Premiere Quarterly Edition DISCERNII G MINDS Volume 31 2025 Metaphysical Journal For The Abstract Enthusiast SACRED SCIENCES * ESOTERICISM * ARCANA * CREATIVE THOUGHT * PHILOSOPHIC TRENDS

What's Your Persepctive?



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What's Your Perspective?

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MIND TEAM TAKING AIM

Our Editorial and Managerial Teams are comprised of open minded people from different walks of life, professional backgrounds and divergent spiritual paths. Each team member brings to the table their own brand of expertise based upon educational accomplishment and practical life experience. They share their gifts and abilities as a team in order to present this E-Zine with the mindset of sharing information and uncovering truths.

Content contributors of Discerning Minds hail from all parts of the world with a desire to showcase and share their original thoughts, creativity, ideas, theories and speculations. If you would like to submit an article for possible publication please contact editor.discerningminds@gmail.com with your proposal. Include a brief one paragraph summary of your work and why you would like it published. Up to two articles may be submitted for publication in a single issue. *Only original* articles/art/photography that fall into section category subject matter are considered for publication. The age requirement is 21 years and older. Accepted submissions are published gratis. Discerning Minds does not offer remuneration for published content.

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The Human Condition – Serious or humorous narratives, or prose about life, emotions and empathy based in life experiences, psychology of being, dream analysis, synchronicity, reincarnation, personal musings.

A Matter of Spirit – Esotericism, Higher Mind, Karma/Dharma, miracles, reincarnation, meditation, symbolic or religious/spiritual metaphoric accounts.

Body Temple – Alternative health, holistics, ancient and new healing, mind methods, auras.

Phenomena Files – Paranormal, extranormal, ultra-normal and unexplained experiences, Parapsychology, cryptids, UFOs, curses.

Arcanus Obscurum – Ancient theories, Nature, magical arts, crystals, symbology, shamanism, hermetics, alchemy, visions, Kamea, divination, secret societies, brotherhoods, angels and daemons, obscure deities.

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Odd-vant Guarde – Atypical, curious, paradox, eccentric or uncanny chronicles, yarns cartoons. Quirk ology. Opinions.

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The Human Condition Section Managing Editor - Dr. Daria Novicki © Discerning Minds 2025, QUOTE: Image by Image by Эльвина Якубова from Pixabay **Cover Design: Kim Tsiang**

If you obsess over whether you are making the right decision, you are basically assuming that the universe will reward you for one thing and punish you for another.

The universe has no fixed agenda. Once you make any decision, it works around that decision. There is no right or wrong, only a series of possibilities that shift with each thought, feeling, and action that you experience.



If this sounds too mystical, refer again to the body. Every significant vital sign- body temperature, heart rate, oxygen consumption, hormone level, brain activity, and so on- alters the moment you decide to do anything... decisions are signals telling your body, mind, and environment to move in a certain direction.

Angelic OR Coincidence?

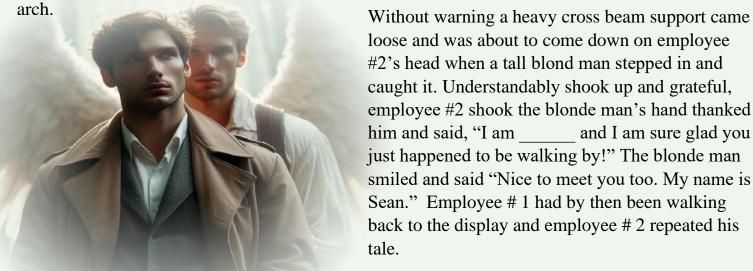
By

Ever wonder about people? ... and why things happen the "way" they do?

I thought I would share an uncanny story about *one day in the life* (as the saying goes) where some unexplainable and small wonders happened. I feel this was a supernatural event but I am no expert so I will leave it up to whoever reads this to draw their own conclusions. I do have my own opinion based as much on psychic impression as well as facts.

I work in a local mall four days a week for about two years now which has allowed me to become acquainted with many other store employees from various locations about the mall. Usually on one day or another at least six of us gather in the food court to share lunch and the "tales of retail" as we like to call them. On a particular Sunday afternoon between the hours of 11:00 am and noon, several of us were confronted with a tall, strapping, blonde, good looking man who appeared to around the age of 27-30 years old. He had stopped in a variety of stores where he was either browsing or buying and had interaction with some of us. Here are the incidents as they were shared with me by other employees. I left out the actual store names as that bears little influence on what happened and seems unrelated.

- 1. One employee of a cosmetics store had gone to work with a horrible headache which was getting worse as the hours progressed. She was doing double duty as salesgirl and working the register and was very stressed. There were about seven people in line and "Sean" was at the end of the line with a small purchase. Most of the customers in line were pleasant but one asked the employee if she was not feeling well and of course, the answer was, "I just have a splitting headache." That was when "Sean" stepped up, reached into his pocket and pulled out a brand-new bottle of Excedrin and offered it to the employee. She was grateful and said she would go out to the stockroom for some water and be right back. When she came back, "Sean" was gone and the unopened, sealed bottle was still on the counter with a note written on the back of a store flyer saying: "Keep it you may need more tomorrow." It was signed "Sean."
- 2. 2. Switch to a sporting goods store scenario: Two employees were setting up a very heavy display of custom wood and wrought iron garden arch. The initial framework had been partially assembled but it was discovered that a few extra tools were needed so employee #1 went off to get them. In the meantime employee #2 decided to clean up the wrapping and packing material underneath the



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"Sean" who had been there only minutes before was nowhere to be seen anywhere in the store. When asked, another customer who had been standing by when the incident happened said she never saw anyone with "Sean's description" at all.

- 3. Food court late morning ... employee just signing in for work notices the following: A frazzled mother with three small unruly children stops for a snack. The kids are acting out and eating and drinking at the same time. One child starts to choke. The mother frantically tries the Heimlich maneuver but is not getting results. Enter "Sean" who just happens to be walking by, grabs the child, applies Heimlich and the food is dislodged. Totally grateful mother offers to pay the stranger who refuses. She asks, "May I at least know your name?" The stranger smiles and says, "Sean," gives the woman a hug and walks away.
- 4. Department store. Customer who is obviously in a hurry, pays for her merchandise and then becomes aware she cannot find her car keys. She angrily dumps the content of her purse on the counter and rummages through it with no results. She next checks her pockets but still no keys. She and the store employee begin looking on the floor around the counter with no results. The woman is about to call her husband to bring an extra set out to the store when a tall blonde man taps her on the shoulder, hands her the car keys and says, "I saw you drop these." Very relieved the woman is full of repetitive gratitude and as the man walks away, she says, "Wait, what is your name?" The man turns and smiles and says, "Sean. Have a blessed day."
- 5. This is my own tale of "Sean." I had pre-ordered a sandwich to be delivered to me from one of the mall vendors I had never ordered from before. When it arrived, I had placed it in the employee's lounge refrigerator until I was ready to eat it. I am at my register when a tall blonde man comes up to make the purchase of a sports shirt. We engage in some idle chatter as is the usual case when I am checking a customer out. He, of course can see my name from my name tag. The man pays cash and gets ready to leave saying, "It was very nice to meet you ______, my name is Sean." He shook my hand and then held it for a brief moment, looked me dead in the eye and said, "If I were you, I wouldn't eat that sandwich. That vendor does not have a good reputation." A bit dazed and confused, the only thing I could utter was a weak, "thanks." Long story short, I did not eat that sandwich and found out two days

So now I'll just leave it to you. Who or what was 'Sean?" Just a good Samaritan who was at the right time at the right place? Was he an angel in disguise? Even better, why were the five of us so fortunate that day?



O-Pine-Needles

By Jonathan Corelli

Lately I have been considering closing my various social media accounts because quite frankly, people have become a bore. They weren't always that way. As a matter of fact, they were quite amusing, funny and even brilliant at times but now they lost their edge. They seem to be focused on all the wrong things and become quite primal and tribal. Yeah, yeah, you could argue that they have always been that way but this all has a different feel and it sure isn't just a 'timely revolution', you know one of those concepts that the experts tell you must occur for the evolution of mankind. It also isn't some other horse dookie that phony gurus tout about spiritual cleansing of the vast collective.

The other day, a gay friend told me that God is merely separating the wheat from the chaff (which He does every millennium or so) and that Satan is an undercover agent dressed in drag to fool the masses. He was kidding of course but my mind immediately conjured up the Red Queen from Alice in Wonderland all decked out in royal robes and wearing an enormous amount of bright red lipstick spitting out, "off with their heads!"

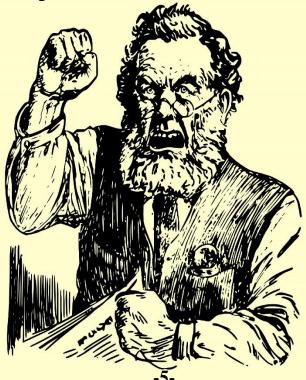
Tell you one thing friend, if the Red Queen is really Satan, *she sure* is taking heads.

Lots of them.

And social media is her bitch. All of it.

It's the whole passive-aggressive capability social platforms offer. It's easy to crucify, "that guy who didn't agree with me and needs to be straightened out" AND "How DARE he vote the way he did!" AND "I will deny and I will rebel." Those more creative design cruel memes generally based in untruths because disbelief can be a real bitch. Let's face it we all laugh and hide behind our keyboards yelling, "freedom of speech!" More like freedom of hate.

We don't need Satan – we are taking each other out.



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Maybe that's Queenie plan.

I won't get into the myriad ramifications of current politics but, it is one baseline influence and there is absolutely no reasoning with any of it mainly because experience has taught me hell-bent people actually like to be angry and offended and defensive. The worst thing that could ever happen is that they be "wrong" about something. Politics has always been an excuse for crazy behavior since ancient days. We could shrug and say, "It's only human." I say it has now become inhuman. A person's political stance has always meant very little to me but their personal character weighed heavily in my estimation. Unfortunately, now it seems to be the platform du juor right up there with renewed and improved forms of racism and assorted colorful perversions all designed in the name of progress. It's not likely to blow over nor are we likely to grow out of it. Too many precedents have been set.

"Choose a side!" shrieks the Red Queen, "Or off with your head!"

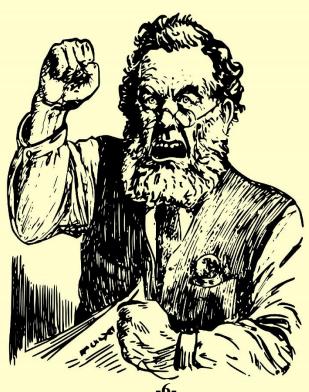
She'll grab you and plant a sloppy red lipstick kiss on your forehead. Her mark! A new recruit! Get behind your keyboard and spew her rhetoric. Express yourself. Hate! Bully! Overpower! Take them out! Annihilate!

Just one more thing. Try to remember that there is a balance. There is another side.

So,

"Whatcha' gonna' do when they come for you?"

Maybe I'll hang around after all just to see.





"Anger is just anger. It isn't good. It isn't bad. It just is. What you do with it is what matters. It's like anything else. You can use it to build or to destroy. You just have to make the choice."

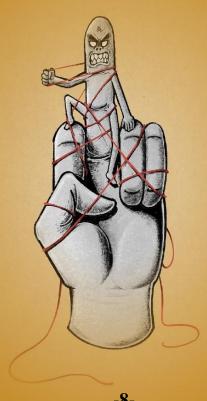
"Constructive anger," the demon said, her voice dripping sarcasm.

"Also known as passion," I said quietly. "Passion has overthrown tyrants and freed prisoners and slaves. Passion has brought justice where there was savagery. Passion has created freedom where there was nothing but fear. Passion has helped souls rise from the ashes of their horrible lives and build something better, stronger, more beautiful."

All our societies on the verge of nervous breakdowns... but still, they do not collapse.

All these bodies subject to the most incredible physical, ideological, media persecutions... yet they resist with an improbable malleability.

Far from bemoaning our fragility, we should admire our stamina and that of the social body as a whole





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THE HUMAN CONDITION

Deepak Chopra, QUOTE (Becoming, pg. 2)

Deepak Chopra, MD serves as the Founder and Chairman of The Chopra Foundation, and Co-Founder of the Chopra Center for Wellbeing. As a global leader and pioneer in the field of mind-body medicine, Chopra transforms the way the world views physical, mental, emotional, spiritual, and social wellness. Known as a prolific author of eighty books with twenty-two New York Times best sellers in both fiction and non-fiction, his works have been published in more than forty-three languages. Quote is from Goodreads.com

Caitlin "Soothsayer" Strolelowicz (Angelic OR Coincidence? Pg.3)

Caitlin is a metaphysician who has had many psychic experiences in her life and loves to write about them. She has degrees in psychology and history. She recently began teaching classes in overcoming psychic trauma. Caitlin lives near the beach on the West Coast, USA.

