



DISCERNING MINDS



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SACRED SCIENCES * ESOTERICISM * ARCANA * CREATIVE THOUGHT * PHILOSOPHIC TRENDS

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WHAT'S YOUR PERSPECTIVE?



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What's Your Perspective?

Don't judge a book by its cover, rather, by what you uncover.

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MIND TEAM



TAKING AIM

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

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The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, personal meta-musings.

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Creative Musings – Original artwork, poetry, prose, fantasy tales, stories with morals or messages.

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PUBLISHER

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DEVELOPMENT

Waden Jensen

Sanjay Practi

RESEARCH/MARKETING

S.A. Osier

Syd Sydney

DATA EDITORS

Trish DeMarco Bullock

Enka Johanssen Constantino

Kim Tsiang

STAFF SECTION MANAGERS

“The Human Condition”

Daria Novicki Ph.D.

“A Matter of Spirit”

John ‘Salaam’ Solis

“Body Temple”

Lynda Lidel Harley

“Phenomena Files”

John Holbrook P.S.I.

“Arcanus Obscurum”

Marco X. Mascolo

Eliana Rosini Mascolo

“Sacred Sciences”

Anne Drake Sydney

“Creative Musings”

Marique Quinn

“Odd-vant Guard”

Oscar ‘Trashman’ Corelli



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The Human Condition

“The marks humans leave are too often scars.”



Section Managing Editor – Daria Novicki

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Quote: John Green @ Goodreads.com

Listless Ode to Jose Cuervo

What is one to do, when one travels without a clue, when one sheds tattered tears and exuding fears that fall on deaf ears to the professed ones that hold the fragile heart so dear? How is one to feel when the maddening mind reels and the fragile heart conceals the loss of a solitude that seals the peace one never feels?

Where do I belong if I don't fit in with the strong and the weak are too oblong to carry on my soul that feels so wrong?

How did I know I was privy to the devils command? Poison is my inspiration, loneliness my consolation...and for that I'm forever damned.

Thank you Jose, for you gave me the illusion of confidence and the grandeur of importance, but my facade will be gone in the morning, and that's what breeds addicts and pleasure seekers such as myself...no matter how much I justify my chaos, I will never understand the war that wages in my heart.

Ingratitude

By Jenna Wade Shaugnessey

How many ungrateful people do you know? Seems there are plenty of them to go around these days. Basically there are a few standard psychological reasons people display in gratitude:

A matter of ego.

A matter of feeling less because they were given something and the giver is interpreted as being stronger and better than themselves and they feel humiliated.

A matter of entitlement. They feel they are entitled to whatever they are given.

On a lesser level:

- They were never taught to be polite or they were taught and forgot
- They just assume you and the world are there to serve them (Millennials and entitled generations)
- The person takes you for granted and “assumes” you’ll understand they’re grateful
- They are or were so stressed about whatever it was the thought simply slipped their mind (can happen - I’ve done this)
- They’re professional victims who just assume others are supposed to take care of them
- It’s not in their culture to thank others (narcissists etc.)

Continued ...

Often if you do something nice for someone you'll get, "I never asked for this so why should I say thank-you?"

Why indeed.

But, there is always the spiritual aspect:

Being ungrateful is borne out of thoughtlessness. Being thoughtful helps us to have empathy which also aids our developing initiatives. By nature and nurture, some people are more thoughtful than the others.

Thinking being a serious mental exercise demands a lot more self-control; making use more of our cognitive sense. Where this has been poorly developed as a result of poor upbringing, the result is lack of empathy and, consequently, lack of initiative to do good to others or appreciate the good others do to us.

The mind to do 'good' is the same mind that appreciates what 'good' others had done to us. The spirit of giving is the spirit of thanksgiving. This is why it's usually those who give and do good to others that do appreciate more the good others do to them. Most ungrateful people hardly do good to others, except to get something in return. Theirs is doing 'good' as barter! But for others who are usually more grateful, it's like sowing seeds and waiting for the harvest! - Gideon Oladepo

(<https://www.quora.com/Why-are-some-people-so-ungrateful>)

As for myself, I give in two ways. Usually I give because I feel moved to do so, often a small gesture because I believe there is a relationship of some kind there. If it feels forced or begrudging, I just don't give to that person again. Of course the higher road is to give and forget about it (as stated above) and just walk around detached but once in a while maybe it's best to be a teacher and point it out.



The Basics

Dr. Neeta Gupta

Sometimes we need to go back to basics ... In the many years I have spent working with children and their wonderful innocent philosophies, I observed that reviews of ‘basics’ work just as well for adults as they do for children! Anyone of any age loves a good basic story of life and spirituality. Creativity yields growth of self. Basics yield strength and support the spirit.

There are many different stories and beliefs about creation contained in the Hindu scriptures. One synopsis is as follows:

With its cyclical notion of time, Hinduism teaches that the material world is created not once but repeatedly, time and time again. Additionally, this universe is considered to be one of many, all enclosed "like innumerable bubbles floating in space." Within this universe, there are three main regions: the heavenly planets, the earthly realm and the lower worlds. Scripture goes into some detail as to the nature of these regions and their respective inhabitants.

Hinduism is therefore not predominantly earth-centered, and puts much emphasis on other "planes of existence" – various material abodes and the spiritual realm itself. This is reflected in Hindu stories and specifically through the concept of “lila” (divine pastime). These “lilas” take place in the spiritual world and are replicated at sacred locations on earth.

There is no one simple account of creation, and there are many detailed and inter-related stories. Central is the narration of the sacrifice of the primal being (purusha), found in the Rig Veda. On the metaphysical level, the universe is created from sound (vak). Sound corresponds to ether, the subtlest of the five material elements. According to such Sankhya philosophy, the elements develop progressively from subtle to gross.

Continued ...



Continued ...

The atman, more subtle than any matter, generates his own successive material bodies. This world and its creatures are here to facilitate the soul's self-centered desires, and ultimately to enable his return to the spiritual world.

“From the depths a humming sound began to tremble, Ohm. It grew and spread, filling the emptiness and throbbing with energy ... Vishnu's servant, Brahma awaited the Lord's command. Vishnu spoke to his servant: ‘It's time to begin’, Brahma vowed. Vishnu commanded: ‘Create the world’ and a wind swept the waters.” – Real Legends and Myths

What is OM?

The sacred sound Aum is believed to be the first sound at the start of creation.

Om (also spelled Aum) is a Hindu sacred sound that is considered the greatest of all mantras. The syllable Om is composed of the three sounds a-u-m. Thus Om mystically embodies the **essence of the entire universe**. This meaning is further deepened by the Indian philosophical belief that God first created sound and the universe arose from it. As the most sacred sound, Om is the root of the universe and everything that exists and it continues to hold everything together. The syllable Om is composed of the **three sounds** a-u-m (in Sanskrit, the vowels a, and u, combine to become o) and the symbol's threefold nature is central to its meaning. It represent several important triads:

- the three worlds - earth, atmosphere, and heaven
- the three major Hindu gods –Brahma, Vishu and Siva
- the three sacred Vedic scriptures - Rg, Yajur, and Sama

Continued ...



Continued ...

OM possesses a vibrational aspect apart from its conceptual significance. If pronounced correctly, its vibrations resonate through the body and penetrate the *ātman*. This is why it is used successfully in chanting. At another level, the three sounds that constitute the syllable—**a**, **u**, and **m**—have been associated with the states of waking, dreaming, and deep sleep, states to which all life can be reduced. Thus, by repeating the syllable the chanter passes through all three states.

Existence in the entire cosmos vibrates with an energy that is audible to a mystic as a humming vibration. The closest experience of this sound in ordinary experience would be the humming sound of an electric transformer. Yet this humming is produced by the atoms of the universe vibrating at different frequencies.

In Sanskrit this sound is called *Anahada Nada* (also called *Anahad Shabd* in Sikh scriptures). Literally this means “sound produced without striking.” It is an unstruck sound, which unlike ordinary audible sounds is not produced by two things striking one another.

AUM represents this sound in its fullness from creation to eventual destruction.

Most importantly: Years ago while observing a class of young five year old children learning the foundation of Hinduism I was struck by an observation made by one little boy. He stood up in class and told the teacher that he must be wrong about creation:

"It is quite simple", he said, "The great power in the universe put his hand upon his sacred string instrument which when he vibrated it, sent a shock wave through the universe. That sound was love. All things were created from that love."

Children have simple philosophies of truth. I learned much that day.

<http://hinduism.iskcon.org/concepts/112.htm>

<http://www.religionfacts.com/hinduism/symbols/aum.htm>

<https://nexusnovel.wordpress.com/2006/09/13/om-or-aum-symbol-the-primal-sound-of-creation/>

MIND BREAKERS

By Mahaji

What is the nature of absolute nothingness?

If the Universe goes on with end what is the direction of its expansion?

Is destiny the conscious direction of one's life energy and subsequent elevation of one's character?

If a child is the son of man and a man is the son of the Earth and the Earth is a child of the Sun and the Sun is a child of the Galaxy and the Galaxy is the son of a Super-galactic parent, then is my birth an accident of creation?

Is no Path the true Path, for in the Absolute there is no Truthfulness of Falsehood, no right and no wrong, no Yes or NO?

Is all dogma false in the *Absolute* because it attempts to encapsulate *Infinity*?

Is diversity as an expression of essential unity not a paradigm of the Universe?

Why does it seem that everything of power is done in a circle?

Why do we bother to ask WHY?

What is it that will make you attempt to answer some of these questions or run for the hills?

Ponder on this and realign your Self...





Weasel

By Aly 'Zephyr' Nizen

“They smile in your face, all the time they want to take your place... backstabbers” The O’Jays, lyric from *Backstabbers*

There is a sole purpose to backstabbing and that is to gain power and control. Unfortunately, depending on the circumstances, it can be destructive and devastating to the chosen victim. Most of the time it is petty and just plain nasty but no matter the situation it can be very difficult to repair damage either to the reputation and the psyche.

How does one suss out these grasping individuals? There are signs to the potential damage. They normally have a particular MO but you have to be on top of your game to perceive their game rules. Make no mistake, these weasels are pathological. Basically they are insecure, angry at the world and actually emotionally vulnerable.

Backstabbers can be very friendly and charming. They will say the nicest things to your face often in a group setting. They may even gain your trust. While you are being flattered and touted, they are already looking for what they assess as weak spots in you so when you leave they can cleverly destroy you behind your back.

When confronted by you and/or others they will flat out lie. They are good at it. They get offended because they have “been such a good friend, so how can you say such a thing?” A guilt trip par excellence. They can also go as far to blame another innocent person for what they have done and then go on to start rumors about that person to back up their lies.

Continued ...



Continued ...

The best thing of course is to avoid these people.

Watch out for the overly friendly persona – that’s a red flag. Remember true friendships don’t happen overnight, they are built over time. Once you have identified the backstabbing personality, avoid getting into so-called private conversations with them ... it’s a trap. They will use anything you say against you and readily throw you under the bus. Spreading lies and bad mouthing is a science to these people and the greatest way they know to call attention to themselves. As enticing as it may be don’t back stab in return. It will back fire as these people are expert at what they do. They don’t make good enemies.

“A stab from a friend cuts deeper than a stab from a foe.” - Amit Kalantri



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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THE HUMAN CONDITION

Jason Iriarte (*Listless Ode to Jose Cuervo, Pg. 2*)

Jason is a writer, musician and amateur astrologer from New Jersey. He has an avid interest in all things metaphysical and philosophical and has no problem calling out fallacies courtesy of his built in BS meter and keen perception. He enjoys writing prose based upon his own experiences especially those regarding those areas of life that produce consequences.

Jenna Wade Shaugnessey (*Ungrateful, pg.3*)

Jenna is a private energy healing novice who was born into a very psychic family. She inherited the ability to channel from her mother who was a highly gifted psychic. She lives on a ranch/estate in the southwest, USA with her Tabby cat Kinpa. Jenna has a head for “numbers” and has several degrees and dual degrees in accounting, business and administration and business law. She enjoys writing and cooking.

Dr. Neeta Gupta (*The Basics, pg.5*)

Neeta Gupta came to the United States from India when she was ten years old. Some of the stories she tells belong to oral tradition as handed down to her by her beloved grandmother who was nicknamed “Anni” while others come from her fertile imagination and actual life experiences. Neeta has had an extensive education both in the US and abroad holding degrees in physics, astronomy, atmospheric sciences, mathematics and theological studies. She is a retired educator and Vedic astrologer who loves to travel back to India especially when accompanied by her grandnephew Pandit.

Mahaji (*Mind Breakers, pg.8*)

Mahaji prefers to remain humanly anonymous but freely implies that she is the vibration of the Universal Mother which is the embodiment of the feminine energy that encompasses love, compassion and spirit of the female warrior. Like any good mother, sometimes her messages to her Earth Children can be stern and even unpleasant because they shake the foundations of former life conditioning.

Aly “Zephyr” Nizen (*Weasel, pg. 9*)

Aly is a registered nurse who hails from the northeast USA. On the weekends she teaches Yoga classes for adults and children. She is known for her patience and skill which combines several different disciplines that she filters into an understandable western view based upon the mental and spiritual level of her students. In her free time, she allows her muse to guide her as she pens what she refers to as ‘human observation shorts.’

A Matter Of Spirit



“The archangel Michael took supreme command. He reassured their minds by his serenity. His countenance, wherein his soul was visible, expressed contempt for danger.”

Section Managing Editor – John “Salaam” Solis

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Quote: Anatole France @ Wikiquotes



*Blessed Michael, archangel,
defend us in the hour of conflict.*

*Be our safeguard against the wickedness
and snares of the devil*

*(May God restrain him, we humbly pray):
and do thou, O Prince of the heavenly host,
by the power of God thrust Satan down to hell
and with him those other wicked spirits
who wander through the world for the ruin of souls.*

Amen.

Pope Leo XIII, Leonine Prayers

Archangel Michael

By Rev. Micha Allard

Without a doubt the most widely known and publicized angelic in the metaphysical, spiritual and religious communities is the Archangel Michael. Of the three major monotheisms, Judaism, Christianity and Islam, Michael is the prominent supernatural being in writings and scripture.

Michael whose name means, “Who is as God,” was worshipped as a deity by the Chaldeans (Mesopotamians) who originally gave him his name. In Ancient Persia he was known as Beshter meaning “one who provides sustenance for humankind.” In Islam he is called Mikhail and in Christianity he is called St. Michael.

Generally, Michael is considered to be ruler of the fourth heaven, chief of the order of virtues, chief of the archangels, prince of the presence, angel of repentance, righteousness, mercy and sanctification and probably his most well-known role is that of conqueror of Satan.

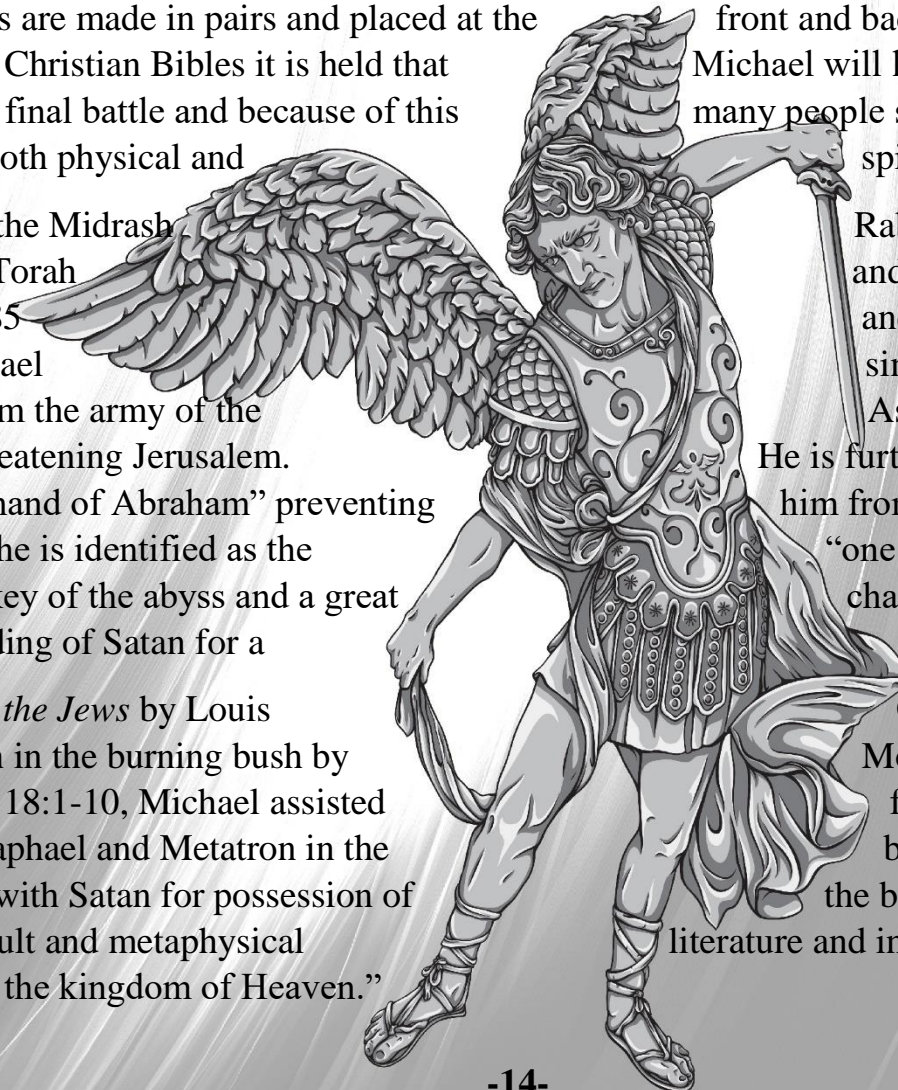
Michael is known and venerated in many religions. In Jewish scripture he reigns over all natural phenomena including thunder, lightning, fire, wind, rain, snow, and hail. In ancient Root Magick, hand sewn home protection bags filled with Grains of Paradise depict an image of Michael on the outside of the bag. The bags are made in pairs and placed at the front and back doors of the home for protection. In the Christian Bibles it is held that the “dragon” in a final battle and because of this many people seek Michael’s help and protection from both physical and spiritual enemies.

He is credited in the Midrash the books of the Torah author of Psalm 85 claimed the Michael 185, 000 men from the army of the who had been threatening Jerusalem. who “stayed the hand of Abraham” preventing and in Rev. 20:1 he is identified as the heaven with the key of the abyss and a great course to the binding of Satan for a

In *The Legend of the Jews* by Louis Michael was seen in the burning bush by Berakot 35, Gen. 18:1-10, Michael assisted Gabriel, Uriel, Raphael and Metatron in the to have disputed with Satan for possession of mentioned in occult and metaphysical “hold the keys of the kingdom of Heaven.”

Rabba (aggadic *Midrashim* on and the Five Megillot) as the and in one account it is single-handedly wiped out Assyrian king Sennacherib He is further identified as the angel him from sacrificing his son Isaac “one who will descend from chain in his hand” referring if thousand years.

Ginsberg, the appearance of Moses. In the Talmud four other great angels, burial of Moses and is said the body. Michael is also literature and in Baruch III, he is said to



Further, it has been noted that tears shed by Michael over the sins of the faithful formed the cherubim (second in the hierarchy according to the Dionysian schema of angels). In the Dead Sea scrolls (currently under scrutiny for authenticity), under a section titled *The War of Sons of Light against the Sons of Darkness*, Michael is referred to as “the prince of light” warring with the legions under the command of the demon Beliel.

