



DISCERNING MINDS

Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES * ESTOTERICISM * ARCANA * CREATIVE THOUGHT * PHILOSOPHIC TRENDS

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What's Your Perspective?



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What's Your Perspective?

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MIND TEAM

→ TAKING AIM ←

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

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Content sections are:

The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity.

A Matter of Spirit – Esotericism, Higher Mind, Karma/Dharma, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

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Creative Musings – Original artwork, poetry, prose, fantasy tales, stories with morals or messages.

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PUBLISHER

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DEVELOPMENT

Waden Jensen

Sanjay Practi

RESEARCH/MARKETING

S.A. Osier

Syd Sydney

DATA EDITORS

Trish DeMarco Bullock

Enka Johanssen

Kim Tsiang

STAFF SECTION MANAGERS

“The Human Condition”

Daria Novicki Ph.D.

“A Matter of Spirit”

John ‘Salaam’ Solis

“Body Temple”

Lynda Lidel Harley

“Phenomena Files”

John Holbrook P.S.I.

“Arcanus Obscurum”

Marco X. Mascolo

Eliana Rosini

“Sacred Sciences”

Anne Drake Sydney

“Creative Musings”

Marique Quinn

“Odd-vant Guard”

Oscar ‘Trashman’ Corelli



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The Human Condition

Born as human –
Mind as spirit -
Life as soul ...



Section Managing Editor – Daria Novicki

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Suck Ups

JR Preston

Everyone likes to think they are “nice” and in fact, an essential human quality is to “be nice,” however, there is a fine line between being nice and being a placating fool. The truth is “suck ups” generally have a larger agenda that rarely works and even if it does it is never long-lasting. The general reason for failure is because the good ole “suck up” has shrunk his or her own value making them vulnerable and easily dismissed by the very people they were trying to impress even if they were temporarily ‘used’ for gain by those folks. The odd factor is that even though it may have been a bitter pill to swallow they will continue “suck up” at the first opportunity.

Let’s take a look at the motivations and behaviors of “suck ups”:

Purple People Pleaser

This is the most common manifestation and is tied to fitting in. It is fear based and occurs when an individual’s natural position and personal opinion changes in order to be accepted and received well by others. It is short-lived because others eventually see through it. Unfortunately the ‘pleaser’ ends up being labelled ‘butt kisser.’

Needy Ned or Nellie

The psychological and emotional need for approval projected by this suck up is not only annoying to others but downright draining on them. No one likes a vampire who constantly needs to be reassured or complimented no matter how pathetic or in some cases demurring they act. Plying on another’s good graces and telling them how God-like they are for helping is the ploy used.

Slick Willy

Flattery will get you everywhere. Not really. An overly exuberant pile of expletives is more transparent than a freshly cleaned window pane. Insincerity is always a manipulation so even if it is successful it rarely brings true self-fulfillment.

Snapping Turtle

Defensiveness is easily seen by others and most find it a sign of personal weakness. It is not likely any support or help will be forth coming when the individual show signs of refusing to be resilient.

Parroting Parrot

The parrot is an unoriginal liar. As the name implies they parrot others for fear of fitting in.

Continued ...

Continued ...

Others really don't know who the individual truly is as it becomes impossible to tell what real motivation is inspiring the parrot.

Pistol Packing Pete

Pete is overwhelmed and over worked – by choice. He has no boundaries and is desperate to prove himself. There is no way he can allow others to think he is not capable or worthy so he carries others. Eventually Pete loses the respect of others and ceases to function.

Laid Back Lamb

Fear totally eclipses this poor little lamb who cowers from others and is completely leery of speaking their truth let alone opinion. Their value is always overlooked but they feel safe blinking and nodding while kissing up to the nth degree.

May I?

This suck up facet is totally meritless. They act overly polite and ask for permission for EVERYTHING giving away any semblance of self-power or worth and in some cases intelligence. They appear to others as incapable of making any sort of decision including going to the bathroom.

I'm Sorry

Endlessly apologetic for just about everything will not and does not cyoa for mistakes. Everyone makes mistakes but this suck up cannot bear them and is constantly apologizing for small misdemeanors. If they could, this suck up would apologize for existing is they thought it was advantageous.

Shy-ster

Unfortunately others get sucked in by the suck up who acts shy. This suck up has greatest amount of help because they play on the charity and kindness of others who want to help push them up and out into the spotlight. Like all the other facets it doesn't work when others finally figure out they have been "had."

Life is not the proverbial bowl of cherries nor is it strictly black and white with no gray but in dealing with suck ups we could all use a dose of "buyer beware."

Thrown Under the Bus

Mahaji

Have you ever been thrown under the proverbial "bus" so many times you can honestly say you have out done that good ole cat with nine lives at least a hundred times over?

"Thrown under the bus" is an odd little phrase. According to Wikipedia: To **throw (someone) under the bus** is an idiomatic phrase in American English meaning to sacrifice another person (often a friend or ally), who is usually not deserving of such treatment, out of malice or for personal gain. This is fitting since the term conjures up a rather violent yet also funny scenario. It applies to every type of relationship in life, intimate, friendship, business etc. and while it seem that the *throwee* is acquiring some sort of satisfaction over the *thrown*, that he/she intends to obliterate, there is another facet worth examining.

I counsel people for a living - the intention being to leave them with a little more self-sufficiency than they had prior to the encounter. In this line of work it is more than noticeable that people love to talk about themselves (first) and their relationships (second) ... you know, all those other people who have either done them right or wrong over the years. Sometimes certain conversations will be repeated many times and with each pass a few more portions of discontent frosted with some icing of downright hatred will eek through.

Well, you can't have your cake and eat it too.

When you are painting others negatively, what you are actually doing is coloring your own self portrait. This gets even better than holding up the meta-mirror.

"In other words, how you speak about people characterizes the type of person you are; it shows your heart and all that is in it." - Thinking Man's Diva

This does not mean you should not describe a troubling situation. Believe it or not there are very few people who have the courage to confront the person with whom they have an issue and try to get to some sort of resolution mainly because they have a bad case of "I'm right" dis-ease. It simply means you don't need to add so many adjectives that you end up on that street corner of vengeance standing at the bus stop of projected assassination waiting to diabolically throw that rotten "so and so" under the bus.

"I'll take down that reputation so he/she will be ruined!"

"Let's see how his girlfriend/boyfriend feels about that now!"

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SQUASH!

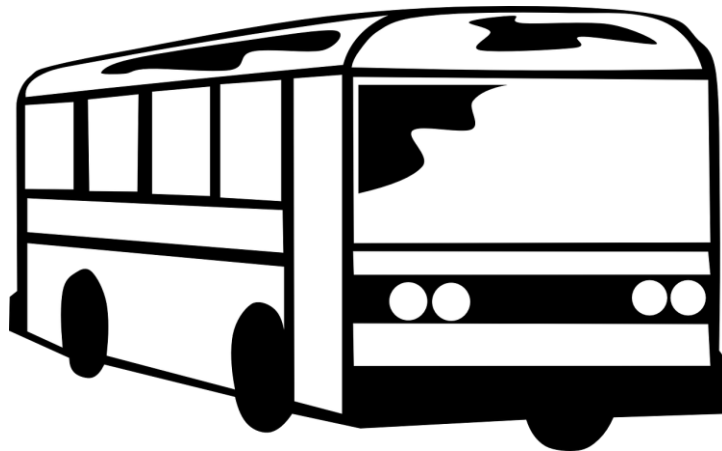
Now we all REALLY have something to gossip about!!!

Some people have developed what they think is a very clever mode of bus throwing which is to act falsely innocent while making implications that cannot be mistaken for anyone or anything else. These people lack responsibility more than the blatant-mouthed bus throwers because they are absolutely self-convinced they are correct and must get even. Doesn't matter how many times something may have been explained or attempts made at rationalization. The ego rules and the ears and brain are kept hostage. The sad part is that they are destined to repeat irresponsibility over and over so no actual realization has a chance. Isn't self-realization the ultimate spiritual goal?

In the end who really gets hurt? How you speak about others says how you feel about yourself. So, the next time you decide to throw someone under the bus, consider not just what you are saying about them but what you are saying about yourself.

Wouldn't it be better if we all just rode the bus?

Is that even possible?



Evolution

Timur Baysal

Where are we at in the great cycle of becoming? Why do we act the way we do and what truly has been, what might come next?

Imagine a universe right before physical manifestation. Consciousness has been conceived and established. As it is being given physical manifestation, it finds itself in the unknown, only remembering what it had been and perfectly exposed to whole new imperative; material existence in a material world.

It's longing is to be home again, to find itself as what it had been until then. But now it has to focus on this new challenge and abandon its former self. Faced with this challenge it becomes focused entirely on learning to understand physicality, how to live, how to survive. It has to master the basics of material existence and becomes progressively obsessed with it. New generations are being driven by the urges of their ancestors to reign in this new domain.

Until eventually consciousness masters the material world. It then can begin to discover its own will, its own awareness of itself beyond pure survival, yet, within the realm of matter. Increasingly it becomes self-conscious again and the need to be alert to material necessities decreases. It can begin to wonder and reconnect to its origin. As it has learned to engage its own adaptivity, it became master not just about the transformation of matter around it, but about self-transformation.

Once all the lessons have been learned and all the need within the material world has been transcended, it no longer requires the associated toils. Its own efforts to ascend again become conscious and it is that consciousness itself which signalizes the completion of the cycle it had been intended for. That which spawned it, receives it, crystallized as pathway of perfect understanding and restructured in all its complexity as one out of many out of one.

Summary: Purity exposed to physicality becomes materialistic out of necessity until such necessity ceases and skill surpasses materialism until matter has served its purpose and ascension becomes the natural departure from physical existence in fulfillment. In spiritual circles, I think, people often think of consciousness IN matter, but as part of the above thought I wonder, if it was not more appropriate to think of consciousness AS matter- that we find ourselves not trapped within a vestment, but that this vestment in this present state represents us in its completeness. Only as we transform ourselves through true self-actualization, we may evolve beyond a state of matter that finds its description outside of the aid of form. Evident by the sheer fact of physical formation and eventual destruction again, there is no true self-actualization within material existence, but only a milestone on our path to the beyond.



In Your Mind's Eye

Shari Moss

Did ya ever look in the mirror or see your reflection in your 'puter' screen and shout "eek, that's not me"?!?!?!?

Do you wonder if others see you as you do? How 'bout as you want them to?

My how our minds play tricks on us, huh!

It happens too often for me... I have an image of myself - in my mind's eye - that doesn't always match the reflection I see. I often notice that the image I see is reflective of either how I'm feeling or how I "see" myself that particular day. Luckily, sometimes I'm pleasantly surprised too!

I take two paths with this one; (1) from an age perspective and (2) from a 'who do you think you are?' perspective.

AGE

I've heard lots of folks say they're a particular age in their mind's eye. I don't know, for me, I'm perpetually 21. I often wonder why! Maybe 'cause that's when I was truly coming into my own... becoming a full-fledged adult... felt I could conquer anything ... liked the way I looked best?

I can only imagine that it's the same for everyone... maybe the age we see ourselves as has to do with when our mind / body / soul was most in sync.

WHO DO YOU THINK YOU ARE?

Funny how our 'state of mind' is its own reflection, eh? The other night, during my 'dog walking thoughts', I was musing at how I see myself and my life doesn't really match how I feel about myself or how I'm living my life.

Somehow, though, based on feedback, I'm able to portray the me I think I am to others, yet it doesn't necessarily match how I think I conduct my life at this time.

So, I ask myself... where's the breakdown... why ain't I who I think I am? Or am I the 'disconnect' only in my mind's eye? Or, have I allowed "noise" to interfere and play havoc.

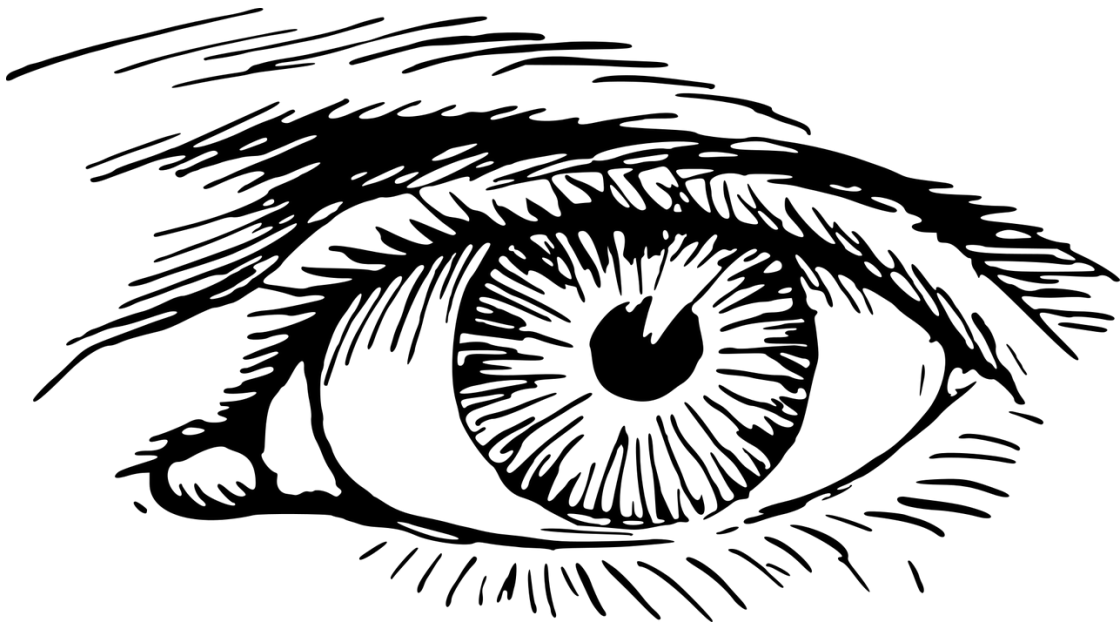
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Okay folks, so now you've gotten a glimpse into the condundrumical things I think about in delving in to how the psyche works and how it impacts who we truly are and whether we not we really honor or accept who we are!

While I have my own theories for each of the perspectives, I'm going to leave it hanging for now and open it up for discussion:

1. What age does your mind's eye see you as?
2. Are you who your mind's eye thinks you are?



Line in the Sand

Dr. Marga Bosclair

In both psychology and metaphysics the concept of boundaries is of major importance. Basically, boundaries can be described as self-accepted limits that determine how others behave around you and towards you and more importantly what they can expect from you.

Boundaries are drawn from your core belief system as well as your values system. In mundane life healthy boundaries protect you from becoming a victim at the mercy of others. Healthy boundaries are a key component to maintaining balance the most important universal foundation of life. When we are off balance life is much more difficult than it needs to be because inner fears associated with lack is projected outward.

From a psychological/emotional/physical stance, lack of boundaries is founded in guilt and anxiety which can lead to the obvious – poor relationships, inability to make decisions, failure to heed intuition, feeling unappreciated and rejected, experiencing fatigue, dropping into victim mode and acting out in an annoyed passive aggressive manner. These actions are actually feeding the lower ego.

P/E/P boundaries and spiritual boundaries actually unfold separately but are also mutually supportive. Basically spiritual boundaries involve understanding the role of the ego and the innate need for freedom. It is not necessary to solve ego problems before the spiritual boundaries and growth can be achieved as everything unfolds naturally in life. The ego will always be there. The process is to employ awareness and to integrate what has been learned from daily experiences as a healthier and higher ego begins to work with newer and more improved boundaries.

The new boundaries can be thought of as a responsible stewardship of mind, body and spirit with all of the “poor me” removed. This requires respecting the boundaries of others as well and treating the ego kindly as everything develops. There is no need to “kill the ego” as is so popularly touted. That is a delusion.

How do you self-sabotage yourself?

You can start the inner work by:

SELF INQUIRY – What is your emotional-self saying to you? You might feel something is wrong or about to go wrong.

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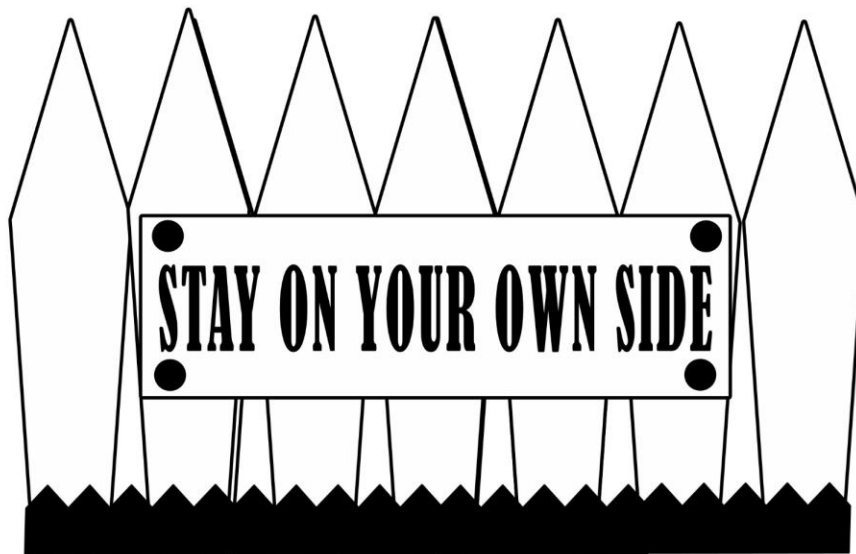
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Ask yourself some basic questions:

- Can I say “no” and how do I feel when I say it?
- Do I deserve honest respect for things I have accomplished or did I receive it for “kissing up” and doing things I did not really want to do?
- What do I like to do and is there any guilt associated with it?
- What do I hate to do but feel obligated to do for approval?
- How do I assess my friendships and how do I want others to treat me?

PHYSICALITY – How are you feeling physically? Do you feel grounded and balanced? Remember physical symptoms are often connected to your emotional status. Try employing spiritual exercise such as yoga and meditation.

ACTION – As you come into the understanding of the impetus of the problem you can freely act to protect yourself. You have nothing to lose except to feel better about yourself and happy!





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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JR Preston (*Suck Ups, pg. 2*)

J.R. Preston works security in a busy hospital in the southeastern, USA and claims his experiences with people shape his writings. He considers himself more of a private person who uses his “mind your own business” attitude to the best advantage.

Mahaji (*Thrown Under the Bus, pg. 4*)

Mahaji, “the Universal Mother” prefers to remain anonymous. She believes her article says it all and that it is the message that is most important. You can visit Mahaji on <https://lightforcenetwork.com/>

Timur Baysal (*Evolution, pg.6*)

Timur was born in Germany. Professionally he is a digital artist for movies and venues as well as a software developer. He spent nearly 12 years in Los Angeles and then retreated to Croatia. For a mini view of Timur’s 3D animation visit <https://www.youtube.com/watch?v=gFxmWP7Ciuc>

Shari Moss (*In Your Mind’s Eye, pg.7*)

Shari, a Certified Marital/Family/Couples Therapist and previous owner of a Metaphysical Shoppe aptly named Synchronicity. She left Corporate America after 23 years to pursue her life’s purpose and dreams - becoming an author and singer / songwriter whose works and verse aim to share what she deeply believes to be the menu for creating, maintaining, and savoring relationships filled with emotional, spiritual, and physical connection.

Dr. Marga Bosclair (*Line in the Sand, pg. 9*)

Dr. Marga is a practicing clinical psychologist who hails from New England. She works with both individuals and couples to help them overcome their personal obstacles in order to lead happier lives. Dr. Marga employs metaphysical practices in her work that adds a spiritual dimension which she believes more readily helps individuals to discover underlying core issues and resolve them thus restoring balance. In her free time, Dr. Marga enjoys canoeing and oil painting.

A Matter Of Spirit

And thus the Soul speaks ...

Section Managing Editor – John “Salaam” Solis

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How Would You Feel?"

The American Guru

A recent experience made me stop and ponder this question. To answer honestly you need to put yourself in this position. Suppose for years most of the people who know you would describe you as friendly, kind, charitable, intelligent, very truthful and always willing to help in any way you could. With that in mind, you look back over your life and this is what you see:

There have been many people who have come into your life, most of whom wanted or needed something. You have been a true friend to all of them, never degrading them by thought, word, or deed. You helped them financially, emotionally or mentally and sometimes you have supplied them with food, clothing, or objects of need. By that, I mean you have paid for what they needed, like a car repair or such. Most humans have done one or more of these things from time to time but most often than the truth be known it was done with an expectation of return or an ulterior motive, if nothing more than the hope that they like you or you'll be able to count on them in the future for something. But just suppose for a moment, that all these things were done without any expectation and only the hope that the individual could have a more enjoyable life. Something like Mother Teresa.

And as you look back, you noticed many did not even thank you and of those who did, you could feel their sincerity while others were doing it because they were taught to do so. You also noticed that most of them only contacted you when they needed or wanted something from you. In between those wants and needs they seldom even said, "Hi" ... if asked, they would tell you how busy they have been. And only a very few would contact you to see how you are or if there was anything they could do for you.

Now if you can really imagine yourself in a position, then I ask, "How Would You Feel?" This is asked of you honestly, because I truly did ponder these things most recently. I was trying to imagine how God must really feel. He helps us, and instead of continuing to follow His lead, we go back to doing the same thing all over. Thinking now we can handle it! He works things out for us to have a better life and we just refuse to give up our ways. (You know the definition of a crazy person who does the same thing over and over again, expecting different results.) I can only surmise that God does not have emotions like a human being or surely he would be one sad God - at the very least, very disappointed. How He gives to us constantly, seldom do we sincerely thank Him and even fewer times do we just talk to him as a friend. Humans seem to spend more of their time and energy with those who do not help them, possibly even hurt them, and so little to those that do, particularly the One that does. How would you feel?

Living in the Now

Rev. Diane Carner

Close your eyes for a few seconds...and allow your mind to go where it wants to go?

- Where did you go? Did you go to the past? The future?
- Were there regrets in your thoughts if you went to the past?
- Hope when you went to the future?

Each day we do this... now there is nothing wrong with looking at the past or the future (we should always have plans) but, to dwell on these things takes you out of Living in the Now!

The dictionary explains PAST as: “just gone or elapsed, having existed or taken place in a period before the present.”

One thing I do want to make clear is it is important that we LOOK at our past because it has helped us get to where we are today. However, what we don't want to do is dwell on it in the negative aspect as it keeps us out of the NOW. We learn from the past. What worked, what didn't work and how we can use these experiences in today's life.

FUTURE:

Time that is to become: what is going to happen?

It is okay to have plans: we don't want to assume all is going to “just happen”, I've had friends tell me that I don't have to do anything “God, will take care of it all”. What they forget is “Faith without works is dead”. Plans are essential...we're in the process of buying a house. When I mentioned I would like to buy a house, the process of packing up our things was put into motion. Making plans on who was going to help us move, where we're going to put things... as the former manager of a retail store, I had to plan ahead as to what customers want, might like to have such as purchasing ahead for Christmas.

NOW

Webster explains NOW as: The present time or moment.

Never Out Wondering...New Opportunities Waiting...

I don't know about you, but I sometimes have difficulty living in the now. With all the things going on in my life, I have to do a lot of planning, thinking; but once again, I don't want to stay in the past and wonder all the “WHAT IFS” if this happened, didn't happened, or stay in the future and MISS THE NOW.

Continued ...

Continued ...

We are here today, as it is part of the higher plan. To grow spiritually and to grow up emotionally. But we have each other to help us through the now. We have our Spiritual guides/angels, God/Buddha/Goddess... professionals out there who can help us to Live in the Now.

Remember: someone new might come into your life today (either romantically or to help you put to rest things from the past, and because you are living in the past or the future you will miss it

As you go through today make sure you are in TODAY...enjoying what you have TODAY...only you can decide where you are!



SPIRIT SPEAKS

Anthony Gates

Infinite Spirit I hear your call. I respect the intimacy of your voice. I am governed by your laws. These are the same laws that cause the water to recede from the shore. This is the same Law that grants me my Kingship. You gave me infinite possibilities. You made me eternal. You allow me to operate in a world where my spiritual counterparts aren't as forgiving as you. I am a God send, because I come from your presence. I'm not a creature of habit; I'm a Creator of habitants. Every time a planet is created, a flower blooms, a smile is created on someone's face. Love is the power that you have given me to govern with. I use Love to manifest my desires. I understand that it is through love that man can be kind (Mankind). Hmm! Mankind, if we only truly listen to the words that we speak to ourselves. If mankind was kind, war does not exist only understanding. I understand you Infinite Spirit; therefore I have to love my sister and my brother. We all come from the same Source. You! In you is the essence of our existence, the permeation of Love. Love created us and we are one. When I hurt you hurt. When my brother hurts I hurt. When my lover hurts I hurt. You gave me the recipe for heaven on earth, the code to the kingdom. Yes you gave it to me. I, yes me your Prince soon to be King has accepted it. You have given me my inheritance, the power to create. I have the power to create paradise. I don't have to ask for anything because I already have it thanks to my inheritance. You Infinite Spirit have given me the code to the eternal storage bank of desires. Through understanding you, I have cracked the code. Only love opens the gates of heaven, a place of plenty. A place where all your talents and abilities exist. Now I understand what love is. Love is more than a marriage between two souls. Love is everything. Love is the air I breathe. Love is the birds that fly in the air. Love is death and life. Love is everything. Because of love all that exist is here, therefore you are love.

Love is Freedom!

The Jewels of Life

Dr. Neeta Gupta

An old tale from India as told to me by my grandmother...

There once was a kind and benevolent monarch who graciously bestowed upon two of his most favored servants a pair of priceless and magnificent jewels. These gems were of great brilliance and clarity and were very rare. The servants accepted their gifts with gratitude and awe as the monarch declared, "These are magical stones, use them wisely for they can bring wonderful blessings and joy into your lives."

The servants took their prized gifts back to their individual quarters and rejoiced with their families. Later in the evening when everyone else was asleep, the two servants privately contemplated the future. One of the servants grew very anxious fearing that he would be robbed of his gift. He was not so much concerned with the value of the jewel but rather what value the jewel could bring him. He coveted the jewel and locked it away in a chest hidden where no one could find it. He waited for the opportunity to take the jewel to a broker where he sold it for a handsome sum of money. The other servant was not anxious about his gift. He believed that if the jewel was truly magical and could bring great joy it should be shared with others. He took the jewel to the temple and entrusted it to the priests. The priests placed it upon the Altar of Life where all who came to pray and meditate could marvel at its beauty.

Very quickly, news of the temple jewel spread around the kingdom and to the lands beyond. Many people came to see the jewel and were so taken by its beauty that they generously left donations to the temple. The priests shared these donations with the servant who grew very wealthy indeed. His life was abundant and joyful. When the kingdom fell upon hard times, he was never in lack. The priests had enough revenue to support those in the kingdom who were in need during those times and the kingdom was able to resist lack as well. The temple jewel grew in magnificence and glory. Every day when the sun light entered the temple, the jewel reflected all the colors of the rainbow upon those in meditation and prayer. This was believed to be a special blessing of the gods.