Jonathan H. Corelli (O-Pine Needles pg. 5)

Jonathan lives in New York and in Montana during the summer months. He is a freelance writer and part time comedian who loves to travel as much as possible (have pen, will travel!). He likes to say, "Writing is not perfection unless it has a humor injection" so even the most serious of topics are infused with a dose of the literary giggles. According to Jonathan it all makes "perfect sense in every sense of the term sense."

Jim Butcher, QUOTE (Anger is just Anger, pg. 7)

Jim Butcher is the author of the Dresden Files, the Codex Alera, and a new steampunk series, the Cinder Spires. His resume includes a laundry list of skills which were useful a couple of centuries ago, and he plays guitar quite badly. An avid gamer, he plays tabletop games in varying systems, a variety of video games on PC and console, and LARPs whenever he can make time for it. Jim currently resides mostly inside his own head, but his head can generally be found in his home town of Independence, Missouri. QUOTE is from Goodreads.com.

Jean Baudrillard, QUOTE (Breakdown, pg. 8)

Jean Baudrillard was a French sociologist, philosopher and poet, with interest in cultural studies. He is best known for his analyses of media, contemporary culture, and technological communication, as well as his formulation of concepts such as hyperreality. Baudrillard wrote about diverse subjects, including consumerism, critique of economy, social history, aesthetics, Western foreign policy, and popular culture. His work is frequently associated with postmodernism and specifically post-structuralism.

Amatter Of Spirit

In the inhalation and exhalation there is an energy and a lively divine spirit, since He, through his spirit supports the breath of life, giving courage to the people who are in the earth and spirit to those who walk on it.



Section Managing Editor - John "Salaam" Solis

© Discerning Minds 2024, QUOTE: Michael Servetus @ creatosaurus.io Image by Marc Eden from seodraw.com Cover Design: Kim Tsiang A human being is spirit. But what is spirit? Spirit is the self. But what is the self?

The self is a relation that relates itself to itself or is the relation's relating itself to itself in the relation; the self is not the relation but is the relation's relating itself to itself. A human being is a synthesis of the infinite and the finite, of the temporal and the eternal, of freedom and necessity, in short, a synthesis.

A synthesis is a relation between two. Considered in this way a human being is still not a self.... In the relation between two, the relation is the third as a negative unity, and the two relate to the relation and in the relation to the relation; thus, under the qualification of the psychical the relation between the psychical and the physical is a relation. If, however, the relation relates itself to itself, this relation is the positive third, and this is the self.

Evolution

By Taron

We should embrace each phase we are in as the current mode for performing our duty. Only through such embrace we become fully aware of what we are. Within us we carry the inclinations that lead us to fulfillment, but all one truly needs to do- aside from living- is for the good of the whole of us, or simply others. In doing so we become increasingly aware that we are all the means of One and the various manifestations of One, progressing through various stages of becoming.

I'm neither Luciferian nor satanistic, both of which can one lead astray from the embrace of the current state with the understanding of a required transformation. We- and life as a whole- are transitory, ever changing, ever evolving until it is no more, but becomes everything, which eventually is but the realized structure of the One. At least this is what I come to imagine through all my contemplations. I just know for sure that nothing stays the way it is, simply because nothing would Be, if it was in some final state of perfection. We are able to be manifested in physicality by the means of desire, yet, desire will also be the means for us to actualize the next form of existence. When this time has come around, we will know and we will not wonder. In some ways I expect us collectively to realize how we hold each other back with the current kind of system on Earh, coercive, enforced by prohibition, progress-prohibiting through a paradigm of materialistic dominion far beyond sound reasoning.

Each state anything is in represents its entirety at such time, but it is not meant to stay that way, which is why we have physical mortality, for example. You "occupy your body", which is not you, nor has it ever been you, or will ever be you in its individual components, considering that material is consumed by it, absorbed by it, transformed within it and expelled again, even being born and dying every single day, but you are represented by it and function through it. It is combined matter into its shape for the means of being you in your complete state at this time so that you can act in this complex puzzle we recognize as physical reality. Without it you would not be you, but only a piece of the superior soul, individualized for the sake of becoming, not for the sake of being. Nothing is truly for the sake of being until it all is One again. Hmmmm...I sure hope I don't sound a bit silly by now?!



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Therefore, I believe that we and by some stretch all of matter is actually consciousness manifested, even if only for the time being. I say this to emphasize the idea that there is no separation between matter and consciousness, except that the "new" challenges of being materialized were so demanding that we began to identify with only that, our five physical senses appear as such a requirement, that we can't free ourselves from them enough to engage all other senses of ours that go beyond the recognition of matter alone. And that's just an example. Unconsciously we constantly respond to these other (higher) senses, even interact without acknowledging them. We would not recognize or care about the stunning beauty of the material realm, if it wasn't for these "extra" senses. Without sharing, for example, we could never fully enjoy anything. Yet, if we open up the gates of our extra senses through love and appreciation, we always share each moment with everyone and everything that we love, whether it is present or not.

People who are too fixated on materialism, too preoccupied with the mundane by means of fear and other insecurities, wanting to hold on thereby trapping themselves within a body that becomes a hull for the Self rather than a completion of the Self, tend to close those extra senses. Too clarify, the means by which our senses function are also our means of communication. The mouth with which we taste, we speak with. The eyes with which we see reveal strong parts of our thoughts and communicate direction and reaction. When we smell something, what we do with our nose communicates quite clearly and our entire body, covered with our sense of touch is one of our most expressive means for communication. Don't know what to make up in regards to the ears, but I leave that up to you. Very subtle, I'm afraid. Anyway, those extra senses, they too are reception and broadcast medium. This is because we are but beings within the universal AEther, operating seemingly and deliberately at the same time. What we do ripples through to all of us and can be addressed and received to fulfill certain functions by, from and to anybody. We "just" need to open up to it. Love consciously, share consciously, act consciously, enjoy consciously and you expand your awareness far beyond the visible definitions of being alone, but certainly including them. I write out of true happiness and this happiness is rooted in life as it is and the bright light ahead that shines back at us to illuminate now the beauty and privilege we experience, even in its most challenging moments.



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The first peace, which is the most important, is that which comes within the souls of people when they realize their relationship, their oneness with the universe and all its powers ... and when they realize at the center of the universe dwells the Great Spirit, and that its center is really everywhere, it is within each of us.

SACH KHAND - BEYOND DUALITY

By Matt Sharpe

Much can be said of the area beyond matter, energy, time and space, that state of consciousness that exists beyond duality, but almost none of what can be said on the subject is a direct truth, but is rather more of a parable, or example meant to demonstrate an aspect of the Beingness of this world. It is key that one develop charity, or detached love for all of life, as well as be successful in developing a degree of detachment in life, in general. If a painful thing happens, it's no better liked, but it can be learned from and is therefore a means to attaining a benefit, so one remains detached, especially from material things or goals. It isn't that one is cold and doesn't care, but rather that they're allowing freedom for that situation instead. By a detached and loving attitude on life, one can catch the invisible winged seeds that float upon the wind. For just as the wind takes thousands of seeds to their resting places in nature, so the Stream of God, the Shabd, brings with It a spiritual germ of vitality, that rests imperceptibly upon the love of man. Some seeds are lost and perish, but most fall on good Souls and grow.

Here it must be noted, that as the Soul develops. It has to balance the books on Its karma, as well as go through experiences to help it gain strength, but must also develop love, and truly nurture and develop it so that it can shine into and through all things

The aspects of Spirit, the Shabd or Logos that can be described verbally are It's Wisdom, Power, and Freedom, and the same terms can be used to describe the Soul as an individual entity amongst the makeup of the Holy Flow as It issues forth from Its Fountainhead. The Soul existing in the state makes full use of the Hereness, Nowness, and It's very Beingness in this realm or area, two terms used to express an area of space, things which this world has none of. This is most often the problem faced by one who wishes to communicate to others any aspect of what it means to be aware on this level of



It is here that one experiences their true self, the Soul, and is able to have the experience of "I am That" also known as the Oneness or sight of the One, the first manifestation of the Godhead, having no form, and yet being spoken of as having a sort of form, one hair on Its head being brighter than ten billion-physical suns. This is Sat Nam, the true father God of all creation below it, and still not the fullness of the Godhead, the Absolute ITSELF.

To enter this state of consciousness the Soul must drop all of its lower forms, its lower bodies, and the corresponding states of consciousness and their limitations along with them.

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. In this state one experiences a full and complete bliss, coupled with a knowingness of anything the instant the attention touches upon it, and the individual is flooded and filled with such a complete love for all of life and all that is that it simply can't be contained, it must be shared, and this also keeps the balance of inflow and outflow of the Spirit. To attain this state one must surrender the ego completely to the Divine Will of the Shabd, with full trust that It will provide everything needed in every instant.

This plane is aflood with the brightest of golden light, but such a fine color of gold, that in comparison to any hue in the lower planes, this color would be the brightest of whites, but within it appears as a golden hue of color, that becomes purer and more refined the further up and in one goes towards the Absolute, until it is nothing but the purest of white.

Throughout these inner planes it is immediately apparent that duality doesn't exist, there is not a Soul to be met that isn't filled with the quality of genuine divine love, from whom IT issues forth with a constancy.

There is no darkness, from an absence of light to a dark sort of attitude to be found, only growth in ever greater degrees of love and service to all that is.

As one goes through their spiritual "training", going through each lesson and balancing the karma and learning what remains to be learned, the Soul evolves in its ability to give love and service to all life, and as the karmic scales are balanced, the lessons given to surpass a karmic debt also serves the purpose of helping that Soul grow closer to the point where it will have the chance to get across the final void and into the pure spiritual planes, the true heaven or paradise that Soul originated from. The Soul, or Atma Plane is the first of those made of pure spirit, with no need for balancing, as the original balancing of karma opened the way, in part, for this Soul Aware state to take place.

After Self Realization at the Soul Plane, Soul goes on evolving in love from the Atma Lok, through the Alakh Lok and to Agam Lok, the endless world, where that Soul has a spiritual initiation, and realizes Itself to be nothing more than an atom in the makeup of the Shabd, a unit of awareness of God's Song, God in action throughout the planes. A Soul generally stays on this plane forever, this being the highest state reached, but at times a Soul will elect to develop higher and will return to being incarnated into a form for a physical life, that being the quickest way to advance in a spiritual sense. If a Soul needs to go even further, its detachment won't allow it to be held and it will continue.

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Upon reaching the Anami Lok, or nameless plane, the state of God Realization begins to express Itself through this Soul, the dominant means of God acting to be found throughout the worlds, and also the reason for the importance of a teacher, an ascended master can't truly take on new students, so there must always be one living, that is able to interpret the message of the Secret Way to the outer world in a way that its collective consciousness can understand and relate to, or resonate with outwardly, but who can also be the inner guide for those students, to give them spiritual learning via direct experience with the spiritual principles.

Initiations continue past this point, as do states of consciousness, but this description will stop here, at the point of God Realization, but I will add that it continues to develop into a greater fullness in the course of a few more planes, and eventually into a sort of "catch all" of spiritual terminology that describes an even greater state of consciousness and whatever lies beyond that, something the mind simply can't conceive of. It is at this level that exist the true "angels", called the Mahavakyi, Volapuk, or Silent Ones. Beings in direct service to the Godhead who answer to none but IT, directly. The Shabd, or Spirit, has of Itself three attributes, these are Wisdom, Freedom, and Charity, which can also be referred to as Divine Love and this being the case shows that each individual Soul has these same attributes present within It, are a part of Its nature just as It is a "piece" or an "atom" of God.

When a Soul attains the Atma Plane, It is a Saint, or Sant. Upon attaining the initiation of the Shabd, the initiation of the Agam Lok, one becomes a Param Sant and begins developing qualities of spiritual Mastership, which are studied and developed to and beyond the Anami initiation, or the first degree of God Realization, and begins to help others inwardly as such a Soul would have already been doing.



When a Soul hits initiations to the 12th, 13th, or 14th planes, they are at a level of Mastership, after coming "face to face" with the Absolute in IT'S entirety, that Soul is sent back to the Physical or Pinda Plane to serve God by helping those who are interested to find their own inner path and communication with the Absolute through IT'S Voice and direct experience. In this sense such a person would have an ability to directly contact the Will of God so as to serve IT, but this also means that any such Soul, upon returning to awareness in the body would have to reestablish balance in the outer world and life. Upon having done that that Soul has achieved true spiritual "Enlightenment" rather than the lesser, mental, cosmic consciousness, which also has its experience of "Oneness".

Science is not only compatible with spirituality; it is a profound source of spirituality. When we recognize our place in an immensity of light-years and in the passage of ages, when we grasp the intricacy, beauty, and subtlety of life, then that soaring feeling, that sense of elation and humility combined, is surely spiritual. So are our emotions in the presence of great art or music or literature, or acts of exemplary selfless courage such as those of Mohandas Gandhi or Martin Luther King, Jr. The notion that science and spirituality are somehow mutually exclusive does a disservice to both.