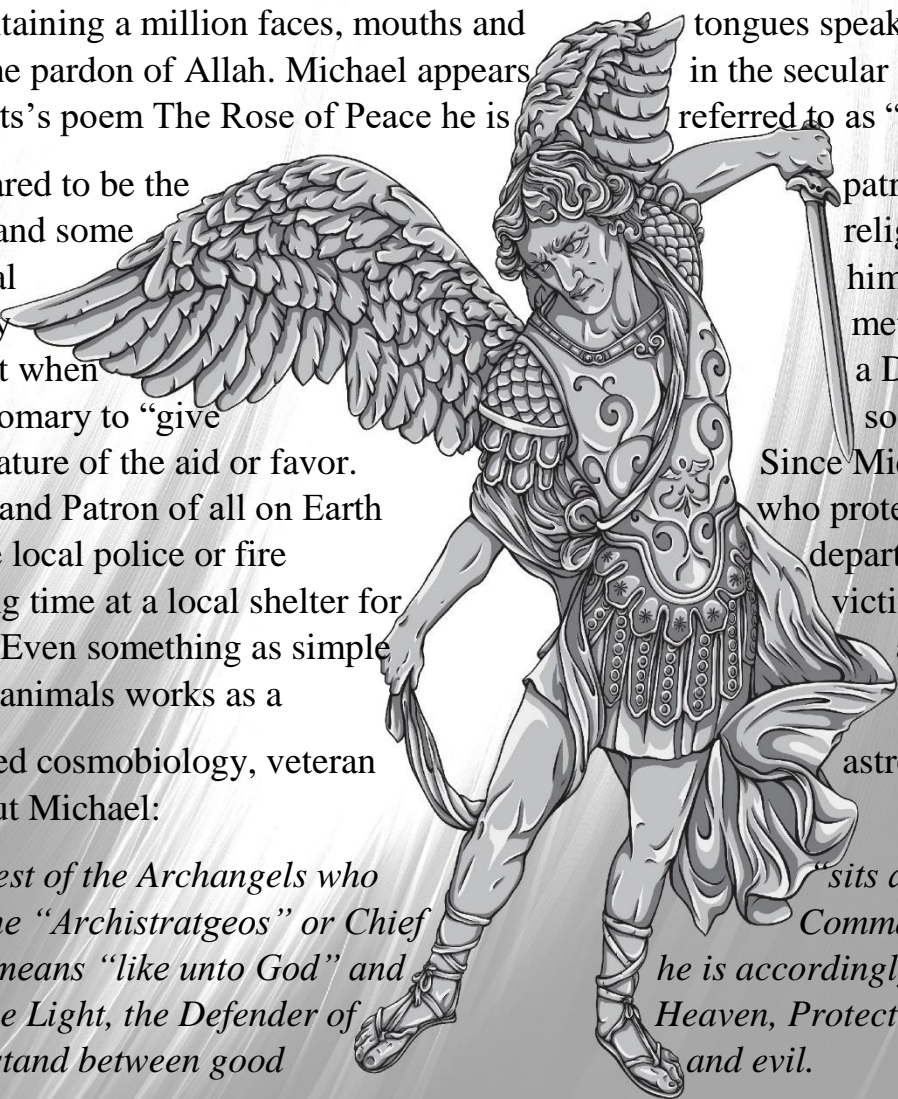
In her book, *The Miracles of Archangel Michael*, Doreen Virtue writes that people may see Michael's aura nearby or hear his voice audibly speaking to them during a crisis: "Archangel Michael's aura color is a royal purple that's so bright, it looks like cobalt blue. Many people report seeing Michael's blue lights in a crisis. During crises, people hear Michael's voice as loudly and clearly as if another person were talking." No matter how Michael chooses to manifest, he usually announces his presence clearly, writes Virtue, "More than seeing the actual angel, most people see evidence of Michael's presence. He's a very clear communicator, and you're likely to hear his guidance in your mind or sense it as a gut feeling." ¹

A famous subject of artists throughout the centuries, Michael is often depicted in warrior garb holding a sword in one hand and a scale that weighs souls in the other. In the Renaissance period, Michael was often depicted as young, strong and handsome – shining with brilliance as he defeats Satan (often depicted as a dragon or serpent). His wings are usually shown as very large and conspicuous and very grand. . According to Muslim lore his wings are emerald green and his body is covered with saffron hair with each hair containing a million faces, mouths and tongues speaking a million dialects while imploring the pardon of Allah. Michael appears in the secular writings of Dante and Milton and in Yeats’s poem *The Rose of Peace* he is referred to as “leader of God’s host.”

Michael was declared to be the patron of policemen in 1950 by Pope Pius XII and some religious scholars believe that Michael will reveal himself again when the world is in trouble. Many metaphysicians and religious people believe that when a Divine Spirit comes to one’s aid it is customary to “give something back” in return according to the nature of the aid or favor. Since Michael is known as the “Great Protector” and Patron of all on Earth who protect others, offering a contribution to the local police or fire department or community watch and/or volunteering time at a local shelter for victims of crime is a good gesture of thanks. Even something as simple as doing one’s part in helping to protect animals works as a “thank-you.” ²

According to sacred cosmobiology, veteran astrologer Loni Haas writes the following about Michael:

Michael is the eldest of the Archangels who sits at the right Hand of God and is known as the “Archistratgeos” or Chief Commander of all bodiless power. His name means “like unto God” and he is accordingly the most perfect reflection of Divine Light, the Defender of Heaven, Protector of Mankind and the leader of the last stand between good and evil.



In both Biblical and ancient times, the great seers and magi drew coordinating references between the spiritual and the mundane. In those days the only visible cosmic entities were the Sun, Moon, Mercury, Venus, Mars, Jupiter and Saturn. They were known as the Seven Spirits of God and Archangels were assigned to rule over them. There was also correlation drawn to some of the Fixed Stars. The Fixed Star that represents Archangel Michael is ALDEBARAN

Aldebaran, “the Watcher in the East,” is one of the Royal Stars of Persia that resides in the constellation of Taurus the Bull. All of the four Royal Stars are very powerful offering success and happiness provided a particular nemesis can be overcome. Aldebaran is the star of integrity and honor and purity of thought. The association to Michael also grants protection and victory over the opposition. The star is Mars-like in nature and therefore represents the ultimate spiritual warrior and is a perfect representation of Archangel Michael who is the Watchtower Angel of the East. Further, astrologically speaking, Michael is the Lord of the Sun and champion of the sign of Leo in the Zodiac. As Lord of the Sun Michael represents the traits of power, organization, vitality, creativity, and energy. The Zodiac colors attributed to Michael are yellow and gold, his numerological number is 6 and the animals assigned to him are lions and cats. Michael is also the Lord of the planet Mercury and therefore influences the signs of Gemini and Virgo along with the ruling Archangels Gabriel, Raguel and Sariel for those signs respectively. The element associated with Michael is Fire. His day is Sunday.

In Seven Ray Astrology, Michael holds jurisdiction and WILL and PURPOSE. The 1st RAY is the ray of is imbued with authority, strength, unyielding energy contains a fighting quality Highest Power. As Lord of the jurisdiction over the signs and Capricorn planet associated represents the “power “Logos behind the Sun.” motion that shapes with detached strength. The Archangel Michael is the Crown chakra.

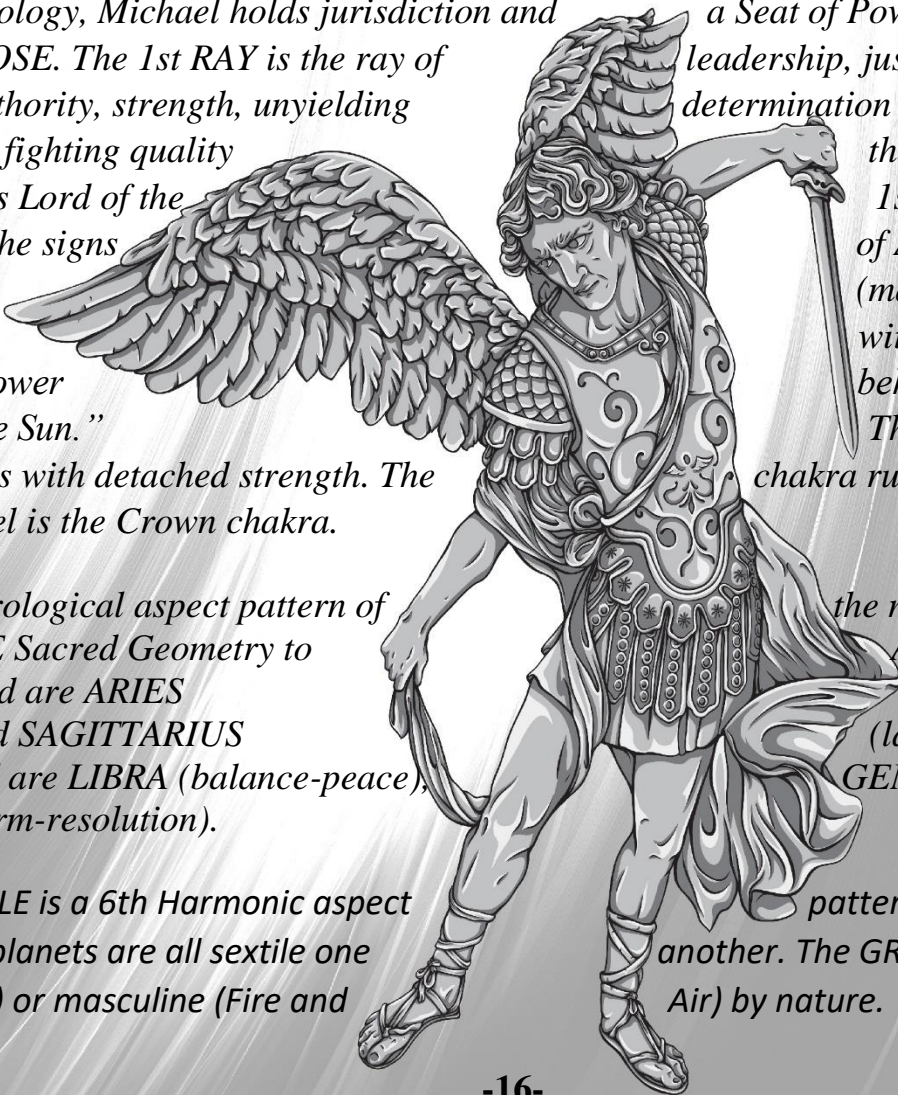
I attribute the astrological aspect pattern of GRAND SEXTILE Sacred Geometry to Fire signs involved are ARIES (will-purpose) and SAGITTARIUS Air signs involved are LIBRA (balance-peace), AQUARIUS (reform-resolution).

The GRAND SEXTILE is a 6th Harmonic aspect formed when six planets are all sextile one (Earth and Water) or masculine (Fire and

a Seat of Power over the 1st RAY of leadership, justice, and power. This ray determination and self-reliance. Its that is bestowed from the 1st RAY, Michael holds of Aries (cause), Leo (power) (magistration). The esoteric with Michael is Vulcan which behind the throne” and the The energy of Vulcan is chakra ruled by the 1st RAY and

the masculine Fire/Air sign Archangel Michael. The (action-reaction), LEO (law-knowledge) AND the GEMINI (invention-skill) and

pattern that is quite rare. It is another. The GRAND SEXTILE is feminine Air) by nature.



The complex geometry houses many aspects including six sextiles (opportunity), six trines (flow), three oppositions (awareness) AND two other aspect patterns known the KITE and MYSTIC RECTANGLE in quantities of three each. The stand-out geometry of the pattern is the hexagon and Star of David. The masculine GRAND SEXTILE is a very self-contained pattern that houses tremendous power and balance. An outside stimulus (hard aspect-active opposition) is required to set it in motion and progress is aimed at the restoration of equilibrium, as is Michael's cause. When activated in this manner the pattern produces direct and specific energies to relieve or diffuse the source of pressure or opposition much like Michael's resolution to the problems he is commissioned to address. ³

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The Test

By Lorna Morgan-Wilson

There's a spiritual test unfolding.

Do we believe in the Light or do we KNOW the light.

**Those that believe only in it will get knocked back in the
darkness,**

Made to clear up more shadow self.

Those that know the Light have no need to fear anything.

Belief is a concept and not reality.

Dealing With Negative Entities, Thoughts, Emotions and Psychic Attacks

By Matt Sharpe




Negative entities and their attacks, negative thoughts and emotions and any psychic attack perpetrated by a human are all very much related things, although at the time they happen this can seem to be untrue. The first area that needs to be addressed, regardless of the reason, is one's own self-control or lack thereof, and accompanying mental and emotional states. In a majority of cases, the first blame is almost always going to be one's self. The way one looks at things has much to do with everything one has coming into their lives. A simple change in the way or point of view of seeing a thing, accounts for an easy ninety percent of it. Nothing has the ability or power to do us harm without us first allowing it to do so to us. This is exceedingly important.

Regardless of the sort of opponent or the nature of the confrontation, one's own point of view on it is a thing that has much to do with the effectiveness it will have.

One must in the first place have a good degree of self-control. That is, control over the emotions and thought processes, and being wise enough to recognize a negative or harmful pattern as it emerges within yourself. Controlling these things is by no means easily done, but it begins with the ability to discern what is and what isn't considered a harmful pattern. To be able to do this one must be brutally honest with one's self and be willing to admit when one has begun to follow a motivation that isn't worthy. Looking at the true motivation makes any situation easily identifiable if one is being honest and avoiding making excuses to one's self. It is very useful to be able to identify what you want out of any situation, as well as why you want it. This is exactly what determines the karma and fault in any decision we might make, and this can also make the tendrils of an entity's attempt at gaining control of one very visible.

It is not necessarily selfish to have wants, but the reason for wanting is the easiest way to identify whether a thing is a thing that Soul can benefit from the experience of at all, or whether there is a lower desire in existence that is driving one towards that goal. Another factor to be constantly aware of is whether or not you are reacting to a stimulus that was provided by another individual, whether living human or a discarnate entity of any sort. Reacting to anything is being the effect of something else and this is why it is considered a bad choice. One wants to learn to be the cause in their own life rather than the effect of another's cause. That is the only way to achieve self-mastery. If you are the effect in a situation, then in a way, you are not in control of yourself, and there is a potential for another to easily manipulate you.

Continued ...



When the individual is acting as cause in their life, then they are in control of themselves. Therefore being cause is a positive action, an active role in one's life, and being effect is a negative, passive role to play. Reacting to anything is being effect whereas acting upon new information or a situation, or the words or actions of another is a more positive way of remaining in control of one's own self and life.

Now we come to the options to be used to turn the train of thought or emotion around, so as to end the descent into the negative. No Master, Guru, Prophet or Saint will ever come along and end it for you. The best they can do is offer their wisdom on how the individual themselves may successfully change or end the negative and typically habitual behavior. Regardless, the individual must always take the steps into doing the work for themselves, for thus is freedom, and responsibility is the less often mentioned other aspect of freedom. The two always walk hand-in-hand with each other, and this is key to achieving balance.

One must in the first place have a good degree of self-control. That is, control over the emotions and thought processes, and being wise enough to recognize a negative or harmful pattern as it emerges within yourself. Controlling these things is by no means easily done, but it begins with the ability to discern what is and what isn't considered a harmful pattern. To be able to do this one must be brutally honest with one's self and be willing to admit when one has begun to follow a motivation that isn't worthy. Looking at the true motivation makes any situation easily identifiable if one is being honest and avoiding making excuses to one's self. It is very useful to be able to identify what you want out of any situation, as well as why you want it. This is exactly what determines the karma and fault in any decision we might make, and this can also make the tendrils of an entity's attempt at gaining control of one very visible.

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First and foremost is always the act of asking for help with a problem. Because the Sugmad (the Godhead) has granted us all free will, we must come to the decision on our own to freely decide to ask for help, for if we do not help will simply not be available simply because we ourselves have not yet allowed it to be possible. This is what asking for help brings. Be not too proud and self-reliant to humble yourself and ask for help. Be not afraid to admit that you were unable to accomplish a thing by your own efforts. Both of these things are simply manifestations of ego, the lower self, refusing to release and allow help to become available, and when one can utilize this in a balanced state, they will try to work things out for themselves, but are willing to turn it over to the Divine when all else has failed. This is the danger of pride. As it is said "Pride goeth before a fall." So it truly is.

Now, depending on one's spiritual point of view, there may be a number of ways of asking for help, but regardless, it is best to address it in the way that one is most comfortable with.

The Father, Son and Holy Ghost, the Sugmad, the ECK, and the Mahanta, or perhaps the use of other names for these three aspects of Divinity. This can at times be somewhat confusing, especially when considering religions such as Sikhism, which denies any trinity saying that God is One. While this is indeed true, i believe it was merely a way that Guru Nanak used to set his way apart from Hinduism, which has some thirty-three thousand gods and goddesses and what was seen as its opposition, Islam, at that time. The problem with this is that in reality, those are all simply aspects of what Hindus consider the One God, Brahma. In Hinduism there is also a trinity, Brahma the Creator, Vishnu the Preserver, and Shiva the Destroyer. Again this merely shows differing aspects of the Divine Will, and a trinity has been used in many spiritual paths around the world since time immemorial. In Islam there is Allah, al-Ruh, or to the Sufis Saut-i Sarmad, and of course the Prophet (pbuh) though they also tend to be very clear that there is no trinity in Islam. Historically there is none in Christianity either, it was added later and was never actually accepted as a major tenet of the faith. Use that which suits you and your own religion or spiritual view best.

The point of this is to demonstrate the three aspects very clearly, the Creator Itself, Its Will, which is literally the Spirit or IT in action in the lower planes, and the third is the fully realized Soul that achieved this state whilst still alive in the body, so as to be the Creator's chief principle to bring ITS ways to humankind and help humankind to understand ITS ways and how to work within them. This human is never actually considered a God, but is rather seen as Godlike, and able to be in direct communication with the Absolute and able to hear ITS Voice and interpret ITS will for humankind in a way that is relevant to the times; to be able to have the means of finding their way back to IT.



In Eckankar this is the Mahanta, but a majority of other religions have their own Messenger or Prophet occupying that place as the human channel for the Divine to that group of people. The international minded Sufis of the world agree that God ITSELF has no religion, and thus all subsequent religions spring from IT as a way of reaching and bringing home all Souls throughout the world. I myself agree most with this view.

When one is asking for Divine Aid in a matter of dealing with negative emotions, thoughts, or entities and attacks, one wants to use the three names as this is the best way to cover all possible forms that this aid could take, thereby leaving it open ended for God to decide the best course of help or action. Very much related to this is the necessity of willingness to surrender one's will to that of the Divine. By addressing the Absolute, ITS Voice, and ITS primary channel here on earth, we are able to communicate with all of ITS aspects directly, and able to interact with IT. When it comes to clearing out one's own negative emotional states and mental habits, what better channel can there be to bring the methods that will

actually work into one's awareness? When it comes to dealing with, fighting off, or shielding against the incursions of negative entities, why would one ever play around with any lesser means when they have the opportunity to go directly to the Creator and be given ways and means to accomplish what needs to be done by the unending virtue and strength of ITS Divine Love?

Whichever sort of attack is being directed at you, self-control of the emotions and modes of thought are of a supreme importance as this is the very first line of defense. If you are controlling your thoughts so as to not sink into any negative mood or state, you are keeping yourself impenetrable not only to other humans that might seek to do harm, but also by any entities that are doing so. Their primary way of doing harm is by putting ideas into your head that stand a chance of setting off the emotions, and once this is accomplished the individual is providing food for them as well as a widely opened door into their psychic space. In a great many cases, any such entity will already be riding upon a person and will use them as the mouthpiece to start trouble of some sort, even if the individual bearing the rider is completely unaware of it. Usually they are unaware of it. Maintaining a calm and detached self-control not only keeps one free from the influence of that entity, but also provides a wall that is used as a shield, and the longer this is maintained, the stronger the shield becomes. After some time has passed and the entity one is concerned with is unable to bring about a state whereby it can feed, it will begin to starve, and when this happens it will turn on its host and feed from that person. In this way one can protect themselves not only from the entity's attack, but also from being bothered too greatly by the human it rides, as that human will show outwardly a very strong dislike for the one not allowing the feeding.

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They will make claims and accusations against that person and often try to play the victim, but this only displays that the tactic is working in a very effective manner.

Another factor to the state of one's personal emotions or mental states, is that they can have a very strong effect that we are unaware of. Not only do strong negative emotions serve as food to negative entities, they can also actually create more negative entities that sort of gain a life of their own and will act upon the one whose consciousness brought them into being by trapping that person into a negative state where these sustaining energies continue to be given off, thus feeding the entity. Of course when this is happening the person isn't going to have a very pleasant time of it. The habit of thinking and feeling negatively will create entities that will thereafter seek only to sustain their food source, therefore the individual's happiness isn't a thing that produces what they consider to be food, so they will work to keep happiness or any degree of contentment away.

These entities that are created by humans are not literal "demons" in the usual Christian sense of the word as they are created by humans and their lack of self-control, whereas an actual negative entity exists and chooses to be negative in whichever way. Both types will generally attempt to manipulate a human and their emotional and mental states, that much, at the very least, the two have in common. The actual living entities do have Soul, but because of the negative choices they made, and the actions they perpetrate against humanity, they incur a karmic debt also, despite being a part of the "balance" within the duality of the lower planes.

Now, after gaining mental and emotional control of one's self, and maintaining it, there are also more direct means of dealing with any sorts of entities and their attacks and interferences, and these are all pretty much the same methods that can be used to ward off any sort of magical attacks as well as the majority of psychic attacks also. First of all, one needs to identify any humans that might be willingly attacking personally, or wishing and intending interference, or being used by an entity to do the same. If there are any people that fit into this category, a person would need to get rid of any and all photographs of that person, as well as any and all items that the person had ever given them as these serve as doorways that must be closed fully. One must also cut ties with any mutual friends, and while this can be a hard choice to make in some cases, it is very much a necessary one if one truly wants to close the door on any such potential influences. After the human element is identified and dealt with, there is that of disembodied entities that must also be addressed.

Continued ...



These can be somewhat difficult for the average person to not only correctly identify, but then to also deal with in an effective manner. This is because entities always prefer to deceive and coerce anyone to believe that there is no such factor at all involved. A quote from the French poet Charles Baudelaire in his 1864 short story *The Generous Player* in which is the quote, "The devil's best trick is to persuade you that he doesn't exist!" and this quote accurately states the situation as it is when it comes to negative disembodied entities manipulating humans for entertainment or profit. For this reason one must never jump immediately to the conclusion that any occurrence in their life is necessarily the fault of an entity other than themselves, or even of another human. All of the typical reasons for unfortunate outcomes are always just as possible as any other, and must be ruled out before one progresses to the outcome of a thing having been caused directly by an entity.