The servant who sold his jewel to the broker for the large sum of money lost his booty when the kingdom fell upon hard times. The broker who was an unscrupulous man sold the jewel to a warlord of another country who in turn sold the jewel to a dealer of arms in exchange for weapons of destruction. The arms dealer was murdered by a neighboring warlord who took the jewel. He placed the jewel on top of a staff and thought of it as a lucky charm that he would take into battle.

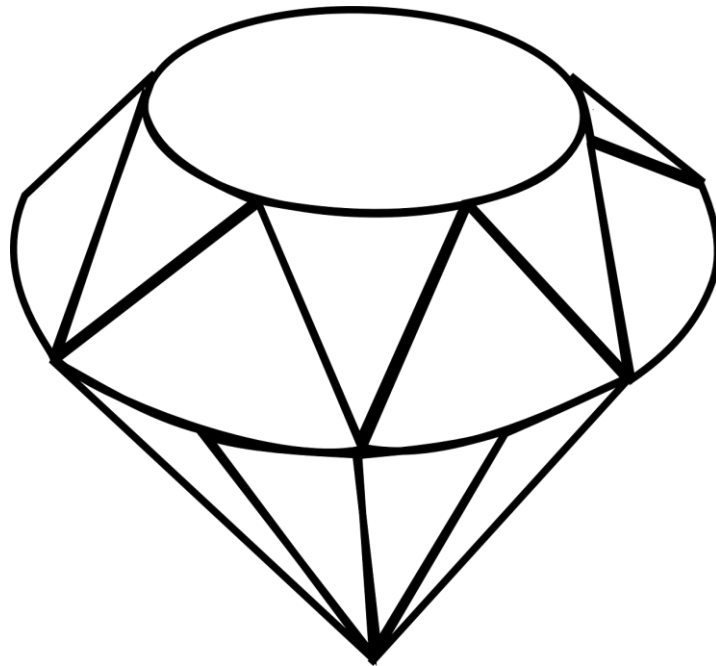
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When the warlords met each other on the battlefield, they killed each other. During the scuffle, the staff fell to the ground hitting a rock and the jewel shattered into a thousand small unrecognizable pieces covered by the blood of many men as both armies fell with no survivors to tell the tale. The magic and beauty of the jewel was forever lost to mankind.

This is a story about the pitfalls and consequences of greed and the rewards of sharing on the Collective level. Perhaps you have been given a gift by someone who values your friendship and recognizes you as a Jewel of Life teaching the spirit of good values to others by your example. This may have been a material gift or even better, just a loving and thoughtful word about how special you are. Enjoy all your gifts whatever they may be and be blessed with many blessings!

Namasté



Are You a Pagan Christian?

Rev. Roger Teeter

Everyone chooses lessons to teach their prime soul omniscience, which in turn contributes to omniscience of Source. Focused on the now, working in unity, expanding into synthesis with the Source — this is the process of transformation, transubstantiation, and transfiguration, that Master Jesus went through on the road of the cross. Becoming the embodiment of the Cosmic Christ, which we are all are destined to do. Rejoice then as all your parts merge into one and as an immortal child of God, you need not choose the experience, which is called death.

As a Pagan Christian, it is time for us to understand the traditions origins and reasons that underlie many of our so-called Christian traditions. First and foremost, remember history is kept by the winners. Hence, during the dark ages the scribes of the Roman Army became the priesthood of the Latin Church transcribing the records, plus any side notes, of the Bible from the Roman point of view.

In truth, the bases of the Judeo Christian Bible beliefs are that this is a record of the past lives of one known as Master (Yeshua) Jesus. Who is the first-born child of God, he came to show the way to Christ Consciousness, not form to a new religion, only to awaken individuals to get in tune with themselves.

It matters not what path a person follows, Christian, Jew, Moslem, Hindu, Shiki, Buddhist, Native American, Pagan, or however a person wishes to experience the truth that we are indeed one Family on this small planet called Earth. For in essence they are all the same paths meeting in a search for positive methods and actions.

Pagans are the country folk who were conquered ruled by Roman law but not citizens who could cry “Caesar,” thus negating local law. This is why Roman Soldiers were prohibited from marrying anyone not a citizen of Rome. Weddings were not sanctified until cake was given and received by the Bride and Groom. Tithing was paid to the Latin Church or you were excommunicated, outlawed, from doing business with the Latin Church. Thus resulting in the down fall of the Celtic Christian Church. The message of Master Jesus, is Agape, Love beyond time and form. Channeling the Song of Source bringing that which is un-manifested into Manifestation. Not an ever-changing set of rules creating fear of GOD limiting the masses power of trade, and life style!

As addressed by the book of “Urantia,” most of the world’s religions are mystery schools, Mithraism, Hinduism, etc. Initiates are led through three-fold step in their process. Christianity is a both an open and secret school of initiation.

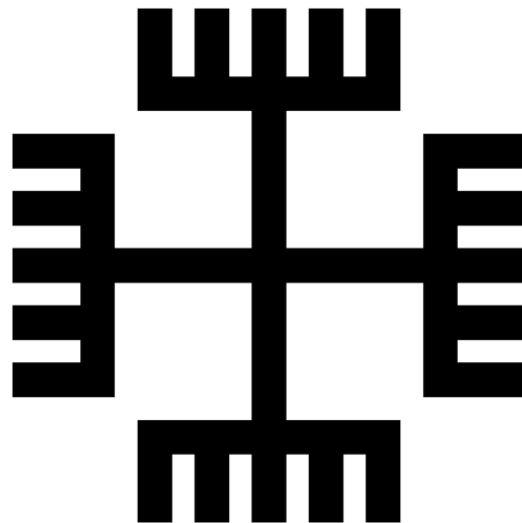
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Master Jesus is the way-shower to Christ Consciousness, not someone who is still hanging on the cross for over two thousand years. Nowhere in-approved text, or the epicardia or pseudepigraphical have texts that were outlawed by the Latin Christian Church, did Master Jesus say, "Worship me."

Jesus was transfigured from a third dimensional being into a demonstration of the light of Christ expressed as a multidimensional being having a human experience therefore not limited to one time and space. A true master of Christ consciousness functioning in Tibet, known as Etowah to the Cherokees, Quetzalcoatl to the Mezzo America and many other places on Earth and elsewhere as he is needed.

The transformation, transubstantiation, and transfiguration process that Master Jesus went through on the road to the embodiment of the Cosmic Christ is a process that we are all are destined to do. When we realize the fact that we are all are returning to the Father's house like the Prodigal Son, we will leave the swine husks and return to the banquet of being a child of Mother, Father, Source and Mother Earth. It is this accelerated path that individuals can choose to function in ascended state by the act of self-empowerment, which surrenders free will-individuation as an act of unity. Which organizes the mob within their shadow self into a cast of characters whose focus is in the now, not past or futures.



STD

Dr. Aadi Bandopadhyay

I am sure the title caught your attention however it is commonly known in esoteric circles that the letters STD are a Latin acronym for *sacrae theologiae doctor* or Doctor of Sacred Theology. Such doctors did and do exist (as associated with the now defunct ancient Anglican universities, current Canon studies and/or philosophies) but the authentic are rare since the initial sacred intent connected to metaphysics has been long lost.

Think of Socrates who tutored Plato who in turn tutored Aristotle when what we understand now as the sciences began. Mankind was ready for the sciences and it used them but somewhere along the way spiritual ways were lost. This was a failure ... a failure that meant there were very few left of the great teachers who were able to sufficiently explain metaphysics as it was meant to be understood. This is because the human mind began to lean on construct where everything had to fit into a pattern of logic and perfect symmetry. If it does not compute, it is merely abstraction that like religion must eventually be relegated to the dust bin of time along with the rewriting of history.

The beauty of the abstract is not to prove it. It has no fact check. Rather muse and extrapolate upon it. Some things are more powerful out of the box rather than in it. We can look to the theologian and scholar Thomas Aquinas for some thoughts on this. He believed theology was twofold. His natural theology thoughts were actually metaphysics in that the premise was that divine things were not the subject of science but rather as the principal or cause of the subject. The second thought was that there is a theology that is based in Sacred Scripture. His theology then was philosophical by nature. The question was then if theology was degraded because sacred teaching should not borrow from lower sciences but receive principles directly from God by revelation. Ever hear a practicing metaphysician say they had received a divine download while meditating? Viola! Aquinas.

Today, metaphysics is considered a branch of philosophy concerned with “being.” Our great teacher Aristotle gave us the three main branches of metaphysics which remain today:

- Ontology - the study of being and existence, the physical and mental definition and classification of entities, the nature of their properties, and the nature of change.
- Natural Theology - the study of God, including the nature of religion and the world, existence of the divine, questions about the creation, and spiritual issues.
- Universal Science - the study of first principles of logic and reasoning, such as the law of non-contradiction (contradictory statements cannot both be true in the same sense at the same time). What is true? Do we live in an absolute universe or a relative universe?

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All of this has been attacked in various ways throughout history. Why? Because we are becoming more and more stuck in the muck of construct. Does it fit? Does it work? Can it be explained rationally? Reasonable but not empirically verifiable, testable or provable?

Or are we stuck?

Not as long as free will and the acceptance of the spontaneous and miraculous, the random and mysterious within the mind's eye exist.

The choice is made in each individual case because truth is exclusive.

What is your axiom?

OR

Have you received a divine download?





AUTHOR BIOGRAPHIES



 **Author contact (unless otherwise noted):** editor.discerningminds@gmail.com

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The American Guru (*How Would You Feel?* pg. 13)

The American Guru hails from the great state of Ohio, USA. He prefers to remain anonymous as he believes any message of Spirit is more important than the one who delivers it.

Rev. Diane Carner (*Living in the Now*, pg. 14)

Diane Carner is an ordained minister, Seven Rays Instructor, Usui Reiki Master Teacher and Karuna Ki Reiki Master Teacher. She is the former manager (now retired) of Synchronicity Metaphysical Book Store and Gift Shop in Roswell GA.

Anthony Gates (*Spirit Speaks*, pg. 16)

Anthony lives in the state of GA, USA. In the realm of the spiritual, Anthony is a natural empath who is a verbal and physical healer and counselor who has worked extensively with children and young adults. Anthony refers to himself as an artist by hobby and a writer by conviction.

Dr. Neeta Gupta (*The Jewels of Life*, pg. 17)

Neeta Gupta came to the United States from India when she was ten years old. Some of the stories she tells belong to oral tradition as handed down to her by her beloved grandmother who was nicknamed “Anni” while others come from her fertile imagination. Her stories always embrace a philosophical moral that engages the minds of people of all ages. Neeta has had an extensive education both in the US and abroad holding degrees in physics, astronomy, atmospheric sciences, mathematics and theological studies.

Rev. Roger Teeter (*Are You a Pagan Christian?* pg. 19)

This bio and the article are posted posthumously in honor of Roger Teeter. Rev. Roger was a Universal Life Minister who came into the gift of Spirit in 1985. He was a certified Hypnotherapist specializing in Cathartic Integration Techniques. Roger utilized many modalities in his work – channeling, vision, Clairvoyance, Clairaudience, precognitive awareness of the Akashic records, Psychometry, Dragon’s Breath, Reiki, Zenith, and Star Maps to assist individuals in developing their hidden talents.

Dr. Aadi R. Bandopadhyay (*STD*, pg. 21)

Aadi Bandopadhyay Ph.D., M.A.M.S., M.T.S is a retired college professor who has had an extensive education both in the US and abroad holding degrees in physics, astronomy, atmospheric sciences, mathematics and theological studies. He believes that life should be a constant expansion of one’s personal horizons. He enjoys travelling, lecturing and writing about his experiences and life observations.

The Body Temple



“The Soul speaks to the body”

Section Managing Editor – Lynda Lidel Harley

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Changing Your Inner Tuning

Li Huan

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies." ~ Dr. Mitchell Gaynor

"The late Edgar Cayce predicted that sound and music therapy would become the medicine of the future."

Each of us is a living symphony of frequencies ...

Over the years I have had very good success using sound for healing. Most of us who have gone to an alternative practitioner for whatever reason have certainly made note of the soothing music that is often played in the background during a session. However, what kind of effect can direct tones brought to our conscious awareness make?

I use nothing fancy, just a set of medical tuning forks ... the kind often used in the doctor's offices. Mine happen to be called Harmonic Spectral Tuners. You can pay a lot of money and buy an over-priced set or just go to a music store and pick up what you need a lot cheaper. Tuning forks are precise instruments that have the ability to change our inner tuning by creating a resonance throughout our mind, emotions, and body. They can do this by creating a vortex of sound that leads us into still point, which is a moment where everything seems to stop and we can retune ourselves. Our nervous system, like the string of a musical instrument, vibrates to the sound of the tuning forks.

A tuning fork treatment is non-intrusive and non-evasive. There is no touching (unless weighted forks are being used), no needles, no pain or manipulation involved. You or your body simply "listens." As the sounds flow through your body, every cell pulsates, resonates and interacts with the powerful vibrations, thus awakening the life energy of the cells and returning you to health and harmony. Here is a general list from Squidoo that has my full agreement:

Tuning Fork Sound Therapy...

- Removes toxins
- Helps to heal soft tissue

Continued ...

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- Increases physical energy
- Releases 'feel good' endorphins
- Provides deep states of relaxation
- Synchronizes mind-heart-body rhythms
- Opens the meridians and clears the chakras
- Expands creativity, clarity, and concentration
- Harmonizes the emotional and physical bodies
- Integrates the left and right brain thought patterns
- Supports healthy circulation and immune system function
- Induces the alpha-theta brain states associated with healing

Science has proven that everything in the universe is made up of energy vibrating at different frequencies or "notes." All things in nature vibrate to **sound, light and color.**

*Medical science has demonstrated that the brain emits waves at different frequencies and that these frequencies are influenced by sound. For instance, **your brain has a different frequency when you are experiencing pain as opposed to when you are enjoying a favorite activity.** In addition, modern medical research has led physicians to use sound to heal the body. For instance, today doctors use high-frequency ultrasound technology to heal broken bones more quickly. ~ Silvamindbodyhealing.com*

Energy flows through your healthy body like a river, through a network of meridians and chakras. It plays a beautiful harmonic symphony but then life comes along adding its usual brand of discordance. Stress, negative emotions and thoughts, even the foods we consume affect the flow of energy, causing energy blocks. When the energy gets blocked, the body part where the blockage is can no longer resonate with the rest of the body "orchestra." We cannot actually hear the resulting disharmony but our bodies will respond by showing unhealthy symptoms. Tuning fork therapy is similar to acupuncture but without the needles.

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A tuning fork placed near a chakra or distressed organ will raise the vibration of the affected area by **entrainment** or **sympathetic resonance** (the ability of one sound to shift the frequency of another). I have treated people who are supine by position or simply sitting in a chair. I have also sent resonance long distance. A person can heal their own body by simply listening to the resonations which I do daily. For those who are sensitive to sound and vibration, the sensations evoked and created by the forks can be very strong. As with all therapeutic tools, it is wise to go slowly, taking note of any changes or improvement in one's condition

Tuning forks emit pure sounds that are represented as pure sine waves, without any harmonics. They can be used in a great variety of ways. They can be used individually, consecutively and simultaneously in pairs and in groups.

- To activate a tuning fork, one holds the single stem, and strikes the fork on a block of hard rubber or wood covered in leather or fabric. It is struck in such a way that only one of the two prongs touches the striking block, that is, at 90° to the surface.
- Do NOT strike the tuning forks against each other (you will damage them)
- Do NOT strike the tuning forks on ultra-hard surfaces
- Do NOT touch the rapidly vibrating tuning fork to your teeth or anything glass - for what should be obvious reasons!

Physical Body: The stem of the activated fork can be placed on or near the bones and articulations to restore movement and flexibility, and aid the development of connective tissue. They stimulate the flow of lymph and blood to the area of application thereby speeding up the healing process, and promote deep relaxation and the elimination of built up stress and toxins from the joints.

Meridians: Using the “shu” points, which are the master points of each meridian, the Shiatsu points, reflexology points of the feet or spine, and other reflex points on the body, a vibratory signal can be sent more strongly and rapidly with a tuning fork than with a needle.

Chakras: Just about everyone knows the Chakras are spinning vortices of energy which correspond with and are located in the area of the major glands. They are visible to some people, and can be detected with modern equipment. The vibrating forks can be held or moved in a circular way around each chakra. NOTE: The subtle bodies are divided into layers, the first three of which most concern us at the present time of our evolution. In order of closeness to the body they are the etheric, the emotional or astral, and the mental energy layers.

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Tuning forks can be used to entrain the chakra or energy layer in which the fork is vibrating, harmonizing, balancing and assisting in the release of stuck energy which may have accumulated in the area.

Auditory: Placing the activated fork near the ears (no closer than 5cms) helps also to balance and regulate the metabolism of all the organs, which have a direct link to the auditory nerve. This also has a powerful regulatory effect on the entire nervous system, creating deep relaxation or stimulation, depending on which forks are used.

Namasté



Christ Light Sigil for Reiki and Magic Healing

Ben McFarland

I have been a lightworker for a few years now. I use Reiki primarily, and while I find it an extremely useful and proven method of spiritual healing, I still dip into my own repertoire of symbols to augment my practice. Chiefly, I use the symbol pictured below, the "Christ Light Sigil", to call in the power of Christ. Now, in Reiki, the whole purpose is to channel the healing love of God, and for this purpose the Reiki symbols are effective, and of course Reiki itself originated from Mikao Usui's determination to learn Jesus's healing ability, so you might say that this symbol is redundant within the practice of Reiki.

To that objection, I offer the following: In Western Reiki it's quite common to channel any number of angels for specific guidance using the traditional Reiki symbols. This symbol, however, I use to call upon the spirit of Jesus Christ in particular. To my mind, it brings me into resonance with a more powerful, miraculous healing energy that reflects the mythos of Jesus Christ. Miracles are possible. And I've experienced a few while strongly channeling this specific energy.



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The symbolism of this sigil is part of what makes it especially powerful to me. The shape is inspired, of course, by the Christian symbol of the fish. The rounded top brings it closer to an infinity symbol. That combined with the vertical orientation and the flat bottom of the fish's tail represents to me the infinite love of God descended to the Earth plane through Jesus Christ. The vesica piscis also informs this design.

The symbol is accompanied by a ritual visualization. I'll give it to you in four steps:

- 1) First, I draw it from the bottom right, and end at the bottom right. In other words, start with the bottom right corner of the tail, draw up and around down to the left corner of the tail, and then draw the horizontal line back toward the right side of the tail. Here, I visualize a ball of white light symbolizing the accumulation of energy.
- 2) Following Reiki convention, I speak the name of the symbol three times while drawing it. Since it is Christ whom I call upon in this ritual, I speak "Christos" thrice as I draw. (A Jewish practitioner - or anyone else who doubts the veracity of Jesus's messianic title - may simply repeat "Jesus Christ" thrice.)
- 3) With the drawing and the verbal invocation, I inhale and visualize the white light of God's healing love entering through my crown, pooling at my feet, and then rising to swell at my heart chakra. I manage to accomplish all three of the first steps simultaneously.
- 4) Finally, I channel this energy down my arms to the vortices in my hands for the purpose of healing. I feel especially guided to use it when I feel like there is physical trauma whose time has come to be healed. Of course, I close my Reiki session as I always do, with grounding and thanks.

I welcome any feedback. As with any Reiki or healing magic, the body may not have gone through the changes and healing that are necessary for any substantial, tangible result, but those of you experienced in Reiki will know this. Use it wisely and with loving intention.



Astrological Guide to Cell Salts

Thomas Selinas Cross

Each sign of the Zodiac governs the physical human anatomy and bodily functions. It is widely held that if individuals comply with the information gleaned from their Solar Sign a healthier life can be accomplished via eating foods that contain the sign's natural Cell Salt...

ARIES: head, face, subrenals that pump adrenalin into the bloodstream.

Cell salt - Potassium Phosphate: tomatoes, beans, brown rice, lentils, walnuts, olives, onions, lettuce, cauliflower, cucumber, spinach, broccoli, Brussels sprouts, veal, swordfish, flounder, figs, bananas, apricots, pumpkin, milk. Stay away from salt and liquor.

TAURUS: throat, neck, thyroid and parathyroid which control weight.

Cell salt - Sulphate of Sodium: asparagus, beets, spinach, horseradish, Swiss chard, cauliflower, cucumber, onions, pumpkin, cranberries, raw nuts.

GEMINI: shoulders, arms, hands, lungs, respiration.

Cell salt - Potassium Chloride: asparagus, green beans, tomatoes, celery, carrots, spinach, oranges, peaches, plums, apricots, wild rice.

CANCER: breast, stomach, alimentary canal.

Cell salt - Calcium Fluoride: egg yolks, whole grain rye, yogurt, beets, watercress, fish, oysters.

LEO: spine, back, heart, spleen, thymus, endocrine glands.

Cell salt - Magnesium Phosphate: wheat and rye, almonds, walnuts, sunflower seeds, figs, lemons, apples, peaches, coconut, rice, seafood, beets, asparagus, romaine, egg yolk.

VIRGO: nervous system, intestines.

Cell salt - Potassium Sulphate: green leafy vegetables, whole wheat and whole grain breads, wheat germ oil, oats, almonds, cheese, oranges, bananas, lemons, lean beef and lamb.

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LIBRA: kidneys, lumbar region, buttocks.

Cell salt - Sodium Phosphate: strawberries, apples, raisins, almonds, asparagus, peas, corn, carrots, spinach, beets radishes, tomatoes, wheat, brown rice, oatmeal.

SCORPIO: sexual organs.

Cell salt - Calcium Sulphate: asparagus, kale, cauliflower, radishes, onions, parsnips, watercress, tomatoes, figs, prunes, black cherries, coconut.

SAGITTARIUS: hips, thighs, liver.

Cell salt - Silica: all fruits, all vegetables, raw salads, green peppers, figs, prunes, strawberries, pears, apples, potatoes, oats, whole grains, egg yolk.

CAPRICORN: bones, knees, joints, teeth.

Cell salt - Calcium Phosphate: oranges, lemons, figs, celery, cabbage, kale, potatoes, walnuts, almonds, whole wheat, dandelion greens, spinach, broccoli, corn, peas, oats, brown rice.

AQUARIUS: circulatory system, shins, clavicles, ankles.

Cell salt - Sodium Chloride: ocean fish, oysters, lobster, tuna, clams, spinach, radishes, celery, cabbage, lettuce, corn, romaine, peaches, squash, lentils, almonds, pecans, walnuts, apples, pears, lemons, oranges.

PISCES: feet, toes.

Cell salt - Ferrum Phosphate: liver, lean beef, lamb, egg yolks, oysters, kidneys, whole grains, barley, dried beans, beet tops, spinach, onions, lettuce, raisins, dates, prunes, apricots, peaches, grapes, apples, lemons, oranges.



Crystal Color Sending Healing Meditation

Nano Nodo

This is a simple healing technique using readily available crystals and color sending. Color sending is considered advanced healing work. The colors of the auric field are pure and unadulterated. They are red, orange, yellow, green, blue, indigo and violet. In this personal exercise, colors are sent to the chakras by visualization.

Lie down in a comfortable place and relax. Breathe in deeply through your nose and exhale out of your mouth. Repeat three times. You will be sending energized color to your chakras during this exercise along with the energy of the corresponding crystals. To accomplish 'color sending' simply envision the color in the area then sense it and feel it there.



Place the Red Jasper at the base of your spine for the Root Chakra (you will need to open your legs slightly to do this). Close your eyes and send the color RED to your root chakra in the pelvic floor. Meditate on RED envisioning that its energetic is growing and enlarging until it reaches the Sacral Chakra.

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Apply the Orange Calcite to your abdominal area below the navel. Send the color ORANGE to your Sacral Chakra in the abdomen and envision it growing and enlarging until it reaches the Solar Plexus.

Apply the Citrine to the center of your body between the navel and chest bone. Send the color YELLOW to your Sacral Chakra and envision it growing and enlarging until it reaches the Heart Chakra.

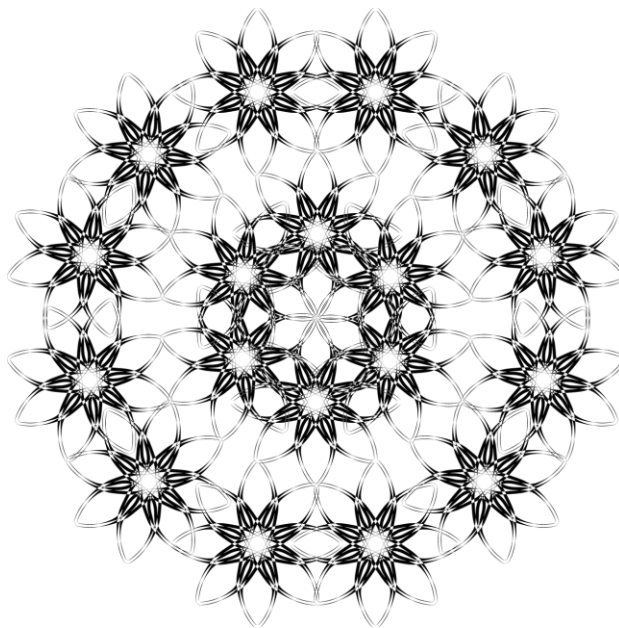
Apply the Aventurine to the center of your chest and send the color GREEN to your Heart Chakra and envision it growing and enlarging until it reaches the Throat Chakra.

Apply the Blue Agate to the center of your throat and send the color BLUE to your Throat Chakra and envision it growing and enlarging until it reaches your Brow Chakra.

Apply the Lapis to the area between your eyebrows and send the color INDIGO to your Brow Chakra and envision it growing and enlarging until it reaches your Crown Chakra.

Place the Amethyst at the top your head and send the color VIOLET to your Crown Chakra. Relax and breathe.

When you feel re-energized remove your crystals and sit up and stretch. Don't forget to cleanse or clear your crystals so they are ready for your next healing session! Be well!



Colors

Leigh Wade Wadan

The word *color* or *colour* is derived from the Latin *celare* which means “to conceal.” Hue, a synonym for color has its meaning in old English *hiw*, meaning form or appearance. In our earthly experience color is universal and is the most descriptive of the human condition. Are you feeling blue today? Are you green with envy? Did you get angry and see red?