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A MATTER OF SPIRIT

Søren Kierkegaard QUOTE (Unlocking the Hidden Dimensions of Life, pg. 11)

Søren Aabye Kierkegaard was a prolific 19th century Danish philosopher and theologian. Kierkegaard strongly criticized both the Hegelianism of his time and what he saw as the empty formalities of the Church of Denmark. Much of his work deals with religious themes such as faith in God, the institution of the Christian Church, Christian ethics and theology, and the emotions and feelings of individuals when faced with life choices. His early work was written under various pseudonyms who present their own distinctive viewpoints in a complex dialogue.

Timur "Taron" Baysal (Evolution, pg. 12)

Timur was born in Germany. Professionally he is a digital artist for movies and venues as well as a software developer. He spent nearly 12 years in Los Angeles and then retreated to Croatia. For a mini view of Timur's 3D animation visit https://www.youtube.com/watch?v=gFxMWP7Ciuc

Black Elk QUOTE (The First Peace, pg. 14)

Heȟáka Sápa (Black Elk) (December 1863 – August 19, 1950) was a famous wičháša wakȟáŋ (medicine man and holy man) of the Oglala Lakota (Sioux). He was Heyoka and a second cousin of Crazy Horse. Since the 1970s the book *Black Elk Speaks* has become an important source for studying Native spirituality, sparking a renewal of interest in Native religions. Within the American Indian Movement *Black Elk Speaks* became an important source for those seeking religious and spiritual inspiration.

Matt Sharpe (Sach Khand, pg. 15)

Matt Sharpe lives in the Southwest US and enjoys writing about spiritual topics of all kinds, using his personal experiences as a reference. While never referring to himself as a shaman, he does work inwardly with many from various traditions. He also is a guitarist and singer/songwriter. He is a lead administrator and teacher on the Light Force Network.

Carl Sagan QUOTE (Science and Spirituality pg. 18)

Carl Sagan was born in Brooklyn, N.Y. After earning bachelor and master's degrees at Cornell, Sagan earned a double doctorate at the University of Chicago in 1960. A great popularizer of science, Sagan produced the PBS series, "Cosmos," which was Emmy and Peabody award-winning, and was watched by 500 million people in 60 countries. Sagan was author, co-author or editor of 20 books. Dr. Sagan received the NASA medals for Exceptional Scientific Achievement and (twice) for Distinguished Public Service, as well as the NASA Apollo Achievement Award.

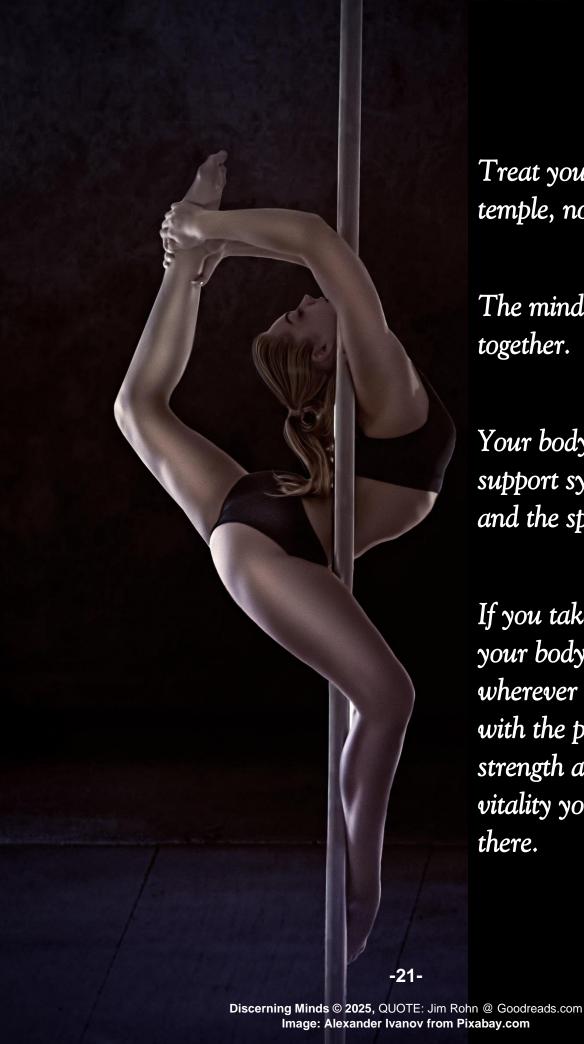
BODYTEMPLE

"The Human Body is the best picture of the Human Soul"



Section Managing Editor – Lynda Lidel Harley
© Discerning Minds 2025, QUOTE: Ludwig Wittgenstein @ rd.com

Image by GrumpyBeere from Pixabay.com, Cover Design: Kim Tsiang



Treat your body like a temple, not a woodshed.

The mind and the body work together.

Your body needs to be a good support system for the mind and the spirit.

If you take good care of it, your body can take you wherever you want to go, with the power and the strength and energy and vitality you will need to get there.

Global CANCER

By Fred Lee

Science states that Solar Neutrinos are not penetrating the Earth's crust to any great extent, "Only 0.025%". The University of San Diego recently did a study that showed that the proton aspect of the individual atom is 4% smaller today than it was 20 years ago.

When you take a minute to consider the makeup of an atom, you see that it is the proton and neutron element that makes up the nucleus of the atom. There will be from one to seven shells of electrons, depending on the atom that you are talking about.

When you consider the last two paragraphs, it becomes obvious that the individual atom is absorbing the neutrino element that is not passing through the Earth's crust.

For the past several years our Solar Sun has been producing solar flares in the flavor of "proton radiation". This is obviously the Solar systems effort to feed a deficit that is created by that buildup of neutrino element within the individual atom.

This buildup of neutrino element is obviously the cause of the evolution of earthquakes and tornadoes, etc.

Through much consideration, contemplation and meditation, I have been made aware that, there is an answer to this dilemma.

Anybody that has researched the Pyramid of Cheops knows, that at one time the Great Pyramid had a Gold Capstone.

At the base of the Pyramid, remnants of red chalk have been found. At ground level, in the center of the pyramid, there is a pit that goes down towards the Earth's core. This pit is filled with rubbish, and has no apparent purpose.

Let's picture the Pyramid as it must have been in the days of old. Gold Capstone, and the sides painted with red chalk.

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As various solar and cosmic radiations would bombard the Pyramid, the red chalk would naturally attract low-frequency energy. These energies would be refracted inward "toward a deficit caused by the Gold Capstone", this would then create a particle stream that would be the cause of the pit in the center of the floor of the Pyramid. This activity would drain the neutrino buildup in the surrounding area.

I am sure that the obelisk towers that surround the Pyramid were used to keep this system locked into place, and to keep the environment from becoming waveform. Some of the markings shown on the obelisk towers signify radiation, horizontally and vertically.



It has become very obvious to me, that the Great Pyramid was used to drain low-frequency neutrino element into the Earth's core. And in turn creating an environment that was conducive to light beings, as well as very large human beings, "Giants".

Some of the anomalies that have been found in and around the Pyramids can be explained now. It has been found that a carton full of milk will not spoil in the confines of the Pyramid. Also, animal carcass does not decay within the Pyramid.

Something else, that I feel is absolutely relevant to us at this time, is the fact that when some people go in or are around the Pyramid, they get ill.

Science has proven that the human anatomy is light, at a foundational level.

It was scientifically proven in the 1960s, that the nucleus of an atom is a particle light. Another study that was done in 1960s, showed that people with emotional problems "Bipolar, Schizophrenic, Alcoholics, Addicts, Murderers and Rapists, etc." are found to have very large ingredients of some type of Dark Matter integrated into their DNA

Obviously, all people have some amount of Dark Matter in their DNA. It would have to be a part of the construct.

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It would seem that when people go into, or around the Pyramid, and become ill, it is because their system is being antagonized, because of the high energy within the Pyramids boundaries. The high energy is having an effect on dark matter in the individual's system.

I think that this is relevant to understand at this time, because science is showing that our inner light is at a deficit "Proton, 4% smaller today, than in that 1960s". This deficit allows for an environment that is conducive to the development of Dark Matter that has been found within the DNA, resulting in more cancer patients and psychiatric patients, etc.



Spiritual Abuse

By Li Huan Shaugnessey

Whenever your personal space OR freewill has been invaded you have become a target of spiritual abuse. Most people understand this as a psychic attack on the aura and chakra system but spiritual abuse not only affects all your energy channels but also your ability to make the best choices for yourself for your spiritual and physical well-being. Mind, body and spirit.

Most invasions can be extricated easily as understood by the thousands of websites offering advice on how to rid oneself of a spiritual culprit. However, some interlopers are more difficult to extricate as the negative energy can disguise itself as belonging to your specific and unique energy system. The result is often a veritable breakdown of the machine causing mental disturbances, blocks and confusion as well as physical discomfort, nervousness, anxiety, not quite feeling like oneself and in the worst-case scenarios, serious depression, real pain and illness. An invader never has good intentions and those intentions can vary along a wide scale from jealousy to need for co-dependence to targeting someone whose energy will make them feel better about themselves.

Humans have all been blessed with freewill and certainly everyone's freewill should be respected. A spiritual abuser will overlook that right and cross the boundary of personal space. They use their energy in an attempt to manipulate and control. An internet stalker is a good real-life example of this. They try to instill fear to get their target to do what they want them to do and they will be relentless in their efforts

What to do?

Healing involves some good mediation (preferably specific aura meditation) in order for you to get a good handle not only on your own energy but also that of the abuser. Once identified, you might feel angry or sad and this is normal. These emotions are useful in releasing the energetic patterns that have been injected into your spirit. Should you get a glimpse of the abuser's personal space during this process do not cross that boundary otherwise you are no better than the abuser.

Check on your own sense of personal boundaries in daily life. If you are a push over or have trouble saying no to others you need to work on your own walls and make them strong. Often this is a psychological factor so seek counseling if necessary. Without healthy personal boundaries you will always be a target for anyone or anything. After the healing process has begun, you can also use prayer (of your choice) or daily intentions to buoy the spirit and uplift your sense of being. Some people choose working with a Chakra healer or reader at this point to check on progress, but again, this is a personal choice.

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As much as you may reject the idea, learn to forgive the abuser. Forgiveness puts out a very strong vibration and transfer back to the abuser that they are wasting their time trying to feed off your energy.

Of course, eating healthily and getting exercise and returning to doing things you enjoy in life are always a good idea.

Self-Imaging

By Dr. Don Hauck

Chances are your self-image is tainted. How much? Can it be measured? How did it get that way? Can it be improved? These are all probably some of the most important questions you should be asking. So long as your self-image is tainted, you cannot find peace of mind. Keep in mind - I am speaking of self-image and not self-esteem.

The first two questions can be answered with a little simple test. All it takes is your honesty with your refusal to rationalize or make excuses. Simply ask yourself, "When I am by myself in a peaceful quiet state with nothing to busy my mind, and I think about myself, do I hear a voice (it may be my own) ask me what's wrong with me?" And then, how many things do I find wrong with me? That voice, even if it is only telling you one thing which you do not like, is un-acceptable! How can we expect or believe that someone else likes, much less loves us when the truth of the matter is — we don't?

You were programmed to believe negative thoughts about yourself. It began when you were very young, probably by your parents and it was continued on by your environment and some of it could have been done by you. You need to change it so that you break the chain of the environmental programming of others! We cannot give what we do not have. And if we do not have a good self-image, we do not have love for our self. So, we not only cannot give our children a good self-image but we cannot truly love anyone else. A poor self-image is the cause for more problems than you can imagine. It causes mental emotional and physical problems. It causes relationship problems. There is no wonder to me why so many marriages fail. Why we go through so many relationships as well as there are so many disputes between parents and their children. Having spent over 30 years of showing people how to get rid of that voice and develop a good, sound self-image, I cannot even begin to list the amount of mental emotional and even physical problems which have been overcome. A poor self-image is at the root of the destruction of mankind. It is the cause of wars as well as the sale of inferior made products. I have yet to see a Dr. Phil show where the real cause of the problem is not the person(s) self-image. I believe that everyone with a good, healthy self-image is able to see this cause as the root of somewhere close to 95% of the human problems faced by people on Earth today!



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It is of no help to blame either others or ourselves for our poor self-image. It is as I said an environmental problem for which each of us as an individual can take it upon themselves to eradicate.

If each of us will clean up our self-image, we will automatically through associations with others, help others to do the same. For as I said, we can only give others what we have. To understand how insidious this problem is, I will briefly attempt to explain its onset so that you can put the brakes on your continuing this destructive force with others.

When you were born you were completely dependent upon your parents particularly your mother. As you grew you were taught to depend upon schooling and your teachers for education, police officers for safety, doctors for health etc., you were also told you were bad or wrong for doing or saying certain things. You may also have been convinced by others that you are dumb, stupid, too skinny, fat, too tall, too short etc., both the negative and the positive programming are what happened to build your self-image. And without your knowledge the universal law began to develop your self-image and subsequently you and your life. And it continues to do so today. You ask which universal law?

