



DISCERNING MINDS



Premiere Metaphysical Quarterly For The Abstract Enthusiast

SACRED SCIENCES * ESOTERICISM * ARCANA * CREATIVE THOUGHT * PHILOSOPHIC TRENDS

VOLUME 16

WINTER 2021

What's Your Perspective?



Cover Design: Kim Tsiang

Background Image Dvarg @ 123rf.com, Clipart: Cleanpng.com
© © Light Force Network Media

What's Your Perspective?

Don't judge a book by its cover, rather, by what you uncover.

Discerning Minds Metaphysical Quarterly is a literary E-Zine designed to stimulate awareness, rouse curiosity and inspire thought processes as well as inform. All articles and postings are original and belong to those who have created them and while Discerning Minds does not necessarily agree or advocate presented subjects, it does acknowledge the rights of those who choose to showcase their personal ideologies, research, experiences, creativity and numerous points of view. All authors are responsible for their own "works and words." Discerning Minds has explicit permission in all cases to publish the works of contributing authors. Discerning Minds is a free publication that is ad free, does not solicit donations or sell products or services.

Readers and subscribers of Discerning Minds are solely responsible for the personal usage of any and all published information presented herein. Readers and subscribers should not treat such presented information as medical advice, psychological advice, legal advice, or professional advice of any other sort.

All licensed artwork has been acquired from 123rf.com, pixabay.com and unsplash.com unless otherwise noted such as in cases of contributed personal works of art or photography.



© DISCERNING MINDS Ad Continuum

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher. For information about this publication contact our source email: editor.discerningminds@gmail.com.

DISCERNING MINDS is a subsidiary of Light Force Network Media

MIND TEAM

→ TAKING AIM ←

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact editor.discerningminds@gmail.com with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. **Only original** articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

Content sections are:

The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, personal meta-musings.

A Matter of Spirit – Esotericism, Higher Mind, Karma/Dharma, miracles, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

Body Temple – Alternative health, holistics, ancient and new healing, mind methods, auras.

Phenomena Files – Paranormal, extranormal, ultra-normal and unexplained experiences, Parapsychology, cryptids, UFOs, curses.

Arcanus Obscurum – Ancient theories, magical arts, magery, crystals, symbology, shamanism, hermetics, alchemy, visions, Kamea, divination, secret societies, brotherhoods, angels and daemons, obscure deities.

Sacred Sciences – Metaphysical, Mastership, Astrology, Cosmobiology, channeling, Numerology, Palmistry, Runes, prophecy, pendulum, crystals, animal totems, OBE, Qabalah, Tarot, quantum, psychism, codes and cyphers, conspiracy theories, meta-history, alternative paths.

Creative Musings – Original artwork, poetry, prose, fantasy tales, stories with morals or messages.

Odd-vant Guard – Atypical, curious, paradox, eccentric or uncanny chronicles and yarns. Quirkology.



PUBLISHER

Light Force Network Media

DEVELOPMENT

Waden Jensen

Sanjay Practi

RESEARCH/MARKETING

S.A. Osier

Syd Sydney

DATA EDITORS

Trish DeMarco Bullock

Enka Johanssen Constantino

Kim Tsiang

STAFF SECTION MANAGERS

“The Human Condition”

Daria Novicki Ph.D.

“A Matter of Spirit”

John ‘Salaam’ Solis

“Body Temple”

Lynda Lidel Harley

“Phenomena Files”

John Holbrook P.S.I.

“Arcanus Obscurum”

Marco X. Mascolo

Eliana Rosini Mascolo

“Sacred Sciences”

Anne Drake Sydney

“Creative Musings”

Marique Quinn

“Odd-vant Guard”

Oscar ‘Trashman’ Corelli



MIND MAP

THE HUMAN CONDITION

2. *Doors Half Open*
3. *Rotten Apples*
4. *Condescending Horsesh*t*
6. *A Halo and Two Horns*
7. *Shut Your Mouth!*
9. *Author Bios*

A MATTER OF SPIRIT

11. *A Final Summation*
12. *The Effects of Living by a Double Standard*
15. *Ask the Guru*
18. *The Beautiful Prayer*
19. *Getting Real*
22. *Author Bios*

BODY TEMPLE

24. *Yoga Heartsongs*
25. *Wearing Your Ascendant Stone for Health and Well-Being*
33. *Alternative Cosmic/Chakra Rulerships*
36. *Ophiuchus the Healer*
44. *Joan Grant – Early Pioneer in Past Life Regression Technique*
45. *Author Bios*

PHENOMENA FILES

47. *The 3 Types of Terror*
48. *People and the Paranormal*
53. *Paranormal Q & A*
57. *Humorous Reason*
59. *Parapedia – “Indrid Cold”*
61. *Author Bios*

ARCANUS OBSCURUM

63. *Dark Circus Passage*
64. *Egyptian Days*
66. *Goddess Moon*
69. *The Jerk Avoidance Spell*
70. *Make a Wish*
71. *Author Bios*

SACRED SCIENCES

73. *Incomposites*
74. *The Soul of Astrology*
75. *What If? Parallel Roads*
78. *Meta Quiz – Edgar Cayce*
79. *The Reason*
80. *Author Bios*

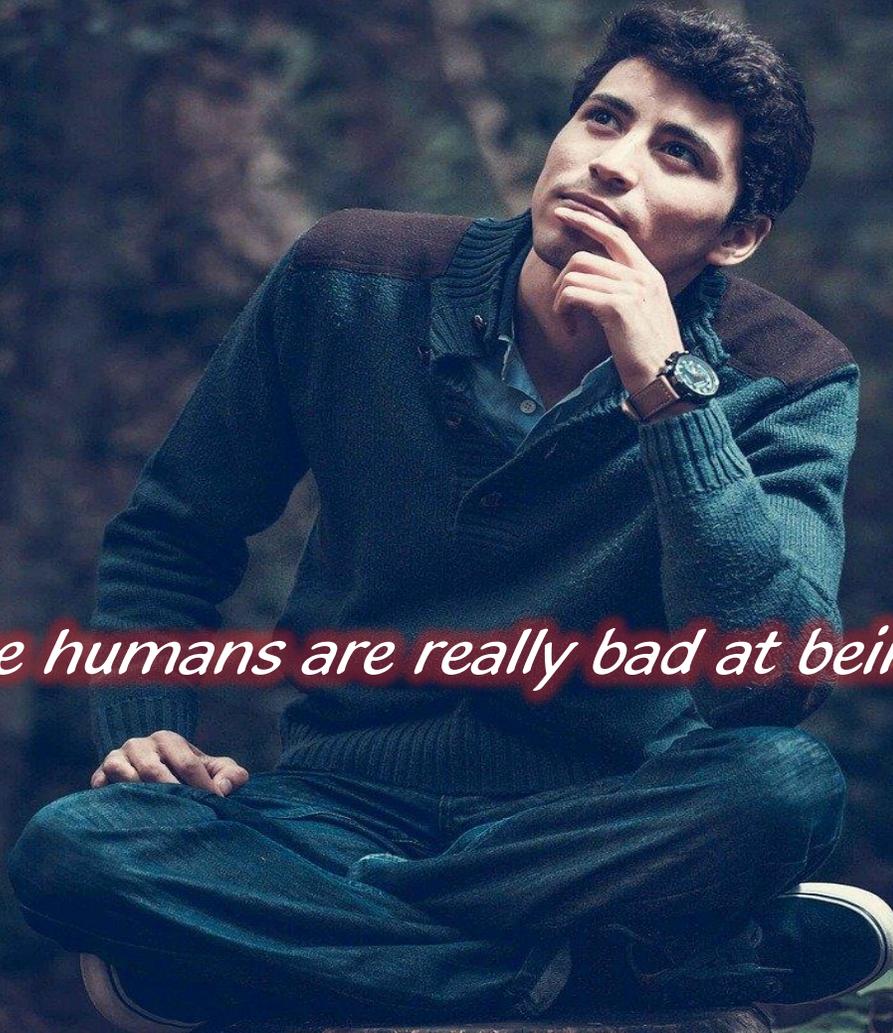
CREATIVE MUSINGS

82. *Andy Gill Art Gallery pgs. 82-84*
85. *Beth Faraglia Art Gallery pgs. 85-87*
88. *Sserwadda Remy Art Gallery pgs. 88-90*
91. *Edward Milburn Design Gallery pgs. 91-93*
94. *Dee Stebbins Poetry Gallery pgs. 94-95*
96. - 98. *Author Bios*

ODD-VANT GUARD

100. *Birdle Burble*
101. *What’s Up Fiona?*
105. *Gnome Gnosis*
108. *Meaninglessness Yields the Profoundest Meaning*
109. *New Year’s Eve ABSOLUTIONS*
112. *Author Bios*

The Human Condition



"Some humans are really bad at being human."

Section Managing Editor –Dr. Daria Novicki

© Discerning Minds 2021

Image by Carlos Alvarenga, Cover Design: Kim Tsiang

Quote: Scott Mescudi @ LiveLifeHappy.com

DOORS HALF OPEN

By Dee Stebbins

I walk around alone in the shopping center.

I smile at a stranger,

They don't even notice.

You say hi and they walk on by.....

When did people all die?

I go to a small coffee shop,

Enjoy a dark roast. Take in the warmth of the cup.

Pick up the paper, read the headlines!

More snow tomorrow!

More about the war

Another shooting in a school, lines the paper.

Did you really want to know?

A supervisor at your job asked you how you are and why you're low.

Remember to smile and compliment them,

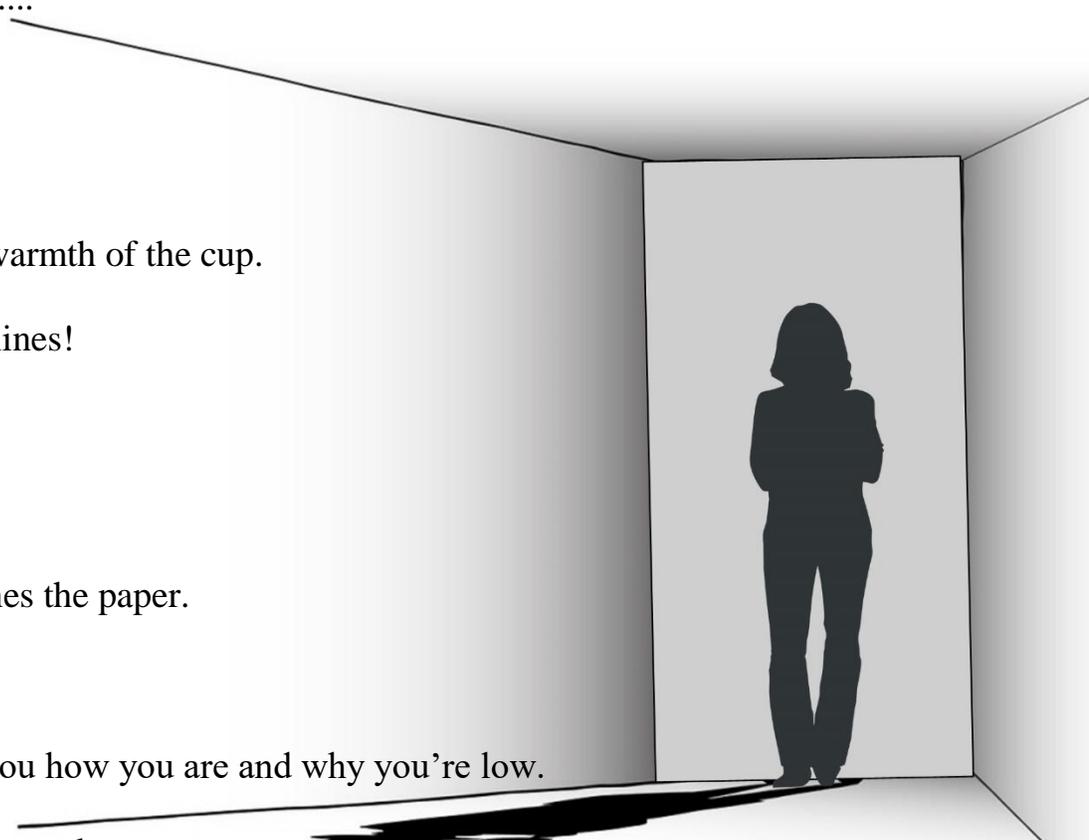
They really don't want to know.

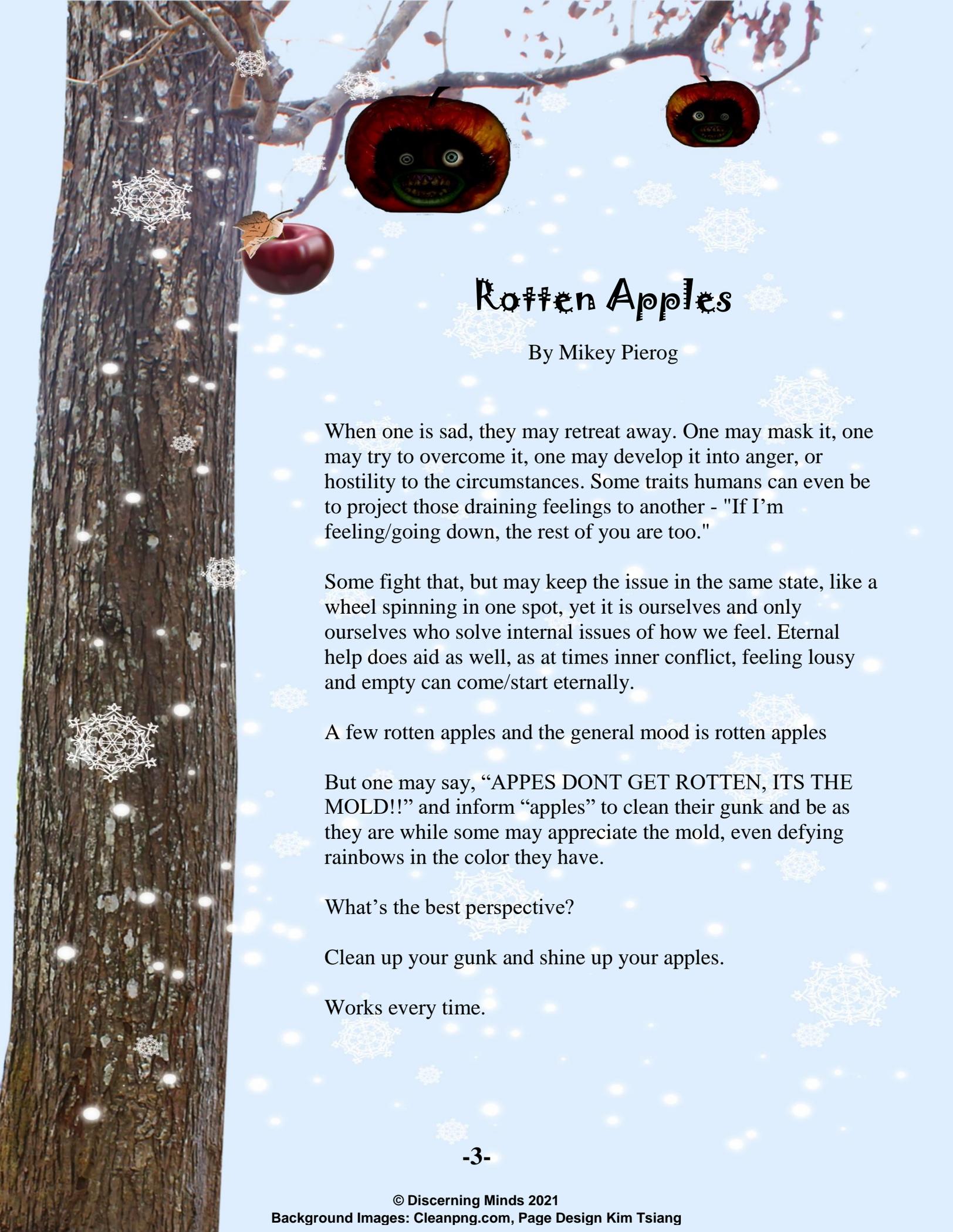
You must talk bull! Don't be honest,

Or you're unemployed.

Isn't it a shame! No one wants to know your name.

Hey you! ... Play the game! It's all the same.





Rotten Apples

By Mikey Pierog

When one is sad, they may retreat away. One may mask it, one may try to overcome it, one may develop it into anger, or hostility to the circumstances. Some traits humans can even be to project those draining feelings to another - "If I'm feeling/going down, the rest of you are too."

Some fight that, but may keep the issue in the same state, like a wheel spinning in one spot, yet it is ourselves and only ourselves who solve internal issues of how we feel. Eternal help does aid as well, as at times inner conflict, feeling lousy and empty can come/start eternally.

A few rotten apples and the general mood is rotten apples

But one may say, "APPES DONT GET ROTTEN, ITS THE MOLD!!" and inform "apples" to clean their gunk and be as they are while some may appreciate the mold, even defying rainbows in the color they have.

What's the best perspective?

Clean up your gunk and shine up your apples.

Works every time.

Condescending Horsesh*t

By Jonathan H. Corelli

For the past 4 years, metaphysicians and spiritual counselors have been warning people about their weakened resistance and the resulting rapture “catch and hold” doled out by the politico-media Vulcan Mind Meld. There are only a few not caught up in its grip who saw it coming, tried to warn people and then got ignored. The fear laden mantras of hate and vengeance for the “other guy”, the guy who thinks differently and doesn’t agree with you easily and with great skill got you in its grip. We have a divided country with people even more angry and unwilling to reconcile than ever before. The media puts its intentional agenda out there and we the people bought it hook, line and sinker. A precedent was set. All this discord and for what? Politics? Really? REALLY?!

The winning side (if you want to call it winning) now wants peace and unity. How are they approaching this? Either with angry platitudes of “suck it up” or condescending rhetoric that would turn even the mildest mannered individual off. Once a precedent such as this is set neither side is likely to roll over and play dead or roll up a joint, sit in a circle and sing Kumbaya.

Why is it this way you ask? Fear and mistrust for that other side. That side that called you names, doxed you, made attempts to ruin your businesses or threatened your family and even accosted you in public. Now we are offered a messiah-like individual who will rule us and make everything right and bring unity. In reality this individual can’t accomplish jack sh*t in that regard. It’s a dog and pony show – insincerity and wool pulling at its best.

Who can?

You can, because at the end of the day YOU are to blame because you allowed yourself to get embroiled in and mesmerized by what you were told and believed at the time. You still believe it too.

Continued ...



Continued ...

It was very clever – you never saw it coming and it brought out the worst of your self-righteous animal instincts. Once that happened, it became easy for you and everyone else to be controlled and to stay under control and continue playing the blame game.

You got that? You are under control. You allowed it.

No one pseudo messianic individual can fix it.

The government can't fix it.

Your shrink can't fix it.

Your preacher, rabbi or spiritual counselor can't fix it.

The Collective Majority of which you are a part can fix it but only if you realize that you stepped into one of the best and most evil bear traps of all time.

Funny thing those “precedents.” They don't like to go away.

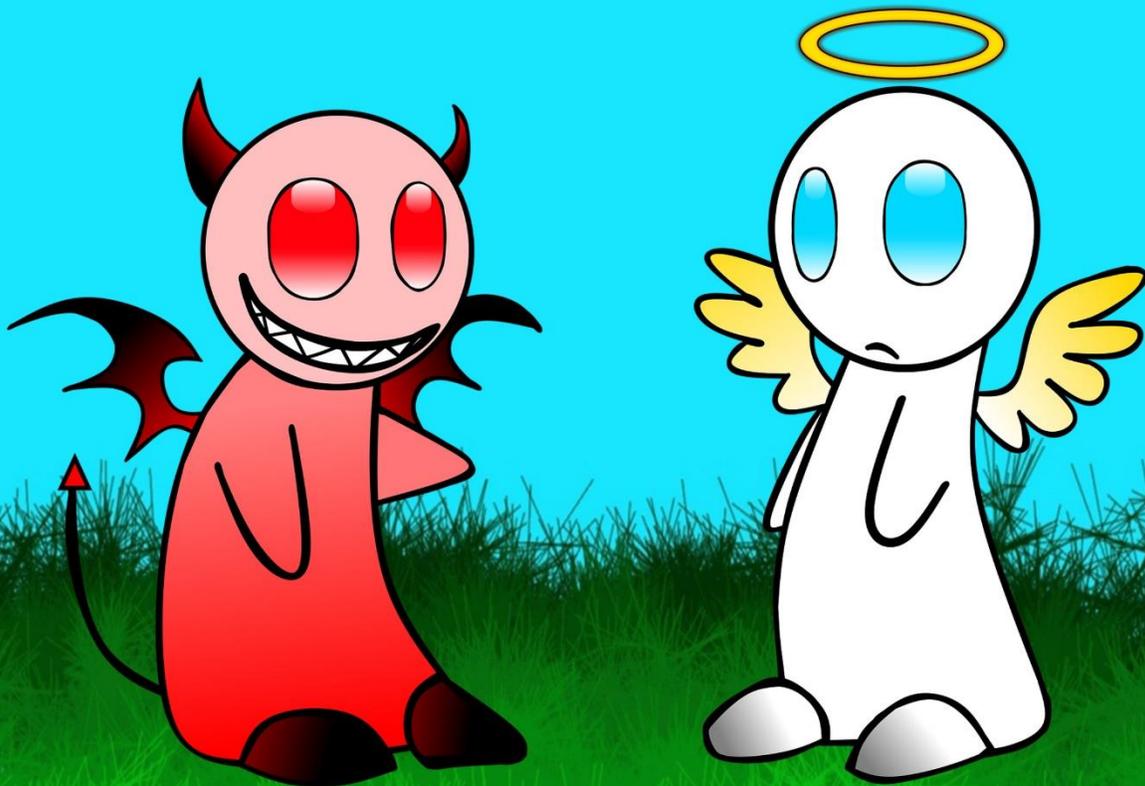
It's no fun stepping into a pile of Horsesh*t is it?



A Halo and Two Horns

By Alchemycal Proetry

My Conscience told me not to do it -
But I did it anyway.
My Spirit said, "Revolution equals Evolution" -
"10 more Soul points earned today!"
My Consciousness said, "Find the balance ...
What you give is what you'll get."
Logic piped, "You'll look like a damned fool!"
Karma replied, "And don't you know you'll add a debt?"
My Defiance said, "Who cares?"
"I did what I deemed right" -
My Ego backed it all the way -
My Pride stepped in the fight.
My Memory showed me similar times -
When human judgment failed.
Pictures replayed in my mind -
So simple was the Path derailed.
I fretted over choices made-
Burdens, disappointments, intimidated by Self scorns-
Until My Humor smiled and said, "NO worries spark ...
Every Soul who's ever born, sports a Halo and Two Horns!"



Shut Your Mouth!

By Jenna Wade Shaugnessy

What kinds of things, if any, should be censored and who should do the censoring?