What of the actual visual effect of color? There have been many documented cases of experiments with color and behavior. For example, in an air conditioned factory that had a steady temperature of 72 ° many employees complained of feeling cold. Some even put on jackets even when the temperature was raised to 75°. A color consultant suggested that the walls be painted orange. After that was done the employees complained the 75° temperature was too high. Once the temperature was reduced back to 72°, everyone was happy. In another example showing how a switch from black and white visuals to color visuals affects memory retention, a US college professor found that when he substituted green slides for black and white, test scores rose as much as 40%. Further, red and green slides produced scores twice as high and black and white and red and green on a blue background increased scores by 30%.

Everywhere we look in history and the development of civilizations we find consistent use of color, in some cases even unconscious use. That leads us to how color can be applied personally to our everyday lives. Most people are familiar with the idea that everything that exists in the Cosmos is made up of atoms and molecules. In the still controversial work of color investigator Dinshah P. Ghadiali many correlations have been made. Some of these refer to the human body and how and what we eat. This thinking follows unusual lines but it very suggestive of the connection of the particular colors we surround ourselves with and even digest with the state of health. Here are some interesting findings:

ORGANS

Red – Liver

Orange – Thyroid, lungs

Yellow – Nerves, digestive system

Lemon – Thymus

Continued ...

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Green – Pituitary

Turquoise – Skin

Blue – Pineal

Indigo – Parathyroid

Violet – Spleen

Magenta – Heart, kidneys, reproductive system

VITAMINS

A - Magenta

B1 (thiamine) - Turquoise

B2 (riboflavin) – Indigo

B6 (pyridoxine) - Orange, Purple

B12 (cobalamin) – Purple, Green

Biotin – Scarlet

Choline – Orange

Inositol – Turquoise

Folic Acid – Blue

Niacin – Violet

Niacinamide – Indigo

Pantothenic acid – Violet

PABA – Turquoise

B15 (Pangamic acid) - Purple

B complex – Magenta

C

- Rose hips – Violet
- Bioflavonoids – Orange
- Rutin – Violet

Continued ...

Continued ...

D - Orange

E - Green

MUSICAL NOTE AND FREQUENCY

G-392 – Red

G-392 and D-587 – Scarlet

A#-466 – Yellow

C-523 – Green

A-440 – Orange

C#-554 – Turquoise

D-587 – Blue

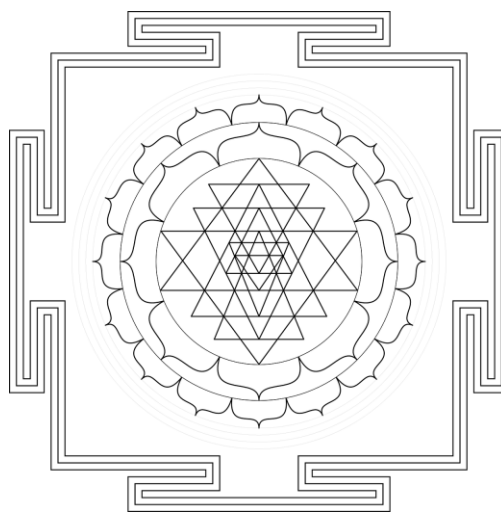
A#-466 and E-659 – Purple

E-659 – Violet

G-392 and E-659 – Magenta

D#-622 – Indigo

B-494 – Lemon





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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Li Huan (*Change Your Inner Tuning, pg. 25*)

Li is a registered nurse, surgical assistant, medical intuit and spiritual healer living in the Southeast US. Inspired by the late Dr. Michael Newton and his unique regression work, she is currently furthering her education in psychology with her eye on a Ph.D. While caring for patients, Li has heard many near death and after death return stories which she has recorded and filed as research data for a future book.

Ben McFarlane (*The Christ Light Sigil for Reiki and Magic Healing, pg. 28*)

I'm a lightworker dedicated to sharing the knowledge I've gleaned from the cosmic mind. I have been a lightworker for a few years now. I use Reiki primarily, and while I find it an extremely useful and proven method of spiritual healing, I still dip into my own repertoire of symbols to augment my practice.

Thomas Selinas-Cross (*Astrological Guide to Cell Salts, pg. 31*)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the www.lightforcenetwork.com where he serves as a proficient.

Nano Nodo (*Crystal Color Sending Meditation, pg. 34*)

Nano Nodo is the penname and character persona for Patricia (Patsie) Sapien. Pat is a long time crystal therapist for over 30 years realizing the healing quality and therapeutic value of crystals and stones long before it hit the mainstream as a popular alternative healing method. She has collected and uses over 1000 crystals that she keeps in a special room in her home known as The Crystal Palace. She has two granddaughters who are following in her footsteps who she is currently mentoring.

Leigh Ward Wadan (*Colors, pg. 36*)

Leigh considers herself a "new scientist" and does not consider crystal healing a pseudoscience by any measure. She has a MA in geology from Rani Durgavati University in India. She has been an alternative energy healer for 30 years. Fifteen years ago she became interested in Galactic Healing and became acquainted with the Seven Rays and Angelic Healing. She has also done extensive research into the effects of color on the human body and psyche.

PHENOMENA FILES

Nothing is as innocent
as it seems

Section Managing Editor – John Holbrook PSI

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Reincarnation or possession?

Sam I Am

Troy Lucente

When I was thirteen years old my best friend Sam died. We had known each other our entire lives – were in the same grade, went to the same schools, and were on the same sports teams. We even shared a lucky number which was 35. He had a penchant for announcing himself every chance he got by saying, “Sam I am.” It was a sudden death attributed to an accident but even as a young adult I knew there was something odd in the circumstances. It was all very hush, hush.

The family moved away about a year after their son’s death and I processed the whole affair as best I could and moved on with fond memories. When I turned 35 years of age and as fate would have it some strange things started happening. Old memories kept flooding in at full force and I was drawn to sorting through my box of saved nostalgia for hours on end. I felt I needed to get a grip and took up with my regular hobbies with full force.

At that time, my wife and I had just purchased a new home – the dream ideal. The neighborhood was brand new with a plethora of people moving in. Nice folks I might add and life was good. Soon enough we had new neighbors, friendly people with three children, two girls and a fine young son who had just turned 13 years old.

The boy’s name was Thomas and he seemed to take a liking to me right off the bat. He would hang around me every opportunity he got and loved to listen to my old stories and lousy jokes. When I had time, I would toss a baseball out to him so he could practice his batting. The kid was a stickler for perfection and was quite good for his age and skill.

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Like most boys he liked sports and tested the water with just about all of them. He particularly liked my reminiscences of Sam and his sports prowess. He actually reminded of Sam a great deal with his patient demeanor and happy disposition and curious nature. Sam had to know how everything ‘worked’ and so did Thomas.

One Saturday, Thomas was helping me clean out the garage and he was doing a great job sorting and searching through a lot of old junk. This is when I began to notice some odd things although I was in my usual way paying half attention. An old box held some old childhood mementos one of which was an old police whistle that Sam had given me which had belonged to his uncle who was a retired cop. Thomas held the whistle up and wiped it off on his tee shirt restoring some of the luster of the metal. He was handling it and laughed mumbling under his breath, “I remember this.” This caught my attention and I asked him what he meant. He simply shrugged and put the whistle back in the box.

There were more small incidents like this – odd quips he would make and when questioned looked as puzzled as I was about it. He truly had no idea why he was saying such things but they were all linked in one way or another to Sam. He was also very accurate about things he was saying which was becoming uncanny.

One summer day we were lying about in a couple of hammocks I just put up in the shade of an old oak tree. This was one of the things Sam and I liked best about summer. The radio was playing softly in the background and before you know it Thomas had fallen asleep. A ballgame had come on and I was listening to it while perusing a newspaper. Out of nowhere Thomas started speaking. I thought he was awake but he was still sound asleep. He was starting to mumble apparently dreaming and I did not want to wake him up.

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Then quite clearly he said:

“It was not an accident. Father hit me hard and pushed me down the stairs.”

I was obviously startled but kept my cool and asked:

“Sam?”

Thomas said:

“Sam I am.”

My heart started racing and I was sweating. Finally I got up the nerve to ask.

“What do you want me to do?”

Thomas said:

“Just know.”

After that Thomas stopped talking and about 10 minutes later he woke up his usual cheerful self without a clue of what happened. I never mentioned it to him.

One day he showed up a bit late with his arm in a cast. When I asked him what happened he said he had slipped and taken a tumble down the stairs. There would be no sports for a while but Thomas found other interests to keep him happy and amused until his arm healed.

I watched Thomas grow up, go off to college, get married and move away. We are still in touch. To this day I still question what all of it was about as there were just too many quirky circumstances surrounding it. Was Sam temporarily possessing Thomas to give me messages or is Thomas the reincarnation of Sam?

I guess I will never know.

➔ Did you know that UFOs are considered paranormal?

UFOs Are Paranormal Too

Holbrook PSI

As a true paranormal investigator I have and will investigate anything that is paranormal. Over many years of looking into the paranormal I have dealt with many different types of events. If we look at what constitutes the paranormal we see that it will include many different types of sightings and encounters. The word "paranormal" is defined as supposedly beyond the scope of normal scientific understanding. As a paranormal investigator I try to gather scientific evidence that will prove or disprove a paranormal event or sighting. One of the ways of gathering evidence is through the use of cameras and video images. But because of all the people over the years who have perpetrated hoaxes with these types of media you will need more than just a picture. The scientific community has a way of dismissing evidence that would stand up in any court of law. So, as a paranormal investigator you will have to decide what you want to prove and to whom you want to prove it.

I've read stories of investigators who had all their ducks in a row with interviews, tape or digital including audio and visual, pictures and logs or the readings that they recovered from scientific instruments. They still have not been able to get the scientific community to look at for the most part any of their evidence. So what does any of this have to do with UFOs being paranormal too? Many of the new ways of gathering evidence come from the paranormal investigators that are only investigating UFOs. Many of these investigators are scientists that have broken away from the scientific community to follow their hearts. They want to prove the existence of extraterrestrials and that they are coming here to visit us.

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If you are going to look into a UFO based event or sighting you must discern how is it different from a supernatural event. For the most part, UFO sightings are a one-time deal, not a recurring type of event. Some areas do have more sightings than other areas, but they will be somewhat different. You will be looking at a much larger area for your evidence. The sky is a large area to watch all at one time by yourself. You may go to a site that has had many UFO sightings over several days and see nothing because you were looking in the wrong part of the sky.

A large part of paranormal investigations are the interviews with witnesses of the events. The same is true for the UFO investigation with the witness being a key figure in your fact gathering. You will have to play the role of a skeptic to make sure that you do not lead your witness to give you what you want to hear. You will have to ask questions that are not leading in any way. Then you can take the time and note the area of the sky where the event occurred and check to see if there are any natural reasons for what was witnessed. To do this astrology and astronomy will play a big role in UFO investigations. Astronomy is used to see if there were any visible planets in the sky at the time of the eye witness report. Astrology is used to see if there were any energetic indicators for a UFO based event. You will also talk to other people in the area to see about possible aircraft flight patterns. You will have to check with any local airfields to see if they had any flights in or out on the dates and times in question. If there is any physical evidence to gather, make sure that you use the proper evidence gathering technique to do so. This includes a witness to the gathering and tagging process and to the sealing all the evidence containers in a way that they cannot be tampered with. Physical evidence can be a hard thing to get analyzed.

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This due to the nature of the cost and difficulty in accessing the equipment. Even if you get physical evidence and have all your ducks in a row I think that until a UFO lands and we have communications with the occupants the scientific community will still not acknowledge that any of this exists. Just like supernatural events, until the scientists experience events personally they will shoot holes in all the work.

Here is what happened to me that led me to do some research into UFOs. Many years ago in Pensacola, Florida there were numerous sightings of UFOs. This was unknown at first to the general public but many tourists and natives were witnesses to the events. We would travel to Ft. Pickens National Park each year for a two week vacation in June. Ft. Pickens is located near Pensacola and is water locked with the Pensacola Bay on one side and the Gulf of Mexico on the other side. To get to Ft. Pickens you have to travel one of the two bridges that lead to this area. This area being a national park is not built up like the other areas that are on the beach. We would fish and go to the beach every day and I would sometimes fish at night on the small pier or on the beach. My father would drop me off if I was going to fish all night at the pier and he would pick me up in the morning. There would be other people there and one of the rangers was always around so he felt it was safe.

The second time I fished all night I ended up alone at around 3:00 am. This was not a problem for me because I was catching Spanish mackerel and having lots of fun. I do not know what time the tide ebbed but the fish stopped biting at the same time. So, I decided to fish for the bigger fish that were on the bottom and set up two rods for them. I cast the rods as far as I could out into Pensacola Bay with a lot of weight and big bait.

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I moved all my stuff near where I put my rods and set up so I could watch for any bites. I sat down behind the rods so I could be looking up at the rod tips to see any movement. Where I was sitting I was facing Pensacola Naval Air Base and the aircraft carrier that was moored there. I do not know how long it was but suddenly there were planes at the base taking off heading out into the gulf. I watch them take off and it seemed that they were in a big hurry because they had their afterburners on full blast. I had never seen the planes do this the whole time I had been there and it made me pay more attention to what was going on around me. There were no boats or ships anywhere that I could see except for the carrier that was moored. I was looking out over the bay at the water that was calm like a big lake when I noticed a light in the water. I looked up at the sky to see if it was the reflection of the moon but there was no moon in the sky - only stars. The light was a long way off from me on my side of the bay and it seemed to be the same distance from the other side so to me it seemed in the middle of the bay. I kept looking at the light and trying to figure out where it was coming from but could not see anything anywhere that had a strong enough light.

While I was looking for the light source it seemed to me that the light was starting to move up the bay. I was watching this light move and made up my mind that it had to be a sub. It was keeping to the deepest part of the bay so that it would not have to surface and it had some of its lights on. I would watch it for a while as it moved slowly up the bay then I would watch my rods. This went on for 20 or 30 minutes then the light picked up some speed and was out of my sight or went too deep to see. That was when a plane flew over the bay and then another; I think it was the two that I saw take off. They were low and they seemed to be circling the area where I last saw the light.

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When they flew off up the bay the light appeared and was moving very fast this time from where the planes were going. It seemed closer to the top of the water and moving too fast for a sub. It was heading back out to the gulf and it seemed closer to me or that it was bigger - it was hard to tell. It traveled the area in at least 30 minutes where it traveled before in maybe 2 minutes. Then came the planes very fast in the same line as the lights out to the gulf. This time after the planes and lights went by there were waves from the object's wake. I did not see the planes or the light the rest of the night and around an hour later the sun came up.

When my father arrived to pick me up I asked him about what I saw. He was in the Navy and was stationed on a carrier so I knew he would know some of the things they do for practice. He said that it did not sound like a training exercise because they were using their afterburners near an area that was inhabited. I asked the ranger about it and he said that he had seen the planes do the same thing two weeks earlier and asked about it at the base. He said that the person at the base said that they did not have any flights that night or any training scheduled until July. At that time I only thought of UFO's as being in the sky. So when we got home, I started to read more on the topic and found some other people's stories where they had seen an event just like what I had witnessed. This was one of the events in my life that led me to start looking into the paranormal and questioning what constitutes proof.

This next story was told to me by another paranormal investigator. It happened when an investigation of an event led him down a different road than he anticipated. He started his tale with, "this is the weirdest thing that had ever happened to me."

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I had not known the guy very long but he had been on an investigation that included some really weird people so his statement got my attention very quickly. He knew that I would want the facts of the case before the meat of the investigation, so he told me how he had been contacted a week earlier by a friend who knew he did paranormal investigations. His friend had a relative that was having some problems and his friend hoped that he could help them. He said that he met with the party that experienced the event and that they seemed normal enough even though they were kind of ‘hippie-like.’ He said they were really into the all-natural way of life and that they were vegetarians. They told him that they had experienced an event that they described as a poltergeist type event. So he planned his investigation accordingly being cautious to bring extra batteries and an extra camera. He said that he knew that this type of event could cause equipment malfunctions and battery drains.

He said that he approached the investigation according to the witness’s wishes staying at their house overnight. He had arrived at the scene around 10:00 pm and had them give him a tour of the house and the surrounding grounds. He said it was an old farm house on well over 100 acres of pastures and farm land. He said they set up in the room where most of the events happened and started to take readings and wait for something to happen. The investigator said that after they had some tea he went outside to smoke and that this was when things got weird. He said that he remembered lighting his cigarette and then it was morning and he was nude in the field a good 200 yards from the house. He said that he walked back to house looking for his clothes and trying to remember what happened. He found in a straight line back to the house each item of his clothes and then his cigarettes.

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He knocked on the door now fully clothed and the people answered the door surprised to see him. They said that they thought he had gone home and that must have offended him in some way. He asked them why they thought that when his car was still parked right where he left it. They said that they did not go out after the tea and thought he left. He said that this seemed strange to him and even stranger was the way that they were acting. He gathered his things and left them saying that he would be in contact with them. He noticed that they did not seem to care that much one way or the other.

When he got home he took a shower and looked all over his body to see if there was anything weird that was not there before. He could not find anything but that after he thought long and hard about it, he had come to the conclusion that he must have been abducted by a UFO. I asked him if he was running an audio recorder on his investigation and he said yes. I asked him if he had listened to the tape. He said that he had not yet, but had it with him and wanted my opinion as to what happened to him. I said, "Let's listen to the tape and see if it gives us any clues." He had a digital recorder that would record for around 8 hours. Instead of listening to the whole recording I said, "Let's see if we can find the part when you went out to smoke on the tape and start from there." It did not take him long to find when he went out to smoke and you could clearly hear him excuse himself and close the door. There was silence for 15 minutes then the lady said, "What was that?" Then you hear the male say, "It is just that guy that was in here barking at the moon." Then you could hear something very faint that sounded like a dog howling. The male then asked his wife what type of tea they were having that night and you could hear her say, "Peyote and morning glory seeds tea" I then asked him if the tea was good and he said no it was bitter and no amount of sugar would help.

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I asked him if he knew what peyote and morning glory seeds did. He said as far as he knew they were some type of herb that the couple said would help him to witness the paranormal event. I asked him if he wanted to know what happened to him and proceeded to say that it was not paranormal at all.

He said that he was sure that he must have been abducted. I told him what peyote and morning glory seeds could do to him and he still did not believe me... I told him that they would cause hallucinations possibly blocking memories of the event.

He still did not listen to my explanation and was sure that he was abducted by a UFO and they would come back for him soon. Needless to say he had decided that he was abducted and that no amount of evidence would change his mind. He did not take a skeptical look at his own event to see that there was a natural explanation of what happened. OR the man and wife were aliens and had staged the whole thing with the recording to keep him from having any credibility. The Men in Black never appeared and I was told never to tell his story but it may have been the tea that I drank last night that was very bitter that made me write this.

The first story that happened at Ft. Pickens was from my own childhood and I know that the event happened just as I had said it did. The second story about the tea, being naked in the field and barking at the moon was used as an example. And as an example, I may have taken some liberty with the content of the story. I don't know how much because I am on my second cup of tea...



Do you the difference between possession and subjugation?

Dealing with those who have Been Subjugated by Negative Entities

Matt Sharpe

‘He complained in no way of the evil reputation under which he lived, indeed, all over the world, and he assured me that he himself was of all living beings the most interested in the destruction of Superstition, and he avowed to me that he had been afraid, relatively as to his proper power, once only, and that was on the day when he had heard a preacher, more subtle than the rest of the human herd, cry in his pulpit: “My dear brethren, do not ever forget, when you hear the progress of lights praised, that the loveliest trick of the Devil is to persuade you that he does not exist!”’ - *The Generous Gambler* (1864), Claude Baudelaire Variant

“The greatest trick the Devil ever pulled was convincing the world he didn't exist.” - Keyser Söze (Kevin Spacey), *the Usual Suspects* (1995)

The subject of this piece is one that many find ridiculous and a thing they cannot recognize as ever actually happening. While some may take that way of viewing the subject, they of course do not actually know it to be even remotely true or accurate. But they have the right and I will not attempt to change that. From that opinion I used the quotes at the beginning of this piece, because they hold true and regardless of anyone's opinion in the whole of things. Any possessing the ability to perceive beyond the normal five senses humanity has can more easily see, feel, or sense these negative entities, as can a shaman of any type, degree or tradition. I have written on this subject before, but that previous writing was about the entities themselves rather than the distinction of the humans brought under their influence.

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This is the primary reason this particular avenue of perception is important. Such subjugated persons are far more widespread than most would ever suspect or admit. The average person who finds themselves dealing with one who bears what I call "riders" in the earliest stages, but which inevitably becomes possession in its fullest extent, presents a challenge. One cannot just beat or execute the person, despite the fact that those desires would certainly come to pass. One must recognize that those too are the manifestations of the negative entity, as it tries to play both sides of the equation against one another. And whether it be completely obvious or not, should either person act in such a manner then they have used their free will to actually choose to be used by the entity. That is a subjugation of its own. Make no mistake in seeing it as any other thing.

One who is ridden or possessed fully, cannot ever be trusted to any degree except to always do the worst things. If one is able to expect that to any degree and plan defensively in accord with that expectation, then they have a chance at withstanding the attacks and being able to come forth from the other side without being manipulated or controlled. Much self-control is required, and on many levels at the same time. Doing this provides a measure of self-defense and can enable a person to learn much about how these entities work, why they do what they do, and what the best means of defense can be. While I will outline a number of these, one must remember that situations always evolve, so my recommendations are merely basic guidelines. It is never a bad idea to infuse one's own creative imagination with these basics to come up with newer and more personally effective means of offense and defense.

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Negative entities use desire to latch on to a person. If the individual cannot control their own desires, they will literally be without defense against a negative entity that will without fail attempt to latch on and feed from these desires. Every religion has outlined methods to overcome such things, but my mention of desire brings to my mind first, Buddhism. Any Buddhist ought to recognize exactly how this would work based on Siddhartha Gautama's specific attention to the ills that desire brings to mankind, and that being the case, I imagine that every Buddhist is already very well aware of their own struggles with desire in its many varied forms. But Buddhists are by no means alone! Every other religion has to deal with desire also, as do those who follow no religion or spiritual system. Desire is not necessarily a bad or evil thing, but it is a thing that is very deeply involved at the heart of mankind's many attachments, which happens to also be another thing that the Buddha spent some time speaking about. This is because the many Asian religions have always been aware of desire, and the negatives it can cause. Buddha took his knowledge of it from Hinduism, as did the Jains and the Sikhs, and with very good reason. This basic can be found nearly everywhere. It exists within Zoroastrianism, from which it found its way into Judaism, Christianity as well as Islam and Eckankar. Hinduism and Buddhism also traveled along the Silk Road, so they were far from unknown in Palestine, and this is why Christianity mirrors Buddhism considerably, although some would argue that to be untrue it is irrelevant. The true point is that desire, attachment, and self-control or a lack thereof are found to be present. One who has self-control and balance in all things, has no worry about negative entities or their ways of attack, because to achieve that state, they would already have had to deal with such things to gain it. It is a part of the Way as it were. It is a step along the Path of every way, and negative entities are at play in every religion around the globe. None are exempt.

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Now the human who is influenced or controlled by a negative entity will often pretend to be clean, clear and good, as well as balanced and moral in every perceivable way, but a closer inspection shows this to be a deception. A careful eye will always reveal the true motivation that lies beneath the deception, and that is the entity's desire which it will always try to attain. The human's desire is always being fed from by the negative entity, and is prompted and encouraged by it too. This is why individual self-control and responsibility is required to prevent one gaining first influence, and later complete control. It is worth noting that the prompts of such an entity are disguised to seem and sound exactly like one's own thoughts. A person will tend to listen to something if they believe it to be their own thought process as opposed to anything else trying to control them. The ego would fight that control so instead an entity will try to trick the ego to serve the intended purpose rather than do a thing that would provoke an antagonistic response.

The ego itself is a lower aspect of the mind and emotions, something of an uncontrolled automatic process. That is specifically what needs to be changed. That can be replaced with a conscious and aware state that inspects everything as well as its motivations and choices. If that is in place, it becomes much more difficult for a negative entity to gain control of the individual, especially by using these little noticed sub-conscious processes. Negative entities can see the majority of a person's thoughts and feelings, making it much easier to manipulate, especially when the individual themselves is not even aware of these things going on. This is a basic step on the ladder toward what we call enlightenment, and has much to do with the reason that Paul Twitchell, in the early days of Eckankar, called it the science of total awareness, as the point was to always be experiencing and growing the awareness into ever more expansive states.

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These lower plane levels of emotion and mentality and duality are where there are always two sides, thus the reason and purpose for negative entities and their constant invasions and attempts to gain control. There is no more efficient way for the individual to learn than by direct experience.

I have mentioned self-control and responsibility several times here, and in the attempt to give a degree of clarity and context, I will use two quotes by Sufi Murshid Hazrat Inayat Khan. He says, "Self-control is the most necessary thing to be learned; a person may have great spirituality, illumination and piety, but in the absence of self-control this is nothing. Self-control also is the way of happiness and peace. No thought or feeling should arise without our will. When we have gained mastery over the self, we have mastery over all things. ... Self-control is an attribute which distinguishes man from the animal; both have their appetites and passions, but it is man alone who can control them." ¹

And going further with the same subject he offers, "The control of the self means the control of everything. What does it mean when we see a person fail time after time, or another person succeed time after time? It is just a matter of holding the reins of our affairs in our hands. When there is no rein there is failure. Failure means that there has been lack of self-control, whether it is a failure in affairs or in health. Illness always comes when a person has lost the control of the self. It is because this is the main theme of metaphysics that Hatha Yoga has been considered of the greatest value. All the miracles and all the wonders that have ever been known in this world have been done by those who have been able to control themselves by abstinence, and therefore to control life.

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However much was said upon this subject, it would still not express it. To begin with a person is puzzled by it, and he wonders whether he should believe it or not. That is why in the East the adepts never speak of their experiences in the spiritual life. They only tell their disciples to lead it and practice for years. "That will make it clear to you, they say." ²

Both of these quotes tell one that in the ultimate sense, he who attains the ability to truly be aware of their thoughts, feelings, and the motivations that cause them will become able to keep them under control, and within balance, making these the definition of self-control, or as we say in Eckankar, the control of the lower self. This quality alone can bring one to the realm of being capable of controlling themselves in all the lower states, as well as those negative entities that test and try constantly to spur spiritual growth and evolution. Progress cannot be attained otherwise, and is a requirement for one who seeks to protect themselves from negative entities.

The person who is under the control of a negative entity will constantly try to approach and gain their desire, or that which the entity actually desires and passes on to the person. How does one defend against this sort of thing?

First of all it is a necessity to be able to recognize a person who would do such a thing as fall prey to a desire and thus come under the influence of a negative entity. The person may show somewhat erratic behavior patterns that are very little like the person they had been before. When an entity encroaches on a person, changes will begin, most often in the personality and emotional states.