As is says in the Bible, "As you sow so shall ye reap."

In the image of you was born within your mind and continued to be fertilized by the second universal law; "As you believe so shall it be." One of the most visible and outstanding proofs of this today, is the number of people who are overweight. Have you ever wondered why so many people who are overweight will tell you how many times they have dieted and exercised and took off weight only for it to come back and then some? Or why is it, be it an anorexic or bulimic individual who's down the bone and skin continues on their path? In both cases they both see themselves in a mirror and believe themselves to be fat! The only solution is to change the self-image.





We are nature.
Our bodies carry its swimming waters.
We are made of the soil and eat the plants that grow from it.
From dust to dust we come and go.

Each time I bring
my hands to my heart
in prayer,
flowing my body with my
breath,
it is devotional,
a dance with the earth
and of the earth.

I dance with every tree, sway with the wind, bloom with every flower in my being.

My breath, Mother Earth, is yours.

—the whole planet is in me

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BODY TEMPLE

Jim Rohn QUOTE (Treat Your Body like a Temple, pg. 21)

Emanuel James Rohn (September 17, 1930 – December 5, 2009), professionally known as **Jim Rohn**, was an American entrepreneur, author, and motivational speaker. He wrote numerous books including *How to obtain wealth and happiness*. Quote was found on Goodreads.com.

Fred Lee (Global Cancer, pg. 22)

This article has been posted posthumously in honor of Fred Lee.

Fred considered himself, to be a teacher of "T.R.U.T.H. = The Real Untold Temporal History." He further stated, "I know that The Holy Spirit is the same as Quantum Energy. It is a workable medium, which can be employed by an appropriate individual, for the purpose of bringing about positive change and ongoing prosperity." Fred was an ordained minister with the Universal Light Church of Cincinnati, Ohio.

Li Huan Shaugnessey (Spiritual Abuse, pg.25)

Li is a registered nurse, surgical assistant, medical intuit and spiritual healer living in the Southwest US. Inspired by the late Dr. Michael Newton and his unique regression work, she is currently furthering her education in psychology with her eye on a Ph.D. While caring for patients, Li has heard many near death and after death return stories which she has recorded and filed as research data for a future book.

Dr. Don Hauck (Self Imaging, pg. 27)

Therra is a naturalist and a metaphysician. She loves to spend as much time outside as much as possible communing with nature. She is also interested in the 'weirder side of life' and tends to make friends with those who are different like her friend Georgie as it tends to keep her healthy skepticism intact.

Ashley Asti QUOTE (We Are Nature, pg. 29)

Ashley Asti is a writer, advocate, and entrepreneur who intertwines her commitment to authenticity throughout all aspects of her life. She is an author, a Board Member of the nonprofit Brittany's Baskets of Hope, and she has embraced her passion for yoga by becoming a certified instructor. She is also the creator of an organic skincare line designed to honor our bodies, our planet, and our spirits.

PHENOMENA FILES

We all go a little mad sometimes-



Section Managing Editor - John Holbrook PSI

© Discerning Minds 2024, QUOTE: Norman Bates from the movie PSYCHO (1960) Background Image by Eleanor Smith from Pixabay.com Cover Design: Kim Tsiang

In fairy tales, monsters exist to be a manifestation of something that we need to understand, not only a problem we need to overcome, but also, they need to represent, much like angels represent the beautiful, pure, eternal side of the human spirit, monsters need to represent a more tangible, more mortal side of being human: aging, decay, darkness and so forth. And I believe that monsters originally, when we were cavemen and you know, sitting around a fire, we needed to explain the birth of the sun and the death of the moon and the phases of the moon and rain and thunder. And we invented creatures that made sense of the world: a serpent that ate the sun, a creature that ate the moon, a man in the moon living there, things like that. And as we became more and more sophisticated and created sort of a social structure, the real enigmas started not to be outside. The rain and the thunder were logical now. But the real enigmas became social. All those impulses that we were repressing: cannibalism, murder, these things needed an explanation. The sex drive, the need to hunt, the need to kill, these things then became personified in monsters. Werewolves, vampires, ogres, this and that. I feel that monsters are here in our world to help us understand it. They are an essential part of a fable.



Paranormal Investigation Teams

By John Holbrook, PSI

I would like to talk about the setup of a team or a group for paranormal investigations. I would like to tell you about the way that a group should not be correlated and then give you some ideas on how to form a good balanced group with the correct support structure.

This old friend of mine was a paranormal investigator that specialized in UFOs. He believed that ever so often he is removed from his house and taken up to a mother-ship. To him everything is caused by the Aliens and UFOs and there was nothing supernatural except from another time that was not Alien in nature. He believes that there are no angels or spirits just Aliens and time travelers that may be Aliens. He did not get so bad as to sit around his house with tinfoil around his head to keep the Aliens from reading his thoughts but, he did have some weird habits that he said would keep him from being abducted, like sleeping on the floor when he thought he was going to be abducted. He was a meticulous investigator at the start of the investigation but when he could not get any evidence, he would start

making assumptions it was Alien. He said and never believed that there could that you may have a picture of the

the story.

He brought me his newsletter that he name so I will call it the Southern Yearly or the "SLOPPY" for short. I page poorly put together.

like-minded individuals for support and I would be interested. I agreed to come house before I had read the newsletter. all Alien and Government conspiracies paranormal. So, I had committed myself

to be held a week before Christmas that particular year.

always believed everything that a witness be mental issues with a witness. So now person, I am talking about so let's get to

was publishing - I can't remember the
League of Paranormal Professionals
will call it this because it was just a
He was putting together a group of
to work as a think-tank and thought
and attend a meeting at a member's
I say this because the newsletter was
and nothing about anything else
to attend the meeting that was going

The meeting started with a meet and greet so that everyone would know who was who. I felt outnumbered by all the Ufologists, no one did any other type of investigations but UFOs. I have done some UFO investigations but for the most part I tried not to just focus on one side of paranormal investigations. I try to look at the big picture at all possibilities that could be the cause of an event that I am investigating. What I can tell from the first few minutes of the discussion in the meeting was that I was out of place. The jumps in logic and turning everything into an encounter with Aliens kept me from participating with their league. They went into a discussion that Jesus was an alien hybrid, that the star that appeared in the sky the night of his birth was a mother ship. They use the story of Immaculate Conception as evidence that the Aliens had abducted Mary and impregnated her on their mother ship. They even used the miracles of Jesus as evidence that he had to be a human Alien hybrid that was brought to the Earth to test humanity, which we failed.

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fact.

They continued this way with anything that was spiritual, it was like it was OK to believe in Aliens but religion and spirituality was a no-no. They would take it on faith that Aliens exist but they wanted scientific evidence for anything else that would require some faith. Yes, some evidence is taken on faith that it means what we think it means, because of our limited knowledge and ability to gather evidence to prove an event some faith is required. This is until there are better devices that cannot be influenced by natural phenomena and will be accepted by the scientific community. It would be in a way taking the faith that the evidence that we do get means what we think it means out of the evidence gathering process. The faith that we are interpreting the readings will be replaced by proof positive. This may be just a wish to be placed on a wish list to Santa Claus, but it is still something that I look forward to in the future... science and spirituality working together to better mankind and our understanding of life. Just think what contributions could be made if some of the scientists put a little faith in spirituality like the faith they have put in their theories. They are able to see sugar molecules in another galaxy with their technology, just think what they could see if they put half the effort they spent on that into looking into spirituality.

It is hard for me as a paranormal technology out there now that could paranormal. Yes, over the years we believe in more than science, but still spirituality. It seems that most of the side of paranormal research and have mainly because scientists that become scientific community. I hope again for investigators into the paranormal this everything is Alien just as everything is technology or knowledge to prove the will always seek to understand the

investigator to know that there could be be used for the investigation of the have had a few scientists to start to for the most part science is antiscientists have joined the Ufologists ignored the spiritual side. I think it is more spiritual are shunned by the more of a balance within any would include the Ufologist. Not not a ghost; we may never have the existence of Aliens or ghosts but we unknown until it becomes known as

This may again be a wish that will never happen; there are so many anti-spiritual people and scientists. They may think that spiritual people will believe in anything, that they ignore facts and only see the spiritual side of anything. Yes, there are some people that only see spiritual answers to situations also. These are those who believe every story of a haunting that they hear without any questions. They do not have a balance in their belief, they are just as one sided as some of the scientists. Here again they are not always wrong in their beliefs but it is just like the Ufologist who is one sided in his/her beliefs they can be right half the time. If you only see things one way and there are two possibilities the chances are you will be right half the time. But if you are balanced in your beliefs then you can at least be on the right track to have a better that a fifty-fifty chance at having the right conclusions.

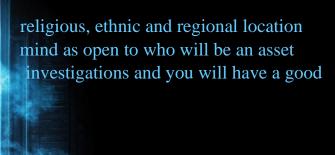
I hope that you are not getting me wrong about people that specialize in one side of paranormal investigation. If your specialty is Ufology then you will know more than most on the subject, but a good investigator will have knowledge of the other sides of the coin.

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In having a balance in your belief, you keep more of an open mind so that you can find the truth. I myself have several people that I utilize that have a specialty that I may have some knowledge but they have more. The specialists I engage are the ones that do have a balance in their beliefs, this keeps the discussion of a case on the same track. Also, if there is something that I am missing that is obvious to them, I trust their balanced opinion. This is the type of support that a good investigator needs, not someone who always aggresses with you but someone that you respect and trust their opinion. This is a person that you can discuss all the different sides of a situation with, talk it out with them, helping you to see it from their point of view. So a group should have a balance of people that each has their specialty in the group with an understanding of other things. With each person having an understanding of a type of event, a type of evidence or even the different types of people that could be involved there is a better understanding between members of the group. This is not like when everyone totally agrees on the same thing but the way people can see other points of view and make an educated decision without losing their individual opinion. So, a good group will have members from many different fields and they will have diverse beliefs and backgrounds.

In diverse backgrounds I include of their upbringing. So, keep your in your group as you do in your

group.



Paranormal Q & A

Courtesy of Holbrook PSI

The following are excerpts from the private files of Holbrook Paranormal Investigation.



Dear Investigator Holbrook:

There is an old saying that goes something like this: "The female of the species is deadlier than the male." I want to know if negative spirits or demons can be males or females and if the females are worse than the males. Legends and stories are full of this thought but I want to know about the real stuff. On the flip side, what I want to know is if angels can be males or females since most writings say that angels are androgynous. I'm not sure what to think at this time and it sounds like you have experience about the real stuff. Thanks. Cecille

Thank you for your question, in regards to the male female aspects of the paranormal. First, I will add my little disclaimer, what I am about to discuss is from my own personal experience and opinions and may not be everyone's idea on the topic. Ok, so much for putting the obvious in writing.

In my understanding of nature, the statement that the female of the species is deadlier that the male is true. In the animal world the female of most species are the protector and provider of the young which makes them deadlier. This is the same with the human species of animals also, with one exception - more emotions. This one exception from the human species and most other animals may be an important exception when dealing with the supernatural. The emotional energies that are present in life may be what holds or fuels a ghost, especially a female spirit. For the most part female spirits are not as aggressive or malevolent as a male spirit, this is not always true but from my experiences I have not experienced a malevolent female ghost. Also from my personal experience, there seems to be a sadness to female spirits not anger and there is caring not malevolence.

Again, this is not to say that there are no malevolent female spirits, it is just that I have not encountered a malevolent ghost that was female.

There is always a chance that the spirit's or ghost's energy is without any discernable sex, in other words it is just a presence. This has happened a few times but for the most part you will have evidence or a feeling that it is a male or female ghost.

Now for the twist - if it is an entity pretending to be a ghost then the feelings of the male or female energy may be a lie just like evidence that it is a ghost. So, this starts to answer your questions in regards to demons or nonhuman entities. Nonhuman entities include fairies, sprites and all the different nature spirits that exist can be male or female and they can be androgynous. These entities have not been human and as such they may not have the need to identify their self with a sex or even know that there is a difference. A person's sex is a part of their identity, a part of the vessel that houses the soul, but the soul has no sex if you believe in recreation. The reason that a ghost has a sex is because it is still holding on to its vessel's identity not its soul's identity.

We can have a visitation from a loved one that has passed on and it is not a haunting it is just a visit. The soul of the loved one will take on the identity that is known to the person that is being visited. Let's get back the demons and angels, when we see that a sex is part of the identity that we attach to ourselves or to something that we perceive an androgynous entity will appear to have a sex. This may be why angels appear to us to be male or female or they may decide what sex would be best in a situation and appear as that sex. So, I am saying that angels may be able to change how we perceive them and if you go by some of the ancient stories that angels can actually take on a sex.