According to Wikipedia: *Censorship is the suppression of speech, public communication, or other information, on the basis that such material is considered objectionable, harmful, sensitive, or "inconvenient." Censorship can be conducted by governments, private institutions, and other controlling bodies.*



Censorship has been around as long as there have been people. Let's face it, people do have a tendency to want to express themselves freely. Looking back at Ancient Roman and Greek societies, censorship was looked on as 'honorable' since it helped shape the moral character of its people, moral character being defined as *the existence or lack of virtues such as integrity, courage, fortitude, honesty and loyalty. In other words, it means that you're a good person and a good citizen with a sound moral compass.*

Socrates, ended up being one of the earliest victims of censorship, as he was sentenced to drink poison in 399 BC for impiety and corrupting the youth. Almost 2500 years later, the censorship debate remains strong. It's a discussion that occurs almost every day in our media, schools, and libraries and in popular culture, and with this debate arrives a host of Socratic questions on both sides of the argument.

The first amendment comes up often in debates around censorship. It allows us the Constitutional right to free speech and free press, but it does have its limits. - <https://www.nhpr.org>

This brings me to the topic of metaphysics and spiritual values. In today's cancel culture and certain political agendas, critical thinking taught by and provided by metaphysics and good human values taught by and supported by spirituality have become dangerous enemies. Metaphysical philosophers and spiritual leaders are under the gun and being dismissed and removed without a trace by social platforms and other media venues. It happens more and more every day.

To think for yourself, evaluate and discern media material presented publically every day is a crime that must not only be stopped but silenced.

Continued ...

Continued...

Forever.

After all looking within and recognizing good old fashion right from wrong just might be detrimental to your ego ... worse, it might even make you feel guilty and doubtful about your current mode of thinking. It might even cause you to step away from your current course of action and leave that manipulative mob where you hang out.



You know, that mob that tells you to hate and then HATE some more because there is never enough hate for others who aren't following that self-righteous, self-glorified, win at all costs mob that you revere. Hiding behind the excuse that it's all opinion and you have a right to express it is getting a little old now and obviously has reached moot status.

So here is a question for all of you connoisseurs of hate. What does it get you in the end? What did you gain? What did you REALLY gain? I'll tell you what you will gain in the near future. The grand prize is a hole and a shovel so you can keep digging yourself in deeper into despair and misery, alone and disrespected and untrusted by others. You will keep being lied to and manipulated. Some will realize it but only after it is too late and Third World Status and the misery it brings is upon all of us. And you chose it because you have lost your sense of reasoning. But keep convincing yourself that you are in the right and in the light.

Maybe you just forget how to spell the word

S-T-U-P-I-D.

I didn't and I won't shut up either.



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



THE HUMAN CONDITION

Dee Stebbins (*Doors Half Open, Pg. 2*)

I started writing poetry in my early 20s, life motivated me to write. I love flowers and doing floral arrangements, I love to plant things. I like walking, reading, sci-fi and romance novels and mysteries. I like movies. I grew up in a small town in Illinois, and am an only child. I have diamond doves which I am raising. They are very small doves the size of parakeets. They are bluish gray with white dots on their wings and orange eye circles around their red eyes. I love raising doves, they are so cute. I love to bird watch as well, and walk on the trails birdwatching. Birds are my favorite of God's creatures.

Mikey Pierog (*Rotten Apples, pg.3*)

Mikey hails from Canada. He says: "Living closer to nature was always my ideal life, from joining scouts as a teen and camping as a young adult, I found my peace there. I was never into writing as a kid but as I grew older I found there was an artistic beauty in poetry. That became a hobby in my spare time, while working or in play certain thoughts cross the mind and I try to save them either to share or grow from of them." Mikey is an administrator and Manager on <https://www.lightforcenetwork.com/>.

Jonathan H. Corelli (*Condescending Horsesh*t, pg.4*)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."

Alchemycal Prosetry (*A Halo and Two Horns pg. 6*)

A Halo and Two Horns is presented with permission by Lydia Forrester of Alchemycal Proetry, a group of freelance and sometimes anonymous alchemical writers who enjoy expressing their thoughts in poems and prose and advancing ancient food for thought in modern times.

Jenna Wade Shaugnessey (*Shut Your Mouth! pg.7*)

Jenna is a private energy healing novice who was born into a very psychic family. She inherited the ability to channel from her mother who was a highly gifted psychic. She lives on a ranch/estate in the southwest, USA with her Tabby cat Kinpa. Jenna has a head for "numbers" and has several degrees and dual degrees in accounting, business and administration and business law. She enjoys writing and cooking.

A Matter Of Spirit

Harmony is something we must have with others, but it must start inside us first. – King David

Section Managing Editor – John “Salaam” Solis

© Discerning Minds 2021

Image by jmorton20090 from Pixaby.com, Cover Design: Kim Tsiang

Quote: King David @ azquotes.com

A Final Summation

By Don Hauck

*You can search, and many do, the rest of your life trying to find
God.*

The truth is, you are wasting your time.

A finite mind cannot possibly understand the infinite.

While the infinite does understand the finite mind.

*The only thing that seems to make a difference and have value -
Is NOT refraining from saying or doing things because you are
afraid of being wrong or punished but because you fully understand
that if someone did that to you, you would not like it, so, you are not
going to cause that to happen to others.*

Worry not about words but about their meaning.

The Effects of Living by a Double Standard

By Matt Sharpe

Double standard ...

When a person does this every single day, they tend to lose all credibility they ever might have considered themselves to have had. This is because the claims such a one so often accuses others of, he himself is also guilty of, making the constant accusing a pointless venture to any who watch it happening. Often this happens due to an inability to openly self-examine and be self-critical. That characteristic brings about and makes obvious the characteristic of being in denial and being self-deluded. All of these qualities while remaining utterly invisible to the one doing them, become extremely obvious to others who read the material put online by the previous category.

When one makes demands of others that he himself refuses to abide by, that creates a double standard. It also demonstrates very clearly the level of dishonesty and deceit being openly promoted. People who come upon such a thing if they are themselves honest, note the changing conditions that the writer of such words uses in their spiel. That double standard denotes a lie in any and every case that it happens. In many cases one who looks will find that there may be many further lies beyond the opening incident. And the harder the one who tries to sell the idea tries to defend what he has said, the more he makes himself look ever more dishonest, even if that one refuses to see or admit it.

Of course in the weaving of the deception, its creator generally cares much how the public perceives what he has wrought, it being a manifestation of that one's hubris. That person may also not care in the least just how far they have to go to weave the fiction of their choice as being believable, and they will insist upon what they have claimed, without any evidences, time and time again.

Continued ...



Continued ...

One who is within the stranglehold of his ego will do whatever they must to avoid facing the truth that stands just before them, often looking elsewhere to make certain they never have to directly focus their eyes upon their creation. Pursuing such activities for a long enough time undoubtedly brings negativity into that one's life, and each attempt they make to justify, or add to their creation, becomes naught but a weight they will carry around their necks until the day where they gain the courage to face what they have created and admit to it, nullifying it completely. Such an action is not one that happens often, as generally speaking such persons haven't the inner strength to look into the mirror straightforwardly, at an unadulterated picture of the truth of themselves. This can be an individual's hardest choice to make, and it often is neglected and ignored, and the potential benefits for growth lost entirely.

Anytime a person speaks of and lives by a double standard of ANY sort, it becomes self-evident that it is dishonesty, even in a case where an individual is unaware of this. At times even the unaware living by a double standard can do damage to others and cannot be excused. It is ALWAYS an individual's responsibility to discern such things as well as to know the difference between them. That is merely one aspect of the growth of awareness, often referred to as spiritual growth. The awareness of the acceptance of a double standard as well as the ability to rightfully discern one from its opposite relate directly to one's state of awareness or consciousness and to the manner with which they interact with, and treat others.

The easiest to identify trait of one such as this, who lives by, and reacts to others through a double standard, is a hypocrite. No one enjoys being called one, and yet some folks still insist on being one, despite the fact that they refuse to ever admit it. This makes one wonder if they're doing it on purpose or are really that lacking in intelligence. It can be difficult to discern at times and even unbelievable. When one encounters such things in life, many might be best served by not interaction with such persons and keeping all inroads closed to them, that no such person can find a way to benefit by you from your openness.

Continued...



Continued ...

Others might find it necessary to confront such people openly so as to declare the truth of what they are doing, before removing their ability to do it, as well as to warn others that have not yet encountered the negative aspects that such persons most often bring with them. It does require a steadfast character as well as great amounts of patience and perseverance to deal with people that use these techniques to vampire on others.

Generally, the best defense is to remain open and aware, so as to recognize this type of behavior before one is drawn headlong into its middle, and then to become detached from, and shielded against any individual or groups of individuals that might use such behaviors to their own ends. Refuse to allow yourself to become victimized by such persons, and always pursue adequate avenues of protection and defense so as to protect one's own personal karmic state as well as to fully accept learning potentials and to not waste those to any degree. No one can enter the space of another to perform any negative actions with a negative motivation unless that individual first **ALLOWS** that person to. Remember that!

© Matt Sharpe All Rights Reserved 2021 ad continuum





Dear Guru:

I believe in the Bible and in God's Laws. I also believe that we are all created in His image. Now it seems to me that the Bible is pretty plain and clear in its meaning. And yes, I know all about how the Bible has been changed over the years and how some of it does not seem to apply to modern times and all about the Council of Constantine which selected the writings that composed the first edition BUT there is one thing that seems very curious to me. Most people today have their very own personal view of God and what He expects and better yet what He forgives. Basically they have created God in their image and not the other way around. So, in essence they have created a "graven image" which defies a specific commandment. This type of thought very conveniently relieves them of God's Laws. I'm sure you will not agree with me but - What do you have to say about this curious type of behavior? - Jonas, MA

Namasté Jonas!

In short, I really do not find that type of 'behavior' curious! But you are right - it is their mental image however easily understood. We have to start with the book of Genesis where it is, as you stated, "Created in His image". Keep in mind two major points, the people of those times were not highly intelligent nor had a high degree of spirituality; for the human mind to think, it can only do so in form. Even the language spoken ... word letters and words which had form. My guess is, ask any grade school or high school student how they image God, (or see), and you will get a variety of answers all of which have a form. This is the same reason why pagans created graven images. The same reason why most Christians today still hold to the form Yeshua ben Joseph and refer to Him as God when in fact it was the Spirit within the man that was God. Up until around 1950 there were but a few isolated individuals, from time to time, who wrote books trying to infer that God did not have a form.

Continued ...

Continued ...

Since 1950 more and more individuals are coming to the light and recognizing that God could not possibly have a form. Many of these like to refer to Him as energy, (again the human mind grabs a form; in this case the word energy), to describe Him. Having said that, I would call to your attention that the Aramaic word, (in its original form), which was interpreted many years later to be commandment, actually meant 'guideline'.



You see God gave us free will! Think about that, if I told you come over to my house and you have free will to do anything in it that you wish, but don't do this, don't do that and don't do the other thing, that really would not be free will. God gave us those ten guidelines, four up until then we were totally lost. That is the reason why Cain was not punished for killing Abel. Now if we advance to the New Testament we find the Jewish man, Yeshua ben Joseph, simplifying those guidelines by stating only two. Love God above all things; love your neighbor as yourself! You'll find that if you follow those two you will not go against any one of the ten.

So in summary, I do not see modern man as breaking a specific commandment while he travels his path towards the Light, (enlightenment). I see the human being continuing to evolve in and towards their understanding of their Creator—as the saying goes, “you gotta love them.”

Dear Guru:

I am having an experience that seems to defy explanation and would like your take on it. It is NOT unpleasant but it is strange. For a few months about every two weeks it seems I have this dream (for lack of a better description) where I leave my body, turn into a glowing light form (pale yellow in color) and go to a room where there is a long table and chairs. The room is also light filled. There I meet other light forms of varying colors and shapes and we discuss profound subjects about the Universe. I cannot remember the material but do "feel" strongly that it consists of discussion that is not very earthly in nature. I have no adverse effects from this. Can you shed some light on this? If it is merely a recurring dream I cannot even imagine the psychology behind it! Thank you. Annalisa, WI

Namasté Annalisa,

Actually the explanation can be put in four words however, for the sake of more human clarity of mind; with your permission I will become somewhat verbose. I will have to use some words which are not really accurate but rather the only words available for the human mind to somewhat understand. There was a 'point' where we, ('spirits'), were 'given' an individualized consciousness (awareness) of ourselves.



In that infinitesimal point in 'time', we created what we now consider, 'separateness' from all that is. (We ate of the fruit of the tree of the knowledge. This in turn, created what we call good and evil which in reality is nothing more than the awareness of 'different' and our judgment of it.) These things are nothing more than allusions, ('dreams') which in 'reality' do not exist. What you call color is your awareness of the differences between yourself and others in 'reality.' When you speak of 'you' having a 'dream' it is really the real you, stepping out of the dream and experiencing reality. The color you see, pale yellow, explains what you are to others in reality but when you completely stepped out of the allusions, (which you call 'you' and the physical world you live in) the real you will become aware of all the colors you are rather than the primary color you express to others in reality. (The pale yellow describes the beginning of aspiration.)

Look at the interesting choice of words you use, "we discuss profound subjects about the universe", a discussion about "All That Is" = (God/Allah or any of over 100 different words used to explain that which the primal source of everything is). "It consists of discussion that is not very earthly in nature" = completely unaware of your allusion and into reality... put another way, fully awake and out of your dream which you will be consistently once you do what is referred to on earth as 'die.' For in reality, or truth, we do not and cannot die ... we simply change our experience. Realize this and the real YOU (which is always, has been and will be), that has dreams or has the illusion of itself in the world you live in can have an experience or point of view so that the real 'you' can have these profound discussions with other parts of All That Is. Simply stated in four words, you are experiencing reality!

Allow yourself to feel the joy that is yours for you are blessed!

The Guru

The Beautiful Prayer

By Nikhil Mishra

Originally called “A Beautiful Prayer to say During the Mass” in a French magazine in the early 1900s, this prayer gained popularity during the Second World War and was distributed in English as being the “Peace Prayer of St. Francis.” It wasn’t written by the hand of St. Francis, but by an anonymous writer who was inspired by the spirituality of St. Francis. It contains a powerful message and is recognized around the world.

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen



Getting Real

By Bishop Don Hauck

Let's begin by stretching our mind. When we begin to think of ourselves from a universal point of view, we are actually much smaller to the universe than an atom is to us! With that thought in mind, isn't it a wonder that we can find things which we feel are so important that we need to argue much less fight about. It is a cosmic wonder that we are aware of our existence. And another very interesting perspective is, if you used ratio in proportion, and you took the number of years that the human is known to exist on this planet and the average number of years that a human lives you would find that your lifetime is equal to approximately 12 minutes of time in relationship to the lifetime of mankind. Our size and our lives are so very miniscule! And yet, (the exact wording depends on the version you read) we find in Scripture; "What is man that thou art mindful of him, oh Lord?"

After many years of searching for reasons it appears to me that the ego mind, (carnal mind), is certainly a necessary tool for us to use. Unfortunately while we're are young we are only taught to use that mind and look outside of ourselves for all our needs. If we were lucky, those in charge of us took us to a church on Sunday and sometimes a Wednesday evening, in that way at least we were introduced to another way of thinking. Actually most of the 'churchgoing' was to listen to others who apparently had used their spiritual mind, the only mind which eventually can bring us to peace and joy in our lives. It's the real and the lasting part of us. The ego mind has its job which is to continuously lead us to things and people who will eventually prove out to us their incapacity to bring us to peace and joy. While the people and things in our lives can bring us momentary happiness, they cannot nor will they be capable of leading us to the real peace and joy which lies within ourselves. To reach that lasting peace and joy can only be found in what most people refer to as, "the higher self" not realizing that that self is you your own real self. You cannot hope to find your real self by going from book to book, subject to subject, teacher to teacher or even go to a strange country to find your own personal guru. You can only find your real self when you turn within and begin to follow that path which leads you to your own true happiness.

How many years, how many different things and how many different people must we go through or chase after the acquisition thereof to learn that we are being misled?

Continued ...

-19-



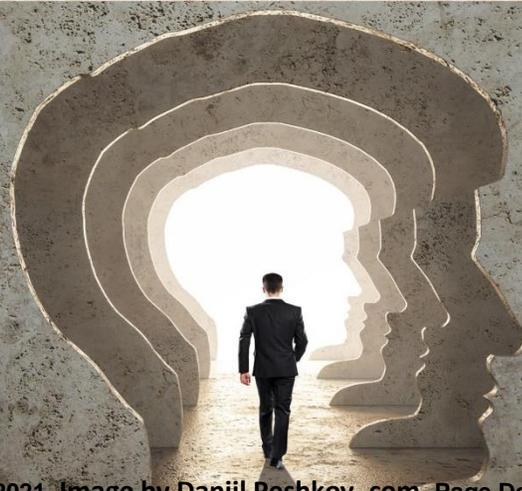
Continued ...

That person place or thing just could not continue bringing us peace and happiness. And it is not because something was “wrong” with them or it. It was simply a matter that our ego became restless again. And it will continue to do so, for that is its job, to lead us out of the ‘darkness’ and into the ‘light’. And lead us from the allusions, into that which is real by dragging us through all which is unreal. How many thousands of years, different people, and different ways of saying it do we need to live through before we open up our hearts and find that with our hearts is the only way we can hope to see or to hear the Truth? And I’m speaking of the truth that is yours; it has been with you since birth and probably from beyond. It’s the truth that seeing you it is the truth that is you, the real you. And yes you are different from every other human being on the face of the earth, you were meant to be. You should embrace that difference rather than being critical of it which is also the same critical factor that you use to criticize other people and things. That criticalness begins to disappear as you begin to stop criticizing yourself. And I’m not talking about that self which most trying to project to other people or tell other people about, I’m talking about that that voice which most here in their heads when they’re all by themselves, alone and quiet and thinking of themselves. That is a scary place for most of us to go in for the most part we avoid and use various means to override that voice. Some choose alcohol or drugs; some choose work and noisy places and when not in them turn the music up loud in their cars or on their iPods. Very few take the time to confront that voice and to search for the truth within themselves. Often they need help with this but are too ashamed or worried to disclose these things to another.

Many times you will find this is the real reason for suicide. And the world is going to be facing more and more of this as it goes on, I fear, because here in America we have allowed God/Allah, (or any one of over 101 different names used to define the creator), to be taken out of our schools and most parents have put aside praying before meals, taking their children to church or in some way instilling in the young minds of their children that there is a great power that is in control of all things and out of love allows us to humans to choose with the free will and in that way we teach ourselves through our errors. Then we take it a step further and say that after all these centuries we should remove the word God from public buildings and yet it was man’s desire to freely express its belief in this God which cause them to make the very, very dangerous voyage across the ocean to discover this land. The chaotic situations of this world, and in the smaller size your mind, will continue until you as an individual take up the task to free yourself from it by turning within and finding your real self, (your higher self), that self which will continue to live beyond the time this world looks at what you call your body and pronounces it dead.

Continued ...

-20-



Continued ...

Know this, you cannot die! You will continue on working yourself through the maze which is a life until you come to the realization, and begin to live accordingly, that all that is was and never will be – still is The Creator; God! Then and only then can you find a piece and the joy that transcends explanation by the human mind. For the human mind only hopes and wishes for it but only the spiritual mind has it. It always has and always will have – think not? Just look at any baby who is healthy, well fed, and comfortable and you will see a piece in the joy that you only wish for. Just maybe there was some truth in the words, ‘unless you become as one of these little ones you cannot enter the kingdom of heaven.’

You sincerely want to but don’t know how to begin or where to start? There are many around who are willing to help. The way to know the difference is simple, if they lead you to depend on something on the outside of you, be it a religion, a modality of some nature or another person ... RUN AWAY! If that person who is helping you is teaching you how to turn within and depend on the Creator, then you have found a mentor. Psalm 118.8 “It is better to trust in the Creator than to have confidence in man!” I leave you with a story which appears on my business card...

“Hello, I want you to know that I will be handling all of your problems and worries today. I will not need your help; don’t give them another thought. Go and have a good day – enjoy it! Remember, I love you!” - Your Creator

-21-





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



A MATTER OF SPIRIT

Bishop Don Hauck (*The Final Summation, Pg. 11 and Getting Real, Pg. 19*)

Don is the Bishop of the Universal Light Church, (www.theuniversallight.com). He holds a PhD in Metaphysics and Parapsychology since 1967. In 1970, he worked for a year with what he still believes to have been an Angel. He considers his most important lesson as “everything” starts with the Spirit, which flows to the Mind, to the Emotions, to the Body. He has appeared on Radio and T.V. talk shows, lectured at Universities and High Schools where he upholds the rights of individuals and independent growth. Contact Don Hauck at (513) 825-8290 or email him at tulight@cinci.rr.com.

Matt Sharpe (*Effects of Living by a Double Standard, pg.12*)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter.

The Guru (*Ask the Guru, pg. 15*)

The Guru hails from the great state of Ohio, USA. He prefers to remain anonymous as he believes any message of Spirit is more important than the one who delivers it.

Nikhil Mishra (*The Beautiful Prayer pg. 18*)

Nikhil is a self-named ‘student of religion’ who is an avid collector of prayers and contemplations from antiquity and contemporary times. His research includes religious histories and multi-cultural religious trends. Nikhil lives in Florida with his wife Tamil and their dog Chōṭā.

BODY TEMPLE

“Outward beauty is the frame for the masterpiece of your soul.”



Section Managing Editor – Lynda Lidel Harley

© Discerning Minds 2021

Image by poszarobert from Pixabay.com, Cover Design: Kim Tsiang

Quote: Shannon L. Alder @ goodreads.com

“We are nature.
Our bodies carry its swimming waters.
We are made of the soil
and eat the plants that grow from it.
From dust to dust
we come and go.

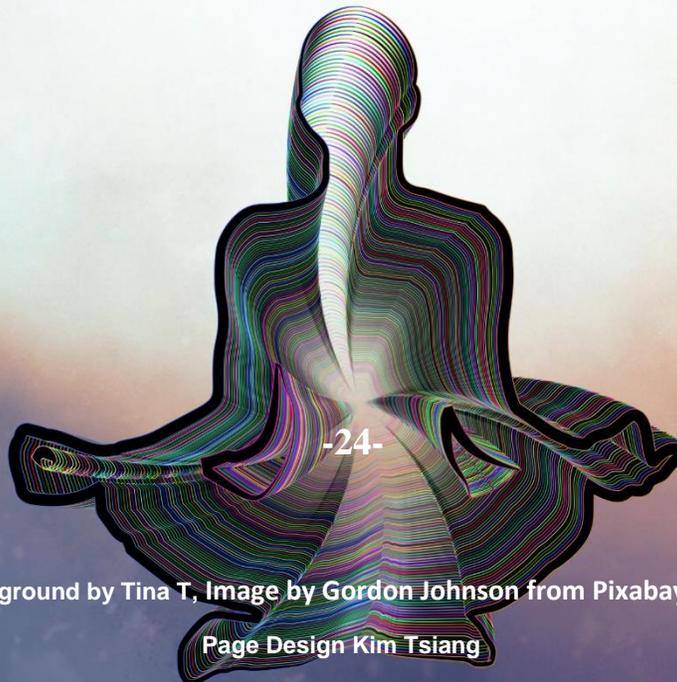
Each time I bring
my hands to my heart
in prayer,
flowing my body with my breath,
it is devotional,
a dance with the earth
and of the earth.