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The things they say and talk about will change and will move ever toward that desire, whether it be for a person, or a thing, or a type of interaction or association with others whether for sexual gratification or any other sort. It will usually appear much like a drug addiction, and a drug addiction is a fitting example, because anytime you have a person addicted to a drug, alcohol, a food, or anything else, there is always an entity feeding on it and driving the desire forward. Addictive behaviors are just one sign, but are generally a very good one.

Another way a person under the influence of an entity might act is obsessively needy about something. That coupled with the extreme lengths a person will go to try and attain that need are a clear sign that something is going on that is not necessarily normal in any outward way that can be seen. This too resembles the way an addict is when in the presence of that which he is addicted to. Of course it also must be noted that these things can vary widely being either more subtle or of greater intensity, and everywhere in between. It cannot be left out the potential possibility that a mere addiction can also often be the case of a person exhibiting these symptoms. Investigation is required rather than to make a needless assumption in the wrong direction, which never brings desirable results.

While the individual in question is best avoided, this is not always possible in every situation. So these steps are ones that can aid in not only keeping space between, but a shield against. An overall detachment is a requirement. If this is hard to accomplish, it must still be tried for to every degree possible, as it is this detachment that provides the best initial shielding.

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If the person in question notices this being done, they may at the urging of the entity, try to approach and draw you closer, making excuses for added association and closer involvement so as to continue the feeding. This feeding is nearly always the most basic of desires for the negative entity, but there may well be others aside from that, including and not limited to habits of lust, whether sexual, for drugs or alcohol, or even a thing as basic as cigarettes. Possessions, jewelry, money are all things that a person can be overly attached to and that the desire for can be used to gain control over the individual.

Once all of these sorts of things are gone through, inspected, considered, and relieved, another step might be some sort of religious action, prayer or ritual that is meant to protect or shield from negative entities. Every religion has a means of doing this, however the effectiveness may vary widely which has much to do with personal belief in it. Generally speaking, one must ask for help from the Divinity, by whatever name, then bless, cleanse and shield in that name, in the name of the active Spirit or Will of the Godhead, as well as in the name of the individual who is the physical expression of commune between humanity and God. The Savior, Saint, Sant, Prophet, Master or Guru is the physical channel through which the Divine Will can work most directly and without obstruction. Any human can attain the same ability, however that requires a great deal of dedication and work towards that attainment, which tends to never occur overnight. However, so long as there is a living human able to remain in that spot, this methodology will work.

The very best method of offense against a negative entity, as well as the human it controls is to use love as both sword and shield. Constantly bless them with Divine Love in God's name.

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Do it so often that it becomes habitual, but be sure it is free from anger or malice, as these emotions are food for the entity and it absolutely will use them as such. The point is to instead starve them. Inevitably they will have no choice but to consume the host, which will bring an end to the situation. This is another reason that detachment is of extreme importance. There must be absolutely no means of an ability for the entity to feed from you, as providing it food is the same as inviting it to board you and live in your body with you, a thing that will inevitably lead to complete possession.

Only a very few have ever successfully exorcised a negative entity from themselves, and in most cases that is not even a possibility to accomplish. That is quite the ordeal to go through and not a thing I would wish on anyone. It is best to again ask God, the Spirit, as well as the Master, Sant or Guru for aid in overcoming the entity and removing it. One need not ever actually contact the individual but should instead ask for help inwardly. The asking is a definite necessity because it is this that gives permission to both God and the individual Master to act on one's behalf. Doing this makes for a very auspicious circumstance and is the very best way to reach a conclusion with as few casualties as possible. And with this in mind, it is also recommended that the asking for help be repeated regularly. There is nothing wrong about doing so several times each day as well as before going to sleep at night. One must be willing to devote themselves to giving full effort toward accomplishing the goal of not only remaining free to live and choose by one's own volition, but also to pursue the spiritual advancement towards the realization of the True Self, the Soul, and Its natural state of Being.

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There are many steps that must be taken along that way before one reaches the goal, but in doing so and continuing despite the many mistakes and lessons that will inevitably be learned through that process, one arrives having conquered many levels of temptation from every possible angle, and each level of negative entity that exists only to try to ensnare individuals and drag them backwards. There is no sitting still in any place along the way. One must always be moving, either forward or backward. In each moment a choice is made regarding desire and motivation. Be aware and consider each aspect of a choice so that you can choose carefully and wisely.

* Source of quotes: <https://en.wikiquote.org/wiki/Devil>

Hazrat Inayat Khan quote sources:

1 https://wahiduddin.net/mv2/VIII/VIII_1_14.htm

2 https://wahiduddin.net/mv2/VII/VII_30.htm





Can other realms breach the communication barrier?

Who's calling?

Carlsen B. Lanz

We moved into the 'old house' when I was about six years old. It was a grand place with plenty of places, nooks and crannies for kids to hide and play imaginary games. The attic was a special treat full of old trunks where one could find old clothes, memorabilia and odd antic items. It was in the attic where my brother and I found the phone.

It was one of those old models where the ear place hung in a cradle and one had to speak into the mouthpiece on the phone proper. It seemed to still be in working order – the dial turned and the cradle still moved up and down. My brother and I were intrigued with it and brought it downstairs and into our bedroom. We invented many game themes surrounding the old phone – old time detectives, cops and robbers and our favorite which was old time gangsters.

One rainy day we decided to bring the phone into our room.

The first few days the phone was in our room were uneventful but on the fourth day things began to happen.

It was about half past midnight when we were woken up by a 'clicking.' We turned on the light but could not find anything remiss in the room except for the fact that the earpiece was off the cradle and laying on top of the dresser. In the old days, striking the cradle by moving it up and down was the way to signal an operator. My brother returned the earpiece to the cradle and we went back to sleep.

This routine continued for a few more nights and we were baffled by how the earpiece was moving off the cradle.

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A week then went by without any incident at all but on a stormy night soon thereafter we were awoken by the phone ringing. It rang once and then stopped. Needless to say it frightened the bejesus out of us. My brother wanted to return the phone to the attic but I was too curious and wanted to figure it out. After all nothing bad was happening except the phone fluke.

For the next couple of nights the same thing played out – the phone would ring once and then stop. The oddest thing about that was the ring was quite loud yet no one else in the family heard it. After putting up with this for a while, I decided the next time it rang, I would answer it. So, we waited, sitting in the dark for the phone to ring which was usually around 3:00 am. Right on time the phone rang and I answered it with a weak “hello.” The phone was dead as a doornail. I answered that phone for five nights in a row with no results – just dead silence. My brother was clearly becoming very paranoid with the situation so we decided to bring the phone back to the attic and put it back into the trunk where we found it.

The last night the phone was in our room, it rang one more time. I ignored it but then it rang again so I answered it not expecting any result. This was not to be the case. I spoke into the phone with a confident “hello.” I heard some static and then a man’s voice that said: “Mary?”

That was enough for us. We didn’t wait until morning but snuck back up into the attic as quietly as we could and put the phone back into the trunk. With the phone out of the room there was no more phenomena.

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Continued ...

That was enough for us. We didn't wait until morning but snuck back up into the attic as quietly as we could and put the phone back into the trunk. With the phone out of the room there was no more phenomena.

Our family lived in that house for about 9 more years and then moved away. Nothing else paranormal ever happened. My brother and I never spoke about the phone but in later years I did some research on the history of the house and found out that the family that lived there had a runaway daughter who never returned home. Her father would sit by the phone every evening waiting for it to ring in hopes he would hear from his child which he never did.

Her name was Mary.



➔ Who is that staring at you?

A Lingering Glance

Telma Adowa

The curse of the Evil Eye is described as a supernatural power that causes disaster, illness and even death with a glance or lingering stare. It is one of the most feared arcane curses known to man with historic records documenting its power dating back to 3000 B.C. E. The Sumerians, Assyrians, Babylonians, ancient Greeks and Egyptians as well as the Romans believed in it. Mention of the Evil Eye even appears in the Bible!

The Evil Eye is thought to be an inherent power possessed by certain individuals at birth or by those who possess magical powers like witches or warlocks. Women and children are thought to be the most vulnerable although those who are envied because of their happiness or prosperity are prime targets. According to Native American folklore the 'death-dealing' Evil Eye was often used in conjunction with the medicine man's finger or shaman's finger or wand pointed at the intended victim in an attempt to send negative energy toward them.

There are several historic remedies should one be attacked by the Evil Eye and immediate action must be taken to avoid calamity. Probably the most well-known defense against the evil eye is the nazar. It is an eye shaped amulet that is believed to offer protection. It was/is used in Hindi, Urdu and Persian communities. Another is the Hamsa Hand (also hamesh, chamsa, and khamsa) which is ancient Middle Eastern. It stands for the Hand of God. In some places a raw egg (a symbol of purity) passed over the afflicted and then broken into a bowl of water and examined for the quality of success is believed to be effective.

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In Italy, the malocchio can be dispensed with oil in water and a repeated prayer.

The ancient Egyptians used amulets called *udjatti* known as the Eye of the Sun and the Eye of the Moon to guard against the Evil Eye. Other common amulets shaped into phallic symbols or a curved horn or a clenched hand with the thumb stuck through the middle and fourth fingers are also believed to be effective. Bells, brass, red ribbons, garlic, horseshoes, iron, and special objects made of rowan, juniper or shamrocks serve as other types of safeguards. Some cultures believe that statues of the heads of monsters particularly Medusa are very effective in repelling the Evil Eye. A ritual involving spitting is particularly effective and is most likely the root for the phrase “spit in your eye.”

Some victims of the Evil Eye believe that the only way to nullify the curse is to consult a witch, sorcerer, shaman or wise woman/man who can invoke a counter-spell. This brings up warnings of fraud in some cases because people will try to scam money and this type of thing is considered an easy hit. I always say, “Buyer beware.”

As a practicing Yoruba Shaman who lives in a small community I am often consulted by those believing that have been victim to either the ‘evil eye’ or ‘pointing.’ In fact it is rather common. Many times this type of thing concerns minor disputes between friends or neighbors which are easily resolved through reconciliation between the sender and sendee where the basic curse is lifted. Other times what is going on is more disconcerting and requires “medicine.” Each cure is different starting with finding the root cause after discerning the symptoms which are present.

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In my case I work with the Orishas (minor gods and emissaries of God Almighty) who then guide me how to dispirit the curse in the unconscious in order to free the victim.

Modern psychology touts that if an individual refuses to believe in the Evil Eye then nothing will happen. In some cases this may be true however, there have been cases of people unaware the curse had been set upon them and who became mysteriously sick or unlucky for no apparent or logical reason. I leave it up to the individual to decide.

jẹ ibukun
(Be Blessed)





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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Troy Lucente (*Sam I Am*, pg. 40)

Troy Lucente is a retired anthropology professor currently residing in upstate NY with his wife Belinda. He and his sister Desiree are no strangers to supernatural experiences during their lifetimes, the themes of which they have written about in various articles and posts. Troy is an avid fisherman during the warmer months and enjoys carpentry in his specialized 'wood shop' in the colder months.

John Holbrook, Holbrook PSI (*UFOs are Paranormal Too*, pg. 43)

John has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. His friends tend to think of him as the "earth bound Michael" because he is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of a matter.

Matt Sharpe (*Dealing with those who have Been Subjugated by Negative Entities*, pg. 51)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter.

Carlson B. Lanz (*Who's Calling?*, pg. 61)

Carl is a paranormal investigator who is teamed with his wife Jeanine. Both have had numerous paranormal experiences in their lifetimes and currently live in a haunted house. Carl enjoys deep sea fishing and local hiking. He and Jeanine are currently compiling information based on their scariest moments for a book which they will co-author.

Telma Adowa (*A Lingering Glance*, pg. 64)

Telma Adowa, known in her community as Sister Telma is a wife, mother of two strapping boys and a Yoruba Shaman. She holds a BS degree in psychology and African American Studies. Her favorite author is Zora Neale Hurston, author of African-American literature and anthropologist, who portrayed racial struggles in the early 20th century American South, and published research on Haitian voodoo. Telma enjoys the art and craft of basket weaving and teaches local classes on occasion.

ARCANUS OBSCURUM

READING THE SIGNS OF THE TIMES...



Section Managing Editors:

Marco X. Mascolo
Eliana Rosini

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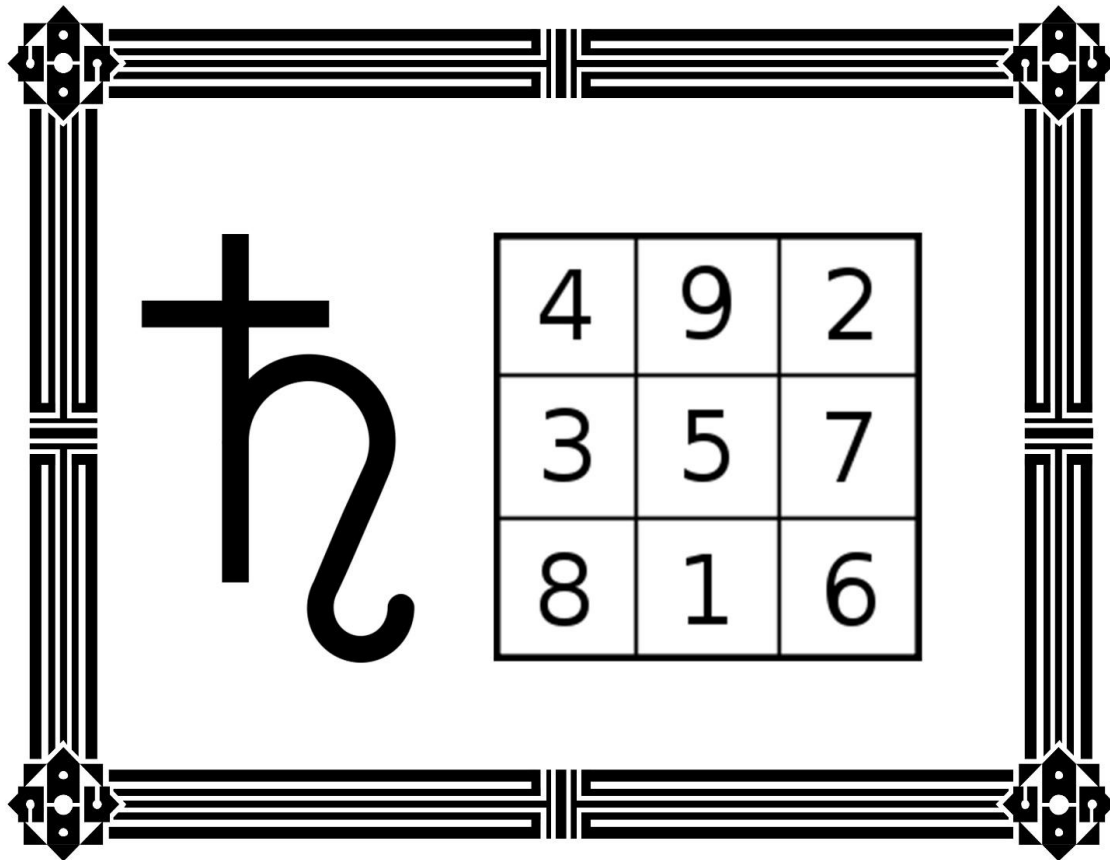
Imagery: Pixabay.com



Crystal Kamea Magic

Niori "Mistress Arcana" Namath

The Kamea or Magickal Squares date back thousands of years. The Ancient Babylonians, Chinese, Mayans, North Africans, and prehistoric French were familiar with some of these planetary number tables and used them for occult purposes. There are seven Magickal Squares - one for each of the original known planets: Sun, Moon, Venus, Mars, Jupiter, and Saturn. Depicted is the square for each planet along with the planet's symbol and an explanation of the arcane power possessed by each. The stones and crystals pertaining to each of the seven ancient Magick Squares were used to work powerful spells and manifestations by the ancient wizards and seers. These stones can be used to adorn personal amulets made in accordance with a particular Square.



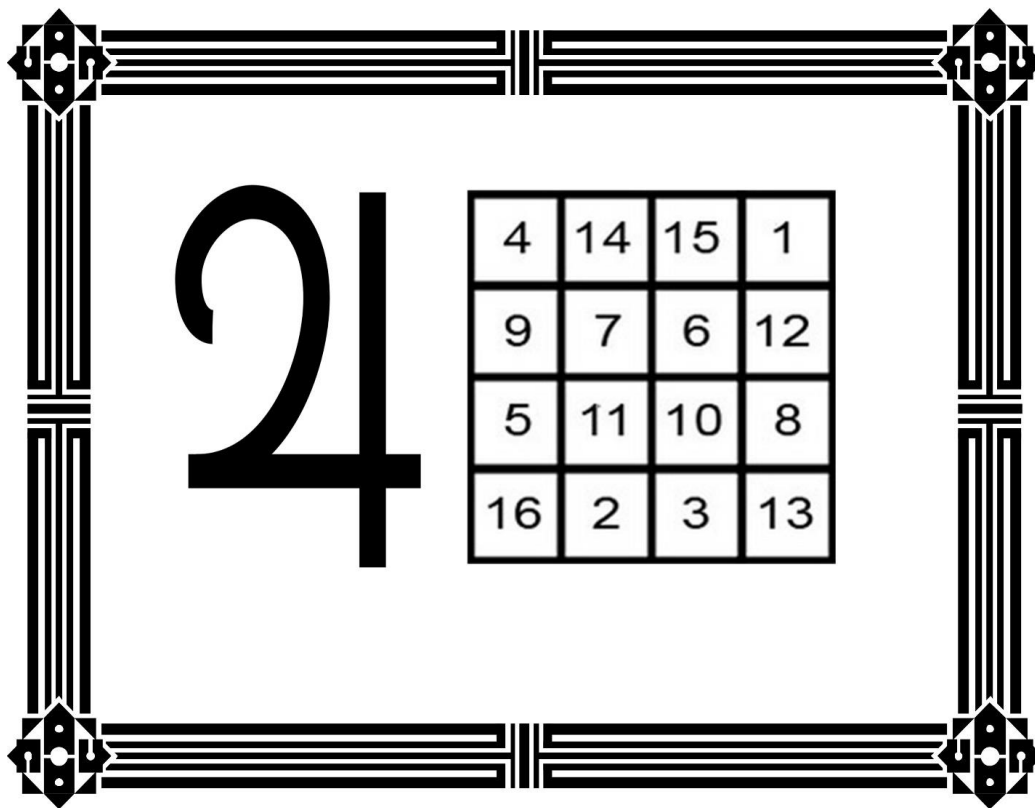
THE SQUARE OF SATURN

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The Square of Saturn is the oldest known Magic Square. Its discovery is credited to Emperor Yu the Great circa 3000 BCE. It is an order 3 square consisting of three cells across and three rows down. Each horizontal, vertical, and diagonal row adds up to the number 15. Magically, the square is tied to the comprehension of Karma and the understanding of past experiences. It can be used to enhance the development of personal discipline and the correct use of boundaries, limits, and structure. Spell work concerning this square is best used to bring a matter to its rightful conclusion while surrounding the individual with protection and stability. The colors of this Square are black with white writing. The elements are Earth and Water, the tone is FA or 'F', the metal is lead, and the day for spell casting is Saturday. The Seal of Saturn is believed to increase life expectancy, guard against renal disease, and be used to see the future.

Saturn rules all stones and crystals but the Magick Square of Saturn is mostly conducive to dark stones and crystals. Other stones are Apache Tear, Brown Jasper, Hematite, Jet, Obsidian, Onyx, Rutile, Star Sapphire, Black Tourmaline (Schorl), and Brown Tourmaline (Dravite). Dark veined Serpentine can also be used. The Seal colors of Saturn are black and white. Make your amulet on a Saturday. Use it for karmic issues, patience and protection.



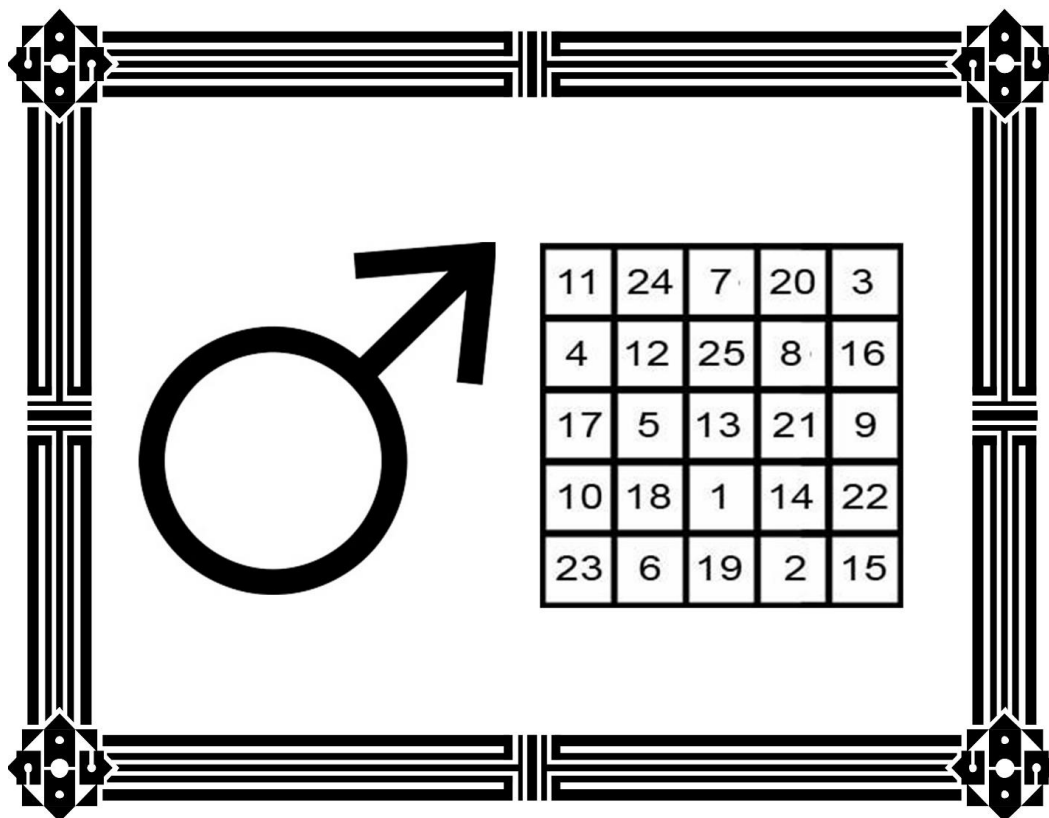
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THE SQUARE OF JUPITER

The Square of Jupiter is an order 4 square. Each row adds up to the number 34. This square was fascinating to the artist Albrecht Dürer (1471-1528) who included it in his artwork titled Melancolia. The numbers of the Square appear in total reverse in that work and it is believed that the bottom row contains the date 1514 (the year of the work). Oddly, Dürer was 43 at the time the reverse of which is 34 and the total of each row. The Square of Jupiter is considered fortuitous bringing success in legal cases, partnerships, and business expansion. It is also believed to enhance one's spirituality. Spell work with this square should be done on a Thursday. The elements associated with this square are Air and Fire, the tone is SOL or 'G', the metal is Tin, and the colors are blue with orange/bronze. The Seal of Jupiter is thought to increase happiness, enhance wealth, gain and honor, and bring down enemies.

The Magick Square of Jupiter is Air and Fire oriented and is conducive to stones associated with those elements. The stones are: amethyst, carnelian, peridot, diamond, emerald, lepidolite, sapphire, sugilite, and turquoise. The Seal colors of Jupiter are burnt orange and royal blue. Make your amulet on a Thursday. Use it for justice, growth and material gain.



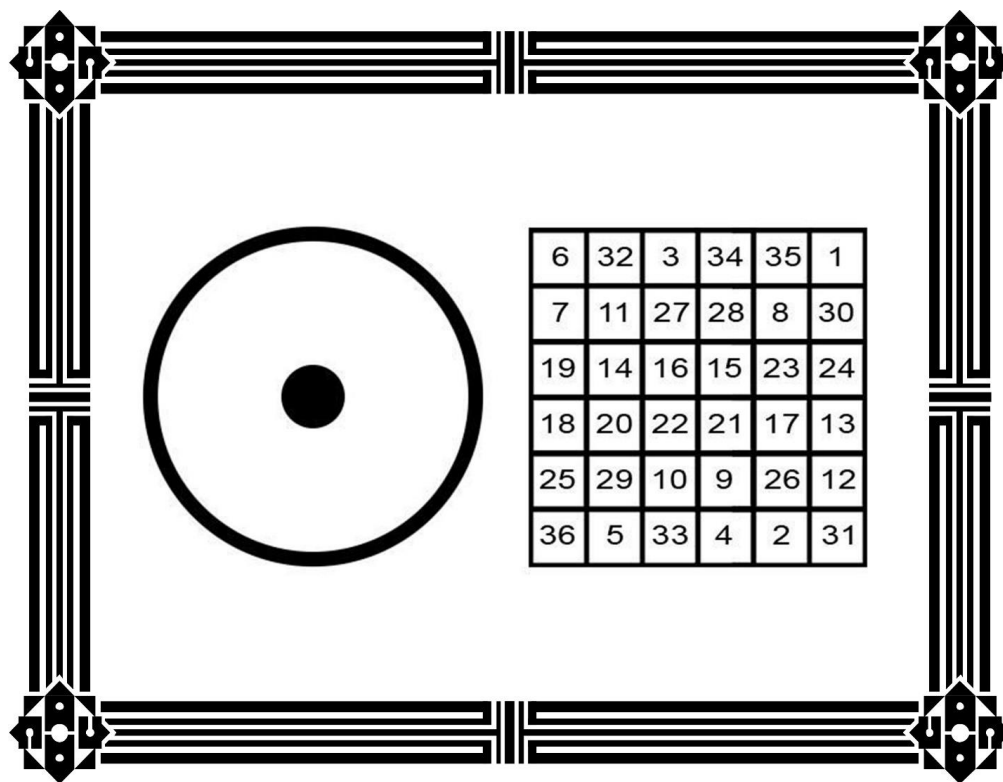
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THE SQUARE OF MARS

The Square of Mars is a 5 order square. Each row adds up to the number 65. The square of Mars has an association with the war god Ares and all of his martial associations. The phrase "seeing red" is conducive to this square. The square of Mars is a vibrant energetic square. It enhances taking action, physical strength, personal courage, and willpower. It can be used to control one's temper and passions. It can also be used to bless vehicles, machinery, commercial kitchens, and cooking. Mechanical aptitude is empowered under its energy. Spell work for this square should be done on a Tuesday. The element associated with this square is Fire, the tone is DO or 'C', the metal is iron or steel, and the colors are a bright red background with green lettering. The Seal of Mars is believed to make an individual powerful and courageous. Physical energy and stamina are enhanced. Spells done using magnets which are symbolic objects of the metal iron can be used in cases where "magnetic" attraction is desired.