The story that I am talking about regards angels having sex with females on earth. These were some of the fallen angels so they were in some way male AND if they fell all the way then as a demon, they may still be male. Demons can also, like an angel, change the way we perceive them in many different ways including sex. Demons are known for the twisting of the truth, the manipulation of situations and the truth for their benefits. Some demons were humans before they were demons, so they would keep their sexual identity. There is also a belief that some demons were human at one time and may have been cursed or made a pact that made them demons.

This could go the other way also, some angels may have been human and because of their deeds or that they have graduated from reincarnation to become an angel. These will not be archangels but a guardian type angel, as with demons they will not be high level demons if they were humans. There are female demons like the succubus that prey on human males and there are male demons like the incubus that prey on human females. These are nasty demons but they are not as bad as some of the other demons that are not restricted by a sex.

Continued ...

So, for an answer to your question I would say that yes that angels, demons and negative entities can have a sex attached to them. Having a sex as part of their identity does not make them more dangerous over the ones that do not have a sex. In nature the female of a species may be more dangerous, but in the supernatural world this is not the rule.



Dear Inspector Holbrook,

A friend of mine lives in a historic house that has been known to be haunted for many years. The activity seems harmless enough such as lights being turned on and off, doors opening, objects moved but nothing really scary. There have been a few families to live in the house over the years and all have experienced something - some more than others. In our state historic homes are always preserved whether someone is inhabiting them or not so it is not likely that the home would ever be torn down at a future time. No one has ever pinned down the source of the activity or attributed it to the original owners/builders etc. My question is how healthy is it for humans to actually cohabitate with a supernatural presence? Is it time that someone should solve this mystery and dispense with the spirit(s)? Also, since different families have had different levels of experience with this thing is it possible that the spirit or entity is responding in kind to human personalities? If it is, couldn't that make it dangerous to certain people like perhaps someone who is harboring anger? I will be very interested in what you think about this. Marie L.

Let me start with a little disclaimer: I am not a medical doctor, psychiatrist or a scientist who would be experts on the effects of EMF on a human. Saying this up front, the answer I give will be my opinion, or if you will it will be my answer to the question.

I would like to look at some facts in reference to EMFs (Electro Magnetic Fields). EMF can occur naturally, mostly at levels that would not affect a person's health, in areas with underground rivers or certain types of rocks and ore. The earth itself produces a low-level magnetic field that can be affected by solar storms and by man. Some scientists say that the underground water can cause higher EMF and that it could be harmful to humans. This may be due to man's interference with nature including the pollution of the water. The dangerous levels of EMF are for the most part man-made or caused by man's misuse of nature. Some of the ways that man causes dangerous levels are with high voltage power lines, dumping of trash and other material and unshielded or overloaded power sources in buildings.

The dangerous levels of EMF can affect the brain and may cause headaches or migraines, irritability, tinnitus, vertigo, chronic fatigue syndrome, fibromyalgia, Meniere's disease, seizures and epilepsy. In children it may cause autism, Rett syndrome and other brain developmental diseases, brain tumors especially Acoustic Neuromas. It can also cause DNA mutations that cause birth defects in the fetus if the pregnant woman is exposed or even a miscarriage.

Continued...

Now from what I have read it takes high EMFs to cause many of the serious health effects listed. You may be asking why have I started with talking about EMFs and some of the health effects. Well, there seems to be a collation to high EMFs and supernatural activity. That is not to say that if you have a supernatural situation that you are in any danger from the effects of EMFs.

The way I see it is that the collation is between the EMFs and the supernatural presence, that is when you have higher naturally or man-made EMFs you have more of a chance for paranormal activity. An example of why I say this has happened many times on paranormal investigations, it is when the new batteries go dead or the freshly charged electronic equipment goes dead. It seems to me and many other paranormal investigators that some supernatural entities can draw power to manifest from electronics. This may be because of the EMF that the electronics produces, this is a man-made EMF. With this in mind we can look at your question in regards to a human personality.

We all have our own auras which are a type of EMF, it is our energy or if you will our life force. Our bodies produce and use electrical impulses to move or to think. Your personality affects your aura, that is to say your moods like anger or happiness affects the type of energy your body produces. If you're hateful, your aura will in turn have that type of energy and will affect others around you. Have you ever been around someone that is depressed and start feeling depressed yourself, or around happy person and start feeling happier? Seeing how the energy of another person can affect you then the energy of an entity can affect you also or vice versa. That is if there is a malicious type of entity with hateful, angry or a negative energy it could affect the persons that are in their area.

The loving type of entity does not seem to be affected as easily by a human's negative energy, in fact they may even be repelled by the energy. Or a loving and healing type of person may even repel negative entities. It does seem that some negative entities will attack and/or torment any human that is in their area. This could be to get the energy of the humans to change to be what they want it to be. The way I view how entities use energy is that they feed on energy, or it helps them to increase their own energy. Some proof of this is when a negative entity is successful at getting the person scared - they seem to up the activity or even become able to affect the person more.

So, looking at the information you provided in your question we can deduce that the paranormal activity at the house in question is not of an evil or malicious nature. With this in mind if you remove an entity that is not evil then you create a void for one to come in because if the area of the haunting has the additional power of natural EMFs removing one entity would likely attract another entity that could be good or bad. So, I am one that believes that if an entity is good or neutral then it should be left alone but you can lay down some rules for it if you let it stay. Then if it breaks the rules, you can have someone come and get rid of it and even possibly find why the entity was there. There are also things that can be done to keep entities out of a house. That is if there is not too much EMF so that it makes them more powerful than what you have done to keep them out. I may have forgotten to mention that if the entity has a family connection to the people, it may be the connection that is giving it energy to manifest. Also, certain people's energy does attract entities like moths to the light.

Continued ...

There are things you can do to protect yourself also, it is all according to your religious beliefs. People that believe in entities may add to the energy needed for an entity to manifest, not cause it but help it.

So, you're correct that some people have an effect on the level of activity that an entity can have but not if there is activity. So, anger if it is a bad type entity, can up the type of activity also, or if it a good or neutral cause it to diminish. Like I said at the beginning these are my own ideas regarding your question and may not be the same as some other paranormal investigators.





Possessed by a Good Spirit

By Tom Carroll

Are people only possessed by negative or evil spirits? The story of Mary Jobson has been the subject of a book or two or at least a chapter in an anthology. Her story is fascinating.

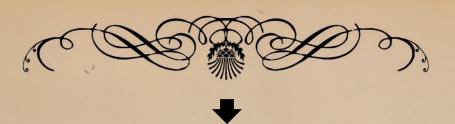
In November of 1839, at the age of 12 years, Mary contracted a most peculiar illness. In the beginning she complained of severe pain at the back of the head, her eyes were sensitive to light, she had a slight temperature, constipation and an irregular heartbeat. Her symptoms quickly grew worse eventually leading to convulsions that would ease up and then return. Mary was not able to swallow food. Her doctor and parents did what they could for the girl but all of this marked the beginning of strange occurrences that would last for almost 11 weeks. She was attended by several physicians during that course. Several physicians, family members and others who witnessed the events wrote their accounts of the happenings which can be found in *The Miraculous Case of Mary Jobson* by W. Reid Clanny M.D.

At first the family would hear rapping emanating from Mary's room but upon inspection, each time they found the child merely laying in bad with her hands at her sides. These knockings grew into poundings and finally what sounded like fierce explosions. This was accompanied by phantom footsteps, closet doors that opened and closed by themselves, water falling from the ceiling and melodious music coming from an organ that did not exist.

Then came the voice. It claimed it was using her voice as a "trumpet" and was the voice of God that should not be mocked. It further claimed it was a good spirit who would be lending advice to all who came to hear it and that Mary's possession was only temporary. It insisted that Mary was not harmed and that her spirit was not there and had left its physical form for a time. Mary's father was not accepting this story and demanded proof. He asked for water to be dumped at his feet. It was and continued to be dumped until the room was soaked.

The human trumpet met with visitors giving out advice and at times summoned people to come to get messages. They were subject to celestial music via organ and hymns and a disembodied choir. Often the voices of departed loved ones came through. According to Brad Steiger in Real Ghosts, Restless Spirits and Haunted Places, who wrote a rendition of this story the voice said:

"Look up, and you shall see the sun and moon on the ceiling." Before the bewildered eyes of a roomful of witnesses, the planets appeared above them as celestial orbs of yellow and orange. John Jobson immediately set about whitewashing the figures, but he soon learned that the voice had intended its artwork to be permanent ... after several coats of whitewash the figures still remained visible.



Despite what the spirit voice had been saying, Mary's condition appeared to be diminishing and the attending doctor told her parents to prepare for her death. The voice however announced that on June 22, a miracle would take place and Mary would be restored. Mary's mother had laid out clothing as instructed and at 5:00, the voice told everyone to leave the room with the exception of Mary's two-year-old brother. Approximately 15 minutes later the voice instructed everyone to re-enter the room. They found Mary sitting in a chair smiling with her brother on her lap.

All was well.

It is said that Mary grew up into a fine educated woman who was highly respected. There were signs or scars from the "good spirit" who never returned and it was said she very rarely got ill.

Here is a list of terrible things, The jaws of sharks, a vulture's wings -

The rabid bite of the dogs of war, The voice of one who went before, -

But most of all the mirror's gaze, Which counts us out our numbered days.



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PHENOMENA FILES

Guillermo del Toro QUOTE (Monster, pg.32)

Guillermo del Toro is a Mexican director mostly known for his acclaimed films *Pan's Labyrinth*, *The Devils Backbone*, *Crimson Peak* and the *Hellboy* film franchise. His films draw heavily on sources as diverse as weird fiction, fantasy, horror, and war. The quote was found on Goodreads.com.

John Holbrook PSI (Paranormal Investigation Teams, pg. 33, & PARANORMAL Q & A, pg. 36)

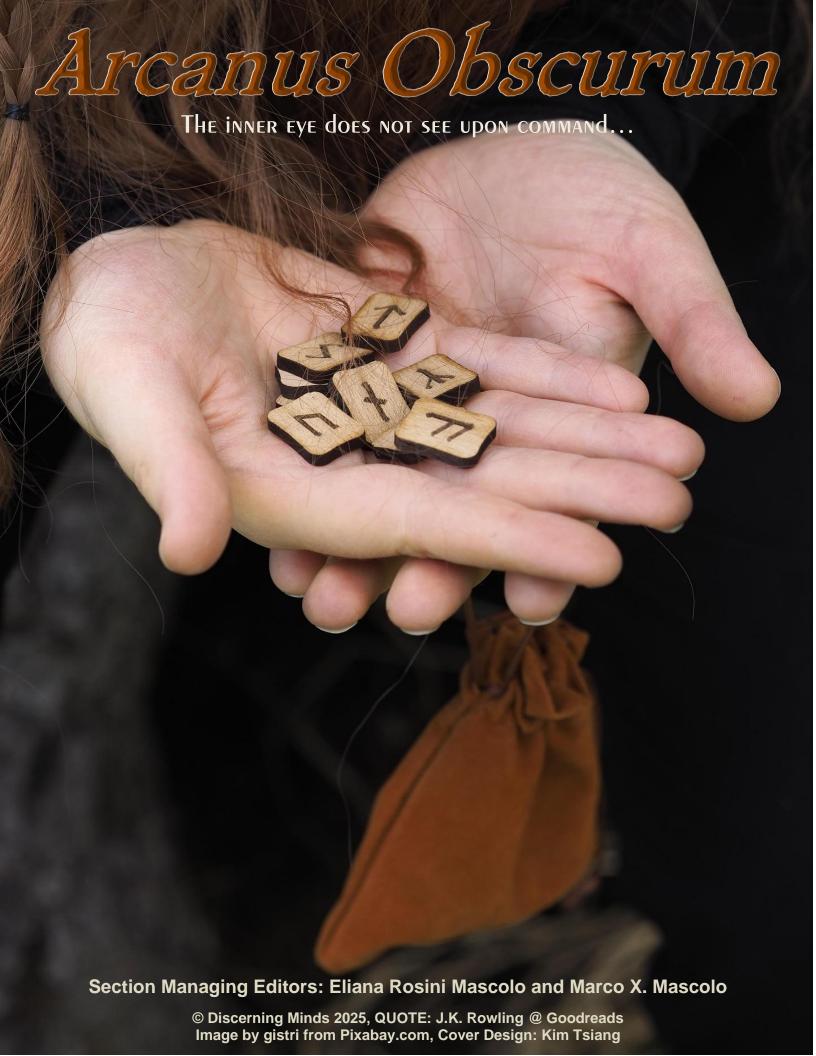
John Holbrook has been a paranormal investigator for over 25 years. He holds a MS in parapsychic science. He is a highly gifted intuit and experienced spiritual counselor who specializes in crisis intervention including current life paranormal dramas and past life residual traumas. He is always willing to help others overcome their fear of the darkness by showing them how to discern the truth of the matter.

Tom Carroll, (Possessed by a Good Spirit, pg 34)

Tom is a long time metaphysician who specializes in Gnosticsm and the Paranormal. He lives in the Northwest USA with his wife Makala and his son Lion. He is a member in good standing of and an administrator on the Light Force Network website.