I dance with every tree,
sway with the wind,
bloom with every flower
in my being.

My breath,
Mother Earth,
is yours.

- the whole planet is in me”

Ashley Asti, Yoga Heartsongs





Wearing Your Ascendant Stone for Health and Well-Being

Loni Haas RMAFA, NCGR, DD

We are all familiar with the various traditional gems and stones connected to our Sun signs and birth months but did you know that wearing a gem or stone connected to your Ascendant sign brings good health, well-being and additional good luck? The Ascendant sign is the Zodiac sign that appeared on the horizon on the day and time you were born. It represents the personality or what an individual projects onto others and physicality or how others perceive the individual. It also tells much about how a person looks and feels physically. Let's take a look at the stones connected to the twelve Zodiac signs including the "new kids on the block" for the Ascendants that break away from tradition. Traditional stones are illustrated to the left of the Zodiac symbol and my picks are to the right of the Zodiac symbol. If you do not know your Ascendant sign you can learn more about it by contacting a professional astrologer OR you can wear my choices according to your Sun sign.

ARIES ASCENDANT



The DIAMOND has always been traditionally connected to the robust fiery sign of Aries. Diamonds are very powerful gems filled with the spirit of the cosmos and representing the central Sun of our Solar System. The diamond instills physical strength, endurance and bravery which are projected to others. My hot pick for this sign is MADERA CITRINE. This stone has a flaming orange hue. Orange is the power color for Aries Sun Signs and Ascendants. This form of Citrine instills personal power and optimism thereby projecting confidence to others. If you are a business man/woman with an Aries Ascendant, the citrine will work as a lucky totem for you attracting clients, profitable deals, and money.

Continued ...



Continued ...



The EMERALD is the traditional stone for Taureans. The Emerald has long been known as the stone of successful love/relationships bringing harmony to the wearer while eliminating negativity and promoting practicality. Others will view someone with a Taurus Ascendant as strong and stubborn so my hot pick for this Ascendant sign is IOLITE. This beautiful violet hued stone releases discord and promotes patience while softening and replacing stubbornness with approachability. The energy also enables executive ability when it comes to money management and responsibility in general helping the individual project an aura of wisdom onto others. Remember to be your “own” good counsel first before you counsel others!



GEMINI ASCENDANT

The ALEXANDRITE is the traditional stone for Gemini. It is one of the most expensive and rarest stones in the world. There are many lab created Alexandrite on the market today but if you can possibly obtain a natural Alexandrite (no matter how small)... go for it! Alexandrite is a naturally color changing stone which suits the Gemini temperament well. It reinforces self-esteem and attracts joy while balancing the mental and emotional states. My hot pick for this Ascendant is SPHALERITE. This stone is a Yin/Yang balancer which reduces negativity, feelings of inferiority and the unintentional projection of fraudulence onto others. It also enhances the intellect and aids in communication. If you are a artistic type with a Gemini Ascendant this stone will help you project your creativity in a genuine manner which will be acceptable to others no matter how avant garde the original concept.

Continued ...



Continue



CANCER ASCENDANT

The traditional stone for Cancer is the PEARL although in these contemporary times, many people also favor the Moonstone for this sign. The Pearl is known to enhance integrity and provide focus. It is also a truth bearer and provides a clear reflection of the Self so an individual can see how they appear to others. Moonstone is very lunar in nature and provides balance, introspection and cosmic accessibility. Cancer Ascendant people who wear Moonstone often appear somewhat “other-worldly” to others. My pick for this Ascendant sign is ORTHOCLASE. (Moonstone is actually a form of Orthoclase.) Orthoclase adds liveliness and spontaneity to the personality while enhancing poise, tact and refinement to the spirit. Orthoclase resonates to the Master number 44 adding to potency by promoting cooperative effort when dealing with others. For those of you who are interested in Egypt, Orthoclase is believed to provide contact with the ancient builders of Egypt and their wisdom and methodology.



LEO ASCENDANT

The sign of Leo is traditionally associated with the RUBY and the PERIDOT. Rubies are thought to be connected historically to Lemuria and are believed to enhance psychic ability so this often colors the projection. Ruby is a stone of nobility just like the regal lion it represents. The wearer projects confidence laced by gentleness.

Continued



Continued ...

If you are going to wear Ruby, then choose a Star Ruby. The Peridot is a stone that helps the wearer project friendliness and warmth. My choice for this Ascendant is ANDESINE which is the golden rayed gem form of Labradorite. Andesine is a very popular gemstone on the market today and is easily obtainable. The stone carries an interpersonal energy and helps the wearer facilitate information transfer with others. Just like a wise monarch, others will view the wearer as someone who can be trusted to deliberate fairly and objectively – a veritable answer man/woman who can bring order and leadership to chaos.



VIRGO ASCENDANT

The traditional stone for Virgo is SAPPHIRE. The Sapphire is probably the most popular stone on the market today. Virgo is known as the sign of beauty and the Sapphire enhances the depth of beauty on all levels of its wearer. Since the Sapphire is considered “royal stone,” the individual who wears it often appears wealthy and regal to others. My choice for this Ascendant is BENITOITE. Benitoite is a gorgeous blue stone that helps the wearer project depth of intellect, depth of joy and depth of beauty. It also promotes psychic transmission between two people putting them on the same wave length or mental plane without verbalization. Benitoite is a lucky stone that seems to instill the individual with an uncanny sense of being at the right place at the right time and Virgos do like to be punctual!



Continued ...



LIBRA ASCENDANT

Charming Libra's current traditional stone is the OPAL. In earlier times it was PINK TOURMALINE. Most people know Opal as the stone of friendship and faithfulness and the wearer will most certainly project these qualities. Opal also has been known to render the wearer "invisible" in sticky social situations so they can literally fade into the woodwork in order to observe impartially before acting as a mediator. The Tourmaline has always been a revered stone bringing balance, feelings of joy and the power of love to the wearer. My choice for this Ascendant is PHRENITE. Phrenite is a lovely pale green extraterrestrial translucent stone that is called the "stone of unconditional love" and is connected to the Archangel Raphael. It enhances insight and universal love and helps the individual to always be prepared to deal with others. Libra Sun signs and Ascendants also do well when Phrenite is in their immediate environment – the home or garden and particularly in a private healing sanctuary. Phrenite keeps the wearer connected to the beauty of nature as opposed to the beauty of material things.



SCORPIO ASCENDANT

The IMPERIAL GOLDEN TOPAZ is recognized as the traditional stone for Scorpions. It is a very lucky stone known to attract both friendship and business to the wearer. It stimulates, recharges and renews its owner and helps with the projection of good health and abundance. It also promotes recognition of abilities and instills drive. My magnetic choice for the Scorpio Ascendant is DIPOTASE.

Continued ...



Continued ...

The only place on the planet where Diopside can be mined is in Siberia. Diopside is a gorgeous Kelly green gem that is mysterious and beautiful. Diopside helps the wearer stay “in the moment” with clarity and vision. It instills well-being and eliminates any feelings of lack. It brings light to all that is hidden in the Self and in others which is a welcome energy to the scorpion who prides him/her self in “people detection.” It also helps the wearer utilize personal resources and abilities aiding in the projection of confidence and wisdom.



The BLUE ZIRCON is the traditional stone for Sagittarius. TURQUOISE has become the contemporary stone for this sign. Zircon is the stone of the Mystic Traveler opening up spiritual zones for travel and exploration. It is a body balancer and helps the individual project continuity in life endeavors. The Turquoise is also a balancer and it enhances creativity and intuition. It enhances the projection with warmth, wisdom and approachability. My choice for the Sagittarius Ascendant is TANZANITE. Tanzanite has been accepted in recent years as a representational stone for the month of December and the sign of Sagittarius. Tanzanite is an expensive stone in general but it is worth the investment. This beautiful cobalt blue stone helps the wearer project excellent communication skills, vision and leadership which are indispensable traits for business people involved in “deals” as well as teachers and lecturers. Those who are being considered for a promotion should wear or carry Tanzanite.



GARNET has long been the stone associated with Capricorn. It is a popular stone that is worn and favored by many other signs because of its deep red color and clarity. Metaphysicians favor Garnet as “the stone of health.” Garnet helps the wearer project warmth, understanding, patience and personal magnetism. My contemporary choice for this Ascendant is SMOKEY QUARTZ.



Continued ...

Smokey Quartz aids the wearer with a projection of wisdom, insight, high intelligence, pragmatism, stability and confidence. In other words, the individual appears “rock solid” and “on their game” with a capacity for bringing order to chaotic situations. Smokey Quartz is affordable and a popular stone of jewelry artisans because it is sought after by both men and women.



The rich and royal AMETHYST is the traditional stone of Aquarius. It grants the wearer strength, protection and a sense of humanitarianism and peace. It also grants intelligence, common sense and flexibility which aids in communication with others. My choice for the Aquarius Ascendant is PRASIOLITE which is actually a form of Amethyst but is an unusual pale green color which is reminiscent of the Aquarian waters of life. It aids in the projection of honesty, authenticity and conviction – ALL traits that a true Aquarian or Aquarian Ascendant holds dear to the heart. Constructive thinking and a good sense of judgment are also traits enhanced by both of these stones. If you are an Aquarian Sun sign and have been wearing purple Amethyst for years try wearing Prasiolite and experience the different type of energy “bump” you get from it!



AQUAMARINE is the traditional stone of Pisces. It is a great stone for Pisceans granting courage, quick assimilation of knowledge, and rapid intellectual response. This has always complimented the Piscean talents for creativity and science. One thing I have noticed about many Pisceans over the years is their tendency to favor green colored stones which often would override the purchasing of the watery pale blue Aquamarine. Bearing that in mind, the stone I have chosen for this Ascendant is DIASPORE. As you can see from the photo, Diaspore is a watery pale green stone with a golden glow.



Continued ...

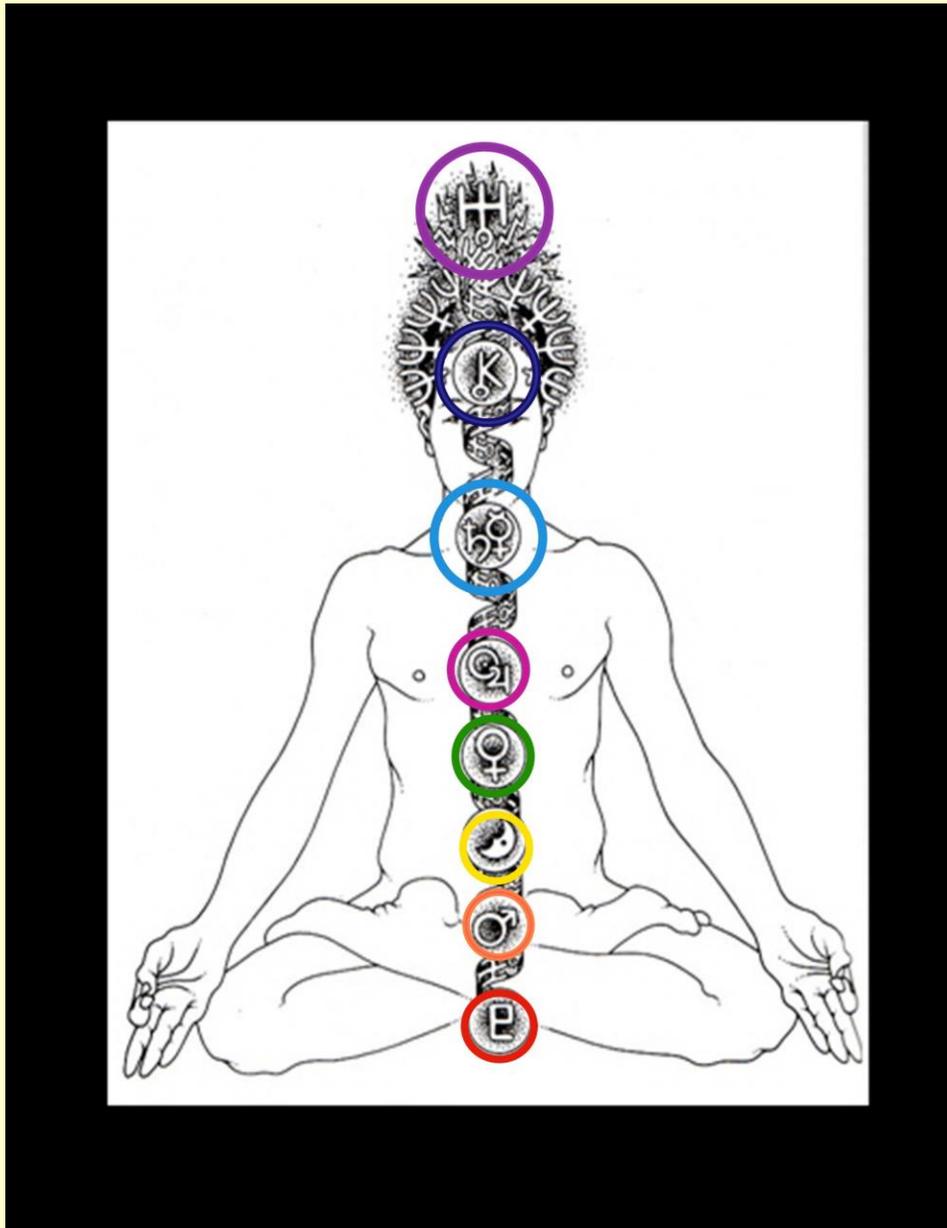
Diaspore is a psychic stone and thus enables and facilitates psychic ability. It helps the individual to be understood clearly (misunderstanding is the bane of Piscean existence!) and enhances the projection with an aura of strength, vision, accuracy, and concise communication.

* Gemstone images courtesy of Star Logic Astrodynamics.

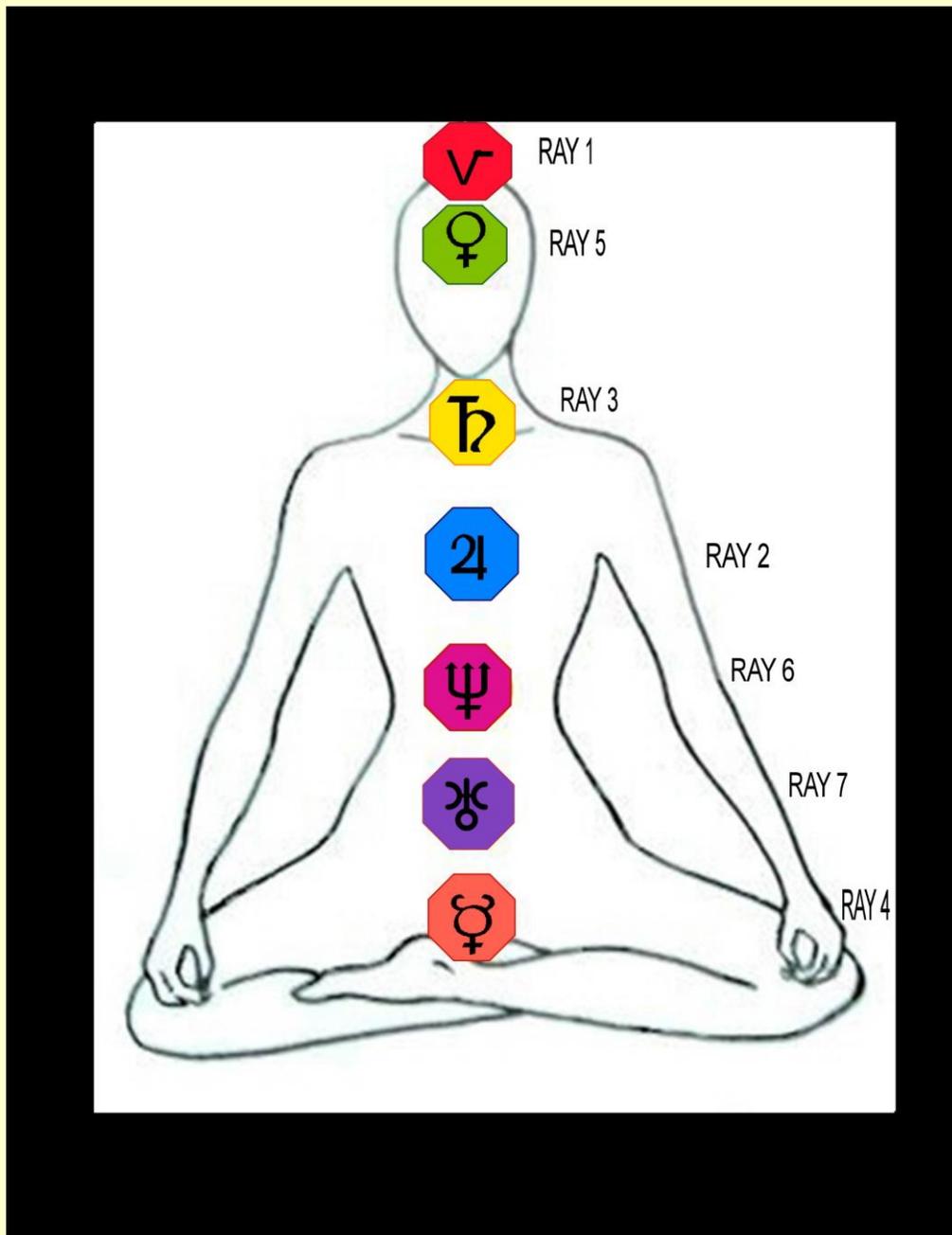
ALTERNATIVE COSMIC/CHAKRA RULERSHIPS

Courtesy of Star Logic Astrodynamics

Chakra system has always been associated with the ancient planets Sun-Saturn but with the integration of more astro bodies into astrology, new thoughts occur regarding rulerships. In this illustration a different perspective is offered in connection with the Chakra system. In this illustration, Pluto governs the Root Chakra, Mars the Sacral Chakra, the Moon - the Solar Plexus Chakra, Venus - the Heart Chakra, The Sun and Jupiter - the Higher Heart Chakra, Mercury and Saturn - the Throat Chakra, Chiron - the Third Eye Chakra surrounded by a halo of Neptune and Uranus - the Crown Chakra.



Continued ...



This illustration depicts SEVEN RAY Esoteric Sacred Planetary Rulership and Ray color associated with the chakras. RAY1 – (Red) Crown Chakra, Esoteric Ruler Vulcan, the Solar Logos, RAY 2 – (Blue) Heart Chakra, Esoteric Ruler Jupiter, RAY 3 – (Yellow) Throat Chakra, Esoteric Ruler Saturn, RAY 4 (Orange) Root Chakra, Esoteric Ruler Mercury, RAY 5 – (Green) Brow Chakra, Esoteric Ruler Venus, RAY 6 – Solar Plexus Chakra, Esoteric Ruler Neptune, RAY 7 (Violet) Sacral Chakra, Esoteric Ruler Uranus of Occult Light.

Ophiuchus the Healer

Excerpt from the Book of Ophiuchus

Ophiuchus, the Serpent Bearer has been coined by some as the thirteenth sign of the Zodiac. It is a real constellation that lies between the constellation of Scorpio the Scorpion and Sagittarius the Archer. It is an Ancient Greek constellation that can be historically dated back to the time of Claudius Ptolemy, the Father of Astrology. By way of explanation in order to clarify doubt about a “13th sign”, most astrologers use what is known as the Tropical Zodiac which consists of twelve 30 degree signs that originate with the Vernal Equinox. These twelve “signs” have the *same name* as the constellations but that’s where the similarity ends. The 4th century B.C. Babylonians invented the 360° circle and the twelve 30° signs of the Zodiac which were properly called the Fixed Zodiac. The Babylonians also invented planetary and solar and lunar tables in order to be able to calculate “positions.” In the 2nd century A.D. Ptolemy adopted the Tropical Zodiac (originally invented by Hipparchus in the 2nd century B.C.) to calculate his solar, lunar planetary and star tables. Around 300 A.D. astrologers began using the Tropical Zodiac and continue to use it to this day. This is why the astrological Tropical Zodiac has only twelve signs and does not include Ophiuchus as an actual Zodiac sign.

The Sun enters the constellation of Ophiuchus every year between November 30th and December 17th. Those born during this time span are believed to harbor innate healing abilities. If you were born during this time span and feel strongly that you are a healer, you can add these ‘possible qualities’ to those of your Sagittarius Sun Sign!

THE OPHIUCHAN INFLUENCE

November 30 – Those born on this day can be best described as iconoclastic by nature doing everything their own way. They believe in simplicity when it comes to health and healing and are sometimes interested in a vegan diet.

Continued ...



Continued ...

In a healing venue, November 30th Ophiuchans tend to function solo and are very dedicated healers who believe strongly in the “power of humor.” They are effective healers of children and young adults.

December 1 – This Ophiuchan vibe has strong leanings towards holistic and herbal medicine. Reiki facilitation and those who specialize in chakra adjustment and aura cleansing are found among Ophiuchans born on this day. Sports medicine and therapy are traditional paths for December 1st Ophiuchans.

December 2 – December 2nd Ophiuchans believe in the pursuit of happiness. When they are not happy they often feel it in their physical bodies as general malaise. They also believe in the power of positivity and make good spiritual speakers and life coaches especially if the lecture circuit includes travel.

December 3 – Long life is the goal of this Ophiuchan. Keeping fit and active is very important although there is some tendency to put on weight. Those born this day are very good at seeing the big picture and tend to be both good talkers and listeners. Counseling is the forte of this placement.

December 4 – This is the placement of extremes and there can be fanaticism about maintaining good health OR conversely there can be great carelessness regarding it. Those born on this day however do believe that attitude is everything and they are quite remarkable at handling others. Besides people, they also have a great love of animals and their innate psychic talents make them excellent animal whisperers or more traditionally excellent veterinarians.

December 5 – Those born on this day tend to have good health BUT they also tend to have bad habits. There is plenty of nervous energy and consequently they learn the most through tough life experiences that they have brought upon themselves. Relaxation techniques are of great benefit to them which they like to share with others. Yoga instruction is a good for this Ophiuchan.

Continued ...



Continued ...

December 6 – This Ophiuchan is into total balance of mind, body and spirit and can do well in any holistic venue making an actual career out of healing and/or helping others. Traditionally speaking they make wonderful medical doctors with a bedside manner to match.

December 7 – Ophiuchans born this day tend to be interested in Eastern Practices. They are natural Reiki practitioners and acupuncturists if they so choose to pursue these venues. They are also knowledgeable about body detox and place great importance on a clean environment.

December 8 – “Feeling good” is the motto of individuals born this day. They tend to be a bit renegade when it comes to physical health and take advantage of it but they do believe strongly that stress and tension are the biggest obstacles to good health. A good night’s sleep and maintaining low blood pressure is the goal of this Ophiuchan. Since personal integrity tops their list of priorities they can be trusted and make good counselors.

December 9 – This is generally considered a hearty placement. The individual believes in a positive attitude and a good daily physical maintenance program. They tend to make good physical therapists, exercise instructors and health teachers.

December 10 – This is the placement of physical fitness bar none. There is a great love of the outdoors and all types of outdoor exercise. Despite all this physicality, this Ophiuchan will take time out daily for spiritual nourishment garnered through meditation and reflection. Sports medicine can be their forte.