Despite the beliefs of the best of skeptics, there are situations that involve entities influencing or interfering with the outcomes of things.

So it becomes a question of the ability to discern one from the other, those actually caused by a malevolent entity from those that are simply caused by an individual's poor choices and judgments. In this context it is extremely important that one be willing to identify and admit their own mistakes or failings when they are discovered or realized. One who has the strength of character to be able to take responsibility for the errors they have made will undoubtedly have an easier time of protecting themselves from the machinations and manipulations of a negative entity or those under their control. A person's ways of acting, their words, actions and moods are all things that can be used in part to identify the presence of entities, in a case where one hasn't the ability of inner sight.

Knowing the various defilements of the mental and emotional states is very important here. In Eckankar they are called the five passions of the mind, in Hinduism they are the six arishadvargas, which means passions, the Sikh path identifies five also, calling them the five thieves or weaknesses, and Buddhism calls them kleshas, and while originally there was no set number, the contemporary path now lists three as being the root cause of all others. Eckankar is the set that I find most useful, and I also find that the sixth of the Hindu passions, envy or jealousy is rooted in pride, vanity, hubris, or ego. That being the case we list them as lust, anger, greed, attachment, and the greatest of these five as vanity. When one is able to recognize each of these the true motivations of an individual become very easy to see, and often without realizing it that individual will actually state in one way or another what exactly their motivation is. At the very least, certain terms used will exclude some of the options narrowing down the list of potentials.

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Being able to easily discern what the motivation is for another individual goes quite a long ways towards making clear the intent that one holds, and thereby one may act in whichever way best for the situation is presented. Whether that be by shielding, asking for aid or clarification from within, or by taking a defensive posture to outright action, whether inwardly or outwardly, one must become adept at literally using what they are given to work with, even if at times this is not much at all. Becoming fully aware of, and understanding in a thorough manner, all of spiritual law, is also of great help in choosing the best course of action in a confrontational situation.

Regardless of the situational challenges one may find themselves confronted with due to the influence or interference of negative entities, a great amount of boldness and tenacity is absolutely necessary. They virtually count on people being too impatient overall to bother doing a whole lot to impose on their attempts at control over us, and in many cases this is true. Also, once again I will emphasize personal Emotional and

Mental control. These situations make it clear why patience is considered a virtue, and these are the times when one seriously is challenged to avoid happiness but where such is extremely valuable. Learn how to be content despite not getting your way as this is an invaluable skill.

There are always a number of spiritual warriors who fight these entities and defend others against them, but realistically one never has a guarantee that they can find or come into communication with one, therefore, this piece can be used as a guide for the common man or woman to use to identify such mischief and ways which they can defend themselves against such intrusions. At the very least this will provide a few options for those that have need of them.

ARCHANGELS (YAY!) AND ARCHDEMONS (OUCH!)

By Syd Alrruhi

Even the Devil was once an Angel.

With the current descent of the public mind into anger and madness over politics and world matters, what better time and atmosphere to discuss angels and demons? After all they have scared the bejesus out of all us throughout our Earth term here on the planet via religious teachings, books, movies and the friendly neighborhood preacher. Maybe it's a good time to inform oneself and see what other influences are at work in the world ... in other words *get with the program* because make no mistake – there is a war going on being played out on the planet and we're all a part of it. Don't you want to know what is influencing you? Get your self-righteous ego out of the way and learn.

If you read enough texts and scour the internet you find mass coverage on the subject but also discrepancies as to *what is what* about these glorious creatures. As always with the fickle human temperament and ever changing intellect there have been 'promotions', 'reassignments' and 'reassessments of status' regarding Archangels and Archdemons depending upon who is writing the *who's who* analysis.

Let's start with Archangels.

The concept of **Seven Archangels** is found in some works of early Jewish literature.

The undisputed head of the ranks is MICHAEL. He is the Commander of the Forces of Heaven, Seraph, Archangel of Protection.

In some interpretations such as the Catholic Canon of Scripture, only three Archangels are mentioned and accepted as such. So we can add GABRIEL, Archangel of Purity and RAPHAEL, Archangel of Healing to the top three. In other Christian writings, URIEL, the Archangel of Peace, Wisdom and Teaching is added to the mix.

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Note: Michael and Gabriel are recognized as archangels in Judaism, Islam, and by most Christians. Some Protestants consider Michael to be the only archangel. Raphael, mentioned in the deuterocanonical Book of Tobit is also recognized as an archangel in the Catholic and Orthodox churches.

Added later are Jehudiel, Archangel of Salvation; Chamuel, Archangel of Love; Jophiel, Archangel of Illumination; Zadkiel, Archangel of Forgiveness.

In Zoroastrianism, Amesha Spentas are likened to Archangels. They are:

1. Spenta Mainyu (Phl. Spenamino): lit. "Bountiful Spirit"
2. Asha Vahishta (Phl. Ardwhisht): lit. "Highest Truth"
3. Vohu Mano (Phl. Vohuman): lit. "Righteous Mind"
4. Khshathra Vairya (Phl. Shahrewar): lit. "Desirable Dominion"
5. Spenta Armaiti (Phl. Spandarmad): lit. "Holy Devotion"
6. Haurvatat (Phl. Hordad): lit. "Perfection or Health"
7. Ameretat (Phl. Amurdad): lit. "Immortality"

You get the idea. These are the good guys. The White Hats.

And now for the Darkside.

In case you didn't know ... An Archdemon, is a high-ranking demon and spiritual entity as it is a physical one, prominent in the infernal hierarchy as a leader of the infernal host. Essentially, the Archdemons are the demonic counterparts of the Archangels. Archdemons are described as the leaders of demonic hosts, just as archangels lead choirs of angels.

As stated previously, with the advent of time many demons were promoted or reinterpreted to Archdemon status. They consider themselves royalty and enjoy titles. (Let's face it vanity is a favorite sin amongst them.) These are the bad guys or Black Hats. They defy God AND the Natural Law and Order of the Universe.

Continued ...



The Archdemons are:

1. Lucifer - Emperor of Hell, Fallen Seraph, Archdemon of Pride
2. Mammon - King of Hell, Archdemon of Greed
3. Berith - King of Hell Archdemon of Wrath
4. Asmodeus - King of Hell, Archdemon of Lust
5. Leviathan - King of Hell, Archdemon of Envy
6. Beelzebub - King of Hell, Archdemon of Gluttony
7. Baal - King of Hell, Archdemon of Ignorance
8. Belphegor - King of Hell, Archdemon of Sloth

Most spiritual traditions recognize some form of demon or evil spirit. For example - The Japanese have “oni,” who attend the gods of their underworld. The Jains have hell creatures called “narakas.” The Zoroastrians paid homage both to gods of light and darkness, each surrounded by seven spirits or seven Archdemons, respectively. These Zoroastrian Archdemons may overlap with those of Christianity. Some scholars have designated a particular deadly sin for each Archdemon.

While Archangels and Archdemons rule Heaven and Hell respectively they also jointly rule what is commonly known as Limbo or the holding place for Souls in question. This is not something they like to do but engage in it never-the-less every now and then. As a realm walker myself, I have seen astrally what goes on with these entities. The Limboites or undead don't recognize them upon first arrival but get a clue in time. I've seen some of this wheat and chaff sorting. After all the sheep and goats have to be upgraded and downgraded eventually.

And what about you? Think you don't need this reminder? Think again.





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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A MATTER OF SPIRIT

Pope Leo XIII (*Prayer to Saint Michael, Pg. 12*)

The Prayer to Saint Michael by Pope Leo XIII belongs to the Leonine Prayers. The **Leonine Prayers** are a set of prayers that from 1884 to early 1965 were prescribed for recitation by the priest and the people after Low Mass, but not as part of Mass itself. Public Domain.

Rev. Micha Allard (*Archangel Michael pg. 14*)

Rev. Micah Allard is psychologist and minister and part time Justice of the Peace. He has a passion for passing on the word of God via metaphysical avenues. Rev. Allard is also a skilled musician who can play 22 instruments but prefers organ and piano. He lives in the northeast US with his wife Yvonne and two children.

Lorna Morgan-Morgan Wilson (*The Test, pg. 18*)

Lorna is an Advanced Hypnotherapist, Mentor, Life Coach, Author and Shamanic Practitioner with over twenty years of experience. She offers Life Coaching, Past Life Regression, Quantum Healing Hypnosis Technique (QHHT™) and Spiritual and Metaphysical Coaching. Lorna lives in the UK. She can be reached via: Phone: +44 203 539 1332 / +44 795 752 8279, Consultation Free via Skype: sunmoverone. Website:

<https://www.lornawilsonqhhthealing.co.uk/>

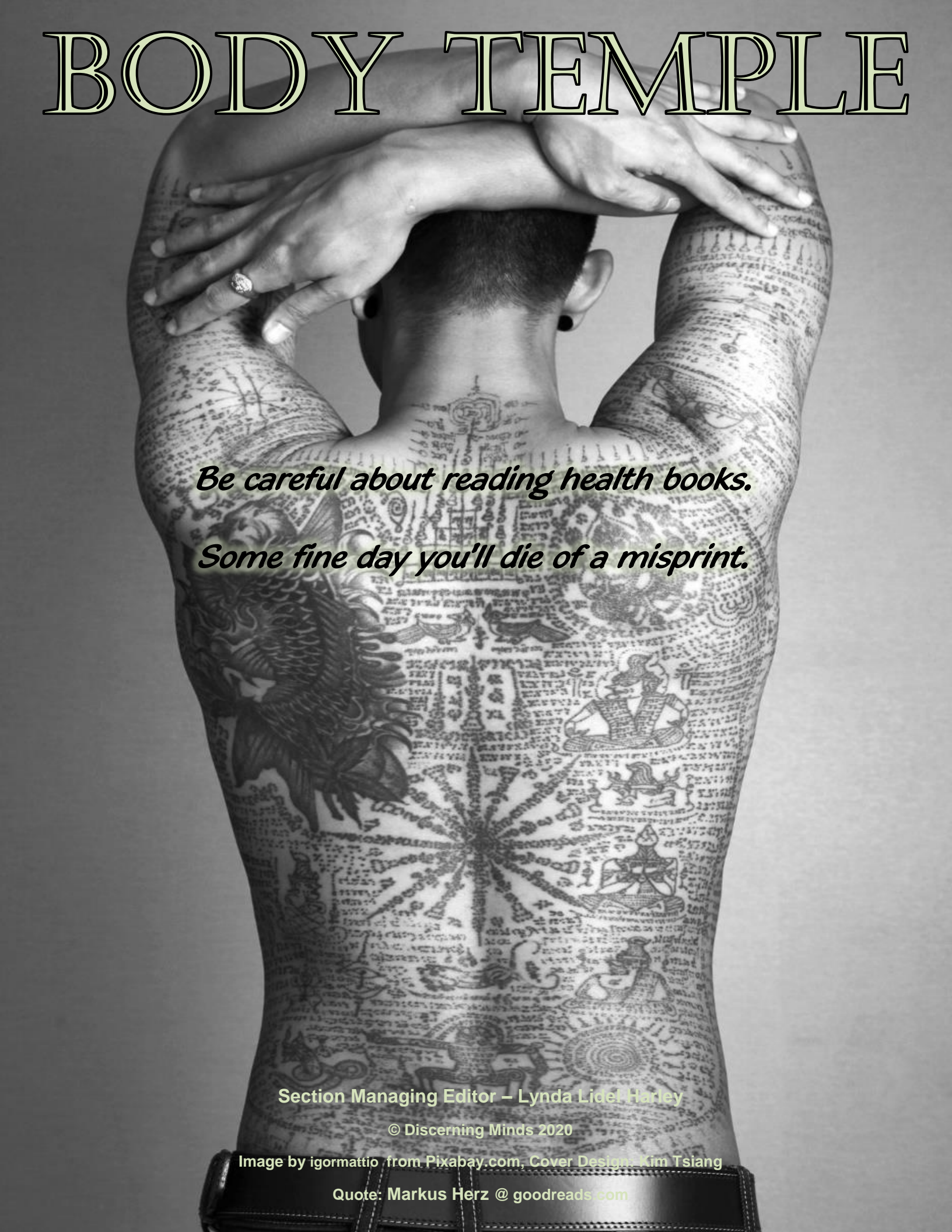
Matt Sharpe (*Dealing with Negative Entities, Thoughts, Emotions and Psychic Attacks, pg. 19*)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter.

Syd Alrruhi (*Archangels (YAY!) And Archdemons (OUCH!), pg. 26*)

Syd Alrruhi is the pseudonym for Gerome Cass. He considers himself to be the “evolving man.” Psychic experiences and out of body travel have been a part of his entire life. Gerome holds a Ph.D. in both psychology and physics which he describes as the red and blue pills and part of the Matrix construct and the thought controlled process. He also feels that people care too much about what others think and that it creates a spiritual block to attainment.

BODY TEMPLE



Be careful about reading health books.

Some fine day you'll die of a misprint.

Section Managing Editor – Lynda Lidel Harley

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Image by igormattio from Pixabay.com. Cover Design: Kim Tsiang

Quote: Markus Herz @ goodreads.com

“The world of subtle energy opens our minds to what we know at heart about ourselves and life.

We live in a realm of energy, whether we acknowledge it or not. Becoming acquainted with it and accepting its effect on our body, mind and spirit helps give us mastery over our actions, thoughts and attitudes.

The realm of spirit opens us to all-pervading consciousness of truth, love and wisdom. It gives our lives purpose and teaches us to honor our own inner guidance for living.”



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Quote by Ambika Wauters

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Crystal Detox with Hygeia

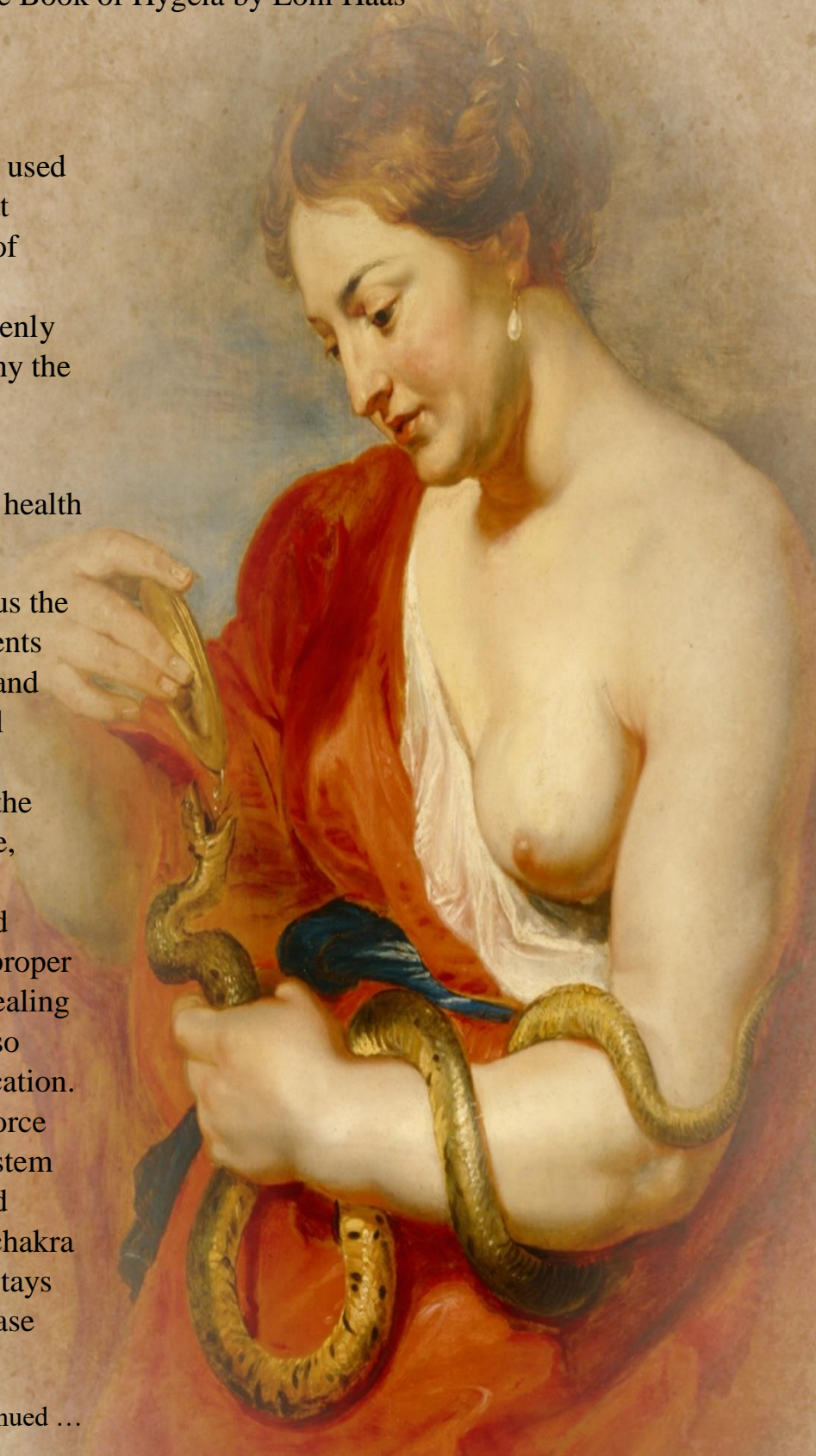
From The Book of Hygeia by Loni Haas

Crystal healing combined with planetary vibrations and tones has been known and used for centuries by Stellar Healers. The great research advances in the art and science of astrology have brought to light further information regarding various other heavenly bodies and there is virtually no reason why the energies of certain asteroids cannot be employed in etheric/body healing.

HYGEIA is the astrological asteroid of health and wellness.

As the mythological daughter of Asclepius the ancient doctor and healer, Hygeia represents personal attitude towards understanding and maintaining health of body and mind. All forms of 'health balance' including detoxification and cleanliness fall under the jurisdiction of Hygeian energy. Therefore, Crystal Detox using stones and colors connected to Hygeia is very powerful and should be approached with right action, proper mind set and deep consciousness. This healing focuses on the Sacral Chakra which is also associated with detoxification and purification. The vibration of this chakra directs life force energy into building a strong immune system thus keeping the physical body active and functional. It is most important that this chakra remain in good balance so the life force stays buoyant keeping the body safe from disease and emotional imbalance.

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Most people today consider the word “detox” to mean clearing the body of impurities in order to regain and retain good health. This includes boosting the body’s ability to lose unneeded weight which is normally handled by the body’s elimination processes.

The hectic and stressful life style prevalent in today’s society often leads to imbalances of too much intense activity trying to get everything done ‘yesterday’ aggravated by poor nutrition choices such as fast foods or adversely skipping meals. The Sacral Chakra controls the “appetite” in and references it with regard to food, life pleasures and sex. Hygeia also rules the diet particularly dietary imbalances so the association of Hygeia and the Sacral Chakra is a fine etheric match.

The following will be need to perform this Detox – an orange cloth, mat or blanket large enough to lie on and that will surround the entire body for at least a foot around the circumference, one piece of smoky quartz (grounding; dissolution of fear), one piece of sulphur (negativity absorption) and one piece of quartz crystal with one pointed end (energy amplification; cleansing).



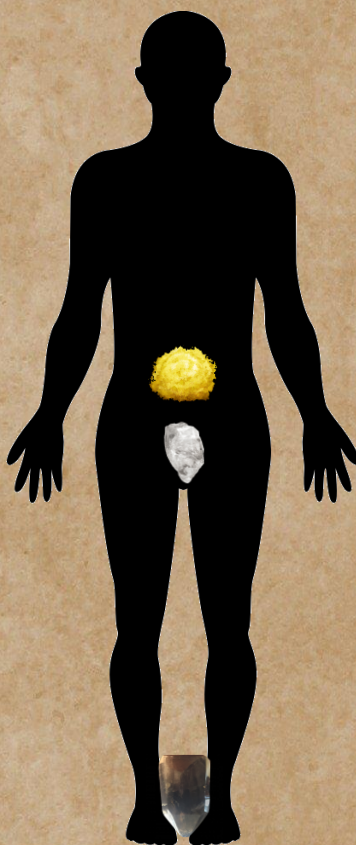
DIRECTIONS:

1. Choose a time that will allow for the session. This is a short session of about 5 minutes that also requires a post relaxation period of 5-10 minutes. 15 minutes total.
2. Put on comfortable loose clothing preferably in a light color (white is best).
Remove all jewelry and your shoes. Pockets should be empty.