Clive Barker QUOTE (Terrible Things, pg. 43)

Clive Barker was born in Liverpool, England. Educated at Dovedale Primary School and Quarry Bank High School, he studied English and Philosophy at Liverpool University and his picture now hangs in the entrance hallway to the Philosophy Department. Barker is one of the leading authors of contemporary horror/fantasy, writing in the horror genre early in his career, mostly in the form of short stories. Barker has a keen interest in movie production, although his films have received mixed receptions. He wrote the screenplays for Underworld (aka Transmutations – 1985) and Rawhead Rex (1986), both directed by George Pavlou. Displeased by how his material was handled, he moved to directing with Hellraiser (1987), based on his novella The Hellbound Heart. The quote was found on Goodreads.com.



FEAR is dangerous, NOT THE TAROT.

The tarot represents the spectrum of the human condition, the good, the evil, the light, and the dark.

Do not fear the darker aspects of the human condition.

Understand them.

The tarot is a storybook about life — about the greatness of human accomplishment... and also, the ugliness we are each capable of.



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Black Moon

By Thomas Selinas-Cross

Nearly everyone has heard of the *Blue Moon*, a rare astronomical occurrence that happens when two Full Moons occur in the same calendar month. A lesser-known astronomical rarity is the *Black Moon* which occurs when there are two New Moons in the same calendar month.

The Black Moon is considered a highly occult entity that has always been recognized and honored by Ceremonial Magicians and Wiccans. Rituals and spells conducted during the Black Moon are believed to be in effect from one Black Moon cycle to the next. The cycle generally runs for approximately three years.

The influence of this Moon is believed to be "other worldly" and practitioners can tap into portals which open into other dimensions including everything from the Faerie Realm to the planes of the Ascended Masters. Paranormal investigators would find the energy of this Moon conducive to supernatural events, ghosts and haunting whereby actual communication with "spirits" could be easily achieved. All of this is possible because the dual New Moons are associated with altered states of awareness, higher consciousness and collective wisdom.

Try making a "Wish Lists" during the next Black Moon. Simply write down ten wishes during the eight hours after a Black Moon and keep it in a handy place where you can easily access it and read it at random times over the ensuing year. Many of the wishes should come true.

The next Black Moon by the seasonal definition of the term will occur on Aug. 23, 2025. The next Black Moon by the second new moon in a calendar month definition of the term will occur on Aug. 31, 2027.

ABRACADABRA

By The Olde Alchemyst

Abracadabra is a word that most people associate with stage magicians, playful illusions, and children's party tricks. However, its origins and cultural significance extend far beyond a simple command to reveal a hidden object or pull a rabbit out of a hat. Historically, Abracadabra has been regarded not merely as whimsical nonsense, but as a powerful word believed to carry protective and healing properties. In essence, Abracadabra stands as a linguistic artifact that bridges ancient mysticism and modern imagination, highlighting humanity's enduring fascination with words and their potential magic. — https://www.themanifestationdeck.com

What exactly is ABRACADABRA and where did it come from?

It's a Magical word, especially popular in medieval times in CHARMS and SPELLS for the ridding of illness, misfortune, or DEMONS.

Abracadabra makes something disappear.

Most commonly, abracadabra is inscribed on an amulet in the shape of a magical inverted triangle. One letter of the word is dropped in each succeeding line, until one letter forms the point of the triangle. The evil is supposed to fade away just as the word does. The diminishing-word technique is used in many other spells for the same purposes.

In medieval times, abracadabra was believed to ward off the plague. The triangle was written on a piece of paper, which was tied around the neck with flax and worn for nine days and then tossed backward over the shoulder into a stream of water running toward the east.

The word's origin is unknown; most likely, it is a corruption of another word or phrase. Various explanations have been put forward, among them:

- It was invented by Quintus Serenus Sammonicus, a third-century c.e. physician to the Roman Emperor Severus, as a cure for fever.
- It derives from the old Aramaic phrase, abhadda kedhabhra,
- "disappear like this word," or the Hebrew phrase, abreq ad habra, "hurl your thunder- bolt even unto death."
- It derives from the name Abraxas, the Gnostic god who appears on charms against the evil eye.
- It is a corruption of the name of some long-forgotten demon. The Puritan minister Increase Mather dismissed abracadabra as a "hobgoblin word" empty of power. But Aleister Crowley considered it to possess great power; he said its true form is abracadabra. Abracadabra has been diminished as a magical word of power by overuse in stage magic and illusion.

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After several years of channeling, [my spirit guide,] Orin told me that he wanted to teach me about the future and probably realities. For a period of several months, he gave me various predictions which came true. Several times he gave me exact newspaper headlines and dates, several months prior to their occurring.

All the predictions centered around mass events. In all these events he would point out that they were already being set up, envisioned and planned by those in charge and he was only projecting events by reading the mass mind and probably outcomes.

He told me that large scale events are easier to predict because they have energy lines from mass consciousness set up many months in advance. The psychic weight of these events, the mass agreement around them, the numbers of people involved, make it much harder to stop or change such events.

One person can change his mind and thus change his future easily; but an event affecting many people is not usually altered by just one person changing his mind.



Thirteen is the Master

By Richard Xavier "Seven" Savin



The number thirteen has always carried a rather negative connotation surrounded by superstition. Even in today's informed society, people still harbor fear and dread over Friday the 13th and newly built hotels and structures eliminate or ignore a 13th floor. Some airlines have a no 13th row policy. Individuals who practice numeric divination believe the number 13 has a less than positive Karmic implication and they go out of their way to avoid addresses and roads bearing the numeric signature. What few realize is that the number 13 is a significant spiritual and mystical number of Wisdom.

Thirteen is a number of power and dominion and as with all things universal, when that power is used for good it is an exceptional essence and when used for dark purposes it is also exceptional but through destruction. The reason is simple – from ancient times to these contemporary times this number represents the Master. Consider the 12 Knights of the Round Table and their "master" King Arthur and of course the 12 disciples of Jesus, Christ being the Divine Master. In China, 13 as a word means 'assured growth' and 'definitely vibrant'. Feng Shui believers concern themselves with the fact that the number 13 breaks down to the number 4(1+3) which is considered lucky however those who concern with themselves with cosmic matters note that the breakdown of 13 to 4 also vibrates to the planet Uranus. The essence of Uranus is change and upheaval which constitutes a new regeneration of body, mind and spirit.

The 13/4 vibration in numerology is thought to bring spiritual insights into expression and into form through regeneration tearing down the old and becoming new.

The Druids who favored odd numbers because there was always a middle or balancing number would have looked to the number 7 as the balancer since it lies at the center of the other six numbers on either side of it:

1 2 3 4 5 6 <u>7</u> 8 9 10 11 12 13

Continued...

In layman's terms the number 7 constitutes seeking the truth behind what is hidden or illusory. In mysticism 7 is believed to hold essence of the numbers 3 and 4 which represent the heavens and Soul force combined with the Earthly body. This combination is thought to be connected to the Master. Further, in superstition, the seventh son of a seventh son is thought to be a prophet or 'master of fate.'

In his book, *The 72 Names of God*, Yehuda Berg writes that the 13th name or spiritual current, is that of Heaven on Earth. He states: "Our true purpose is to have unending happiness and eternal existence. We create heaven on earth."

Is that not the goal of a master?





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ARCANUS OBSCURUM

Benebel Wen QUOTE (Fear Not the Tarot, pg. 46)

I'm an author. I've published books. I'm also a lawyer, because I practice law and that's still my primary profession to this day. It's been my primary profession for the last 17 years. I'm Taiwanese American. To get even more specific, I'm Hakka on my father's side from western Taiwan, and Hokkien (Minnan) on my mother's side, from the deep south and what's often referred to as the heartland of Taoist mysticism.

Thomas Selinas-Cross (Black Moon, pg. 47)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the www.lightforcenetwork.com where he serves as a proficient.

The Olde Alchemyst (Abracadbra, pg. 48)

The Olde Alchemyst is the pseudonym of Jace Javitz (which is also a pseudonym). Jace is a long-time resident of New York City, the city never sleeps. He is a writer, researcher and teacher/lecturer of arcane subjects although he considers himself a jack of all trades having worked in everything from carnivals to office management. He is married, has four grown children and two dogs.

Sanaya Roman (My Sp[irit Guide, pg.49)

Sanaya Roman channeled Orin, a wise and gentle spirit teacher, for many years. Orin, a timeless being of love and light, has assisted thousands of people to awaken spiritually through his books, seminars, and audio courses. Orin teaches us how to reach the Divine within us, our true self, so we can grow through joy and release struggle, and experience love, peace, and abundance in our daily lives. Orin, through Sanaya, has created over 200 audio journeys and courses in spiritual growth which are available at www.orindaben.com. You can also visit our site and enjoy free articles, Orin audio meditations, music, weekly book excerpts and written meditations, and daily affirmations.

Richard Xavier "Seven" Savin (Thirteen is the Master, pg. 50)

Richard is the seventh son of a seventh son. He is a psychic healer who was born with that ability as most "Sevens" throughtout history have displayed. Richard lives in the northwest US and makes a living as an ambulance medic. In his spare time he likes to travel, play golf and when the opportunity arises hang glide.



What we call our destiny is truly our character and that character can be altered. The knowledge that we are responsible for our actions and attitudes does not need to be discouraging, because it also means that we are free to change this destiny. One is not in bondage to the past, which has shaped our feelings, to race, inheritance, background. All this can be altered if we have the courage to examine how it formed us. We can alter the chemistry provided we have the courage to dissect the elements.

Universal Chat ...

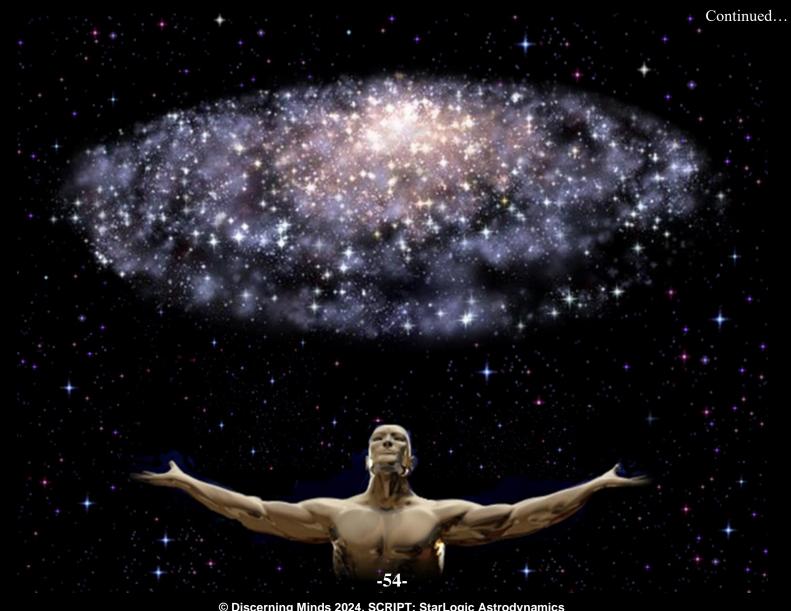
The high planetary Essences were holding court in the Grand Hall of the Universe. The day's agenda as usual, was to discuss a few dilemmas of Mankind. To accomplish this, they would have to do what they had always done from the very beginning, and that was to speak to Man as though they were human themselves in a variation of the "good buddy" system. Mankind, it seemed was perpetually dealing with hardships and challenges that deterred Man from the spiritual. So once again, every Essence decided to engage a little Universal Chat:

Jupiterian Essence:

"It is a common spiritual law that everything happens for a reason. It's a tough pill to swallow sometimes. The reasons are not always clear, but the events of our lives appear because we deserve them and because they are designed to help us to transform and grow; and transformation brings us closer to a connection with something GREATER which is always good!"

Uranian Essence:

"Instead of meeting every seemingly negative situation with dismay, try to be mindful that there is a lesson in the circumstance and this lesson *will* take you to a better place ultimately, to a higher spiritual level."



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Saturnian Essence:

"In moments of distress, as difficult as it is to see the reason for our hardship, find within yourself the strength to say, 'For now I will accept this challenge, not knowing the reason but trusting the universe has sent this to me for my own good and that someday I will fully understand.'