December 11 – Once they have learned from experience how to break bad eating habits, these Ophiuchans become icons of vitality. If they the chance to heal someone else’s emotional or physical pain by giving them the benefit of their own experience they will quickly step up to the plate. There is often an interest in the medical field or health associated volunteer work.

Continued ...



Continued ...

December 12 – Competitive by nature, those born on this day literally seem to be in perpetual motion. Fast challenging sports seems to be their forte. They tend to be better talkers than listeners and make good inspirational speakers healing others with their positivity about life.

December 13 – Health maintenance is a series of lifetime trial and errors. December 13 Ophiuchans have an interest in everything from exercise to nutrition often experimenting with whatever has their attention at the time. Once they get a handle on whatever health venue they have decided to pursue and study and a balance is achieved, their wisdom about a chosen health subject tend to be very profound. When they gain a level of expertise they make good health lecturers and teachers.

December 14 – Generally robust when it comes to health those born on this day tend to look beyond traditional means to enhance health. They are often interested in various forms of energy healing and like to compare the old methods with new visions regarding healing. Crystal healing, chakra balancing and aura cleansing hold particular interest for these Ophiuchans.

December 15 – Those born this day tend to have an interest in a proper diet usually based upon serious food issues they have overcome. Those who have learned to properly appreciate the value of good nutrition make excellent dieticians.

December 16 – Oddly enough those born on this day are not overly concerned about health maintenance. They are reluctant to exercise unless they get “emotional satisfaction” from it - for example – hiking a serene mountain trail or walking on a beach at sunset. Because they tend to be tuned into nature and the peaceful joys of simple things they make good listeners and counselors.

December 17 -Testing physical endurance is the goal of those born on this day. Exercise in any form, the tougher the better, is the golden key to happiness. They make great weight trainers and health coaches.

Continued ...



Continued ...

If they can attune to their spiritual side through some Soul Searching they make wonderful empathetic counselors and touch therapists.

The healing qualities of Ophiuchus are not just restricted to this elite Sagittarian group. An individual can also be imbued with healing traits if the main star of Ophiuchus, the Fixed Star Ras Alhague, is making a connection to their natal chart. Astrologers who work with Fixed Stars check to see if a chart is influenced by these heavenly bodies by observing if there is heliacal rising and setting, parans with planets and culminations to pivotal points of the chart. Please consult a professional astrologer who works with Fixed Stars and collective archetypes if you are interested in this type of information. (By definition, the term paran refers to the simultaneous rising, setting or crossing of the meridian of planets and/or stars via the observer's latitude. It is strictly a visual process and is dependent upon the location of the observer when viewing the sky by eye. The term heliacal rising means "rising with the Sun." This occurs when a planet or a star, after it has been hidden by the Sun's rays, becomes again visible. The term heliacal setting refers to when a star is overtaken by the Sun and is lost in its rays. The Heliacal rising or setting of the Moon occurs when it is within 17° of the Sun; other stars and planets, when within 30° distance.) Astrologers using good astrological software programs have Fixed Star information readily available.

The original constellation of Ophiuchus (who is also known to the Greeks as Serpentarius the Healer and to the Romans as Asclepius) is actually broken up into two constellations – Ophiuchus, the serpent holder or handler and Serpens, the large snake in his grasp. Since the serpent appears on both side of Ophiuchus, it too has been divided into Serpens Caput (the head) and Serpens Cauda (the tail). In general, the serpent is a very ancient cultural healing symbol and represents, among other things, revitalization and transformation through discretion and sagacity - all of which are akin to the ancient premise of "shedding old skin" and rebirth.

Continued ...



Continued ...

Ophiuchus learned his healing skills under the wise tutelage of Chiron and his influence can be felt in all types of healing from physical to spiritual to social and even political. At any rate, the individual is inclined to “give healing.” According to Fixed Star expert Bernadette Brady, the physiological correspondence of Ophiuchus is “the lymphatic system as the defender of the internal body.”

For those who have been advised that Ras Alhague (pronounced RAS al- hay-gwee) is present in their natal chart here are a few general meanings:

Heliacal Rising: An innately gifted healer who is drawn to healing professions or healing philosophies and who will take definitive action to bring forth solutions and remedies.

Heliacal Setting: A seeker of yin-yang who must heal the “Self” first before becoming proactive and reaching out to others.

Paran with the Sun: A “people person” who is greatly interested in human nature and desires to reach a wide audience in order to bring healing information to the masses.

Paran with the Moon: A natural counselor who is not afraid to probe the hidden and even darker corners of life in order to bring light and relief to others.

Paran with Mercury: An investigator and/or spokesperson who is interested in bringing the latest health findings and discoveries to the fore.

Paran with Venus: A teacher of expanded consciousness who is interested in expanding healing knowledge on a grand scale. Note that in esoteric studies Venus is the most occult and highly revered planet arcanus.

Paran with Mars: A difficulty specialist, activist and leader desirous of problem solving that bring healthful benefits to others.

Paran with Jupiter: An optimist who has a plethora of information to offer as solutions so the lives of others can be enhanced and joyful.

Continued ...



Continued ...

The phrase “be lightful so you can be healthful” well describes this person’s philosophy.

Paran with Saturn: A record keeper who understands the importance of “informational” legacy and its effect not only generationally but also collectively to attempt to secure the future of a healthy human race.

Paran with Uranus: A health event planner or volunteer worker who believes in charities and movements to save the people and the planet.

Paran with Neptune: A spiritualist who heals through artistic or creative endeavor in order to reach and influence others. The individual generally has strong opinions about what is harmful under a helpful guise (such as drugs or health fads) and speaks out against them.

Paran with Pluto: A researcher who delves into the sacred matters of prolonging life and health. There is often a strong interest in natural remedies.

Paran with North Node: Destiny is influenced by the seeking of balance and moderation. Deference to the South Node – A past life dedicated to the art of healing (particular modality partially indicated by South Node indicators).



Joan Grant – Early Pioneer in Past Life Regression Technique

By Rev. Dr. Loni Haas

Joan Grant (1907-1989) is widely known and respected for her work involving reincarnation and the use of past life recall to identify and heal residual energies causing current life phobias and emotional disabilities. Joan was a prolific writer having produced many books based upon her own past lifetimes including the 1937 bestselling *Winged pharaoh* as well as several children's books.

Joan's referred to her psychic gift as "far memory" which was originally taught to her in an Egyptian lifetime as a pharaoh's daughter who spent ten years in a temple being trained to recall the past.

Joan's ancient gift allowed her to recall in great detail centuries of her own past lifetimes and eventually she drew a correlation between some of her past life traumas with her own current life phobias. She further perfected the far memory technique by *shifting the level of consciousness* between sleeping and waking so she could dictate her impressions allowing them to be put into writing. Joan recognized that once a past life trauma could be recalled and understood current life phobias and/or emotional disabilities could be healed. Enhancing this ability was Joan's extensive psychiatric training while working with a psychiatrist during the war years.

All of this extraordinary past life training and current life experience would become invaluable when Joan met and married her third husband Dr. Denys Kelsey. Kelsey was a psychiatrist who had begun using hypnosis as a healing tool. He believed that the use of hypnosis combined with Joan's knowledge of reincarnation and ability to resonate with the past lives of others (sometimes with aid of Psychometry) would be invaluable in curing those who suffered from trauma induced fears and phobias because once the original source was identified, the "reason" could be integrated by the current life personality and then diffused. Working as a team they were able to help many people with this unique version of psychotherapy. Here's an example...

One of Dr. Kelsey's patients was a young man suffering from severe anxiety. The anxiety had escalated to the point where the young man was suicidal. One day, Joan decided to delve into the young man's past lifetimes on her own and when Dr. Kelsey returned home later that day he was confronted by a very distressed, pain riddled Joan who was in the midst of past life recall on behalf of the young man. When questioned she told Kelsey ...



Continued ...

Continued...

“ I can feel the blood clots in the tooth sockets ... It was bad enough during the first two days, after he pulled out all her teeth, but then the taste got worse and worse, not only dead blood but pus. Then the fever started ... and she died on the fourth day.”

Upon examination Joan revealed that the “woman” in that past lifetime had beautiful teeth that had been pulled out with nail pincers by her jealous husband. That “woman” was the young man in a past incarnation.

Everything began to fit together when Dr. Kelsey remembered that in an earlier session with the young man, he revealed that his anxiety started after an incident in a bar when someone threatened him saying, “I’m going to kick your teeth in!” When the young man was told about Joan’s experience and findings on his behalf he accepted the past life explanation with no problem. His anxiety disappeared and did not recur.

Joan Grant’s “far memory” work used in humanitarian capacity to help others is an absolute example of metaphysics at its best!





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



BODY TEMPLE

Quote: Ashely Asti (*Yoga Heartsongs, pg.24*)

Ashley Asti is a writer, speaker, and the founder of ASHLEY ASTI organic skincare line. Through her work, she offers incisive, conscious advice on how we treat our bodies and our earth, as well as poignant reminders of what real beauty is. Her self-care creations and writing showcase her commitment to wellness, her passion for preserving the planet, her spirituality, and her belief that we are all connected. She recently published her first book, *Dear Sisters: Your Nature is to Bloom*, a little book of empowerment designed to wake us up to our own beauty, creativity, intuition, strength, and love.

Rev. Dr. Loni Haas (*Wearing Your Ascendant Stone for Health and Well-Being, pg. 25 AND Joan Grant – Early Pioneer in Past Life Regression Technique, pg. 43*)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities.

Manager's Choice Selection Courtesy of Star Logic Astrodynamics (*Alternative Cosmic/Chakra Rulerships, pg. 33*)

Excerpt from the advanced classroom of Star Logic Astrodynamics Cosmic Healing Course.

Excerpt: *Book of Ophiuchus* (*Ophiuchus the Healer, pg. 36*)

This excerpt is from the *Book of Ophiuchus* as it formally appeared on the Galaxy Express.com in the 13th Gate and has been published with explicit permission.

Phenomena Files

"WE MAKE UP HORRORS TO HELP US COPE WITH THE REAL ONES."



Section Managing Editor – John Holbrook PSI

© Discerning Minds 2021

Background Imagery: Freakwave from Pixabay.com, Cover Design: Kim Tsiang

QUOTE: Stephen King @Goodreads.com



“THE 3 TYPES OF TERROR:

THE GROSS-OUT: THE SIGHT OF A SEVERED HEAD TUMBLING DOWN A FLIGHT OF STAIRS, IT'S WHEN THE LIGHTS GO OUT AND SOMETHING GREEN AND SLIMY SPLATTERS AGAINST YOUR ARM.

THE HORROR: THE UNNATURAL, SPIDERS THE SIZE OF BEARS, THE DEAD WAKING UP AND WALKING AROUND, IT'S WHEN THE LIGHTS GO OUT AND SOMETHING WITH CLAWS GRABS YOU BY THE ARM.

AND THE LAST AND WORSE ONE: TERROR, WHEN YOU COME HOME AND NOTICE EVERYTHING YOU OWN HAD BEEN TAKEN AWAY AND REPLACED BY AN EXACT SUBSTITUTE. IT'S WHEN THE LIGHTS GO OUT AND YOU FEEL SOMETHING BEHIND YOU, YOU HEAR IT, YOU FEEL ITS BREATH AGAINST YOUR EAR, BUT WHEN YOU TURN AROUND, THERE'S NOTHING THERE...”

— STEPHEN KING

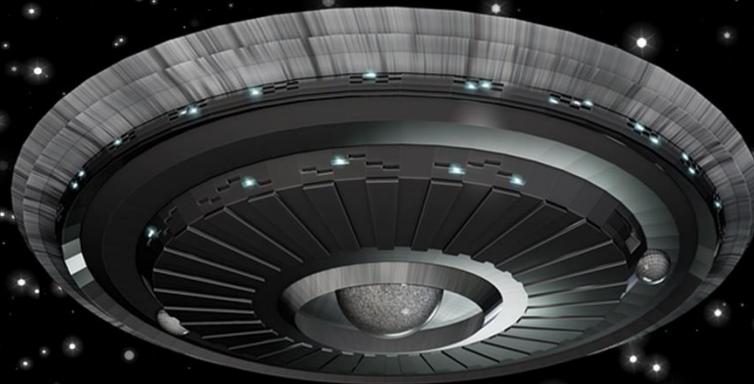
People and the Paranormal

By John Holbrook, Holbrook PSI

Recently I was asked by an acquaintance a question about UFO's and aliens and it got me thinking about a topic that I would like to discuss. I have written before that some people think that everything is alien or everything is a ghost. "That is that!"... When there is something paranormal to them it is caused by the spirit world or there are people that see it as extraterrestrial. There are the total skeptics who say that there is nothing spiritual or paranormal or alien, just the delusions or hallucinations of a person who says they see something unexplainable. Yet when the "total skeptic" has something happen that is paranormal some will convert and some will deny that they have seen or experienced anything at all. The denial of a skeptic to acknowledge something that their mind cannot logically explain can be frustrating to deal with. The same is for the person that is a believer that everything is supernatural or everything is extraterrestrial.

Let's us take a look at the "total skeptic" who will not even acknowledge an event that they cannot explain first. Being a paranormal investigator I have ran into several of these folks, or should I say that they have sought me out to debunk me. It seems that many of these skeptics believe that it is their crusade to try to debunk investigators (not necessarily the evidence) with personal attacks or false rumors. Most investigators welcome skeptical looks at the evidence, but often the skeptic attacks by questioning the mental health status of the investigator because of his/her beliefs. They even question the intelligence of the investigators by twisting words or theories. The smart investigator will avoid these types of skeptics when they can, but sometimes there is no way to avoid them. These type of skeptics have a need to impose their beliefs or lack of beliefs on others, to try to show some sort of superiority that they think they have. In the times that I have had run-ins with this type of skeptic it was not fun. There is no way of showing this type of person anything that is paranormal because they do not have an open mind. Having an open mind to the paranormal balances skepticism so that the ability to accept there may be things that cannot be logically explained can be further pursued and evaluated for truth.

Continued ...



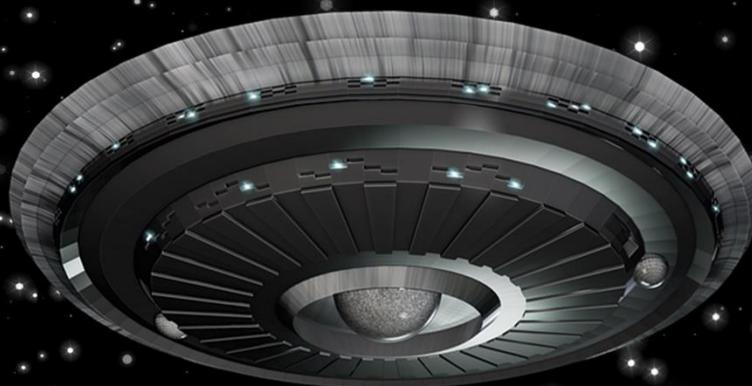
Continued ...

The “total believers” on the other hand, accept that anything that is paranormal is derived from the spirit-world or the extraterrestrial and this is not being open minded either. If you exclude the possibility of one or the other in a paranormal event then you are not looking at all possibilities. Now-don't get me wrong here, there are certain situations that will only fit into one or the other like a UFO in the night sky or an apparition in a graveyard. Like I said at the start of this article, there was a question asked of me that started all this...

The question was asked about a situation that was occurring with the questioner's husband. He is one who believes that everything paranormal is extraterrestrial and that he had been seeing a UFO for a while. He lives in an area that was Native American many years ago, and is not fully developed (still a lot of woods) around his house. His wife said that he took her outside to show her something that the extraterrestrials were doing to mess with him. He took a slingshot and used it to send a rock out into the woods. She said that she heard the rock hit a tree and then the ground. He told her to wait for a minute and after a minute or so a rock came out of the woods hitting the ground somewhere in front of them. This disturbed the lady ... the event of a rock coming out of the woods under these conditions would disturb most people! At the time of the article I have yet to set up a time to investigate the “rock return” from the woods or some of the other events that are happening at the site. Some of the other events that are happening at the house are on the inside and from the description could be supernatural. I gleaned this from talking to the wife on several occasions in regards to what is happening at her house - I do have a total hypothesis about the events.

One of the first things that she said has been occurring was that her new-born was looking at something and acting like someone was there talking to her. Her husband would probably think that this was not a supernatural type of event. He thinks that the extraterrestrials are throwing the rocks back at him, so according to the wife he thinks everything that is happening is extraterrestrial based. He may be seeing UFO's, I am not denying that, but most of the other paranormal events sound more supernatural than extraterrestrial.

Continued ...

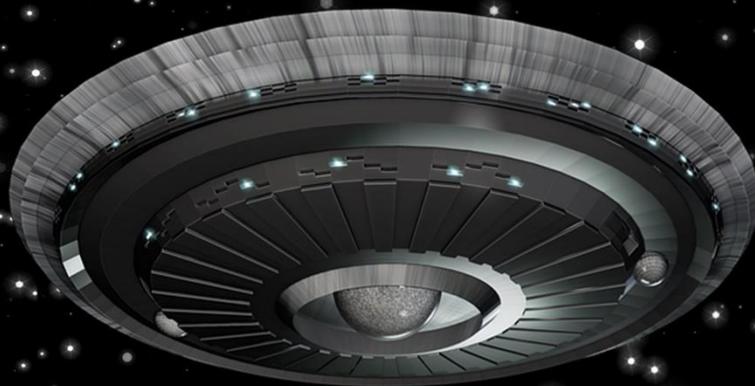


Continued ...

Part of my hypothesis on what is going on at the house is that it may be on sacred Native American land, some paranormal investigators believe that there is more paranormal activity on sacred sites. This activity includes more UFO and extraterrestrial activity and paranormal activity that would include nature spirits. I am hoping that when I meet with the husband that he will be able to break from his one-sided belief that everything is extraterrestrial related. When doing an investigation you have to respect the peoples beliefs at the site, even if you think it is one thing and they believe that it is something else.

When you are on an investigation, you will have to play the diplomat sometimes with the client because of their beliefs. When I talk about beliefs here I am not talking about UFO's and supernatural, I am talking about good and evil or Angels and Demons. The religious or spiritual beliefs of the client shade the way they view the paranormal and this includes anything extraterrestrial and the supernatural. The beliefs of the client can be like the ones above that there is nothing extraterrestrial only supernatural. The only difference is that it will go a step or two more and include that everything supernatural is either good or evil. So to clarify what I am saying, the people that I am talking about believe that there are only good spirits and Angels, there is no evil or Demons. This can go the other way also, there are no ghost just Demons pretending to be a ghost. They will still call a paranormal investigator even if they believe that it is a Demon event and not a haunting. There are events that are related to a Demon that pretends to be a ghost, but these people only see Demons and nothing else including Angels. These people may believe in Angels but that they do not appear or have a tangible effect on their life, like a guardian Angel can. I will tell you what I believe, I believe that in the Universe (which includes us) that there is balance, this equates to good and evil, male and female and night and day. Like I said this the way I see the world and nature, balance, this includes everything including the paranormal. So like I said sometimes you have to play the diplomat when dealing with a client or anyone because your beliefs may not match their beliefs - BUT this doesn't mean that you cannot help them. As an investigator you are not there to attack their beliefs or try to change their beliefs you are there to help them by finding out what is happening and a possible cause. To do this you will have to approach the client and the people that you talk with in the right manner.

Continued ...



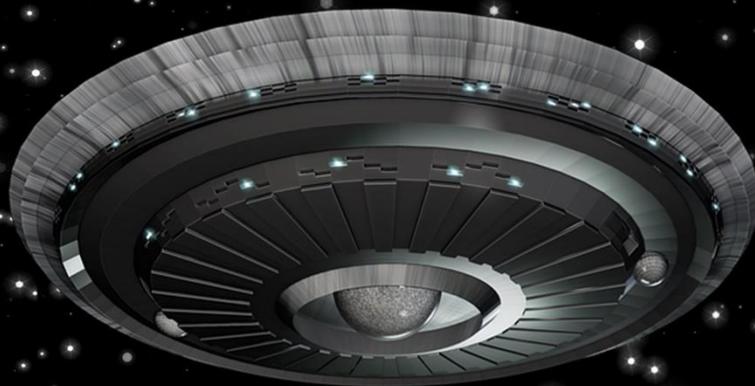
Continued ...

No matter what your religious upbringing or beliefs when talking with a client as an investigator you will need to be as neutral as possible. This is being diplomatic, by asking the client general questions to gauge the way they believe. This can be done in a questionnaire prior to the initial interview or given to the client at the time of the interview. In your questionnaire you can ask many questions that when asked in writing will not be as offensive as they would be if asked in person. With the answers you have from your questionnaire you will have what you need to know how to handle the client and their beliefs. With this you will also have a guide to how to clear their house, because with different religions there are different ways to clear an area.

In clearing an area or house what the client or occupant believes will have a big role in what should be done or not done. I will not go into what to do in reference to a particular belief, it is enough to say that some things may work in all situations if there is a belief that it will work. But it is best to keep to the ways that the client believes in tact to deal with the situation. This may take some research or even to have the preacher or priest from the client's church to get involved. This would be in an extreme case, it is something that the client would have to request and you may not be welcome to be there when the preacher or priest comes to the house. You should not be upset, you are the investigator and if the beliefs of the client need the clergy to fix the problem then you should respect this. This is all linked to how to keep your open mind when dealing with people that are a little less open-minded. I like to accept others' beliefs if they work for them- in my acceptance I do not have to believe the same way but respect and not show any disapproval. This goes to all of the above, the total skeptic, the supernatural only and the extraterrestrial only and also all the different religions. In dealing with all the types of people that you will come across in paranormal investigations the key word is "diplomacy."

You *will deal* with many different people when doing investigations, I like to say - the good the bad and the ugly (the title of one of my favorite Clint movies). If you notice my little analogy there are two that may be difficult and one that is easy, this includes the people that you will deal with as clients and the people that you meet on the street.

Continued ...



Continued ...

The way the public will view you as a paranormal investigator and as a person will be directly connected to how you deal with the different people you come in contact with. This includes the true skeptics, the supernatural only, the extraterrestrials only and all the different religious beliefs that you will deal with. Respect their beliefs (even if their beliefs seem crazy to you) and be diplomatic when you talk with them so not to disrespect them or hurt your reputation.

Our job as paranormal investigators is to gather evidence, to prove or disprove and not to try and change a person's belief or mind in regards to a paranormal event. Provide your results or findings in a professional manner and let the people that view it make up their own mind. Answer their questions when asked and explain yourself without walking on their beliefs and you will avoid problems, and won't get baited by the total skeptic.

Good hunting and better understanding.

Happy New Year!



PARANORMAL Q & A

Featuring members of the Independent Paranormal Investigators Guild

John Holbrook
Olivia Constantino
Phil Constantino

Daniel Dunglas Home – John Holbrook

QUESTION AND BACKGROUND:

What do you know and think about Daniel Dunglas Home? This guy did all sorts of supernatural stuff often in front of eyewitnesses including levitation. He was supposedly thoroughly examined by those "with know-how and authority" in his time and he was never, ever discredited. Basically this defied explanation. Was this guy for real or just a clever illusionist?