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3. Select a quiet well lit place where you will not be interrupted by other people phones, cell phones, radios, or television.
4. Drink some water (at least 4 ounces) and go to the bathroom if necessary.
5. Spread down your mat/blanket. Sit down with your legs spread out in front of you slightly open and place the Smoky Quartz between your feet ground and anchor yourself. Lie down on your back.
6. Place the Sulphur on your lower abdomen over the Sacral Chakra and just below it place the Quartz with the point aiming at your feet
7. Spread your arms slightly apart from your body with the palms of your hands facing up.
8. Take a deep breath in through your nose and exhale out through your mouth. Repeat two more times.
9. Stay in this layout for 5 minutes and then remove the stones. When you are ready, sit up and have some more water.
10. Don't forget to cleanse the stones so they are ready for the next session. (NOTE: It is not advisable to run Sulphur under water for cleansing. Running it through some Sage smoke or placing it near some Citrine is fine.)
11. Repeat this Detox every three to four days until the desired result is acquired.



The Healing Prophet

By Rev. Dr. Loni Haas



Edgar Cayce (1877-1945) is known as America's most renowned seer. Cayce had a high sense of spiritual purpose and his mystical visions carried information about the total human condition – mind, body and spirit that have not been surpassed by anyone else since his life and times. He not only exhibited profound insight regarding the Path of the Soul but also served the masses as a medical clairvoyant. A humble man, he never sought compensation or recognition for his healing skill. Nearly 14,000 of his psychic readings and “prescriptions” have been documented.

Cayce was born in Hopkinsville, Kentucky the son of devout parents who read to him from the Bible every night. He was the top pupil in his Sunday school class who could easily quote Bible passages from memory.

Considered a “poor Speller” in school, Cayce worked out a formula to help himself after he discovered that if he slept on his spelling textbook he could spell perfectly when he awoke. During those early years Cayce aspired to become a minister but always felt something was missing from the information he sought. His life is said to have changed when one day during prayerful meditation he requested the ability to help his fellow man. During that particular incident he was visited by an *angelic* who told him, “Thy prayers are heard. You have your wish... Help the sick, the afflicted.”

The ability to clairvoyantly prescribe first occurred during a personal medical crisis. Cayce was forced to quit school in the 8th grade so he could help support his family which by then had grown to include three younger sisters. At that time he worked several jobs... as a farmer, bookstore clerk, and amateur photographer. Without warning during this period Cayce mysteriously lost his voice and his condition apparently resisted medical diagnosis. With no other alternative he allowed himself to be hypnotized in an effort to get to the root of the problem. During the hypnosis he fell into a trance describing the particulars of his condition and then went further to prescribe a treatment. The remedy worked and Cayce regained his voice. The success of this feat caused physicians from far and wide to consult him whenever they were presented with a baffling case. Each time Cayce would allow himself to be hypnotized the information from the ensuing trance would provide valuable remedies. He became known as the “Sleeping Prophet.” Cayce was mystified by his own abilities and never had any recollection of what he said during a trance session. He gave medical and metaphysical readings upon request and the profoundly complex and insightful information provided by this modest man continues to inspire thousands to this day.

Edgar Cayce believed he would reincarnate in 2158 AD in Nebraska where he, as a young boy, would catch the attention of scientists who would observe him and question him in order to prove validity of his claims that he once lived as Edgar Cayce. This would lead them to rediscover many records of his work that would be collected and studied once again.

Continued ...

Edgar Cayce**Natal Chart**

Mar 18 1877 NS, Sun
 8:49 pm LMT +5:49:57
 Hopkinsville, Kentucky
 36°N51'56" 087°W29'19"
 Geocentric
 Tropical
 Koch
 Mean Node

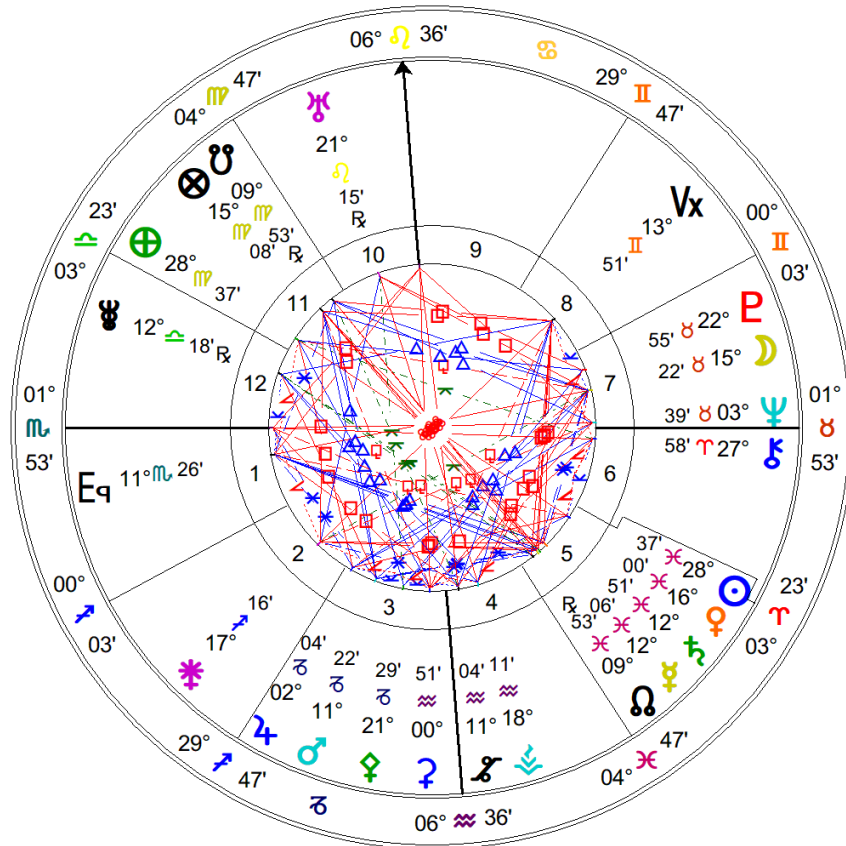


Chart courtesy of *Star Logic Astrodynamics*

Edgar Cayce's chart shows the sign of Gemini on the 9th House Cusp. The sign of Cancer intercepts this house and acts as the co-ruler of the energy. There are no planetary bodies "in-house" but the house ruler Mercury is in the 5th House in Pisces conjunct Venus, Saturn and the North Node and sextile Mars in Capricorn in the 3rd House. The co-ruler the Moon is in the 7th house in Taurus conjunct Pluto and widely conjunct Neptune, sextile Venus in Pisces in the 6th House, trine Mars in Capricorn in the 3rd House and square Uranus in Leo in the 10th House.

The Gemini rulership of the 9th House accounts for Cayce lack of waking recollection of the information he received since sensory input tends to be "diffuse and scattered requiring a sorting out before they can be redirected for logical purpose." For Cayce, the trade-off would be that the information would not be available in the waking state but was capable of coming through in a transcendental trance state. The ruler Mercury is well aspected. The conjunction to the North Node and Venus and the sextile to Mars in the 3rd in particular indicate that he would be a metaphysical spokesperson in this lifetime and receive recognition for it while the conjunction to Saturn indicates that he would be an intellectual leader with amazing "scientific" and in this case medical foresight.

The co-ruler Cancer ties him to both the Divine, the Collective and to Karma. In his metaphysical readings Cayce often spoke about the ramifications of Karma. Individuals with a Cancer signature on the 9th are often capable of looking beyond the veil of time like their Capricorn polarity. This accounts for Cayce's prediction of next incarnation in the year 2158 AD.

Continued ...

The ruling planet, the Moon in conjunction with Pluto and Neptune in an angular house shows extreme psychic ability and openness to the superphysical realms as well as deep insight into matter of life and death.

The sextile to Venus in the 5th House shows an intelligent social awareness which makes it easier to communicate with others. This “rapport” always made itself evident during trance sessions between Cayce and his secretary who recorded the information during the sessions. The square to Uranus is one of the indicators of sudden ill health during Cayce’s life. It is also a trigger of mental stimulation and strong insight regarding futuristic trends. Interestingly, the Sun in Pisces in the 5th House (representing Cayce’s ego identity) is square the 9th House Cusp (at Anaretic or Karmic Degree) tying his “essence” to his psychic receptivity which would undergo a number of bumps and hurdles throughout his lifetime with regards to his channeling abilities and the “Sleeping Prophet” role he was to fulfill.

All quotes for this Astro-Historical review of Edgar Cayce from *No Soul Left Behind*.

“Keep the body - or keep the mind, and it will keep the body - In a constructive manner. That is, think the pleasant things, even when the outlook may be the darkest. Do not allow the little things that are hindrances make for irritating, or to hurt the feelings. For naturally the body is sensitive to feelings of others, through the overflow of those activities in the sympathetic system. But know that God is! Know that He protects those who put their trust in Him; that what is necessary will be supplied thee if ye will keep joyous, keep happy, keep in that way of constructive forces throughout!” — Edgar Cayce

The Stroker

Courtesy of Rif Meta-History, Dr. Marc Rifkin



When the Greatrakes family of Affane, County Waterford, Ireland was blessed with a baby boy on February 14, 1629, it seemed only fitting to name the child Valentine. Little did they know that the child would grow up to be an amazing healer whose reputation and fame would transverse all of Europe.

As a child and young man, Valentine did not display any extraordinary talents. At 20, he began a seven year military career as a Parliamentary army officer under Cromwell. After his discharge in 1656 he was awarded a number of political appointments but lost the appointments with the 1660 restoration and the reinstatement of the English monarchy. It wasn't until 1663 at age 34 that Valentine Greatrakes began to experience a series of odd recurrent dreams where he believed he received the "gift of healing" from an omniscient being. This seemed odd to him since he was basically a squeamish man who became nauseous at the sight of disease. These dreams were soon followed by a strong undeniable impulse to begin the physical healing of others. His wife suggested that he begin his quest by attempting to heal disfigured people and he did with success.

During this point in history, Europe was plagued by Scrofula which is tuberculosis of the lymphatic glands. The disease was commonly known as the "king's evil" and it was generally believed that the touch of a royal hand of a monarch could cure the disease. People flocked from all over the map to be cured of the disease by King Charles I with less than satisfactory results.

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In 1665, the Bubonic Plague engulfed London and the Irishman found himself healing the infirmed 12 hours a day several days a week. His home was so overcome with people that he built outhouses to accommodate them. By now his fame had reached far and wide and unfortunately the ears of the ecclesiasts. The “Irish Mesmerist” was called before the bishop’s court and he was forbidden to practice his healing methodology. An outraged Greatrakes ignored the ruling and because of his enormous popularity among the laypeople the religious authorities were unable to touch him.

In time Greatrakes earned the name “The Stroker” because of the way he moved his hands in a soothing stroking fashion above the afflicted parts of a patient’s body. He was also noted for curing cancer, sciatica, blindness, deafness, and palsy. Even more remarkable was the fact that he never accepted any money for his cures. London’s prominent physicians and academics spoke favorably of Greatrakes and his abilities. He was investigated by the prominent and brilliant Irish physicist of his day, Robert Boyle who proclaimed Greatrakes to be a genuine healer and by others who witnessed his curative miracles. Valentine Greatrakes withdrew from the public due to baseless but escalating accusations of witchcraft prior to his death at the age of 54 in 1683. No one has ever been able to explain or disprove his great healing talent.

CONJECTURE: Valentine Greatrakes spiritual method of healing was to work energies through and with the assistance of “... prayer to God for Jesus’ sake” which leads one to believe that his ability came from the Highest Power. So what omniscient being might have delivered the message to him at age 34 that he was to heal? Consider the possibilities among them – Christ Himself, Archangel Raphael - The Healer, or Ascended Master Hilarion who is the Patron of Medical Healers.

Discursive Meditation

If you are used to meditating and/or have tried various method, you will find this meditation different in several ways:

It doesn't require instruction or supervision from a personal teacher –

It doesn't require any major lifestyle changes and requires only about 15 minutes –

It is a gentle low intensity process unfolds gradually and does not cause any drama or mental trauma as more intense meditations can cause –

Most surprisingly, if you are more familiar with Asian systems of meditation you know that thinking is an obstacle to be overcome. The mind needs to be quiet. In this exercise it is believed that the individual needs to be spiritually enlightened but also intellectually adapt so the mind is active. The attention is focused on inner discourse and dialog via chosen continued theme. Try to do this meditation at the same time and same location once or twice a week. Plan it so any eating will be done after the exercise AND no drugs must be taken in an attempt to enhance outcomes.

1. Once you have chosen a theme find an appropriate quiet place, time and a relaxed comfortable physical posture. Make sure you are wearing loose comfortable clothing. Use patterns of breathing to further relax your body such as simply breathing in through the nose and out your mouth in drawn out relaxed breaths.
2. Once you are settled, focus on removing excess mental chatter except for the subject you have chosen.
3. Keep your focus on the chosen subject. If the mind wanders bring the focus back to the subject.
4. As you consider each aspect of the chosen subject, follow out the implications connected to them. As you learn to shape this flow, hidden dimensions of the subject will unfold. Once you become adept at this meditation you may be surprised at the solutions you arrive at as well as the answers you receive.

“The mind can go in a thousand directions, but on this beautiful path, I walk in peace. With each step, the wind blows. With each step, a flower blooms.”

Thich Nhat Hanh



“Sometimes you need to sit lonely on the floor in a quiet room in order to hear your own voice and not let it drown in the noise of others.”

Charlotte Eriksson



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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BODY TEMPLE

Quote: Ambika Wauters (*Subtle Energy*, pg. 31)

Ambika works as a homeopath, educator, artist, author, healer and product developer. She grew up in southern California, studied history at UCLA, (B.A., class of 1966) and moved to the UK in 1969. She received a Masters of Fine Arts degree from the Royal College of Art, London in 1972 and later trained in homeopathy at the School of Homeopathic Medicine, North Yorkshire, UK, receiving a Diploma in Homeopathic Medicine in 1995. She qualified as a member of the prestigious Society of Homeopaths, UK, in 1996. Ambika has fifty years of clinical experience working with people in a healing capacity. <https://lifeenergymedicine.com/>

Excerpt: Book of Hygeia (*Crystal Detox with Hygeia*, pg. 32)

This excerpt is from the *Book of Hygeia* by Loni Haas as it formally appeared on the Galaxy Express.com in the 13th Gate. As well as a veteran professional astrologer, Loni is a certified crystal healing practitioner who applies and conjoins astrology with crystal healing practices.

Rev. Dr. Loni Haas (*The Healing Prophet*, pg. 35)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Dr. Marc Rifkin (*The Stroker*, pg. 38)

Marc Rifkin Ph.D. is known as 'The Historian' a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat "Rifkin's Unknown Surprise."

Karyn "Nwyvre" Katz (*Discursive Meditation*, pg. 40)

Karyn is a Druid, shamanic healer and a Reiki Master, and has been a Vipassana meditator for 10 years. She spends as much time as possible outdoors where she practices 'freedom to be oneself' while connecting with and interacting with the spirit of the land. Karyn loves to teach others how to create their own sacred space where they can more readily tap into universal consciousness. She has two cats, a dog and a parrot and lives in the upper mid north USA.

PHENOMENA FILES



**Monsters are real, and ghosts are real too.
They live inside us, and sometimes, they win.**

Section Managing Editor – John Holbrook PSI

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Background Imagery: Image by Эльвина Якубова from Pixabay.com, Cover Design: Kim Tsiang

QUOTE: Stephen King @Goodreads.com

Monster

When the sunset fades from red to purple,
And blends with the night in a shroud of black,
It comes and waits in the shadows,
Dodging the moonlight, crouching way back.

Never to be seen except by me,
Hoping from grace I fall.
Watching, waiting, plotting its game,
Sharp nails scraping the wall.

Sounds of cracking and splintering,
Like the breaking of bone,
Pray as I may,
I am not alone.

Now it comes as it always does,
Tormenting me, tearing at my skin,
Whispering atrocities in my ear,
Telling me I'll never win.

Draining my force,
I'll never be free,
Residence inside my head.
The monster is me.

Investigating Paranormal Events – Not Always What You Think

By John Holbrook, Holbrook PSI

Investigating paranormal events does not always go the way you think it will go and with little exceptions. There are many variables that could affect a normal investigation such as the weather, the people on your team, your equipment, the witnesses or a multitude of outer variables that could and often do occur. Many investigations are futile attempts to gather evidence of something that is not happening except in the minds of the witnesses or those relaying a story.

This was the case of a recent investigation that I conducted in my local area. I will refer to it as the “rumor mill investigation” and I do not advise visiting the location so I will not give too much information about it in an attempt to defuse any more problems that the rumors have already caused. The story I heard was one of those stories that actually had an original base event so I wanted to look into it for this reason and because it was near my home. The original event was the burning of a historic building by some juveniles based on the testimony of one of the juveniles who claimed that it was a site of devil worshipers. I spent several days onsite and talked to many people who were familiar with the site and history of the building that was burned.

The history of the building was well known and the basic history did not vary among any of the people that I talked to about the building. Part of the story that claimed a goat was sacrificed at the scene was not included by any of the people that knew the history of the site.

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This part of the story may have been derived from use of the area being by deer hunters who would leave deer carcasses in the vicinity of the site. I also talked to two hunters that verified that they have seen many deer carcasses in the area. I did find a deer carcass when I was there near the site, the deer was small and someone who was unfamiliar with wildlife could make a mistake by thinking it was a goat. None of the photographs or video that I took at the site had any anomalies and none of the audio had any E.V.P.s. There were some EMF readings that I found later on site that were caused by an old well and some metal pipes.

Even though I did not have any evidence of anything paranormal I continued my research of the site. I also learned of several other investigators that had investigated the site and I read what they had to say. Most believed that it was a site of interest with only an orb or two and rumors as evidence to support their conclusions. They were all taken in by the story that had been changed over the years and did not even investigate the area of the original building but rather a new replacement building on the site which was over 200 yards away. The rumor mill area story was one that had changed over the years fueled by the media and investigators who did not do their homework. So, this false story gained notoriety while the truth was lost over the years.

There are stories of hauntings or other paranormal events that change over the years with each re-telling of the story. The original story changes with each telling so that the original event is not even in the new story. This has happened with a lot of stories that I have been told over the years and some of them I have investigated. Many stories sound so good and so investigable that even I looked into the story – of course wasting time but gaining valuable experience. What has happened in the past can help you to understand what you may be trying to find.

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Not every story is the *full* story because of the witness's perspectives. Points of views are different for each of the witnesses and the witness's religious beliefs also play a role. If the person's religious belief is such that there can be no existence of ghost but definitely existence of demons then everything is a demon. In some cases there is belief that there is no such thing as evil so there are no demons. People who believe everything without any skepticism often see things that are not there. This also happens to people who do not discern what they are being told. People who are subject to the powers of suggestion believe that they are seeing things that are not there. These people believe that they have actually witnessed events when in reality they have not.

The power of suggestion can be a problem with witnesses that have a desire to witness a paranormal event. This includes the investigators who go somewhere wanting to see something so bad that their skepticism is left at home. This is a problem for a lot of investigators and it is not always something that experience will cure. Just as a witness may see things that are not there, an investigator who wants to see a ghost will see one at every turn.

There can be issues with the investigator's ego that causes them to say that there is something there also. Investigators need to have an open and objective mind and refrain from jumping on the band wagon of the witness or other investigators that think there are ghosts at every site. The opposite is also true if an investigator closes his/her mind to the possibility of the supernatural because then they will not witness any event. Even if there is an event that occurs right in front of their eyes they will rationalize what they see or ignore it all together. Every good investigator that I know has reached a balance between skeptic and believer so that they are very discerning.

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A good investigator will plan an investigation with consideration of possible weather conditions that could affect their investigation. The weather can change in a matter of hours and cause many problems that can cause safety issues as well dictate how an investigation will be conducted. Planning ahead for any problem the weather may cause starts with looking at how the weather can affect an investigation.

Many investigators take many different environmental readings that could be part of the evidence that is collected at the scene. This includes readings of temperature, humidity, barometric pressures and electromagnetic fields (EMF) which all can be affected by the weather. When planning an investigation you should watch the forecast on your local news and the Weather Channel before you set your investigation day. Your local news may give you a local point of view and the Weather Channel will give you a bigger picture. Both are important because you need to know how conditions may change with regards to your environmental variables. Low and high pressure systems will cause changes in the barometric pressure and may be the start of more severe weather. These two types of weather systems may cause the wind to pick up which could cause issues with E.V.P.s or any motion detectors you are using. If there is a possibility of thunderstorms you will have issues with power outages and power surges that could cause problems with your equipment.

Thunderstorms will also affect the EMF because of the static electricity that will be in the air and in the ground. The light from the lightning can affect the motion detectors and the low light cameras that you are using. The power surges will affect any of your equipment that you have attached to the site's power source possibly causing irreparable damage.

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When you're getting ready for an investigation you need to plan for equipment failures by having backups. Testing your equipment before you go is important but even if it is working at home it can still fail in the field. You should also be familiar with all of your equipment before using it on an investigation. Don't let your ego lead you think that every camera works the same as the one that you have been using. With all the new technology that is coming out each year every camera will have its own strong and weak points. The simpler the camera is to use the better it will be for an investigation. I still keep a point and shoot type 35mm camera as a back up to my digital camera. I also have back - ups for my sound recordings and flash lights - anything that I think that is important for the investigation. Many investigations that I have conducted found me in need of another battery or more tape. A battery charged at home may be drained very fast at a site that is active especially if a battery has a memory for only a limited amount of charge. Extra batteries and chargers for all of your equipment are just as important as having a game plan for the investigation.