Neptunian Essence:

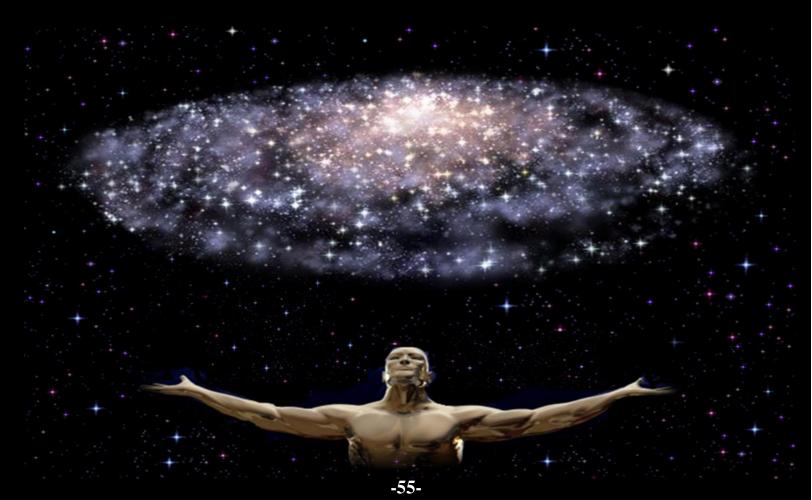
"It is this complete surrender to the Universe that connects us to our GREATNESS. It's all quite magickal."

Plutonian Essence:

"Unfortunately, our Desire to Receive for the Self Alone constantly seeks to distract us from having this consciousness. Instead, we get in our own way, with worry and fret we make mountains out of hills. We want to fix the problem right now. We want to see the fruits of our work instantaneously. Sometimes we need to stay in the discomfort in order to reap the greatest benefit. It is the way to transformation inside and out."

Chirotic Essence:

"So rather than asking for the pain to stop, ask to see what the pain is here to help you learn. Once you learn the lesson, there is no reason for the pain, right?"





The Ancient Mindset

By The Olde Occultist

To the ancients, all things that existed had a spiritual and material essence. Everything in creation was also interconnected so magic was believed to exert forces on probabilities manifesting them into the realm of matter. To the Ancient magicians, the only difference between a living thing and that which "appeared not to live" was a difference in spirit. Everything had a spirit. Man was believed to have a spirit and a soul and thus stood above and transcended all things. Man had greater mobility and the opportunity for self-consciousness was paid homage by all that was lesser than he yet when it came to magic man had rules. The actions of man were governed by laws and sub-rules in magical doctrine:

The Law of Sympathy states, "A mysterious or spiritual link exists between anything in the world and any one or more of its parts."

The Law of Imitation states, "Because there is a spiritual link between anything in the world, one can cause spirits to imitate certain acts thereby producing certain phenomena.

Rule of Parts – Even though something is no longer connected to something else, one disconnected part can still affect the other part.

Rule of Contagion – An article that is close to a person such as a prized personal possession forms a connection to that person and that person can be influenced by another person who steals or becomes in possession of the article by performing magic on it.

Rule of Three – Evil magic that is cast will rebound on its castor threefold.

Numbers, seals, signs and seasons were important factors in harnessing power. Practitioners often relied on the Magic Squares or Kamea whose numbers were keyed into the vibrations of the known planets: Sun (animation/Sunday), Moon (transforming/Monday), Mercury (Healing/Tuesday), Venus (affecting/Friday), Mars (defending/Thursday), Jupiter (bringing justice/Wednesday) and Saturn (altering time).

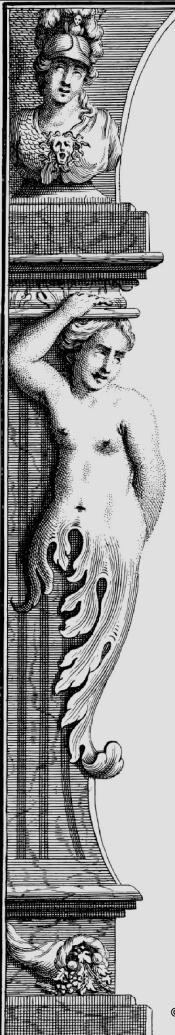
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These were often incorporated into sigils and amulets of great power. They also might be drawn into the Magic Circle depending upon the intent of the magician. The sigils of Fixed Zodiac signs of Taurus, Leo, Scorpio and Aquarius were nearly always incorporated into magical works because they were considered the signs of power and strength (and still are considered so).

The Northern constellations, Draco, Cancer and Gemini were thought to have useful associations with spells for protection, dissolution and communication. The Southern constellations Capricorn, Scorpio and Centaurus were thought to have useful associations with spells cast for healing, transformation and intellectualism. The Cardinal Points of direction, north, south, east, west, and the elementals, Fire, Earth, Air and Water also factored heavily. Associations to the Moon, planetary hours and days helped the magician choose the right time to cast and conjure. Magical objects were generally made from whatever was available usually leather, wood, bone or horn as these could be easily engraved. Those magicians who had the means were lucky and could procure objects cast in silver. Items of gold were very scarce but thought to be extremely powerful due to the high vibration attributed to gold.

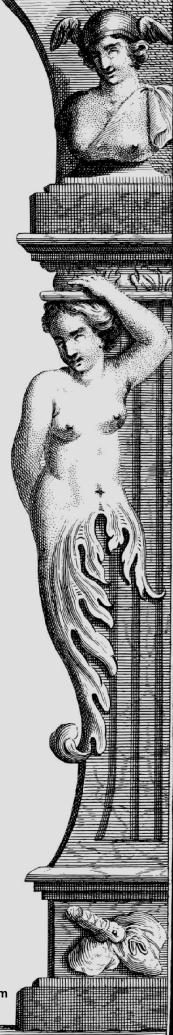
The 17th century ushered in a new-fangled thing called "science" which explained the events of the world by a popular new set of laws. The interest in magic waned and by the 18th century its prominence was only seen in personal or folk practices. The 19th century brought a revival of magic and with it an array of colorful characters including Eliphas Levi and Gerard Encausse known as "Papus" AND orders such as the Hermetic Order of the Golden Dawn which was founded by the Rosicrucians and Freemasons who were familiar with Eastern philosophy as taught by the Theosophical Society. Considerable contribution was made by the infamous Aleister Crowley and his Thelemic Magic. cycle.





In the 20th century, magical occult teachings were carried on by "adepts" such as Franz Bardon, William Gray and Israel Regardie.

Ceremonial magic literally went underground until the latter part of the 20th century with the upsurge of "new religions" such as Wicca and Paganism. It now seems as though the route of magic has come full circle within its own.



A Glimpse of Cosmobiological Thought ...

By Thomas Selinas-Cross

Cosmobiology is a discipline concerned with the correlation between the Cosmos and all organic life and the effects of cosmic rhythms and stellar motion on mankind. Man's character disposition, innate knowledge and all possible turns of fate are a mirror reflection of the Cosmos ... the macrocosm in the microcosm ...

We are all cells of a greater whole ... why wouldn't the Cosmos and ALL of its information be imprinted in us? Do we actually learn or simply remember?

Man's quest to understand himself with the complexity of the cosmos in reality predates the earliest Babylonian/Sumerian illumination. From the time the first human contemplated his environment his mind has been soul-driven on the quest for understanding him-Self. Like most gallant searches, we simply have not found the physical evidence for it to speak about it with any clarity. The cell memory and the Soul memory knows that civilizations have come and gone without leaving any traces. Values of good or evil, angel or demon, religious underpinnings of any kind, in truth, have nothing whatsoever with that original quest. That quest is the quest of the Soul and the proverbial "why am I here?"

There is a new awakening which is expanding and transforming the minds and hearts of a great multitude of humanity. It can be considered an evolutionary current of the collective experience that will bring forth a radical turn in orientation. Students and teachers of astrology will be confronted with certain dynamics of human psychology and human inter-relationships that no longer satisfy what we truly need to know. Our 2D vision will no longer suffice as we are pulled into a holographic program of understanding and re-understanding. But in essence this is not new but very, very old.

The astrology of the Chaldeans and even the ancient Hebrews was steeped in metaphysics and the interpretation of Cosmic Laws. We would be fools to think that these interpretations belonged to them, for their interpretations were based upon the foundation of something much more ancient. Something that transcends what we identify as "time" itself.

Today there is a great divide between Astronomy and Astrology. Why should that be? Could this statement be true?

"Astronomy is actually Astrology that has had its Soul removed."

Continued..

Esoteric knowledge of astrology is largely attributed to far removed sources or other-worldly beings such as Djwhal Khul, for example, who allegedly gave certain information of Cosmobiological significance via channeling to Alice Bailey. We can accept that or poo-poo it. We can look at it this way, either Alice had one hell of an imagination OR she had in fact tapped into something, not necessarily someone, very ancient. Perhaps something that was always there. Imprinted in her being and ready for release.

When something comes very easily to a person, let's say a foreign language, OR they just understand it without ever having studied it, it means they have had contact with that language prior to incarnating and are currently releasing that ability. Where did that ability come from? If we go into the modern study of the Seven Rays and calculate a person's Rays, we would see that a person who carries a strong 7th Ray influence (arcane knowledge of all time and non-time) would most likely make a good astrologer, alchemist or high magician. Why? Because the imprint is there. Who imprinted this? The Soul. Who created the Soul? What we call Source, the Divine, God, the Ultra Natural or an "accident" depending on your flavor du jour and current orientation. We are all cells of a greater whole ... why wouldn't the Cosmos and ALL of its information be imprinted in us?

Yet we continue to speculate through our current level of understanding shaped by exposure and beliefs - Perhaps it is aliens, inter-dimensionals, ascended masters and anything else we can identify by a structured specific title? OR is it ... Just plain evolution of the human mind? No to each.

It is merely the predisposition, the blueprinting of the Cosmos that resides in each man in his cell and Soul memory and is always there and always will be there.

He will recognize it and the complexity of the Cosmos bit by bit when he is ready just as he did at the beginning of it all.

Everything is determined -

The beginning as well as the end, by forces over which we have no control.

It is determined for the insect, as well as for the star.

Human beings, vegetables, or cosmic dust, we all dance to a mysterious tune, intoned in the distance by an invisible piper.



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SACRED SCIENCES

Anaïs Anin QUOTE (What We Call Destiny, pg.53)

Writer and diarist, born in Paris to a Catalan father and a Danish mother, Anaïs Nin spent many of her early years with Cuban relatives. Later a naturalized American citizen, she lived and worked in Paris, New York and Los Angeles. Author of avant-garde novels in the French surrealistic style and collections of erotica, she is best known for her life and times in *The Diary of Anaïs Nin, Volumes I-VII* (1966-1980). This quote was found on Goodreads.com.

StarLogic Astrodynamics (Universal Chat, pg.54)

Universal Chat has been published with express permission from StarLogic Astrodynamics.

The Olde Occultist (The Ancient Mindset, pg.56)

The Olde Occultist also prefers to use a pseudonym. A big fan of John Michael Greer, his writings and teachings especially on Western Occultism. Olde also has an interest in the past and the long-held secrets that can be revealed and then presented with all sides of the traditional picture.

Thomas Selinas-Cross (A Glimpse of Cosmobiological Thought,, pg. 59)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the www.lightforcenetwork.com where he serves as a proficient.

Albert Einstein QUOTE (Everything is Determined, pg. 61)

Special and general theories of relativity of German-born American theoretical physicist Albert Einstein revolutionized modern thought on the nature of space and time and formed a base for the exploitation of atomic energy; he won a Nobel Prize of 1921 for his explanation of the photoelectric effect.



I wish our clever young poets would remember my homely definitions of prose and poetry; that is, prose = words in their best order; - poetry = the best words in the best order.

Section Managing Editor: Eleanor Tighe

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Partir eu do Mar ("That I may depart from the Sea")

Crested fingers caress the trodden strand like an Olde Mother giving comfort to a babe. The tide has risen and carried from memory the dark secrets of the Sea.

Footfalls upon the sands of foreign shores, busy ports teeming with life and lust.

Spoils divided amongst sweat and winethe sanguine contest ended by saber and cutlass.

The victor's only excess to lay a bloodied brow upon a supple breast and weep and rest

Until the Sea beckons...

Manifold journeys across an endless expanse, every breath heaving in rhythm with the swell. Leather muscles adorned with diamond spray, salt on every lip, "Dios" on every tongue.

Ocean titans in vain display engage the volley, timbers corrupted and torn by cannon blast.

In camaraderie they waste and fallthose souls maligned of Poseidon.

The borrowed time of men consumed hungrily by the watery abyss And yet the Sea beckons.

The surf summons ancient seasons to this shore, mariner's wisdom spent in the waves.

From the jetty the Sky and Sea become as one, a muted view like so many spilled water colors. The ship glides into the harbor, its sails exultant, rays of the Sun dancing on her, crimson and gold.

I look out to the horizon from her proud deckeager to partake of the quest like those before me.

That I may depart the Sea comes only at the hands of Fate.
For still the Sea beckons...

Making Super Heroes

The egotistical cripple, can only cause a ripple, nonsense produced in triple,

his blustering quite mad. With truth spouting strife, keen to have a life, brandishing his tongue like a knife,

stings both good and bad.

A man against all things, flies with silver wings, yet lands with broken springs,

thinking he is grand.
No life spectator, but dream gladiator, heroic fabricator, taking a faulty stand.

He shies from the light, would rather quarrel and fight, causing quite a sight,

more drama to make.
Poor advice deemed sound, he leaps tall buildings in a single bound, no comfort to be found, it's all quite fake.