ANSWER:

I need to say right from the start that this will be my opinion. I have read many historic and current articles about Home and base my opinion on what I have read. But, still, it will be an opinion that I have formed and I will not be able to say that he is the real deal for sure. This is because I cannot witness his feats for myself or interview anyone that has witnessed it in-person. OK, enough of my disclaimer.

I would first like to look at what the nay-sayers have said about Home. I say nay-sayers instead of debunkers because just as I can't say for sure that it's true, they cannot say it was not real. I believe that in order to say something is not really paranormal you have to reproduce it or show how it is a fraud. If you can reproduce the event then you have to make sure that it is exactly as reported or as witnessed. Looking at historic records on Home there was a W. M. Thackeray that wanted to prove that he was a fraud. Thackeray stated after meeting with Home, "It is all very well for you, who have probably never seen any spiritual manifestations, to talk as you do; but have you seen any spiritual manifestations, to talk as you do; but had you seen what I have witnessed, you would hold a different opinion."

Some of the other debunkers of the time had theories like he chloroformed his sitters or hypnotized them in order to perform his events. One of the most ridiculous theories that I read was that he had a hidden monkey that he trained to move the furniture and that he used secret police information to obtain details about the people that sat in on his sessions. The modern day skeptics say that he used a mouth organ to make the sounds of the accordion that was playing in the cage.

This is silly also because all of the witness said that the accordion was playing. The accordion was on the floor or a table in a cage so that it could not be influenced from the outside. The question is: Can you tell where a sound comes from in a room, high or low? Even if it is faint you can tell if a sound is coming from someone at the table or if it was coming from under the table just by shifting your head. All the nay-sayers that say he was a fraud have nothing concrete just speculation regarding the way he could have done these things. One of the people, Sir William Crookes, who tested Home was a physicist and chemist and was said to have conducted tightly controlled tests. Crookes published his results and was publicly scorned by his peers. In his results the word psychic was coined. He felt that Home was the real deal and consequently Crookes was accused of showing favoritism to Home because of their alleged friendship. In the time that Home lived there were many frauds and fakes that were exposed, but Home was never written about as being a fraud. I do not include the people that say that someone else said that they thought he was a fraud. This is a he said/she said situation and is not good evidence. Some may say that I am only looking at one side of what has been said about Home. The only thing I have to say about that possibility is that almost everything that is written about Home has him being that “real deal.”

Just like many of the forerunners within the fields of psychic phenomena Home was ridiculed by people that never witnessed anything. So like I said in my disclaimer at the start of the question I cannot say for sure that he was the real deal. I can say that many credible people did feel and say that he was the real deal. I also feel that he is one of the few people in history that it would be cool to meet. So in my opinion Home did have some psychic ability, I have no evidence I can provide except from what I read. I have found that historic people have to be taken with a grain of salt and the events that they are credited will grow over time. The thing that historic figures start out with is a reputation that begins while they are still alive. This is another reason that I feel that Home was not a fraud because of his reputation and how he conducted his life. I hope that you will look into the life of this historic person for yourself and make your own decision.



Friendly Ghosts –Olivia Constantino PI

QUESTION AND BACKGROUND:

Is it possible to befriend a ghost?

ANSWER:

I have done a good deal of research on this subject and the short answer is it's possible but not highly probable.

Spirits that seem to be “hanging around” an individual do so because they like or recognize the individual's frequency currently or from a past life.

Continued...

Continued ...

The energetics may seem docile so the individual may feel it is okay to open themselves up and may actually try to engage conversation. Questions can be answered in the following manner:

- By meditation
- Assistance of a Medium
- Through Hypnosis
- Other conscious altered methods

You can expect surprising answers. Spirits may indicate the like the environment for reasons such as having lived there before or that they knew you before in another environment in another time or that they are simply upset about their personal journey and want someone to listen to them vent.

That being said, this circumstance is one that requires some thought and discernment as you could be being fooled by a dark entity which can lead to horrible problems for obvious reasons. Sometimes however contact is short and I do know individuals who have helped spirits by listening to them and in some cases helping them cross over by sending them to the light.

In all cases, I would not recommend personal engagement and seeking help from a paranormal investigator.

<<<<<>>>>>

Vortex- Phillip Constantino PI

Question and Background:

Can a house have a vortex?

ANSWER:

From my own personal experience, I can definitively say yes. I have located vortices in buildings and houses and outdoor areas. They even exist in water which is known as a physical vortex.

Many researchers believe a vortex may have connection with ley lines which are invisible paths of energy that crisscross the earth and have their strongest energy points at the intersection. Oddly enough, I have inspected buildings with vortexes that never diminished but literally disappeared after the buildings were torn down.

Scientists tend to dismiss events they cannot explain or duplicate so there is no help from that department.

Continued ...

Continued ...

In other cases the vortices have remained. It appears the energy can redirect itself. Vortices have been tied to some haunts and seem to initiate and maintain the energies. The reason has yet to be discerned.

Human reaction to the energy includes feeling tingling on the skin or along the spine up to neck, an invisible push pull on the body and in some cases, simply a feeling of peace and tranquilly.

You can send your paranormal queries to our team via:

Editor.DiscerningMinds@gmail.com



Humorous Reason

By John Holbrook, Holbrook PSI

A Common theme in a horror movie:

A bedside water glass always seems to go crashing to the floor before the spooks move in! Is it an omen of things to come? Where did this idea originate?

In some of my folklore readings I have come across several different things dealing with water and a bed. Most of the old wives tales are remedies or ways to prevent one from having an ailment. For example, keep a bucket or pan of water under your bed to keep from having night sweats. There is also one about keeping two buckets of spring water under your bed to keep from having bed sores. There are many different tales on the same line as these two, but what I believe you are looking for is something else. I have read that in Hoodoo a glass of water by the bed is intended to capture any spirit that comes to the sleeping person in the bed. Each morning you are to pour out the glass of water to rid yourself of the spirits. This is much like what a Native American dream catcher is intended to do with spirits and dreams. This is not surprising to me because Hoodoo is a mix of African, Native American and some western folk magic. It is folk magic that has its origins in these but is not limited to these cultural groups. Many different superstitions or folk traditions have their origins in what many call Hoodoo but actually came from other folk magic traditions or root-work.

Legends say that many different nasty supernatural entities cannot cross water. So let's see what role water plays in a more elemental manner - Earth, Fire, Water, Air- the four elements that the ancient Greeks said were the base substances of the universe. Chinese philosophy has it a little different -Earth, Water, Wood, Fire, Metal- but Water is still there as it is in all life on earth. Water has been recognized as a needed substance for life as we know it; we all have bodies that have the same major ingredient-Water. It is on the very short list of base elements that can transform it into the three states-Liquid, Solid, Gas. Why have I stated this? Because water is life, without water there is death. Let's look at some other thing before we go too far in to what I believe.

Continued ...

Continued ...

Most of the religions that I have encountered use water as a purifier, cleanser and ritual catalyst in one way or the other. Different religions believe the same basic thing about water, that water can cleanse or purify someone or something. What are they cleaning off the person or thing with water? We are not talking about something being dirty and needing to be washed. The cleaning is in the spiritual realm of religion not the physical. The water is used to wash away sin, evil, sorrow all things that would/ could affect life or the afterlife. I am getting into what I believe again but this what I have felt for years about why water works. Water is life, life in its purest form, there is no evil or impurities in it unless we put them there. Water can be a catalyst for so much spiritual work that some believe it has spiritual powers by itself. I can see why - it sustains life and brings on growth in nature. With water being such a big part of life and the fact it can cleanse the spirit we can hypothesize why a spirit would not like water. First with it being such a big part of life, a spirit or ghost would want it, but they could not have it in their realm. This could be why a regular spirit would knock over a glass of water. The next thing is, again based on water being such a big part of life, which an evil entity would not want the water near them because it would be reminded of what it could never have - Life. Holy water can be used against an evil spirit also so the spirit may associate any water with holy water.

We know that movies and TV will use some of what may be facts but will twist it for entertainment purposes. There is a spiritual link to the use of water as a talisman, cleanser and a weapon in the history of folk lore and religions. In the question at hand I hope that I have helped to answer your question without too much Hollywood hype.

Parapedia

PARANORMAL AND OCCULT ENCYCLOPEDIA

INDRID COLD

Indrid Cold also known as the Smiling Man is a creepy humanoid creature often associated with the Men in Black and the UFO phenomena as well as the Mothman mystery. In many paranormal circles he is believed to be an alien, His main and most horrific feature is an emphasized ultra-wide smiling mouth with overly large teeth. He is further described by witnesses to be over 6 feet tall wearing a green metallic suit with a black belt. Some have described him as having a dark complexion with small eyes set far apart while others say he has blue or green skin with no eyes or nose or hair.

Indrid Cold was first seen on October 16, 1966, when two boys, Martin Munov and James Yanchitis, of New Jersey were walking on Fourth Street when they saw a surreal figure standing near a fence. As they walked closer, the figure was a tall bald man wearing a metal green suit who was staring right at them with a huge grin. The man chased them until they got away from him. UFO sightings were also reported around the area.

The second sighting was on November 2, 1966, in Parkersburg, West Virginia witnessed by Woodrow Derenberger. Derenberger was driving his way home on Interstate 77 until he heard a crash. The Grinning Man came out of the vehicle with a dark tan, and walked up to Derenberger and telepathically said his name was "Indrid Cold" and he meant no harm. Cold said he just wanted to know more about the human race and he would visit Derenberger again.

Indrid Cold told Derenberger he came from a planet named Lanulos in the Genemedes galaxy, and that there were two other "grinning men" by the names of Demo Hassan and Karl Ardo.

Continued ...



Continued ...

The third encounter involved a family in Point Pleasant, West Virginia. The Lilly family had been reporting that poltergeist activity in their home, such as diamond shaped lights. The Lilly's daughter, Linda, was sleeping one night and awoke to see a man standing over her.

Aside from being frightened no one was hurt.

Indrid Cold is considered part of American Folklore.





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



PHENOMENA FILES

Quote: Stephen King (*The 3 Types of Fear*, pg.47)

Quote found at Goodreads.com – Public Domain.

John Holbrook, Holbrook PSI (*People and the Paranormal*, pg. 48 and *Humorous Reason*, pg. 57)

John has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

Independent Paranormal Investigators Guild (*Paranormal Q & A*, pg.53)

The Independent Paranormal Investigators Guild is a group of practicing paranormal investigators who are Light Force Network members in good standing. These season's contributors are John Holbrook, Olivia Constantino and Phil "Constantine" Constantino.

Holbrook PSI (*Para-Quiz on Famous Ghosts*, pg.53)

Para-Quiz is presented with permission by paranormal investigator John Holbrook. All rights reserved.

PARAPEDIA (*Indrid Cold*, pg.59)

Indrid Cold has been published with the explicit permission of the *PARAPEDIA Paranormal and Occult Encyclopedia*. The PARAPEDIA is a compilation of historic and contemporary occult articles by various paranormal investigators and researchers. This article has been presented at the request of Holbrook PSI.

A

“The world is full of magic things, patiently waiting for our senses to grow sharper.”

O

R

B

C

S

A

C

N

U

U

R

S

U

M



Section Managing Editors:

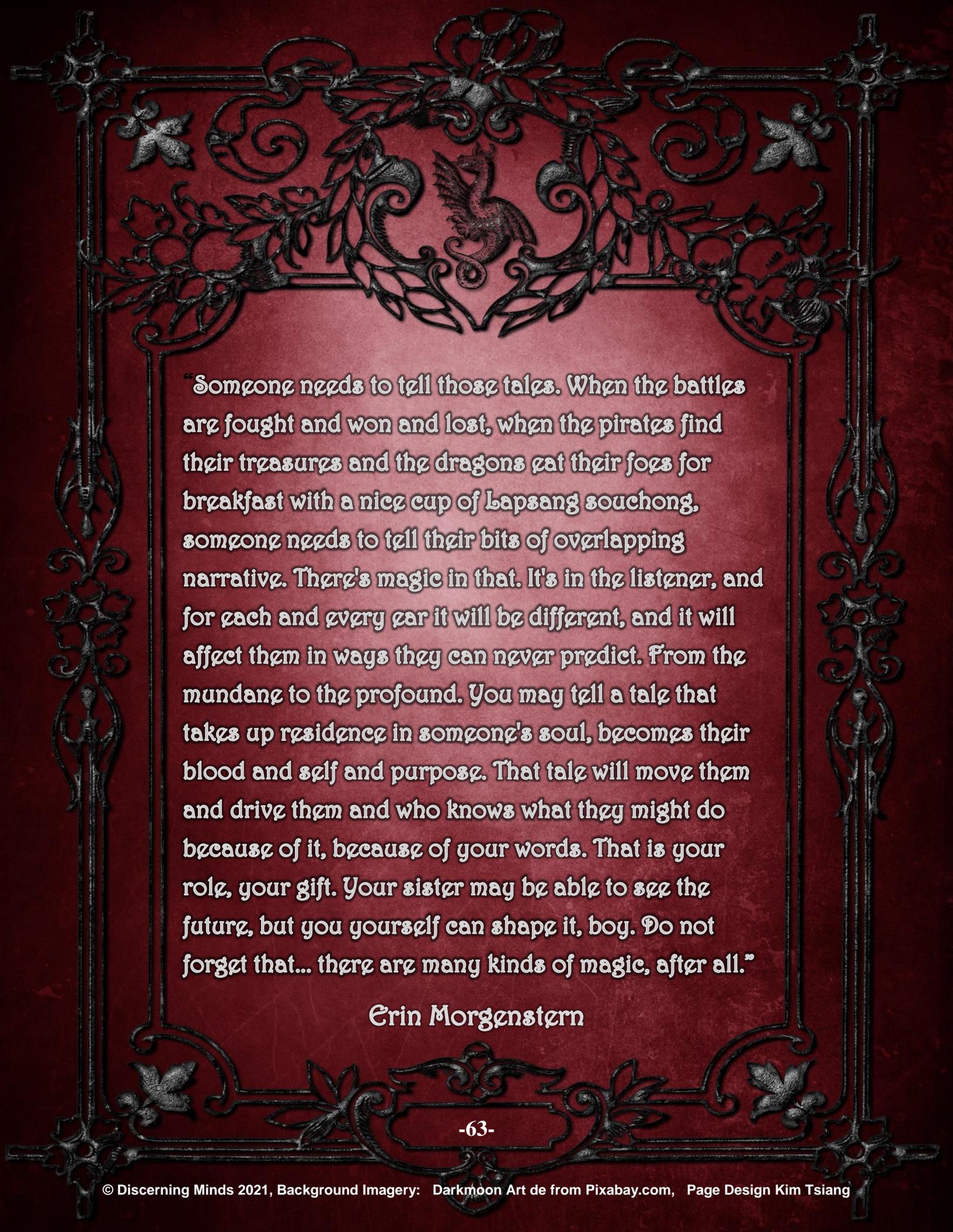
Eliana Rosini Mascolo and Marco X. Mascolo

© Discerning Minds 2021

Background Imagery: Enrique Meseguer from Pixabay.com, Cover Design: Kim Tsiang

QUOTE: W. B. Yeats @ Goodreads.com





“Someone needs to tell those tales. When the battles are fought and won and lost, when the pirates find their treasures and the dragons eat their foes for breakfast with a nice cup of lapsang souchong, someone needs to tell their bits of overlapping narrative. There's magic in that. It's in the listener, and for each and every ear it will be different, and it will affect them in ways they can never predict. From the mundane to the profound. You may tell a tale that takes up residence in someone's soul, becomes their blood and self and purpose. That tale will move them and drive them and who knows what they might do because of it, because of your words. That is your role, your gift. Your sister may be able to see the future, but you yourself can shape it, boy. Do not forget that... there are many kinds of magic, after all.”

Erin Morgenstern

A decorative frame with Egyptian motifs. At the top center is a winged scarab beetle. On either side are the heads of goddesses wearing headdresses. The frame consists of two vertical columns and a horizontal base, all with intricate carvings and hieroglyphs.

EGYPTIAN DAYS

By Rifkin the Historian

In medieval folklore, it is believed that thirty-two days of each year is misfortunate. Activities engaged on those days would only risk misfortune and danger.

An old manuscript (Dawson 1934, pp. 328-329) lists the Egyptian days as follows:

January 1, 2, 4, 5, 10, 11, 15

February 1, 7, 10

March 2, 11

April 16, 21

May 6, 15, 20

June 4, 7

July 15, 20

August 19, 20

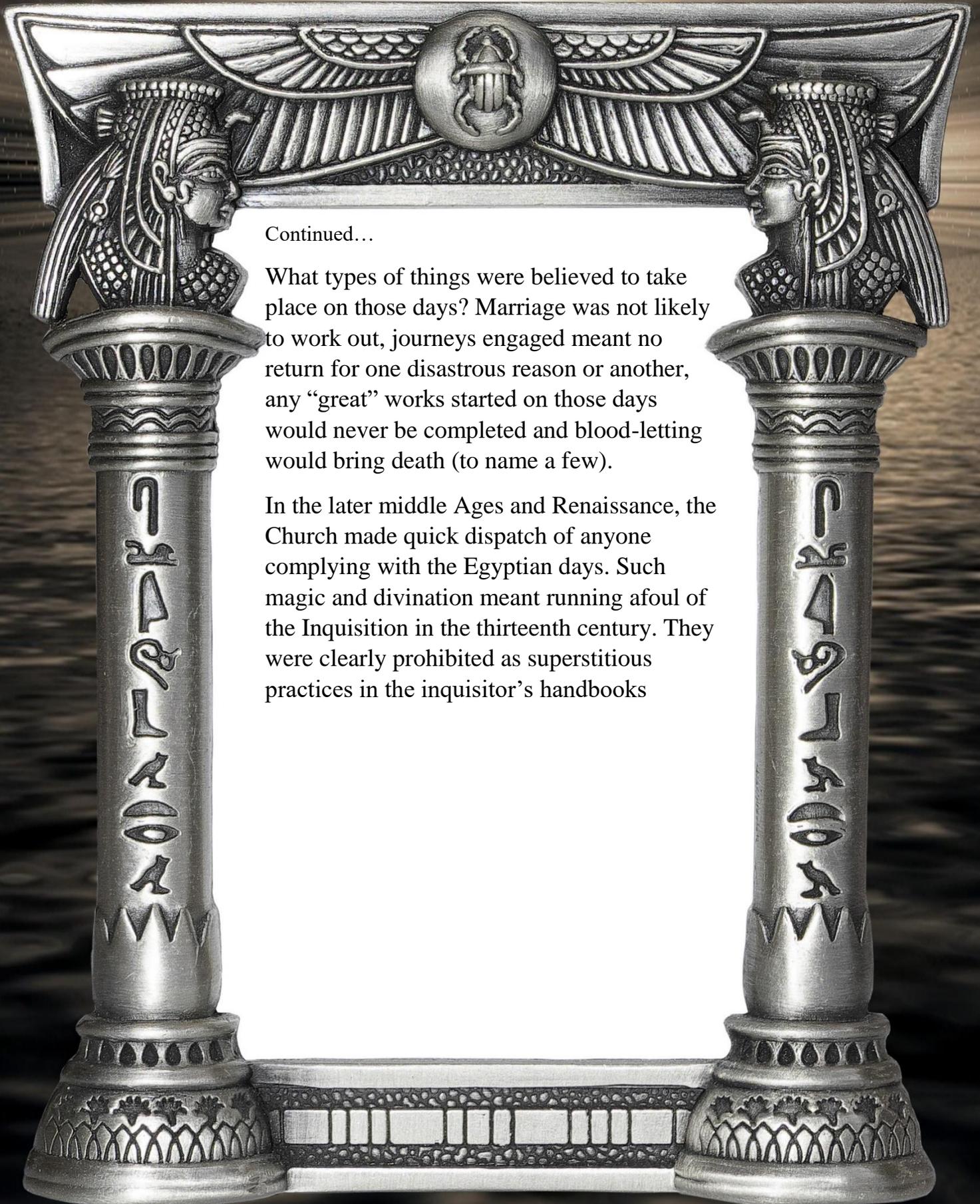
September 6, 7

October 6

November 15, 19

December 6, 7, 9

Continued...



Continued...

What types of things were believed to take place on those days? Marriage was not likely to work out, journeys engaged meant no return for one disastrous reason or another, any “great” works started on those days would never be completed and blood-letting would bring death (to name a few).

In the later middle Ages and Renaissance, the Church made quick dispatch of anyone complying with the Egyptian days. Such magic and divination meant running afoul of the Inquisition in the thirteenth century. They were clearly prohibited as superstitious practices in the inquisitor’s handbooks

Goddess Moon

By Thomas Selinas-Cross

Many people who are familiar with astrology know that part of the personality is reflected by the sign the natal Moon occupies but the actual phase of the Moon at birth also relates to the personality and is further influenced by “Goddess Energy.” Traditionally, historically and culturally there are many deities who are associated with the Moon and the following is short list of those connections. (Moon phase information connected to one’s birth data can usually be found in an Ephemeris either online or published or via an astrologer.)

What is your lunar goddess energy?

THE GODDESS JUNA (JUNO)

NEW MOON (0-45 degrees ahead of Sun): Impulsive, naïve, and aggressive, you want to make your mark upon the world. Personal vision is the driving force that seeds the future. Remember to remain objective and appreciate the ideas of others.

Continued ...

Continued ...

Continued ...

THE GODDESS ARTEMIS

CRESCENT MOON (45-90 degrees ahead of Sun): Confident and self-assured, you love to challenge established order and the status quo. Action is your sword but you will not wield it well if you become frustrated by lack of momentum.

THE GODDESS ANUNIT

FIRST QUARTER MOON (90-135 degrees ahead of Sun): You are eager to grasp life by the forelock and display excellent leadership qualities. You love the new and have little use for the old. Be mindful of naturally egocentric responses and need for power plays.

THE GODDESS XOCHHIZUETZAL

GIBBOUS MOON (135-180 degrees ahead of Sun): You are introspective and concerned with personal growth and self-expression. You are curious, intellectual, and analytical focusing your energies towards a specific goal. Make sure your purpose is well defined.

Continued ...



Continued ...

THE GODDESS SELENE

FULL MOON (180-135 degrees behind Sun): You are open with your emotional responses and can use the great clarity of your mind to integrate with the collective forces. Balance is key for you – without it you will not implement your ideals.

THE GODDESS EPONA

THIRD QUARTER MOON: (90-45 degrees behind Sun): Your personal commitment to ideals is based on integrity and principle. You often feel alienated from the masses but have a pioneering destiny to fulfill. Don't let a vulnerability to criticism hold you back.

THE GODDESS KUAN YIN

BALSAMIC MOON: (45-0 degrees behind Sun): You are future oriented with a sense of mission. You may be required to make personal sacrifices to achieve glory.





The Jerk Avoidance Spell

By Angela “Hecate” Abayez

We all know them – those annoying jerks. They invade yours space, talk incessantly and preach their political views and life philosophies to you. Here is a little spell you can perform as often as you need it to assist you in avoiding these folks. This is a safe deflective spell.