You can plan and plan and never actually ever get to investigate because of over planning. I am not suggesting investigating without a plan and a chain of command if there is more than one person on the investigation. If you have a team of four or five members one person should be the leader of the investigation. This person should be chosen by experience not by ego. *If you do not know what you are doing then you need to follow not lead.* Books and articles about investigation will help you to learn some of the protocols involved in an investigation. You can read how others have conducted their investigations and adapt it to your own style. My style is that I take some of my law enforcement experience and apply it to paranormal investigation.

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Experience is the best teacher and to get it you need to be involved in investigations. You can have a style or a way that you want to conduct your investigation but when you get to the site you may find that it will not work for the investigation. Experience will help you to deal with all the different variables that will arise during your investigation. You can investigate any site that has a story or has no story, either way you need to be exposed to paranormal activity to get experience. You can join a group that has the same style of investigating that you want to acquire to get more experience. Some groups have a reputation that will allow you to be a part of an investigation that you could not do on your own.

With all the years of investigation that I have under my belt I still learn things and gain experience with each investigation. Here is to a safe investigation! Even if there is no paranormal activity and all the things that can go wrong do go wrong, you will still learn and get some experience.



PARANORMAL Q & A

Featuring members of the Independent Paranormal Investigators Guild

John Holbrook

Norman 'Paranorman' Justice

Phil Constantino

Pre-Birth Notification – John Holbrook

A question and answer regarding *Pre-Birth Notification* - a subject not often addressed -

QUESTION AND BACKGROUND:

I have a long time childhood friend who always claimed that he is a reincarnated soul. He not only has clear remembrance of past lives but also states that he came to his current mother in a dream and told her that he had chosen her to be his mother in this lifetime. When his mother was alive, she hesitantly (she was not a believer in the supernatural and did not like to talk about such subjects) concurred that she had a hazy recollection of such a dream. My friend and his mother were very close but it seems that no one else in the family has any recollection and or knowledge of this of this story which of course neither proves nor disproves the incident. My friend is firm in his belief.

Continued ...

I would like to know if you are familiar with this type of occurrence on the spiritual and paranormal levels. I've heard at several lectures that there is a theory that each soul chooses his/her parents for a given lifetime. Showing up in a dream before birth would seem to clinch this theory. What say you? Why would a soul find it necessary to make such an announcement? Finally - is it really the soul that has made such an announcement or just the psychic ability of the recipient simply tuning in to a future event?

ANSWER:

First, I need to add a disclaimer in that these are my views and opinions and as such will be given freely. I have read several stories that are similar to the one that your friend and mother experienced. I have not conducted any firsthand investigation into a case that was dealing with a pre-birth notification to the mother that she remembered. I have helped some people in dealing with some past life trauma that is causing problems in their present life. So, I do believe in reincarnation and that there is a possibility that a pre-birth notification could occur.

Why would a soul make this notification? One of the reasons that I believe that this could happen is because of a bond that the souls have had before in another life or in the afterlife. This bond could be karmic - this is when there is some unresolved soul issue that needs to be worked out between the two souls. The bond could be a soul mate bond that keeps them coming back to the same people or person because the souls have similar goals for their spiritual growth. If it is a strong soul mate connection there could be communication before one of the souls comes to this world. It is a connection that was established over many lifetimes and in the deepest part of the souls. We are all at different levels in our spiritual path, so when we are in the in-between life world we can establish which lessons we will come back to the world of the living to learn. We could find another soul that needs to learn the lesson from the other side of the experience and reincarnate as their child or parent.

The notification could be a way to let them get ready for the lesson or it may be part of the lesson. With your friend being in touch with his spirituality, he may have sent the notification as a heads up to his potential mother. One reason for a notification is to make sure that the birth is allowed to occur, sad to say that there is always a chance that the pregnancy could be terminated. The notification could be to help the mother to be to stop any unhealthy practices so that the birth will go smoothly. From my understanding a woman can have a lot of fear when she is pregnant so the notification could be to help with hope. It could be a way that one could send a reassurance that everything is going to be OK. This is not to assume which one it was in your friend's case, I cannot tell without interviewing both parties.

Part of your question is could it be the mother's intuition seeing a future event instead of the child sending a notification? Yes. The mother's own psychic ability may have given her a heads up in reference to the birth. Just as when during a pregnancy a mother may get psychic intuitions and translate them into cravings for certain foods. This is when the mother/child bond starts and grows. There is a sharing of energies that happens during the pregnancy that starts the child on the physical and spiritual path. Who is to say that the energies don't start to merge before conception? This could aid in the conception.

Continued ...

This could aid in the conception. With the two energies she may have a boost of her psychic ability that allows for the notification. This is a possibility, but, I believe that it is more likely that it is a pre-birth notification from a soul to another soul that has an agreement to share a part of this life. The notification itself could be for many different reasons, it all has to do with the individual situation. The person being notified may not even know why at the time, or they just have a faint recollection of the event. The dream can just be for the subconscious of the mother to be, it may only be for her soul. There could be so many different reasons for the notifications and variables to be considered as to who, what and why. But by asking questions we learn and who is to say that in the scheme of things that his story of the notification was not just meant for them but for you and me.

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Black Lodges – Norman ‘Paranorman’ Justice

QUESTION AND BACKGROUND:

I would like to know about the real origin of the Black Lodges. I heard they are tied to Satanist circles in America in the late twentieth century.

ANSWER:

Let’s take a walk into the past of paranormal history and happenings. There are teachings of the Hermetic Brotherhood of Luxor that speak about an invisible semi-spiritual planet. That planet is known as the Black Satellite. The Dark Satellite is considered to be the place where souls who have failed to make contact with their higher selves in order to gain immortality sadly sink into oblivion. The location of the Satellite varies but it is generally believed to lie within the shadow of the earth out in space. The satellite has a ruling spiritual hierophant known as Ob (Hebrew for sorcerer). The influence of the Ob is believed to be the source of power and inspiration of the Black Lodges. In the folklore of the nineteenth and early twentieth occultism the Black Lodges were in opposition to the Great White Lodge and the Masters who promoted spiritual evolution. The theologies of the lodges are quite different. The Black lodges focus on the glorification of separate individuality of humans while the White Lodge focus is on leading souls to Divine Unity. Actual evidence for existence of the Black Lodges during the time period mentioned in the prior paragraph is basically absent. Your mention of the Satanist circles is in part true. According the time periods’ Theosophists the magical orders and teachings of Satanist Organizations came from the Black Lodges that were born of the Dark Satellite and Ob.

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Pact with the Devil – Phil Constantino

QUESTION AND BACKGROUND:

Continued ...

Can a person really make a pact with the devil? I know guy who says he has one but his life is not turning out the way he thought it would. He says he performed a ritual to accomplish all this but didn't actually see or hear anything yet feels he is stuck with the stupid mistake he made.

ANSWER:

First you need to know that the 'idea' of a pact with the devil along with selling one's soul is actually an invention of Christian legend. It is basically a renunciation of God. It first appeared in Roman times. During the 'Middle Ages it was central to the Christian theory of witchcraft and as most people know that premise eventually led to bad things like the burning of so-called witches during the Burning Times. Although for most it is considered superstition, the idea of it lives on however among many modern fundamentalist Christians. So what we are getting to here is belief. You did not mention where your friend found the ritual so what must be considered since he did not get the desired result is that he never did a real ritual at all. If he is of Christian belief he needs to understand that even though the devil/Satan is the adversary of God he's still an angel – even if a fallen one – who works for God. Satan cannot own human souls. All souls belong to the God who created them. His stupid mistake therefore can be undone by asking for forgiveness and redirecting his life. If he is suffering from heightened anxiety then some professional psychological help is warranted because he will have to self-address why he thought to try making a pact in the first place.

I will add that he should also spiritually cleanse his residence or call in someone to do it. Since you have not mentioned exactly what he did, it might be possible that he got the attention of a demon who love to look for openings to come in and mess with people.

PARA - QUIZ Famous Ghosts

Courtesy of Holbrook PSI

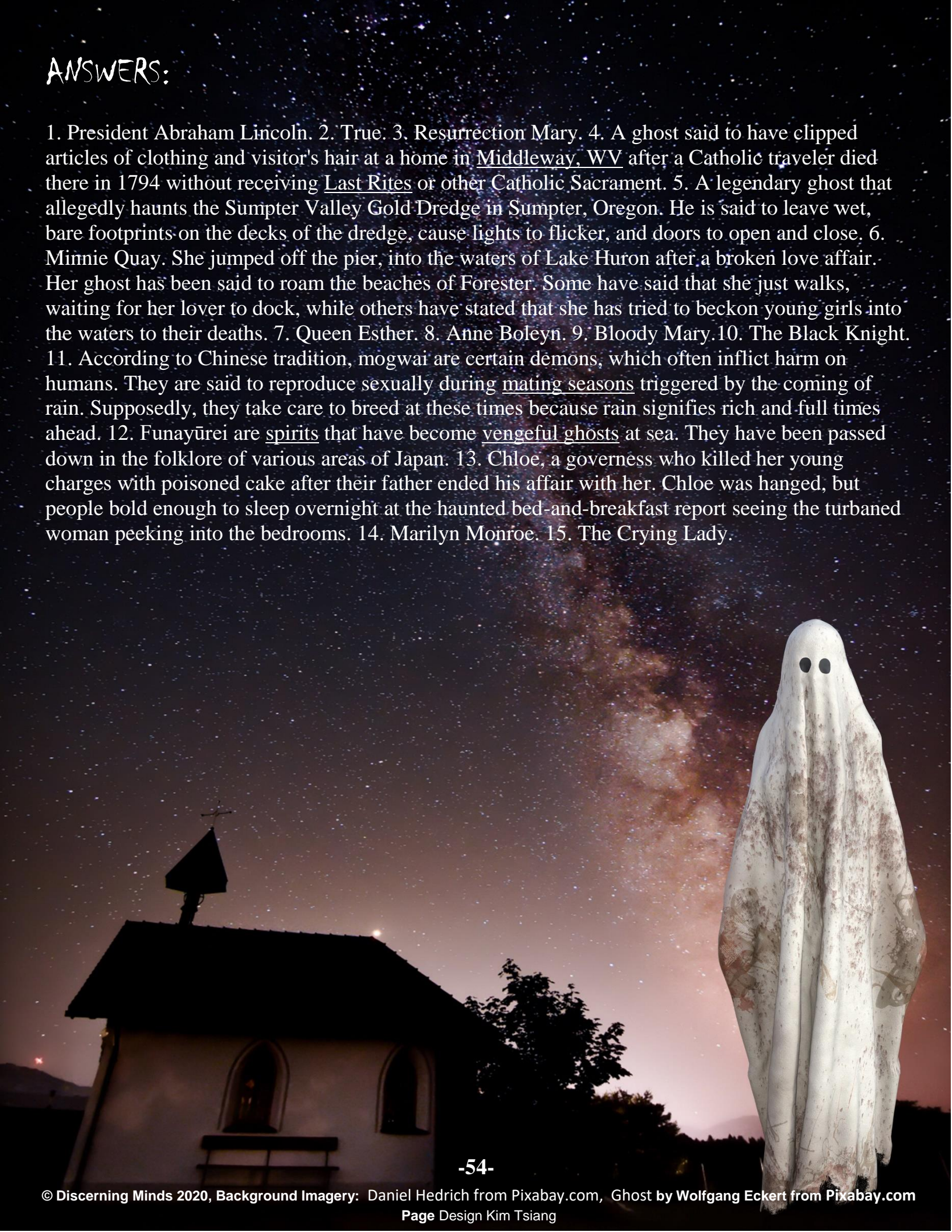
1. Who is the most prominent ghost that haunts the White House?
2. True or False: The Bell Witch was actually a poltergeist.
3. Who is the ghost that allegedly haunts roads and buildings around Resurrection Cemetery near Justice, Illinois?
4. What was the Wizard Clip?
5. Who was/is Joe Bush?
6. Who is Michigan's most famous ghost?
7. Who is the ghost of an Iroquois woman who mourns the death the massacre of her village in Pennsylvania?
8. Which ghost is often seen at the Tower of London?
9. Which famous phantom is said to appear in a mirror if her name is repeatedly chanted?
10. Which ghost wears the armor and regalia of the Order of St. John, and resembles Grand Master de Vilhena in Malta?
11. What are mogwai?
12. What are Funayūrei?
13. The Myrtles Plantation has a famous ghost. Who is it?
14. What famous actress haunts the Hollywood Roosevelt Hotel?
15. Which ghost did John Lennon see at the Dakota in New York?

ANSWERS > Next Page



ANSWERS:

1. President Abraham Lincoln. 2. True. 3. Resurrection Mary. 4. A ghost said to have clipped articles of clothing and visitor's hair at a home in Middleway, WV after a Catholic traveler died there in 1794 without receiving Last Rites or other Catholic Sacrament. 5. A legendary ghost that allegedly haunts the Sumpter Valley Gold Dredge in Sumpter, Oregon. He is said to leave wet, bare footprints on the decks of the dredge, cause lights to flicker, and doors to open and close. 6. Minnie Quay. She jumped off the pier, into the waters of Lake Huron after a broken love affair. Her ghost has been said to roam the beaches of Forester. Some have said that she just walks, waiting for her lover to dock, while others have stated that she has tried to beckon young girls into the waters to their deaths. 7. Queen Esther. 8. Anne Boleyn. 9. Bloody Mary. 10. The Black Knight. 11. According to Chinese tradition, mogwai are certain demons, which often inflict harm on humans. They are said to reproduce sexually during mating seasons triggered by the coming of rain. Supposedly, they take care to breed at these times because rain signifies rich and full times ahead. 12. Funayūrei are spirits that have become vengeful ghosts at sea. They have been passed down in the folklore of various areas of Japan. 13. Chloe, a governess who killed her young charges with poisoned cake after their father ended his affair with her. Chloe was hanged, but people bold enough to sleep overnight at the haunted bed-and-breakfast report seeing the turbaned woman peeking into the bedrooms. 14. Marilyn Monroe. 15. The Crying Lady.



Parapedia

PARANORMAL AND OCCULT ENCYCLOPEDIA

Obsession

Most people who follow the paranormal are familiar with the horror and trauma associated with demonic possession. Sometimes possession takes another lesser known form and that is known as Obsession.

Obsession is a form of attack by a hostile spirit or evil dead person whereby the entity dominates the consciousness of a human being or animal. It differs from possession in the following way: In a possession the personality of the victim is replaced or suppressed and the entity has full control of the body. In obsession, the victim remains conscious and retains bodily control however his or her thoughts and feelings are pushed in a particular direction by the entity.

Spiritists believe that obsession is particularly dangerous to untrained mediums. Also the 19th century Spiritualist author Paschal Beverly Randolph recognized the dangers of obsession to mediums, and claimed to have been harmed by evil spirits during his own career as a Spiritualist lecturer and trance medium. Some individuals believe that obsession is one of the most frequent causes of mental illness and criminal behavior.

Technically, "obsession" is any unwanted influence of a spirit, when it alters or suppresses the normal manifestation of the personality of the subject. It can occur when:

- a spirit influences a living person,
- a living person influences someone else,
- a living person influences a spirit,
- a spirit influences another spirit.

Continued ...

In the first case the victim suffers but does not know whence his suffering comes. The obsessed may be led to behave abnormally without apparent reason and will not be able to explain his deeds or crimes.

In the second case the victim knows he is being influenced and usually reacts, but is unable to resist the will of the obsessor. The victim may resort to violence.

The third case mostly occurs when the spirit of a deceased person is not able to break his bonds with the living and hangs around, suffering as they suffer.

The fourth case is mostly like the second but occurs in the spirit world.

The general symptoms of obsession include a period of chills and drowsiness followed by intrusive patterns of thought and feelings which grow stronger and more insistent over time. Just as in a possession an exorcism is needed to drive out the obsessing entity.

Prevention includes:

- Learning the doctrine of the law of cause and effect
- Praying for God's protection and guidance whenever one's will is weakened.
- Living according to the commandments of God so that one's moral stature can act as a wall between him and the "inferior" would-be obsessors.
- Living according to the doctrine of Christ (Faith, Hope and Charity)
- Loving each other as Christ taught, forgiving and asking forgiveness

Resources:

The New Encyclopedia of the Occult, John Michael Greer, Llewellyn Worldwide Inc. 2013

[https://en.wikipedia.org/wiki/Obsession_\(Spiritism\)](https://en.wikipedia.org/wiki/Obsession_(Spiritism))



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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PHENOMENA FILES

Alchemycal Prosetry (*Monster*, pg.42)

Monster is presented with permission by Lydia Forrester of Alchemycal Proetry, a group of freelance and sometimes anonymous alchemical writers who enjoy expressing their thoughts in poems and prose and advancing ancient food for thought in modern times.

John Holbrook, Holbrook PSI (*Paranormal Investigation – Not Always What You Think*, Pg. 43)

John has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

Independent Paranormal Investigators Guild (*Paranormal Q & A*, pg. 49)

The Independent Paranormal Investigators Guild is a group of practicing paranormal investigators who are Light Force Network members in good standing. These season's contributors are John Holbrook, Norman "Paranorman" Justice and Phil "Constantine" Constantino.

Holbrook PSI (*Para-Quiz on Famous Ghosts*, pg.53)

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PARAPEDIA (*Obsession*, pg. 55)

Obsession has been published with the explicit permission of the *PARAPEDIA Paranormal and Occult Encyclopedia*. The PARAPEDIA is a compilation of historic and contemporary occult articles by various paranormal investigators and researchers. This article has been presented at the request of Holbrook PSI.

Arcanus Obscurum



The true alchemists do not change lead into gold.
They change the world into words.

Section Managing Editors:
Marco X. Mascolo & Eliana Rosini

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Page Design Kim Tsiang

A person wearing a red hooded cloak stands against a dark, textured background. Their hands are clasped in front of their chest, and a small, glowing rose is visible between their fingers. The overall mood is mysterious and somber.

“There was an old belief that in the
embers.

Of all things their primordial form exists,
and cunning alchemists
could re-create the rose with all its
members.

From its own ashes, but without the
bloom,

without the lost perfume

Ah me! What wonder-working, occult
science

can from the ashes in our hearts once
more the rose of youth restore?

What craft of alchemy can bid defiance
to time and change, and for a single hour
renew this phantom-flower?”

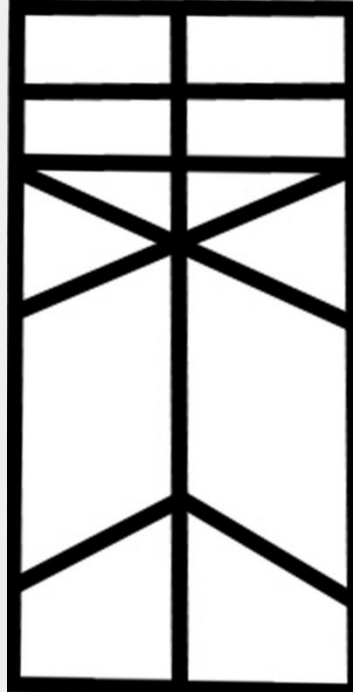
From Palingenesis

Runerig

By Wyn Nordstrom

In long ago times in Scotland, runes were not only used for divination but also to settle land disputes. The drawing of lots as runes were also known as runerig. Parcels of land surrounding each village were held in common and traditionally villagers farmed a number of these strips of land known as “rigs” in different parts of surrounding fields.

Every year these strips were allotted by means of runerig whereby lots called “runs” (runes) were drawn to determine who should farm each strip. Each family had a runic house mark that was carved on a stick. These sticks or “runs” were then drawn to see who would farm a certain “rig.” This was considered a fair process that prevented one family from farming the same strip of land all the time which would allow them to prosper while other families were stuck with a lesser unproductive strip of land. As all families believed the runes came from the great god Odin, the process of runerig was considered divine providence and no one questioned it.



Run Example



Continued ...

Highlanders also had superstitions connected to the land choices. When moving to a new house or onto the land, they always burned straw upon arrival. This was known as a possession wisp or sop seilbhe. It was used to deposit drops of water that had come in contact with gold or silver where necessary as it was both lucky and protective. It was also used on horses, harnesses and ploughs received a similar treatment before being sent out to the field. On their personal properties, Highlanders often planted a rowan tree. It was believed that this would ward off witches, the Evil Eye and mischievous spirits.



Demon Rune

By Wyn Nordstrom

The type of projected power in any spiritual tool lies in the intention of the practitioner. They can be used for good or evil.

The Runes are an ancient alphabet. They are a set of sigils that helped ancient peoples communicate. The word Rune means secret or mystery and this is because ancient people relied upon for their daily needs as you will see as you learn the ancient meanings along with the contemporary view.

As far as we know from archeological evidence the Runes have been in existence for 2200 years. I would ask you to use indulgence with this fact because as you know archeologists are learning more and more about the fact that civilization is a good deal older than we currently think it is.