The Magick Square of Mars is conducive to Fire Stones, especially if they are set in iron or steel. The stones for Mars are: agate, amethyst, bloodstone, carnelian, flint, garnet, red jasper, lodestone, pipestone, onyx, rhodochrosite, Rhodonite, ruby, topaz, and red tourmaline. The Seal colors of Mars are red and green. Make your amulet on a Tuesday. Use it for physical strength and initiating change.



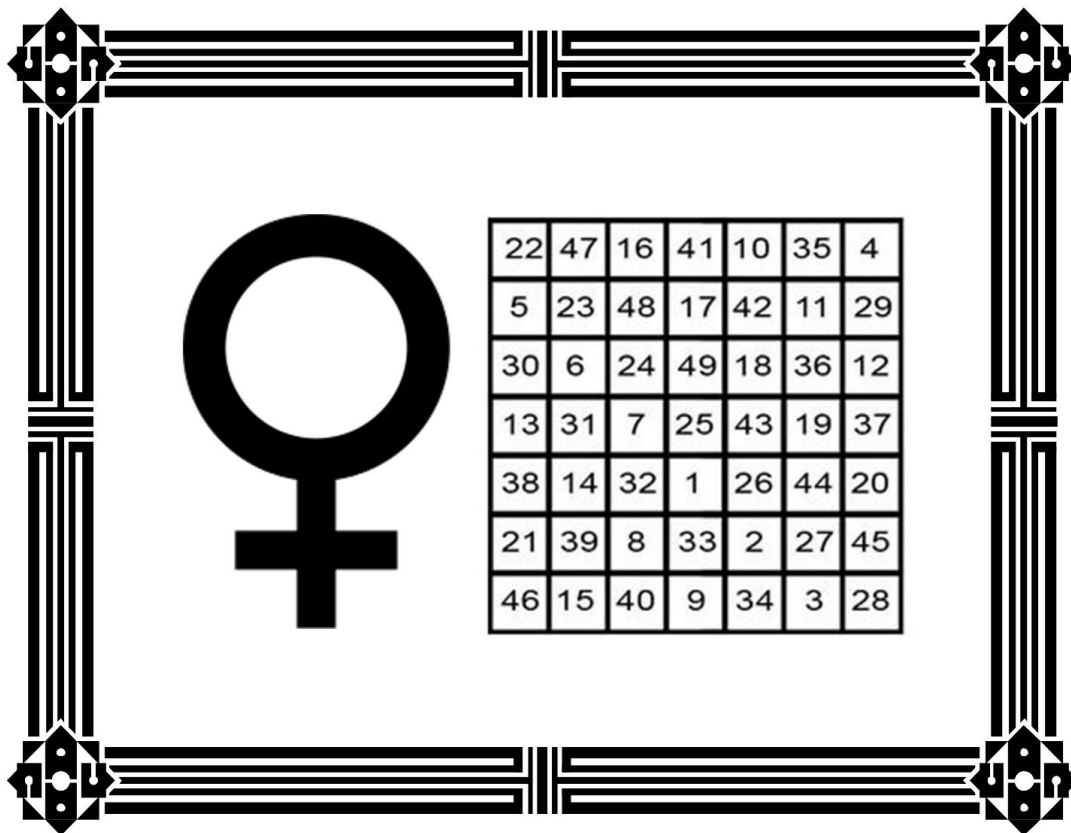
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THE SQUARE OF THE SUN

The Square of the Sun is a 6 order square. Each row adds up to 111. In ancient cultures, the Sun was worshiped as both male and female entities. In either role, it always was considered a light-bringer associated with abundance and success. The square of the Sun enhances health and vitality, self-confidence, leadership abilities, and perception of goals. Great powers of self-actualization inherit in this square can lead to success in all new projects. Topics appropriate to this square are issues concerning authority, advancement, and ambition. Spell work for this square should be done on a Sunday. The element associated with this square is Fire, the metal is gold, the tone is RE, or 'D', and the colors are a bright yellow background with purple or magenta lettering. The seal of the Sun is thought to make an individual invincible and able to fight off fever and plague. It also helps banish vain delusions.

The Magick Square of the Sun favors Fire Stones set in 14 kt or 18 kt gold. The stones are: amber, carnelian, citrine, diamond, garnet, ruby, sunstone, tiger's eye, and golden topaz. The Seal colors of the Sun are royal purple and gold. Make your amulet on Sunday. Use it for self-confidence, ambition and renewed vigor.



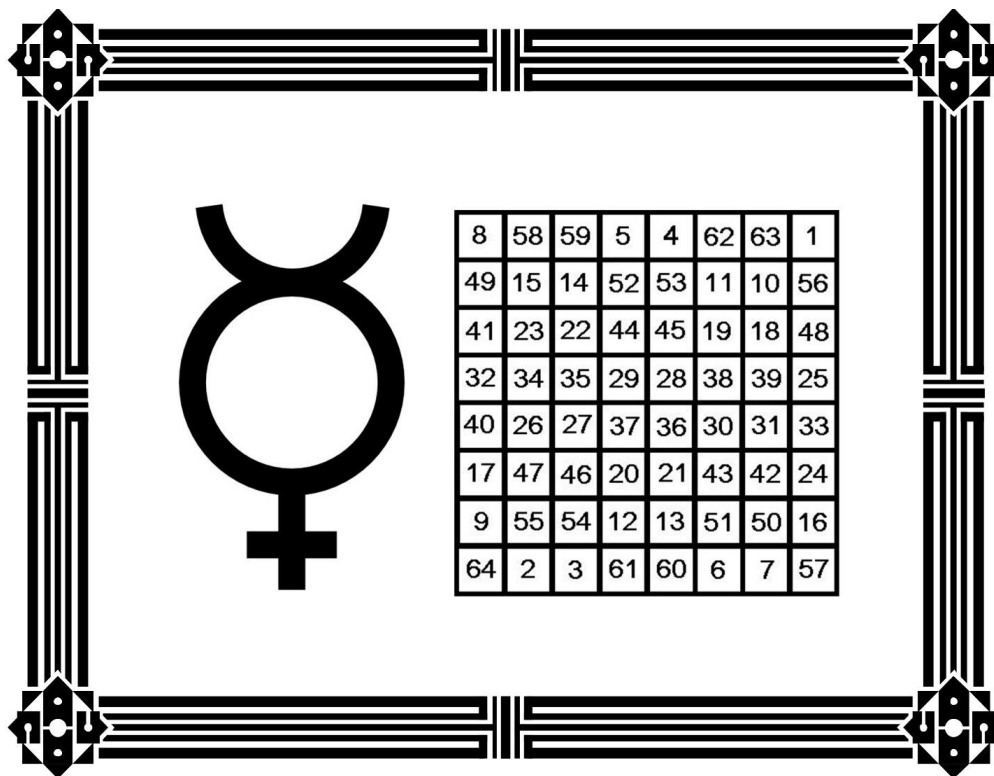
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THE SQUARE OF VENUS

The Square of Venus is a 7 order square. Each row adds up to 175. The Venusian influence has always been associated with beauty, harmony, and love. The ancient Sumerian symbol for Venus was an eight pointed star or rosette. In ancient times, this expressed the eight year cycle in which Venus drew her pentacle. The square of Venus enhances joy, friendship, love, playfulness, and romance. The square of Venus can be successfully used for inviting love and relationship into your life, enhancing sensory awareness, and heightening domestic or sensual cooking. Spell work for this square should be done on a Friday. The element associated with this square is Earth, the metal is bronze or copper, the tone is 'A' or LA, and the colors are a lemon yellow background with forest green lettering. The seal of Venus helps individuals obtain favors and kindness and gain love on all levels.

The Magick Square of Venus prefers its celestial manifestation to take place through the following stones: amber, azurite, beryl, Chrysocolla, Chrysoprase, coral, emerald, jade, green jasper, kunzite, lapis lazuli, malachite, olivine, pearl, peridot, ruby, sodalite, green tourmaline, and turquoise. It's best if these stones are set in copper or bronze. The Seal colors of Venus are green and pale yellow. Make your amulet on a Friday. Use it for love and acts of creation.



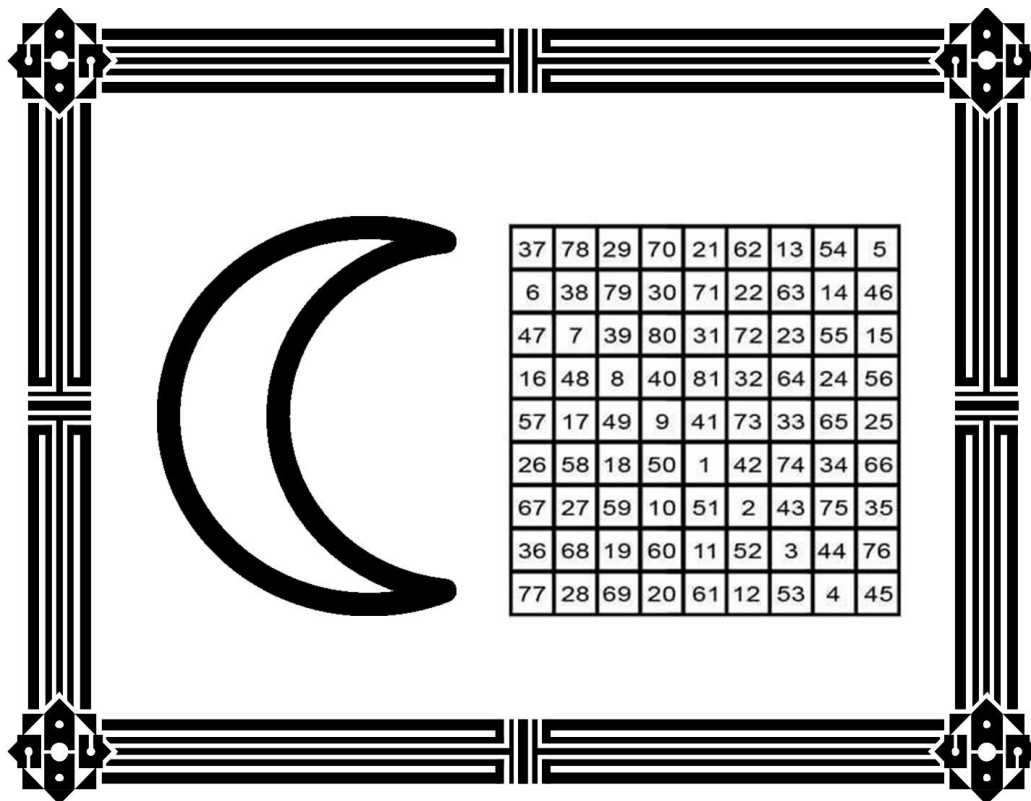
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THE SQUARE OF MERCURY

The Square of Mercury is an eight order square. Each row adds up to a total of 160. In ancient times, Mercury was the god of thieves and trickery but when operating positively, cleverness, caprice, and sharp skills were prominent. Mercury was also the divine messenger who ruled travel and stood as god of the crossroads. The square of Mercury, enhances all types of communication including divination. Spell work should be done on a Wednesday and includes casting for eloquence, travel protection, and business. The element associated with this square is air, the metal is quicksilver, the tone is MI or E, and the colors are orange-bronze with sky blue letters. The seal of Mercury grants skill for making money in business, cures fevers, and instills genius and memory along with fine eloquence.

The Magick Square of Mercury has a preference for stones ruled by Air. The stones are: agate, amber, aventurine, chrysoprase, emerald, and hematite, all forms of jasper, opal, peridot, sapphire, and turquoise. Mercurial stones should be set in electrum which is an alloy of gold and silver. The Seal colors of Mercury are pale sky blue and pale orange. Make your amulet on a Wednesday. Use it for communications, connections, and travel (mundane and etheric).



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THE SQUARE OF THE MOON

The Square of the Moon is a 9 order square. Each row adds up to the number 369. In today's society, we tend to associate the moon with all things female but in ancient times, many cultures considered the moon to be male. Much of the folklore surrounding the Moon focuses on shape-shifting, psychism, and magic. The square of the Moon enhances intuition, instinct, fertility, and creativity. The energy blesses all garden and farming endeavors and safe journeys involving water. Spell work should be done on a Monday and can be used successfully for heightening psychic awareness. The element associated with the Moon is water, the metal is silver, the tone is T, TI, or B, and the colors are a magenta background with yellow lettering. The seal of the Moon can be used as a remedy for tiredness induced by travel, for fighting disabilities in children, and for aiding in garden growth.

The Square of the Moon prefers stones that carry the water element. They are aquamarine, beryl, coral, moonstone, pearl, sapphire, and selenite. All stones associated with the Moon should be set in silver. The Seal colors of the Moon are magenta and gold. Make your amulet on a Monday. Use it for fertility, emotional healing, and psychic knowledge.

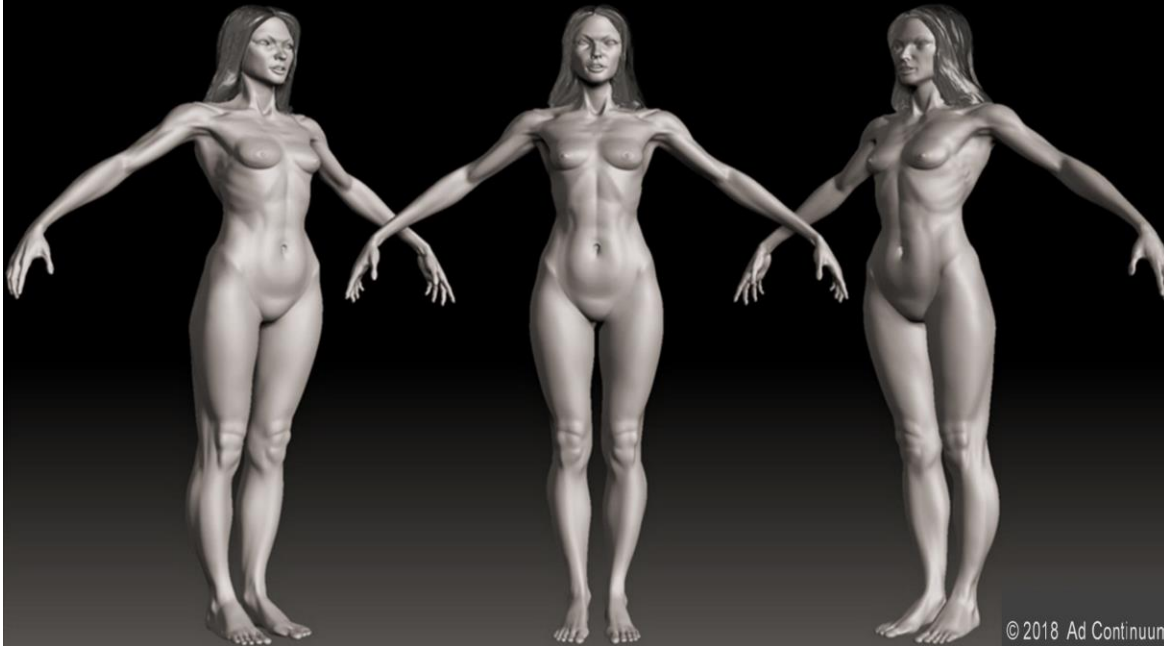




The Three Mothers



To the Jewish Cabalists, the Hebrew letters Alpeh, Mem and Shin represent the three elements, air, water and fire. They believe the heavens are composed of fire, the earth of water and in between them the air symbolizes the mediating spirit. These three letter/elementals are known as "the three mothers." The Elder Futhark also has "three mothers" referenced by the Runes FEHU, HAGALAZ and TEIWAZ. According to mysticism, the human body's structure reflects that of the cosmos. Parts of the human body are therefore connected to these three letters and these three Runes. FEHU (air) rules the chest, HAGALAZ (water) rules the stomach and TEIWAZ (fire) rules the head and intellect. FEHU also rules the seasons of spring and fall, HAGALAZ rules the summer season and TEIWAZ rules the winter season.



Runes and Magic

Thomas Carroll

Humankind has used signs and sigils for thousands of years to aid in communication, to record knowledge and in some cases to divine the future and evoke magic for purposes of protection and empowerment. Suppressed and nearly destroyed by the early Christian Church the Runes resurfaced and used for both personal guidance and magic.

Every Runic symbol houses an elemental force that corresponds to a god or lesser power. The ancient Runemasters used runes to ward off harm from the physical and psychic realms but Runic Magic was the gift of the warlock who was skilled in the magical art of wardlokkur which included the techniques of protecting or binding people or constraining spirits.

One of the most popular runes used for binding magic in ancient times were known as alerunes. Alerunes were used to block any magical enchantments of 'strange' women. The man under alleged attack would write these runes on the inside of the cup from which the woman in question would take a drink. To activate the rune power the man would scratch the rune Nauthiz (constraint) on his fingernail. Also weather was of great importance in the ancient world particularly connected to farming, hunting and sailing. The idea was to properly anticipate the weather and then try to control it. To this end, Runemasters used brunrunes which translates literally to fountain runes or surf runes in order to connect harmoniously with the power of running and flowing water usually associated with the ocean. Brunrunes were carved upon the stern, steering oar or rudder of a ship to protect it at sea.

Like other methods of insight such as the Tarot, astrology, and numerology the runes are subject to 'polarity' and can be used for good or ill. Like their esoteric counterparts they were also forced to undergo persecution by religious authority during the middle ages but remained alive and preserved by the scholars and archeologists who studied them and through the ancient texts that carried their legends and history. A contemporary infiltration of the runes finds them in starring roles in today's literature and movies. For example: 1958's *Curse of the Demon* (aka *Night of the Demon*) based on the story *Casting the Runes* by Montague R. James, starred Dana Andrews as an American psychologist Dr. John Holden pitted against a Satanic cult leader Julian Karswell played by Niall MacGinnis who used ancient runic symbols written on a scroll of parchment to call up a fire demon from hell to destroy his enemies.

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1993's *Warlock the Armageddon* starred Julian Sands as a wicked warlock bent on assisting Satan in entering the world through use of magic connected to ancient crystals etched with runic symbols. The runic crystals in this movie are a good example of the polarity connected to the rune energies. In the beginning of the movie the audience is made aware via a conversation between modern day Druids who are protecting the Earth that the stones can be used to either "free or trap" the devil. The Druids are alerted to the presence of the warlock and the potential for satanic disaster by the appearance of the rune Berkana which represents 'birth'. The rune representing a "demon" is Thurisa.



BERKANA

THURISA

Rune magic is generally accomplished through evoking and sending which are closely related and may actually be considered two steps of a single action. Simply put evocation draws the power of the runes and sending releases that power towards and upon the target.

Sending can be done by passing the symbols manually as was depicted in the James story and in the movie based upon it. This is done by hand or mail or through the elements. For example to affect someone traveling via ship, the runes can be tossed into the sea; to effect property they can be buried; to effect weather surrounding the target they may be written on paper which is then ripped up and thrown in the air and to cause heat surrounding the target they may be burned.

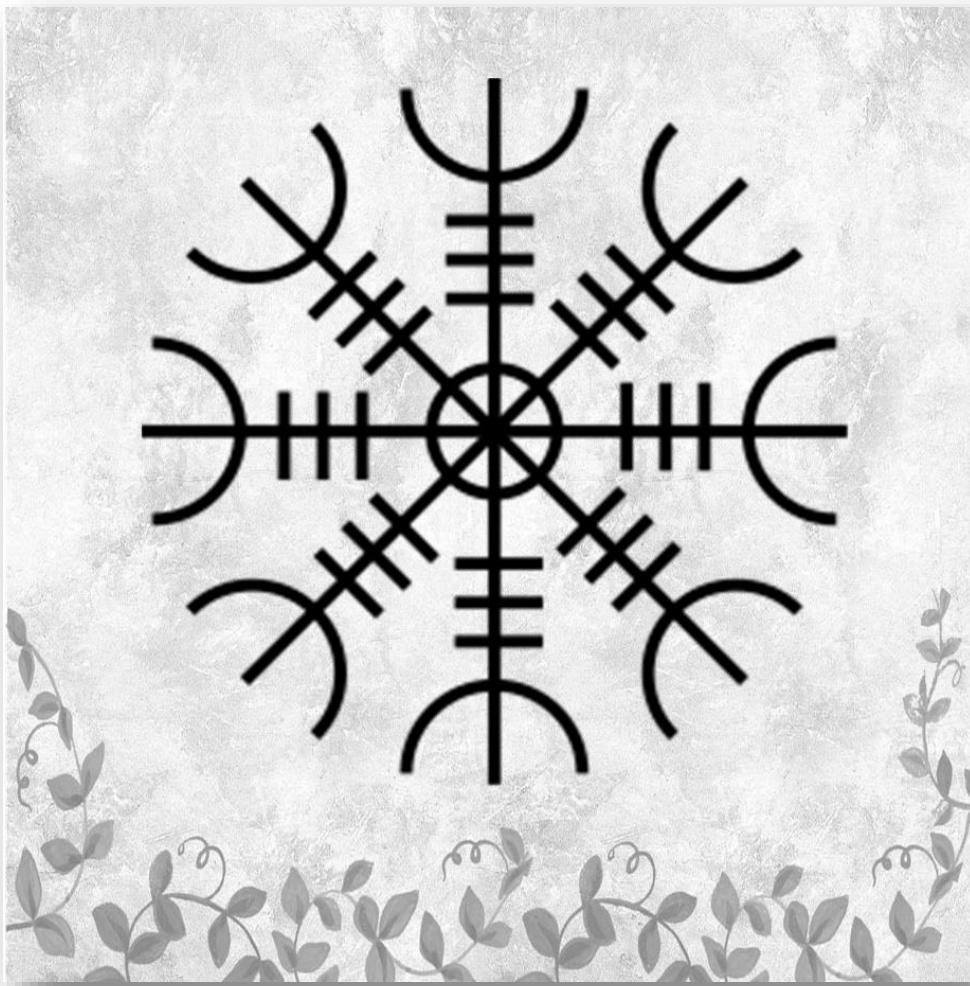
Timing is built into the whole affair so the magic will occur at a set hour. The only way for the target to free himself is to return the runes back to the sender before the allotted time without him knowing they have been passed back.

Magic for personal use generally consists of amulet creation, insigils, talismans and bind runes. Throughout history, Runic Insigils and Bind Runes consisting of combined runic letters and related signs have been used to make powerful amulets. The runic wheel is the most powerful and quite effective version of Runic Insigils.

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



















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From a central point four, six or eight intersecting lines are drawn to form a star like pattern. Runes are then written along the lines and a circle is drawn around the circumference. A Runic Insigil made this way can be worn around the neck. This is known as a bracteate. The Helm of Awe (pictured) and is considered the most powerful insigil of all. It represents irresistible power granting the wearer the capability to disempower any opponent using physical and psychic force. Bind Runes are single runic characters made up of two or more runes that share common elements.



The following directions for creating a personal name talisman are courtesy of <http://www.thegalaxyexpress.com> and are published with permission.

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 Fehu (f)	 Hagalaz (h)	 Teiwaz (t)
 Uruz (u)	 Nauthiz (n)	 Berkana (b)
 Thurisaz (th)	 Isa (i)	 Ehwaz (e)
 Ansuz (a)	 Jera (j, y)	 Mannaz (m)
 Raido (r)	 Eihwaz (e)	 Laguz (l)
 Kenaz (k)	 Perthro (p)	 Inguz (ng)
 Gebo (g)	 Algiz (z)	 Othila (o)
 Wunjo (w, v)	 Sowulo (s)	 Dagaz (d)

Creating a Bind Rune talisman for personal empowerment and protection is in truth a magical act. This type of runic combination is comprised of the runestaves that constitute one's name. This can be your formal name OR if you have adopted a knick-name or shortened version of your name that you feel comfortable using. If you are an occult initiate you can use your magical name. Here is what you'll need and how to conduct the ritual:

1) Wood, metal, stone, or quick hardening jewelry sculpting clay and an appropriate carving or etching tool for the material. You will also need a candle or incense with burner and a black cloth or storage box for the completed talisman.

2) Work out designs and inscriptions in advance. Remember you will be creating a design based upon the runic characters that represent each letter of your name according to the chart above. If you are going to practice writing your name Bind Rune with the runestaves that constitute your name before making the Talisman you can use plain paper and any writing medium but be sure to properly dispose of the paper by burning it when you are done. Write the Runes using downward strokes that run to the right (left to right). NEVER LEAVE RUNIC SCRIPT LYING AROUND AS THIS SHOWS DISREGARD FOR YOUR IDENTITY AND HIGHER SELF. Decide upon a specific purpose for the Talisman.

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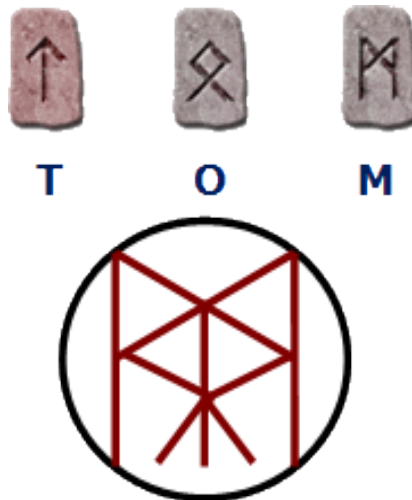
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3) Choose a time when the Moon is waxing.

4) Light the candle or incense. Properly protect yourself through prayer or specific intention of protection. Create your Talisman. When it is finished, pass it over the candle flame or through the incense three times.

5) Give the Talisman the power to carry out its task by speaking its function aloud. Wrap the Talisman in a black cloth or place it in a box. Carrying the Talisman, walk in a clockwise circle nine times chanting the runic name Laukaz for growth and empowerment. Bring the Talisman out into the light of day the following morning. This is the birth of your Talisman and it is ready for use!

Example for the name **TOM**



Suggested further reading: *Rune Magic* by Donald Tyson

Pendulum Scrying

John Holbrook, Holbrook PSI

The pendulum is a very old tool that has been used for many years for different purposes. If a person has mediumistic abilities they might use a pendulum for scrying.

This is very similar to the Ouija boards that almost everyone is familiar with from our childhoods and movies. In fact if someone is using a pendulum with a letter/number chart or pendulum board it works exactly like the Ouija Board. So just like the Ouija board the person with the pendulum is asking for help or guidance from the spirit world. Some individuals use pendulums in magic rituals and spells.

The dilemma with scrying or diving is - who or what is giving you the information? It is a gamble because there is no way to ascertain the source.

The tool in its self is not a problem, I know of a crystal healer that uses a pendulum to see how the energy is flowing on a person that they are working on. This is similar to modern day medical use of pendulums where it is believed that the pendulum can pick up energies from every cell, tissue and organ. But as with all metaphysical tools they can be used in ways that seem harmless but are just the opposite in the long run. Most tools in the world of metaphysics have the ability for being very powerful. It is all in accordance to how and who is using them and, as always, the intent.

