

"The struggle ends when gratitude begins." Neale Donald Walsch

OK. I'm done bitching.



# And the Devil Howls

# Jonathan Corelli

For most citizens, our personal character is an important part of our lives and we take offense when someone attempts to defame that character by spreading lies and rumors.<sup>1</sup>

Greetings citizens – Holmes at your service ready to regale you with yet more tantalizing tidbits to raise your outrage and satisfy your sense of selfliness (yes I made up that term).

66 and 6:

# And up above, the angels sing ...

According to the Josephson Institute, there are six pillars of character. Those pillars are:

- Trustworthiness: Means the person has good integrity, is honest, is reliable and is loyal.
- Respect: Means the person treats others the way he or she wants to be treated, has a high level of tolerance and acceptance, is nonviolent and is courteous.
- Responsibility: Means they know what they are responsible for, are held accountable, pursue excellence and have high levels of self-control.
- Fairness: Means they are open-minded and are fair and just. They treat everyone the same, giving every person the same consideration when comparing the facts and coming to a decision.
- Caring: Means they have a high concern for others and are very charitable. They are well known in the community for their charitable work and donations.
- Good Citizenship: Means they do their share in the community, at home and at work. They also have a high respect for authority and the law.<sup>2</sup>

# And down below, the devil howls ...

Anyone with a personal vendetta, a high level of jealousy, a psychological need to disagree and/or is being emotionally undermined by a bad experience can become a defamer. And what are all of these things based in kiddies?

Perhaps some displaced needs of Ego aka Output, Evacuating Grimm's Outhouse, etc. space, statements will be made and continue the perpetrator knows them to be false ruined, eradicated and wiped clean off the defamation, libel and slander are some of Easing God Out, Erasing Good
In the wide world of media and cyber
to be publicized and printed even though
because by golly, *that person* needs to be
earth. After all Pride and its offspring
the devil's favorite sins.

Continued...

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Nancy Willard with the Center for Safe and Responsible Internet Use (CSRIU) has developed this useful taxonomy of the various forms of cyber bullying. Low and behold there are six of these as well:

- Harassment: Repeatedly sending offensive, rude, and insulting messages
- **Denigration:** Distributing information about another that is derogatory and untrue through posting it on a Web page, sending it to others through email or instant messaging, or posting or sending digitally altered photos of someone
- Flaming: Online "fighting" using electronic messages with angry, vulgar language
- **Impersonation:** Breaking into an email or social networking account and using that person's online identity to send or post vicious or embarrassing material to/about others.
- Outing and Trickery: Sharing someone's secrets or embarrassing information, or tricking someone into revealing secrets or embarrassing information and forwarding it to others
- **Cyber Stalking:** Repeatedly sending messages that include threats of harm or are highly intimidating, or engaging in other online activities that make a person afraid for his or her safety (depending on the content of the message, it may be illegal).<sup>3</sup>

# Busy fella that devil.

Now what gets *really* interesting with all of this is that a cyber defamer will actually believe that they embrace the six pillars of character and the *other* person, the recipient of their vindictive hatred is actually the bad guy. The devil gave them a quest you see, simply put, to destroy another human being. It's all very convoluted. And, the more creative they get the better ... falsehoods based on assumptions, fabricated evidence, bogus claims, contrived visuals, character assassination, you name it. The devil loves a bad boy/gal who just hates to be wrong and once the devil's protégé is on a 'role' roll the more extended the attack gets. They are obsessed and possessed.

# And here on Earth, the people rally ...

# Things to remember:

The cyber defamer is out to destroy both often they think they are safe via been identified or feel there is a high risk of more concerned with getting their fat butt harassment.

the online and offline reputation and anonymity however, once they have being identified they will become out of the fire rather than to continue

Continued...

You can hire an online crisis specialist (which is what I did with excellent results) who have many resources including connections with cyber investigators and defamation attorneys.

Continue to build your good online relationships and connections. Cyber defamers hate success.