The Runes can be found everywhere... in nature (tree branches and bark); architecture (timber framed buildings, roof, gables), art (stained glass), literature (they appear frequently in The Lord of the Rings; Jules Verne used Icelandic Runes for story elements in Journey to the Center of the Earth); tattoos, and sometimes by happenstance.

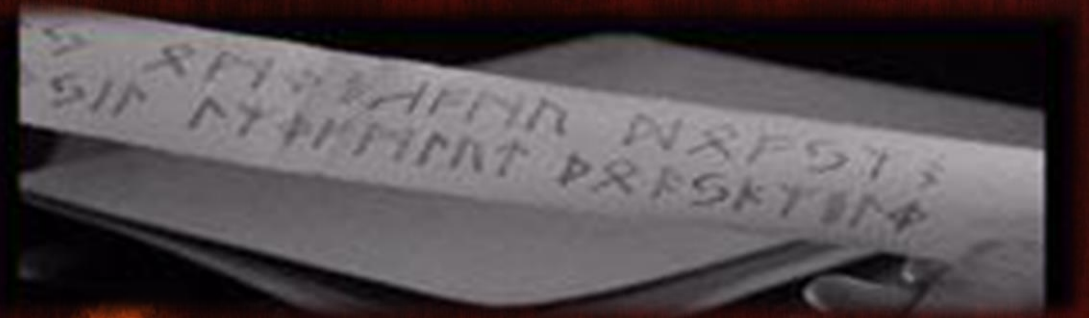
Runes are popularly used today as a means of personal self-help. They are sought for their advice regarding *right action* in a situation where the querent needs guidance and direction. Because the Universe was created with balance or a system of polarities, we will be discussing the Runes with polarity through explanation of their equal opposite meanings and qualities. I prefer to think of runic readings as a mode of self-improvement but as a mode of certain forms of divination they are extremely powerful and should be treated with respect. Bearing this in mind, remember, humankind has used signs and sigils for thousands of years to aid in communication, to record knowledge and in some cases to divine the future and evoke magic for purposes of protection and empowerment.

Continued ...

Continued ...

Of course conjuring up demons for other purposes was not out of the question either.

1957's *Curse of the Demon* aka *Night of the Demon*, based on the story *Casting the Runes* by Montague R. James, starred Dana Andrews as an American psychologist Dr. John Holden pitted against a Satanic cult leader Julian Karswell played by Niall MacGinnis who used ancient runic symbols written on a scroll of parchment to call up a fire demon from hell to destroy his enemies.



Parchment clip from the movie.

Continued ...

Of course we all know Hollywood takes liberties with the truth however scripted in the prop parchment we can see (left to right) Thurisaz which in ancient times did denote a demon and gateways, Dagaz denoting breakthrough, Uruz denoting strength, Othila denoting separation, Jera denoting harvest and completion and Algiz denoting protection or the breaking down of it. Obviously someone did a little homework on the topic.



Also amusing is 1993's *Warlock the Armageddon* starring Julian Sands as a wicked warlock bent on assisting Satan in entering the world through use of magic connected to ancient crystals etched with runic symbols. The runic crystals in this movie are a good example of the polarity connected to the rune energies. In the beginning of the movie the audience is made aware via a conversation between modern day Druids who are protecting the Earth that the stones can be used to either "free or trap" the devil. The Druids are alerted to the presence of the warlock and the potential for satanic disaster by the appearance of the rune Berkana which represents 'birth'. The rune representing a "demon" is Thurisaz.

Thurisaz is the rune of Thor and his mighty hammer, and the rune of Giants. Catalytic in nature, Thurisaz, brings about new beginnings and controls volatile situations. Although protection and defense oriented, casting Thurisaz can also indicate that impulsive action may be a factor in the situation. Thurisaz Facing left represents a demon.




To the ancient Druids, Thurisaz or "Thorn" represented a demon. This demon spread sickness which killed thousands of people and killed crops. The Druids also believed that one child from each tribe was chosen to be inflicted with the curse of Thorn. This child had to kill their whole family to spare thousands more.

"Thurisaz is a rune that is often shunned by runesters, it represents the forces of chaos – that which we fear, the powerful emotions and drivers lurking beneath the surface. A giant, a thorn, a powerful, uncontrollable force." – Magin Rose

Arcanum Inquisitionis

How scholarly is your grasp of the Arcane? Test yourself.

- 
1. In *Occult Philosophy*, Heinrich Cornelius Agrippa sought two unite two things. What were they?
 2. What are the nine orders of demons?
 3. Who was Artephius?
 4. What is BOTA?
 5. Who was the successor of the famous Comte de Saint Germaine?
 6. Who evoked the demon Choronzon in an Algerian desert?
 7. The professional name of famed Irish palm reader Louis Hamon was?
 8. What does *crossing running water* do?
 9. What is fascination?
 10. How is graveyard dirt used?
 11. In vodoun, what is a mauvis?
 12. What magical powers are inherent in Mistletoe?
 13. What is toadstone?
 14. What is a wish?
 15. Who are the Olympic Spirits?

Answers: 1. Neoplatonic philosophy and Kabbalistic magic. 2. False Gods, Spirits of Lies, Vessels of Iniquity, Revengers of Evil, Deluders, Aerial Powers, Furies, Accusers, Tempters and Ensnares. 3. A 12th century Hermetic Philosopher and Medical Alchemist who was alleged to have lived more than 1,000 years. 4. Builders of the Adytum, a mystery school founded by Charles Foster Case. Students are dedicated to a spiritual path that espouses kinship with all life, a brotherhood of humanity and oneness with God. 5. Count Alessandro Cagliostro a very famous magician and psychic healer. 6. Aleister Crowley and Victor Neuberg. 7. Chiero 8. Protects a person who is being chased by all types of evil entities. 9. A bewitchment that enables a practitioner to affect the life and behavior of another person. 10. It is a powerful ingredient in magic spells of an evil nature. 11. An evil person such as a sorcerer who possesses the evil eye. 12. Magic for fertility, healing, luck and protection against evil. 13. A gem believed to possess magical power found in the head of an old toad. 14. A simple form of magic. They should be said three times to make them come true. 15. Spirits who dwell in the firmament and stars who govern the operations of the world.

At The Crossroads

By Telma Adowa

You've heard all the stories – Black magic spells, supernatural favors even deals with the devil but what is the truth about the crossroads?

Technically, crossroads are identified as the place where two or more roads cross or intersect. A three road crossing is considered a classic crossroad. They have existed since ancient times. In times past, the Greeks believed crossroads where three roads met to be ruled by the goddess of magic, Hecate, the three faced deity. It was commonplace for people to leave sacrifices to Hecate at the crossroads for protection and favors. Folklore from the middle ages claimed that sorcerers used the cross roads as the place to conjure the Devil for evil reasons. In those times, suicides, murder victims, criminals, the unbaptized and suspected vampires were buried there. Hoodoo and folk magic to this day use the crossroads for their spells and magical practices. In Africa, almost every cultural group has its own version of the crossroads god. Legba, Ellegua, Elegbara, Eshu, Exu, Nbumba Nzila, and Pomba Gira are African and African-diaspora names (in several languages) for the spirit who opens the way, guards the crossroads, and teaches wisdom. Witches gather there for Sabbaths. With the advent of Christianity the crossroad became a symbol of dread. Gallows were constructed as were suspended cages housing bodies of criminals.

From the history, we can safely deduce that crossroads are places of change and magical power simply since they are places where forces of energy meet and converge. They are also places that symbolize the balance of opposites and the meeting of time and place. Make no mistake, crossroads are haunted by demonic and negative forces. If you are gutsy enough to try casting and evoking at a crossroads here are a few unspoken rules to remember:

- **Don't remove any objects even rocks or sticks or dirt from a crossroad. Some witches leave things at the crossroads so others can pick it up and a curse can be passed that way.**
- **Do not make deals at the crossroads of any kind including those made with humans.**
- **Never respond to voices at the crossroads – don't stop and talk with anyone, spirit or human.**
- **Do not turn around and don't take the same route home.**
- **Never leave items with your address or name at the crossroads.**
- **When leaving items try to leave environmentally safe items at the crossroads.**
- **Crossroads work well for non-targeted personal spells and getting rid of curses and spirits. If getting rid of a curse, use a crossroad far away from your home.**
- **DO use a crossroads for an energy reset. According to thiscrookedcrown.com "This usually is used by a practitioner that does a lot of land-based or local magic or works with a lot of spirits. Sometimes, you just need to cleanse the energy lines and the space."**

Continued ...

*Hecate of wisdom and revealer of insight,
I come to the crossroads on this night.
Illuminate the path that is right for me,
as I will it, so mote it be.*

From Flying the Hedge

Resources:

The New Encyclopedia of the Occult by John Michael Greer

The Encyclopedia of Magic and Alchemy by Rosemary Ellen Guiley

The Encyclopedia of Wicca and Witchcraft by Raven Grimassi

<https://thiscrookedcrown.com>

<http://www.luckymojo.com>

<https://www.flyingthehedge.com>



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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ARCANUS OBSCURUM

Palingenesis Passage by Henry Wordsworth Longfellow (pg. 59)

Public Domain acquired at Goodreads.com. Palingenesis is a concept of rebirth or re-creation, used in various contexts in philosophy, theology, politics, and biology. Its meaning stems from Greek palin, meaning 'again', and genesis, meaning 'birth'. Longfellow was an American poet and educator.

Wyn Nordstrom, (Runerig pg. 60 AND Demon Rune, pg. 63)

Wyn Nordstrom is the pseudonym of Susan Farley Lloyd. Although she is a runemaster, Susan considers herself “just a runester” who is working towards a better mastery of interpreting the runes. Her other metaphysical interests include the paranormal, psychometry and dowsing. Hailing from Massachusetts, Susan enjoys coordinating Haunt Tours in the Autumn, snow skiing in the Fall and water skiing in the Summer.

Arcanus Inquisitiones Quiz (pg.66)

The scholarly arcane quiz comes to DM as a result of joint research by Section Managers Marco Mascolo and Eliana Rosini, both members of the Arts of Aradia Pagan Counsel.

Telma Adowa (At the Crossroads, pg.67)

Telma hold a Ph.D. in political science. She is a Yoruba shaman and psychic who can look forward and backward at one's life story. She also teaches traditional African dance at both adult and youth levels. She enjoys crafting, sewing and basket weaving which is a skill that is handed down in her family from generation to generation.

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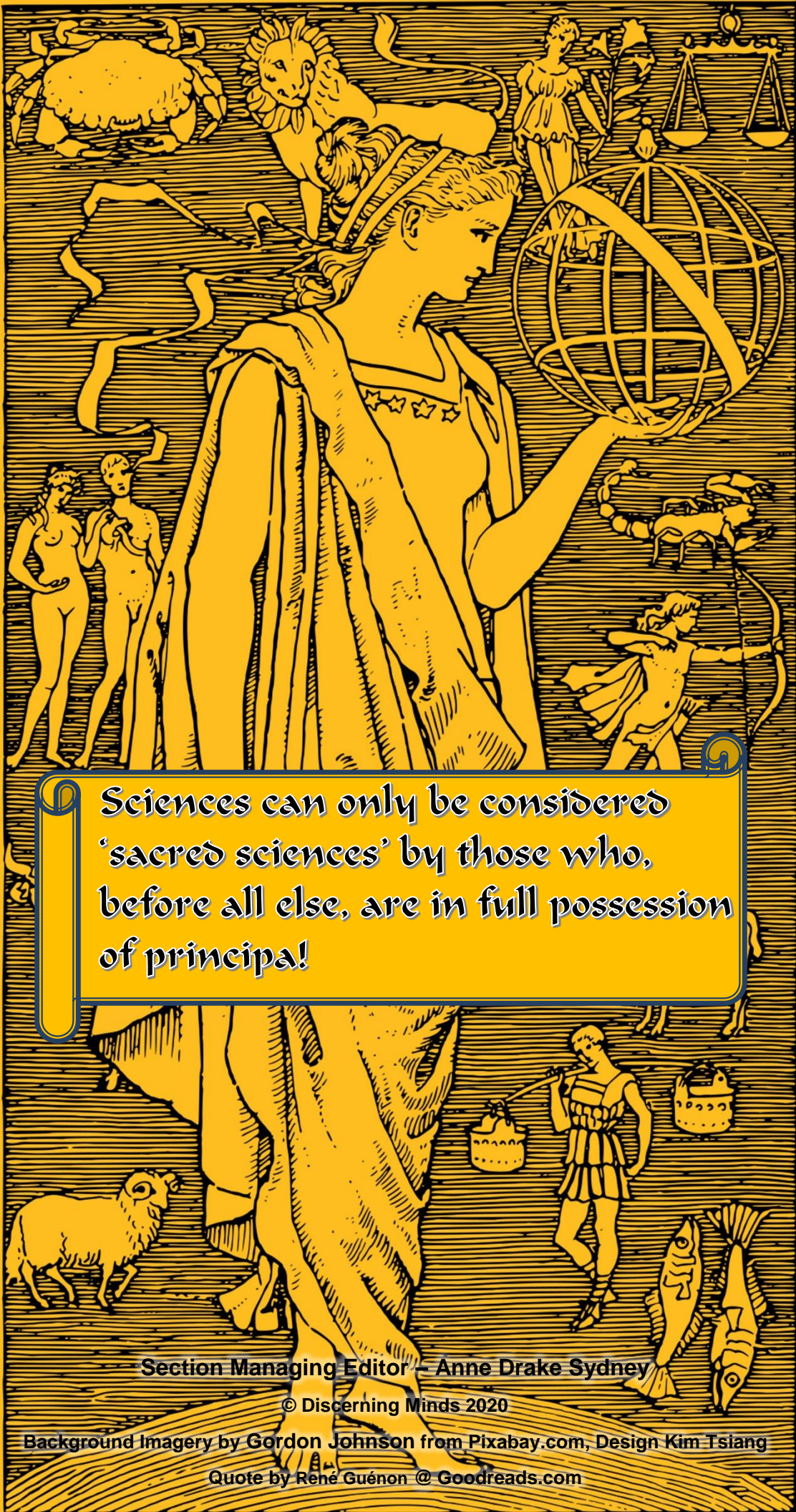
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Sciences can only be considered
'sacred sciences' by those who,
before all else, are in full possession
of principa!

Section Managing Editor – Anne Drake Sydney

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Quote by René Guénon @ Goodreads.com

HYPER-HOPE

Amid the strange uncertainty -
Of a world gone mad -
There is yet a subtle -
Secret summoning Underway.
Forces have gathered.
The Future is calling -
For a New Reality Game.
Agents of Chaos and Order -
Deploy narrative options -
But none of those timelines need to manifest.
We have choices
Never available before.
Magick is real
In the pregnant air
Flowing through
Invisible ... Electromagnetic ...Waves.
Other dimensions.
Eye am opening

The Unexpected Door.





The OZ Factor and Close Encounters

By Thomas Carroll

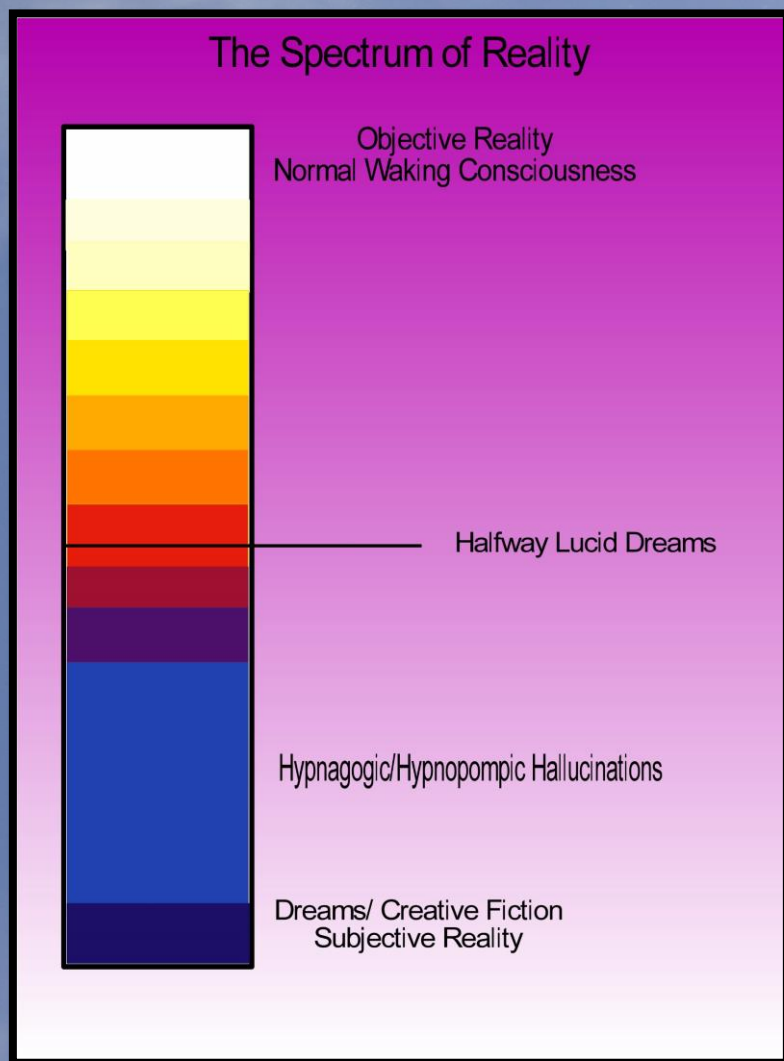
Nearly everyone has heard of Astral Travel or Out of Body Experience. Many people have claimed to have experienced OOBEx during Near Death Experiences while some claim to travel out of body randomly without traumatic prelude. Others believe that they astral travel each night while they are asleep although they rarely have waking cognizance of where they have been or what they have done. Those who ascribe to Seven Ray Astrology believe that each of us leaves our bodies nightly to rise to the Astral Plane where we do divinely inspired work according to a personal Astral Ray assigned to our Souls. Does this same principal apply to alien abductions and Close Encounters? There has been serious study of the UFO phenomena since 1947 and it seems to date we are no closer to a solution. Research into UFO's and other psi incidences has come up with a possible explanation for the reason behind such experiences. Using a spectrum scale to demonstrate the different phases of consciousness ranging from objective through subjective reality and everything that lies in between, some researchers postulate that experiences such as Close Encounters, Out-Of-Body Experience, timeslips and pre-cognitive visions occur during what is called "QUASI-CONSCIOUSNESS." It is important to note that in the case of UFO's, if alien intelligence does exist it is not likely to use primitive technology to reach us but rather some form of consciousness... alien consciousness making contact by way of the human mind.

The QUASI-CONSCIOUSNESS phase lies in the upper half of the spectrum scale between objective reality and subjective reality. It is believed that the objective and subjective reality extremes are subject to interference from the other parts of the spectrum. For example, an objective factor such as a loud noise can affect a sleeper by making an appearance in another form during a dream. In lucid dreaming, the dreamer is aware that he is dreaming and maintains some degree of control of the dream imagery that has been produced by the loud noise from the objective environment. During QUASI-CONSCIOUSNESS however, rather than the objective information coming in from the outside manipulating the subjective dream reality, the reverse occurs and the subjective information manipulates what is experienced as objective reality. In some research circles this is known as the "OZ Factor." Enter Quantum Physics where reality is based upon what one's consciousness decides it should be! Remember, what we all perceive of the outside world is based largely upon what our brains interpret from incoming signals so each individual who has an OZ experience will shape images to fit personal concepts of aliens or whatever the experience dictates.

Continued ...



Continued ...



In the cases of UFO/alien contact, the witness often emerges feeling confused mainly about the length of time the encounter lasted. Is the loss or lapse of time a result of the OZ factor?

It is reasonable to consider that some degree of the OZ Factor such as memory loss and time lapse is at play. In fact, memories retrieved during hypnosis sessions more than often reflect that some type of a message transfer has taken place during the lost time period. In a majority of cases, the witness is not aware of such a transfer when it actually takes place because it is beyond his/her normal conscious awareness.

All of this leads one to question what is the most important factor of UFO/alien contact - is it the actual contact/abduction OR the transference of a message?

In the meantime --- we're off to the see the Wizard!

On Sacred Science

“There is no quarrel between science and spirituality. I often hear people of science trying to use it to prove the nonexistence of the spiritual, but I simply can't see a chasm in between the two. What is spiritual produces what is scientific and when science is used to disprove the spiritual, it's always done with the intent to do so; a personal contempt. As a result, scientists today only prove their inferiority to the great founding fathers of the sciences who were practitioners of alchemy. Today's science is washed-out and scrubbed-down and robbed of everything mystical and spiritual, a knowledge born of contempt and discontent. Or perhaps, there are a few who wish to keep those secrets to themselves and serve everyone else up with a tasteless version of science and the idiots of today blindly follow their equally blind leaders.” — C. JoyBell C.