You will need a black ribbon or cord, a mirror, a black candle and a smudge stick.

Lay the ribbon down around you in an enclosed circle. Smudge the ribbon and yourself. Light the candle and aim the mirror away from yourself to deflect the negativity you don't want. Sit quietly and visualize yourself surrounded by a protective white light. Say the following:

God and Goddess

*I ask your protection
From those whose manners
Could use some correction
Aid me in staying
Away from those few
They act without thinking
And don't have a clue
Keep me safe from the ditzy
The irksome, the fools
They refuse to behave well
And don't follow the rules
The clingers, the gabbers
They talk without ceasing
The ignorant ones
With opinions far-reaching
Protect me from jerks
Before they ruin my day
With a shield of white light
That will keep them away*



Make a Wish

By Alva Lennox

Most people think a wish is just fanciful thinking but it is actually a form of magic. It is a strong projection that literally sets supernatural forces in action. Folklore and of course fairy tales are full of stories about wishes performed by different means and also with the consequences of wishes that are not well thought out and backfire on the wisher.

There are auspicious times for making wishes: The night of a Full Moon, the night of a new Crescent Moon, whenever a falling star has been seen, on a Monday (since this is the Moon's day), birthdays and other significant events such as anniversaries, Equinoxes and Solstices (March 21, June 21, September 21, and December 21) and after the appearance of a rainbow which is always considered lucky.

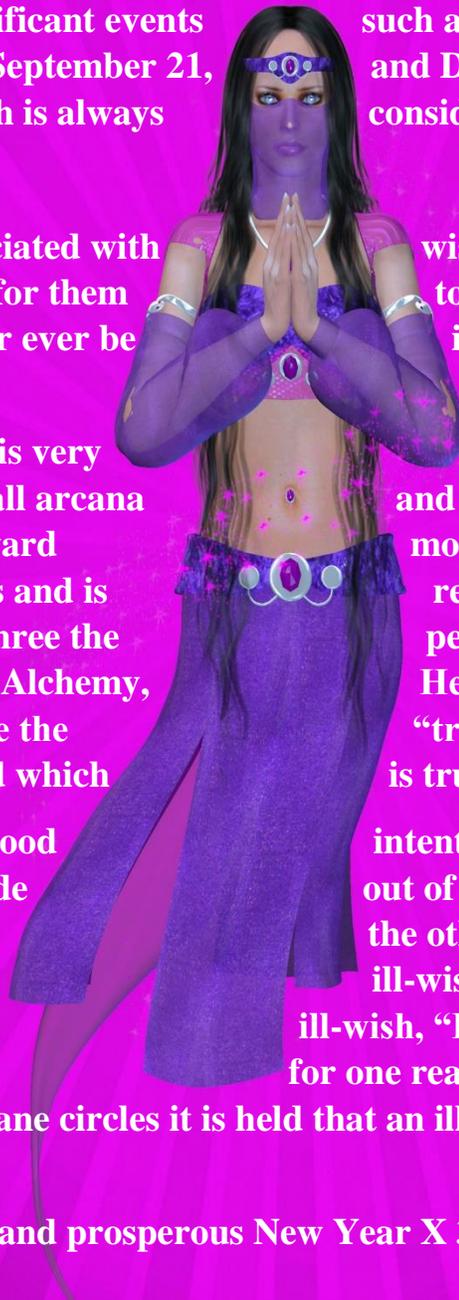
Three times is the charm ...

The number three is also associated with wishes and it is often required that they be stated three times in order for them to manifest. Folklore requires and warns that wishes should never ever be indulged to others for they surely will not come to pass.

Historically the number three is very prominent in myth, legend, mysticism, folklore, alchemy, all arcana and even religion. Three represents creation, growth, change, forward movement and creativity. It is a substantial presence in dreams and is related to the higher realms. The Greek philosopher Anatolius called three the perfect first odd number encompassing the beginning, middle and end. In Alchemy, Hermes Trismegistus is called "thrice great." Pythagoras called three the "triple word" for the Hierarchical Order and expression of the Godhead which is true of all the great religions.

Not all wishes are made with good intentions. Negative wishes or ill-wishing are literally curses usually made out of anger or envy. If one person says to another, "you'll be sorry" and the other person becomes ill or has some bad fortune it is believed that ill-wishing is at the root. An old belief that still holds weight today is the ill-wish, "I wish he/she were dead." In times past if the wishee actually died for one reason or another the wisher would be considered a murderer. In arcane circles it is held that an ill-wish can be removed with a counter spell.

Wishing you a happy, healthy and prosperous New Year X 3!





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



ARCANUS OBSCURUM

Night Circus Passage by Erin Morgenstern (pg. 63)

Public Domain acquired at Goodreads.com. Erin Morgenstern is the author of *The Night Circus*, a number-one national best seller that has been sold around the world and translated into thirty-seven languages. She has a degree in theater from Smith College and lives in Massachusetts.

Rifkin the Historian (Egyptian Days pg. 64)

Marc Rifkin Ph.D. is known as 'The Historian' a title he wears proudly. He is a history buff and collector of historical facts as well as obscure and strange bits and pieces of history. Marc and his wife Beth and three children live in the northeast USA. They all like to travel especially to historic sites and battlegrounds. Marc also likes cooking for his family especially foreign cuisine because it is fun to watch them eat "Rifkin's Unknown Surprise."

Thomas Selinas-Cross (Goddess Moon, pg. 66)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the www.lightforcenetwork.com where he serves as a proficient.

Angelina 'Hecate' Abayez (The Jerk Avoidance Spell, pg.66)

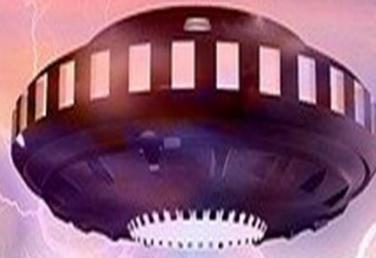
Angelina is a Pagan practitioner of healing and natural arts. She recently began to study astrology and the complexities of the Enneagram. Angelina enjoys candle making and oil painting in her spare time. One of her favorite subjects to paint is the moon and her paintings have been featured in local art shows in her hometown.

Alva Lennox (Make a Wish, pg.70)

Alva is a retired primary education teacher who enjoys researching and using natural herbal remedies. She is president of a book club that meets once a week and enjoys nature walks and teaching crafts. She has a great fondness for water and lives by lake which she feels fulfills her Cancerian needs. She would tell you it's been a long time coming.

SACRED SCIENCES

“THE DEVOTEE OF MYTH IS IN A WAY
A PHILOSOPHER, FOR MYTH IS MADE
UP OF THINGS THAT CAUSE WONDER.”



Section Managing Editor –Anne Drake Sydney

© Discerning Minds 2021

Background Imagery: Pete Linforth from Pixabay.com, Cover Design: Kim Tsiang

QUOTE: Aristotle @Goodreads.com



“But with regard to incomposites, what is being or not being, and truth or falsity? A thing of this sort is not composite, so as to 'be' when it is compounded, and not to 'be' if it is separated, like 'that the wood is white' or 'that the diagonal is incommensurable'; nor will truth and falsity be still present in the same way as in the previous cases. In fact, as truth is not the same in these cases, so also being is not the same; but (a) truth or falsity is as follows-- contact and assertion are truth (assertion not being the same as affirmation), and ignorance is non-contact. For it is not possible to be in error regarding the question what a thing is, save in an accidental sense; and the same holds good regarding non-composite substances (for it is not possible to be in error about them). And they all exist actually, not potentially; for otherwise they would have come to be and ceased to be; but, as it is, being itself does not come to be (nor cease to be); for if it had done so it would have had to come out of something. About the things, then, which are essences and actualities, it is not possible to be in error, but only to know them or not to know them. But we do inquire what they are, viz. whether they are of such and such a nature or not.”

— Aristotle

The Soul of Astrology

By Loni Haas RMAFA, NCGR

There are many misconceptions regarding astrology. For instance, the horoscopes listed in the daily newspapers are only based on the sign position of the Sun, whereas full natal astrology takes many more things into account.

The application of astrology to people can be approached as a study of individuality, from either a psychological perspective or on a predictive, event-based level. Astrology is a tool to gain objective awareness of your own patterns of behavior. We all have tendencies that lead to inappropriate actions and feelings of isolation and unhappiness. The trick is to discover our own "glitches" and empower ourselves to avoid them. With this objective knowledge we can choose to make adjustments that result in our life operating more smoothly.

Astrology itself is not "spiritual," yet it can be an effective tool for opening the way to accessing our spirituality. By understanding our psychological wiring (as objectively pictured in the astrology chart) we can accept and work with ourselves with more understanding and detachment. This calms the turmoil of the inner personality and allows our innate spiritual nature to emerge. And by understanding the psychological wiring of others through their astrological charts, we can more easily accept their unique differences without taking it so personally; we can learn to enjoy the variety rather than seeking to change others into an extension of ourselves.

So although astrology itself is not spiritual, it can lead to important spiritual experiences, such as unconditional loving acceptance of ourselves and others.

What If? - Parallel Roads

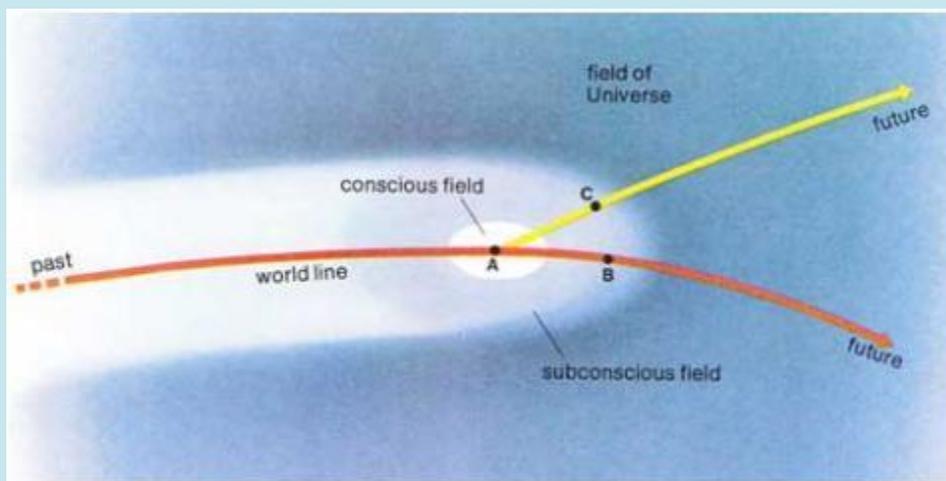
By Loni Haas, R.MAFA, NCGR, DD

"In the ultimate nature of the Universe there are no divisions in time and space." - Medium Eileen Garrett

We do love to drive ourselves crazy with "what if" don't we? What if I took the shortcut instead of the long route? What if I chose to go to school instead of work? What if I married Jill instead of Jane? **We'll get over yourself.**

We all suffer from hindsight and even better retrocognition. Some of us experience precognition but we don't always base our decisions on what we envision. What we like to do best is piss whine about what might have been. My personal theory has always been "what *could* have been was not meant to be." Do I hear disagreement out there amongst my fellows? I suppose some of you will say that everything unfolds as it should and this may be despite of our decisions or because of them and then we will all take a trip down the psychobabble road. Why not? What else do we have to do today? Go ahead make my day! You know what I am going to do. I am going to present a 'some food for thought' that will make you a slightly mad and maybe irritated. My very own brand of psychological warfare. It's my job. Brace yourself ...

SO - Is it possible to construct a theory that may account for the fact that if a premonition of a future event has taken place, it does not necessarily mean the event is inevitable? In 1908, Herrman Minkowski suggested that the Universe could be described in terms of four dimensional space time. He was describing what has become known as the Block Universe, a static universe with no past, present or future except that which is introduced by the observer. The observer's consciousness travels along his world line through the Block Universe like a spotlight moving over a dark landscape or field. The bits of the landscape the spotlight has picked out, the observer terms the "past" and those that are yet to be picked out the "future." Suppose that the spotlight on the Block Universe contains everything consciously perceived by the individual at that moment is surrounded by a hazy ring that represents the subconscious. Within this are all the events being perceived by the individual.



Continued ...

O-kee-doke processors let's proceed further ...

EXAMPLE: Suppose the world line is that of a young man who is scheduled to take a flight. He buys a ticket, packs his bags and has them loaded aboard and gets ready to embark himself.

Suddenly the event of the plane's crash is illuminated by the ring of his subconscious although it still lies outside the spotlight of his consciousness meaning the crash is still in his *future*.

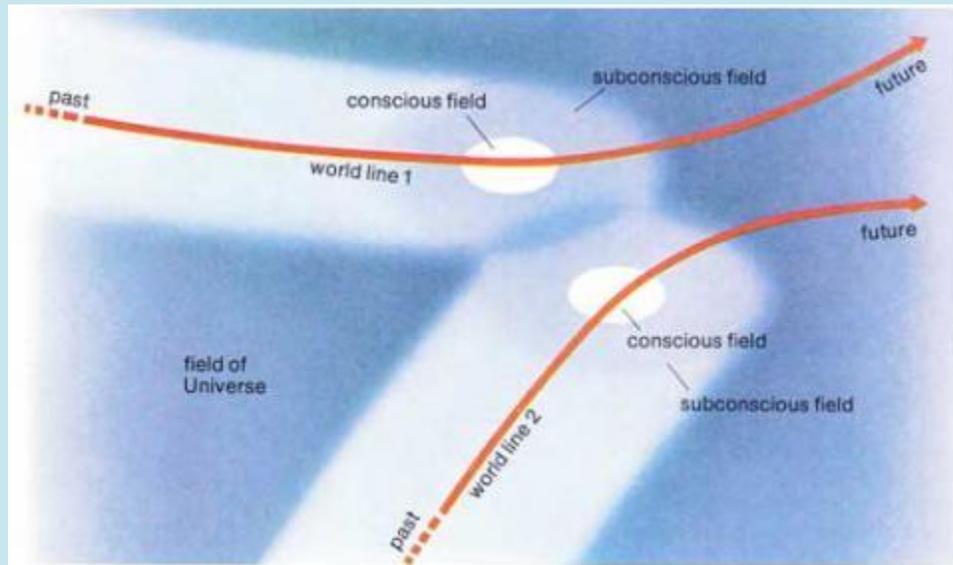
Somehow a symbolic representation of the horrific scenes perceived by his subconscious manage to cross the threshold between the subconscious and the conscious, and he receives a premonition of his own death. So, he changes his mind about flying thus changing his world line across the dark field of the Universe so that he avoids dying on the flight. In the real future he reads about the air disaster and no doubt thanks the powers that be for his premonition. The two events, death and survival are equally potent because they are both events in the dark field of the Universe; the only difference between them is that the young man's conscious spotlight illuminated one and not the other.

A consequence of this theoretical example is that since the dark field of the Universe contains all possible events and presumably all world lines, both branches of the young man's world line must exist and we must also allow for the potential that there are many branches and junction points. The decision taken at the moment decides which branch of the tree of world lines the conscious and unconscious spotlight will travel along. This is also reminiscent of concept of theoretical physicist Hugh Everett who proposed that there is a multi-branching Universe in which every possibility is realized but only one branch observed. In life experience, this would reflect the proverbial crossroads where one turns right or left. Picture a man in an art gallery at night. He carries a spotlight that he trains on the pictures in the corridor he is traveling. He sees scenes of his boyhood but then comes to a "T" junction where he can go right or left. He chooses to go left and continues to shine the spotlight on the pictures on the wall of the left hand corridor. He sees himself carrying out various actions, traveling to various places, making various friends etc. until he becomes a man. He NEVER sees the pictures in the right corridor that would have showed him what his life could have been had he made the decision to take the right corridor. He does not see that he would have died at age twenty three of a car accident. Instead he sees himself finishing college, having a good job and marrying.

All of this didn't make you feel any better did it? Well take heart. Many well-known philosophers and psychologists have taken seriously the evidence for precognitions and retrocognitions and have accepted that our common sense ideas of time itself may be false and misleading, in the same way as the theoretical physicists of the late 19th century came to realize that their ideas about space and time were wrong especially in the subatomic and astronomical realms. Can a human being be looked upon as the sum of the conscious field, subconscious field and a body with that "body" embedded in the Block Universe? Does that mean what we call our body is only an instantaneous slice of a larger and longer entity like a body envelope which the world line travels along? Is a person in a state of consciousness equivalent to the conscious field plus the subconscious field plus a body envelope?

If that is true does that mean an unconscious or dreaming person equivalent to the subconscious field plus the body envelope? What is two subconscious fields but not the corresponding conscious fields intersect? Could that create telepathic communication?

After all, it has been suggested by a number of psychologists and psychical researchers that the ring of conscious perception covers the whole lifespan of a human being - that a human being has knowledge of his/her whole life.



Are you crazy yet? Here - borrow my flashlight.

So now you are probably wondering if I have spoken to anyone who was capable of viewing these parallel roads and who made a decision based upon what was seen. That would be quite a trick aye? Well close but no cigar folks. The closest I came to the concept presented here was a gentleman who claimed he could traverse time on occasion. He claimed he could travel to the “astral world” as he called it and bi-locate while there and inspect just about “parallel” anything thus being able to view what he called, “Road A and parallel Road C disavowing Road B (his current life status).” What he saw seems to fit the theory presented here since he saw himself in completely different life situations which were basically diametrically opposed, one being for the most part, happy and successful and the other rather rogue and disappointing. He seemed not to be very affected by this grand mystical experience and made no changes in his life to go down one road or the other.

Brave of him methinks. Or stupid.

Images courtesy of Mysteries of Mind Space and Time and The Galaxy Express

META QUIZ

Take a shot at this Meta Quiz on the great Metaphysician, Healer and Prophet Edgar Cayce and test your own Metaphysical Mettle.

1. True or False – Edgar Cayce believed he would reincarnate in Nebraska in 2158 AD.
2. What star system did Cayce feel was the center of the Universe?
3. True or False – Cayce thought everyone should study astrology.
4. True or False – Cayce believed in universal balance and thought of evil as a separate force in the Universe.
5. In question 4, what two forces constituting balance did Cayce make reference?
6. Cayce was referred to as the Father of Holistic Medicine and he gave countless successful cures to many people. Did he ever collect a monetary fee?
7. True or False - One of Cayce’s favorite expressions was “The Mind is the Builder.”
8. What did Cayce think was the best substitute for meat?
9. The Cayce Diet was dominated by what?
10. What percentage of alkaline to acid did Cayce feel constituted a balanced diet?
11. What drink did Cayce say would aid in weight loss?
12. What New York stockbroker came to Cayce with an earache and not only received a cure but also financial advice that made him rich?
13. What was one of Cayce’s cures for interrupted sleep?
14. What did Cayce say the Soul did when a person went to sleep?
15. What did Cayce say the Soul looked like?
16. How did Cayce differentiate the Soul and the Spirit?
17. How much time did Cayce say was between lives?
18. True or False – In cases of accidental death at a young age Cayce believed the Soul reincarnated more quickly than usual.
19. What Gospel in the Bible did Cayce say verified reincarnation?
20. What value did Cayce place on the importance of recalling past lives?

Answers: 1.TRUE, 2.Arcturus, 3.TRUE, 4.TRUE, 5.The Force of Attraction and the Force that Repels. 6.No He became very ill if he tried. 7. TRUE, 8.Soy Beans, 9. Vegetables, 10. 80% Alkaline, 20% Acid, 11. 2 oz. of grape juice in 1 oz. of water half an hour before each meal and at bedtime. 12. Morton Blumenthal, 13. A little lemon juice with salt. 14. Left the body to astral travel. 15. An image of the Creator. 16. He said, “The spirit is the whole. The soul is the individual.” 17 He said incarnations came about in cycles dependent upon what the individual had accomplished through cycles of the earth’s passage. 18. TRUE, 19. John, 20. He believed it was important only if the information could be used in practical application in the present life experience.

The Reason

By Carol Golden c.h.t., MM

*Alas, the time has flown
And on its wings,
The passage of youth into maturity.
From out of the unknowingness
Experience begets wisdom,
Sorrow gives birth to growth,
Having challenged the inner soul
To become
To emerge
Into the light...
To evolve
To fulfill
The potentials
Of the spirit.*





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



SACRED SCIENCES

Aristotle (*Incomposites*, pg. 73)

This quote by Aristotle is from Goodreads.com and is in the public domain.

Loni Haas RMAFA, NCGR, DD (*The Soul of Astrology*, pg. 74 AND *What if? Parallel Roads*, Pg. 75)

Loni Haas is a behavioral therapist, veteran exoteric and esoteric astrologer, research member of the American Federation of Astrologers (AFA), member of the National Council of Geocosmic Research (NCGR), as well as a lifetime member of the American Association of Behavioral Therapists. She is an ordained minister and Doctor of Divinity of the Universal Light Church of Cincinnati, Ohio where she is certified in several healing modalities including crystal healing and chakra balancing.

Meta Quiz (*Edgar Cayce*, pg. 78)

The Meta Quiz is published courtesy of the Discerning Minds Research team.

Carol Golden (*The Reason*, pg. 79)

The Reason is published posthumously in honor of Carol Golden c.h.t MM, a metaphysician, Certified Psychic Counselor for 34 years, teacher and founder of the Mind Mastery Transformation hypno therapy technique. Carol taught metaphysics and parapsychology in a New Jersey college for 7 years, as well as 21 years of private classes. She had her own radio show called "Mind over Matter" on an educational band network in the New York region for 7 seasons. She was listed in the By-Region Network, an e-directory of Holistic and Spiritual practitioners. She was a member of the International Association of Behavioral Therapists as well as the Certified Psychics Association of America. Carol developed a personal transformation technique called "Mind Mastery" that permanently eliminated all the negative signatures and emotional attachments left in the body and psyche from a person's hurtful experiences (from all lifetimes). The process is based on quantum physics and allows people to maintain the wisdom learned from each of their challenges without the pain, and then totally empowers them for the future. It restores, or instills, a complete feeling of well-being and self-confidence as well as infinite self-love and self-esteem. Mind Mastery is still practiced today by Carol's trained certified facilitators.