Remain and maintain business mode and uphold pillar characteristics.

Save and retain all emails and make a visit to local law enforcement and file a complaint that will remain on file as a record in case you need to take further legal action later.

Report them and get the libelous material removed. All you need to do is find any place on the website where the author makes use of your name, personal information or any other "personal material," without your permission.

## 666 ...

There you have it folks. I was inspired to compose this opine because members on this site (including myself) and the site itself has, for over a year, been harassed and attacked by a cyber bully and defamer.

Yet, the times they are a changing ...

The devil has him numbered. His forehead has been stamped.

## Resources:

1, 2 http://nobullying.com/defamation/



 $<sup>^{3}\ \</sup>mathrm{ht\underline{tp://www.violencepreventionworks.org/public/cyber\_bullying.page}$ 

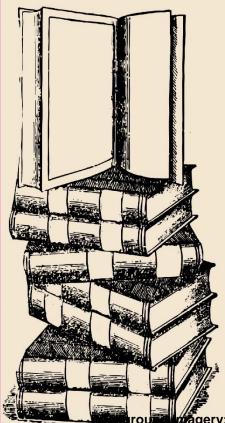
Pfft

By Skywriter



Meet Pfft. For a long time Pfft was very morose because he felt stupid. He greatly admired his friends who seemed to possess knowledge and he marveled at their intricately detailed discussions about all sorts of topics. One day, Pfft decided to see just how stupid he really was so he went online and found a stupid test.

To his great surprise, Pfft found out that he was only 11% stupid which meant he was pretty darn smart! So Pfft made a decision. He decided to study Metaphysics because it was the one thing none of his friends seemed to know much about. If he could become knowledgeable enough he might even be able to answer those questions to which they had no answers and he could find his rightful place amongst his peers. He bought a few recommended "beginner" tomes and after reading those decided that Metaphysics was indeed a great way to become even smarter!



Eventually one thing led to another and before he was through he had studied many great works - philosophy, ontology, cosmology, epistemology, alchemy, astrology, numerology, psychology, hypnotherapy, holographic universalism, sacred geometry, angelics, demonics, auras, ufology, inter-dimensionality, parapsychology, psychic phenomena, reincarnation, spirituality, theosophy, all religions, Wicca, paganism, Universal Law, Quantum physics, the Divine, the non-Divine, secret societies, conspiracy theories, the above abnormal, sub normal, below normal, anything and everything t Pfft had become a veritable fountain of esoteric knowledge. He was a walking encyclopedia who had mastered the secrets of the Universe. He amazed and enthralled his friends who had begun to call him Guru. He never questioned anything because he knew it all and even better he had the proof and why not? He'd read all the books, seen all the movies, taken all the classes and listened to all the lectures. He wore hard cold fact like a badge. He ruled, he was the grand maestro, he was the KING ... no one had it over Pfft. Nothing surpassed his knowledge except perhaps his Ego. Continued...

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One day on his way to give a sold out demand performance lecture, he saw a little girl sitting under a tree. She was intently thumbing through a large cumbersome book. When she saw him walking by her, she said:

"I know you! You are Mr. Pfft. You have all the answers to all the questions. Can I ask you a question?"

Pfft was a little annoyed as he would be late for his appearance but he figured it certainly couldn't take that long to answer such a little girl with such a small brain in her head.

"All right little girl, what is it?"

"Well Mr. Pfft. I was wondering about the truth."

"This is easy child," said Mr. Pfft, "the truth is that which is written or said in agreement with reality."

The child looked puzzled and said, "Whose reality Mr. Pfft?"

"Everyone's reality child!"

"How do you know that Mr. Pfft?"

Pfft was growing annoyed because now he was definitely going to be late for his appearance.

"I know this because I am very, very wise."