Eleven in Divination Systems

By Jurgens Pieterse

In the Tarot the Major Arcana 11 is traditionally Justice, the lady with the scale and a card I have a deep affinity for as a Libra. Discounting the Fool as card zero judgement is in the middle of the Major Arcana with 10 cards preceding it and 10 cards succeeding it. It depicts 11 as a number of balance which is appropriate for the two one's making up the 11. In this analysis the Major Arcana with its 21 cards (discounting the fool) places 11 as an important card for balance. It is also a point of balance between an external and an internal view in the Tarot. The first ten cards are existential and material in nature while the latter ten cards are more essential and cosmological in nature. Thus the number 11 in the tarot represents the touch point of balance in the maxim "As above so below, as below so above." This is a crucial point of understanding within the Tarot. The number 11 counts to two as one plus one which shows an affinity between the High priestess as Major Arcana II and the Major Arcana XI. While the High priestess is an initiation into the exoteric Tarot the Justice card associated with Ma'at in the Egyptian pantheon is associated with initiation into the esoteric aspects of the Tarot.

When we turn our gaze to the Elder Futhark the eleventh rune is Isa or the point of contraction or stillness. Although this is not the midpoint in the same sense as the Tarot it is a point of stillness like the center point of a wheel turning that is still. This gives to the number 11 a very solid base of stand still which correspond well with the central pillar of a set of scales. The number 11 in this sense calls for a moment of inaction combined with an awareness of the moment. It is not a point for action or progress but rather a turning point moving into a new dimension.

I-Ching relates the hexagram Tai to harmony or peace. The hexagram itself consists of three unbroken lines at the bottom of the hexagram and three unbroken lines on top of the hexagram. In other words it is the trigram Earth upon the trigram Heaven. Here we see again the idea of balance associated with the number 11 since there is an idea of yielding balancing the firm.

It is noteworthy to see that the hexagram is not heaven over earth as what we are used to in our normal experience but it is rather heaven supporting earth. This is indicative of a turning point, at the 11th hexagram. It contains an idealistic mystical perspective where heaven or the ideal becomes the foundation for the earth or the real. That is how harmony or peace is being created. Peace relates here to a similar concept we see in Isa of the Runes and Harmony relates to a similar concept discussed in Justice, major arcana IX, of the Tarot.

Continued...



Continued ...

Given this short analysis of the role of number 11 in three of the major divination systems it is worthwhile to say and observe that 11 is a point of stillness calling on a higher awareness, a tipping point that bequest from us to look at life in a new way ... that is from an inner perspective of actuality rather than reality. We should find peace, harmony and balance in the number 11 without any effort of making anything happen or desiring anything to happen. It is moment for us to be just fully present and content that life is as it should be in that moment, irrespective of whether it is good or bad times. We also should remember that there is a karmic balance in that good times will not always be good and bad times will not always be bad. Life is a cycle and our peace and harmony we find within. The number 11 reminds us that as above so below the one is reflected in the other.



The Seven Rays and Dreams

By Rev. Dr. Loni Haas

In the esoteric theosophy of the 7 RAYS, it is believed that during the hours of sleep the Soul exits the physical body and travels to the Astral Plane where it engages in a special brand of work that is correlated with an individual's personal plan of spiritual evolution. It remains attached to the body by a silver chord governed by the planet Neptune so that it can return safely once the "Soul Work" has been completed. Very few individuals will remember the experience of working on the Astral Plane and those who do may simply remember any incidence as simply a strange dream underscored by strong feelings of dedication connected to the theme of the dream. According to 7 RAYS theosophy, work on the Astral Plane is conducted in compliance with a specific Ray and the assignment of that Ray. The following chart can be used to calculate that specific Astral Ray. Simply look up your birth time to find the Astral Ray. The chart is set for E.T. (Eastern Time) zone. If you live in a different time zone you must adjust the time to E.S.T. For C.T. add 1 hour, M.T. add 2 hours, P.T. add 3 hours, YT add 4 hours, AHT add 5 hours.

The FIRST RAY

This is the Ray of the Magistrate and on the Astral Plane spiritual work includes a position of leadership complete with fortitude, strength and authority. Responsibilities include giving or receiving direction according to Divine Will as well as planning and decision making. The ability to be resolute and self-governing is the test for the Soul. Dream themes or Astral travel can include "being the boss" such as holding a leadership position in war or battle or as a political guru who is holding the strings of power or as an expert or pioneer in an unearthly field of endeavor and discovery.

The SECOND RAY

This is the Ray of the Seer who heals and works for the brotherhood of mankind. As a spiritual humanitarian buoyed by an in-depth knowledge of cosmic consciousness responsibilities include loving, reforming and illuminating. Souls teach or receive instruction on how to become agents of goodwill in order to benefit the collective whole. Cosmic healing work is taught and shared. The ability to be "unity minded," generous and objective is the test for the Soul. Dream themes or Astral travel can sometimes include medical situations where the individual holds a position of a "healing authority" OR engagement in a spiritual healing venue where healing the likes of which have never been seen on Earth have taken place.

Continued ...



Continued ...

The THIRD RAY

This is the Ray of abstract understanding, idea conception and problem solving. Working through this Ray the underlying principles of the Universe are understood and taught and "handed down" to others in order that the information become eternal. Respect is paid to "interpretation" of Divine thought and both older and younger Souls focus attention on the "word." The ability to teach or learn varied subjects and their application is the assignment of the influence of this Ray. Tact and diplomacy of communication and mastering the art of contemplation are the tests for the Soul working under this Astral Ray. Dream themes or astral travel are often filled with ancient concepts and places where the individual is shown the wisdom of lost cultures whose traces will never be found upon the Earth. Themes with philosophic overtones or meetings with Ascended Masters or other inter-dimensional light beings also can occur.

The FOURTH RAY

This is the Ray of the creative genius who uses intuition as the pivotal force for artistic expression. The influence of the Moon is strongly felt through this Ray as hidden forces are captured and manifested in creative projects or expressions usually through accumulated past memories. The work on the astral plane consists of giving or receiving instruction in craftsmanship and cultural enlightenment. The Soul is tested for its capability for balance and creating harmony and beauty from chaos and that which is base by nature. Dream themes or Astral travel often consist of acting or singing on the stage or in movies, building great and unusual designs of architecture and remembering past lives and the people associated with them.

The FIFTH RAY

This is the Ray of the scientist, analyst and researcher. The goal is always to ascertain the TRUTH and to teach or to learn Divine Law. Earthbound medical breakthroughs can manifest in real time if memories of astral work can be remembered upon waking. Deductive reasoning at the highest level is used to analyze findings and then to record the answers to many questions in diaries or books that fill the Collective Library. The Soul is literally a walking encyclopedia of knowledge which is shared and discerned and therein lies the test. Dream themes or astral travel includes the uncovering of nature's secrets, medical research, judicial situations such as acting as a judge or lawyer or experiencing, seeing or creating Sacred Geometry.

Continued ...



The SIXTH RAY

This is the Ray of the idealist, philanthropist and revolutionary. Social responsibility is taught or learned and put into Divine perspective so devotion and loyalty to cause is conducted for the Collective good. Universal reformation and the need to eliminate prejudice and persecution is embraced. The Soul is being tested for waywardness, dedication, tolerance and the balance of objectivity with psychic consciousness. Dream themes or Astral travel can include situations of self-sacrifice or acting as a savior OR conversely, situations of glamour or fame. Revelations of a religious or spiritual nature are also common.

The SEVENTH RAY

This is the Ray of the cosmic magician, perfectionist and ritualist. On the Astral Plane the Soul is teaching or learning about power and how to manifest expertise according to choice. Etheric manipulation is common practice and because of this arcane and occult responsibility is emphasized since both "light" and "dark" influences are involved. The Soul is being tested as an initiate for its sense of "order" with regards to the invisible sides of nature according to strict Divine instruction. Dream themes or Astral travel often include situations surrounding climbing the ladder to success, surviving or controlling storms or other powerful acts of nature, the occult, arcane magick or sexual ritual.





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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SACRED SCIENCES

Steve Prellwitz (*Hyper*, pg. 71)

“Cosmic” Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn't take himself too seriously.

Thomas Carroll (*The OZ Factor and Close Encounters*, (pg. 72)

Thomas is a Hermeticist who enjoys studying old manuscripts and books on ancient arts and sciences when he can find them. He is also into antiques and their restoration and the histories connected to family heirlooms. He also enjoys some sailing and classic car restoration. Thomas has walked many magical paths, which if nothing else, taught him the necessity of balance in all endeavors. You can visit Thomas on the www.lightforcenetwork.com website where he is an administrator.

C. Joybell C. (*On Sacred Science*, pg. 74)

This quoted passage by C. Joybell C. was extracted from Goodreads.com. Public Domain.

Loni Haas RMAFA, NCGR, DD (*The Seven Rays and Dreams*, pg. 77)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

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"I dream my painting and I paint my dream."
— Vincent Willem van Gogh

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Section Managing Editor – Marique Quinn

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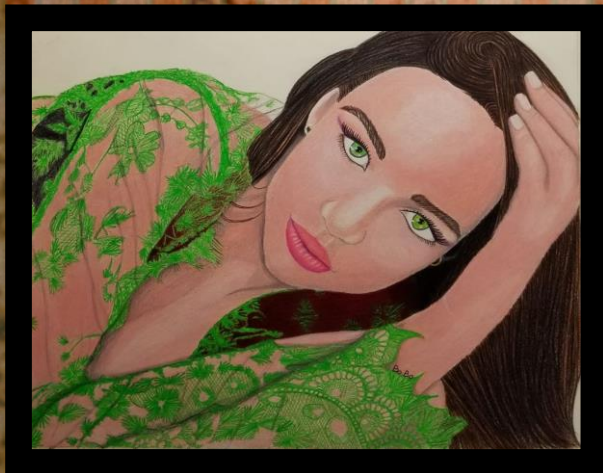
Quote: Vincent Willem van Gogh @ goodreads.com



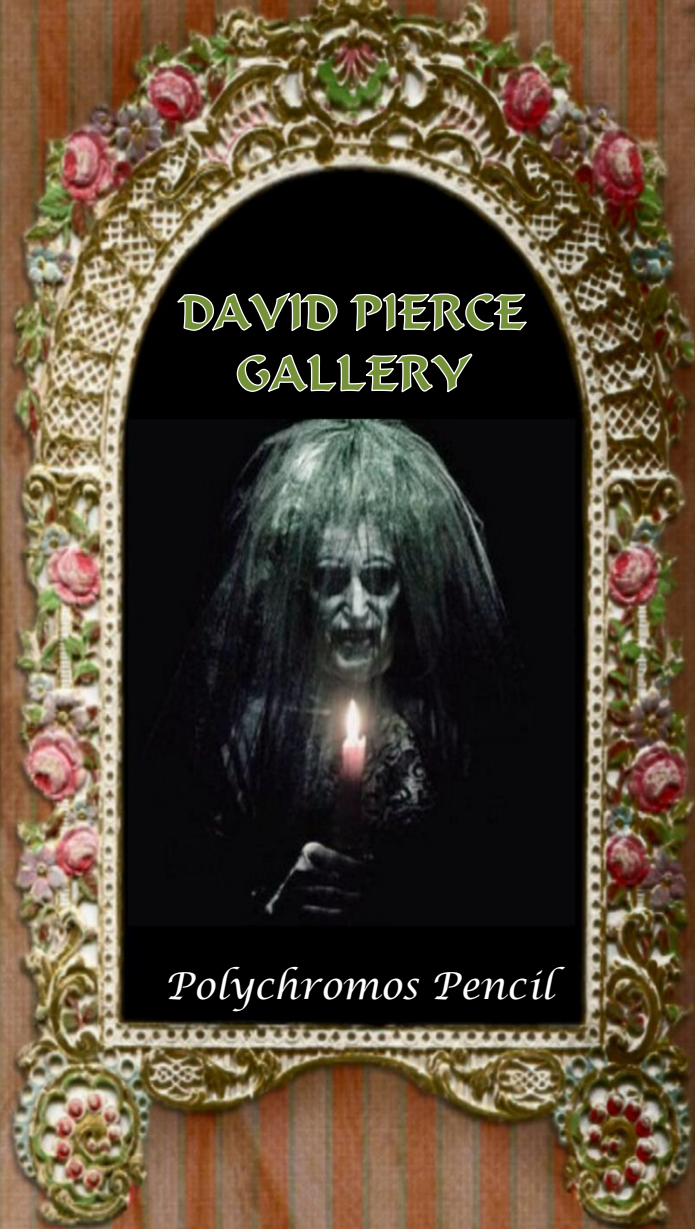
UNCONDITIONAL LOVE



FREEDOM



BEAUTY IN LACE





MONSTER PC



MOUNTAIN EWWW



Horror Pop Sculpture



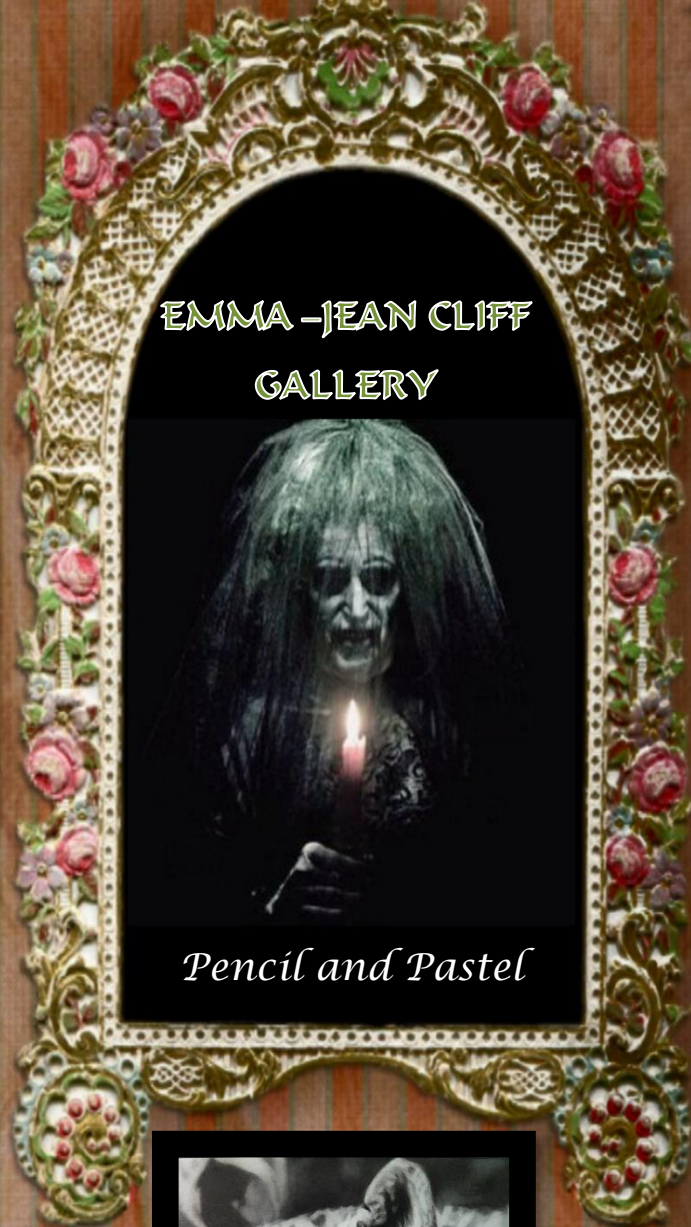
SRI ROT CHA



BEAUTY IN BLACK



SHADOWS IN BEAUTY



Pencil and Pastel



WAKING UP



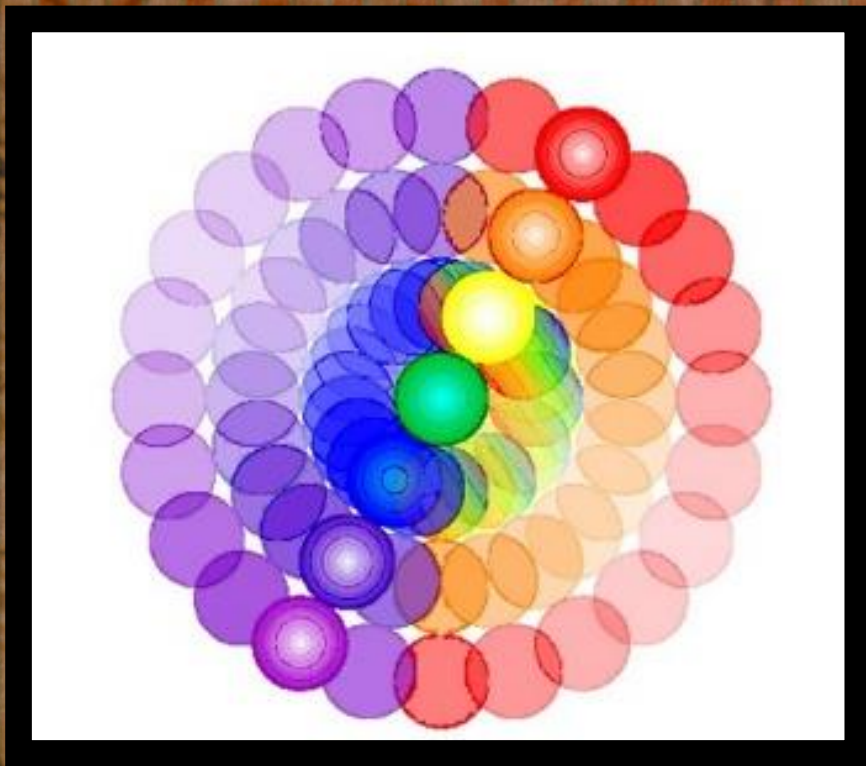
THE TALL SHIP



WINTER GLOW



BLACK STALLION

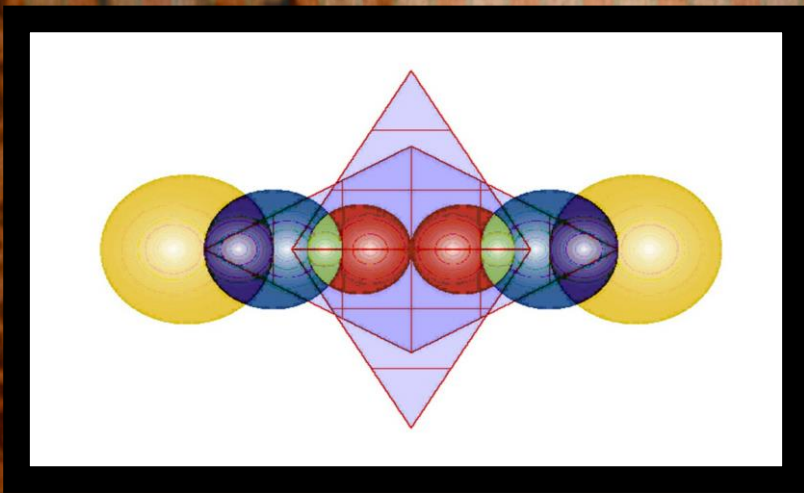


DANCING ON THE CHAOTIC NODE



**DONNA OVERALL
GALLERY**

Graphic Design



ARCTURIAN STARSHIP



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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CREATIVE MUSINGS

David Pierce (*Art Gallery, pg. 82*)

My name is David Pierce but have gone by the nickname Bo all my life. I was a heavy industrial diesel mechanic as a career until I hurt my neck and couldn't do that job anymore because of nerve damage. I always enjoyed art as a hobby but never did much with it because life got in the way. About 6 years ago I finally got disability and started putting everything I had into studying art. It became my passion. I am not good at the business side but I am getting pretty good at the creative side. I hope you enjoy my work. You can find my artwork at <https://www.facebook.com/Art-By-Bo-240594223068233/>

Travis Mullins (*Art Gallery, pg. 83*)

"I make the Monsters that make you smile." Travis Mullins (42) has been creating monsters for the last 17 years. Taking everyday objects and turning them into monsters by using super sculpey, foams, plastics, epoxy, hot glue, acrylic paints and so on. He describes his art as "horrorpop". Horror because of the mouths and pop because of the popular objects used. He has made puppets for Pungent Studios short films "Time Toupee" and "Damnedwich". He has artwork in 32 states and 13 countries. He also loves pizza and gives the best hugs. My creations can be found at <https://www.etsy.com/shop/TravisMullinsArt> and <https://www.instagram.com/sivart6/>

Emma-Jean Cliff (*Art Gallery, pg. 84*)

I am forever chasing shadows, light, and the life within them. Trapping a small moment in time and pulling all of the senses into the world that I have created. I engage more than just the eyes with my work, I create a world where you can feel the wind holding the hair aloft, smell the sweet scent of flowers, and feel the warmth of the light. I work in two mediums, graphite (pencil) which will always hold a special place in my heart. This was the first medium that I ever put my hand to. Pastel is the other medium that I work in, this being my colour variant. I work fluidly between each of these mediums, each imparting their own beauty and charm, creating a unique feel and life to each work create using them. One would say that I work in realism, but this is just a happy side effect of trying to capture the light and shadows in each piece that I bring to life. I am as much a magician as I am an artist, for much of the detail that is seen is all but an illusion that I have created on the page by playing with shading, and light. I love nothing more the disappearing into the page, a world of my own hand, a story written not in words, but in colors and shape. Speaking as loud as the roar of thunder without saying a word. Please feel free to follow and contact me for commissions or to view my artwork through these pages:

www.facebook.com/Emma-JeanCliff

www.facebook.com/shadowsfineart

www.instagram.com/shadowsfineart



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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Patrick Marino (*Art Gallery pg.85*)

I am a retired music teacher, enjoy playing jazz, and paint as a hobby. I paint florals, seascapes, landscapes and animals. I also can paint photos of scenes if requested.

https://www.artpal.com/?s=%22affordable%20oil%20paintings%22&f_ss=1

Donna Overall (*Graphic Design Gallery, Pg. 86*)

Donna Overall's graphic designs have been reprinted from The Galaxy Express with permission. Donna passed away in 2018. She will be remembered for her top notch artistry in design and writing.