Think about spies trying to gather information, if they find someone who appears to be good informant they will take their word for things even though the information may be half-truths or misleading lies. A good thing to remember is that anyone can be wrong and they may have an agenda that is not good for the person asking the questions of the pendulum and the outcome of a situation. Spirit advice gleaned this way can be dangerous.

The pendulum has a diverse history: finding water (which has been documented as being very accurate), minerals, buried objects and even missing people. It is also has been used by the military. In Vietnam the pendulum was used by trained Marines in locating underground mines, unexploded shells, ammunition dumps and tunnels. In WWII the British used the pendulum for divination to figure out Hitler's moves.

There is a story that took place in 1959 and has to do with the US Navy.

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It said that in a room full of naval officers (as witnesses), a civilian using a pendulum and several maps of the world, identified the location of the entire US submarine fleet and the location of every Soviet submarine in the world. If the civilian in the story was using the pendulum as a tool to assist in remote viewing then we are talking about he was using it to help him focus on an area on the map with his own clairvoyant abilities. If the civilian was asking to “be shown” by the pendulum that is a different story.

There was a woman using a pendulum for purposes of validating information regarding ‘safe’ crystals to be used in elixirs for her animals. She trusted the pendulum until it began to give her suspicious answers which proved to be incorrect. When she asked ‘who’ was coming through she got a variety of names including Jesus. Fortunately none of the animals were harmed as she never made and administered the elixirs to the animals or herself however, she became ill and had to seek help. She was in the first stages of possession.

It is always wise to use care with any spiritual tool. And to remember –

Be careful for you know not which door will open.



Rhetoric and Spin: Are They Forms of Glamour Magic?

Alva Lennox

"It is better to win an argument than to be right." – Old German adage

Glamour magic is considered a spell connected to allure and fascination. The origin of the word glamour (gramarye) hails from 1720 Scotland and is an alteration of the English word grammar. *Casting the Glamour* is a specific spell based in occult understanding. The main intent of Glamour is persuasion that is so pervasive the target is held inexplicably bound to another person or idea. In occult circles, Glamour Magic is tied to one's Great Work or what is desired to be accomplished.

Today we live in a world of hype, rhetoric, spin and propaganda which have definitively divided people into groups and schools of thought about everything from education to religion to politics. It is fairly well known that some historical figures used glamour in their successful political campaigns. Normally, people will listen to persuasive arguments and use their own discernment to filter the information and use it to update and reshape their previous beliefs. Yet, we see deception, propaganda, as well as fake and impossible claims all around us and proverbial bullshit has no boundaries while being used to mislead. Remember, Glamour is the art of taking what makes you exciting and interesting to others and using it as leverage in accomplishing your desire and words are key. Tricky, tricky.

Insincere forms of communication that are used to persuade and hold someone in a particular thought pattern are forms of glamour magic. I have personally seen websites use glamour magic to draw in members or clientele. Members often end up unhappy yet according to them, "cannot just leave" and feel, "they must stay and don't know why" no matter how uncomfortable their situation had become.

As stated, targets often cannot explain why they have been drawn in especially when it runs opposite or against what has always been their belief about and idea or subject. Many times they just shrug and say, "My eyes have been opened" or defensively, "I'll think what I want and it's too bad if you don't like it." If for any reason the spell is revoked they find themselves confused not quite understanding how they could have believed or been drawn to such a thing, person or situation in the first place. I see this quite often connected to today's politics. Political spin and rhetoric is cleverly used by politicians and the media to magnetize and control those who become enamored of the webs being spun.

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Glamour magic can also give the target a false sense of belonging which is often seen in group think. Socially of course people have always belonged to groups or clubs for a variety of reasons often psychological but it can go beyond simply preferring to be with those of like mind. The singular minded mentality of members in these scenarios to be 'part of the mob or be destroyed by it as soon as a diverse opinion is presented quickly closes in to either convert the naysayer or annihilate that person. This is due to the protective measures built into the glamour whereby the whole is defended and preserved at all costs. During my observance of these various social factions the percent of people who walked away was very small at about 2 %. When inquiring into the matter I was more often than not told that the individual did not exactly understand what drew them in at the onset. A larger percent of about 20% who left went back basically stating that they felt horrible about leaving and needed to go back although they did not feel much relief after returning but it was better than staying away.

Glamour magic used for strictly personal use to make one feel better and more confident is non-threatening but it would be wise to be aware its other uses can just lead to misery.





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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Niori “Mistress Arcana” Namath (*Crystal Kamea Magic, pg. 69*)

Niori is a magic mathematician and cosmic researcher. She has had an interest in Magic Squares or Kamea sinec age seven and is currently engaged in historical research of their connection to other metaphysical modalities. Niori considers herself a basic homebody who loves to sew and create ‘useful’ items that she sells at local craft fairs. She had two dogs, Oliver and Olivia who are her constant companions.

Section Manager’s Choice, The Light Force Network (*The Three Mothers, pg. 77*)

This info-image was provided courtesy of the *Casting The Runes* Group of the Light Force Network. You can see other info like it on www.lightforcenetwork.com.

Thomas V. Carroll (*Runes and Magic, pg. 78*)

Thomas is a Hermeticist who enjoys studying old manuscripts and books on ancient arts and sciences when he can find them. He is also into antiques and their restoration and the histories connected to family heirlooms. He also enjoys some sailing and classic car restoration. Thomas has walked many magical paths, which if nothing else, taught him the necessity of balance in all endeavors. You can visit Thomas on the www.lightforcenetwork.com website where he is an administrator.

John Holbrook, Holbrook PSI (*Pendulum Scrying, pg.84*)

John Holbrook has been a paranormal investigator for over 25 years. He owns and operates Holbrook PSI (Holbrook Paranormal Site Investigations) in the state of Georgia. John holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. His friends tend to think of him as the “earth bound Michael” because he is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of a matter.

Alva Lennox (*Rhetoric and Spin: Are They Forms of Glamour Magic?, pg.86*)

Alva is a retired primary care teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it’s been a long time coming.

Sacred Sciences

*I have found not the Path -
The Path has found me ...*



Section Managing Editor – Anna Drake Sydney

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The Universe Isn't That Stupid

Mahaji

When you're in the "business of metaphysics" for a long time you begin to notice certain trends and attitudes that make little common sense especially if you're the type from Missouri who says "show me!" Realistically speaking, metaphysicians are no different than anyone else in any other professional field - be it mundane or spiritual, and it is quite easy for "snobbery" to seep in and infiltrate core beliefs through all those fine smooth edges that meta-specialists think they have rounded out. Metaphysicians can be quite full of themselves at times. One of my pet peeves among the meta-haughty is the "be careful what you put out there syndrome" which includes the popular, "NEVER EVER preface anything you are putting out there with *no, not, never* or any other negation because the Universe doesn't hear or understand those words and will deliver the worst of consequences upon you." Evidently, according to this theory, the Universe also does not hear or understand expressions or slang either so if an individual is having a bad day and cries out to the heavens in disgust "give me a break," should that person cower in fear because the Universe now will indeed break something or someone because of a spoken word? PERSONALLY I DON'T THINK THE UNIVERSE IS THAT STUPID. Anyone offering this type of smug advice should shut up and sit down. There, I've said it. I can hear the rumblings now so let me make it clear that yes indeed, I do believe that it is better to be positive than negative but when a person is made to think that they have to restrict themselves according to these types of rules it literally gives birth to superstitious/obsessive behaviors and worst of all, fear. It is also very disturbing when this 'pseudo-positivity' concept is used for manipulation by some 'happy chat' gurus (who quite amazingly also often believe they are earth-bound Ascended Masters) propose that we should all live in some sort of La-La Land where simple human nature is ignored. Metaphysics working at its best is supposed to dispel 'fear' and not create it. This is at the core foundation of all "light works." I must also interject at this point that God, the Great Creator, Life Force Energy or whatever else you want to call it did not set out a plan to make things complicated. We as egotistical humans make things complicated because we simply cannot seem to resist the current psycho-babble du jour. Ah, but alas, I see I have stepped on a few toes so...

Allow me to digress for a moment to explain something about my character... I don't do 'fear' because I was taught not to (how be that for a bunch of negatives?). I had a great teacher who was my dad. He was highly psychic and much attuned to the earth realm and the spirit worlds.

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His experiences were plentiful and not always pleasant and while he taught me to have a healthy respect for all things arcane and occult he also taught me that many things people believe and do are a bunch of hooey. I do believe s- - t happens but I have been taught not to fear it. On Saturday afternoons we would sit and watch all the horror and sci-fi shows that were offered and that is when I learned all about those kitchen concocted 50's special effects, ghosts, ghouls, the living dead and even Urban Legends. We lived in a haunted apartment house and he taught me how to handle that without 'fear' as well.

It wasn't long before I became the resident debunker among the younger set. I would be the one to throw open the closet door in a dark room, turn on the lights and show everyone else that there was "nothing in there." Being the resident debunker was not an easy job because the entire neighborhood was full of ethnic superstition. Usually once a week some poor soul was doing whatever he could to rid himself of the Evil Eye by mixing oil and water or by working some sort of counter-spell. None of the neighborhood kids would step on a sidewalk crack for fear of 'breaking their mother's back' or whistle in the dark ... but I did. There was even a *strega* or witch who lived on our street who everyone would consult for everything from love spells to wart removal. People were terrified of this old woman and I think she enjoyed that facet of it but to me she was just a misunderstood and 'spiritually gifted' old lady... AND before you ask, yes, her spells did work... and I speak from personal experience as well as a witness to the outcomes of others. Was I afraid of her or her spells? No.

Now that you understand my stance on 'fear' (because of my exceptional conditioning) let's get back to my take on the Universe. One of the things that amazed me about my Dad was that this guy would challenge the Universe out loud on almost a daily basis which would make the rest of the family cringe yet the Universe never 'struck him down' even though it was literally 'requested'. Despite all of this challenging and 'non-positivity' at times Dad lived a long full life. The Universe never pounded him to a pulp or annihilated him rather, all that venting put him on a new path that usually brought about a solution. Makes you wonder doesn't it? Evidently the Universe 'hears everything,' is able to decipher 'true needs' and acts accordingly. Well, how about that? So much for the pseudo-positivity some meta-gurus are putting out there. AND this leads me to the heart of the matter which is INTENTION. Intention is a funny little duck because even when the spoken words or thoughts are negative the real intention behind them is usually "I need help" and this is what the Universe responds to on a very high level. The Universe is not some big dumb Rollo who goes "duh!"

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Shame on you if you think so. Shame on you too if you can't recognize your own divinity in the very human reactive form in which you carry it because that's what you do when you simply get too caught up in psycho/pseudo-babble. Trust in yourself without fear and restriction. Honor your gift of free will and speak your mind and your truth in any way you want to express it and the Universe will take care of the rest... Promise!



Mind over Matter – Interview with the Amazing Kreskin

Stephen Briggs

The Amazing Kreskin is the world's foremost mentalist and he has performed for Royalty, Presidents, dignitaries and audiences the world over. Millions have watched Kreskin's thought perception or suggestibility feats on major TV shows. He is truly awesome. His ability ranges from the "reading" of a social security number in a wallet or purse two hundred feet away, to the chilling experience of extricating a man imprisoned in a safe by mentally perceiving the combination. The Amazing Kreskin can tilt tables, lower the metabolic rate through auto suggestion, read a person's mind, achieve automatic writing and even beat the black jack odds at Las Vegas. He has been known to predict headlines; the length of the war, etc. Kreskin who was awarded an Honorary Doctorate from Seton Hall University has one of the largest collections of psychology books in the universe.

Question: When did you first realize you had this extraordinary "gift?"

This took place around age nine when in 3rd grade a game of hot and cold was being played in which the class hid a beanbag while someone was out of the room. On their return as the person searched for the beanbag, the class said "you are getting warmer," "you are getting colder." I ended up later after school, going to my grandparent's house and finding a penny, which my brother hid in the upstairs of the house but forgot to ask my brother to say hot or cold. There was no communication verbally at all.

Question: Growing up, could you use this "gift" in school and with friends and family?

Growing up I was always experimenting with friends and a favorite teacher of mine, Ms. Galloway. She taught fourth and sixth grade, and would set aside Friday during "show and tell" for me to practice with my fellow students. It was a great foresight on her part, that she realized that this was an ability that needed to be cultivated.

Question: From the time you were young, I understand you could tell who was on the phone before you picked it up.

When I was in my early teens and the phone would ring, I would often pick it up and say the person's name before they spoke. This was long before the technology of caller ID was available.

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By my mid-teens, I began to notice that this process often caused a pause on the part of my friends and I realized that it was not a comfortable experience for them to be aware that I was trying to read their thoughts at all times. I gradually pulled away from doing this as the years have gone by. Not one of my personal acquaintances or friends, at least that I am aware of, is uncomfortable around me, for it takes me an hour to get ready before a program that I do mentally. I have to discipline and prepare my mindset because it is not something that I turn on all the time.

Question: Did you have a mentor?

The greatest public influence of my career was a broadcaster in the 1940's and 1950's in radio and television by the name of Arthur Godfrey. While he showed no telepathic abilities, his persona was of communicating with the listener or viewer as if he was talking only to that one person. He changed the whole fabric of radio and TV broadcasting and was the most influential figure in the history of the media. I was tremendously enamored and enchanted with this showman.

Question: You have performed for royalty and dignitaries all over the world, what were some of your favorite experiences?

Perhaps if there was more time and you weren't under a deadline, I would be able to recount in detail upon hundreds and hundreds of experiences. With the passing of President Ford, I recall my performance in Washington when Ford was President. His daughter Susanne, was a fan of mine and for her birthday celebration, I was brought in. I had her stand in front of me. Bear in mind at this point I had not met the President or his wife. As she stood there I had her close her eyes. I told her that in a few seconds she would feel herself being pulled back by an invisible force. It was obvious that she was nervous and was attempting to maintain her balance, when suddenly she toppled over into my arms. Six men suddenly surrounded me and they weren't her suitors. They were secret service concerned about her welfare. She was fine and President Ford jumped up and said out of the blue, "Kreskin, maybe you're the one person that can handle my cabinet." I always found that an amusing quote.

Question: You have worked with so many celebrities; once you were given a certain amount of time to find Robin Leach hidden somewhere in New York, and on national television, you told Carol Burnett, who was 3,000 miles away, what she was holding in her hand! Is there anyone else in the world that can do what you do?

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The search for Robin Leach was when he had his television show “Lifestyles of the Rich and Famous.” The crew came to my house and it was my idea that he hide somewhere in New York. They picked me up and I was driven to New York City. We sat in the car at the Tavern on the Green. Meanwhile, Robin decided to hide somewhere in the huge city. Cindy Adams, the New York Post Columnist became my subject, she and two other associates sat in the stretch limousine. Their job was to concentrate on where he was. I ended up having the limo stop in front of a building with no particular name. It was not a prominent building and I was frustrated when I walked to the elevator, in fact, I finally left the building and then realized when I looked overhead, that there were more floors than the elevator went to. I took Cindy Adams and the camera crew to the top floor the elevator could go to. We walked along a hallway and found another elevator, a private one, went up higher and ended up when the doors opened to a private club where there was a giant swimming pool which I kept looking at. I finally went into another room where there was a bar, someone was draped over the bar as if he were drunk with his head down, I went over and put my hand on the person and lo and behold it was Robin Leach.

When I appeared on the Mike Douglas Show, Mike did not tell me who they were calling. As soon as the person picked up the telephone, the entire audience realized it was Carol Burnett. Carol and I often talk about the time when I asked her to think of something when she was in Los Angeles and I was in the East Coast. I wrote on a chalkboard an idea, which I handed to Mike. She then told me she was at her agent’s office looking out the window at trees and I was very disheartened when I heard this because when the chalk board was turned around I had written a bronze statue - Carol screamed she said “Kreskin I am in my agent’s office and I am holding a bronze statue in my hand!” So I had successfully read her thoughts.

Question: Is it true that when you are performing, you will not accept a paycheck unless you find it yourself on someone or someplace in the audience?

To the best of my knowledge there is no one in the world who functions the way I do to this degree. There may be similar abilities, but you need to bear in mind what I’ve done is done exactly as the audience sees it. I have never used stooges or confederates in any way shape or form to aid me if I felt that there was a problem or difficulty. This is why I have offered \$50,000.00 to anybody who can prove I employ a paid assistant or confederates in any phase of my program. Demonstrations such as mine can be faked by magicians using electronic devices or hidden sensitivity pieces where someone can be telegraphing them from a distance what is correct and what is not correct but this is simply trickery and not what I’m into.

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This becomes all the more significant when it comes to my paycheck. I have succeeded in some 6,000 occasions, although I have failed 9 times and forfeited my paycheck as I do when I fail. In New Zealand I lost \$51,000.00 in one evening and yet a few weeks ago while touring Canada, in one show, I found my check hidden in the tubing of the stands that were built for the audience to sit in. That was quite a challenge, to find a pencil that I could dig through an iron tubing to bring out a check. It's almost as crazy as the University of Alabama when amongst 3,000 students, I opened a gentlemen's jacket - he was a plain clothes man. I took out his gun and turned the barrel towards my eyes, they had taken tweezers and stuffed the check down the barrel of a gun.

Question: You can tell a person their phone number, address, or social security number, as well as what they are thinking. How do the gambling casinos feel about you?

Gambling casinos are generally comfortable if I play Blackjack because the dealer doesn't know the cards; there are no thoughts to read. Even though I do rather well at Blackjack and I have had some very dramatic successes. It can never be blamed on my ability to read thoughts, otherwise I would not be allowed to play anywhere. After all, casinos are not built by winners.

One game I clearly cannot play anywhere is Poker. Poker is a psychological game as well as a game of technical skill. To know what someone is thinking or when they are bluffing would be a staggering advantage. I know that I would win tremendous amounts of money but I also know that I would end up in concrete by angry losers.

Question: Do you believe in UFO's?

I do believe in extraterrestrial intelligence, my feeling is this: how could we be so presumptuous as to think we are the only intelligence in the universe? If that were the case it would be a sad commentary on humanity or the existence of life. So who are we to doubt that there is other intelligence? As far as UFO's, I have respected the commentary of pilots and people who know aircraft and fly a great deal, including Arthur Godfrey all who have commented on some unexplained objects that were in the sky and some cases, next to their planes. However as far as UFO's landings or abductions, I see no real evidence of such. I think in many cases these are false memories that people have. I can never figure out why so many UFO landings take place in marshes where there are hardly any people around. Wouldn't the extraterrestrial intelligence want to communicate with a larger number of people? The learning channel a few years ago, did a one week documentary on UFO's and I was the consultant for the first two nights.

Let's Get Meta-Mental

Rev. Don Hauck

Thanks to the billions of dollars we here in America have spent on our space program, we know that there are many planets much larger than our sun. There is one so large and so far away that if we were on it, earth would appear to be the size of a pinhead. If that is amazing to you, out even further there are planets even larger than that one. So much larger that this particular planet would look to be the size of a pinhead and are we would not even be visible.

Let's begin by stretching our mind. When we begin to think of ourselves from a universal point of view, we are actually much smaller to the universe than an atom is to us! With that thought in mind, isn't it a wonder that we can find things which we feel are so important that we need to argue much less fight about. It is a cosmic wonder that we are aware of our existence. And another very interesting perspective is, if you used ratio in proportion, and you took the number of years that the human is known to exist on this planet and the average number of years that a human lives you would find that your lifetime is equal to approximately 12 minutes of time in relationship to the lifetime of mankind. Our size and our lives are so very miniscule!

After many years of searching for reasons it appears to me that the ego mind, (carnal mind), is certainly a necessary tool for us to use. Unfortunately while we're young we are only taught to use that mind and look outside of ourselves for all our needs. If we were lucky, those in charge of us took us to a church on Sunday and sometimes a Wednesday evening, in that way at least we were introduced to another way of thinking. Actually most of the 'churchgoing' was to listen to others who apparently had used their spiritual mind, the only mind which eventually can bring us to peace and joy in our lives. It's the real and the lasting part of us. The ego mind has its job which is to continuously lead us to things and people who will eventually prove out to us their incapacity to bring us to peace and joy. While the people and things in our lives can bring us momentary happiness, they cannot nor will they be capable of leading us to the real peace and joy which lies within ourselves. To reach that lasting peace and joy can only be found in what most people refer to as, "the higher self" not realizing that that self is you your own real self. You cannot hope to find your real self by going from book to book, subject to subject, teacher to teacher or even go to a strange country to find your own personal guru. You can only find your real self when you turn within and begin to follow that path which leads you to your own true happiness.

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How many years, how many different things and how many different people must we go through or chase after the acquisition thereof to learn that we are being misled. That person place or thing just could not continue bringing us peace and happiness. And it is not because something was “wrong” with them or it. It was simply a matter that our ego became restless again. And it will continue to do so, for that is its job, to lead us out of the ‘darkness’ and into the ‘light’. And lead us from the allusions, into that which is real by dragging us through all which is un-real. How many thousands of years, different people, and different ways of saying it do we need to live through before we open up our hearts and find that with our hearts is the only way we can hope to see or to hear the Truth? And I’m speaking of the truth that is yours; it has been with you since birth and probably from beyond. It’s the truth that seeing you it is the truth that is you, the real you. And yes you are different from every other human being on the face of the earth, you were meant to be. You should embrace that difference rather than being critical of it which is also the same critical factor that you use to criticize other people and things.

That criticalness begins to disappear as you begin to stop criticizing yourself. And I’m not talking about that self which most trying to project to other people or tell other people about, I’m talking about that that voice which most here in their heads when they’re all by themselves, alone and quiet and thinking of themselves. That is a scary place for most of us to go in for the most part we avoid and use various means to override that voice. Some choose alcohol or drugs; some choose work and noisy places and when not in them turn the music up loud in their cars or on their iPods. Very few take the time to confront that voice and to search for the truth within themselves. Often they need help with this but are too ashamed or worried to disclose these things to another. Many times you will find this is the real reason for suicide. And the world is going to be facing more and more of this as it goes on, I fear, because here in America we have allowed God/Allah, (or any one of over 101 different names used to define the creator), to be taken out of our schools and most parents have put aside praying before meals, taking their children to church or in some way instilling in the young minds of their children that there is a great power that is in control of all things and out of love allows us to humans to choose with the free will and in that way we teach ourselves through our errors.

The chaotic situations of this world, and in the smaller size your mind, will continue until you as an individual take up the task to free yourself from it by turning within and finding your real self, (your higher self).

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That self will continue to live beyond what you call your body and pronounces it dead.

Know this, you cannot die!

You will continue on working yourself through the maze which is a life until you come to the realization, and begin to live accordingly, that all that is was and never will be. Then and only then can you find a piece and the joy that transcends explanation by the human mind. For the human mind only hopes and wishes for it but only the spiritual mind has it. It always has and always will have – think not? Just look at any baby who is healthy, well fed, and comfortable and you will see a piece in the joy that you only wish for.



Truth Questing

Craig Hawthorne

Truth; an illusion of man,

How does one go about finding The Truth?

One's first step to finding truth normally starts with dis-satisfaction, an inkling that what you've been told "it is" isn't quite the whole story. Explanations provided by religion, history, science and politics don't cut the mustard, so off you delve into the compendium of humanity in a quest for The Truth.

This is where things get tricky; Why?

Biology, Chemistry, Physics (Particle, Quantum and Theoretical), Mathematics, Geometry, Philosophy, History, Archaeology, Anthropology, Music, Cosmogony, Etymology, Politics, Religion, Theology, Astrology and Astronomy are just some of the fields you will dive into on your journey. Then when you get a handle on some of these subjects you'll have to re-arrange your brain to make some sense of the occult/esoteric/metaphysic explanations of the same subjects!!! Once you've settled on a reasonable version (your truth) along come the aliens and infinity and really test your mettle!

So at some point in your journey you believe you have found it....The Truth.

Are you sure enough to express it?

Are you bold enough to defend it?

Are you courageous enough to live it?

Good for you, but a real test of your truth is this;

Are you humble enough to change it?

The Truth doesn't matter, your truth does matter, and it's how you define your reality. How do you know when you've found your truth?

Are you happy?

What Really Happened At Hanging Rock?

Loni Haas, RMAFA, NCGR, DD

Woodend, Australia's Hanging Rock is a prehistoric volcanic outcrop that dominates the scenery. **Some believe that it is a focal point for other-worldly forces and energies.**

In 1967, a book titled *Picnic at Hanging Rock* authored by Lady Joan Lindsay portrayed the story of the strange disappearance of a group of teenaged schoolgirls and one of their teachers while on a school excursion on Valentine's Day in 1900. While hiking on the Rock, two of the girls and their teacher allegedly vanished into thin air while two of the girls that survived the ordeal had no memory of anything that had taken place. Facts supporting any real events regarding the disappearance are literally non-existent although Lady Lindsay while presenting the story as "fiction" evasively hinted that it was based upon true events.

In the novel, 19 schoolgirls and two of their teachers, Mlle Diane de Poitiers and Greta McGraw of Appleyard College set out for a special picnic to celebrate St. Valentine's Day. Accompanying the group was a local coach master by the name of Ben Hussey. The only other party using the picnic grounds was encamped quite a distance away. It consisted of Colonel and Mrs. Fitzhubert, their visiting nephew Michael Fitzhubert and their groom Albert Crundall. Their school group arrived at noon but shortly thereafter both Miss McGraw's and Ben Hussey's watches stopped which they attributed to the natural magnetism known to emanate from the Rock.

At 3:00 pm (a guesstimate made by Hussey by the Sun's placement in the afternoon sky), three of the senior girls, Irma Leopold, Marion Quade, and another girl known as Miranda asked for permission to explore the rock. A younger girl named Edith Horton was also given permission to join the others. They were all warned not to travel too far up the Rock and to be careful of their footing and of snakes and spiders. The four set out for the Rock and disappeared from sight of at around 3:30 pm. Michael Fitzhubert and Albert Crundall saw the girls cross a stream and then head up the Rock. Albert let out a wolf whistle and decided to follow the girls but he gave up after a few yards when the girls disappeared into a line of trees. In the meantime, the rest of the picnickers dozed off for a midafternoon nap.

At around 4:30 pm, Mr. Hussey became anxious to gather all of the group together so he could get them back to the college at a reasonable time.

Continued ...

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It was then that he and Mlle de Poitiers discovered that Miss McGraw was also missing. After a quick canvassing of the group they learned that no one had seen Miss McGraw leave so it was assumed that she had at one point decided to join the other hikers on the Rock. Growing consternation led to the need for a search but no sign of the girls or their teacher could be found.