Look up in the sky, faster than a bullet passing by, gone in the blink of an eye,

the allure is useless.

Super Hero man, just a flash in the pan, yet no law that will ban, a desire so ruthless.

Hiding fears buried deep, seeds sown but never reaped, until the past began to seep,

then it did pour.

Right became wrong, no hero's song, no cheering throng,

deeds impossible to ignore.

He wished for the best, but didn't see the rest, and failed the maturity test, dreams could not suffice. On emotions he treads, others viewed him with dread, wishing for a Hero

bad roll of the dice.

instead,

Truth, Justice and the American Worldly Way!

Crystal Heart

Healing colors spin in hues only the soul can see. Sacred seeds implanted in memory grow to fulfill the course of destiny, watered by your love and illumined by your light. Gracefully reaching to all corners of the universe, pure resonance lifts us to divinity.

You take my hand, entering a garden, completing a circle begun long ago. Harvesting the ripe fruit of our union, tongues probe each line and curve as we search for wine hidden in secret temples. On the altar of willingness lies passion undreamed as angels guard the doorway to heaven.

Through portals we pass, joined in white-hot ecstasy, swimming in the joy of communion. Turning to face creation, whole and reborn, we know this truth. Flowing into the mind of God. I AM home and singing from the throne is a perfect crystal heart.



So... You Think You are a Über God

1

Young were you standing with a naked face Eager like a suckling babe the teat of knowledge to embrace Stealing might from Valhalla Fusing it all into Nirvana

Supported by fear

П.

Satchel of "knowing" clutched to your breast More than willing to share the rest Proudly standing so resolute Touting about the absolute

Supported by ego

Ш.

Experience rends you bit by bit Shattering the images of light you lit Tearing off pieces of your Soul Pushing your mind down a black hole

Supported by reality

IV.

Über God you are a liar Speculation breathed from a mouth of fire Even when the sight be shown You refuse to make it known

Supported by pride

٧.

Others think you quite insane So, you look for those to blame Loss of warmth from downcast eyes All your "truths" are now despised

Supported by pity But no empathy



Mans Nature

The Nature of man is to use, and what we use is nature We take things that we need And put back things that no one needs We use things that took millions of years to create And we create things that will take millions of years to erase We pollute the land - We misuse the sea And we have abused the air in which we breathe With all we touch we leave our mark Death and destruction are that mark So, few can see the true nature of man Now that some have opened their eyes With tears of pain over what they surmised We have destroyed so much to know so little We have taken so much to return so little We are only here for a short time - A blink in nature's eye But the tear in nature's eye is ours to claim.





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ALCHEMYCAL PROSETRY

All members of Alchemical Prosetry prefer to have their bios remain anonymous with the thought and ideal that what is written is more important than any one individual's personal accomplishments. Many have appeared in other publications and have granted their explicit permission to have their work appear here.

They are in alphabetical order:

Darjon Brooks
Loni J. Haas
Bonnie McGee
John J. Reese-Smyth
Edda Strominger





Although there are some conflicting stories regarding the discoveries of the mid-Atlantic islands, it is safe to assume that in 1501 João da Nova discovered Ascension Island.

The desolate island remained deserted until it was rediscovered two years later on Ascension Day by Alfonso de Albuquerque. He was also the first European to discover the Red Sea and the Persian Gulf.

The last time I was on Ascension Island I went to "The Pan American Club" which was the Island Pub. There were a few locals drinking at the bar but outside was a donkey looking for something to drink, which the locals gladly provided. It didn't take much, and after a few bottles of beer the donkey fell down in a drunken stupor. It was the only time in my life that I actually saw a drunken ass!

What is your Number of Fortune?

By Master Mirabilis

Anytime is a great time to grant wishes to mortals so I'm bringing you a special gift – your Number of Fortune.

The Celestial Numbers for your Sun sign and ruling planet and the corresponding Number of Fortune are based upon the ancient science of numerology. The Number of Fortune is vibrated from a combination of the Celestial numbers of your sign and planet. These numbers should not be confused with lucky numbers as they are delivered from a higher vibration!

Please note that ALL numbers are dispatched to a single number vibration. The contemporary rulers of the signs are used. You should look for your personal Number of Fortune every day – in a house number address (especially if you're looking to buy), in the serial number of a purchased item (particularly a collector's item), a lottery ticket, or any other speculation.

Be wise as you view the magic parchment on the following page...



CELESTIAL NUMBERS

SIGN NUMBER	PLANET NUMBER	FORTUNE NUMBER
Aries 7	Mars 6	4.
Taurus 1	Venus 9	1
Gemini 3	Mercury 4	7
Cancer 8	Moon 3	11=2
Leo 5	Sun 9	14=5
Virgo 8	Mercury 4	12=3
Libra 6	Venus 9	15=6
Scorpio 5	Pluto 3	8
Sagittarius 9	Jupiter 9	18=9
Capricorn 7	Saturn 3	10=1
Aquarius 8	Uranus 4	12=3
Pisces 8	Neptune 5	13=4

Klatuu Barata Nikto

By Therra Morris Burch

How should we expect extra-terrestrial life forms to look and is it possible to have intelligent contact with them? According to UFOlogists there are six basic alien life forms: human, humanoid, hybrid animal, robotic, exotic and apparitional that have been reported by contact witnesses. The most commonly witnessed aliens among these groups are the humanoid branch which has been popularized in the media. They tend to run anywhere from $3\frac{1}{2}$ to 8 ft. tall with large eyes, fair skin, angular features and large heads. As far as intelligent contact which is considered an Encounter of the 4^{th} Kind, there are plenty on record.

On the morning of April 24, 1964 in Newark Valley, New York, a framer by the name of Gary Wilcox claimed to have not only seen extra-terrestrials but to also have had an intelligent conversation with them.

The aliens exclaimed, "Don't be alarmed, we have spoken with people before."

Their physicality was covered up by a type of seamless metallic white overall with no pockets making it impossible to discern body features. He could see arms and legs but no hands or feet. They emitted a 'voice' but it was nothing Wilcox was able to describe except for the fact that the group of them seemed to speak as one. They told Wilcox that they were from the planet we know as Mars and were quite interested in what he was doing which was spreading manure. It seems they were desirous of learning more about Earth's organic materials because of the rocky structure of Mars.

Wilcox wanted to go with them when they were ready to go but they refused him warning him to tell no one of the encounter. They further told him that humans should not be sent out in space. They left on a friendly basis taking a bag of fertilizer with them and made no attempt to harm Wilcox.

Of course, the first thing Wilcox did was phone his mother and told her what happened so consequently the news of the incident quickly spread to the local newspaper and the police department who interviewed Wilcox and did an investigation in May 1964. So, could this be true? Wilcox was examined by a well-

known psychiatrist, Berthold Eric Schwarz but who did note that his interpretation of uncertain. Dr. Schwarz also interviewed satisfied with their evaluations.

Gary Wilcox never had another alien encounter. chart for this incident for the time given of 10:00 am astrological stricture for this type of event. They and that it might explain some of the confusion!

MD who found no evidence of mental illness the incident was rather complex and family, friends and neighbors and was

Astrologers casting and viewing an event said the chart was not supported by the classic did note that transiting Mercury was retrograde

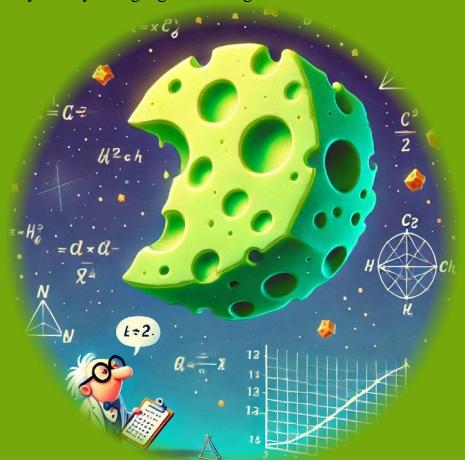
It must be on the Moon

By Thomas Selinas-Cross

There's a Man in the Moon and he's made of green cheese –
And if you lose something he'll snatch it with ease –
For everyone knows all things lost end up on the Moon –
Never to be returned anytime soon –
So, as you gaze at the lunar light –
Lock up your goods and keep them out of sight!

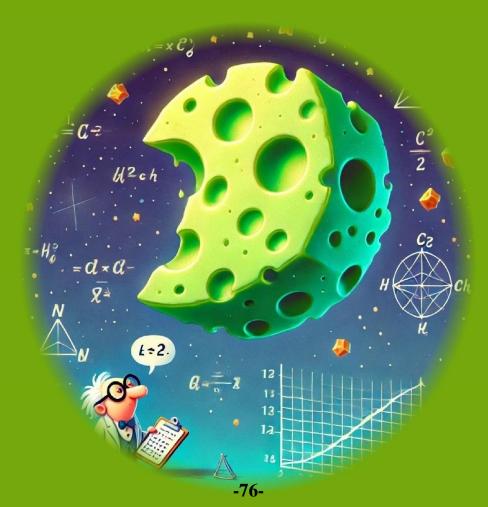
There are many strange and humorous superstitions connected to the Moon. Here are some of the most amusing...

- A form of madness known as being "moonstruck" will occur if you sleep under the light of the Moon.
- A great cure for warts is to wash your hands in a metal basin by Moonlight.
- Blowing nine times on a wart during a Full Moon will make it go away.
- A good time to cut your hair is when the Moon is waxing. It is especially beneficial if the waxing Moon is in the sign of Leo or Aquarius. Make sure the day is not Friday.
- It is considered very unlucky to point at the Moon.
- If you make a wish while looking at a New Moon your wish will come true by the end of the year.
- It is bad luck to bury a body or dig a grave during a New Moon.



Continued...

- It is lucky to see a Crescent Moon over your left shoulder or a New Moon over your right shoulder.
- Two Full Moons (the second occurrence known as a Blue Moon) in the same month means the following month will have severe weather.
- Being married during a Full Moon is very fortuitious.
- Children born under a Full Moon grow to be very strong.
- Women who stare at a Full Moon or lay down under its light will become pregnant and give birth to a monster (most likely a werewolf).
- Never try to commit robbery on the third day of a Full Moon you'll fail!
- Looking the Moon through glass or through tree limbs is bad luck.
- Lovers who cross the Moon line together will never marry.
- If you carry silver coins in your pocket and turn them over during the light of a New Moon you'll never want for anything.
- The Full Moon is the best time for curing illness.
- All lost items that remain unfound are stored on the Moon.



Once there was an elephant,
Who tried to use the telephantNo! no! I mean an elephone
He tried to use the telephone(Dear me! I am not certain quite
That even now I've got it right.)
Howe'er it was, he got his trunk
Entangled in the telephunk;
The more he tried to get it free,
The louder buzzed the telephee(I fear I'd better drop the song
Of elephop and telephong!)





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ODD VANT GUARDE

Captain Hank Bracker QUOTE (Drunken Ass, pg.71)

Captain Hank Bracker is a graduate of Admiral Farragut Academy in New Jersey and Maine Maritime Academy in Castine, Maine. His graduate studies were in education at the State of Connecticut University System, as well as language studies at Brigham Young University and the SUNY University in New Paltz, New York. Hank was involved in labor relations for teachers as President of The Connecticut State Instructors' Organization. With the U.S. Navy he served as the Port Captain for the Military Sea Transportation Service in New York Harbor. He was with the State of Connecticut for twenty-four years, as both a teacher and administrator. His military career spanned over forty years. When he's not carrying out the garbage, or out on his boat, Captain Hank preserves and publishes exciting stories based on his life's experiences. Quote was found on Goodreads.com.

Master Mirabilis (What is your Number of Fortune? pg.72)

The "master" prefers to stick with his pen name. He is a freelance writer who has had columns in various human-interest sections of newspapers and magazines over the years. He believes it is the information and knowledge that is important and not one's personal accomplishments.

Therra Morris Burch (Klatuu Barata Nikto, pg. 74)

Therra is a naturalist and a metaphysician. She loves to spend as much time outside as much as possible communing with nature. She is also interested in the 'weirder side of life' and tends to make friends with those who are different like herself as it tends to keep her healthy skepticism intact.

Thomas Selinas-Cross (It must be on the Moon, pg.75)

Thomas is an astrologer and an astronomer. He is an animal advocate and spends his spare time volunteering at the local animal shelter in his hometown in the state of Washington. He also travels to different states to put on planetarium shows. An avid outdoorsman, Thomas enjoys camping and hiking and fishing. You can visit Thomas on the www.lightforcenetwork.com where he serves as a proficient.

Laura E Richards QUOTE (Eletelephony, pg. 77)

Laura Elizabeth Howe Richards (February 27, 1850 - January 14, 1943) was born in Boston, Massachusetts, to a high-profile family. During her life, she wrote over 90 books, including children's, biographies, poetry, and others. A well-known children's poem for which she is noted is the literary nonsense verse "Eletelephony." The Quote was found on Goodreads.com.