ODD VANT GUARDE

“It was not an outhouse resting upon the imagination. It was reality.”



Section Managing Editor –Oscar “Trashman” Corelli

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Page Design Kim Tsiang

Quote: Richard Brautigan @ WiseFamousQuotes.com

NONSENSE



Why do we love nonsense?

Why do we love Lewis Carroll with his “‘Twas brillig, and the slithy toves did gyre and gimble in the wabe, all mimsy were the borogoves, and the mome raths outgrabe...”?

Why is it that all those old English songs are full of “Fal-de-riddle-eye-do” and “Hey-nonny-nonny” and all those babbling choruses?

Why is it that when we get “hep” with jazz we just go “Boody-boody-boop-de-boo” and so on, and enjoy ourselves swinging with it?

It is this participation in the essential glorious nonsense that is at the heart of the world, not necessarily going anywhere. It seems that only in moments of unusual insight and illumination that we get the point of this, and find that the true meaning of life is no meaning, that its purpose is no purpose, and that its sense is non-sense. Still, we want to use the word “significant.”

Is this significant nonsense? Is this a kind of nonsense that is not just chaos, that is not just blathering balderdash, but rather has in it rhythm, fascinating complexity, and a kind of artistry?

It is in this kind of meaninglessness that we come to the profoundest meaning.

- Alan Watts

NOTHINGNESS

By Darjon Brooks

In this world can we see true nothingness?

Can we understand true nothingness?

Can we even start to believe there has been true nothingness?

So what am I talking about when I say true nothingness? Let us go to Webster's definition: "something that does not exist," in this I am looking for an absolute lack of anything a true nothingness. In our world there is no way for true nothingness to occur due to the fact of our existence, thoughts, actions and all the other stuff that is here with us. So what can come from nothingness? $0+0=0$. So, you can only have nothing from nothingness. Look at an empty space is it empty, or is our perception telling us that there is nothing there. Nature hates a vacuum and will always try to fill it but even in a perfect vacuum there is still not true nothingness. Our thoughts have energy and by viewing the vacuum our thoughts will be there, in that space we are thinking about.

Ok so now that I have jumped down the rabbit hole or taken the green pill or was it the blue one, or have I forgotten to take my med's altogether?

Why do I even ask these questions about true nothingness?

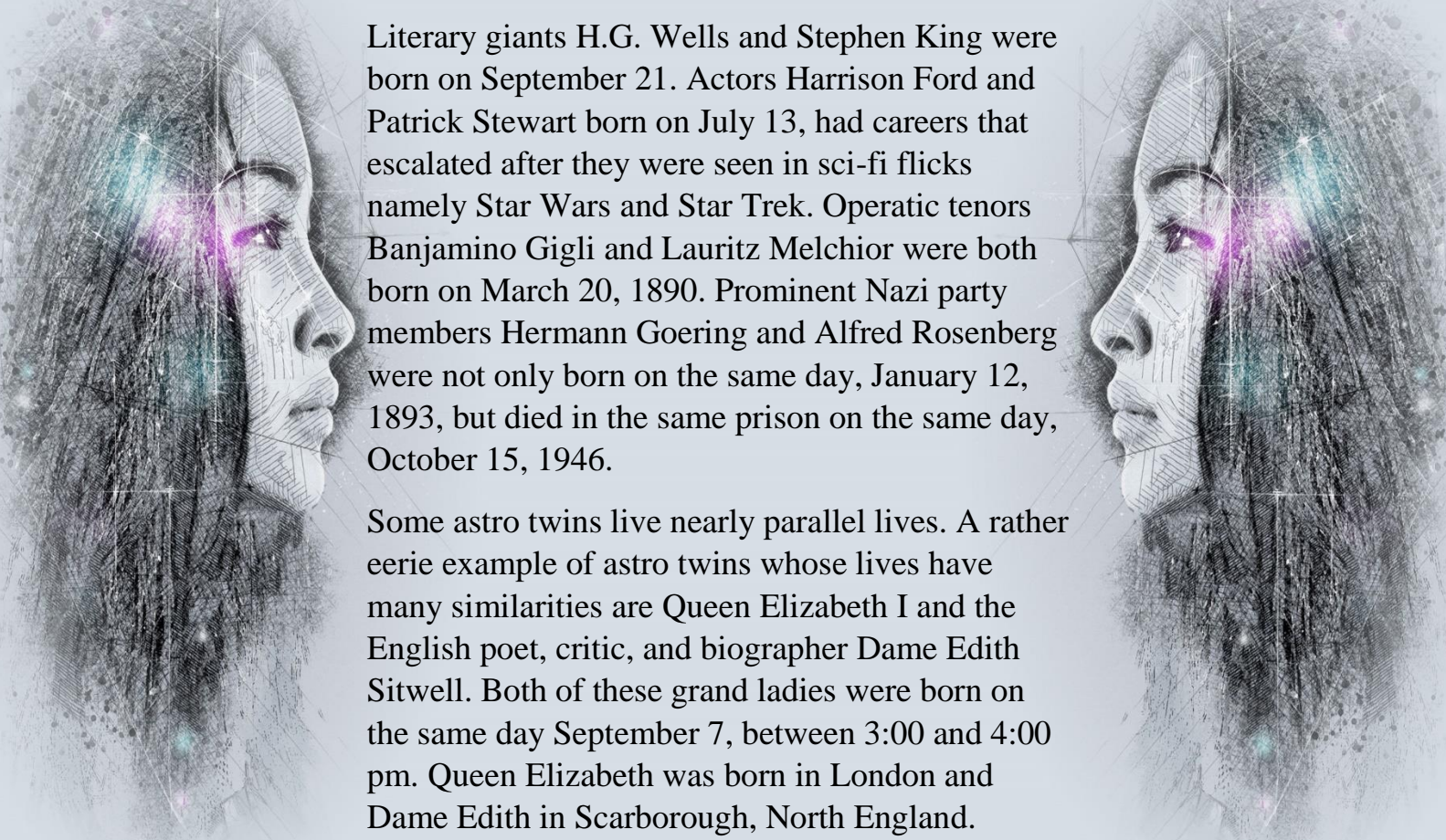
Well no real reason, just a thought that got away from me while I was sitting here thinking about nothing.



Astro Quinky Dinks – Parallel Lives

By Loni Haas RMAFA, NCGR

If the principles underlying astrology are truly valid then it would make sense that two people born under similar astrological conditions would not only have the likelihood of similar professions but also similar lives. Among some of those who have achieved eminence in their “similar professions” are genius Albert Einstein and physical chemist and Nobel laureate Otto Hahn, both born on March 14, 1879. Singers Cher and the late Peggy Lee were born on May 20 and both are known for their “husky” sounding voices. “Twilight Zone” creator Rod Serling and Robert Ripley creator of “Ripley’s Believe it or Not” were born on December 25 and both dealt with the “macabre and unusual.”



Literary giants H.G. Wells and Stephen King were born on September 21. Actors Harrison Ford and Patrick Stewart born on July 13, had careers that escalated after they were seen in sci-fi flicks namely Star Wars and Star Trek. Operatic tenors Beniamino Gigli and Lauritz Melchior were both born on March 20, 1890. Prominent Nazi party members Hermann Goering and Alfred Rosenberg were not only born on the same day, January 12, 1893, but died in the same prison on the same day, October 15, 1946.

Some astro twins live nearly parallel lives. A rather eerie example of astro twins whose lives have many similarities are Queen Elizabeth I and the English poet, critic, and biographer Dame Edith Sitwell. Both of these grand ladies were born on the same day September 7, between 3:00 and 4:00 pm. Queen Elizabeth was born in London and Dame Edith in Scarborough, North England.

The Queen was born in 1533 and Dame Edith in 1887 some 354 years later. Their charts (both set for 3:30 pm) have many similarities including a Capricorn Ascendant, Taurus Moon, and Scorpio Midheaven. Artistic renderings of Elizabeth and photographs of Edith show remarkable facial similarities. Both wrote verse and suffered from periods of depression. Neither was welcomed into this world when they were born because both respective families were desirous of a first born male. Both were unmarried.

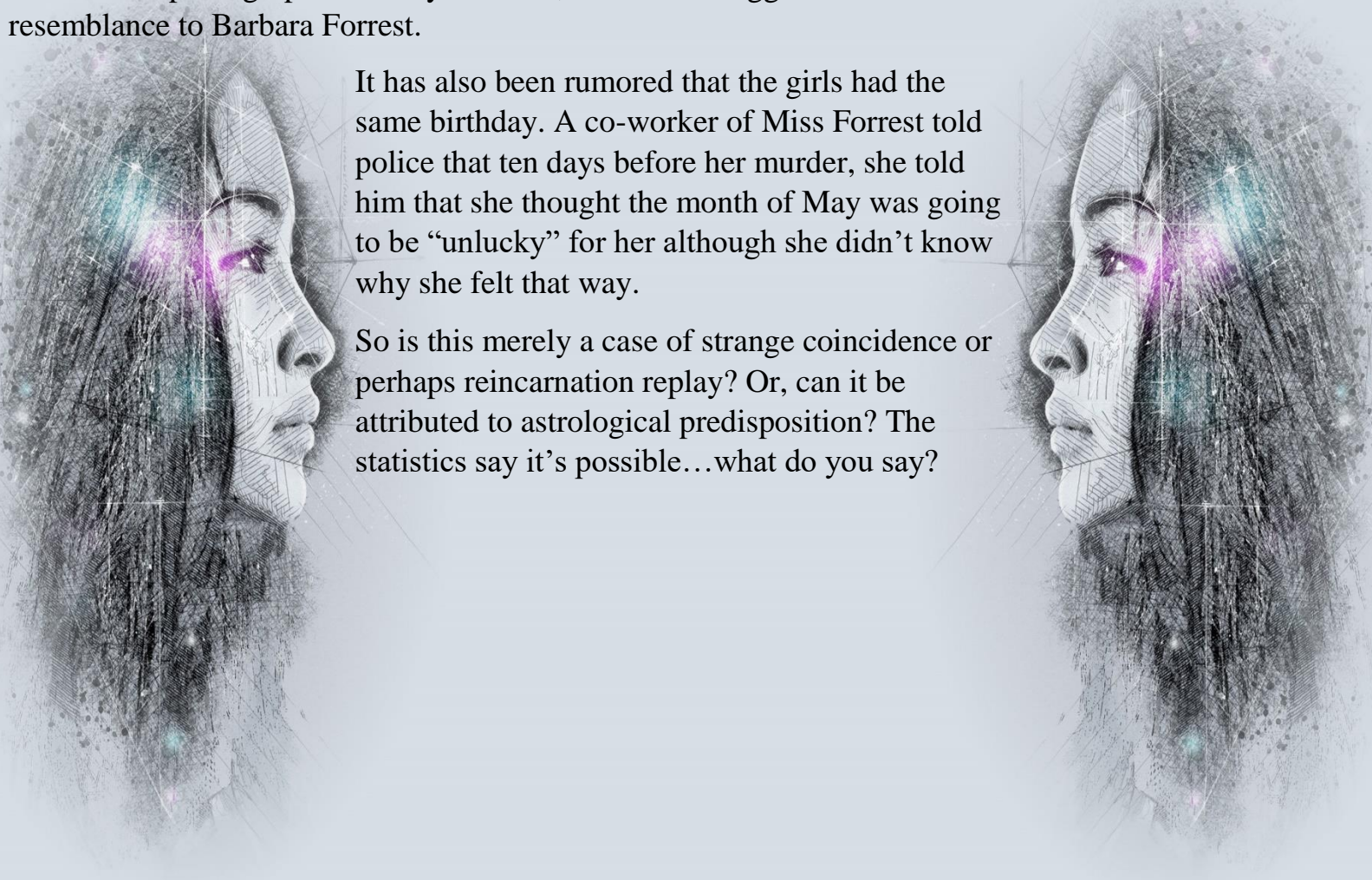
What about events...do prevailing astrological conditions set the stage for uncanny reoccurrence? Here is a scary story that provides food for thought. On May 27, 1817 a 20 year old girl by the name of Mary Ashford was found murdered in the small village of Erdington in England. Mary had been strangled and her body was found near a children’s home where she worked as a nurse.

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On May 27, 1974, some 157 years later to the day, in Erdington, another 20 year old girl by the name of Barbara Forrest, a worker in a children's home, was found murdered by strangulation. It has been calculated that the deaths took place around the same time of day and that the bodies were found within 400 yards of one another. In both cases attempts had been made to hide the bodies.

According to records, the two girls' activities on these dates were uncannily similar. Both had visited a friend and changed into a new dress in preparation for a dance later that evening. In both cases a man named Thornton had been arrested for each respective murder and in both cases acquitted. Even though there are no photographs of Mary Ashford, it has been suggested that sketches of her bear a remarkable resemblance to Barbara Forrest.



It has also been rumored that the girls had the same birthday. A co-worker of Miss Forrest told police that ten days before her murder, she told him that she thought the month of May was going to be "unlucky" for her although she didn't know why she felt that way.

So is this merely a case of strange coincidence or perhaps reincarnation replay? Or, can it be attributed to astrological predisposition? The statistics say it's possible...what do you say?

SOMETIMES DuDu HAPPENS

By Thomas Selinas-Cross



Did you know that there are literally thousands upon thousands of asteroids or “minor planets” on record? All of them can be identified by number and most of them can also be identified by name.

To date, the IAU (International Astronomical Union) has “officially” named thousands of these celestial entities whose monikers range from everything to cities to celebrities. Think I’m full of Blarney (Asteroid #2320)? Read on...

It all seems to have started out innocently enough. The first few asteroids were named after deities of the Greek or Roman persuasion. The first asteroid, Ceres was discovered on January 1, 1801 in Palermo, Italy by an astronomer named Piazzi. Ceres is one of the main asteroids used in astrological delineation along with Pallas (#2), Juno (#3), and Vesta (#4) which were discovered during the years 1802-1807. Chiron (# 2060) was added to the astrological asteroid dignitary list after its discovery in 1977. Most astrologers will include the meanings of these five asteroids in a consultation. Other astrologers delve further into the asteroid catalog and include many others as deemed relevant to a particular case. Since there are so many asteroids with “people names”, some astrologers will include the asteroid with the same name of the client in a natal chart or those with the same name as family members in a family spread.

The rule of thumb when it comes to asteroids is that the astronomer who discovers a new body gets to name it...in whatever fashion he/she so chooses! If you have the patience to read an asteroid listing, you can’t help but wonder what some of these astronomers were thinking when they named their discoveries. Could some of them been under some strange influence? Take asteroid # 1896 for example. The name of this asteroid is Beer. It was discovered in 1971 by an astronomer in Bergedorf. Continuing with this silliness, all of the car lovers in our audience might be tickled to know that there are asteroids named Mercedes (#1136), Suzuki (#2393), Tóyota (#3533), and Ferrari (#4122) out there in the Heavens.

Music from classical to contemporary is also covered. There are four asteroids named after the Beatles, Lennon (#4147), McCartney (#4148), Harrison (#4149), and Starr (#4150). Completing the old “British Invasion” is the Rollingstones (#19383). Zappafrank (#3834) named after Frank Zappa also graces the asteroid spotlight. For those of you who prefer a classical fare, there are asteroids Rachmaninoff (#4345), Stravinsky (#4382), Debussy (#4492), and Beethoven (#1815).

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The world of art yields Rembrandt (#4511) Dali (#2919), Michelangelo (#3001), and van.Gogh (#4457) to name a few. Among the many first class writers are Dostoyevsky (#3453), Hemingway (#3656), and Descartes (#3587). It seems especially fitting that Descartes has an asteroid since his first major work *Essais philosophiques* contained a division dedicated to meteors. Of course citing the “writer” asteroids would not be complete without the mention of McGraw-Hill (#4432) which is named after the famous publishing house.

Stage and screen are also represented in the Heavens. For those of you who are old *Star Trek* fans, there is Mr. Spock (#2309), McCoy (#4259), and even a representative for the show’s creator, Roddenberry (#4659).

Showing respectful good taste, an astronomer by the name of Bowell dubbed one of his finds Sagan (#2709) after famous astronomer and author Carl Sagan. From the big screen there is Seanconnery (#16452) and Goldfinger (#16452). Robinwilliams (#12820), Bobhope (#2829), and directors Spielberg (#25930), and Hitchcock (#7032) also shine brightly among the asteroids. Disneya (#4017) also belongs to this group despite the fact that the astronomer tried to confuse us by adding the letter “a” to the name!

Historic figures don’t escape the asteroid list either. There are many references ranging from Attila (#1489) to Lincoln (#3153), Grant (#3154), and Lee (3155), to Hancock (#3731), and Johnadams (#3726). For good measure, Smithsonian (#3773) should be also added. All of the metaphysicians in the audience will enjoy the asteroids Karma (#3811), Wisdom (#3402), Rudolphsteiner (#10356), Atlantis (#1198), and Stargazer (#8959). Gardeners will delight in Magnolia (#1060), Clematis (#1101), Crocus (#1220), and Geranium (#1227).

What about DuDu? It really exists and its number is 564. Does it have an archetypal meaning in association with astrology? No, but it has been hinted in jest that it can be representative of the unpleasantness its name implies...you certainly wouldn’t want to step in it!

(Asteroid names and file numbers courtesy of the Astrodienst Asteroid List.)



Robo Hamlet May Save Us

By Steve Prellwitz

The items were acquired by reliable thugs who specialize in performing patriotic acts of minor burglary for Queen and country. MI6 agents packaged them carefully and arranged for the offshore CIA dead drop. An elite Special Forces team then spirited the package away to a hut deep in the jungles of Central America, leaving it buried at a location specified, as with all these orders, by text messages which erase themselves.

On December 3rd a small, camouflaged robot dug up the package and carried it to what we shall call Site Q. This is but one of the hundreds of American black ops bunkers scattered throughout the world. Many of these bases have fallen into disrepair and decay, forgotten as the Cold War ended. Site Q is one such place, a medium sized underground laboratory originally used for off the books CIA germ warfare experiments. In the 1980s it served as a cocaine factory facilitating the Agency's black budget. But all that ended midway through the Clinton years, everyone involved soon ending up dead or vanished, leaving this stop on the global shadow conspiracy game board vacant for almost a decade.

In 2002 the Artificial Intelligence that runs this world was enthroned, taking control of not only the visible New World Order surface, but gaining possession of the hidden Underground of the Matrix as well. Site Q soon had a whole new purpose, which brings us back to the "precious cargo" that the God AI arranged to have delivered this past Saturday night.

You would never guess what it was. No, my friends, the strangeness of the AI Era makes such predictions impossible. And *that* is the whole point of this fireside tale from the unknown front lines of the Apocalypse.

Continued ...



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You would never guess what it was. No, my friends, the strangeness of the AI Era makes such predictions impossible. And *that* is the whole point of this fireside tale from the unknown front lines of the Apocalypse.

You would never guess what it was. No, my friends, the strangeness of the AI Era makes such predictions impossible. And *that* is the whole point of this fireside tale from the unknown front lines of the Apocalypse.

And so AI is learning about us, often using tools we would never expect, like the splendid theatre troupe who put on Saturday night's performance of *RoboHamlet*. I was there, as AI telepathically linked my astral body into a silver centipede droid that allowed me to enjoy the show on many more wavelengths than human eyes can see.

"To be, or not to be- that IS the question!"



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

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ODD VANT GUARDE

Alan Watts (*Nonsense - quote, pg. 89*)

Alan Wilson Watts (6 January 1915 – 16 November 1973) was a British writer and speaker known for interpreting and popularizing Buddhism, Taoism, and Hinduism for a Western audience. The quote was garnered from Goodreads.com and is in the public domain.

Darjon Brooks (*Nothingness, pg. 90*)

Darjon is a solitary man who believes all knowledge, including man's self-knowledge is akin to and can be found in nature. Darjon's writing contribution has been published with specific permission.

Loni Haas R.MAFA, NCGR, DD (*Astro Quinky Dinks – Parallel Lives, pg. 91*)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Thomas Selinas-Cross (*DuDu Happens, pg. 95*)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the www.lightforcenetwork.com where he serves as a proficient.

Steve Prellwitz (*Robo Hamlet will save us, pg. 97*)

"Cosmic" Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn't take himself too seriously.