At around 5:30 pm Edith Horton stumbled out of the bush on the west side of the rock. She was screaming hysterically and could tell no one about anything that happened. As dark fall approached, everyone gave up the search and returned to the college. Mr. Hussey stopped at the Woodend police station and gave a statement to the constable.

The next a serious search for the missing students and their teacher was engaged. Among the local volunteers was Michael Fitzhubert and Albert Crundall. In the meantime, Edith Horton was examined by the local physician Dr. MacKenzie who felt she was suffering from a mild concussion along with some scratches and bruises. At first she remembered little about being on the Rock but a few days later she told the constable that she had passed Miss McGraw up on the Rock. She said that she called out to the teacher but that the teacher seemed not to hear her. She also said that Miss McGraw had no skirt on and was climbing the Rock in her under-drawers... hardly the proper attire for a prim Victorian lady. She also mentioned sighting a strange pink cloud hovering around the Rock at the same time she saw Miss McGraw.

Michael Fitzhubert and Albert Crundall fell under suspicion because they were the last two people to see the girls alive and they admitted to the police that they tried to follow them. The search continued for several days and the police brought in an Aboriginal tracker and a bloodhound. The dog was given the scent of Miss McGraw's clothing which he tracked up the rock. When the hound and trackers reached the a platform about half way up the dog stood bristling and growling refusing to move any further. The police then concluded that since so many days had passed the search was futile because no one could survive being in the bush that long. The search was called off.

At the end of the week, Michael and Albert decided to engage their own search for the girls. They found nothing but Michael decided to spend the night on the Rock. When Albert returned to find Michael the next morning he found him unconscious with a twisted ankle and suffering from exposure. Albert found a note in Michael's pocket with a largely incoherent scribbled message that suggested he had found something up on the Rock. The next day another search was made and to everyone's surprise Irma Leopold was found.

Continued ...

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The girl was unconscious with several bruises and scratches on her head. Her fingernails were torn and broken. Most amazing of all her bare feet were perfectly clean and unmarked and although her corset was missing she had not been sexually assaulted. When she recovered she could remember nothing about the ordeal. Several months later the headmistress Mrs. Appleyard went out to Hanging Rock and climbed it alone. Her body was found at the edge of a precipice.

So what really happened at Hanging Rock? How much of Joan Lindsay's novel reflects a true incident? All of the locales mentioned in the story exist including a private girl's school in Woodend and a store run by the Hussey brothers. There was a real Dr. MacKenzie who practiced in the area at the turn of the century. There were however no references to the disappearances including any that would have been made in the local and Melbourne newspapers. The real girl's school called Clyde College did not open in Woodend until 1919. Alleged interviews given by Irma to the Society for Psychological Research cannot be traced and the newspaper that reported the interviews cannot be traced. Joan Lindsay remained enigmatic throughout all interviews and questioning regarding whether her novel was based on fact or fiction. She would merely smile and say, "It is an impossible question for me to answer. Fact and fiction are so closely intertwined."

For those of you who might be interested here is an astro-forensic chart cast for 3:00 pm for the locale reveals some uncanny and strange facets connected to the event.

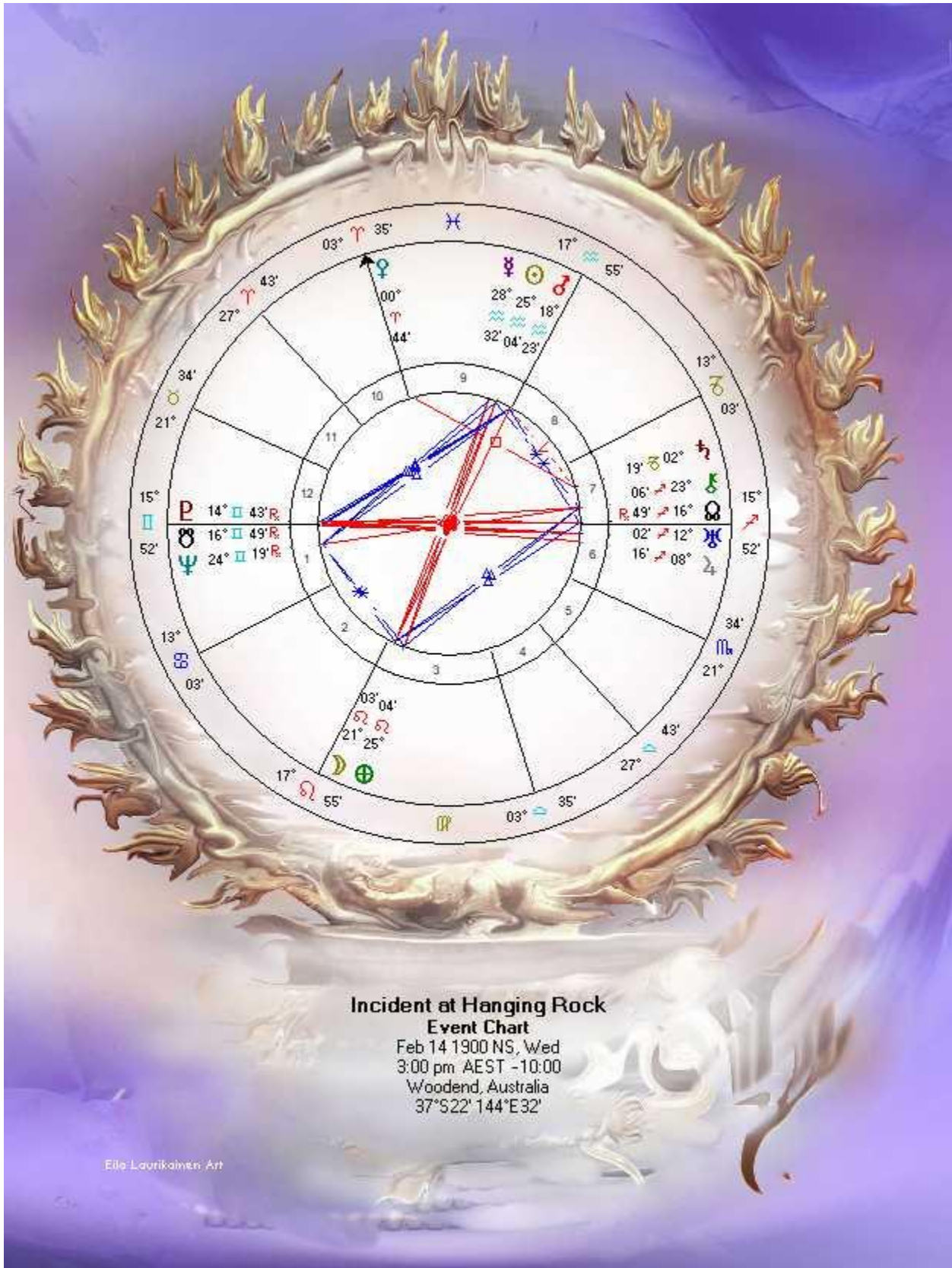
A quick look at the major angles reveals some interesting facts. The Ascendant is conjunct the Arabic Part of DANGER (15° Gemini 52') indicating peril to the personal self and the Midheaven representing one's standing in the world is conjunct the Arabic Part of CATASTROPHE (2° Aries 49'). The planet Uranus is conjunct the 7th house cusp representing "others" and the Arabic Part of BONDAGE (11° Sagittarius 51').

All of the planets in the chart with the exception of Saturn in an Earth sign are in the elements of Fire and Air and some of those the Sun, Moon, Neptune and Chiron form a configuration known as the MYSTIC RECTANGLE. The Fire/Air emphasis represents masculine energy and great force coupled with cunning intelligence.

The planet Pluto is conjunct the Ascendant, the South Node in the 1st house and is opposed the Descendant, Uranus, and Jupiter in the 6th house. It is trine Mars in the 9th house and can be considered in a wide conjunction to Neptune in the 1st house. Pluto aspects represent a situation of ruthless force affecting destiny with a supernatural twist. Its opposition to the Descendant indicates conflict and struggle with others and the oppositions to Jupiter and Uranus indicate forced indoctrination, upheaval and violence.

Continued ...

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The fact that Uranus is angular and conjunct the 7th house cusp also points to "others" who have technical knowledge that goes above and beyond. The Plutonian conjunction to the South Node and Neptune indicate victims of circumstance who are not in control of destiny. The trine to Mars in the 9th house indicates strangers from foreign places with well-developed willpower and the ability to "recharge" through use of energy.

Neptune in the 1st house always tends to exert strange, nebulous and confusing energy. It rules disappearances and it would be very representative of the "strange pink cloud" seen by Edith Horton as well as the lack of any traces of the girls and their teacher. It is opposed Saturn and Chiron in the 7th house indicating tremendous anxiety and fear and victimization by something or someone cunning and very much "in charge." It also trines a stellium in the 9th house consisting of the Sun, Mercury and Mars while sextiling the Moon in the 3rd house. This represents a transcendental situation where the ability to infiltrate and outmaneuver the minds of others is prevalent. Saturn receives a square aspect from Venus in the 9th house indicating that the situation was at best anti-social but more likely harsh. Along with its participation in the Mystic Rectangle the Moon also opposes Mercury and Mars and sesquiquadrates the Midheaven indicating distortion, dissipation, and jeopardy. The degree of this Moon according to astrologer Ada Muir represents one who can be "bound by lower astral forces."

A summary rehash of the astro events point most strongly to an "alien abduction."

The overall theme of the chart expresses a nebulous extraordinary or supernatural event laced with peril and bondage by "strangers" of unknown origin using force and mental cunning.

There are strong indications of a group of collective destiny affected by enforced indoctrination.

The use of advanced technical knowledge and mind control was prominent.

There were no traces of the girls or their teacher ever found.

POST SCRIPT: *Picnic at Hanging* is thought to be Joan Lindsey's best known work. It was made into a 1975 feature film by producers Patricia Lovell, Hal and Jim McElroy, and director Peter Weir. **The story is fiction though Lindsey dropped hints that it was based on an actual event. An ending that explained the girl's fate, in draft form, was excised by her publisher prior to publication. The final chapter was published in the 1980's, in accordance with her wishes.** Lindsey based Appleyard College, the setting for the novel, on the school she had attended Clyde Grammar School (Clyde School), at East Kilda, Melbourne – which, incidentally, in 1919 was transferred to Woodend, Victoria, in the immediate vicinity of Hanging Rock itself. There has been much speculation about what *really* happened in the story.



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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Mahaji (*The Universe Isn't That Stupid* pg.90)

Mahaji, "the Universal Mother" prefers to remain anonymous. She believes her article says it all and that it is the message that is most important. You can visit Mahaji on <https://lightforcenetwork.com/>

Stephen Briggs (*Mind over Matter: Interview with the Amazing Kreskin*, pg. 93)

This article has been published with permission of the former Galactic Press newszine. The interview was conducted by Stephen Briggs who was a staff reporter. Questions about reprint can be addressed at editor.discerningminds@gmail.com .

Rev. Dr. Don Hauck (*Let's Get Meta-Mental*, pg.97)

Don holds a Ph.D. in metaphysics and parapsychology. He is the head pastor and a Doctor of Divinity of the *Universal Light Church* of Cincinnati, Ohio. He is a highly respected and sought after speaker who has appeared on TV, radio, and educational lecture circuits for universities and high schools. Don is an advocate of individual rights and independent growth. He utilizes many modalities in his work including Intuition, Graphology, Numerology, Astrology, and Color Testing among others as he assists individuals in defining and achieving their goals. <http://www.theuniversallight.com/>

Craig Hawthorne (*Truth Questing*, pg. 100)

Craig hails from the UK and considers himself just an ordinary guy. He believes one's first step to finding truth normally starts with dis-satisfaction, an inkling that what you've been told "it is" isn't quite the whole story. Explanations provided by religion, history, science and politics don't cut the mustard, so off you delve into the compendium of humanity in a quest for The Truth.

Loni Haas RMAFA, NCGR, DD (*What Really Happened at Hanging Rock*, pg. 101)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

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What color is your Spirit?

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Section Managing Editor – Marique Quinn

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Shedding Leaves

by Ali Jamil

"What am i?
A reminiscent of a life before
Like a tree, shedding leaves on the garden floor
A rose that blossoms at the light of day
Withers as the sky turns gray
What is this otherworldly storm?
That breaks us apart as we take form
These moments we cannot explain
We are like Roses of Joy and Thorns of Pain
You reach out across into that plain
Where the Light trickles down like rain
Do we move or do we remain?
Words try to express
What the Heart cannot say
No matter how much you bow
No matter how much you pray
Reach for the sky that has turned gray
You will see nothing but a fray therein
Keep seeking the Light you cannot find
As the candle flickers deep within"

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The Treasure Within

Ali Jamil

"Nothing remains except the Morning glow
In the Eons of suffering, riper the Jewels grow
Shed Light on the evil in you
The hidden treasure, is yet far away
Hidden beneath the illusion of You
These Gems; that aren't bought or sold
No value do they hold
In the eyes of the world
Only does the seer behold
And as the night approaches the Light grows dim
Look for the torchbearer within
The fire that guides therein
The fire that burns
To the point of no return
From the Ashes of yourself, shall you rise
Like the enlightened and the wise
Leave everything behind
For the Jewels of Love, there is no price"



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“Here and There”

Bonnie McGee

**Naked we lay before gods at the moment of rebirth.
No more questions, they’ve all been asked.
The answers we need rest in darkness.
In the wake of our own destruction we are born.**

**Our last breath is the first.
No beginning, no end; a wondrous circle of creation.
Stars came forth to pave the way.
At that moment it all made sense and we knew.**

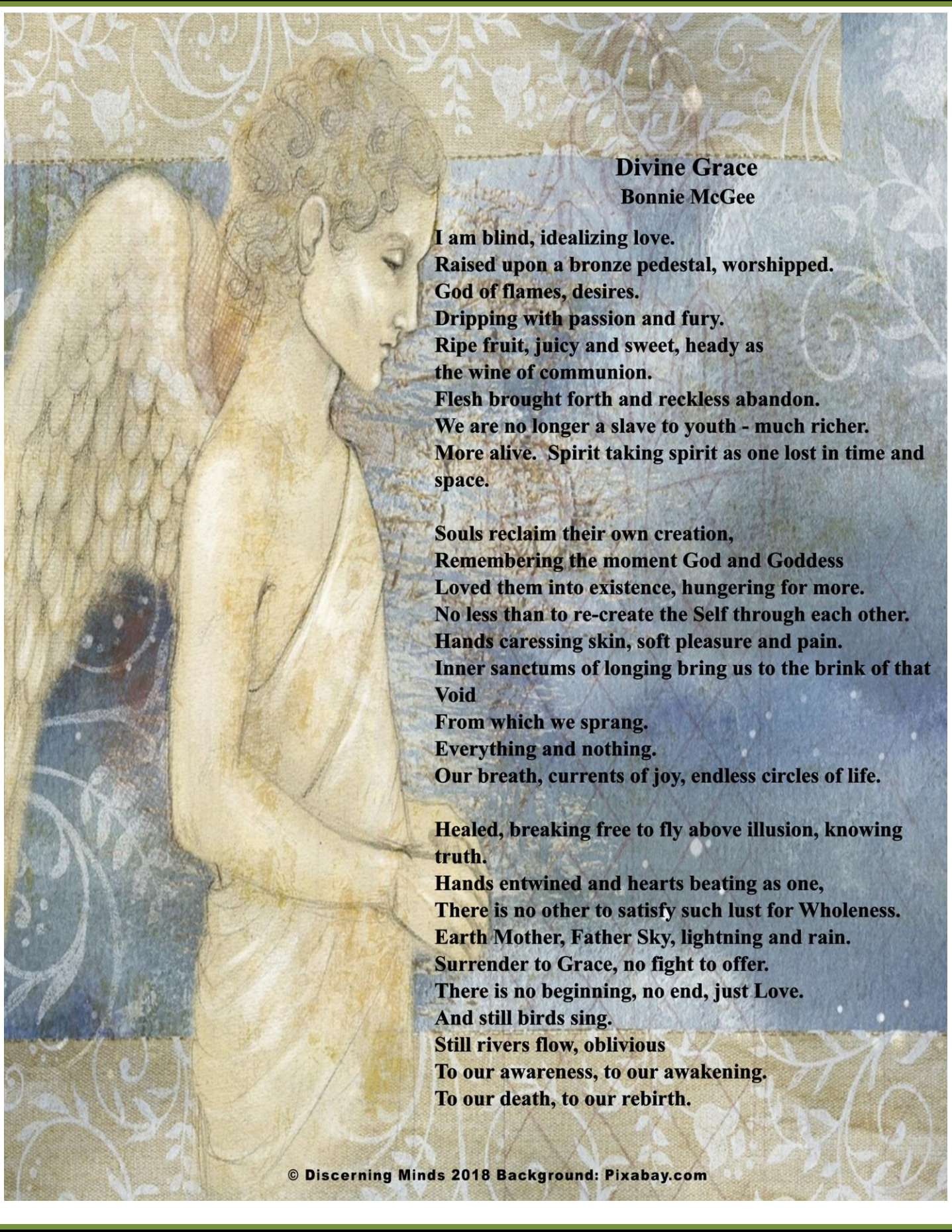
**It’s cold here in this place of disquiet.
The warmth of love, the knowledge of being
Seem so far away.
Heavy sadness falls because we don’t remember.**

**Even as we are cold in this glare and thunder,
It is warm in the light and joy as we return home.
It’s only for a moment, and we know.
We turn around, choose again and away we go.**

Bonnie R. McGee © 2006-2018 by permission

Divine Grace

Bonnie McGee



**I am blind, idealizing love.
Raised upon a bronze pedestal, worshipped.
God of flames, desires.
Dripping with passion and fury.
Ripe fruit, juicy and sweet, heady as
the wine of communion.
Flesh brought forth and reckless abandon.
We are no longer a slave to youth - much richer.
More alive. Spirit taking spirit as one lost in time and
space.**

**Souls reclaim their own creation,
Remembering the moment God and Goddess
Loved them into existence, hungering for more.
No less than to re-create the Self through each other.
Hands caressing skin, soft pleasure and pain.
Inner sanctums of longing bring us to the brink of that
Void
From which we sprang.
Everything and nothing.
Our breath, currents of joy, endless circles of life.**

**Healed, breaking free to fly above illusion, knowing
truth.
Hands entwined and hearts beating as one,
There is no other to satisfy such lust for Wholeness.
Earth Mother, Father Sky, lightning and rain.
Surrender to Grace, no fight to offer.
There is no beginning, no end, just Love.
And still birds sing.
Still rivers flow, oblivious
To our awareness, to our awakening.
To our death, to our rebirth.**

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Cut Ties

by Mikey Pierog

The aliens come after those who rise high
When you are free long enough you grow wings and fly
So cut the growth, block the creativity
See grey not the Interconnectivity
For we are all lost together
And onto each we tether
But there are those who wander to far
And their ropes have become strange, even bizarre
So When hope is lost
And the paths have crisscrossed
We cut at the seam
Bless them with a dream
While their memory slowly fades
And the emotion cascades
It sets into motion
Tears for the ocean

Copyright 2018 Mikey Pierog

Contemplation

By Mikey Pierog

I never left or went away,
We all went on our own adventure.
To grow, learn, and experience.
But past this view, where true reality lays
We are sitting beside each other,
Just looking into the beyond.
Sharing stories of the now.
This life isn't perfect, it has its struggles.
But without faults and failures,
How would we know how to fly?
See, it's the trials we face that our stories are born.
Eternity is too quiet and a times gets stale.
Just know,
"Even a few moments of life there is so much to express and share.
I just chose to keep sitting here, to watch my friends come and go.
To listen to the adventures, their accomplishments.
For I love to hear. And I am not sad, just found my peace.
Within this eternity."

So for now I dwell ...

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Patrick Marino Gallery



Sailing Ship with Dingy in Tow

Oil on Canvas

Continued ...

Patrick Marino Gallery



Three Sailboats in the Harbor

Oil on canvas.

Continued ...

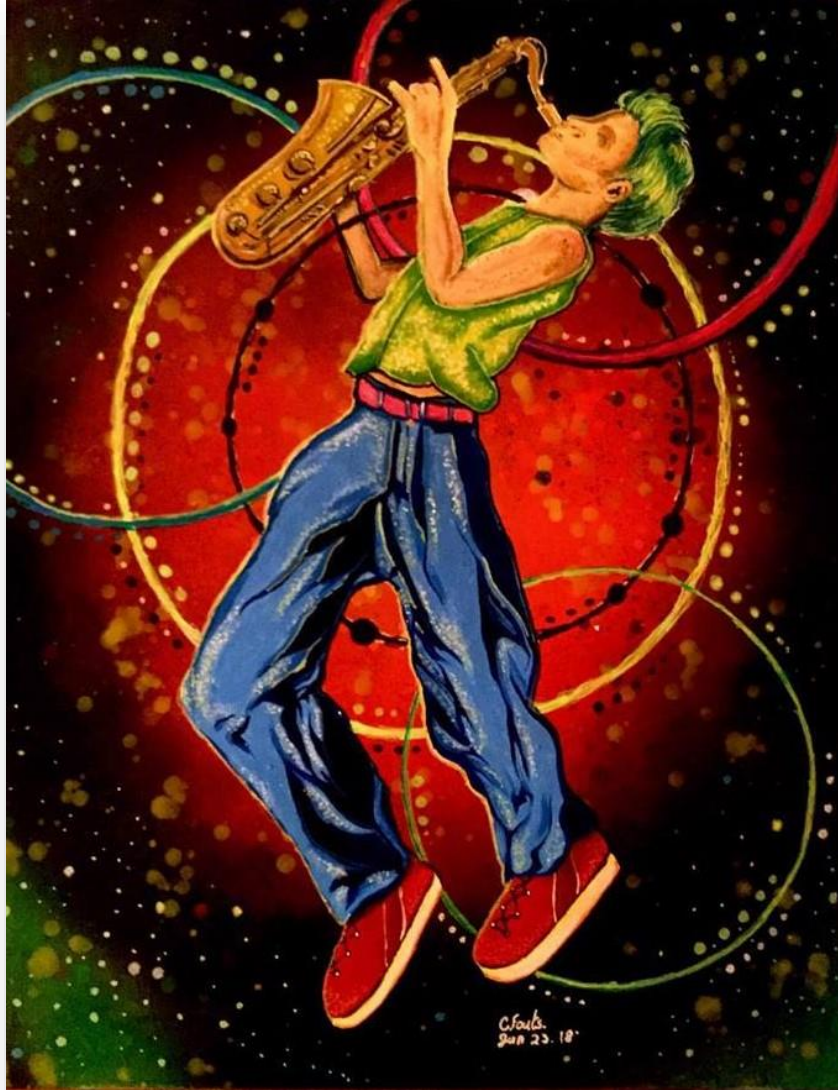
Patrick Marino Gallery



Footprints in the Sand

Oil on canvas

Corbin Fouts Gallery



Peter Pan Meets the Blues

Acrylic on 24X30" on stretched canvas. The piece based off of the artist's experiences in the music world is also UV reactive. Taking a different view when put into a different lighting. Showing the vivid colors associated with the blues and old school soul.

Continued ...

Corbin Fouts Gallery



Signal of War

An acrylic study performed by Corbin Fouts. A medium sized piece, 18X24 inches, on stretched canvas. The piece is the view of a harbringer if war, clad in battle armor and ready to signal the end time.

The piece is also completely UV reactive, bringing in an even darker perspective in the right lighting.



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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Ali Jamil (*Shedding Leaves*, pg.108, *The Treasure Within*, pg. 109)

I lived in Dubai for the majority of my life. Now settled in Pakistan, I have begun to see things from a deeper perspective. I write when inspiration comes to me. I write about Divine Love, Spirituality and the Human condition. Sometimes it is just musings, sometimes it is Self-advice. Nevertheless, it is my passion. Spirituality is my passion, Sufism is my passion. This is a gift of Love that God has delivered to my through my Murshid, my spiritual guide and it is what I hope will take me further.

Bonnie McGee (*Here and There*, pg. 110, *Divine Grace*, pg. 111)

Bonnie McGee is the former poet laureate of the *Galactic Press* E-Zine. Her work encompasses the spiritual the metaphysical and the profound which she lets it speak for itself.

Mikey Pierog (*Cut Ties*, pg. 112, *Contemplation*, pg. 113)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey is an administrator and Manager on <https://www.lightforcenetwork.com/> .

Patrick Marino (*Marino Art Gallery* pgs. 114 - 116)

Patrick is a retired music teacher and current performance musician hailing from CT. He strives for minute detail in his oil paintings in order to make them look almost photographic in nature. The majority of his paintings have New England themes.

Inquiries for his artwork can be sent to editor.discerningminds@gmail.com .

Corbin Fouts (*Fouts Art Gallery*, pgs. 117-118)

Corbin Fouts toured musically for almost eight years until settling to find a new muse. First starting her drive into painting in the summer of 2015 with a simple art project. Since, Fouts has gone into all mediums. Showing vibrant colors and expression, she has set to capture her personal view of old time lore and myth. Drawing most topic and scenes from stories told by the old timers of her area, and from her own experiences in music and tour. She uses bold techniques, and harsh color, to draw outsiders into her view of the topics. Fouts currently tours her art into the Eastern side of the United States, but also shows with permanence at the Mountain Muse of Prestonsburg, KY, where her art maybe be seen year round and purchased.

Odd Vant GuardE

SAYS WHO?

Section Managing Editor – Oscar ‘Trashman’ Corelli

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Did you know nonsense can bring awareness?

The Fickle Finger of Fate

That 70s Guy



You know who you are.

You know what you have done.

Karma is just hanging out waiting to discipline you like an old papa ... but when?

Most people have a decent handle about Karmic meaning and some are a little more advanced about it. Those who are caught up in the frail emotions that propagate vengeful acts at a particular moment in human-time seem to be very good at ignoring it altogether because even though vengeance is a short-lived pleasure it is still a pleasure none-the-less. Some wonder if what they did unfairly to poor little Timmy next door thirty five years ago will ever be delivered pay back.

NOTE: He still carries that nickname you gave him, but hey, his life seems just fine. No harm done ... little Timmy probably doesn't even remember how he lost friends for years because of what you did ... probably forgave the incident and the aftermath, OR is he, somewhere in the deep recesses of his Self of selves holding you bound for retribution in another space and time? OOPS! See you next time!

Continued ...

Continued ...

Sometimes people wonder if and when Karma will act on their behalf with a swift blow to those who have offended them. Karma has a way of ignoring a person is lying in wait for satisfaction yet, seems to perform with aplomb for those who are not looking, hoping, waiting and dreaming of some action.