C
R
E
A
T
I
V
E

M
U
S
I
C
I
N
G
S

*“While drawing I discover
what I really want to say.”*

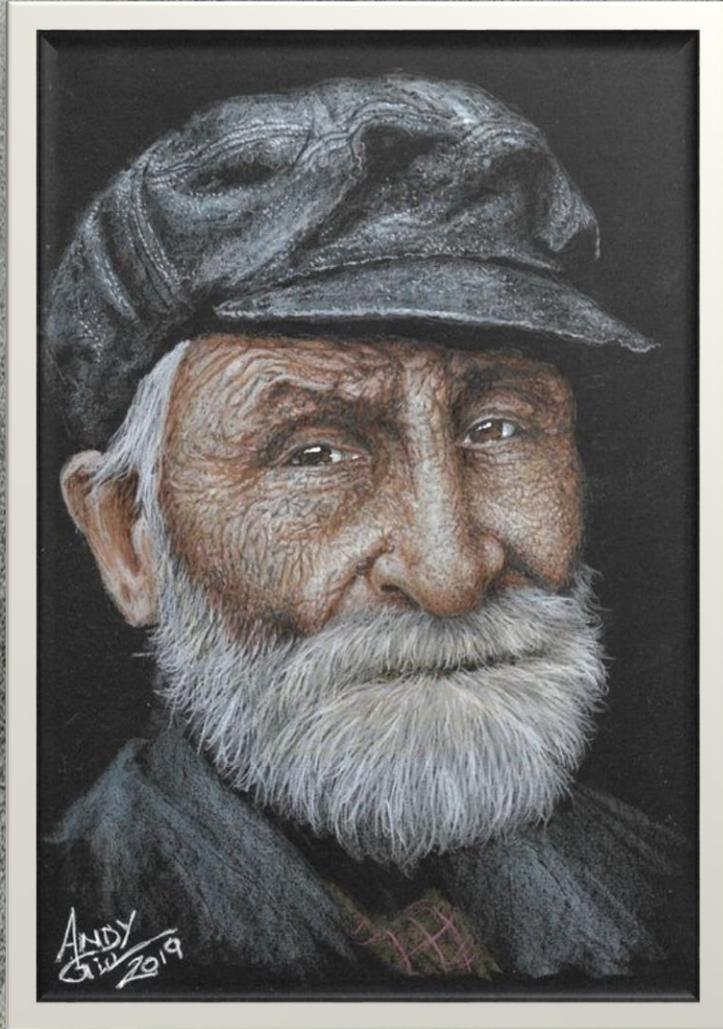


Section Managing Editor –Marique Quinn

© Discerning Minds 2021

Background Imagery: Cdd20 from Pixabay.com, Cover Design: Kim Tsiang

QUOTE: DANIEL FO @ cavepainting.com

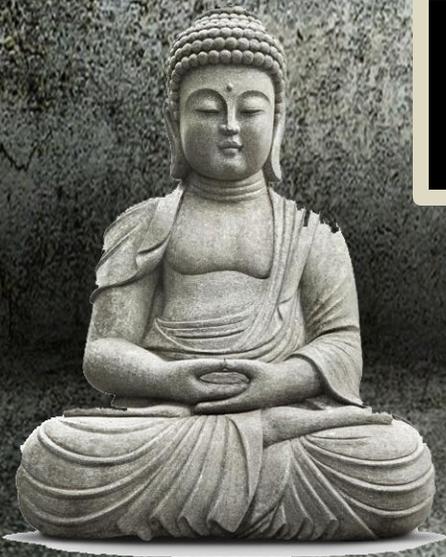


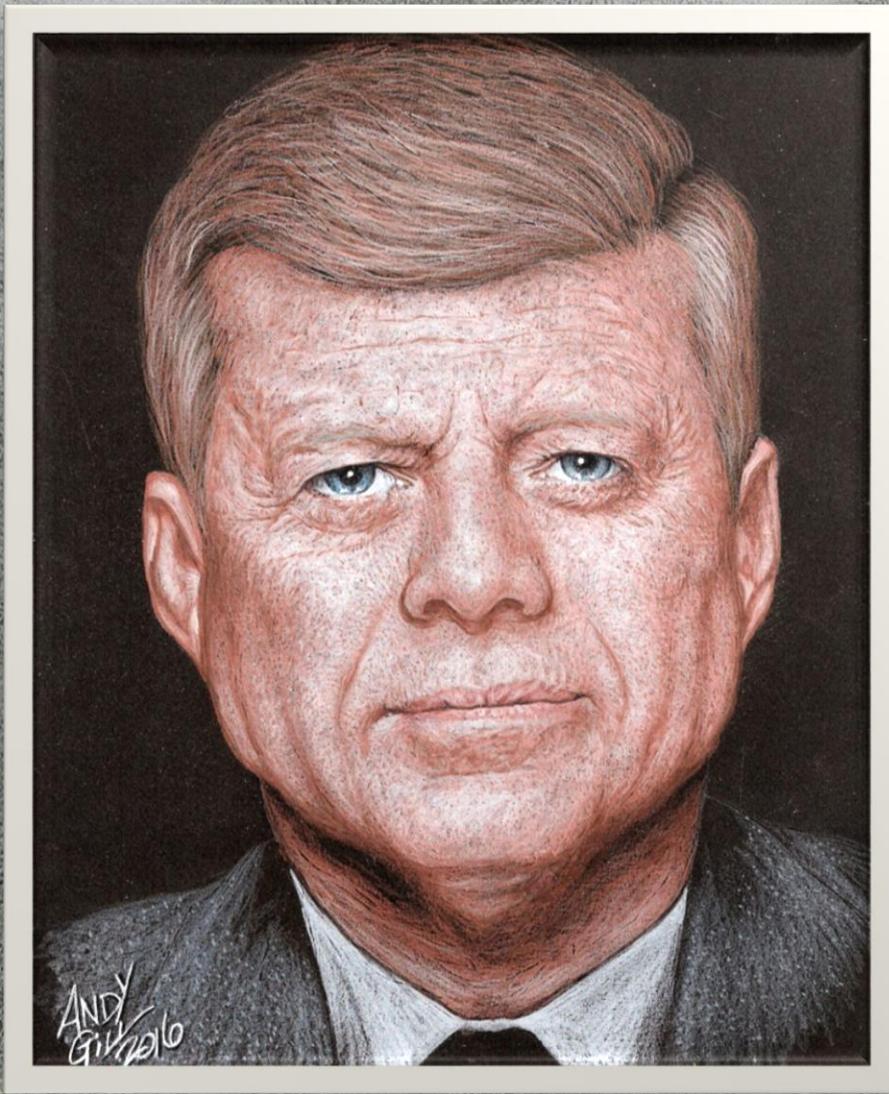
Andy Gill Art Gallery
THE CAPTAIN





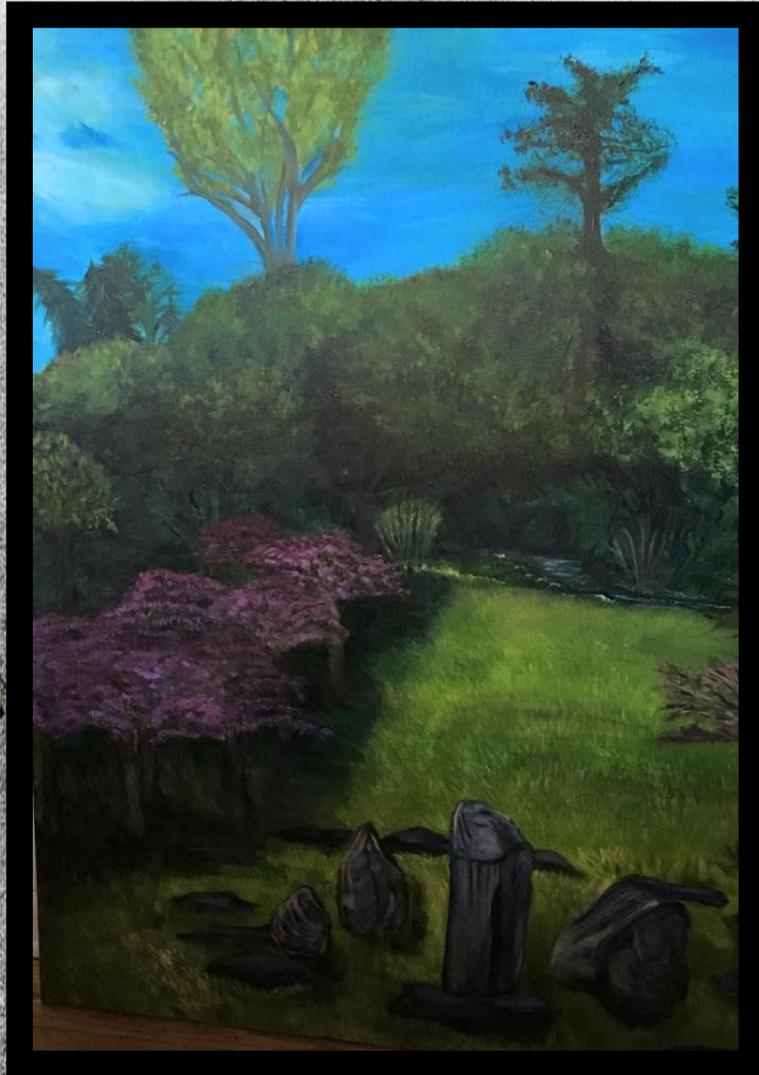
Andy Gill Art Gallery
WHITE SPLASH TIGER





Andy Gill Art Gallery
JFK





Beth Faraglia Art Gallery
CORNER PARK





Beth Faraglia Art Gallery

SCORPIO





Beth Faraglia Art Gallery

WOLFIE





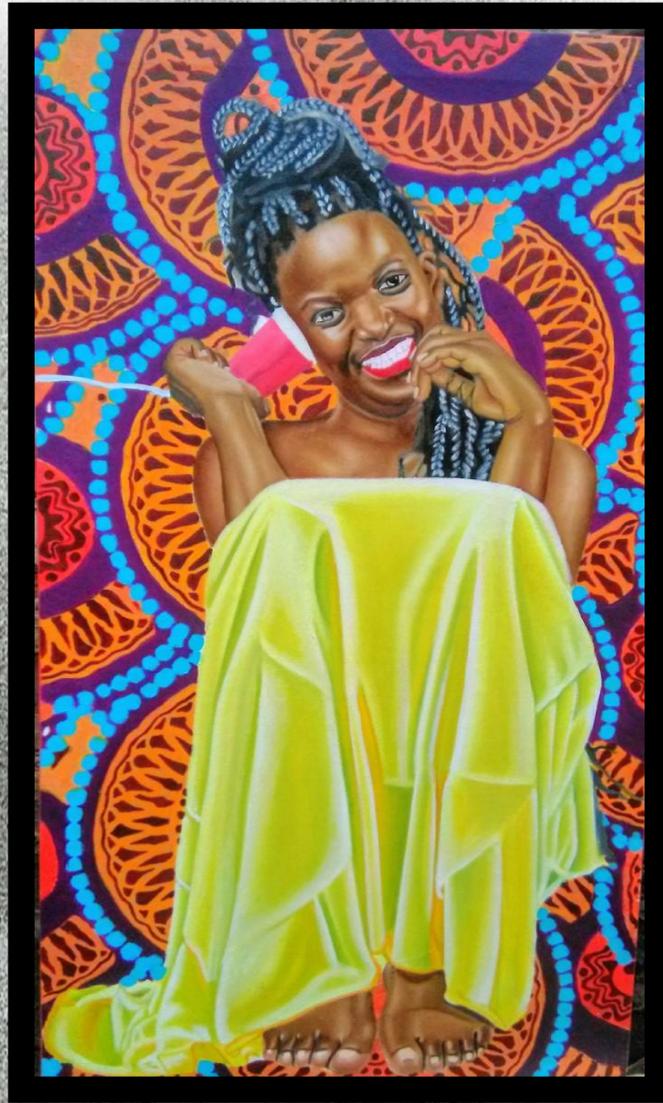
Sserwadda Remmy Art Gallery
DEAR ANGRY WOMAN





Sserwadda Remmy Art Gallery
SOUVENIRS





Sserwadda Remmy Art Gallery

THE CUP PHONE





Edward Milburn Design Gallery
DRAGON TOILET SEAT





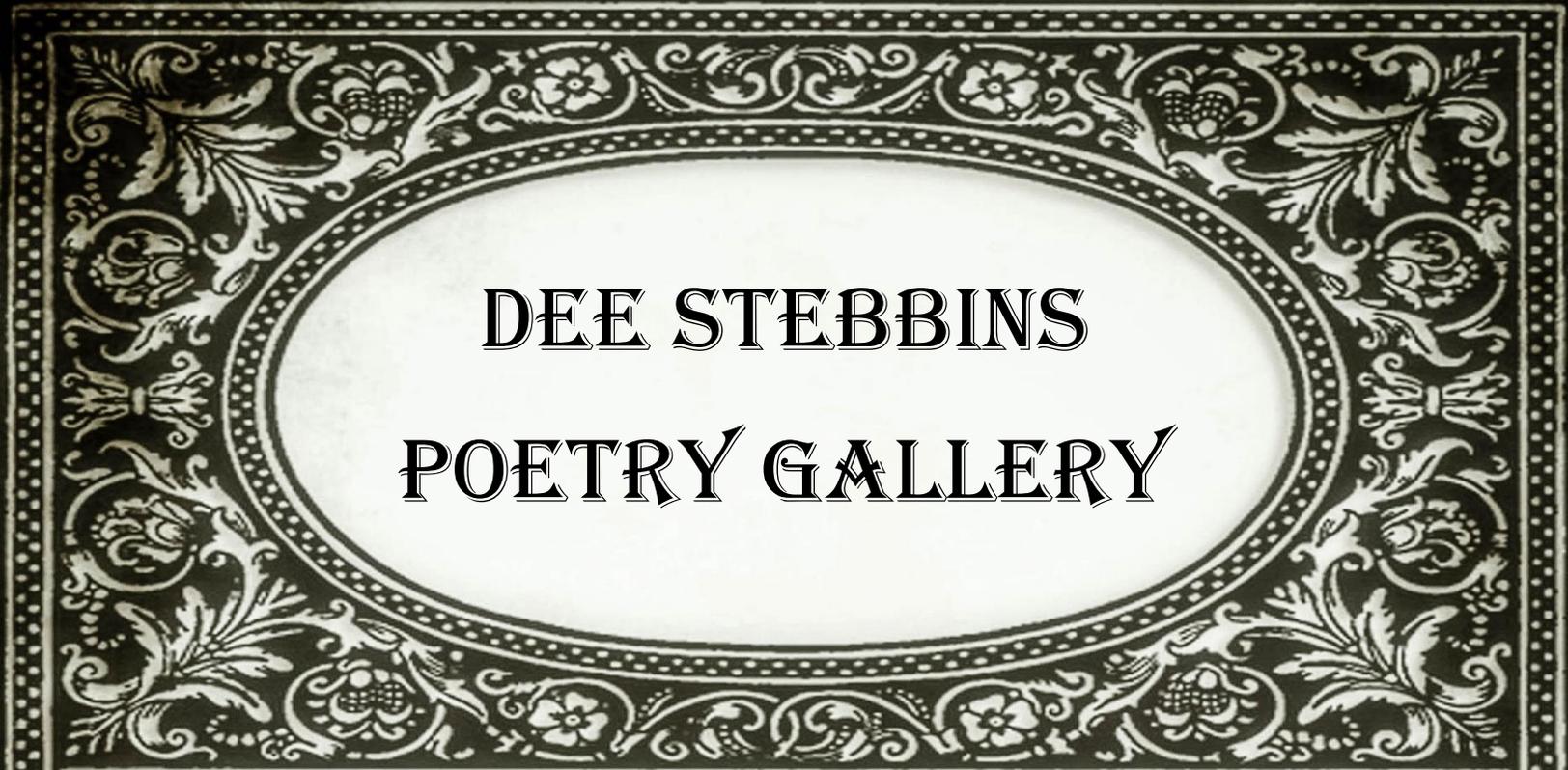
Edward Milburn Design Gallery
DRAGON T-SHIRT





Edward Milburn Design Gallery
FREEDOM POOL BALL

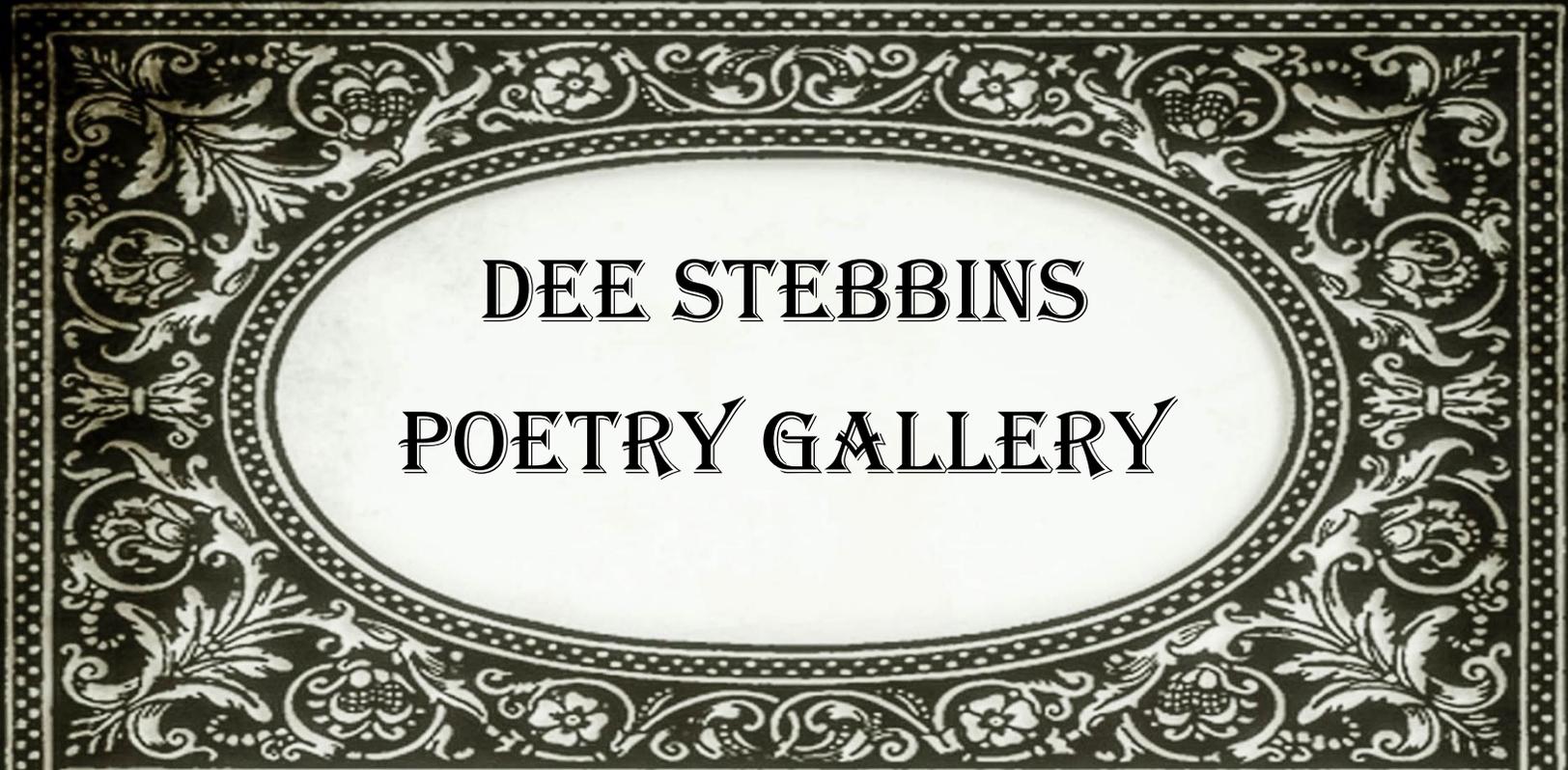




DEE STEBBINS
POETRY GALLERY

My Mother

*I remember your last days.
The fading smile, your quieter ways.
Eyes met in a farewell between mother and daughter,
Tears held inside.
I remember the matching dresses you made.
A vacation at the ocean, you taught me to swim.
I remember our laughter in a motel exercise room,
And looking at the southern full moon.
Memories flow as the winds blow through the autumn
trees.
I have crossed that bridge with lessons I've learned.
I may not have known all that you went through,
Time is the distance between me and you.*



DEE STEBBINS

POETRY GALLERY

Being a Mom

*Hey you,
There is something in the air
Can you feel it, change is everywhysterdays gone, and
tomorrow's not yet dawned.
We must wait until sunset.
Come to rest, your body is spent all that you've seen, you
trusted and felt.
Clouds roll smoothly across the sky, taking summer away,
Winds blow, soon to bring snow.
I stand remembering the past, our children! Growing so
fast.*

Our Daughter!

*A girl was born. That night the rain fell!
A storm raged, I didn't notice.
I was in anticipation of birth, then the moment came
I'll never forget those Bright eyes as they looked up.*

*She was the prettiest baby on the floor.
It was a rocky path with her special needs,
I knew that a bud lay beneath, waiting to bloom.*

Continued -

-94-

DEE STEBBINS

POETRY GALLERY

Continued –

*Then she was a toddler with laughter
That rang like a wind chime.
I wished I could stop time.
Look up then she's a clever little girl
Finding ways to get to that shelf up high.
Look up she's a promise of beauty at the tip of a flower bud
As it begins to unfold.
Look up she's a teen with troubles I knew not how to tame.
Now she's a lady, the rose is blooming
To lighten her surroundings
With the most brilliant colors.
She is strength! Compassion! Imaginative!
Look up she's 28 a young lady.
With creative energy.
Only a mother can know that it is
Not the Autism that defines her.
She defines the space around her.
She's my prized rose
I know I must step back and let her fly.*

-95-



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



CREATIVE MUSINGS

Andy Gill (*Art Gallery, pgs. 82-84*)

John Andrew Gill known as "Andy Gill" was born, In Moncton, New Brunswick, Canada, on November 6th, 1964, the first child (of two) John Herald Ronald Gill and Elizabeth Anne Gill (Burris). All through grade school (Wyn-wood School, Pleasant Street School, Sunny Side School) Pencils and paper kept his attention over his other classes. High School (Moncton High School 1980 -1984) he started to really focus on drawing (illustrating). From 1984 to 1989, he worked assorted jobs, then took an apprentice position in his father's print shop to acquire certified position as a printing press operator. A tragic turn in his life, (lose of his parents) really set him back, but, he decided to leave the printing trade and attend one year (1989-1990) of Mount Allison University (fine arts). This was the start of his freelance career, for many local advertising agencies, and Eastern Canada art commissions. Some noted personas Andy was commissioned to illustrate were, Former Premier Frank McKenna family portrait, and hockey legion, Paul Henderson. By 1999, he wanted to secure his skills as a designer/cartoonist, and attended MacKenzie College (1999-2000) and decide to pursue the three professions. By 2001-2002, mental illness had finally caught up with Andy, and depression quickly set in. By orders of his Physician and Physicist, he was to take time away for art, and full time employment. By 2006, it was apparent Andy would only maintain any art on a part time bases. By 2014 was once again, back at his antique drawing table. Working only part time (semi-retired) has enjoyed a comfortable pace, and achieved some minor attention on Social Media (Facebook, Twitter, Google, and now Youtube). Mostly a self-taught artist, Andy has never been awarded any achievements. The one noticed achievement he has acquired , (recent) was the appearance of a time lapse video of his illustration (Better Call Saul) on the International TV station AMC (American Movie Channel) during the airing (and, ongoing commercial airing of), The Walking Dead. Andy continues to create at his art, in his luxurious forest villa (Trailer Park. Haha) in an undisclosed address, with 5 cats. BoBo, Bandit, Rufus, Dusty, and Buddy. Andy's artwork can be found at the following links to purchase and see his artwork:

<https://www.deviantart.com/andygill1964>,
https://twitter.com/Andy_Gill48
Andy Gill (@Andy_Gill48) | Twitter

The latest Tweets from Andy Gill (@Andy_Gill48). I am a freelance illustrator/designer/cartoonist based out of Moncton, New Brunswick, Canada. Moncton, New Brunswick, Canada
twitter.com

<https://www.facebook.com/AndyGill1964/>

Andy Gill
Artist
30 Dupuis Ave., E1H 1E2 Lakeville Westmoreland, N.B.