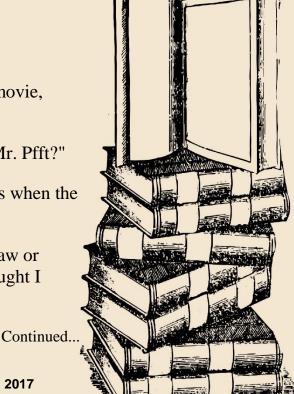
"How did you get so wise Mr. Pfft?"

"I am wise because I have studied and read, watched every movie, have taken many classes and listened to many lectures."

"I see," said the little girl. "Did you ever ask any questions Mr. Pfft?"

Pfft grew indignant. "Why should I have asked any questions when the answers were right there for me to see and hear as proof?"

"Well, what would happen if I did not believe everything I saw or heard even if there was proof in favor of it all? What if I thought I needed to look somewhere else?" queried the little girl.



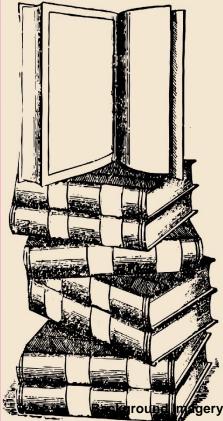
"Then you would be a very silly little girl for wasting your time and not believing what you saw and heard and read! Have you no brain or any sense? I was once very stupid as you can see now I am quite smart." With that Pfft hurried away.

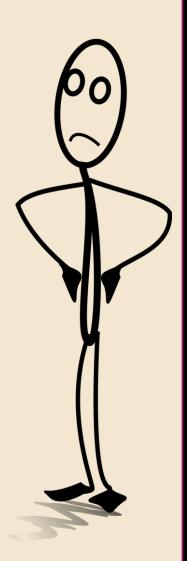
The little girl opened her the cumbersome dictionary on her lap and flipped through the pages concentrating on Mr. Pfft's words. When she found what she was looking for her fingers traced the words as she read aloud:

"STUPID - formed without reason or judgment; gullible; lacking in common sense; taking things at face value; easily deceived and naive; ill advised; lack of discernment; displaced ego needs; lack of practical sagacity; irrational, foolish; idiotic; asinine."

The little girl looked up and smiled. Mr. Pfft was still stupid and that made perfect sense to her.

"Many have been the wise speeches of fools, though not so many as the foolish speeches of wise men." ~ Thomas Fuller









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# ODD VANT GUARDE

Rev. Roger Teeter (The Unauthorized Past Life Celebrity Readings, Pg. 124)

This bio and the article are posted posthumously in honor of Roger Teeter. Rev. Roger was a Universal Life Minister who came into the gift of Spirit in 1985. He was a certified Hypnotherapist specializing in Cathartic Integration Techniques. Roger utilized many modalities in his work – channeling, vision, Clairvoyance, Clairaudience, precognitive awareness of the Akashic records, Psycometry, Dragon's Breath, Reiki, Zenith, and Star Maps to assist individuals in developing their hidden talents.

# Connor "In the Box" Cameron (The Box, pg. 128)

Connor is married and lives in the northern mid-west US. He is currently working on a Ph.D. in Psychology. Obviously he enjoys analogies to thinking either inside or outside the proverbial "box." In his free time he enjoys skiing and hydroponic gardening.

## Aly 'Zephyr' Nizen (Bitcho, pg. 130)

Aly is a registered nurse who hails from the northeast USA. On the weekends she teaches Yoga classes for adults and children. She is known for her patience and skill which combines several different disciplines that she filters into an understandable western view based upon the mental and spiritual level of her students. In her free time, she allows her muse to guide her as she pens what she refers to as 'human observation shorts.'

## Jonathan H. Corelli (And the Devil Howls, pg.132)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."

## Skywriter (Pfft, pg.135)

Skywriter prefers to use a penname and likes to be considered as the 'humorous Cosmobiologist.' Skywriter lives in southeast USA. You can visit Skywriter on <a href="https://www.lightforcenetwork.com">www.lightforcenetwork.com</a>.