From 1968 -1973, comedians Dan Rowan and Dick Martin (May they both rest in peace in Comedy Heaven), hosted a variety show called Laugh-In. I caught the show in reruns as a young kid and remember it fondly. On that show they introduced the Flying Fickle Finger of Fate Award. It is often described as “flipping the bird” in salute to the dubious achievements of famous people. No one was safe and no one was exempt ... just like no one is safe or exempt from Karma. I always longed to give the Finger to my brother who was older and wiser and a wicked jester but I never got the opportunity.

I think the Flying Fickle Finger of Fate Award was a manifestation of Karma – served up as little warning pokes, reminders of failure and slaps on the hand. Here are a few from the archives of TV-land via tv.com:

The Flying Fickle of Fate Award went to members of the New York Police Department who sleep while on duty.

The Flying Fickle Finger of Fate went to the voters of Youngstown, Ohio for failing to vote in a school-tax increase for the sixth time in two years, despite the city not having enough money to keep schools open between Thanksgiving and New Year's and having antiquated textbooks.

The Flying Fickle Finger of Fate Award went to the Equal Employment Opportunity Commission, for 'deciding there's absolutely no difference between men and women' when they said that classified ads could no longer be separated into men's and women's headings.

The Flying Fickle Finger of Fate Award went to the Bureau of Land Management for requiring the Shoshone Indian tribe to get a permit and pay a tax on the pine nuts they gather, despite the tribe having guaranteed the right to pick them by treaty; the nuts being a basic food of their diet.

The Flying Fickle Finger of Fate Award went to the drug industry for spending \$600 million on advertising and raising prices of medicine to pay for it.

Continued ...

Continued ...

The Flying Fickle Finger of Fate Award went to the toy manufacturers of America for bringing sayings such as 'You can't have a doll without all the wonderful outfits that go with it' to the children of America through television.

The Flying Fickle Finger of Fate Award went to the OK Sewing Company of Omaha, NE, who gave away shotguns as a promotion for their sewing machines.

The Flying Fickle Finger of Fate Award went to the Senate Judiciary Committee for watching a lewd movie while in session.

The Flying Fickle Finger of Fate Award went to the chief of the Ohio corrections system for blaming prison riots on 'outside influences.'

The Flying Fickle Finger of Fate Award went to the Florida State Division of Family Services for denying Medicaid benefits because they cannot provide a projected date of death.

The Flying Fickle Finger of Fate Award went to the Meadow View Wildlife Preserve for training ducks to eat by honking a horn, putting them in a tower, having them come out by honking the horn, and shooting them when they come out.

The Flying Fickle Finger of Fate Award went to the National Security Agency, because a Washington real estate developer called the Russian embassy and got the exact number of people working at the NSA facility at Ft. Mead after they wouldn't give him the info.

The Flying Fickle Finger of Fate Award went to the Departments of Motor Vehicles of various states for selling the names and addresses of people to mail order houses to send junk mail.

The Flying Fickle Finger of Fate Award went to the Pentagon for spending \$9 billion on projects that were scrapped, as well as Congress for giving more money to them than to the poverty, educations and housing programs combined.

The Flying Fickle Finger of Fate went to the Winchester Rifle Company for making a shotgun for kids.

The Flying Fickle Finger of Fate Award went to the Texas State Legislature, for approving, without a dissenting vote, a resolution praising Albert DiSalvo, better known as the Boston Strangler, for 'noted activities and unconventional techniques involving population control.'

Continued ...

Continued ...

One representative was trying to illustrate how carelessly state legislators sign obscure special bills, but the state legislature voted it unanimously.

Sounds like the Karmic ruler whacking knuckles to me.





Did you know elves also have a history?

Elfology 101

Steve Prellwitz



Time now for a bit of history regarding Humanity and the Elves. During one of our UFO missions to Venus in 2005, Mister Grey asked me to linger in the lounge of the Space Sisters for a short while, as he had unspecified business to attend to before our return to Earth.

A Celtic pageboy dressed in aquamarine robes and silver armor came over to me as I sat beside a glittering fountain.

“Can I get you anything?” He asked in a fey voice.

“I’d like some answers, please.”

“I am here to serve,” he replied, his golden hair flowing freely.

“Tell me your story,” I requested. “How did you end up here?”

Continued ...

Continued ...

“My name is Pwyll. Long, long ago, I was a Welsh Prince. I went out on a hunt one day, coming upon a beautiful white stag deep in the forest. It led me through the veil and into the Kingdom of Tara. I fell in love with her and have served the Mothers ever since, both on Earth and here, after the Crossing.”

“When were you born, in terms of the Zodiacal Aeons?”

“My time was at the end of the Age of Gemini, when the veil that separates your world from the Good People was first put in place.”

“And a stag allowed you to pass between worlds? Animals can move back and forth through the Curtain?”

“Only certain creatures, like the Monarch of the Glen, or, of course, unicorns.”

“Why did the Mothers allow you to stay?” I asked, my interest rising.

“I became part of the family. I am one of many husbands that Tara has taken over the centuries. We keep fresh blood flowing through the dynasty.”

“So these Good People, like Tara, are immortal?”

“Yes, as I am. Time has been lifted from us, but there is a price, naturally.”

“How *exactly* is time suspended?” Now my fascination was reaching the blue line of awesome mystery.

“That is for the Mothers to tell you,” Pwyll replied. “All I know is that it had to do with drinking the water.”

“I see,” I said, making mental notes. “Now, what about the price of immortality?”

“You become sterile, made more of light than flesh. My children were all sired within the first year of my stay. By that time, the change had overtaken me.”

“But you still eat food, right?”

“Yes, of course.”

Continued ...

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“Can you be killed by injury or illness?” I asked this carefully, making sure my tone was in no way threatening.

“Injury, yes. There is no illness here.”

“I would like to know more about the Crossing. When and why did it happen?”

“It was a result of the Dark Mothers and Their reign, which began a few centuries after I passed over,” Pwyll spoke nostalgically, and with a touch of fear. “We did not wish to go to war with them, so departure was our only choice.”

“You traveled here in the Mothership?”

“No, this Venusian base has always been here, since the fall of Lost Atlantis. I came with Tara and the Good People in Elven Ships.”

“What is the story with the Elves, anyway?” I asked intensely, as this topic was one of the most important to me.

“Tara and the Mothers are all half-elven. They were sired by the Lords of Orome thousands of years ago, after the High Elves awoke and once again walked openly upon the Earth.”

“Lords of Orome?” This name was vaguely familiar to me, but I couldn’t place it.

“Orome was one of the First Men. You know him by his Greek name of Orion. These heroes of the First Age discovered the High Elves, reawakening them after half a million years of slumber. They learned from the High Elves how to bring light directly down from the stars and into living creatures here on Earth. This is how the unicorns, stags and other races of Mearas came to be.”

“I thought the Mearas were super-intelligent horses,” I said, recalling my Tolkien mythology. As I mused on these connections, I recalled that Orome was one of the Valar, Tolkien’s version of the Biblical *Elohim*. Plot level vocabularies began to intermingle in my mind, as several different mythic systems merged into a new synthesis.

“You are right,” Pwyll said. “Orome introduced horsemanship to the Elves and Men of the First Age. But many of those Mearas were in truth unicorns, not mere mares.”

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“What does this have to do with the Mercurians?” I asked, since Orion was one of their delegation to the Circumference Conference.

“When the High Elves left along with Orome at the dawn of Scorpio, his sons, the Lords of Orome, chose as their leader his High Priest, Melchizedek. Under the guidance of Melchizedek’s Great White Lodge the remaining First Men claimed the Arch of Light, translating themselves into what you call angels. They became as the Elves in every way. These were the original High Kings of Atlantis. Tara was one of their greatest queens.”

This was all coming together *splendidly* in my mind.

“So how did the Lords of Orome go from being Atlantean Kings to Ascended Masters on Mercury?”

“I do not know all the secrets of the Great White Lodge. I only know that when the Great Flood destroyed their Earthly civilization, they moved to Mercury.”

The waters of the Venusian garden gurgled wonderfully as we sat in silence for a few minutes while my mind processed these new meta-plot level alignments.

“One more question, please,” I finally asked.

“Yes?” Pwyll’s face beamed with joy as he spoke.

“When the High Elves left, where did they go?”

“Orome guided them home, to the Pillars of Creation, where stars are born.”

“Where exactly is that?”

“The Eagle Nebula,” Mister Grey answered as he appeared from behind a lush green fern. “Elves exist on many worlds, not just Earth. They are formed whenever the Pure Light pours itself upon local wildlife.”

We stood up, as it was clearly time to go.

“Thank you, Pwyll,” I said, offering my translucent meat-packed hand. “You have been incredibly helpful to me.”

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“I live to serve,” he said with a bow.

“Let us be off,” Mister Grey said bluntly. “All this talk of Elven glammer is giving me a headache.”





Did you ever talk to an alien?

My Name Is Zandor

Loni Haas RMAFA, NCGR, DD



Anyone who has done any type or mode of behavioral counseling for a number of years is sure to have an offbeat tale about a client or two who was most 'unusual' in nature. I am not speaking of those who have serious psychological disorders but seemingly normal everyday folks who are good citizens holding above average jobs and/or positions in society. In my experience, I have been confronted with my share of people who believe they have been seeded or touched by alien life forms. It is not my intention to refute these claims but to share with you my experiences while having conversations with "Alien Types." I do so with respect for their inter-dimensional experiences

To date, only two types of Alien genetics have been brought to my attention during consultation sessions. The majority lies among those who believe they are Pleiadian by genetic design and a lesser number believe themselves to be Arcturian. While considering Pleiadian genetics and/or influences, it did cross my mind that perhaps some of these clients might have been greatly affected on a deep psychological level by the popular books written in the 1990's by Barbara Marciniak.

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The books were based on her alleged personal experiences with the Pleiadian culture. With reference to these books, some of the people I know who read them had some sort of strange experience connected to them. This includes words shifting and/or disappearing on the pages while being read, interesting references that cannot be found again once read, messages that only appear to certain individuals, and whole volumes independently displacing themselves from one location to another. People who did not know one another personally reported having identical weird experiences such as shared analogies that did not appear to anyone else. A perfectly sane acquaintance of mine who works for the penal system could not find her copy of the second book in the series for several days. She remembered exactly where she left it and remembering closing the book. When the book reappeared, she found it in the middle of her bed opened and ready to read. I offer no explanation for any of these circumstances but do find them fascinating. I must also add that not all of those claiming to be of Pleiadian descent were cognizant of these books so this rules out a percentage of belief connected to mass hysteria or mass influence.

By general consensus, it is believed that both of these cultures operate from the highest vibration of love and function to assist mankind with the raising of vibrational frequencies. The Pleiadians are thought to be moving humankind from the 3rd to 4th dimensions of reality while the Arcturians assist humankind in entering the 4th dimension and then the 5th dimension. An interesting facet connected to those who believed their alien seed to be reactivated is a surge of creativity that places them on a new path. These people often spend a great deal of time hand drawing alien forms or engaging computer graphic depictions. I have seen examples of both cases and the artistry is very unique and often quite beautiful. A subdivision of this creative group consists of those who also found themselves acquainted with new healing energies that they employed with success. The healing light was described as ranging from soft blue to neon blue.

What else is known about these two inter-dimensional groups? Pleiadians are thought to hail from the Pleiades (although there is current information out there that refutes this claim) which is a small cluster of stars belonging to the constellation Taurus. There are seven stars in the cluster the brightest of which is the Fixed Star Alcyone. In astrology, this star equates with vision or the lack of it. This fits the Pleiadian theme, which is to help mankind move towards a higher spiritual destiny. The Pleiadians are humanoid in appearance often described as blonde or brunette and fair. They are believed to be the record keepers of the Earth and the caretakers of the Earth's complete history from human evolution to the present time.

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The Pleiades has always been an honored group of stars throughout occult history. For example, the temples on the Acropolis in Greece were aligned to the rising of the Pleiades.

The Arcturians hail from Arcturus, which is the brightest Fixed Star in the constellation Bootes. In astrology, the Fixed Star Arcturus represents guarding, learning, teaching, and leading the people as new life styles are embraced. The Arcturians are thought to have a 7th dimension vibration and are also held to work with the Ascended Masters, which they refer to as the Brotherhood. They are highly technological and are said to have the most advanced starships of all cosmic cultures. The Arcturian formula for living is love and they are the guardians and protectors of the Higher Consciousness of the Universe. The late great Edgar Cayce is quoted as saying, "Arcturus is one of the most advanced civilizations in the entire galaxy." In some schools of thought, The Arcturian civilization is thought to be the prototype of the Earth's future. In appearance, the Arcturians are described as very short - three to four feet high with a greenish pallor. They have large dark brown or black almond shaped eyes and three fingers. They communicate telepathically, can move objects telekinetically, and live to the age 150-400 years old. For those of you who are chuckling at the last statement, might I remind you and refer you to the Bible, which states very clearly that mankind once lived to these ages as well.

As an astrological group study, the charts in common reflect some of the same characteristics. The stronger case charts have either Uranus conjunct the Ascendant from the twelfth house side or Neptune in the first house and/or conjunct the Ascendant. These are tricky positions especially with challenging aspects because while they both represent a quest for higher spiritual identity, they also can signify illusionary tendencies based on neurotic motivation. Those with Uranus conjunct the Ascendant often live unusual lives and have an ability to tap into superconscious levels of knowledge from a variety of sources. Neptune conjunct the Ascendant can actually manifest as an 'otherworldly' appearance and these people often speak and act in ways that is difficult for others to understand or challenge. These natives literally have 'hypnotic' eyes in many cases. In many of these cases, I have also observed some lack of objectivity based upon the belief that the alien genetics or influence is superior to and exclusive of anything else. This is strictly a human condition for neither the Pleiadians or the Arcturians harbor superiority in any form... all are equal.

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To a lesser extent, I have also found either Uranus or Neptune in the seventh or tenth houses sometimes conjunct the angles of these houses. With the seventh house, contact there is strong attraction to the arcane and a propensity for strange occurrences. These placements often occur in "close encounters" with or without contact. When these planets conjunct the Midheaven (10th house cusp) particularly from the 9th house side, there is a feeling of 'mission' and a great need to attain higher spirituality so contact with or exposure to alien or inter-dimensional beings who offer a means to an end would be the ultimate.

So, are we to assess that Uranus and Neptune are key to contact or a clue to alien genetics or are these planetary influences simply aggravating a propensity for delusion of grandiose proportions? In consideration of these observations, it must be remembered that Uranus and Neptune are very high vibratory planets. They are the Higher Octaves of the planets Mercury, which represents the intellect, and Venus, which represents love. These are the two paths through which the Pleiadians and the Arcturians reach us and teach us. Certainly not everyone with any of these placements is going to have an alien or inter-dimensional experience but it does seem to be common ground for contact.

In truth, I have never spoken to anyone who told me his or her alien name was Zandor but you must admit it did make for a catchy title didn't it? You're probably also wondering if I consider myself to be of alien descent. To be perfectly honest, I never thought much about it until a psychic volunteered the information years ago that I was an Arcturian whose star moniker is LiLi. This was certainly flattering but I still take it all with a grain of salt although it might be a real hoot to get behind the navigation device of one of those starships and go for a test drive!

Live long and prosper...





Do you believe you are from another star?

Star Light, Star Bright

Jonathan H. Corelli



Starseeds are individuals who feel excitement and longing upon learning that they might have originated from another world.

Hey words here, "... might have."

It is amazing to me how many widely accepted New Age concepts that are originally presented in books (generally fiction) become hardcore beliefs for some people. Those people who blindly accept proposed theories as fact and worse, truth, are too busy applying "similarities" to themselves to actually do any research into the origin of such things. The popular Starseed concept that has flooded the internet over the years has no basis in anything factual – of course if you speak to one of the thousand strains of Starseeds about that you will simply be blown off as un-evolved or un-realized and still not given any proof of origin ... hey, if you believe in the Bible you can certainly believe in Starseeds. The point is all concepts have a beginning, an origin from which the platform either propels or falls short based upon its psychological appeal to the masses.

"... psychological appeal to the masses" – key words here.

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Author Brad Steiger, well known for his work and research into the supernatural and paranormal coined the term "Star People" and its link to Native American beliefs in our creation by visitors from the stars. Brad was attempting to conduct some legitimate research into various aspects of a growing phenomenon that was mostly spawned from after effects of alleged alien contacts and abductions which were generally unpleasant.

Since then, different authors have also introduced other names like Starseeds and Star Children. The basic theory - our souls all have connections to other realms as our place of origin. In past lives some of us have come to Earth to learn while others experienced on other planets and realms. When Steiger began compiling data on his hypothesis he admittedly had no idea of the effect it would have on people. There must be safety in numbers aye? Many people who read his criteria regarding Starseed characteristics believed it to fit them. The number of people "evolving" has greatly risen since Brad wrote his book which gave birth to offshoots of extra tantalizing articles and websites all over the internet promoting his original research in a whole new light. Some of the "evolved" ideas and concepts in the articles and on these beyond 100D websites have been taken to the nether regions of non-reality devoid of reasonable thought yet people buy into it, adapt and adopt it. I would like to know when discernment left the planet. Anyone?

The natural conclusion for *me* is that some are making a prolific amount of money but that seems to be the way of the world, isn't it? After all you can get DNA activations that will speed up your Starseed evolution and consciousness. Cha-ching, cha-ching – T-shirt anyone?

In *Sacred Journey to Atlantis*, by Dr. Norma J. Milanovich, Starseeds are described as, "Souls from other planets, star systems or universes, who answered a call for assistance and agreed to come to Earth to help with the healing and transformation of this planet. Individuals in embodiment who are presently working with the Ascended Masters and the Galactic Command to help fulfill the divine plan of bringing peace, harmony and love to Earth." Dr. Norma J. Milanovich is a messenger for the Ascended Masters regarding Earth's transition into the Fifth Dimension. That was the only biographical information I could find about her. Maybe she is just a private person as most Starseeds tend to be.

BUT - What if you are "un-evolved" and don't believe in Ascended Masters or the Galactic Command?

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Many people believe that Helena Blavatsky made up the whole concept of the Ascended Masters modeling them after human teachers and associates she had. UFO contactee George Van Tassel was the first to have claimed to have channeled a message from Ashtar Sheran about the command. Van Tassel was a colorful character – also an author and inventor of the “Integratron” which was a “cell rejuvenation” machine he was instructed to assemble after a visit from a “Venusian” who invited him aboard his spacecraft. Van Tassel died mysteriously before the machine was finished in 1978. This all gave rise to conspiracy theories at the time. He is considered by some to be one on a long list of UFO hoaxers.

All fine and dandy but what if you don't put credence into “channeled” message either?

Another influential person is the Starseed movement is author Barbara Marciniak who penned the *Bringers of the Dawn* series. Barbara is well known for channeling the ever popular Pleiadians. Here is a short clip:

We are your ancient family. We come from the star system The Pleiades. We know ourselves as 'The Pleiadians' and we, eons ago, millions of years ago, were your relatives. The Pleiadian culture is ancient. [It] was seeded from another universe, a universe of love, a universe that moved back to All That Is. The Pleiadians seeded the Pleiadian star system within this universe before the Earth's sphere transfer became available. We formed a tremendous society. We operate with love. We operate with ideas and ideals that you are totally unfamiliar with. Our technology in your terms would be somewhat similar. We are, in your terms, computerized. We like that term because it represents an overall picture of our abilities. The picture actually only represents one per cent of what we are capable of doing. However, from your point of view, think of us as a computerized society. We are collective energy. We are not of your dimension.

We are your family members who lost contact with you eons ago. We have come to retrieve you. We have come to reestablish contact, to assist you, so that you can now reunite with us, liberate yourselves and choose to come back to the Pleiades or to stay here on Terra and raise the vibration and allow Terra to become what it was originally planned to become, the international exchange, intergalactic international trade exchange center for the universe.

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Why not make aliens our ancestors and relatives?!!! ET phone home ... Oh wait ... what is that? ... Earth was supposed to be the *international exchange, intergalactic international trade exchange center for the universe*? Did the Pleiadians invent Wall Street??? I wonder ...

It would not be fair of course to leave out Zecharia Sitchin. For those who are not familiar with him, he was an Azerbaijani-born American author of books proposing an explanation for human origins involving ancient astronauts. He believed our DNA was genetically manipulated by the Annunaki who created various ethnicities. That rapidly led to the belief that we were seeded here from various star nations. Sitchin's ideas have been rejected by scientists and academics. His work has been criticized for flawed methodology and mistranslations of ancient texts as well as for incorrect astronomical and scientific claims. His education was at the London School of Economics, University of London which hardly made him an archeological or linguistics expert. ... But damn if I am not hearing that \$\$\$ bell ring again!

Funny how one thing leads to another and people keep believing because all the fantasy soothes the lack of being unable to function in a very real world.

It's good to have a mission in life, and perhaps the Starseeds can save us all. I do believe in the world of psychology that is called Messiah Complex maybe with a dash of Napoleon Complex thrown in for the ego. Funny word EGO - an old professor of mine used to define that as Edging God Out. Lots of ramifications there ... maybe a topic for another day.

OK – so I am a skeptic and a healthy one. I make no apologies for who I am or what I say... no excuses or fantasy offered here. I only seek the truth of origin.

If my Starseed brothers and sisters are too shy or reluctant or feel I am too lowly “human” I totally understand. I know you love me anyway.

Twinkle on homies...



Are you open to what you can learn from a cat?

The Tao of Meow ... Purrrfect Peace

Section Manager's choice – Courtesy of Levity Lane



“I have noticed that what cats most appreciate in a human being is not the ability to produce food which they take for granted – but his or her entertainment value.” - Geoffrey Household

I am the human companion of two Master Taoist cats. I have learned not to say “owner” or even “caregiver” because they are smarter and far more spiritual than I.

Ponder this ... Cats are telepathic with extraordinary abilities. They can read your mind before you even speak which is probably why they zone you out most of the time. Cats know the value of simplicity. If you want their attention all you have to do is call out the idiotic name you've probably given them and then they'll decide whether or not what you're blithering about has any value that can enhance their “being.”

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Cats know how to be at peace. They will sit on sunny windowsill or bask outside all day on a rock and meditate in perfect harmony with the Creator.

Cats know how to pay attention and have radar that never misses anything while you bluster about reacting instead of observing. "Foolish human," thinks the cat, "Does he not know the value of non-action can bring him closer to the Creator?" Cats don't concern themselves with the trappings of ego either. When they bring you a "present" which generally consists of some sort of prey, they don't expect you to thank them or praise them. They simply twitch their tails and walk away because they understand the true meaning of generosity and giving.

The twelve levels or "virtues" of Taoist Cats...



SPONTENAITY

Mantra: "Life is a battleground - don't skulk, meet challenge head-on with right action."

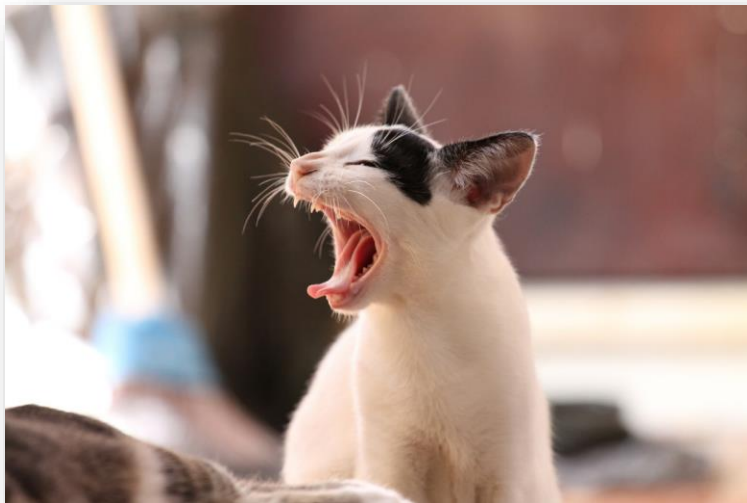
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WU-WEI (Action through non-action --- Ya Think?!)

Mantra: "Pause in your deliberations and enjoy creature comforts."



SPEECH & GUIDANCE

Mantra: "To be heard, let your speech reflect good humor and less seriousness."

Continued ...

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HUMILITY

Mantra: "The world can be cruel and impersonal, treat others with compassion."



VITALITY

Mantra: "Be the superstar that you are."

Continued ...

Continued ...



MODERATION

Mantra: "Do all things in moderation. Keep your body and your space clean."



REFINEMENT

Mantra: "Be compliant, tactful and resolute."

Continued ...

Continued ...



RELATIVISM

Mantra: "PAY ATTENTION!"



HARMONY

Mantra: "Be free, be happy, get outdoors and play."

Continued ...

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DETACHMENT

Mantra: "Climb to the heights but don't be attached to outcomes."



NATURALNESS

Mantra: "Be an original."

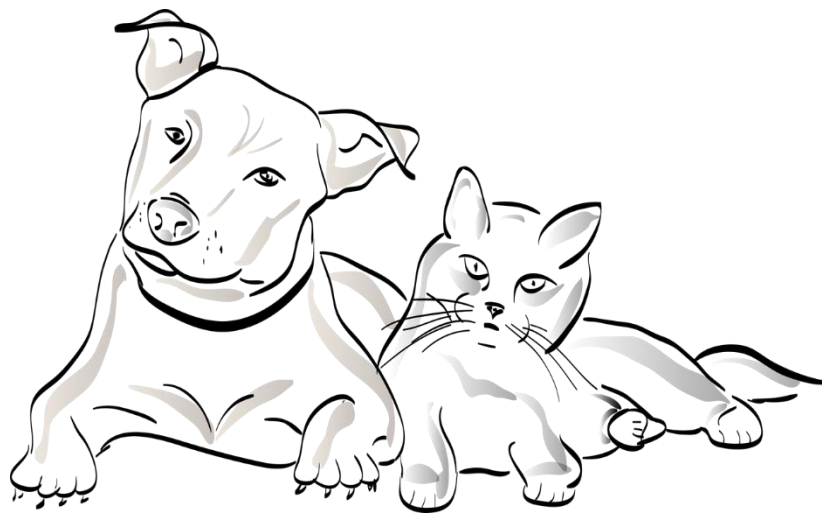
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PEACEFULNESS

Mantra: "Be prayerful, respectful and grateful."





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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That 70s Guy (*The Fickle Finger of Fate*, pg. 121)

I'm the 70's Guy. I'm stuck in the past because as a time traveler, that's where I like to be. I am very private so that's all I will say about myself.

Steve Prellwitz (*Elfology 101*, Pg. 125)

“Cosmic” Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn't take himself too seriously.

Loni Haas RMAFA, NCGR, DD (*My Name is Zandor*, pg. 130)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Jonathan H. Corelli (*Star Light, Star Bright*, Pg. 134)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, “Writing is not perfection unless it has a humor injection” so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes “perfect sense in every sense of the term sense.”

Section Manager Choice (*The Tao of Meow*, pg. 138)

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