Continued ...



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



Beth Faraglia (*Art Gallery pg.85-87*)

Beth Faraglia is a 61 year old self -taught painter. "I base all my work in nature. I am fascinated by the ever changing colors and moods of our surroundings."

My artwork at:

<https://www.facebook.com/Beth-Faraglia-Fine-Art-802521356543476>

<https://www.instagram.com/bethfaraglia/>

Sserwadda Remmy (*Art Gallery, Pgs. 88-90*)

My name is Sserwadda Remmy. I am 26 years old and was born and raised in Kampla City in Uganda where I still currently live. I paint realistic human figures in conceptual poses and posture with a bit of kitenge prints in the back ground to symbolize Africanity and having African origins. My painting Souvenirs is about a man after work with a missing love pattern so he has nothing else to think about but rekindle the old good or bad memories. This can be purchased for \$1000. My painting the Cup Phone Call is about the labor people in love got through to please their loved ones and they tell them all the good things just to make them happy. This can be purchased for \$1000. My painting Dear Angry Woman is about how an angry woman would want to express herself but sometimes opts for violence to calm anger down. This can be purchased for \$1000.

My artwork can be found at:

[\(20+\) True colours of art | Facebook](#)

sserwaddaremy@gmail.com (@sserwaddaremy) • [Instagram photos and videos](#)

Email: sserwaddaremy@gmail.com

We are greatest contemporary artists of this century, the most formidable creative artists and prolific artist contact us on 0754578242 and 0757124481 <http://josegalvan.artscad.com/A55A04/A3.nsf/plinks>

This is my personal contact and +256-754578242 on whatsapp

Edward Milburn (*Design Gallery, Pgs. 91-93*)

My name is Eddie Milburn, aka Crazything. I'm the owner of Crazythingart airbrush business. Airbrushing is my passion, my dream, and now it's my income! I lead my 2 sons, (7 and 12yr old) by example, by showing them, with God and hard work..... Anything is possible! I put a lot myself into my work, take pride in airbrushing 100% freehand. I want my art to be pure, and unique. My goal is to use my airbrush to create smiles for those that need it. I want to show the world what i can do. My art can be found on [facebook.com/crazythingart](https://www.facebook.com/crazythingart)..... crazythingart.com [etsy.shop/shop/crazythingart](https://www.etsy.com/shop/crazythingart) [crazything42724@instagram.com](https://www.instagram.com/crazything42724)

Continued ...



AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



Dee Stebbins (*Poetry Gallery, Pgs.94-95*)

I started writing poetry in my early 20s, life motivated me to write. I love flowers and doing floral arrangements, I love to plant things. I like walking, reading, sci-fi and romance novels and mysteries. I like movies. I grew up in a small town in Illinois, and am an only child. I have diamond doves which I am raising. They are very small doves the size of parakeets. They are bluish gray with white dots on their wings and orange eye circles around their red eyes. I love raising doves, they are so cute. I love to bird watch as well, and walk on the trails birdwatching. Birds are my favorite of God's creatures.



ODD VANT GUARDE

“Nonsense is so good only because common sense is so limited.”



Section Managing Editor –Oscar “Trashman” Corelli

© Discerning Minds 2021

Background image by Jills @ Pixabay.com, Page Design Kim Tsiang

Quote: George Santayana @ www.azquotes.com

Birdle Burble

I went out of mind and then came to my senses
By meeting a magpie who mixed up his tenses,
Who muddled distinctions of nouns and of verbs,
And insisted that logic is bad for the birds.
With a poo-wee cluck and a chit, chit-chit;
The grammar and meaning don't matter a bit.
The stars in their courses have no destination;
The train of events will arrive at no station;
The inmost and ultimate Self of us all
Is dancing on nothing and having a ball.
So with a chat for chit and with tat for tit,
this will be that, and that will be it!

(Poem for James Broughton)
— Alan Watts @Goodreads



What's Up Fiona?

By Jonathan Corelli

The Legacy of William Sharp ...

In Scotland, there is a publishing company that was set up and devoted to works of a spirit writer by the name of William Sharp. Like many of his day, Sharp used a pseudonym ... one Fiona Macleod to be exact - his feminine side personified.

Not so unusual when you think about it.

The fact that Fiona was Sharp's rather active alter ego adds a wee bit of eccentricity to the mix.

Rather colorful one might think.

An additional fait accompli however in the form of spirit communication in the early days of the 1970s to an American, Konrad Hopkins makes the whole affair downright weird. Even stranger? Sharp had a collective name for his two selves - *Wilfion*.

Sharp was born in Paisley, Scotland in 1855 and died in 1905 in Sicily at the age of 50. He considered himself a self-styled poet and occultist. On his grave there is an Iona Cross bearing two epitaphs:

*Farewell to the known and exhausted –
Welcome to the unknown and illimitable –*

AND

*Love is greater than we conceive,
And Death is the keeper of the unknown redemptions. F.M.*

The latter epitaph of course belongs to Fiona.

It was Fiona, who by name and works was credited with inspiring the Celtic Renaissance in late 19th century Scotland.

Certainly that is a big deal.

Continued ...

Continued ...

A bit of background ...

*Throughout his life Sharp suffered ill-health. As a child he had a great love of nature and the outdoors which was enhanced by his nurse's telling of Gaelic folktales and stories. When he was 18 he spent three months living with a company of gypsies. While at university he studied poetry, philosophy, occultism, spiritualism and folklore. In 1876 he voyaged to Australia but came back a year later although the experience had been powerfully creative. In 1878 he joined the famous Rossetti literary group, a Pre-Raphaelite and aesthetic literary group. In his first book of poetry *The Human Inheritance, The New Hope, Motherhood and Other Poems* (1882) an important focus is given to Sharp's early belief in spirit of place (or *genus loci*), which supports a strong mystical core. These threads of mysticism and spirituality also appeared in many of his later works. Following a trip to Italy in 1891 he entered into a decade of extremely productive and creative writing imbued with all his interests of mysticism, mythology, folklore, spirituality and philosophy. Then in 1892 Sharp published what was to be his greatest and most remarkable work – *The Pagan Review* – a single issue journal filled with pagan and Celtic historically based works, although all these works were written under the pseudonym of *Fiona MacLeod*. He also joined the *Hermetic Order of the Golden Dawn* and was a central figure in the *Edinburgh group*, part of the *Celtic Twilight* or *Celtic Revival*.**

Into the future ...

Konrad Hopkins was an expert on William Sharp and was also subject to receiving psychic scripts from various discarnate souls such as King George VI. In 1974 he met a Dutch sensitive, Ronald van Roekel and soon afterwards they began a publishing venture in Paisley, Scotland, called *Wifion Books*.

And in the meantime ...

On the Isle of Wight (where supernatural happenings are quite common according to the tales of history) a woman called Margo Williams was fast discovering her 'long-hidden' gifts as a medium. By 1980, Margo had received more than 4000 psychic scripts which she claims were dictated by more than 360 discarnate persons. She also states that her first spirit guide was an entity called Jane and that her second was ... guess who? William Sharp.

Continued ...

Continued ...

As the plot thickens, it was William Sharp who clairaudiently informed Konrad Hopkins of Margo Williams. No surprise as to what followed. After much correspondence, plans went underway for *The Wilfion scripts* which were to be channeled through Mrs. Williams and published by Wilfion Books.

The Wilfion scripts consists of 92 verses and some prose. The verses are short and described to be child-like and well, not very astute. In the introduction, Hopkins and Roekel include this apology for the quality of the verses:

Sharp ... admits the verse is bad because he is trying to reach a confession of a truly horrific sight which he either saw himself or relived through his ability to pick up sensations at stone circles and it then haunted him the rest of his life.

Say what?

Mrs. Williams on the other was much more generous ascribing a “masterly economy of words” to Wilfion.

Allegedly, on December 12, 1976, Sharp dictated this to Williams:

*Observes scenes from the past
Which impress and will last
Scenes which survive throughout the ages
Make interesting reading on pages.*

On January 19, 1977 Sharp came forth with this:

*What a joke
I can cloak
Sharp by name
But be the same.
Macleod be known by
Until day I die,
Write tales so strange
Over a wide range
Celtic verse
Sounds much worse
From intelligent being
Little folk to be seeing,*

Continued

Continued ...

*What a joke,
Make men choke
With laughter loud
About Macleod.*

Had Sharp picked up on his critics?

Poetic occultists who can transcend the barrier and pierce the veil ...

Ya gotta' love em!

*<https://celticawitch.wordpress.com/category/faerie-ring/>

Rehash Resource: *Literature and the Dead*, pg. 2359, *Unexplained*, Vol. 19



Gnome Gnosis

By Steve Prellwitz

By request, I offer the following instructive scene with two of my dwarf friends, Keebler (so-called for his resemblance to the cookie mascot) and his boss, Mister Grey, UFO commander.

Keebler knelt down before us, removing his red Phrygian cap. Sitting on the top of his mound of wispy white hair was the leprechaun. It was a miniature humanoid, dressed in an emerald green tailored suit and top hat. He had flaming red hair and eyes that glinted with an eerie intelligence.

The little figure jumped down to the floor, landing with a theatrical flourish. At the urging of Mister Grey's long, pointing finger, he skipped over to the square layout of Apocalypse Plates. I noted that the relative scale of the archetypal figures drawn on the trumps matched that of the leprechaun. He stepped onto the nearest plate, which in this case was *The Hermit*. As his gold-buckled shoe touched the plastic, a strange energy sparked up from the trump. Slowly, the leprechaun pushed his little foot against the plate, passing as if through a looking glass into the world depicted on its surface. The whole scene was now bizarrely three-dimensional. It was like a real window.

"Wow," was all I could say. Keebler laughed, but his boss said nothing as he carefully scrutinized what was happening.

Each Apocalypse Plate features the appropriate archetypal character standing on a path, facing the viewer. The pathway continues in perspective fashion, moving back in the distance to an archway leading inside the tower representing Chapel Perilous. In this case, the path behind *The Hermit* receded to a yellow brick wall, and now the three of us watched as the leprechaun got smaller and smaller, moving away from us towards the doorway beyond. As he entered the Sun level of the Chapel, the trump became two-dimensional once again. "We are done for tonight," Mister Grey declared before I could ask any further questions. "Your system must be given the ability to properly respond."

By the time he finished speaking, both dwarves were gone.

Just before they returned the following night, I noticed the promised reaction.

There was a striking glitter to the plates, as if some kind of glowing dust were sprinkled over them. I sat down in the middle of the square, concentrating my mind.

Continued ...



Continued ...

I sat down in the middle of the square, concentrating my mind. As I did so, one trump in particular seemed to draw all the dust towards it in a silent glittering whirlwind. I was not surprised when I saw which one it was: *The Wizard*, my personal plate of power. Something was rising up out of the plate, as if the figure on the trump was astrally projecting his little self in a way identical to what I did at a larger scale during the memory cube this current pattern encoded.

Within a few seconds, there stood upon *The Wizard* a perfect double, robed in orange like the image on the trump.

The figure tossed off the robe, letting this dissolve along with the rest of the mysterious dust-cloud swirling away.

I was now looking at my *gnome*, a miniature replica of myself as a bearded Wise Old Man, wearing a conical hat colored a deep red-orange. The gnome was dressed in a simple grey jumpsuit, but he also wore over it a tiny T-shirt bearing an image of the ancient Egyptian hieroglyph- “The Winged Disk”- corresponding to the archetype in our original Cartouche system.

I laughed with joy. Now *this* was cool

“Superb,” Mister Grey said from behind me. I rose and spun around, just as Keebler also phased into my reality.

“I always thought gnomes *were* real,” I told them, “but I never imagined I’d be seeing one with my own face. Can you explain?”

“Gnomes are to humans,” Keebler replied, “as leprechauns are to dwarves.”

“How so?” I asked while my miniature self-danced gleefully across the plates.

“The Little People in their various forms,” Mister Grey said, “are a result of the planetary mind intersecting with individual destiny. Unconscious forces are personified as these small figures to conscious beings like ourselves. They are similar to insectoid intelligence, acting as intermediaries. The Fae join Free Will and Fate.”

“Insectoid?” I asked incredulously.

“Yes- they *are* active and aware, but *not* conscious. They have a hive mind that takes providential orders issued by the necessities of destiny. Your gnome delivers to you all the fantastic gifts of divine intervention that charge your sense of personal fortune.

Continued ...



Continued ...

“So how did Keebler’s leprechaun make my gnome appear? I must have had this little guy with me *my whole life*, if I understand what you are saying. Why is this the first time I’ve seen him?”

“It is like an immune system response,” Mister Grey continued. “By stimulating your soul via the leprechaun, the gnome became perceptible as a result of that numinous intrusion. In simple terms, the faerie dust was transferred from Keebler’s familiar to your own, making your gnome appear visually in your third eye.”

“Wait a second, please,” I interjected. “I need some clarification. You just called it faerie dust. Are you saying that gnomes and leprechauns are really fairies?”

“*Fae-rie*,” he enunciated clearly, “or, of the Fae people, refers to the class of beings that appear to us in this miniaturized form. There are four principle types, each originating with beings of our stature and scale. Gnomes are the Fae people for humans. Leprechauns represent the same thing for dwarves. Elves, who once ruled the earth but have long since passed away from here, left behind *their* Fae people, and these creatures of light are what you think of as fairies. In the centuries since the departure of the elves, the fairy folk have attached themselves to humanity and replaced gnomes for a minority of your population, acting as guardian angels and protectors.

“Gnomes and fairies work together to weave all the meaningful events of human life. These two positive forces are opposed by the final type of Fae creatures, the devilish imps, agents of chaos whose sole purpose is to cause misfortune and danger. Imps are by far the oldest, most powerful of the Faerie. They are remnants of earth’s original intelligence, generated by a dark race of dinosaur devils many millions of years ago.”

“What about undines, sylphs, brownies, and so on?” I asked.

“Those are all variant names of the four types. There is much confusion about this subject in human folklore.”

Indeed there is. The main thing for you to take away at this point, as it was for me during this dialogue with the dwarves, is the fundamental relationship between the scales of intelligence on this planet. We *all* have gnomes or fairies helping us personally, acting as stage hands in the theatre of life, shaping the so-called objective world. If we learn how, we *can* see them. Of course whether or not we *do* is irrelevant.

What matters is our inescapable elemental partnership with Mother Earth as embodied by the Faerie.

Meaninglessness Yields the Profoundest Meaning

By Alan Watts

“Why do we love nonsense? Why do we love Lewis Carroll with his “‘Twas brillig, and the slithy toves did gyre and gimble in the wabe, all mimsy were the borogoves, and the mome raths outgrabe...”?”

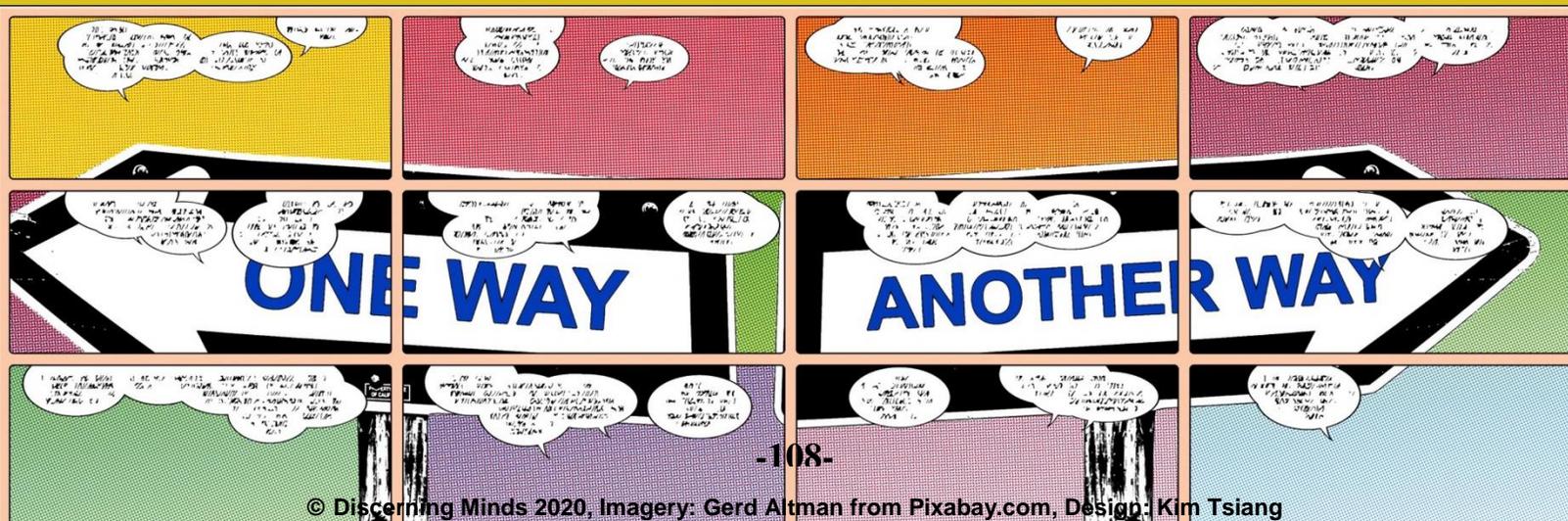
Why is it that all those old English songs are full of “Fal-de-riddle-eye-do” and “Hey-nonny-nonny” and all those babbling choruses?

Why is it that when we get “hep” with jazz we just go “Boody-boody-boop-de-boo” and so on, and enjoy ourselves swinging with it?

It is this participation in the essential glorious nonsense that is at the heart of the world, not necessarily going anywhere.

It seems that only in moments of unusual insight and illumination that we get the point of this, and find that the true meaning of life is no meaning, that its purpose is no purpose, and that its sense is nonsense. Still, we want to use the word “significant.” Is this significant nonsense? Is this a kind of nonsense that is not just chaos, that is not just blathering balderdash, but rather has in it rhythm, fascinating complexity, and a kind of artistry?

It is in this kind of meaninglessness that we come to the profoundest meaning.”



New Year's Eve ABSOLUTIONS

By Jonathan H. Corelli

God makes all kinds of different people, to do to all kinds of different things. If He didn't, we would all be bored to distraction.

Some people are social by nature, the life of the party (look at me!). We want to BE them! Some people like to have fun and poke at life's serious edges. Most times they annoy and we want to hit them. Then, there are some people so serious, you'd think they lived in a cemetery. Too much seriousness can lead to stress, and excess stress can lead to health problems, and health problems can lead to death, and death usually leads to the cemetery. That just sucks eggs.

Me? I'm a bit of a social poker ... I even have the spiritual and physical battle scars that have been leveled at me by others to prove it. That having been said, allow me to address the fine old tradition of New Year's Eve resolutions. "Resolution" – the word even sounds ugly.

Historic Background: We all know by now that New Year's is just a holiday created by calendar companies who don't want you reusing last year's calendar. It has been a conspiracy ... like 4-ev-a! New Year's Eve resolutions were created by the multi-effort of the alliance of religious leaders, psychologists, several nationwide gym chains and of course the Illuminati. The main control factor here ... GUILT. And don't we all just love guilt? What would we do without it? What's that you say? I'm lying? So what? It is still a secular tradition dating all the way back to the Babylonians that is guilt based. Get a sense of humor will ya? Geesh.

I think perhaps it is time for change. Perhaps it is time to chop off those gossamer threads that hold us fast to those "resolutions" we make and never have the follow through to finish thus creating more guilt and more miles on the treadmill. I say it is time for anarchy! I say it is time for ABSOLUTIONS!

Continued ...



Continued ...

I'll go first. Here is my NYE Absolution list. Yes, I have been saved ...

I will stop hanging out with people who have made New Year's resolutions and ask me about my New Year's resolutions. They're all hypocrites anyway.

I will not try to change myself – I will BE myself.

I will stop considering other people's feelings when they so obviously don't consider mine - if that unwashed fellow sits next to me again, I'll tell him he stinks!

NYE is not the life-changing event people think it is so I will let people know if their lives sucked last year, they're probably still going to suck tomorrow and the next day.

When I hear a funny joke I will not reply, "LOL, LMAO, or ROTFLMAO!" I might reply "STFU."

I will try to figure out why I "really" need 15 social media accounts.

I will stop exercising. Waste of time besides too much is bad for your health, it can even kill you.

I will procrastinate more simply because it is annoying to others. They just need to slow down anyway, right?

I will do less laundry and use more deodorant.

Stop buying worthless junk on EBay, because QVC has better specials.

I will find new and interesting things to hate about my job in 2021.

I will spend less than \$1000 for coffee at Starbucks this year. (So I lied).

I will spend less than one hour a day on the Internet. This, of course, will be hard to estimate since I'm not a clock watcher.

I will balance my checkbook. (On my nose).



Continued ...

Continued ...

I will eat more nice things like candy, Big Macs, popcorn and ice cream. Eat less crap like fresh fruit, vegetables and soy nuts.

I will start buying lottery tickets at a luckier store.

FINALLY ...

There have been many times over the years, when I have annoyed you, disturbed you, irritated you, and bugged the hell out of you....today I just wanna tell you I plan to continue in 2021 and beyond!

Happy New Year!

New Year's is a harmless annual institution, of no particular use to anybody save as a scapegoat for promiscuous drunks, and friendly calls and humbug resolutions. ~ Mark Twain





AUTHOR BIOGRAPHIES



Author contact (unless otherwise noted): editor.discerningminds@gmail.com

Please type author name in the subject bar and leave a short statement of intent for contacting the author. Biography content is published according to the desires of each author. For reasons of privacy, some authors prefer to remain more general in personal disclosure than others. *Copyright for all content belongs to each author. It may not be reproduced, distributed or transmitted in any form without explicit permission of the author.*



ODD VANT GARDE

Alan Watts (*Birdie Burble - quote, pg. 100 and Meaninglessness Yields the Profoundest Meaning pg. 108*)

Alan Wilson Watts (6 January 1915 – 16 November 1973) was a British writer and speaker known for interpreting and popularizing Buddhism, Taoism, and Hinduism for a Western audience. The quote was garnered from Goodreads.com and is in the public domain.

Jonathan H. Corelli (*What's up Fiona? pg. 101 and New Year's Eve ABSOLUTIONS, pg. 109*)

Jonathan lives in New York and in Montana (during the summer months). He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."

Steve Prellwitz (*Gnome Gnosis, pg. 105*)

"Cosmic" Steve is a shaman, alchemist, apocalyptic prophet, martial artist, end times commentator, and wizard in the grand Gandalf tradition. His ongoing investigation across thirty years of the secret powers that make the world led him to penetrate the mysteries of international Freemasonry, becoming one of the Top Men of the Great Unfinished Pyramid. Cosmic Steve has also met the dwarves who run the UFO and the beautiful people they serve. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is an official Plenipotentiary Ambassador for humanity on the galactic stage. He is also a funny warm-hearted guy who doesn't take himself too seriously.